



Fall Brochure 2025



Registration Begins
Resident September 2
Non-Resident September 8

What's Happening at Alsip Park District

Fitness Center Updates

As part of the renovation of the Apollo Recreation Center, the Fitness Center was expanded, and a new layout was introduced. We have received positive feedback from our users, including some recommendations for additional equipment. We are happy to share that an additional half rack has been installed as well as the rowing machine and plyometric boxes added to the cross-fit area. We have all the equipment to meet your workout needs, no matter what level. We have several convenient options for membership, check out our webpage at www.alsipparks.org for additional information.



We are proud members of Healthy Minds Healthy Bodies and also accept Silver Sneakers and Renew Active at our facility.



THANK YOU!

From the bottom of our hearts, THANK YOU! We had an awesome Fun Fest event this past summer. We could not have pulled off such a wonderful event for our community without our fantastic staff and volunteers as well as all of the community's support. From sponsors, food trucks, vendors, entertainers and all those in attendance that made it so great, we appreciate you! We would like to send an EXTRA THANK YOU to the Village of Alsip's Police, Fire, Building and Public Works Departments as well as the Alsip CERT Team and St. Terrence Church for their support and assistance with our June 14 Fun Fest Event. We are looking forward to 2026!



Freedom Park Redevelopment

The Alsip Park District has received a \$583,000.00 Open Space Land Acquisition and Development (OSLAD) Grant for the redevelopment of Freedom Park. Behind the scenes work continues for this redevelopment, including the permitting process. As we finalize construction documents to prepare to bid this project, we have selected the design of the playground and are excited to share a sneak peek of the Pirate Theme Playground look that will be added. The playground update is just one of the several exciting amenities being added to this site. Pickleball Courts, a Dog Park, 9 Hole Disc Golf Course and a Mountain Bike Course are also coming soon.

Stay tuned for updates on our webpage at www.alsipparks.org or as well as our Alsip Park District FACEBOOK page. We are so excited to break ground soon!



Alsip Park District Board of Commissioners

The Park Board is composed of five non-paid individuals selected by you to serve elected terms. The Board is primarily a policy-making body that reflects the needs and interest of all taxpayers. The Board of Commissioners meets on the fourth Monday of each month at the Apollo Recreation Center, 12521 South Kostner at 6:30 pm. The public is welcome to attend.



**Jerri-Lynn
Kleina**

**Joe
Schmitt**

**Kathleen
Perretta**

**Jackie
Becker**

**Jairo
Gutierrez**

Meet Our Staff

Jeannette Huber, CPRP	Director of Parks & Recreation
Sue Bruesch	Business Manager
Jennifer Torres	Superintendent of Recreation
Chris Grubb, AFO, CPSI	Superintendent of Parks
Mike Dechene, CPSI	Park Foreman
Alex Jarmillo	Park Laborer
Max Jones, AFO	Park Laborer
Richard Gottardo	Fountain Hills Golf Club Manager
Danielle Peso Companio	Food & Beverage Manager
Leslie Guerrero, A.C.E., CPO	Aquatic/Fitness Manager
Denise Merlo, CPP	Recreation Supervisor
Madilyn Petrushevski	Recreation Supervisor
Payton Presler	Athletic Supervisor
Donna Smith	Office Manager/Business Clerk
Erica Jagust	Office Staff
Jackie Nelson	Office Staff

Table of Contents

Adult Programs	18
Athletics	25 - 33
Before & After School Program	21
Day Camp	24
Enrichment Programs	16 - 17
Fitness Center & Programs	6 - 11
Fountain Hills Golf Club	34 - 41
General Information	3 - 4
Gymnastics	26 - 27
Park & Facility Information	52
Preschool	22 - 23
Registration Information	42 - 43
Special Events	12 - 15
SWSRA	5
Trips	19 - 20

Our Mission

The mission of the Alsip Park District is to enrich life through quality leisure services at a variety of parks facilities, while offering programs in the areas of education, social involvement & recreation in a clean, safe environment for individuals of all ages.

The Alsip Park District is a proud member of SWSRA

SWSRA provides year-round quality therapeutic recreation programs and services for individuals with intellectual and/or physical disabilities or special needs. SWSRA programs are designed to increase independence and enhance the quality of life for each individual.



Hours of Operation

Gymnasium

Monday - Friday	9:00 a.m. - 9:00 p.m.
Saturday	9:00 a.m. - 6:00 p.m.
Sunday	9:00 a.m. - 5:00 p.m.

Fitness Center

Monday - Friday	6:00 a.m. - 9:00 p.m.
Saturday	8:00 a.m. - 6:00 p.m.
Sunday	8:00 a.m. - 5:00 p.m.

Registration Office

Monday	8:30 a.m. - 8:00 p.m.
Tuesday - Friday	8:30 a.m. - 5:30 p.m.
Saturday	9:00 a.m. - 12:00 p.m.
Sunday	CLOSED

**As of September 2, 2025*

Co-Ed Circuit

Monday - Friday	2:00 p.m. - 9:00 p.m.
Saturday	12:00 p.m. - 6:00 p.m.
Sunday	12:00 p.m. - 5:00 p.m.

Women's Circuit

Monday - Friday	8:00 a.m. - 2:00 p.m.
Saturday - Sunday	8:00 a.m. - 12:00 p.m.

General Membership Information

1. All Facility Pass registrations take place at the Apollo Recreation Center during regular office hours. Proof of residency is required. One must be a picture I.D. and one current Alsip utility bill. Children should have a school I.D. and must be accompanied by a parent or legal guardian, who must show proper identification.
2. All facility pass members must have a photo I.D. taken at the Apollo Recreation Center.
3. Bring your Facility Pass when registering! Your pass will then be re-validated for the season.
4. The fee to replace a Facility Pass is \$20 for adults 18 & over and \$10 for ages 8 – 17.
5. You must present a valid Facility Pass or Daily Pass before entering the Gymnasium/Fitness Center/Women's Circuit Center. No exceptions will be made!!
6. There are no refunds on Memberships

Gymnasium Membership Information

- The Gymnasium located inside the Apollo Recreation Center is a gymnasium that is left open for you to use for open gym. This facility is open for your use at periodic times during the week when park district activities are not in session. Children under the age of 8 must be accompanied by a valid card-carrying member 16 years and older who must provide supervision for the youth(s) inside the gymnasium.
- Basketballs are available for use with a valid facility pass. Gym shoes must be worn at all times. No dark sole running/jogging shoes allowed in the gymnasium. Hours are subject to change during days of special events or circumstances.

Americans With Disabilities Act (ADA)

The Americans with Disabilities Act of 1991 (Public Law 101-306) was adopted by Congress for the purpose of eliminating discrimination against individuals with disabilities. The Alsip Park District makes every effort to comply with the Americans with Disabilities Act (ADA). We will not discriminate against qualified individuals with a disability for participation in programs and services. The Alsip Park District invites any individual with special needs to notify our staff upon registration so that we may better serve you. Additional programs for people with disabilities are offered through the Southwest Special Recreation Association (SWSRA). For additional information, please contact SWSRA at (708) 389-9423.

Note for Regarding Special Requests

Teams will be selected, for the most part, on a random basis or blind draft. Special requests can only be approved by the Athletic Supervisor. Although special requests will be considered, there are no guarantees that a child will be placed on a specific team or with a specific coach. All request will be taken on a case by case basis and specific considerations will be given to family members (e.g., coaches children & siblings ETC).

Gymnasium Facility Pass Fees

Youth Pass (8 – 17 years)	R \$30/NR \$60
Adult Pass (18 years and older)	R \$75/NR \$150
Corporate	R \$95 per employee



WHO WE ARE:

South West Special Recreation Association (SWSRA) was formed in 1981 to provide year-round quality therapeutic recreation programs and services for individuals with intellectual and/or physical disabilities or special needs. SWSRA programs are designed to increase independence and enhance the quality of life for each individual. SWSRA offers a variety of programming for ages youth to adult.



WHO WE SERVE

- Alsip Park District
- Blue Island Park District
- Hickory Hills Park District
- Village of Merrionette Park
- Midlothian Park District
- Palos Heights Parks & Recreation Department
- Posen Park District
- Worth Park District

AREAS OF SERVICE:

- Weekly Programs (in-person & virtual)
- Special Events
- Adult Day Program
- Special Olympics
- Cooperative Programs
- Inclusion Services
- Sensory Depot

What is Inclusion Services? Inclusion allows individuals with disabilities to participate with their peers in park district/recreation department programs. SWSRA works cooperatively with our member districts to provide training and education to staff, as well as reasonable accommodations and resources to include individuals with disabilities in the programs they offer.

If you have questions or need assistance regarding the program, contact your member district. If you have questions regarding the inclusion process, please contact our recreation staff at 708-389-9423.

Follow us on...



12521 S. Kostner Ave., Alsip, IL 60803
708-389-9423
visit us at www.swsra.org

"Building Community through Recreation"



Silver Sneakers

Silver Sneakers is a benefit for seniors that comes FREE with qualifying Medicare health plans, giving members unlimited access to fitness locations across the country!

www.alsipparks.org



Renew Active
by UnitedHealthcare

Available here

**Stay active. Stay focused.
Stay you.**

We are excited to be participating in Renew Active[®], a Medicare fitness program for body and mind.



The Renew Active[®] Program varies by plan/area and may not be available on all plans. Consult your doctor prior to beginning an exercise program or making changes to your lifestyle or health care routine. Gym network may vary in local market and plan. For a full list of participating fitness locations available in your plan, visit the member site. Plans are insured through UnitedHealthcare Insurance Company or one of its affiliated companies, a Medicare Advantage organization with a Medicare contract. Enrollment in the plan depends on the plan's contract renewal with Medicare. Other providers are available in our network. © 2024 UnitedHealthcare Services, Inc. All Rights Reserved. Y0006_241023_095649_34 WFA688264 L2405C-090204 CHC



The **Co-Ed Fitness Center** is equipped with Cybex/Bodmaster strength equipment, Apex five station cable crossover strength equipment, free weights, smith machine, x-trainers, treadmills, nu-steps, and 2 recumbent bicycles! We know we have the equipment you need for the perfect workout. All fitness members are required to participate in a fitness orientation. Orientations are done on an appointment basis after a facility pass is purchased and proper attire must be worn. Thirteen year olds can join the Fitness Center, but they must be supervised by another member 18 years or older. For your convenience, the Fitness Center is staffed during all hours of operation.

Women's Circuit Center is equipped with women friendly Body Master/Cybex Strength equipment, Life Fitness treadmills, Ellipticals and a Tetric & Schwinn bicycle. There are a total of 12 strength stations that alternate between 5 cardio machines. A mandatory orientation is required and must be done by appointment only. You must come dressed in workout attire for your orientation. Don't forget to bring a towel. This is a great way to get in shape or stay in shape. We know you're going to enjoy it.

The Alsip Park district would like to thank all of our Fitness/Women Circuit Center members by having a "Member Appreciation Day". Please mark your calendars for the above dates and come join us for some cool give a-ways. This is just a little way to say Thank-You for keeping us company on the days you work-out.

Customer Appreciation Days 2025

Monday, December 1

Make sure to stop in and see what we have to offer!

Membership Type	Fees
Individual Yearly	R\$179 NR \$229
Daily	R \$10 NR \$15
Individual Monthly	R \$20 NR \$30
Senior Monthly	R \$15 NR \$25
Senior Yearly	R \$89 NR \$129
Corporate Yearly	R \$179 per employee
Women's Circuit Center (Monthly)	R \$10
Punch Card (5 time use)	R \$25 NR \$35



Personal Training

The trainer will contact you to set up a meeting and program to fit your needs. You may choose one session or up to any number of sessions with trainer. Training will take place at the Apollo Recreation Center (ARC) Fitness Center, once you have signed up as a member of the Fitness Center or Women's Circuit Center. Please bring your receipt to your first training session. Training sessions are non-transferable. All training sessions must be used within one year of purchase date or you will be charged for remaining sessions.

Trainer: Nicholas Miroballi (ASFA Certified)
 Location: ARC/Fitness Center
 Day/Dates: Schedule by appointment
 Age: 16-Adult

NOTE: Your money will not be refunded if you cancel with less than 24 hours' notice of your appointment. A message may be left after hours by calling 389-1003 ext. 318 or ext. 315.

Sessions	Fee
1	\$35
6	\$200
12	\$360

20/20/20

Come spend an hour at the park and get all your fitness goals wrapped up in one class. You will do 20 minutes of cardio to burn fat, 20 minutes of weight training to tone and firm those muscles followed by the final 20 minutes of Yoga/Pilates to increase your flexibility and core strength. What more could you accomplish in one hour of your day?

Activity: 166508-A
Instructor: Anne Kalch
Location: ARC Aerobic Room
Day: Tuesday
Dates: Sept. 16 - Dec. 2
Time: 9:00 - 10:00 a.m.
Age: Teen-Adult
Fee: R \$60/NR \$70
Min/Max: 6/10

Aqua Aerobics

Water Aerobics is a total body workout that helps to increase your range of motion and muscle tone without causing any stress to your body. Limited changing facilities are available, so please come ready to go. Bring a towel and we also recommend aqua shoes for the class. **Space is limited due to children's swim lessons in half of the hotel pool during this scheduled class time. Please enter through the main entrance of the hotel.**

Activity: 166524-A
Instructor: Anne Kalch
Location: Doubletree/Hilton Hotel Pool
5000 W. 127th St.
Day: Tuesday
Dates: Sept. 16 - Dec. 2
Time: 10:15 - 11:00 a.m.
Age: Adult - Senior
Fee: R \$60/NR \$70
Min/Max: 10/12

Yoga with a Chair

Yoga on the chair using a specific "Yoga Chair" to deepen your awareness in all aspects of asana. You may be thinking you're in for an easy time, you will discover that the "chair" can be quite a demanding teacher. You must be able to get up and down from the floor. There will be no class on Friday, November 28th.

Activity: 166546-A
Instructor: Denise Cholewa
Location: Aerobic Room I
Day: Friday
Time: 11:00 - 12:00 p.m.
Age: 16-Adult
Fee: R/NR \$64
Min/Max: 4/15

Session	Dates
A	Oct. 3 - Oct. 24
B	Nov. 7 - Dec. 5

Senior Fitness

Join us for dynamic movements, resistance training, chair exercises, improving gait patterns and fall prevention. Perform fun exercises from standing and seated positions using resistance bands, dumbbells and other training tools to improve your ability to move with purpose and react quickly. This class emphasizes full body strength, posture re-alignment and pain reduction. Come join us!

Activity: 166505-A
Instructor: Anne Kalch
Location: Heritage II Clubhouse
Day: Tuesday
Dates: Sept. 16 - Dec. 2
Time: 8:00 - 8:45 a.m.
Age: 55+
Fee: R \$48/NR \$58
Min/Max: 7/15

Fitness Five Class Pass

The fitness five class pass offers a chance to try various group exercise classes without commitment. This is great if you have a changing schedule. This card will not be accepted for any specialty Yoga classes. Please bring this pass to any group exercise class you attend so the instructor can validate your pass. This pass is non-transferable.

Activity: 166504
Location: Aerobic & Dance Rooms
Day: Monday-Saturday
Dates: Expires Dec. 21, 2025
Time: Varies
Age: 16-Adult
Fee: R \$25/NR \$35

Line Dancing

Come join in for some fun, good music, exercise and a good time. No previous lessons are required. Steve is an experienced line dance instructor and will help you learn all the necessary steps to each dance that he teaches. Some dances will be easy and others challenging. There will be a wide array of music to dance to. No special attire or a partner is necessary to be part of this class.

Activity: 166404-A
Instructor: Steve Steib
Location: ARC Aerobic Room
Day: Monday
Dates: Sept. 22 - Dec. 8
Time: 6:00 - 7:00 p.m.
Age: 55+
Fee: R \$56/NR \$66
Min/Max: 6/15

Cardio Drumming

Cardio drumming takes simple movement-drumming and turns it into a full-body workout that will leave you smiling, sweating and feeling great. Drumming burns calories, builds muscle and gets your heart pumping. It can lower your blood pressure and improves cognitive brain development. All fitness levels welcome, modifications will be provided. There will be no class on Thursday, November 27th or Saturday, November 29th.

Activity: 166509
 Instructor: Beatice Orendorff
 Location: Dance Room/Aerobic Room
 Age: 16-Adult
 Fee: R \$48/NR \$58
 Min/Max: 5/20

Session	Day	Dates	Time
A	Thursday	Sept. 25 - Dec. 18	6:00 - 6:45 p.m.
B	Saturday	Sept. 27 - Dec. 20	11:15 - 12:00 p.m.

Hatha Yoga 55+

Each class is a unique sequenced class developed to guide students through systematic progression. This class can be practiced in all stages of life. In this Hatha class we will focus on correct alignment. You will be able to activate muscle groups in a new way, appreciating the subtle nuances that you may not have noticed in the past. Students will be introduced to the rope wall. The rope wall will help decrease tension in the spine. Come ready to sweat and prepare to leave empowered and feel strong. All levels of experience are welcome.

Activity: 166536-A
 Instructor: Denise Cholewa
 Location: Aerobic Room
 Day: Tuesday
 Time: 11:30 a.m. - 12:30 p.m.
 Age: 18-Adult
 Fee: \$68/month or \$25/class
 Min/Max: 4/10

Session	Dates
A	Oct. 7 - Oct. 28
B	Nov. 4 - Nov. 25
C	Dec. 2 - Dec. 23

Women's Kickboxing/Self Defense Class

Get a great work out and have fun while learning a valuable skill set. A class focusing on kickboxing for self-defense and the basics of jiu-jitsu. Burn calories while learning to protect yourself. Wear something comfortable to work out in. Boxing gloves recommended, but not a requirement.

Activity: 166538
 Instructor: Nick Waldrom
 Location: Aerobic Room II
 Age: 16-Adult
 Fee: R \$80/NR \$90
 Min/Max: 6/20

Sess.	Day	Dates	Time
A	Tues.	Sept. 23 - Nov. 11	7:00 - 7:45 p.m.
B	Sat.	Sept. 27 - Nov. 15	12:00 - 12:45 p.m.

Jammin' Zumba

Come and try this exercise in disguise class. We take the "work" out of workout, by mixing low intensity to high intensity moves for an interval style, calorie burning fitness party. Zumba has easy to follow moves with awesome Latin rhythm that boosts energy, cardio enhancement, and body toning and sculpting. This classic's for everybody and every body. Let's get together and sweat it on, ditch the workout and join the Zumba party! No dance experience is needed or required. Note: No class on Thursday, November 27th.

Activity: 166428
 Instructor: George Montejano/Lupe Aguado
 Location: Dance Room
 Time: 6:30 - 7:30 p.m.
 Age: Teen-Adult
 Min/Max: 8/18

Sess.	Day	Dates	Fee
A	Mon.	Sept. 15 - Dec. 8	R \$60/NR \$70
B	Thur.	Sept. 25 - Dec. 18	R \$56/NR \$66

Just Breathe

This class is designed for all levels of practitioners, including beginners, those looking for a gentler practice, or experienced yogis seeking a more mindful and relaxing experience. Reduce stress and anxiety, gain a greater sense of inner peace and well-being.



Activity: 166522-A
Instructor: Denise Cholewa
Location: Aerobic Room I
Day: Saturday
Date: October 25
Time: 12:15 - 1:15 p.m.
Fee: R/NR \$40
Min/Max: 4/6

Strength & Flexibility

Turn back time with movement! Increase your flexibility and range of motion, improve your posture and improve your balance all with some instructor led stretching. Learn how to move in a way that is smart, efficient all while reducing your risk of injury and feeling younger! Move better and feel healthier!



*No Class November 26
Activity: 166542
Instructor: Carol Kaye
Location: Aerobic Room I
Day: Wednesday
Time: 9:00 - 10:00 a.m.
Age: Adult
Fee: R \$32/NR \$42
Min/Max: 6/15

Session	Dates
A	Sept. 10 - Oct. 22
B	Oct. 29 - Dec. 17

Mat Pilates

This low impact class flows through 60 minutes of dynamic floor exercises using resistance bands and rings. The workout helps build, sculpt, and tone the muscles of your core resulting in more flexibility, increased balance, and a lean physique. Note: Please bring your own yoga mat. *No Class November 26



Activity: 166516
Instructor: Carol Kaye
Location: Aerobic Room I
Day: Friday
Time: 5:30 - 6:30 p.m.
Age: Adult
Fee: R \$32/NR \$42
Min/Max: 6/15

Session	Dates
A	Sept. 12 - Oct. 24
B	Oct. 31 - Dec. 18



Check out this **free** program for military veterans of all eras. Qualified veterans will receive a free, one-year fitness membership at Alsip Park District, along with personal training sessions.

For more information about the Healthy Minds Healthy Bodies program, please contact Marina Uher at SWSRA.
Phone: 708-389-9423
Email: muher@swsra.com



Private Reiki & Accu Point Therapy

Both reiki and acupoint are powerful energy-healing practices that have been used for centuries to promote balance, healing, and well-being in the body. Reiki involves the transfer of universal life force energy through the hands, while acupoint involves touch and essential oils. The reiki and acupoint are both powerful energy-healing practices that have been used for centuries to promote balance, healing, and well-being in the body. Reiki involves the transfer of universal life force energy through hands, while acupoint involves essential oils placed onto specific points on the body. Both practices are based on the principle of channeling energy to promote healing and balance within the body and have been shown to be effective in a wide range of conditions.

Whether you choose reiki or acupoint therapy or opt to combine both practices, you can trust that you are receiving a powerful and effective form of healing energy. Acupoint therapy involves placing specific essential oils on specific points on the body.

Activity: 166545-A
 Instructor: Denise Cholewa
 Location: Aerobic Room I
 Day/Date: Appointment will be scheduled by instructor
 Age: 18-Adult
 Fee: \$80 per session

Yoga, Reiki & Aroma Accu Point Workshop

No experience needed join us in this restorative yoga workshop where we use Reiki, healing energy and essential oils to enhance this unique class. Note: Space is limited.

Activity: 166412-A
 Instructor: Denise Cholewa
 Location: Aerobic Room I
 Day: Saturday
 Date: November 22
 Time: 12:30 - 1:45 p.m.
 Age: 18-Adult
 Fee: R/NR \$50
 Min/Max: 3/6

Private Reiki Sessions

This is a hands-on healing energy movement session. If you feel stuck or have unanswered questions or need to move forward.... This is the session for you. This class will be a private Session with you and the instructor, Denise. Note: Your money will not be refunded if you cancel with less than 24 hours' notice of your appointment. Note: In-person registration only.

Activity: 166533-A
 Instructor: Denise Cholewa
 Location: Aerobic Room
 Day/Date: Appointment scheduled by instructor
 Time: 30 minutes
 Fee: \$45/30 minutes

Forever Fit

This new class is a non-impact, chair-based work-out that includes exercises to improve muscular strength, range of motion, balance and flexibility movements. Some standing exercises will be included, and the instructor will always modify exercises to accommodate when needed. There will be no class on Thursday, November 27th.

Activity: 166503
 Instructor: Carol Kaye
 Location: Aerobic Room I
 Day: Thursday
 Age: 16-Adult
 Fee: R \$32/NR \$42
 Min/Max: 7/12

Session	Dates	Time	Level
A	Sept. 11 - Oct. 23	9:00 - 10:00 a.m.	Advanced
B	Sept. 11 - Oct. 23	10:00 - 11:00 a.m.	Beginner
C	Oct. 30 - Dec. 18	9:00 - 10:00 a.m.	Advanced
D	Oct. 30 - Dec. 18	10:00 - 11:00 a.m.	Beginner



FALL FESTIVAL



27

SEPTEMBER
2025

FOOD TRUCKS
CRAFTERS/VENDORS
BEER & BINGO
LIVE BANDS
FAMILY ENTERTAINMENT
HAYRIDE PETTING ZOO
& MUCH MORE

**11:00AM-
4:00PM**

**SPRAYFARI AQUATIC PARK
11930 SOUTH KOSTNER AVENUE**

THIS IS A COOPERATIVE EVENT WITH THE VILLAGE OF ALSIP,
ALSIP CHAMBER OF COMMERCE AND
ALSIP-MERIONNETTE PARK LIBRARY



**PUP
APA
LOO
ZA**
DOGGIE DAY

**SATURDAY
SEPT. 27TH**

FOOD TRUCKS
PET VENDORS
ADOPTABLE PETS
COSTUME CONTEST
& PARADE
PET GAMES
RAFFLE PRIZES
& MORE

10AM-1PM

**PRAIRIE PARK
11930 S. KOSTNER**



**FALL FEST
11AM-4PM**
WWW.ALSIPPARKS.ORG



HALLOWEEN CARNIVAL

INFLATABLES, ATTRACTIONS, AX THROWING, COSTUME CONTEST,
ENTERTAINMENT, GAMES & PRIZES, PUMPKIN PATCH, HAYRIDE,
PUMPKIN DECORATING, FOOD TRUCKS, REPTILE SHOW & MORE

OCT | 25

9:30AM COSTUME CONTEST

10AM-NOON CARNIVAL

12-1PM TRICK OR TRUNK

SEARS PARK
123RD & TRUMBULL

PRE REG. R\$10/NR\$15
DAY OF EVENT \$20

DONATE TO OUR
HAUNTS AGAINST HUNGER FOOD DRIVE!

SAVE THE DATE



WINTER FEST

SANTA LANDS VIA HELICOPTER AT NOON

FOOD - FUN - VENDORS

DEC. 6TH
12 PM - 3 PM

AQUATIC PARK GROUNDS
11930 S. KOSTNER

WWW.ALSIPPARKS.ORG

THANK YOU

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Halloween House Decorating Contest

Do you think you have the spookiest house on the block? Does your display have what it takes to bring home the Firstplace prize in our Alsip Community Halloween House Decorating Contest? If the answer is yes, it is time to register for our event. Our panel of judges and community onlookers will travel from home to haunted home looking for the top three. Winners will receive prizes and signage at the end of the contest on Monday, October 27th and be announced via Facebook on Tuesday, October 28th for all to see.

Activity: 185598-A
 Day: Monday
 Date: October 27
 Time: 6:00 – 8:00 pm
 Age: All
 Fee: Alsip Residents \$10
 Min/Max: 8/20
 Registration Deadline: One week before session

Halloween House Judging Sign-Up

Activity: 185598-B
 Day: Monday
 Date: October 27
 Time: 6:00 – 8:00 pm

Turkey Bingo

Hosting Thanksgiving this year? Let us help with your dinner expenses by registering for our Turkey Bingo! Prizes will range from a variety of grocery stores, bakery and specialty stores as well as well as decor and more. Random turkey cards will be raffled off throughout the day as well, We have a lot for you to be thankful for!

Activity: 143588-A
 Location: ARC Community Room
 Day: Saturday
 Date: November 22
 Time: 10:00 a.m. - 12:00 p.m.
 Fee: R \$22/NR \$32
 Min./Max: 15/50

Family Ornament Night

Get in to the Christmas spirit with our first of many holiday events. At Family ornament Night we will be making tons of handmade ornaments while having fun with family and friends to decorate our huge evergreen tree in time for our Light Up the Park event on Tuesday, November 18th at 6:30pm. Hot chocolate and cookies will be enjoyed while we create our beautiful ornaments and decorations. No registration required.

Location: ARC Community Room
 Day: Wednesday
 Date: November 12
 Time: 5:30 - 7:30 p.m.
 Age: All
 Fee: Free

Light Up the Park

Join the Alsip Park District as we officially kick off the Christmas season with our annual tree lighting ceremony! Help Mrs. Claus countdown as we Light up the park! Christmas carols, hot cocoa and cookies will be enjoyed.

Location: ARC Front Yard
 Day: Tuesday
 Date: November 19
 Time: 6:30 p.m.



Rock N' Kids

Sing, dance, play, learn, and imagine with us! This movement-based program uses music to facilitate learning. Activities include use of rhythm instruments and movement props, work on gross and fine motor skills, including balance and coordination, and engagement of imaginative play. All classes are structured and include early listening and following directions skills. Join us for a rockin' good time! www.rockitkids.com. No class November 27th.

Tot Rock

Activity: 100143
Instructor: Rock N' Kids
Location: Oak View Community Center
4625 W. 110th Street
Oak Lawn, IL 60453
Day: Thursday
Time: 5:30 - 6:10 p.m.
Age: 12 - 30 months w/adult
Fee: R \$70/NR \$80
Min./Max.: 4/12

Session

Dates

A Sept. 11 - Oct. 16
B Oct. 30 - Dec. 11

Kid Rock

Activity: 100144
Instructor: Rock N' Kids
Location: Oak View Community Center
4625 W. 110th Street
Oak Lawn, IL 60453
Day/Date: Thursday
Time: 6:15 - 6:55 p.m.
Age: 2 - 3 yrs. w/adult
Fee: R \$70/NR \$80
Min./Max.: 4/12

Session

Dates

A Sept. 11 - Oct. 16
B Oct. 30 - Dec. 11

I Speak Spanish! – Spanish for Kids

Expand your child's world! Introduce your child to the Spanish language in this Spanish immersion class developed especially for very young learners. Children will be immersed in the Spanish language through fun and educational activities and music. Each session covers new material!

Activity: 100205
Instructor: Language in Action
Location: Oak View Center
4625 W. 110th St.
Oak Lawn, IL 60453
Day: Monday
Time: 5:00 - 5:45 p.m.
Age: 3 - Kindergarten
Fee: R \$120/NR \$130
Min./Max: 6/12

Session

Dates

A Sept. 8 - Oct. 20
No class Oct. 13
B Oct. 27 - Dec. 8
No class Nov. 24

Vámonos Youth Spanish

Learning a second language can open a world of possibilities for your child. In this class students will learn Spanish conversation and some Spanish grammar, reading, and writing skills through interactive and engaging activities. Each session covers new material!

Activity: 100206
Instructor: Language in Action
Location: Oak View Center
4625 W. 110th St.
Oak Lawn, IL 60453
Day: Monday
Time: 6:00 - 6:45 p.m.
Age: 6 - 11 years old
Fee: R \$120/NR \$130
Min./Max: 6/12

Session

Dates

A Sept. 8 - Oct. 20
No class Oct. 13
B Oct. 27 - Dec. 8
No class Nov. 24

The Spanish Acquisition - Spanish Language Classes for Adults

Have you always wanted to learn a foreign language, but never had the opportunity? In this relaxed, small-class environment you will learn Spanish conversation, grammar, and phonetics which you can immediately begin using. This class will be tailored to fit the needs of the students enrolled.

Activity: 100463
Instructor: Language in Action
Location: Oak View Center
4625 W. 110th St.
Oak Lawn, IL 60453
Day: Monday
Time: 7:00 - 8:00 p.m.
Age: Adults
Fee: R \$120/NR \$130
Min./Max: 6/12

Session

Dates

A Sept. 8 - Oct. 20
No class Oct. 13
B Oct. 27 - Dec. 8
No class Nov. 24

Lil' Chefs Academy

Cooking Class for Kids!



\$60 R
\$70 NR

Ages:
7-12

On Tuesdays, 4:30 - 5:30pm

Session A: September 23rd - October 14th, 2025
Activity Number: 100327-A

Session B: October 28th - November 18th
Activity Number: 100327-B

SLIME THE SLIME FACTORY

NEW!

IN THIS HANDS-ON, OOEY-GOOEY SLIME CLASS, LITTLE ONES WILL MIX, SWIRL, AND CREATE THEIR OWN COLORFUL SLIME MASTERPIECES. IT'S MESSY, SENSORY FUN THAT ENCOURAGES CREATIVITY, FINE MOTOR SKILLS, AND LOTS OF GIGGLES. PERFECT FOR CURIOUS KIDS WHO LOVE TO EXPLORE WITH THEIR HANDS!

ACTIVITY: 100139 - A
LOCATION: ARC - KITCHEN
DAY/DATE: THURSDAY, OCTOBER 9TH
TIME: 5 - 6PM
AGE: 4 - 7 YEARS OLD
MIN/MAX: 5/10
FEE: R\$15/NR\$20
REGISTRATION DEADLINE: OCTOBER 2ND

3 Week Christmas Crafts

At this spirited Christmas Craft Class we will create take-home decorations to hang full of Christmas Spirit. With the Do Art fun, we will create tree ornaments from paint, felt, and a variety of other materials, customizing our creations for our loved ones. Join us to bring Christmas to everyone with our creations!
All materials are provided.

Activity: 100136-A
Location: ARC - Green Room
Instructor: Do Art Productions - Ms. Karen
Day: Friday's
Dates: December 5th, 12th, & 19th
Time: 5:00 - 6:00p.m.
Age: 6 - 13 years old
Min/Max: 5/20
Fee: R\$85/NR\$95
Registration Deadline: December 1st

NEW!

Family Bingo Mornings

Join us for a family friendly morning of a themed BINGO each session. We will provide cards and prizes. Prizes will include a variety of items ranging from gift cards to decorations. All ages are welcome. Children under age ten must be accompanied by an adult.

Activity: 143607
 Location: ARC Community Room
 Day: Saturday
 Time: 10:00 a.m. – 12:00 pm
 Fee: R \$17/NR \$25
 Registration Deadline: One week before each session

Session:	Dates:
A	September 20
B	October 18
C	November 8

Blanket Knitting Workshop

Please join us for a beginner friendly hand knitting workshop! During this workshop you will learn how to hand knit a unique and beautiful chunky knit blanket. Each participant will receive enough yarn to create roughly a 30x50" beautiful chunky knit blanket. During registration be sure to select your color.

Activity: 183567
 Location: ARC Community Room
 Day: Sunday
 Time: 12:00 - 3:00 p.m.
 Age: 10-Adult
 Fee: R \$75/NR \$95
 Min./Max.: 15/30

Session	Date
A	September 21
B	October 12
C	November 9
D	December 14



String Art Class

"Get wrapped up in crafty fun with a DIY String Art class hosted by Heartstrings by Scarlett! These hands-on workshops are the perfect way to unwind, get creative, and make something beautiful. Choose from seasonal and themed designs that are pre-drilled and ready for you to bring to life with over 35+ string color options to mix, match, and make it your own. No experience necessary—just come ready to have fun and craft the night away! Choose from one of the following designs.

Activity: 193660-A
 Location: ARC Community Room
 Day: Tuesday
 Date: October 21
 Time: 6:00 - 9:00 p.m.
 Age: Adult
 Fee: R \$50/NR \$60



Paint Party

Join us for a creative and fun event where participants will be guided by a professional instructor into making their very own painting. Class includes step by step instruction for any skill level! No painting experience necessary. All painting supplies included. Open to ALL ages!! Registration Deadline is one week before each session.



Activity: 100213
 Instructor: Ms. Becky
 Location: Apollo Recreation Center - Green Room
 Day: Monday
 Time: 5:30 - 6:30 p.m.
 Age: All
 Fee: R \$40/NR \$50

Session	Dates
A	October 13
B	November 10

Lunch Bunch

Join our lunch bunch for a gathering each month to meet and dine with new people. Leave the driving to us and enjoy yourself. Register for one or all three, Sign up yourself or with a friend. Price includes transportation and parking when applicable. Please bring money for lunch, spirits and tip.

Activity:	183765	Session	Date	Restaurant
Day:	Thursday	A	Sept. 25	Westchester Inn
Time:	11:00 a.m. - 2:00 p.m.	B	Oct. 16	A Bite of Mexico
Age:	Adult	C	Nov. 13	Juliet's Tavern
Fee:	R \$12/NR \$15			
Min/Max:	7/14			
Registration Deadline: One week prior to trip				

Rialto History Tour

Did you ever wonder what happens behind the scenes at the Rialto Square Theatre? Put your curiosities to rest and join us on this trip! You'll take a walk through the Esplanade, or inner lobby, designed after the Hall of Mirrors in the palace of Versailles near Paris. You will view the Rotunda, surrounded by 18-Corinthian-style columns and surmounted by a dome very similar to the Pantheon in Rome. And you'll even go on stage and visit the green room! Before the tour, we will have lunch at Chicago Street Pub. Fee includes transportation, lunch and tour.

Activity: 183667-A
 Location: Joliet, IL
 Day: Tuesday
 Date: September 30
 Time: 11:15 a.m. - 3:45 p.m.
 Age: All (under 18 must be with an adult)
 Fee: R/NR \$74
 Min./Max.: 1/5
 Registration Deadline: September 14

Scarecrow Fest

110+ handmade scarecrows will be showcased around town for visitors to view and vote on their favorites. There will be live entertainment and fun as well as an Activity Zone with festive photo ops, Scarecrow-to-Go and activities. While visiting, make sure to treat yourself to many sales, specials, and events throughout town including the Autumn on the Fox Craft Show in Pottawatomie Park. Price includes transportation and admission. Bring money for lunch and purchases.

Activity: 183698-A
 Location: St. Charles, IL
 Day: Saturday
 Date: October 11
 Time: 9:00 a.m. - 4:00 p.m.
 Age: All (under 18 must be with an adult)
 Fee: R \$65/NR \$85
 Min./Max.: 8/14
 Registration Deadline: October 5

Autumn on the River

There is nothing more beautiful than Starved Rock in the Fall. Join us as we take a trolley tour filled with interesting facts about the area. The trolley will take us to the Eagle 1 boat to see the beautiful fall foliage as we cruise along the Illinois River. Please dress for the weather as part of the tour may be outside. Fee includes lunch, tour, and transportation.

Activity: 183573-A
 Location: Oglesby, IL
 Day: Wednesday
 Date: October 15
 Time: 9:15 a.m. - 4:15 p.m.
 Age: All (under 18 must be with an adult)
 Fee: R/NR \$130.00
 Min./Max.: 1/5
 Registration Deadline: October 1

Milwaukee Tour

Come visit our neighbors to the North when we visit the city of Milwaukee. Our first stop will be the Pabst Mansion for a tour where we will learn about the Pabst Family and details about the architecture and furnishings of the home. We will then head over to the Milwaukee Public Market where you can shop local vendors. Make sure you grab something to eat from one of the local restaurants at the Market. Finally we will head over to the Sprecher Brewery for a tour and some hand crafted top quality craft beverages. Fee includes transportation, tours, and brewery tasting. Lunch at the Market is on your own.

Activity: 183671-A
 Location: Milwaukee, WI
 Day: Wednesday
 Date: November 19
 Time: 7:15 a.m. - 5:30 p.m.
 Age: All (under 18 must be with an adult)
 Fee: R/NR \$125.00
 Min./Max: 1/5
 Registration Deadline: November 2

Chicago Christmas Lights Tour

Come join us as we see all the sights of the holiday season. We will travel to Downtown Chicago to see the beautiful Christmas light displays. Our first stop will be the Christkindlemarket to shop amongst the unique vendors and authentic German treats. After the Christkindlemarket, we will head to dinner TBD. Next we will head over to Lincon Park Zoo for their infamous Zoo Lights. We will end the night driving around to a few places to see the holiday lights of the city. Fee includes transportation, food, zoo admission and tour.

Activity: 183670-A
 Location: Chicago, IL
 Day: Monday
 Date: December 15
 Time: 2:00 - 8:00 p.m.
 Age: All (under 18 must be with an adult)
 Fee: R/NR \$85.00
 Min./Max: 1/5
 Registration Deadline: December 7

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Alsip Park District

Before & After School Program

Monday through Friday

GRADES
K-6

The Alsip Park District Power Play! Before & After School Program offers recreation activities, homework assistance, arts & crafts and much more. Our program is offered to those children in District 125 & 126 schools.

Before School:
Time: 6:45 am - School Start
Cost: \$12/Day

After School
Time: School End - 6:00 pm
Cost: \$20/Day

Early Dismissal Day
Time: School End - 6:00 pm
Cost: \$30/Day

Registration deadline is due the Monday prior to the following weeks program. A \$15 late fee will be added if you register on Tuesday.

No registrations will be accepted after 5 pm on Tuesday.

Contact Info:

Madilyn Petrusevski
708-389-1003
mpetrusevski@alsipparks.org

To learn more, visit us at
www.alsipparks.org

PRESCHOOL REGISTRATION

A CREATIVE LEARNING PROGRAM FOR CHILDREN AGES 3 & 4 SCHOOL YEAR 2025-2026

The Alsip Park District Preschool Program offers a diverse range of developmentally suitable activities. These include, but are not limited to, engaging creative art experiences, rhythmic singing activities, captivating stories, interactive role-playing and body movement exercises, open-ended free play, opportunities for emerging writing and reading skills, as well as activities that foster everyday math and science discovery.

- A copy of the birth certificate is REQUIRED.
- Age requirements must be met by September 1, 2025.
- Children must be completely toilet trained.
- Enrollment fee* (same amount as monthly fee) due at registration then 8 additional payments (September 1st through April 1st).
- A \$100 administrative fee will be charged for refunds. Refunds only available until August 8, 2025.
- Refunds after August 8, 2025, through the start of preschool will be charged the full enrollment fee.

Please note policy for credit cards that are denied when installment payment is posted; You will be notified that credit card on file was denied which will require you to bring payment to the Main Office before your child's next scheduled class. If payment is not made by this time, a \$25.00 late fee will be assessed, and your child may not attend class until payment and late fee is made. A second time a credit card is denied will result with an additional \$20 fee, a third time will result in an additional \$40 fee, and if the payment is not made within 1 week of the originally scheduled payment date your child will be disenrolled from the Preschool Program. *Enrollment Fee is not refundable after August 8, 2025.

3-Year-Old Preschool Information

ACTIVITY #	DAY	DATE	TIME:	AGE	MONTHLY FEE
380103 - B	M-W-F	SEPTEMBER 3 - MAY 8	8:45-11:45AM	3	R\$180/NR\$205
380104 - B	T-TH	SEPTEMBER 2 - MAY 7	8:45-11:45AM	3	R\$118/NR\$141

4-Year-Old Preschool Information

ACTIVITY #	DAY	DATE	TIME	AGE	MONTHLY FEE
380102 - B	M-F	SEPTEMBER 3 - MAY 8	9:00-12:00PM	4	R\$303/NR\$337

FULL YEAR TUITION DISCOUNT AVAILABLE

3-Year-Old Preschool Curriculum

M/W/F Class
8:45-11:45 am

- First name recognition & tracing (sentence case)
- Recognizing & tracing alphabet in upper & lower case
- Rote counting to 30
- Recognizing & tracing numbers 1 to 10
- Speaking Numbers 1 to 10 in Spanish
- Recognition of basic colors and shapes
- A strong emphasis on social skills, creative expression, dramatic play and fine motor skill development
- Daily: weather, calendar, story time, classroom sing-a-longs
- 1.1 extracurricular activity per week
- Monthly Themes

- Extra day of concept reinforcements
- 2 extracurricular activities per week
- End of the Year Book with a collection of your child's work throughout the year

Extracurricular Activities

- Arts/Painting/Crafts
- Music/Singing/Dancing
- Outdoor Time
- Physical Education

Tu/TH Class
8:45-11:45 am

- First name recognition & tracing (sentence case)
- Recognizing & tracing alphabet in upper & lower case
- Rote counting to 30
- Recognizing & tracing numbers 1 to 10
- Speaking Numbers 1 to 10 in Spanish

- Recognition of basic colors and shapes
- A strong emphasis on social skills, creative expression, dramatic play and fine motor skill development
- Daily: weather, calendar, story time, classroom sing-a-longs
- Monthly Themes

4-Year-Old Pre-K Curriculum

M-F Class
9:00am - 12:00 pm

- First and last name recognition/writing (Sentence Case)
- Recognizing and writing alphabet in upper & lower case
- Rote counting to 100
- Use comparative words- big/small, tall/short, etc...
- Recognizing words and writing numbers 1 to 20
- Basic colors and shapes along with word recognition
- Rhyming, opposites, location, distance, and patterns
- A strong emphasis on social skills & creative expression
- Daily: Weather, Calendar, Story Time
- Weekly Themes
- Spanish- verbal recognition of numbers 1- 20 & colors

- Science & Social Studies Curriculum
- 2 extracurricular activities per week

Extracurricular Activities

- Arts/Drawing/Painting/Crafts
- Music/Singing/Dancing Outdoor Time
- Physical Education
- Cultural Arts



This comprehensive dance program offers instruction in Ballet, Tap, Jazz, and Hip Hop, for ages 4 to 12. The program runs **35 weeks** and ends with a celebrated dance recital showcasing the students' talents!

Class groupings are by age, and must be met by October 1st.

No Class:

Nov. 25th, 26th, 27th

Dec. 23rd, 24th, 25th, 30th, 31st

Jan. 1st.

Spring Break Week

REGISTER BY SEPTEMBER 9TH

Activity: 143223

Instructor: Ivy Hue Dance Company Instructors

Location: Apollo Rec Center - Dance Room & Aerobic II Room

Min/Max - Session A&B 5/12 Session C-G 5/15

Section	Class	Day	Time	Dates	Age	Fees
A	Pre-Ballet	Tu	5:30 - 6:00pm	9/16-5/21	4-6	R\$215/NR\$225
B	Pre-Tap	Tu	6:05 - 6:35pm	9/16-5/21	4-6	R\$215/NR\$225
C	Jazz	Wed	5:00 - 5:40pm	9/17-5/21	5-7	R\$235/NR\$245
D	Ballet	Wed	5:45 - 6:30pm	9/17-5/21	7-10	R\$235/NR\$245
E	Tap	Wed	6:30 - 7:00pm	9/17-5/21	7-10	R\$235/NR\$245
F	Mini Hip Hop	Thurs	5:30 - 6:00pm	9/18-5/21	5-7	R\$235/NR\$245
G	Hip Hop	Thurs	6:05 - 6:45pm	9/18-5/21	8 & Up	R\$235/NR\$245

Uniform Requirements

All students need to come to class in the proper dance uniform. There will be information on uniform purchasing the first week of class. You may order through the instructor or purchase items on your own.

Girls Ballet: Wear a plain, black leotard made of lycra, cotton or nylon. No velvet material, no skirts or unitards allowed. Flesh-toned or pink tights and tan or pink full-sole ballet shoes.

Boys: Wear a white t-shirt with shorts, loose dance pants or joggers.

Tap Shoes: 4-6yr black patent leather velcro strap & 7-10yr velcro strap or laces

Hip Hop: Black leotard with biker shorts or leggings may be worn; clean sneakers or dance sneakers

Recital

The Alsip Park District holds an annual dance recital in May. There will be a recital fee. A costume will need to be purchased some time before December 18th, 2025.

Participants may have to purchase more than one costume depending on how many classes they are registered in. More information on the dance recitals, costumes, and picture day will be included in the monthly newsletter. There will be a parent meeting at the start of the program.





ILLINOIS SHOTOKAN KARATE CLUBS

- Uniforms and Belt-Testing are options available through the ISKC instructor.
- Please note that youth and adult classes WILL train together.
- Beginner students will not be permitted to register into the current session after the second class has met.
- Registration for continuers through advanced students will be accepted after the start date, but the full class fee is required.
- Please visit www.ISKC.com for more information or call us at 847-359-0666



Activity: 138257

Instructor: Illinois Shotokan Karate Club Staff

Location: Apollo Recreation Center : Mini
Gymnasium

Dates: On Fridays, September 12th - December
19th (No class on 9/19 & 11/28)

Fee: R\$189/NR\$199 per person

Pre-Karate

Session A

Time: 4:30-5:15 PM

Age: 4-6

Min/Max: 4/12

Level: Beginner (No Prior Experience)

Session B

Time: 5:20-6:05 PM

Age: 4-6

Min/Max: 4/12

Level: Continuer (White w/ Stripes & Up)

Adult & Youth

Session C

Time: 6:15-7:10 PM

Age: 7 & UP

Min/Max: 4/20

Level: Beginner/Continuer (White-Red Belts)

Session D

Time: 7:15-8:10 PM

Age: 7 & Up

Min/Max: 4/20

Level: Inter/Advanced (Orange Belts & Up)



KIDZ CLUB

Fee:
R\$6/NR\$8

Let your kids enjoy their time at our Kidz Club while you focus on your workout. Our safe, supervised space offers a variety of fun activities to keep them entertained, so you can feel good about reaching your fitness goals.

Tuesday's: 6-8pm
Thursday's: 6-8pm
Saturday's: 8am-12pm

Age: Potty Trained - 12
years
Location: Apollo Rec
Center - Playroom

Parents must remain in the building while utilizing childcare services.
No registration required - only drop in fees apply



Parent & Tot Gymnastics (Unstructured)

This program is a supervised and unstructured opportunity where your child can be active and socialize with others. The gym provides various mats for climbing, balance beams, balls, and tunnels for your child to be active. Every class will begin with group stretching and conclude with relaxation exercises. Participants must have a parent or guardian present.

Girls Gymnastics Level 1

Our one hour gymnastics class is for girls 7 to 12 years of age with little to no gymnastics experience. Each one hour class will focus on skill for vault, bars, beam, and floor. Girls must wear a leotard or shorts and a fitted t-shirt.

Girls Gymnastics Level 2

Once your daughter has successfully completed Gymnastics Level 1 and has a coach's endorsement, she will be ready for this class. Level 2 is a one hour class designed for 7 to 12 year olds and will provide gymnasts with a continuation of skill progression. Gymnasts will continue with all equipment used in Level 1 Class. Girls who have gymnastics experience may request a skill evaluation to determine if this class is appropriate for their ability level. Girls must wear a leotard or shorts and a t-shirt.

We also offer private tumbling classes for Cheer Teams or groups, please contact Athletic Supervisor, Payton Presler for more information.

Parent & Tot Playnastics (Structured)

This structured class will provide group activities as well as independent playtime for you and your child to socialize. Children will have the opportunity to utilize gymnastics equipment to jump, climb, crawl, and swing in a safe environment. Class goals include listening skills, fundamental movements, coordination, fine and gross motor skill development, and body awareness. Participants must have a parent or guardian present.

Boys/Girls Tumbling

This 45 minute class is for boys and girls ages 7 to 12 who would like to learn to tumble. Participants will learn the progression of rolls, cartwheels, handstands, round offs, limber skills, walkovers, and handsprings. Using a variety of practice drills, tumblers will begin with the basics and individually progress through more advanced skills. Participants must wear a leotard or shorts and a fitted t-shirt.

Pre-School Gymnastics

Our pre-school gymnastics class is designed for children ages 3 to 4. Each 45 minutes class will focus on beginner skills for vault, bars, beam, and floor. Gymnastics will also develop body and spatial awareness, as well as confidence while using the springboard, pre-school, and low bar, low and medium balance. Participants must wear a leotard or shorts and a t-shirt.

Kinder Gymnastics

This 45 minute class is designed for boys and girls ages 5 and 6. Participants will gain experience on the springboard, low and medium balance beams, pre-school and low bar, as well as the floor. Gymnasts will also develop body and spatial awareness along with confidence using our many skill shapes and trainers. Participants must wear a leotard or shorts and a t-shirt.

Shooting Stars

The Shooting Stars program trains 2 days a week and is for those girls who can train specifically FOR the Alsip Stars (gymnastics competitive team). This class is designed for gymnasts to work on skills that are required to be on the competitive team. This will allow gymnasts to make an easy transition from gymnastics class to competitive gymnastics. This class is also for gymnasts who want to excel in gymnastics without competing. *Please note that gymnasts who are interested in joining the Alsip Stars Gymnastics Team must participate (or have participated) in the Shooting Stars program (consecutively) until their skills level has reached competitive status. Once your gymnast is ready to join the Alsip Stars Gymnastics Team, She will be notified by a coach.

ALSIP STARS GYMNASTIC TEAM IS BY PLACEMENT ONLY.

Alsip Stars (TEAM)

The Alsip Stars Gymnastics Team trains 2 or 3 days per week, year round. The Alsip Stars Team is designed only for gymnasts who will be competing on our competitive team. Our Gymnastics Team competes in the Illinois Park District Gymnastics Conference from January to May. Any fees related to competition (leotards, warmups, meet fees, etc.) are in addition to the Alsip Park District registration fee. For more information, please contact the gymnastics staff.

ALSIP STARS GYMNASTIC TEAM IS BY PLACEMENT ONLY.

Program & Activity Number	Ages	Day	Time	Start/End	Fee	Min/Max	No Class
Parent & Tot Gymnastics (Unstructured) #174171-A #174171-B	Crawl – 2 years	Thursday	9:30 – 10:00 a.m.	Sept. 11 – Oct. 16 (A) Oct. 30 – Dec. 11 (B)	R \$35 NR \$55	6 cpl 12 cpl	Nov. 27
Parent & Tot Gymnastics (Structured) #474167-A #174167-B	2 & 3 years	Tuesday	4:30 – 5:00 p.m.	Sept. 9 – Oct. 14 (A) Oct. 28 – Dec. 9 (B)	R \$35 NR \$55	6 cpl 12 cpl	Nov. 25
Pre-School Gymnastics #174177-A #174177-B	3 & 4 years	Tuesday	5:05 – 5:50 p.m.	Sept. 9 – Oct. 14 (A) Oct. 28 – Dec. 9 (B)	R \$46 NR \$66	3/6	Nov. 25
Kinder Gymnastics #174168-A #174168-B	5 & 6 years	Thursday	4:30 – 5:15 p.m.	Sept. 11 – Oct. 16 (A) Oct. 30 – Dec. 11 (B)	R \$46 NR \$66	4/8	Nov. 27
Girls Gymnastics Level 1 #174185-A #174185-B	7 – 12 years	Thursday	6:10 – 7:10 p.m.	Sept. 11 – Oct. 16 (A) Oct. 30 – Dec. 11 (B)	R \$58 NR \$78	6/10	Nov. 27
Girls Gymnastics Level 2** #174186-A #174186-B	7 – 12 years	Friday	4:00 – 5:00 p.m.	Sept. 12 – Oct. 17 (A) Nov. 7 – Dec. 19 (B)	R \$58 NR \$78	6/10	Nov. 28
Boys/Girls Tumbling #174246-A #174246-B	7 – 12 years	Thursday	5:20 – 6:05 p.m.	Sept. 11 – Oct. 16 (A) Oct. 30 – Dec. 11 (B)	R \$46 NR \$66	4/8	Nov. 27
Shooting Stars** #174228-A	6 & up	Monday Wednesday	4:00 – 5:30 p.m.	Sept. 8 – Dec. 17	R/NR \$210	3/12	Nov. 24 Nov. 26

We Love Our Parents But.....

Parents are encouraged to attend their child's first day of class. Please do not remain in the gym after you have dropped your child off. This is in the best interest of your child. Interruptions tend to affect the participant's attention span and inhibit the establishment of peer relationships. It's also important to arrive on time so participants can participate in a proper warm up and stretching. Please do not use class time to speak to your child's instructor. Instructors are available before and after class if you wish to speak with them. Thank you for your cooperation.



ALSIP PARK DISTRICT

INDOOR SOCCER LEAGUE

ACTIVITY

174066

**DECEMBER
-FEBRUARY**

FEES

**R \$85
NR \$95**

PRACTICES & GAMES WILL TAKE PLACE AT

APOLLO RECREATION CENTER

**PEE-WEE - 4 & 5 YEARS OLD- A
INTERMEDIATE - 6 & 7 YEARS OLD- B
JUNIOR - 8 - 10 YEARS OLD - C
SENIOR - 11 -13 YEARS OLD - D**

REGISTRATION
(708) 389-1003

**VOLUNTEER
COACHES
NEEDED**

FOR INFORMATION
WWW.ALSIPPARKS.ORG

SOUTH SUBURBAN YOUTH BASKETBALL LEAGUE



ACTIVITY #: 174003

AGE: 1ST - 8TH GRADE

- **1ST & 2ND GRADE BOYS & GIRLS - A**
- **3RD & 4TH GRADE BOYS - B**
- **3RD & 4TH GRADE GIRLS - C**
- **5TH & 6TH GRADE BOYS - D**
- **5TH & 6TH GRADE GIRLS - E**
- **7TH & 8TH GRADE BOYS - F**
- **7TH & 8TH GRADE GIRLS - G**

**LOCATION: HOME GAMES AT APOLLO RECREATION
CENTER, AWAY GAMES TBD**

GAME DAYS: SATURDAYS

GAME TIMES: BETWEEN 9:00AM-2:00PM

PLEASE NOTE: GIRLS/BOYS TEAMS WILL COMBINE IF ENROLLMENT IS LOW

**FOR MORE INFORMATION: CONTACT ATHLETIC
SUPERVISOR PAYTON PRESLER -
PPRESLER@ALSIP PARKS.ORG**

New Traditions Riding Academy Horseback Riding

There are endless benefits associated with horseback riding. The Alsip Park District is working with New Traditions Riding Academy to provide Horseback Riding Lessons. New traditions staff will teach riders to ride for pleasure or to show competitively. Riders must wear long pants, heels no higher than 1-1/2 inch, and wear ASTM/SEI Certified Riding Helmet. Helmet rental is \$2.00 per lesson or available for purchase at the office. Participants will choose Five 1-hour lessons or Ten 1-hour lessons. *Note: Lessons are on a floating schedule/subject to change: visit www.ntridingacademy.com/lessons.html for season schedule*

Activity: 174313-A
 Instructor/Location: New Traditions Riding Academy
 10100 S. Kean Ave., Palos Hills, IL 60465
 Location: New Traditions Riding Academy
 Fee: \$265: Five 1-hour lessons or \$530: Ten 1-hour lessons
 Age: 7 & Up

Session	Class	Day	Time
A	Beginner Basics	Mondays	4:30 p.m.
B	Beginner Basics	Wednesdays	4:30 p.m.
C	Beginner Basics	Saturdays	2:30 p.m.
D	Beginner Basics	Sundays	12:00 p.m.
E	Adult Beginners	Sundays	12:00 p.m.

Fall Fishing Derby

Did you know: more than 44 million Americans enjoy fishing every year. Studies show that fishing helps lower levels of cortisol, the hormone that causes stress. Come join us for a relaxing morning of fishing with your friends and family! This yearly event is rewarding for all and it is FREE. Prizes will be awarded for the event's milestone such as first fish, largest fish, small fish, and most fish. Pre-Registration is STRONGLY recommended. Don't forget your fishing gear.

Activity: 174080-A
 Location: Commissioner's Park Pond
 Day: Saturday
 Date: September 20
 Time: 8:30 - 10:30 a.m.
 Age: All
 Fee: Free
 Min/Max: 5/50

Open Gym

Alsip Park District open gym times are available at the Apollo Recreational Center for Pickleball, Volleyball, & Basketball. The Alsip Park District will be offering open gyms in all our gymnasiums. Depending on our scheduled programming, pickleball will be available in the Mini Gym, Volleyball will be available in the Small Gym, & Basketball will be available in the Main Gym. Contact the Apollo Recreation Center at (708) 389-1003 to inquire about availability of gym space.

Location: ARC: Gyms (Mini, Small & Main)
 Days: Sunday - Saturday
 Time: Varies (call to inquire)
 Fee: Free with membership
 R \$5/NR \$10

CPR, AED, and First Aid for Children, Infants, and Adults

September is National Preparedness Month and the first step to being prepared is knowing how to act in case of an emergency. Having the knowledge of First Aid, CPR, and AED saves lives. This certification class will cover guidelines for CPR, AED, and First Aid for Children, infants, and adults. These skills are perfect for everyone, from teachers and staff members to babysitters and family members. Following completion of the class requirements, participants will receive CPR, AED, and First Aid Certification from the health & Safety Institute. All Participants should bring a lunch and a snack.

Activity: 153435-A
 Location: ARC Room TBA
 Day: Sunday
 Dates: October 5
 Time: 10:00 a.m. - 4:00 p.m.
 Age: 16 & up
 Fee: R \$70/NR \$80
 Min/Max: 5/12



Skyhawks Soccer

Kickstart your child's soccer journey with Skyhawks Soccer! This program boosts young athletes by teaching key skills like dribbling, passing, shooting, and ball control. Each session focuses on enhancing abilities while instilling teamwork and sportsmanship. Your child will improve their soccer skills and embrace the game's spirit. Join us to grow and score!

Activity: 174029
 Location: ARC Small Gym
 Day: Monday
 Dates: Oct. 6 - Nov. 10
 Fee: R \$85/NR \$90
 Min./Max: 8/20

Session	Time	Age
A	5:00 - 5:50 p.m.	5 - 8 years
B	6:00 - 6:50 p.m.	9 - 12 years

Skyhawks Multi-Sport Tots

Kickstart your child's athletic journey with Multi-Sport Tots! This program offers a variety of sports through fun, age-appropriate activities, enhancing balance, coordination, and fitness. Parent participation is required for ages 2 to 3.5. This is a dynamic introduction to sports, packed with learning and teamwork.

Activity: 174030
 Location: ARC Small Gym
 Day: Wednesday
 Dates: Oct. 8 - Nov. 12
 Fee: R \$79/NR \$84
 Min./Max: 4/10

Session	Time	Age
A	4:10 - 4:50 p.m.	2 - 3.5 years
B	5:00 - 5:40 p.m.	3 - 5.5 years

Skyhawks Cheerleading

Get ready to rally with Skyhawks Cheerleading! This fun-filled program teaches a variety of cheers, hand and body movements, and jumping techniques, all stunt-free. Participants will also learn valuable teamwork and leadership skills. This program ends with a dazzling performance where each cheerleader shines. Join us and become a Cheer Champion!

Activity: 174028
 Location: ARC Small Gym
 Day: Thursday
 Dates: Oct. 9 - Nov. 13
 Fee: R \$85/NR \$90
 Min./Max: 8/20

Session	Time	Age
A	5:00 - 5:50 p.m.	5 - 8 years
B	6:00 - 6:50 p.m.	9 - 12 years

Turkey Shoot

Are you a good free throw shooter? Try your hand at winning a Thanksgiving Turkey at our Parent & Child Annual Turkey Shoot. Divisions consist of combined family ages: Under 30, 31-39, 40-49, 50-59, & 60 and up. Practice time will be available upon request. This year we have opened the competition on multiple days. Register for your day/time slot.

Activity: 174647
 Location: ARC Small Gym
 Time: 5:00 - 8:00 p.m.
 Age: Parent & Child
 Fee: R Free/NR \$2
 Min/Max: 1/99

Sess.	Day	Date
A	Tuesday	November 11
B	Wednesday	November 12
C	Thursday	November 13

BIG3 - November Boot Camp

Are you registered to play in an Indoor Winter Basketball League coming up? If so, Alsip Park District has the perfect opportunity for you. We have partnered with the BIG3 to offer young players the opportunity to prepare for the upcoming season with a pre-season bootcamp. This 3-day bootcamp will emphasize fundamental skills, conditioning, and team concepts that will help you improve your overall game. Each session is an hour a day and is divided by grade. Please come out and join us this Fall!

Activity: 174046
 Location: ARC Small Gym
 Dates: Nov. 18 - Nov. 20
 Fee: R \$60/NR \$70
 Min/Max: 8/30

Session	Grade	Time
A	1st & 2nd	5:00 - 6:00 p.m.
B	3rd & 4th	6:00 - 7:00 p.m.
C	5th & 6th	7:00 - 8:00 p.m.
D	7th & 8th	8:00 - 9:00 p.m.

VolleyKidz USA (8-10 years)

Volleykidz is an introductory class for children 8yrs to 10yrs. The lesson plan introduces the pass, set and spike using a very light volleyball. Volleykidz will improve each child's hand/eye coordination and left/right coordination through the use of fun drills and games. Lesson plan also incorporates short educational drills including spelling, math & science.

Activity: 174031
Instructor: Volley Kidz USA
Day: Sunday
Time: 1:00 - 2:00 p.m.
Age: 8 - 10 years
Fee: R/NR \$75.00
Min./Max: 8/24

Session	Dates
A	Sept. 7 - Sept. 28
B	Oct. 5 - Oct. 26
C	Nov. 2 - Nov. 23
D	Nov. 30 - Dec. 21

Jr. VolleyKidz USA (11-14 years)

Improve your volleyball skills with 90 minutes of drills in setting, passing, overhand serving and spiking. The lesson plan directs the use of individual training, pairing drills and game situation development that help each student reach a new level. Instructors organize short games at the end of each class. The lesson plan incorporates leadership and educational components.

Activity: 174032
Instructor: Volley Kidz USA
Day: Sunday
Time: 2:00 - 3:00 p.m.
Age: 11 - 14 years
Fee: R/NR \$75.00
Min./Max: 8/24

Session	Dates
A	Sept. 7 - Sept. 28
B	Oct. 5 - Oct. 26
C	Nov. 2 - Nov. 23
D	Nov. 30 - Dec. 21

Jr. Volley Series Match Play

Interested in playing volleyball with other volleyball athletes with skills to compete against other park teams? Our Volleyball Pro will develop a team and bring parity to the weekly instruction to prepare match-PLAY. The coaches' lesson plan will guide the team in weekly training for 90 minutes. At weekly practice the teams will learn team defense and offense positions while they improve on their fundamentals of passing, setting, spiking, and overhand serving.

Activity: 174034
Instructor: Volley Kidz USA
Day: Sunday
Time: 4:00 - 5:00 p.m.
Age: 10 - 14 years
Fee: R/NR \$76.00
Min./Max: 8/24

Session	Dates
A	Sept. 7 - Sept. 28
B	Oct. 5 - Oct. 26
C	Nov. 2 - Nov. 23
D	Nov. 30 - Dec. 21

EVP Spiking & Serving Training

Improve your volleyball attack with 90 minutes of drills. Spiking & Serving is for intermediate players who wish to learn proper arm swing, footwork and jumping technique. Class drills keep player focused on reach and power while plyo-metrics training enhances vertical jump and game performance. The 3-step approach will be taught along with transition attacking. Jump serving will be introduced to begin advanced scoring options.

Activity: 174033
Instructor: Volley Kidz USA
Day: Sunday
Time: 3:00 - 4:00 p.m.
Age: 10 - 14 years
Fee: R/NR \$76.00
Min./Max: 8/24

Session	Dates
A	Sept. 7 - Sept. 28
B	Oct. 5 - Oct. 26
C	Nov. 2 - Nov. 23
D	Nov. 30 - Dec. 21



EVP Indoor Volleyball Camps

Come indoors for a special camp session taught and directed by EVP Academy Volleyball Pros. The 3-day camp will concentrate on the fundamentals of passing, setting, and spiking. The lesson plan directs the use of self-mastery training that helps each student reach a new level. The knowledge of the instructors will give the participants a head start on their skills in preparation for the next upcoming volleyball season.

Thanksgiving Break Camp 2025

Skills Camp

Activity: 174035-A
Day: Mon - Wed
Date: Nov. 24 - Nov. 26
Time: 8:30 - 11:00 a.m.
Age: 8 - 10 years
Fee: R \$99/NR \$129

Skills Camp

Activity: 174035-B
Day: Mon - Wed
Date: Nov. 24 - Nov. 26
Time: 11:00 - 1:30 p.m.
Age: 11 - 14 years
Fee: R \$99/NR \$129

Spiking/Serving

Activity: 174035-C
Day: Mon - Wed
Date: Nov. 24 - Nov. 26
Time: 2:00 - 4:00 p.m.
Age: 11 - 14 years
Fee: R \$99/NR \$129

Holiday Break Camp 2025

Skills Camp

Activity: 174045-A
Day: Mon - Wed
Date: Dec. 22 - Dec. 24
Time: 8:00 - 10:00 a.m.
Age: 8 - 10 years
Fee: R \$99/NR \$129

Skills Camp

Activity: 174045-B
Day: Mon - Wed
Date: Dec. 22 - Dec. 24
Time: 10:00 - 12:00 p.m.
Age: 11 - 14 years
Fee: R \$99/NR \$129

Spiking/Serving

Activity: 174035-C
Day: Mon - Wed
Date: Dec. 22 - Dec. 24
Time: 12:00 - 2:00 p.m.
Age: 11 - 14 years
Fee: R \$99/NR \$129

Women's Fall Volleyball League

Spike your way to fun by participating in our Women's Fall Volleyball League. The league is available for Women 18 and older to participate. The league requires a minimum of four and a max of twelve teams. All competition is played on Monday evenings at the Apollo Recreation Center, located at 12521 S. Kostner Ave., Alsip. Team rosters are limited to 12 players. Ask us about team referral incentives.

Activity: 174009-A
Location: ARC Main Gym
Day: Monday
Dates: Sept. 15 - Nov. 24
Time: 6:30 or 7:15 p.m.
Age: 18 & up
Fee: R \$375/NR \$400
Min/Max: 4/12 teams

Youth & Teen Volleyball Club

Join us for some volleyball fun this Fall. This coed program is not an instructional class but designed for volleyball lovers. Each week will be what the players make it. Whether you want to play with your friends or meet new players this is for you. Players will meet every week to play volleyball. Similar to pick-up games, all players need to do each week is to come ready to play. Don't forget your kneepads and your water bottles.

Activity: 174017-A
Location: ARC Main Gymnasium
Day: Thursday
Dates: Sept. 18 - Nov. 13
Time: 6:30 - 8:30 p.m.
Age: 8 - 17 years old
Fee: R \$40/NR \$45
Min/Max: 12/30

VOLUNTEERS NEEDED

Volunteers are essential to our programs; without them we have no program. If you would like to be a volunteer coach, contact the Athletic Supervisor at (708) 389-1003. All team coaches are required to participate and attend any applicable coaches' meetings. Every head coach will complete a State of Illinois Criminal Background Check. Any league specific meetings will be at the Apollo Recreation Center, 12521 S. Kostner, Alsip, IL.

Classic Tastes of Christmas

Dessert Charcuterie

Variety Of Holiday Cookies & Snacks Served On A Holiday Tray

\$60



Individual Treat Bags

Individually Wrapped, Fun, Holiday Cookies & Treats. Perfect For The Kids!!

\$8



Variety Cookies

1 LB Of Nostalgic Homemade Cookies From The 50s, 60s & 70s. Packaged In A Holiday Gift Box

\$25



Homemade Eggnog

32 Oz Homemade Non-Alcoholic / liquor Infused Eggnog Served In A Decorative Reusable Bottle

**Egg
Nog**

\$25

\$30



Order By December 16th

The BackNine
@
Fountain Hills Golf Club
12601 S Kedzie Ave
Alsip, IL 60803
708.388.4653 X403
fbmanager@alsipparks.org

Pick Up Tuesday
December 23rd

Pumpkin Streusel Bread

Homemade Holiday Bread, Packaged In Decorative Container

\$23





12601 S. Kedzie Ave.
Alsip, IL. 60803
(708) 388 - 4653



2025 Fall 2025 Winter Hours of Operation

November 1st thru November 30th

Clubhouse	8:00 am - 6:00 pm
Driving Range	8:00 am - Dusk
Restaurant	11:00 am - 5:00 pm
Lounge	10:00 am - 6:00 pm

December 1st thru February 28th

Clubhouse	9:00 am - 4:00 pm
Driving Range	Open (weather permitting)
Restaurant & Lounge	11:00 am - 3:00 pm

2025 Golf Lessons

Private Lessons: Please visit our website
at www.alsipparks.org or contact us at
708.388.4653 X401



Interested?
To find out more please
call

708.388.4653

2025 Rates

**FOUNTAIN
HILLS**



GOLF CLUB

2025 Fall Rates

October 1st thru November 30th

	WEEKDAY	WEEKEND / HOLIDAY
Regular (after 7:30 am)	\$ 19	\$ 21
Senior	\$ 15	\$ 17
Replay	\$ 11	\$ 13
Junior	\$ 11	\$ 13
Twilight	\$ 11	\$ 13

2025 Winter Rates

December 1st thru February 28th

	WEEKDAY	WEEKEND / HOLIDAY
Regular	\$ 13	\$ 15
Senior	\$ 9	\$ 11
Junior	\$ 9	\$ 11
Replay	\$ 9	\$ 11

2025 Rates

**FOUNTAIN
HILLS**



GOLF CLUB

DAILY
Southtown
BEST OF
CHICAGO'S
SOUTHLAND
2024

Rental Golf Carts & Push Carts

Nine Hole (per person)	\$ 10
Single Rider	\$ 20
Replay (per person)	\$ 7
Push Carts	\$ 4

Range Balls

Warm Up (20)	\$ 4
Small (35)	\$ 6
Medium (70)	\$ 10
Large (100)	\$ 13

Special Fees

Monday & Wednesday Golf Special (9 holes with cart) \$22

***March thru November**

****excluding Holidays or with any other offers / discounts**

Early Bird Special Walking \$12 Riding \$22

***Before 7:30 am Monday thru Friday**

****excluding Holidays - March thru October**

Golf Leagues Outside Groups (Weekdays \$17)



POLICIES & PROCEDURES

Dress Code:

All persons using the Fountain Hills Facilities are required to wear proper attire at all times. NOT PERMITTED: Swim suits, cut off shorts or cut off sleeveless shirts. Clothing must be worn at all times. No one is allowed to go topless.

Reservation Policy:

Reservations can be made up to 7 days in advance. All reservations are guaranteed. Either by 1) online prepayment or 2) guaranteeing with a credit card over the phone through the club.

All golfers are expected to arrive at the golf course at least 10 minutes before their scheduled tee time. Reserved reservation will be given away to walk-in groups 5 minutes prior to a tee time if the reserved group has not checked in and paid for all golfers.

One important thing to remember, tee time is when you are expected to be hitting your ball down the fairway from the first tee, not when you enter the parking lot with your vehicle or are walking in to the pro shop to pay your green fee.

Fountain Hills Golf Club reserves the right to pair players together. Groups of less than four (4) players run the risk of being paired with other pre-paid or walk-in player(s).

Cart Use Policy:

Single Rider Cart Usage: To help offset the additional cost incurred from the increased usage of carts, the wear and tear on those carts because of the additional usage, the additional labor required for cart cleaning and sanitation, not to mention the distress of turf conditions due to the extra cart usage, our facility can no longer maintain the "one cart, one golfer" policy without charging a nominal Convenience Fee. The convenience fee will be \$10 per person per 9 holes. This will be in addition to the regular cart fee rate.

All cart usage is based on availability and we are unable to guarantee single rider carts. We will do our best to accommodate the special request for single rider golf cart use, however we cannot guarantee that one will be available.

POLICIES & PROCEDURES

Cancellations:

A reservation may be cancelled prior to 24 hours in advance of the tee time with no charge either by contacting the golf shop or through the website. Any cancellations made less than 24 hours prior to the tee time will be charged the \$10 No Show Rate, unless in the event of a course closure due to severe weather.

No Show Policy:

A no-show policy will apply to all tee time reservations. The individual making the reservation, whether it is for 1, 2, 3, 4 or more players will be responsible for the entire group's no-show fees, or any portion of the fees if players are missing from the group. No-shows will be charged the \$ 10.00 - NO SHOW FEE

Pace of Play:

It should be a goal of all players to complete their round in 2:15. The Club's course advisors will work with all guests to ensure that an acceptable pace of play is maintained to maximize everyone's enjoyment of their round. It is the responsibility of each group to keep pace with the group ahead. If a group falls out of position and is in danger of not completing their round within the allocated time of 2:15, then our course advisor will assist them in getting back into position, which may require them to skip a shot or hole to do so.

Outside Food & Beverage:

Guests are not allowed to bring in any outside food or beverages on property for consumption. Only food and beverage purchased from The Club may be taken onto the course. Due to the State of Illinois liquor laws, all distribution of alcohol must be controlled by The Club.

NO PERSONAL COOLERS ARE ALLOWED

Now

Booking

2025 / 2026

Banquets



**From staff parties to Holiday Soirees
Fountain Hills Golf Club and Banquets would
like to serve you, your families, friends and
colleagues this year!!!**

**Fountain Hills Golf Club
12601 S Kedzie Ave
Alsip, IL 60803
708.388.4653 x403**

THE BACKNINE

at Fountain Hills



Open year round, The BackNine is a newly renovated full service restaurant, bar and banquet facility located at Fountain Hills Golf Club. We pride ourselves on supporting our surrounding communities by offering many locally brewed and distilled beers and spirits.

Our banquet facility has multiple options to choose from for your special events...

- Full service catering for events hosted at our facility
- Banquet room rental while using an outside licensed and insured caterer
- Bar area rental *Seasonal Availability
- Meeting / Workshop events

The BackNine offers multiple optional amenities for every event and will customize any menu. We strive to ensure your event reflects your own taste and personal touches.

***More information / schedule a viewing:
Contact our Food & Beverage Department
708.388.4653 x403***

Upcoming Events



facebook.com/FountainHillsGolfClub.com

Banquet Catering Menu



Alsip Park District

Family Name _____ Address _____
 City _____ State _____ Zip _____
 Home Phone(____) _____ Work Phone(____) _____ Emergency Phone(____) _____
 Emergency Contact _____ Relationship to Family _____
 Do you have any special needs or require any accommodations? _____

First Name (indicate last name if different)	Gender	Date of Birth	Grade	Activity #	Section #	Program Title	Day/Time	Fee
Total Paid								\$

FAX TO: 708-389-1529
 MAIL TO: Alsip Park District
 12521 South Kostner
 Alsip, IL 60803

Visa _____ Mastercard _____ Discover _____
 Cardholder# _____
 Cardholder Name _____ Exp Date _____
 Amount Charged _____
 Authorized Signature _____

Are you interested in being a volunteer coach for one of our Youth Sport Programs? ☐ Yes ☐ No

For Office Use Only
 _____ Cash _____ Check _____ Charge
 Date Rec'd _____ Check # _____

Participant Shirt Size _____

IMPORTANT INFORMATION

The Alsip Park District is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. The Park District continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for any program or activity must recognize that there is an inherent risk of injury when choosing to participate in any recreational activity.

You are solely responsible for determining if you or your minor child/ward are physically fit and/or adequately skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way or has recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

WARNING OF RISK

Recreational activities are intended to challenge and engage the physical, mental and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury when participating in any recreational activity. All hazards and dangers cannot be foreseen. Depending on the particular activity, certain risks, dangers and injuries may exist due to inclement weather, slips and falls, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction or officiating, and other risks inherent to the particular activity. In this regard, it is impossible for the Park District to guarantee absolute safety.

WAIVER AND RELEASE OF ALL CLAIMS AND PHOTO/VIDEO AUTHORIZATION

Please read this form carefully and be aware that in signing up and participating in this program/activity, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this program/activity (including transportation services, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in this program/activity, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in this program/activity against the Alsip Park District, including its officials, agents, volunteers and employees.

I further authorize and give my consent to the Alsip Park District to photograph/video my child (or me), and without limitation, to use such photographs/video in connection with promoting/advertising the services, programs, and facilities of the Park District, without consideration of any kind

I have read and fully understand the above important information, warning of risk, waiver and release of all claims, and photo/video authorization. If registering on-line or via fax, my on-line or facsimile signature shall substitute for and have the same legal effect as an original form signature.

PLEASE PRINT

Participant's Name _____

Participant's Signature _____ Date _____
 (18 years or older or Parent/Guardian)

PARTICIPATION WILL BE DENIED

If the signature of adult participant or parent/guardian and date are not on this waiver.

Waiting Lists

Since all our programs have registration limits, we can guarantee your choice of enrollment in them. The Alsip Park District maintains waiting lists for programs that have reached their maximum registration. Placement on a waiting list is encouraged. Individuals placed on a waiting list will be contacted if any additional program space becomes available.

OOPS! – Brochure Errors

Though we try our best, due to the large amount of information available in the Alsip Park District Program Guide, errors after publication may occur. We apologize for any inconvenience this may cause, and when errors do occur, our staff will advise you of the changes as soon as possible. We will also attempt to keep information on our website, www.alsipparks.org, as current as possible. Thank you for your patience and understanding.

Special Accommodations

Special Accommodation Services are provided through the inclusion services of the Southwest Special Recreation Association (SWSRA). Requests for this service should be made a minimum of 2 weeks before the start date of any program during the registration process.

Say Cheese

Our Park District photographers periodically take pictures and/or videos of participants in our classes, during special events and out at our facilities and parks. Please be aware that these photos are marketing materials. You must give us written permission if you or your family members do not want to be photographed or published.

Payment/Pro-Rating

Participants will not be registered for programs without payment. Program fees will not be pro-rated for late enrollment.

Residency

Residency of the Alsip Park District is defined by financial contributions through property taxes for the operation of the park district. Boundaries of the Alsip Park District and the Village of Alsip are not exactly the same. If you are uncertain whether you qualify as an Alsip Park District, please check your current property tax bill. Proof of residency in the form of a picture ID and current tax bill or utility bill may be required during program registration. Alsip Park District residents are given first priority for program registration.

Class Cancellation Information

Programs supervisors begin reviewing class enrollment and canceling classes that do not meet minimum enrollment approximately ONE WEEK (five business days), prior to the start date. It is extremely important that you try to register for class choices no later than one week before they begin. All participants registered in cancelled programs will be notified by the Alsip Park District staff and will receive a full refund.

Refund Policy

Individuals submitting a request for a refund for a program will be eligible to receive a refund provided the request meets one of the criteria below: Individual must complete a refund application at the Apollo Recreation Center prior to the start of the program session. No other refunds will be given after two classes of the program session have expired. For various one day seminars, trips or special events, a refund will be given if the following criterion occurs: Individual must complete a refund application at the Apollo Recreation Center one week prior to seminar, trip or special event. There is a \$50 non-refundable processing fee for Summer Camp and Preschool. A processing fee of \$3 is deducted from all refunds with the exception of programs cancelled by the Alsip Park District.

Individuals enrolled in programs, special events or trips that are cancelled by the Alsip Park District will be given a 100% refund and a processing fee will not be assessed.

Program Limitations

Each program at the Alsip Park District has an established minimum and maximum number of possible registrants. These numbers are set to guarantee the highest quality program we can offer. The facility, student/teacher ratio and the nature of the program considered when setting program registration minimums and maximums. Programs that do not meet the minimum number of registrants may be cancelled. Please refer to the Program Cancellation section for additional information. Program instructors are not allowed to accept any registrant beyond the established maximum without authorization by their immediate athletic or recreation supervisor.

Program Confirmation

A confirmation/receipt will be sent to you in the mail once your registration has been processed. If it states ENROLLED, you are enrolled in the program. If it states W-LIST, you are on the waiting list for the program. You will be notified of waiting list status changes. We encourage you to place your name on the waiting list. If the program you desire is full, additional sessions will be opened, if possible.

The Alsip Park District Accepts

Visa, Mastercard, American Express and discover for credit card payments. Sorry, no telephone registration. A \$25 fee is charged on all NSF checks. All future registration registration must be paid by cash, certified check or money order. Payment is due at the time of registration, unless otherwise noted.

Park Watch

We need your help in keeping our parks safe, clean and FREE of vandalism. If you find broken equipment or have any other safety concerns about our park sites or facilities, please contact our Main Office at 708.389.1003. If you see vandalism occurring in the parks, please contact the Alsip Police Department by calling 708.385.6902. The park district is committed to providing a safe place for recreational activities. Thank you for your support in our efforts to provide the residents of the Alsip Park District with quality park site and facilities.

	Ball Diamonds	Basketball Courts	Concession Stand	Disc Golf	Fishing Pond	Football Field	Golf Course/ Driving Range	Indoor Fitness	Indoor Tot Play Area	Infinity Web	Pickleball	Picnic Area	Playgrounds	Restaurant/Banquet Facility	Skate Park	Soccer Fields	Splash Pad	Tennis Courts	Walking/Bike Path Outdoor	Volleyball Courts	Indoor Track
APOLLO RECREATION CENTER- 12521 S. KOSTNER AVENUE		●						●	●		●	●	●								
AUSTIN VIEW PARK - RT. 83 & AUSTIN AVENUE													●					●	●		
BARNES PARK - 117TH & KOLIN AVENUE	●											●	●								
BICYCLE/WALKING PATH- 116th - 127th STREET																			●		
COMMISSIONERS PARK - 12600 S. KEDZIE AVENUE	L4		●		●							●	●			●			●	L2	
CREEKSIDE PARK-113TH & LAMAR AVENUE	●												●								
FOUNTAIN HILLS GOLF CLUB-12601 S. KEDZIE AVENUE							L30 9H						●								
FREEDOM PARK- 131ST & CICERO AVENUE												●	●						T		
KETELAAR TOT LOT - 124TH & WALTER LANE												●	●								
KIWANIS PARK - 122ND - LARAMIE AVENUE																●					
LACROSSE TOT LOT - ENGLE ROAD & LACROSSE		●											●						●		
LARAMIE PARK - 120TH & LARAMIE	●											●	●				●		●		
MARY J. LYNCH SKATE PARK - 119TH PLACE & KOSTNER										●		●			●						
POKEY OAKS - 123RD & LAVERGNE AVENUE													●								
PRAIRIE BALL DIAMONDS - 11910 S. KOSTNER AVENUE	●			●H																	
PRAIRIE VIEW PARK - TERMUNDE DRIVE & TRIPP AVENUE													●						●		
PROGRESS PARK - 122ND AND SPRINGFIELD AVENUE													●								
RONNETREE PARK - 127TH PLACE & KENNETH AVENUE													●								
SEARS PARK - 123RD & TRUMBULL AVENUE	●		●		●		●					●	●			●			●		
SPRAYFARI AQUATIC PARK 11930 S. KOSTNER AVE.			●									●	●				●				
WILKINS PARK - BLOSSOM DRIVE		●											●								

KEY ● = EQUIPMENT LOCATED AT PARK SITE L = LIGHTED F= OUTDOOR FITNESS STATIONS H= HOLES T= CAL SAG TRAIL

