



Winter 2025

Registration Dates:

Resident begins November 12

Non-Resident begins November 18



What's Happening

AT THE ALSIP PARK DISTRICT



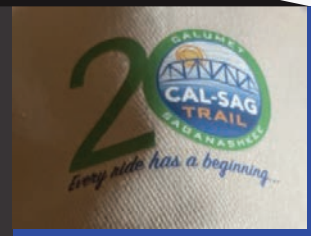
We would like to extend a heartfelt THANK YOU to Vince Cullen for all his hard work and dedication in the support and execution of our Annual Car Show. This past year was our 12th Annual Car Show. It was a great day with many beautiful cars, food and craft vendors and live music. Vince steps up each year to volunteer and ensure a successful show. We are also proud to report that we raised \$250.00 at this event that was donated to the St. Jude Children's Hospital. Thank you, Vince, and thank you to the staff, volunteers and all those that participated.

The Alsip Park District is proud to be part of the cooperative Alsip Fall Fest. Thank you to our Board, Staff and Volunteers for your support of this community event and thank you for all that helped to make this event a success!



The Alsip Park District has received a \$583,000.00 Open Space Land Acquisition and Development (OSLAD) Grant for the redevelopment of Freedom Park. Clearing of this area will begin soon to allow for the redevelopment to begin. Additions will include a new playground, pickleball courts, a nine-hole disc golf course, a dog park and a mountain bike track. Stay tuned for additional updates.

The Alsip Park District is proud to be a partner of the Cal-Sag Trail. We started on this journey 20 years ago and were fortunate enough to complete our western segment (Ridgeland & Rt 83 to 131st & Cicero-Freedom Park), of course with great support within 10 years. We are committed to completing our Eastern segment (Freedom Park to 131st and Pulaski) and have recently made some advancements. In addition to the Cal-Sag Trail, Freedom Park will be completely redeveloped and expanded as described above through the assistance of an OSLAD grant. We would also like to thank the Friends of the Cal-Sag Trail (FOCST) for their ongoing support and dedication to this regional trail.



From staff parties to Holiday Soirees, The BACKNINE at Fountain Hills Golf Club is a great place to host your next event. The BACKNINE is a full-service restaurant, bar, and banquet facility. We can customize any menu and provide the service to best meet the needs of your event. We look forward to serving you.

The Alsip Park District is a proud member of SWSRA!

SWSRA provides year-round quality therapeutic recreation programs and services for individuals with intellectual and/or physical disabilities or special needs. SWSRA programs are designed to increase independence and enhance the quality of life for each individual.

Alsip Park District Board of Commissioners

The Park Board is composed of five non-paid individuals selected by you to serve elected terms. The Board is primarily a policy-making body that reflects the needs and interest of all taxpayers. The Board of Commissioners meets on the fourth Monday of each month at the Apollo Recreation Center, 12521 South Kostner at 6:30 pm. The public is welcome to attend.



**Jerri-Lynn
Kleina**

**Joe
Schmitt**

**Kathleen
Perretta**

**Jackie
Becker**

**Jairo
Gutierrez**

Meet Our Staff

Jeannette Huber, CPRP

Sue Bruesch

Jennifer Torres

Chris Grubb

Mike Dechene

Max Jones

Matthew Radz

Michael Radz

Alex Jarmillo

Richard Gottardo

Danielle Peso Companio

Leslie Guerrero, A.C.E., CPO

Denise Merlo, CPP

Donna Smith

Erica Jagust

Jackie Nelson

Director of Parks & Recreation

Business Manager

Superintendent of Recreation

Superintendent of Parks

Park Foreman

Park Laborer

Park Laborer

Park Laborer

Park Laborer

Fountain Hills Golf Club Manager

Food & Beverage Manager

Aquatic/Fitness Manager

Recreation Supervisor

Office Manager/Business Clerk

Office Staff

Office Staff

Our Mission

The mission of the Alsip Park District is to enrich life through quality leisure services at a variety of parks facilities, while offering programs in the areas of education, social involvement & recreation in a clean, safe environment for individuals of all ages.

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Hours of Operation

Gymnasium

Monday - Friday	9:00 a.m. - 9:00 p.m.
Saturday	9:00 a.m. - 6:00 p.m.
Sunday	9:00 a.m. - 5:00 p.m.

Fitness Center

Monday - Friday	6:00 a.m. - 9:00 p.m.
Saturday	8:00 a.m. - 6:00 p.m.
Sunday	8:00 a.m. - 5:00 p.m.

Registration Office

Monday	8:30 a.m. - 8:00 p.m.
Tuesday - Friday	8:30 a.m. - 5:30 p.m.
Saturday	9:00 a.m. - 12:00 p.m.
Sunday	CLOSED

**As of September 3, 2024*

Co-Ed Circuit

Monday - Friday	2:00 p.m. - 9:00 p.m.
Saturday	12:00 p.m. - 6:00 p.m.
Sunday	12:00 p.m. - 5:00 p.m.

Women's Circuit

Monday - Friday	8:00 a.m. - 2:00 p.m.
Saturday - Sunday	8:00 a.m. - 12:00 p.m.

General Membership Information

1. All Facility Pass registrations take place at the Apollo Recreation Center during regular office hours. Proof of residency is required. One must be a picture I.D. and one current Alsip utility bill. Children should have a school I.D. and must be accompanied by a parent or legal guardian, who must show proper identification.
2. All facility pass members must have a photo I.D. taken at the Apollo Recreation Center.
3. Bring your Facility Pass when registering! Your pass will then be re-validated for the season.
4. The fee to replace a Facility Pass is \$20 for adults 18 & over and \$10 for ages 8 – 17.
5. You must present a valid Facility Pass or Daily Pass before entering the Gymnasium/Fitness Center/Women's Circuit Center. No exceptions will be made!!
6. There are no refunds on Memberships

Gymnasium Membership Information

- The Gymnasium located inside the Apollo Recreation Center is a gymnasium that is left open for you to use for open gym. This facility is open for your use at periodic times during the week when park district activities are not in session. Children under the age of 8 must be accompanied by a valid card-carrying member 16 years and older who must provide supervision for the youth(s) inside the gymnasium.
- Basketballs are available for use with a valid facility pass. Gym shoes must be worn at all times. No dark sole running/jogging shoes allowed in the gymnasium. Hours are subject to change during days of special events or circumstances.

Americans With Disabilities Act (ADA)

The Americans with Disabilities Act of 1991 (Public Law 101-306) was adopted by Congress for the purpose of eliminating discrimination against individuals with disabilities. The Alsip Park District makes every effort to comply with the Americans with Disabilities Act (ADA). We will not discriminate against qualified individuals with a disability for participation in programs and services. The Alsip Park District invites any individual with special needs to notify our staff upon registration so that we may better serve you. Additional programs for people with disabilities are offered through the Southwest Special Recreation Association (SWSRA). For additional information, please contact SWSRA at (708) 389-9423.

Note for Regarding Special Requests

Teams will be selected, for the most part, on a random basis or blind draft. Special requests can only be approved by the Athletic Supervisor. Although special requests will be considered, there are no guarantees that a child will be placed on a specific team or with a specific coach. All request will be taken on a case by case basis and specific considerations will be given to family members (e.g., coaches children & siblings ETC).

Gymnasium Facility Pass Fees

Youth Pass (8 – 17 years)	R \$30/NR \$60
Adult Pass (18 years and older)	R \$75/NR \$150
Corporate	R \$95 per employee



WHO WE ARE:

South West Special Recreation Association (SWSRA) was formed in 1981 to provide year-round quality therapeutic recreation programs and services for individuals with intellectual and/or physical disabilities or special needs. SWSRA programs are designed to increase independence and enhance the quality of life for each individual. SWSRA offers a variety of programming for ages youth to adult.



WHO WE SERVE

- Alsip Park District
- Blue Island Park District
- Hickory Hills Park District
- Village of Merrionette Park
- Midlothian Park District
- Palos Heights Parks & Recreation Department
- Posen Park District
- Worth Park District

AREAS OF SERVICE:

- Weekly Programs (in-person & virtual)
- Special Events
- Adult Day Program
- Special Olympics
- Cooperative Programs
- Inclusion Services
- Sensory Depot

Follow us on...



12521 S. Kostner Ave.
Alsip, IL 60803
708-389-9423
visit us at www.swsra.org

"Building Community through Recreation"



SilverSneakers



SilverSneakers® is a benefit for seniors that comes **FREE** with qualifying Medicare health plans, giving members unlimited access to fitness locations across the country. From weights and machines to group classes led by instructors trained in senior fitness, we have something for everyone at all levels of ability.



You're invited to our **SENIOR CLUB!**

Our Senior Club meets the second and fourth Monday of each month

Meet new people and have some fun!

Call 708-389-1003
for more information



The **Co-Ed Fitness Center** is equipped with Cybex/Bodymaster strength equipment, Apex five station cable crossover strength equipment, free weights, smith machine, x-trainers, treadmills, nu-steps, and 2 recumbent bicycles! We know we have the equipment you need for the perfect workout. All fitness members are required to participate in a fitness orientation. Orientations are done on an appointment basis after a facility pass is purchased and proper attire must be worn. Thirteen year olds can join the Fitness Center, but they must be supervised by another member 18 years or older. For your convenience, the Fitness Center is staffed during all hours of operation.

Women's Circuit Center is equipped with women friendly Body Master/Cybex Strength equipment, Life Fitness treadmills, Ellipticals and a Tetric & Schwinn bicycle. There are a total of 12 strength stations that alternate between 5 cardio machines. A mandatory orientation is required and must be done by appointment only. You must come dressed in workout attire for your orientation. Don't forget to bring a towel. This is a great way to get in shape or stay in shape. We know you're going to enjoy it.



Jammin' Zumba

Come and try this exercise in disguise class. We take the "work" out of workout, by mixing low intensity to high intensity moves for an interval style, calorie burning fitness party. Zumba has easy to follow moves with awesome Latin rhythm that boosts energy, cardio enhancement, and body toning and sculpting. This class is for everybody and every body. Let's get together and sweat it on, ditch the workout and join the Zumba party! No dance experience is needed or required.

Activity: 266428
 Instructor: George Montejano/Lupe Aguado
 Location: Dance Room
 Age: Teen-Adult
 Time: 6:30 - 7:30 p.m.
 Fee: R \$56/NR \$66
 Min/Max: 8/18

Session	Day	Dates
A	Monday	December 9 - February 24
B	Thursday	December 19 - March 6

Membership Type	Fees
Individual Yearly	R\$179 NR \$229
Daily	R \$10 NR \$15
Individual Monthly	R \$20 NR \$30
Senior Monthly	R \$15 NR \$25
Senior Yearly	R \$89 NR \$129
Corporate Yearly	R \$179 per employee
Women's Circuit Center (Monthly)	R \$10
Punch Card (5 time use)	R \$25 NR \$35

Personal Training

The trainer will contact you to set up a meeting and program to fit your needs. You may choose one session or up to any number of sessions with a trainer. Training will take place at the Apollo Recreation Center (ARC) Fitness Center, once you have signed up as a member of the Fitness Center or Women's Circuit Center. Please bring your receipt to your first training session. Training sessions are non-transferable. All training sessions must be used within one year of purchase date or you will forfeit the remaining sessions.

Trainer: Nicholas Miroballi (ASFA Certified)
 Location: ARC/Fitness Center
 Day/Dates: Schedule by appointment
 Age: 16-Adult

NOTE: Your money will not be refunded if you cancel with less than 24 hours' notice of your appointment. A message may be left after hours by calling 389-1003 ext. 318 or ext. 315.

Sessions	Fee
1	\$35
2	\$160
10	\$300

20/20/20

Come spend an hour at the park and get all your fitness goals wrapped up in one class. You will do 20 minutes of cardio to burn fat, 20 minutes of weight training to tone and firm those muscles followed by the final 20 minutes of Yoga/Pilates to increase your flexibility and core strength. What more could you accomplish in one hour of your day?

Note: No class on December 24 or December 31.

Activity: 266508-A
Instructor: Anne Kalch
Location: Aerobic Room I
Age: Teen-Adult
Day: Tuesday
Dates: Dec. 3 - Feb. 18
Time: 9:00 - 10:00 a.m.
Fee: R \$60/NR \$70
Min/Max: 7/10

Senior Fitness

Join us for dynamic movements, resistance training, chair exercises, improving gait patterns and fall prevention. Perform fun exercises from standing and seated positions using resistance bands, dumbbells and other training tools to improve your ability to move with purpose and react quickly. This class emphasizes full body strength, posture re-alignment and pain reduction.

Note: No class on December 24 or December 31.

Activity: 266505-A
Instructor: Anne Kalch
Location: Heritage II Clubhouse
Age: 55+
Day: Tuesday
Dates: Dec. 10 - Feb. 25
Time: 8:00 - 8:45 a.m.
Fee: R \$46/NR \$56
Min/Max: 7/15

Aqua Aerobics

Water Aerobics is a total body workout that helps to increase your range of motion and muscle tone without causing any stress to your body. Limited changing facilities are available; so please come ready to go. Bring a towel and we also recommend aqua shoes for the class. Space is limited due to children's swim lessons in half of the hotel pool during this scheduled class time. Please enter through the main entrance of the hotel.

Note: No class on December 24 or December 31.

Activity: 266524-A
Instructor: Anne Kalch
Location: Doubletree/Hilton Hotel Pool
5000 W. 127th St.
Alsip
Age: Adult-Senior
Day: Tuesday
Dates: Dec. 3 - Feb. 18
Time: 10:15 - 11:00 a.m.
Fee: R \$50/NR \$60
Min/Max: 10/12



Strength & Stretch

This class will focus on strengthening and stretching the muscles of the body to complement the activities of daily living. Some of the specific benefits will be core and joint muscle strength and improved posture, balance, range of motion and decrease in back pain.

Note: No class on December 24 or December 31.

Activity: 266518-A
Instructor: Anne Kalch
Location: Aerobic Room I
Age: Adult
Day: Tuesday
Dates: Dec. 3 - Feb. 18
Time: 8:00 - 8:45 a.m.
Fee: R \$50/NR \$60
Min/Max: 6/15

Line Dancing

Come join in for some fun, good music, exercise and a good time. No previous lessons are required. Steve is an experienced line dance instructor and will help you learn all the necessary steps to each dance that he teaches. Some dances will be easy and others challenging. There will be a wide array of music to dance to. No special attire or a partner is necessary to be part of this class.

Activity: 266404-A
Instructor: Steve Steib
Location: ARC/Aerobic Room
Age: 55 +
Day: Monday
Dates: Dec. 9 - Feb. 24
Time: 6:00 - 7:00 p.m.
Fee: R \$48/NR \$58
Min/Max: 7/15

Cardio Drumming

Cardio drumming takes simple movement, drumming, and turns into a full-body workout that will leave you smiling, sweating and feeling great. Drumming burns calories, builds muscle and gets your heart pumping. It can lower your blood pressure and improves cognitive brain development. All fitness levels welcome, modifications will be provided.

Activity: 266509
 Instructor: Beatice Orendorff
 Location: Aerobic Room I
 Age: 16-Adult
 Fee: R \$48/NR \$58
 Min/Max: 8/20

Session	Day	Dates	Time
A	Thursday	Dec. 12 - Feb. 27	6:00 - 6:45 p.m.
B	Saturday	Dec. 14 - Mar. 1	11:15 - 12:00 p.m.

Kickboxing/Self Defense Class (NEW)

Get a great work out and have fun while learning a valuable skill set. A class focusing on kickboxing for self-defense and the basics of jiu-jitsu. Burn calories while learning to protect yourself. Wear something comfortable to work out in. Boxing gloves recommended, but not a requirement.

Activity: 266538
 Instructor: Nick Waldrom
 Location: Aerobic Room II
 Age: 16-Adult
 Min/Max: 6/20
 Fee: R \$60/NR \$70

Session	Day	Dates	Time
A	Tuesday	Jan. 7 - Feb. 11	7:00 - 7:45 p.m.
B	Saturday	Jan. 11 - Feb. 15	12:00 - 12:45 p.m.

Restorative Yoga with a Twist

Restorative yoga refers to specific principles that focus on relaxation; restoration, and promoting the body's healing and detox processes. It has simplicity, passive poses, deep breathing, and tension release. Restorative yoga is for everyone and there's always a way to modify movements for greater accessibility and enjoyment. This sequence of Yoga poses helps to release tension and tightness in the body. Using the breath and carefully sequenced poses, the body can soften, relax and release.

Activity: 266510
 Instructor: Denise Cholewa
 Location: Aerobic Room
 Day: Saturday
 Age: 18-Adult
 Fee: \$64
 Min/Max: 4/10

Session	Dates	Time
A	February 8	1:00 - 2:30 p.m.
B	March 8	12:30 - 2:00 p.m.

Hatha Yoga 55+

Each class is a unique sequenced class developed to guide students through a systematic progression. This class can be practiced in all stages of life. In this Hatha class, we will focus on correct alignment. You will be able to activate muscle groups in a new way; appreciating the subtle nuances that you may not have noticed in the past. Students will be introduced to the rope wall. The rope wall will help decrease tension in the spine. Come ready to sweat and prepare to leave empowered and feeling strong. All levels of experience are welcome.

Activity: 266536
 Instructor: Denise Cholewa
 Location: Aerobic Room
 Day: Tuesday
 Time: 11:30 - 12:30 p.m.
 Age: 18-Adult
 Fee: \$64/month or \$20/class
 Min/Max: 4/10

Session	Date
A	January 7 - 28
B	February 4 - 25
C	March 4 - 25

Yoga with a Chair

Yoga on the chairs using a specific "Yoga Chair" to deepen your awareness in all aspects of asana. You may be thinking you're in for an easy time, you will discover that the "Chair" can be quite a demanding teacher. You must be able to get up and down from the floor.

Activity: 266546-A
 Instructor: Denise Cholewa
 Location: Aerobic Room I
 Day: Friday
 Date: January 10 - 31
 Time: 11:00 - 12:00 p.m.
 Age: 16-Adult
 Fee: \$64
 Min/Max: 4/15

APD SUMMER *Camp*



**REGISTRATION
OPENS SOON**

ADVENTURES

SPORTS

ARTS & CRAFTS



Before & After School Program

Monday through Friday

GRADES
K-6

The Alsip Park District Power Play! Before & After School Program offers recreation activities, homework assistance, arts & crafts and much more. Our program is offered to those children in District 125 & 126 schools.

Before School:
Time: 6:45 am - School Start
Cost: \$12/Day

After School
Time: School End - 6:00 pm
Cost: \$20/Day

Early Dismissal Day
Time: School End - 6:00 pm
Cost: \$30/Day

Registration deadline is due the Monday prior to the following weeks program. A \$15 late fee will be added if you register on Tuesday.

No registrations will be accepted after 5 pm on Tuesday.

WINTER BREAK CAMP

**DEC 23-
JAN 3**

6:45AM TO 6:00PM

12521 S Kostner Ave
Alsip, IL 60803



**Registration Deadline:
Dec 16th**

★ **AGES: 5 TO 12**

MIN/MAX: 8/13

Activity Number: 240201

Each day please
send your child
with: gym shoes,
water bottle,
lunch, and a snack.

DEC 23	DEC 24	DEC 25	DEC 26	DEC 27
Winter Break Camp! \$45 240201-A	No Winter Break Camp	Happy Holidays! Building Closed	Field Trip to Bowling Alley \$55 240201-B	Winter Break Camp! \$45 240201-C
DEC 30	DEC 31	JAN 1	JAN 2	JAN 3
Winter Break Camp! \$45 240201-D	No Winter Break Camp	Happy New Year! Building Closed	Field Trip to Roller Rink \$55 240201-E	Winter Break Camp! \$45 240201-F

Teen Job Skills Workshop

Are you looking for a summer job to earn some cash? In partnership with the Alsip-Merrionette Park Public Library, the park district is hosting a four-part workshop series on everything related to jobs just for teens! We'll go over searching for jobs, how to interview (including mock interviews), and more. Turn in your finished application on January 30th to be entered into the pool for summer jobs at the Alsip Park District!

Please note these sessions are sequential; sign ups and attendance at all four sessions are strongly encouraged.

Activity: 200318
 Fee: FREE!
 Time: 6:00 - 8:00 p.m.

Session	Date	Topic	Location
A	January 9	Job Searching 101	Alsip-Merrionette Park Public Library
B	January 16	Interviewing 101	Alsip-Merrionette Park Public Library
C	January 23	Workplace Etiquette & Budgeting	Alsip Park District
D	January 30	Mock Interviews	Alsip Park District

Lil' Chefs Academy

Cooking Class for Kids!



\$60 R
\$70 NR

Ages:
6-12

On Tuesdays, Nov 26th - Dec 17th, 2024

Time: 4:30-5:30 pm

Activity Number: 200327-A

I Speak Spanish! – Spanish for Kids

Expand your child's world! Introduce your child to the Spanish language in this Spanish immersion class developed especially for very young learners. Children will be immersed in the Spanish language through fun and educational activities and music. Each session covers new material! No class Jan. 20, Feb. 17, & Mar. 24

Activity: 200205
Instructor: Language in Action
Location: Oak View Center
4625 W. 110th St.
Oak Lawn, IL 60453
Day: Monday
Time: 5:00 - 5:45 p.m.
Age: 3 - Kindergarten
Fee: R \$120/NR \$130
Min./Max: 6/12

Session	Dates
A	Jan. 13 - Feb. 24
B	Mar. 3 - April 7
C	April 14 - May 12

Vamonos Youth Spanish

Learning a second language can open a world of possibilities for your child. In this class, students will learn Spanish conversation and some Spanish grammar, reading, and writing skills through interactive and engaging activities. Each session covers new material! No class Jan. 20, Feb. 17, & Mar. 24

Activity: 200206
Instructor: Language in Action
Location: Oak View Center
4625 W. 110th St.
Oak Lawn, IL 60453
Day: Monday
Time: 6:00 - 6:45 p.m.
Age: 6 - 11 years old
Fee: R \$120/NR \$130
Min./Max: 6/12

Session	Dates
A	Jan. 13 - Feb. 24
B	Mar. 3 - April 7
C	April 14 - May 12

The Spanish Acquisition - Spanish Language Classes for Adults

Have you always wanted to learn a foreign language, but never had the opportunity? In this relaxed, small-class environment; you will learn Spanish conversation, grammar, and phonetics which you can immediately begin using. This class will be tailored to fit the needs of the students enrolled. No class Jan. 20, Feb. 17, & Mar. 24

Activity: 200463
Instructor: Language in Action
Location: Oak View Center
4625 W. 110th St.
Oak Lawn, IL 60453
Day: Monday
Time: 7:00 - 8:00 p.m.
Age: Adults
Fee: R \$120/NR \$130
Min./Max: 6/15

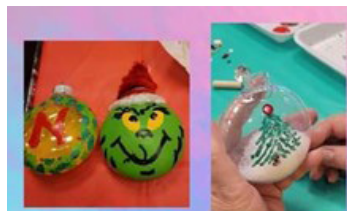
Session	Dates
A	Jan. 13 - Feb. 24
B	Mar. 3 - April 7
C	April 14 - May 12

Paint Party

Join us for a creative and fun event where participants will be guided by a professional instructor into making their very own painting. Class includes step by step instruction for any skill level! No painting experience necessary. All painting supplies included. Open to ALL ages!!

Activity #: 200213
Instructor: Ms. Becky
Location: ARC Green Room
Day: Monday
Time: 5:30 - 6:30 p.m.
Age: All
Fee: R \$40/NR \$50
Min./Max.: 6/12

Session	Item	Date	Registration Deadline
A	Custom Ornaments	December 9	December 2
B	Guided Painting	January 13	January 6
C	Light Up Valentine Bottles	February 10	February 3



Rock N' Kids

Maracas and clackers and tambourines, too; it's musical fun just for you! Our active, music-based, creative play programs include songs and rhymes, rhythm and coordination, fine and gross motor, imagination and sensory, listening and following directions skills, and more! Structured activities are age appropriate by class and include use of engaging rhythm instruments, movement props, and sensory materials. Sing, dance, play, learn and imagine! www.rockitkids.com

Tot Rock

Activity: 200143
Instructor: Rock N' Kids
Location: Oak View Community Center
4625 W. 110th Street
Oak Lawn, IL 60453
Day: Thursday
Time: 5:30 - 6:10 p.m.
Age: 1 yr. w/adult
Fee: R \$70/NR \$80
Min./Max.: 4/12

Session

Dates

A January 9 - February 6
B February 20 - March 20

Kid Rock

Activity: 200144
Instructor: Rock N' Kids
Location: Oak View Community Center
4625 W. 110th Street
Oak Lawn, IL 60453
Day: Thursday
Time: 6:15 - 6:55 p.m.
Age: 2-3 yrs. w/adult
Fee: R \$50/NR \$60
Min./Max.: 4/12

Session

Dates

A January 9 - February 6
B February 20 - March 20

Piano Lessons

Mozart, Bach, and Beethoven move over!! Have you ever wanted to learn piano in a fun and relaxing way? Then come on over! You will learn the basics of note reading and musical theory. Musical pieces will progress with the student's abilities. All first-time students must purchase the John W. Schaum book, Making Music Method- Middle-c Approach: Primer Level Early Elementary Level coming to class. Your time and day of the lesson will be arranged after you register. You choose the most convenient time! Lessons are private and 30 minutes in length for a four-week session. Piano is a great hobby that lasts a lifetime. One make-up session is allowed per session. Registration deadline for Session A is December 30th and for Session B is February 3rd.

Activity #: 200305
Instructor: Marjorie Kuiper
Location: ARC Red Room
Day: Instructor Arranged
Time: 30 minute sessions
Age: 7 - Adult
Fee: R \$105/NR \$115
Min./Max.: 2/10

Session

Dates

A January 6 - January 31
B February 10 - March 7

Magic Madness

Kids, you are guaranteed to have a fantastic time in this hands-on-magic workshop! You will learn a collection of awesome and amazing tricks you can perform at home. All supplies needed to repeat the tricks will be handed out in class. You really will go home with a bag of tricks! Children are grouped by age and are taught age-appropriate tricks they can master. Sign up again and again, new tricks are taught each session!

Activity #: 200421-A
Instructor: Gary Kantor
Location: Oak View Community Center
4625 W 110th Street
Oak Lawn, IL 60543
Day: Wednesday
Date: February 5
Time: 6:45 - 7:40 p.m.
Age: 5-12
Fee: R \$25/NR \$35
Min./Max.: 5/35



Light Up the Park

Join the Alsip Park District as we officially kick off the Christmas Season with our annual Tree Lighting Ceremony! Help Mrs. Claus count down as we Light up the Park. Christmas carols, hot cocoa and cookies will be enjoyed.

Location: Apollo Recreation Center at the Evergreen Tree in front
 Day: Tuesday
 Date: November 19
 Time: 6:30 p.m. SHARP
 Age: All ages
 Fee: FREE

Breakfast with Santa

Santa is taking a break from his busy schedule to come visit his friends at the Alsip Park District. We will enjoy a catered breakfast buffet with plenty of time to visit the game and craft corner and a photo op with Santa.

Activity #: 283644-A
 Location: ARC Main Gym
 Day: Saturday
 Date: December 14
 Time: 9:00 a.m. - 10:30 a.m.
 Age: All ages;
 2 and under are free
 Fee: R \$15/NR \$20
 Min./Max.: 50/150
 Registration Deadline: December 6

Candy Cane Hunt

How many candy canes can you find? Kids will have a blast as they hunt for candy canes, some will be specially marked for an extra prize. Cookies and hot chocolate will be served. Dress for the weather as we plan to be outside. Must pre-register to attend.

Activity #: 283627-A
 Location: ARC Playground
 Day: Thursday
 Date: December 12
 Time: 6:00 - 7:00 p.m.
 Age: 3 - 12 year olds
 Fee: R \$10/NR \$15
 Min./Max.: 25/50
 Registration Deadline: December 5

Cookies with Mrs. Claus

Come celebrate the Christmas season with Mrs. Claus. We are lucky that Mrs. Claus was able to schedule some time with her friends at the Alsip Park District this holiday season. We will bake and decorate cookies, enjoy some hot chocolate and light snacks. While the kids are enjoying some of the baked cookies, Mrs. Claus will read a story.

Activity #: 293628-A
 Instructor: Mrs. Claus & APD Staff
 Location: ARC Kitchen
 Day: Wednesday
 Date: December 18
 Time: 6:00 - 7:30 p.m.
 Age: 2-12 year olds
 Fee: R \$15/NR \$20
 Min./Max.: 10/25
 Registration Deadline: December 11

Letters From Santa

The Apollo Recreation Center is one of the few places where Santa's Magic Mailbox is placed. If your child would like to receive a letter from Santa, have them write him one and drop it in the mailbox of the Apollo Recreation Center between December 1-December 15. Please make sure your return address is included.

You can address your letter to: Santa's Workshop
 9 Reindeer Way
 North Pole

Santa also has an e-mail address with the Alsip Park District so if you would rather send an email, please send to SANTA@alsiparks.org

Calls From Santa

Would your child love to receive a phone call from Santa Claus? If so, please stop by the Apollo Recreation Center to complete a request form. Calls are currently being scheduled between December 9-11

Family Bingo Mornings

Join us for a family friendly morning of a themed B I N G O each session! We will supply bingo cards and prizes. Prizes will include a variety of items ranging from gift cards to decorations. All ages are welcome. Children under age 10 must be accompanied by an adult.

Activity #: 243607
 Instructor: APD Staff
 Location: ARC Community Room
 Day: Saturday
 Time: 10:00 - 12:00 p.m.
 Age: All (under 10 years must be accompanied by an adult)
 Fee: R \$17/NR \$25
 Min./Max.: 15/50
 Registration Deadline: One week before each session

Session	Dates
A	January 11
B	February 8
C	March 8

4th Annual Cardboard Snowhill Regatta

Use nothing but cardboard and duct tape to construct your sled to use at the Commissioners Park Sled Hill. There will be a winner in each age category: 4 and under, 5 to 10, 11 to 15 and 16 and up. There will also be a prize for most creative sled overall. Pre-registration is required for this event.

Activity #: 243605-A
 Location: Commissioners Park Sled Hill
 12600 S Kedzie
 Day: Saturday
 Date: February 1
 Time: 10:00 a.m.
 Age: All
 Fee: Free
 Min./Max.: 10/50
 Registration Deadline: January 27

Alsip Park District presents... Winter Fest

Santa lands via Helicopter at 12pm
 Check our FACEBOOK and website at
www.alsipparks.org for up to date information

DECEMBER 7, 2024
 12:00PM-3:00PM

Aquatic Park Grounds
 11930 S. Kostner

Event Main Sponsor:



Family Sweetheart Dance

Take a break from all the hustle and bustle and enjoy a family night out! This is your chance to dress your best and enjoy a night of dancing. Pizza and cupcakes will be served while the DJ plays your favorite music. We will also have a craft area if you need to give those dancing shoes a break! Registration is per person; ages 2 and under are free.

Activity #: 293541-A
 Location: ARC Main Gym
 Day: Friday
 Date: February 21
 Time: 6:00 - 8:00 p.m.
 Age: All Ages
 Fee: R \$15/NR \$20
 Min./Max.: 40/100
 Registration Deadline: February 14

Flashlight Shamrock Hunt

Bring your flashlights and join us on a hunt at Apollo to find what those sneaky leprechauns have left behind. We will create our own leprechaun hats and shamrock shakes to enjoy.

Activity #: 283646-A
 Instructor: APD Staff
 Location: ARC Green Room
 Day: Monday
 Date: March 17
 Time: 6:00 - 7:00 p.m.
 Age: 2 - 12 years
 Fee: R \$10/NR \$15
 Min./Max.: 25/52
 Registration Deadline: January 17

Spring Fishing Derby

Did you know: more than 44 million Americans enjoy fishing every year? Studies show that fishing helps lower levels of cortisol, the hormone that causes stress. Come join us for a relaxing morning of fishing with your friends and family! This yearly event is rewarding for all and it is FREE. Prizes will be awarded for the event's milestones such as first fish, largest fish, smallest fish, and most fish. Pre-Registration is STRONGLY recommended for this Alsip Resident Event. Don't forget your fishing gear.

Activity #: 274080-A
 Location: Commissioners Park Pond
 Day: Saturday
 Date: March 8
 Time: 8:30am – 10:30am
 Age: ALL
 Fee: FREE
 Min/Max 5/50

Drive In Movie

In honor of National Goof Off Day, pile your family and friends in the car and join us for a Drive In Movie to enjoy a viewing of Ferris Bueller's Day Off. Registration fee per vehicle includes one large pizza (cheese, sausage or pepperoni); one six pack of pop (coke, diet coke or sprite), one gallon size bag of popcorn and two boxes of movie candy. Additional items can be added:

Activity #:	283608-A	Additional Pizza:	\$15.00 each
Location:	ARC Parking Lot	Additional 6 pack pop:	\$6.00 each
Day:	Saturday	Additional 1 gal bag of popcorn:	\$3.00 each
Date:	March 22	Additional Candy:	\$2.00 per box
Time:	Movie starts at Dusk Vehicles can check in beginning at 6:30 p.m.		
Age:	All ages		
Fee:	R \$35/NR \$40		
Min./Max.:	20/40		
Registration Deadline:	March 14		

Parent & Tot Playnastics (Unstructured)

This program is a supervised and unstructured opportunity where your child can be active and socialize with others. The gym provides various mats for climbing, balance beams, balls, and tunnels for your child to be active. Every class will begin with group stretching and conclude with relaxation exercises. Participants must have a parent or guardian present.

Girls Gymnastics Level 1

Our one hour gymnastics class is for girls 7 to 12 years of age with little to no gymnastics experience. Each one hour class will focus on skill for vault, bars, beam, and floor. Girls must wear a leotard or shorts and a fitted t-shirt.

Girls Gymnastics Level 2

Once your daughter has successfully completed Gymnastics Level 1 and has a coach's endorsement, she will be ready for this class. Level 2 is a one hour class designed for 7 to 12 year olds and will provide gymnasts a continuation of skill progression. Gymnasts will continue with all equipment used in the Level 1 Class. Girls who have gymnasts experience may request a skill evaluation to determine if this class is appropriate for their ability level. Girls must wear a leotard or shorts and a t-shirt.

Parent & Tot Playnastics (Structured)

This structured class will provide group activities as well as independent playtime for you and your child to socialize. Children will have the opportunity to utilize gymnastics equipment to jump, climb, crawl and swing in a safe environment. Class goals include listening skills, fundamental movement, coordination, fine and gross motor skill development, and body awareness. Participants must have a parent or guardian present.

Boys/Girls Tumbling

This 45 minute class is for boys and girls ages 7 to 12 who would like to learn to tumble. Participants will learn a progression of rolls, cartwheels, handstands, round offs, limber skills, walkovers, and handsprings. Using a variety of practice drills, tumblers will begin with the basics and individually progress through more advanced skills. Participants must wear a leotard or shorts and a fitted t-shirt.

Pre-School Gymnastics

Our pre-school gymnastics class is designed for children ages 3 to 4. Each 45 minute class will focus on beginner skills for vault, bars, beam, and floor. Gymnasts will also develop body and spatial awareness, as well as confidence while using the springboard, pre-school and low bar, low and medium balance beam, floor, and various skill shapes. Participants must wear a leotard or shorts and a t-shirt

Kinder Gymnastics

This 45 minute class is designed for boys and girls ages 5 and 6. Participants will gain experience on the springboard, low and medium balance beams, pre-school and low bar, as well as the floor. Gymnasts will also develop body and spatial awareness along with confidence using our many skill shapes and trainers. Participants must wear a leotard or shorts and a t-shirt

Gymnastics Shooting Stars (PRE-TEAM)

The Shooting Stars program trains 2 days a week and is for those girls who have the ability to train specifically FOR the Alsip Stars (gymnastics competitive team). This class is designed for gymnasts to work on skills that are required to be on the competitive team. This will allow for gymnasts to make an easy transition from gymnastics class to competitive gymnastics. This class is also for gymnasts who want to excel in gymnastics without competing. *Please note that gymnasts who are interested in joining the Alsip Stars Gymnastics Team must participate (or have participated) in the Shooting Stars program (consecutively) until their skill level has reached competitive status. Once your gymnast is ready to join the Alsip Stars Gymnastics Team, she will be notified by a coach.

ALSIP STARS GYMNASTIC TEAM IS BY PLACEMENT ONLY.

Gymnastics – Alsip Stars (TEAM)

The Alsip Stars Gymnastics Team trains 2 or 3 days a week, year round. The Alsip Stars Team is designed only for gymnasts who will be competing on our competitive team. Our Gymnastics Teams compete in the Illinois Park District Gymnastic Conference from January to May. Any fees related to competition (leotards, warmups, meet fees etc.) are in addition to the Alsip Park District registration fee. For more information, please contact the gymnastics staff.

ALSIP STARS GYMNASTIC TEAM IS BY PLACEMENT ONLY.

****We also offer private tumbling classes for Cheer Teams or groups: please contact gymnastics staff for more information****

<u>Program & Activity Number</u>	<u>Ages</u>	<u>Day</u>	<u>Time</u>	<u>Start/End</u>	<u>Fee</u>	<u>Min/Max</u>	<u>No Class</u>
Parent & Tot Playnastics (Unstructured) #274171-A #274171-B	Crawl – 2 years	Thursday	9:30 – 10:00 a.m.	Jan. 9 – Feb. 27 (A) Mar. 6 – May 1 (B)	R \$25 NR \$45	6 cpl 12 cpl	
Parent & Tot Gymnastics (Structured) #274167-A #274167-B	2 & 3 years	Tuesday	4:30 – 5:00 p.m.	Jan. 7 – Feb. 25 (A) Mar. 4 – May 6 (B)	R \$25 NR \$45	6 cpl 12 cpl	
Pre-School Gymnastics #274177-A #274177-B	3 & 4 years	Tuesday	5:05 – 5:50 p.m.	Jan. 7 – Feb. 25 (A) Mar. 4 – May 6 (B)	R \$36 NR \$56	3/6	
Kinder Gymnastics #274168-A #274168-B	5 & 6 years	Thursday	4:30 – 5:15 p.m.	Jan. 9 – Feb. 27 (A) Mar. 6 – May 1 (B)	R \$36 NR \$56	4/8	
Girls Gymnastics Level 1 #274185-A	7 – 12 years	Thursday	6:10 – 7:10 p.m.	Jan. 9 – Feb 27	R \$48 NR \$68	6/10	March 27
Girls Gymnastics Level 2 #274186-A	7 – 12 years	Friday	4:30 – 5:30 p.m.	Jan. 10 – Feb. 28	R \$48 NR \$68	6/10	March 28
Boys/Girls Tumbling #274246-A	7 – 12 years	Thursday	5:20 – 6:05 p.m.	Jan. 9 – Feb. 27	R \$36 NR \$56	4/8	March 27
Gymnastics Shooting Stars (Pre-Team)** #274228-A	6 & up	Monday & Wednesday	4:30 – 6:00 p.m.	Jan. 6 – May 7	R & NR \$186	3/12	March 24 March 26
Gymnastics Alsip Stars (Team)** #274216-A #274216-B	6 & up	Monday Wednesday Friday	5:30 – 7:30 p.m.	Jan. 6 – May 9	\$234 (A) \$351 (B)	3/12	March 24 March 26 March 28

****by placement ONLY**





ALSIP PARK DISTRICT



YOUTH TRAVEL

BASKETBALL



**FOR BOYS & GIRLS
GRADES 1ST - 8TH**

**STARTS
DEC 2024**

ACTIVITY #

174003-A

174003-B

174003-C

174003-D

174003-E

174003-F

174003-G

DIVISION AGE/GRADE

1ST & 2ND GRADE BOYS/GIRLS

3RD & 4TH GRADE BOYS

3RD & 4TH GRADE GIRLS

5TH & 6TH GRADE BOYS

5TH & 6TH GRADE GIRLS

7TH & 8TH GRADE BOYS

7TH & 8TH GRADE GIRLS

REGISTRATION

\$90R/\$110NR

GAME DAYS

SATURDAYS/SUNDAYS

GAME TIME

BETWEEN 9AM-2PM



WWW.ALSIPPARKS.ORG



Alsip Park District Girls 12" Softball Clinic

Batter Up! It's that time of year. The Alsip Park District 2025 Girls 12" Summer Softball Season is right around the corner. Girls between the ages of 11-18 are eligible to register for this clinic. Ages 11-14 will primarily focus on preparing girls for the upcoming season. Players will learn the basic mechanics of base running, infield and outfield play, and batting. Ages 15-18 will focus on reinforcing and continuing to develop the batting, base running, and fielding skills previously learned at the lower levels. Sportsmanship and teamwork will also be covered. This clinic will be held on Sunday afternoons at the Apollo Recreation Center and will be conducted by our softball coaching team. All participants should dress accordingly and provide their own mitt. Spikes and/or dark soled shoes are not allowed on the gym floor. Ages may be combined due to low enrollment.

Activity: 274036-A
 Location: ARC
 Day: Sundays
 Date: January 14 – March 3
 Fee: R \$25/NR \$30
 Min/Max: 10/30
 Registration Deadline: January 8

Session	Age	Time
A	11 - 14	12:00 - 2:00 p.m.
B	15 - 18	2:00 - 4:00 p.m.

Open Pickleball

Alsip Park District open gym times are now available at the Apollo Recreation Center for Pickleball. Pickleball combines tennis, badminton, and ping pong for a fun game. The game is played on a badminton court with the net lowered at the center and played with a wiffle ball and composite paddles. It is easy for beginners to learn, but can develop into a quick, fast-paced, competitive game for experienced players. Our two Pickleball courts are on a first-come first-serve basis. Pickleball Open Play is dependent upon availability AND reservations must be made. Members can come and play for free. Non-Member fees (both resident and non-resident) are below and must be arranged with Registration Office (see Registration Office hours).

Days: Mondays through Fridays
 Age: 8 and Up
 Time: Varies (Call to Reserve Time)
 Fee: Free with Membership/
 Non-Member Fee: R \$5/ NR \$10
 Location: Main Gym

Girls 12" Fast Pitch Softball Program

This recreational program is being offered to girls 11-18 years of age. The goal of the program is to develop the fundamental skills for 12" Fast-pitch Softball which includes fielding, hitting, base running, and pitching. The program is also designed to teach sportsmanship and to have fun. This program will include Home Games at Commissioners Park & Away games will be determined by the Southwest Interleague (SWI). Each Division will include a week of playoffs (dates/times to be determined). Practice times will be during the week, with specific times and locations to be selected by our volunteer coaches. All participants will receive a jersey, pants, socks, and an end of the season award. Participants must register in their appropriate age division. The cut-off date for a participant in a division will be January 1st, 2025. Divisions may be combined due to low enrollment. *Protective facemask are highly encouraged to be worn by any player playing the field!*

Activity: 274060
 Location: Commissioners Park
 Dates: April – June
 Game Times: Varies
 Fee: R - \$90/ NR - \$110 (\$20 additional fee after 04/01/2025)
 Min/Max: 12/60 per Division

Session	Division	Age
A	Under-12	11 & 12 years
B	Under-14	13 & 14 years
C	Under-16	15 & 16 years
D	Under-18	17 & 18 years*

*Plays in June & July

Volunteers Needed

Volunteers are essential to our programs; without them we have no program. We need volunteers specifically Coaches. If you would like to be a team coach, contact the Athletic Supervisor at (708)-389-1003. All team coaches are required to participate and attend any applicable coaches' meetings as well as actively assist on draft day (if applicable). Every head coach will complete a state of Illinois Criminal Background Check. Any league specific meetings will be held at the Apollo Recreation Center, 12521 S. Kostner, Alsip, IL.

Junior All Sports

Join us for a class like no other. This class is focused on trying new things: each week we will play a different sport. We will focus on warming up, specific skills, cool down and breathing activities to center ourselves as well as much more. Special attention is paid to taking turns, sharing, presentation skills, sportsmanship, picking yourself up and other foundations that all sports are built on. This class does not take itself too seriously. Parents don't forget your gym shoes as you will be called upon to join in the fun. Some of the many sports may include basketball, pillow polo, pickleball, kickball, and soccer. In addition, participants play many popular running and group games. Players acquire new skills and develop confidence in games they have played in previous years. Classes may be separated due to larger class size (6:05 – 7:05 PM). This season, as the weather permits, we may have class outside. Don't forget your water bottle.

Activity #: 274296-A
 Location: ARC Small Gym
 Day: Tuesdays
 Date: January 14 – March 25
 Time: 5:00 – 6:00 p.m.
 Ages: 4 - 8 year olds
 Fee: R \$100/NR \$110
 Min/Max: 4/15

New Traditions Riding Academy

There are endless benefits associated with horseback riding. The Alsip Park District is working with New Traditions Riding Academy to provide Horseback Riding Lessons. New Traditions staff will teach riders to ride for pleaser or to show competitively. Riders must wear long pants, heels no higher than 1-1/2 inch , and wear ASTM/SEI Certified Riding Helmet. Helmet rental is \$2 per lesson or available for purchase for \$33.95. Participants will choose 5 1-hour lessons. Note: Lessons are on a floating schedule/subject to change.

Instructor/Location: New Traditions Riding Academy
 10100 S. Kean Ave.
 Palos Hills, IL 60465
 Activity: 274313-A
 Location: New Traditions Riding Academy
 Fee: \$265: Five 1-hour lessons
 Age: 7 & Up

Class	Day	Time
Beginner Basics	Mondays	4:30pm
Beginner Basics	Wednesdays	4:30pm
Beginner Basics	Saturdays	2:30pm
Beginner Basics	Sundays	12:00pm
Adult Beginners	Sundays	12:00pm

Southwest Ice Arena Skate Programs - Ice Skating Classes

The Southwest Ice Arena will be holding skate classes in January 2025 through February 2025. Learn basic skating or expand your skills to an advanced level. The Snowplow 1 (tot) classes consist of 30 minutes of instruction per week while all other classes consist of 45 minutes of instruction plus 15 minutes of practice time. Helmets are not required: if not wearing a helmet, a thick hat is recommended along with a warm pair of gloves. Dressing in layers is preferred over bulk winter coat/snowsuit. Skate rentals are available for \$4 per use.

Activity #: 205221
 Location: Southwest Ice Arena
 5505 127th St, Crestwood

Session	Class	Age	Day	Time	Date	Fee
A	Tots 1	3 - 5 years	Wed	4:30 - 5:00 p.m.	Jan. 8 – Feb. 26	R \$122/NR \$132
B	Tots 1	3 - 5 years	Sat	11:00 - 11:30 a.m.	Jan. 4 – Feb. 22	R \$122/NR \$132
C	Ice Explores	2 - 4 years	Sat	11:00 - 11:30 a.m.	Jan 4 – Feb 22	R\$122/NR \$132
D	Teen/Adult	13 & Up	Wed	7:00 - 8:00 p.m.	Jan 8 – Feb 26	R \$136/NR \$146
E	Basic 1	6 - 12 years	Wed	5:00 - 6:00 p.m.	Jan 8 – Feb 26	R \$136/NR \$146
F	Basic 1	6 - 12 years	Sat	10:00 - 11:00 a.m.	Jan 4 – Feb 22	R\$136/NR\$146

Youth & Teen Volleyball Club

Join us for some Volleyball Fun this Winter. This coed program is a class designed for volleyball lovers. With minimal instruction, each week will be what the players make it. Whether you want to play with your friends or meet new players this is for you. Players will meet every week to play. Don't forget your knee-pads and your water bottle!

Activity #: 274017-A
 Location: ARC Small Gym
 Day: Thursdays
 Date: Dec. 5 – Feb. 6
 Time: 6:30 – 8:30 p.m.
 Age: 8 – 17 year olds
 Fee: R \$25/NR \$30
 Min/Max: 4/30

Women's Winter Volleyball League

Spike your way to fun by participating in our Women's Winter Volleyball League. The league is available for women 18 and older to participate. The league requires a minimum of four teams and a maximum of 12 teams. All competition is played on Monday evenings at the Apollo Recreation Center, located at 12521 S. Kostner Ave., Alsip. Team rosters are limited to 12 players. Ask us about team referral incentives.

Activity #: 274009-A
 Location: ARC
 Day: Monday
 Dates: Begin January 27
 Time: Games will start at 7:00, 7:45, or 8:30.
 Please arrive ahead of time for warmup
 Age: Adult
 Fee: R \$375/NR \$400
 Min/Max: 4 team/ 12 teams

Illinois Shotokan – Pre-Karate Youth, & Adult

Illinois Shotokan Karate Club is Chicagoland's premier karate school taught under the instruction of John DiPasquale, a four-time National Champion and President of the American Shotokan Karate Association. ISKC's karate classes offers a good mix of strength training, with cardiovascular and flexibility exercises. Students increase their coordination, agility and poise, as well as learn lasting personal safety skills. They also benefit from the mental stimulation of learning the choreographed moves of the kata and the discipline of conforming to the class rules.

- Uniforms and Belt-Testing are options available through the ISKC instructor.
- Please note that the Youth and Adult classes will train together.
- Beginner students will not be permitted to register into the current session after the second class has met. Registration for continuers through advanced students will be accepted after the start date, but the full class fee is required.
- Please visit WWW.ISKC.COM for more information or call us at 847/359-0666.* Registration for continuers through advanced students will be accepted after the start date, but the full class fee is required.

* Please visit WWW.ISKC.COM for more information or call us at (847) 359-0666.

Activity: 238257
 Instructor: Illinois Shotokan Karate Club Staff
 Location: ARC Multi-Purpose Gymnasium
 Day: Friday
 Dates: January 10 - March 28
 Fee: R \$171/NR \$181
 Registration Deadline: Before the second class



Session	Time	Age	Level	Min/Max
A	4:30 - 5:15 p.m.	4 - 6	Beginner (No prior experience)	4/12
B	5:20 – 6:05pm	4 - 6	Continuer (White w/stripes & up)	4/12
C	6:15 – 7:10pm	7 & Up	Beginner/Continuer (White-Red Belts)	4/20
D	7:15 – 8:10pm	7 & Up	Inter/Advanced (Orange Belts & Up)	4/20

Lunch Bunch

Join our lunch bunch for a gathering each month to meet and dine with new friends. Leave the driving to us and enjoy your yourself. Fee includes round trip transportation in the Alsip Park District bus and parking when applicable. The cost of lunch, drinks, tips, etc is at your own expense.

Activity:	283765	Session	Date	Restaurant
Day:	Thursday	A	January 16	North & Maple
Time:	11:00 a.m. - 2:00 p.m.	B	February 13	Broosters & Babba Grill
Age:	18 years and older	C	March 20	Bub City
Fee:	R \$12/NR \$15			
Min/Max:	7/14			

Elvis's 90th Birthday at Fireside Theatre

Join us as we travel to The Fireside Dinner Theatre to celebrate Elvis' 90th Birthday. The Fireside and Legends in Concert will kick off with jumpsuits, black leather, swiveling hips, and leg-shaking, presenting their newest retrospective of Elvis' life in music told through the eyes of the world's best tribute artists. You will arrive at the Recreation Center and enjoy some light snacks before departing to the theatre. Upon registration, please indicate your choice of lunch entrée: Grilled Pork Ribeye, Trout, Sliced Roast Beef Tenderloin or Vegetarian Pesto Orecchiette. Lunch also includes: Cream of Asparagus Soup, Freshly Baked Breads from the Artisan Bakery, Flourless Chocolate Cake, Coffee, Tea, and Milk. Registration fee includes round trip coach bus transportation, light snacks, lunch and show including all tips and tax.

Activity #: 285676-A
 Instructor: APD Staff
 Location: Ft. Atkinson, WI
 Day: Friday
 Date: January 10
 Time: 7:45 a.m. - 6:00 p.m.
 Age: 18 years and older
 Fee: R \$175/NR \$180
 Min./Max.: 25/30
 Registration Deadline: December 13

Westside Story at Fireside Theatre

From the first notes to the final breath, WEST SIDE STORY is a theatrical event not to be missed. Shakespeare's Romeo and Juliet is transported to modern-day New York City as two young lovers find themselves caught between warring street gangs. Join us as we travel to The Fireside Dinner Theatre Upon registration, please indicate your choice of lunch entrée: Sliced Pork Tenderloin, Coconut Chicken, Seared Halibut or Vegetarian Stuffed Bell Peppers. Lunch also includes: Lemon Chicken Orzo Soup, Freshly Baked Breads from the Artisan Bakery, Cherry Crisp, Coffee, Tea, and Milk. Registration fee includes round trip coach bus transportation, light snacks, lunch and show including all tips and tax.

Activity #: 285677-A
 Instructor: Starlight Tours and APD Staff
 Location: Ft. Atkinson, WI
 Day: Thursday
 Date: February 27
 Time: 7:45 a.m. - 6:00 p.m.
 Age: 18 years and older
 Fee: R \$175/NR \$180
 Min./Max.: 25/30
 Registration Deadline: January 27

Four Winds Casino

Join us for a coach bus ride with Starlight Tours to the beautiful Four Winds Casino in New Buffalo, Michigan. You will arrive at the Apollo Recreation Center and enjoy some light snacks before departing to the casino for a day of fun! Registration fee includes round trip coach bus transportation, light snacks, \$15.00 slot play and \$10.00 food voucher.

Activity #:	283709	Time:	8:15 a.m. - 6:00 p.m.
Instructor:	APD Staff	Age:	21 years and older
Location:	New Buffalo, Michigan	Fee:	R \$65/NR \$70
Day:	Wednesday	Min./Max.:	25/52
Date:	January 29	Registration Deadline:	January 17



Classic Tastes of Christmas



Dessert Charcuterie

Variety Of Holiday
Cookies & Snacks
Served On A Holiday
Tray

\$60



Individual Treat Bags

Individually Wrapped,
Fun, Holiday Cookies &
Treats.
Perfect For The Kids!!

\$6



Variety Cookies

1 LB Of Nostalgic
Homemade Cookies
From The 50s, 60s &
70s. Packaged In A
Holiday Gift Box

\$23



Homemade Eggnog

32 Oz Homemade
Non-Alcoholic / liquor
Infused
Eggnog Served In A
Decorative Reusable Bottle

Egg
Nog

\$25

\$30



Order By December 15th

The BackNine
@
Fountain Hills Golf Club
12601 S Kedzie Ave
Alsip, IL 60803
708.388.4653 X403
fbmanager@alsipparks.org

Pick Up Monday
December 23rd

Pumpkin Streusel Bread

Homemade Holiday Bread,
Packaged In Decorative
Container

\$20



THE BACKNINE

at Fountain Hills



Open year round, The BackNine is a newly renovated full service restaurant, bar and banquet facility located at Fountain Hills Golf Club. We pride ourselves on supporting our surrounding communities by offering many locally brewed and distilled beers and spirits.

Our banquet facility has multiple options to choose from for your special events...

- Full service catering for events hosted at our facility
- Banquet room rental while using an outside licensed and insured caterer
- Bar area rental *Seasonal Availability
- Meeting / Workshop events

The BackNine offers multiple optional amenities for every event and will customize any menu. We strive to ensure your event reflects your own taste and personal touches.

***More information / schedule a viewing:
Contact our Food & Beverage Department
708.388.4653 x403***

Upcoming Events



facebook.com/FountainHillsGolfClub.com

Banquet Catering Menu



OPEN YEAR ROUND



12601 S Kedzie Ave
Alsip, IL 60803

Daily Specials

ORDER NOW

708.388.4653



*Now
Booking*

**2024 / 2025
Banquets**



From staff parties to Holiday Soirees
Fountain Hills Golf Club and Banquets would
like to serve you, your families, friends and
colleagues this year!!!

Fountain Hills Golf Club
12601 S Kedzie Ave
Alsip, IL 60803
708.388.4653 x403

Fountain Hills Golf Club

12601 S Kedzie Ave

Alsip, IL. 60803

708.388.4653



Banquet / Restaurant
Menu



Upcoming Events



Course
Information

OPEN YEAR ROUND

POLICIES & PROCEDURES

Cancellations:

A reservation may be cancelled prior to 24 hours in advance of the tee time with no charge either by contacting the golf shop or through the website. Any cancellations made less than 24 hours prior to the tee time will be charged the Sr. Resident Rate, unless in the event of a course closure due to severe weather.

No Show Policy:

A no-show policy will apply to all tee time reservations. The individual making the reservation, whether it is for 1, 2, 3, 4 or more players will be responsible for the entire group's no-show fees, or any portion of the fees if players are missing from the group. No-shows will be charged the Sr. Resident Rate

Pace of Play:

It should be a goal of all players to complete their round in 2:15. The Club's course advisors will work with all guests to ensure that an acceptable pace of play is maintained to maximize everyone's enjoyment of their round. It is the responsibility of each group to keep pace with the group ahead. If a group falls out of position and is in danger of not completing their round within the allocated time of 2:15, then our course advisor will assist them in getting back into position, which may require them to skip a shot or hole to do so.

Outside Food & Beverage:

Guests are not allowed to bring in any outside food or beverages on property for consumption. Only food and beverage purchased from The Club may be taken onto the course. Due to the State of Illinois liquor laws, all distribution of alcohol must be controlled by The Club.

NO PERSONAL COOLERS ARE ALLOWED

POLICIES & PROCEDURES

Dress Code:

All persons using the Fountain Hills Facilities are required to wear proper attire at all times. NOT PERMITTED: Swim suits, cut off shorts or cut off sleeveless shirts. Clothing must be worn at all times. No one is allowed to go topless.

Reservation Policy:

Reservations can be made up to 7 days in advance. All reservations are guaranteed. Either by 1) online prepayment or 2) guaranteeing with a credit card over the phone through the club.

All golfers are expected to arrive at the golf course at least 10 minutes before their scheduled tee time. Reserved reservation will be given away to walk-in groups 5 minutes prior to a tee time if the reserved group has not checked in and paid for all golfers.

One important thing to remember, tee time is when you are expected to be hitting your ball down the fairway from the first tee, not when you enter the parking lot with your vehicle or are walking in to the pro shop to pay your green fee.

Fountain Hills Golf Club reserves the right to pair players together. Groups of less than four (4) players run the risk of being paired with other pre-paid or walk-in player(s).

Cart Use Policy:

Single Rider Cart Usage: To help offset the additional cost incurred from the increased usage of carts, the wear and tear on those carts because of the additional usage, the additional labor required for cart cleaning and sanitation, not to mention the distress of turf conditions due to the extra cart usage, our facility can no longer maintain the "one cart, one golfer" policy without charging a nominal Convenience Fee. The convenience fee will be \$5 per person per 9 holes. This will be in addition to the regular cart fee rate. All cart usage is based on availability and we are unable to guarantee single rider carts. We will do our best to accommodate the special request for single rider golf cart use, however we cannot guarantee that one will be available.

2024 / 2025 Rates

**FOUNTAIN
HILLS**



GOLF CLUB

Fall Rates

October 1st thru November 30th

	WEEKDAY	WEEKEND / HOLIDAY
Regular (after 7:30 am)	\$ 17	\$ 19
Senior	\$ 14	\$ 16
Mid-Day (after 12:00 pm)	\$ 14	\$ 16
Senior	\$ 12	\$ 14
Replay	\$ 7	\$ 9
Junior	\$ 8	\$ 10
Twilight	\$ 8	\$ 10

Winter Rates

December 1st thru February 28th

	WEEKDAY	WEEKEND / HOLIDAY
Regular	\$ 10	\$ 12
Senior	\$ 8	\$ 10
Junior	\$ 8	\$ 10
Replay	\$ 6	\$ 8





12601 S. Kedzie Ave.
Alsip, IL. 60803
(708) 388 - 4653



2024 Fall 2025 Winter Hours of Operation

November 1st thru November 30th

Clubhouse	8:00 am - 6:00 pm
Driving Range	8:00 am - Dusk
Restaurant	11:00 am - 5:00 pm
Lounge	10:00 am - 6:00 pm

December 1st thru February 28th

Clubhouse	9:00 am - 4:00 pm
Driving Range	Open (weather permitting)
Restaurant & Lounge	11:00 am - 3:00 pm

2025 Golf Lessons

Private Lessons: Please visit our website
at www.alsipparks.org or contact us at
708.388.4653 X401



Interested?
To find out more please
call

708.388.4653

FRIDAY FISH FRY



Every Friday 5 PM - 8 PM

March 7th - April 18th

The BackNine @ Fountain Hills Golf Club

Meat Options Also Available

12601 S Kedzie Ave

Alsip, IL 60803

708.388.4653

Takeout Menu Available

Reservations Required



Waiting Lists

Since all our programs have registration limits, we can guarantee your choice of enrollment in them. The Alsip Park District maintains waiting lists for programs that have reached their maximum registration. Placement on a waiting list is encouraged. Individuals placed on a waiting list will be contacted if any additional program space becomes available.

OOPS! – Brochure Errors

Though we try our best, due to the large amount of information available in the Alsip Park District Program Guide, errors after publication may occur. We apologize for any inconvenience this may cause, and when errors do occur, our staff will advise you of the changes as soon as possible. We will also attempt to keep information on our website, www.alsipparks.org, as current as possible. Thank you for your patience and understanding.

Special Accommodations

Special Accommodation Services are provided through the inclusion services of the Southwest Special Recreation Association (SWSRA). Requests for this service should be made a minimum of 2 weeks before the start date of any program during the registration process.

Say Cheese

Our Park District photographers periodically take pictures and/or videos of participants in our classes, during special events and out at our facilities and parks. Please be aware that these photos are marketing materials. You must give us written permission if you or your family members do not want to be photographed or published.

Payment/Pro-Rating

Participants will not be registered for programs without payment. Program fees will not be pro-rated for late enrollment.

Residency

Residency of the Alsip Park District is defined by financial contributions through property taxes for the operation of the park district. Boundaries of the Alsip Park District and the Village of Alsip are not exactly the same. If you are uncertain whether you qualify as an Alsip Park District, please check your current property tax bill. Proof of residency in the form of a picture ID and current tax bill or utility bill may be required during program registration. Alsip Park District residents are given first priority for program registration.

Class Cancellation Information

Program supervisors begin reviewing class enrollment and canceling classes that do not meet minimum enrollment approximately ONE WEEK (five business days), prior to the start date. It is extremely important that you try to register for class choices no later than one week before they begin. All participants registered in cancelled programs will be notified by the Alsip Park District staff and will receive a full refund.

Refund Policy

Individuals submitting a request for a refund for a program will be eligible to receive a refund provided the request meets one of the criteria below: Individual must complete a refund application at the Apollo Recreation Center prior to the start of the program session. No other refunds will be given after two classes of the program session have expired. For various one day seminars, trips or special events, a refund will be given if the following criterion occurs: Individual must complete a refund application at the Apollo Recreation Center one week prior to seminar, trip or special event. There is a \$50 non-refundable processing fee for Summer Camp and Preschool. A processing fee of \$3 is deducted from all refunds with the exception of programs cancelled by the Alsip Park District.

Individuals enrolled in programs, special events or trips that are cancelled by the Alsip Park District will be given a 100% refund and a processing fee will not be assessed.

Program Limitations

Each program at the Alsip Park District has an established minimum and maximum number of possible registrants. These numbers are set to guarantee the highest quality program we can offer. The facility, student/teacher ratio and the nature of the program considered when setting program registration minimums and maximums. Programs that do not meet the minimum number of registrants may be cancelled. Please refer to the Program Cancellation section for additional information. Program instructors are not allowed to accept any registrant beyond the established maximum without authorization by their immediate athletic or recreation supervisor.

Program Confirmation

A confirmation/receipt will be sent to you in the mail once your registration has been processed. If it states ENROLLED, you are enrolled in the program. If it states W-LIST, you are on the waiting list for the program. You will be notified of waiting list status changes. We encourage you to place your name on the waiting list. If the program you desire is full, additional sessions will be opened, if possible.

The Alsip Park District Accepts

Visa, Mastercard, American Express and discover for credit card payments. Sorry, no telephone registration. A \$25 fee is charged on all NSF checks. All future registration must be paid by cash, certified check or money order. Payment is due at the time of registration, unless otherwise noted.

Park Watch

We need your help in keeping our parks safe, clean and FREE of vandalism. If you find broken equipment or have any other safety concerns about our park sites or facilities, please contact our Main Office at 708.389.1003. If you see vandalism occurring in the parks, please contact the Alsip Police Department by calling 708.385.6902. The park district is committed to providing a safe place for recreational activities. Thank you for your support in our efforts to provide the residents of the Alsip Park District with quality park sites and facilities.

Alsip Park District

Family Name _____ Address _____
 City _____ State _____ Zip _____
 Home Phone(____) _____ Work Phone(____) _____ Emergency Phone(____) _____
 Emergency Contact _____ Relationship to Family _____
 Do you have any special needs or require any accommodations? _____

First Name (indicate last name if different)	Gender	Date of Birth	Grade	Activity #	Section #	Program Title	Day/Time	Fee
Total Paid								\$

FAX TO: 708-389-1529
 MAIL TO: Alsip Park District
 12521 South Kostner
 Alsip, IL 60803

Visa _____ Mastercard _____ Discover _____
 Cardholder# _____
 Cardholder Name _____ Exp Date _____
 Amount Charged _____
 Authorized Signature _____

Are you interested in being a volunteer coach for one of our Youth Sport Programs? ☐ Yes ☐ No

For Office Use Only	
Cash _____	Check _____ Charge _____
Date Rec'd _____	Check # _____

Participant Shirt Size _____

IMPORTANT INFORMATION

The Alsip Park District is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. The Park District continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for any program or activity must recognize that there is an inherent risk of injury when choosing to participate in any recreational activity.

You are solely responsible for determining if you or your minor child/ward are physically fit and/or adequately skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way or has recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

WARNING OF RISK

Recreational activities are intended to challenge and engage the physical, mental and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury when participating in any recreational activity. All hazards and dangers cannot be foreseen. Depending on the particular activity, certain risks, dangers and injuries may exist due to inclement weather, slips and falls, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction or officiating, and other risks inherent to the particular activity. In this regard, it is impossible for the Park District to guarantee absolute safety.

WAIVER AND RELEASE OF ALL CLAIMS AND PHOTO/VIDEO AUTHORIZATION

Please read this form carefully and be aware that in signing up and participating in this program/activity, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this program/activity (including transportation services, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in this program/activity, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in this program/activity against the Alsip Park District, including its officials, agents, volunteers and employees.

I further authorize and give my consent to the Alsip Park District to photograph/video my child (or me), and without limitation, to use such photographs/video in connection with promoting/advertising the services, programs, and facilities of the Park District, without consideration of any kind

I have read and fully understand the above important information, warning of risk, waiver and release of all claims, and photo/video authorization. If registering on-line or via fax, my on-line or facsimile signature shall substitute for and have the same legal effect as an original form signature.

PLEASE PRINT

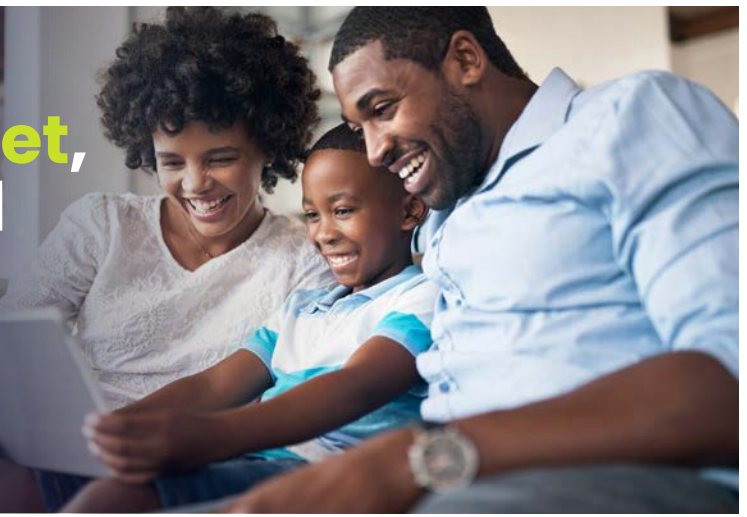
Participant's Name _____

Participant's Signature _____ Date _____
 (18 years or older or Parent/Guardian)

PARTICIPATION WILL BE DENIED

If the signature of adult participant or parent/guardian and date are not on this waiver.

Get Astound **Internet**,
Mobile, and **TV** and
save on the best
services available.



Hypersonic Internet

Surf the web, game, stream and connect to multiple devices with speeds up to 5 Gig⁺ through our **award-winning** fiber-powered⁺ network.**



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1.800.4.ASTOUND
astound.com



*Internet speeds may vary & are not guaranteed. Certain equipment may be required to reach advertised speeds. DOCSIS 3.1 modem with 2.5G physical LAN port is required for 1 Gigabit speeds and higher. See astound.com/your-speed for why speeds may vary. To view Astound's FCC Network Management Disclosure see astound.com/policies-disclaimers. Modem required for Internet service. **No contract required. Subject to availability.** Offer valid only for new residential Astound customers or previous customers with an account in good standing who have not had Astound service within the last 60 days. Non-standard installation may require additional outlet & fees. Any additional services, equipment, premium channels & other tiers of service are subject to an additional charge & regular increases. Regular rates apply after promotional period ends. No contract is required to take advantage of the promotional pricing & savings. No early termination fees apply in the event service is terminated in advance of the promotional end date. Customer is responsible for any accrued service charges in the event service is canceled. Subject to credit check. A one-time activation fee of \$14.99 (in addition to your installation fees) will be charged. Offer available to residential services only; commercial & business pricing & service offerings differ. **Astound Mobile** requires Astound Internet service. Coverage not available in all areas. Certain TV packages/tiers require minimum subscription to other levels of TV services. Rates subject to change. Availability of channels, packages, TV tiers & other offerings may vary by location & are subject to change. Minimum internet speed of 100 Mbps is required for Astound TV service. All services are governed by the Astound Customer Terms & Conditions that can be found at astound.com/policies-disclaimers. Not all services, speeds or offers are available in all areas. Other restrictions may apply. Some equipment types are not available in all areas. ©2024 Amazon.com, Inc. or its affiliates. eero and all related marks are trademarks of Amazon.com, Inc. or its affiliates. Amazon.com c/o eero LLC, 660 3rd St. San Francisco, CA. All names, logos, images, and service marks are the property of their respective owners. Reference to third party trademarks does not imply any affiliation between Astound and such parties. **Astound Internet** is powered by fiber and connected to the premises via coaxial connection or fiber, where available. Delivery methods may vary by area. **A trademark of Ziff Davis, LLC. Used under license. Reprinted with permission. Where available. ©2024 Ziff Davis, LLC. All Rights Reserved. ©2024 Astound Broadband. All rights reserved. AST74

	Ball Diamonds	Basketball Courts	Concession Stand	Disc Golf	Fishing Pond	Football Field	Golf Course/ Driving Range	Indoor Fitness	Indoor Tot Play Area	Infinity Web	Pickleball	Picnic Area	Playgrounds	Restaurant/Banquet Facility	Skate Park	Soccer Fields	Splash Pad	Tennis Courts	Walking/Bike Path Outdoor	Volleyball Courts	Indoor Track
APOLLO RECREATION CENTER- 12521 S. KOSTNER AVENUE		●						●	●		●	●	●								
AUSTIN VIEW PARK - RT. 83 & AUSTIN AVENUE													●					●	●		
BARNES PARK - 117TH & KOLIN AVENUE	●											●	●								
BICYCLE/WALKING PATH- 116th - 127th STREET																			●		
COMMISSIONERS PARK - 12600 S. KEDZIE AVENUE	L4		●		●							●	●			●			●	L2	
CREEKSIDE PARK-113TH & LAMAR AVENUE	●												●								
FOUNTAIN HILLS GOLF CLUB-12601 S. KEDZIE AVENUE							L30 9H						●								
FREEDOM PARK- 131ST & CICERO AVENUE												●	●						T		
KETELAAR TOT LOT - 124TH & WALTER LANE												●	●								
KIWANIS PARK - 122ND - LARAMIE AVENUE																●					
LACROSSE TOT LOT - ENGLE ROAD & LACROSSE		●											●						●		
LARAMIE PARK - 120TH & LARAMIE	●											●	●				●		●		
MARY J. LYNCH SKATE PARK - 119TH PLACE & KOSTNER										●		●			●						
POKEY OAKS - 123RD & LAVERGNE AVENUE													●								
PRAIRIE BALL DIAMONDS - 11910 S. KOSTNER AVENUE	●			●H																	
PRAIRIE VIEW PARK - TERMUNDE DRIVE & TRIPP AVENUE													●						●		
PROGRESS PARK - 122ND AND SPRINGFIELD AVENUE													●								
RONNETREE PARK - 127TH PLACE & KENNETH AVENUE													●								
SEARS PARK - 123RD & TRUMBULL AVENUE	●		●		●	●						●	●			●			●		
SPRAYFARI AQUATIC PARK 11930 S. KOSTNER AVE.			●									●	●				●				
WILKINS PARK - BLOSSOM DRIVE		●											●								

KEY ● = EQUIPMENT LOCATED AT PARK SITE L = LIGHTED F= OUTDOOR FITNESS STATIONS H= HOLES T= CAL SAG TRAIL

