

WHAT'S HAPPENING AT THE ALSIP PARK DISTRICT



We would like to wish Dale Durnin a Happy Retrirement. After 27 years of dedicated service to the Alsip Park District and community, Dale retired on February 2, 2024. He was a great asset to the District over the years ensuring all our parks and facilities were in great condition for our community. Thank you Dale! You will be missed by all and we wish you the very BEST in your retirement!

We are excited to welcome Chris Grubb to the Alsip Park District as our Superintendent of Parks. Chris joins the Alsip Park District team with an extensive background in construction. He has previously served in roles as a Field Superintendent and is a carpenter by trade. Chris has recently received his Aquatic Facility Operator (AFO) certification. We are excited about the leadership and knowledge that Chris will bring to our team and are looking forward to his tenure with the District.





Congratulations to Mike DeChene on his recent promotion to Park Foreman. Mike has been a member of our parks department team for 15 years and has been a great asset within the department. We are excited for Mike to take on this leadership opportunity and continue his tenure with the District.

Congratulations to Max Jones as he joins our team in a full-time capacity as a Parks Laborer. Max has previously served as an Assistant Manager at our Sprayfari Aquatic Park and as a part time Park Laborer. We are looking forward to Max's full-time tenure at the District.



We are excited to announce that the Alsip Park District has received a \$583,000.00 Open Space Land Acquisition and Development (OSLAD) Grant for the redevelopment of Freedom Park. With this grant, the Freedom Park redevelopment will include a new playground, pickleball courts, a nine-hole disc golf course, a dog park and a mountain bike track. Freedom Park is currently a trailhead to the Cal-Sag Trail. The grant will allow for expanded amenities while also remaining as a trailhead. We anticipate project kick off to begin later this year.

The Alsip Park District is a proud member of SWSRA!

SWSRA provides year-round quality therapeutic recreation programs and services for individuals with intellectual and/or physical disabilities or special needs. SWSRA programs are designed to increase independence and enhance the quality of life for each individual.

THANK YOU!

Thank you for all the support at the Ribbon Cutting Celebration for Apollo Recreation Center!

Through the Park and Recreational Facility Construction Act (PARC) grant program, part of the Governor's Rebuild Illinois capital program, the Alsip Park District was awarded a \$2,500,000.00 grant for the redevelopment of the Apollo Recreation Center. On March 27, 2024 we held a Ribbon Cutting Celebration to showcase the updates and expansion areas to the community. We would like to thank the community for all the patience and support throughout this project. We would also like to send a big thank you to our sponsors, donors and supporters of the Ribbon Cutting Celebration. And an EXTRA SPECIAL SHOUT OUT to our amazing staff for their hard work, dedication and passion in seeing this project come to life! We are excited to prepare the final touches on some of these new spaces for all the community to enjoy. Please continue to stay tuned as some of our favorite programs continue as well as new opportunities offered. We would also love to hear from you with any ideas of programing you would like to see. You can e-mail us at mainoffice@alsipparks.org to share your input.

The Apollo Recreation Center Expansion Project included the addition of an indoor walking track, an additional multi-purpose gymnasium, an expanded fitness center, an indoor play area, additional program spaces, renovated gym bathrooms to ADA compliance, a new registration desk and seating area as well as new seating in the existing gymnasium. In addition, SWSRA's main registration desk has been moved within a shared space at the new registration desk as well as their offices have been relocated to the main level and accessible to the community.



THE ALSIP PARK DISTRICT WOULD LIKE TO THANK OUR SPONSORS, DONORS AND SUPPORTERS





































Jonathan Murawski



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THANKS TO OUR SPRING AND EASTER EVENT SPONSORS!

SPONSORS LIKE YOU HELP USE BRING EVEN BETTER EVENTS TO OUR COMMUNITY AND WE ARE SO THANKFUL!







ALSIP PARK DISTRICT BOARD OF COMMISSIONERS

The Park Board is composed of five non-paid individuals selected by you to serve elected terms. The Board is primarily a policy-making body that reflects the needs and interest of all taxpayers. The Board of Commissioners meets on the fourth Monday of each month at the Apollo Recreation Center, 12521 South Kostner at 6:30 pm. The public is welcome to attend.











PICTURED LEFT TO RIGHT, JERRI-LYNN KLEINA, JOE SCHMITT, KATHLEEN PERRETTA, JACKIE BECKER AND JAIRO GUTIERREZ

GYMNASIUM OPEN GYM HOURS

(EFFECTIVE MONDAY JUNE 3, 2024)

,	- /
MONDAY	9:00 AM-6:00 PM
TUESDAY	9:00 AM-9:00 PM
WEDNESDAY	9:00 AM-9:00 PM
THURSDAY	9:00 AM-9:00 PM
FRIDAY	9:00 AM-9:00 PM
SATURDAY	9:00 AM - 4:00 PM
SUNDAY	9:00 AM-1:00 PM

REGISTRATION OFFICE HOURS

(EFFECTIVE MONDAY JUNE 3, 2024)

MONDAY 8:30 AM-8:00 PM
TUESDAY-FRIDAY 8:30 AM-5:30 PM
SATURDAY 9:00 AM-12:00 PM

SUNDAY CLOSED



OUR STAFF

JEANNETTE HUBER, CPRP DIRECTOR OF PARKS & RECREATION

SUE BRUESCH BUSINESS MANAGER

CHRIS GRUBB, AFO SUPERINTENDENT OF PARKS

MIKE DECHENE, CPSI PARK FOREMAN
MATTHEW RADZ PARK LABORER
MICHAEL RADZ PARK LABORER
ALEX JARMILLO PARK LABORER
MAX JONES PARK LABORER

RICHARD GOTTARDO FOUNTAIN HILLS GOLF CLUB MANAGER

DANIELLE PESO COMPANIO FOOD & BEVERAGE MANAGER
LESLIE GUERRERA, A.C.E., CPO AQUATIC / FITNESS MANAGER
CHUCK SOMERVILLE ATHLETIC SUPERVISOR
DENISE MERLO, CPP RECREATION SUPERVISOR
REBECCA PERKAUS RECREATION SUPERVISOR

DONNA SMITH OFFICE MANAGER/BUSINESS CLERK

ERICA JAGUST OFFICE STAFF
JACKIE NELSON OFFICE STAFF

THE MISSION STATEMENT OF THE ALSIP PARK DISTRICT

The mission of the Alsip Park District is to enrich life through quality leisure services at a variety of parks facilities, while offering programs in the areas of education, social involvement & recreation in a clean, safe environment for individuals of all ages.

APOLLO RECREATION CENTER CLOSED HOLIDAY HOURS

HOLIDAY	WOMENS CC	FITNESS CTR	GYMNASIUM	MAIN OFFICE
MEMORIAL DAY	CLOSED	CLOSED	CLOSED	CLOSED
FOURTH OF JULY	CLOSED	CLOSED	CLOSED	CLOSED
LABOR DAY	CLOSED	CLOSED	CLOSED	CLOSED

CO-ED & WOMEN'S FITNESS CENTERS

The **Co-Ed Fitness Center** is equipped with Cybex/Bodymaster strength equipment, Apex five station cable crossover strength equipment, free weights, smith machine, x-trainers, treadmills, nu-steps, and 2 recumbent bicycles! We know we have the equipment you need for the perfect workout. All fitness members are required to participate in a fitness orientation. Orientations are done on an appointment basis after a facility pass is purchased and proper attire must be worn. Thirteen year olds can join the Fitness Center, but they must be supervised by another member 18 years or older. For your convenience, the Fitness Center is staffed during all hours of operation. Note: All upgrades from a 3 month membership to a yearly MUST be done within two weeks of expiration.

MEMBERSHIP TYPE	INDIVIDUAL (17& UP)	ADDITIONAL FAMILY MEMBER	FULL TIME STUDENT (18-22) WITH PROOF OF 12 CREDIT HOURS	TEEN MEMBER (13-16)	SENIOR (55+)	SENIOR ADD-ON (55+)	CORPORATE ALSIP BUSINESSES ONLY UP TO 30 PEOPLE
ANNUAL	R\$175 NR\$219	R\$150 NR\$188	R\$150 NR\$188	R\$150 NR\$188	R\$90 NR\$113	R\$90 NR\$113	R\$190 PER PERSON
DAILY	R\$8 NR\$12	R\$8 NR\$12	R\$8 NR\$12	R\$8 NR\$12	R\$8 NR\$12	R\$8 NR\$12	N/A
MONTHLY	R\$25 NR\$35	R\$25 NR\$35	R\$25 NR\$35	R\$25 NR\$35	R\$20 NR\$30	R\$20 NR\$30	N/A
3 MONTH	R\$73 NR\$92	R\$69 NR\$87	R\$69 NR\$87	R\$69 NR\$87	R\$57 NR\$67	R\$57 NR\$67	N/A
UPGRADE TO AN ANNUAL WITH THREE MONTHS	R\$112 NR\$140	R\$93 NR\$117	R\$93 NR\$117	R\$93 NR\$117	R\$46 NR\$58	R\$46 NR\$58	N/A

FITNESS CENTER SUMMER HOURS

(EFFECTIVE JUNE 3, 2024)

 DAY
 HOURS

 Monday - Friday
 6:00 am-9:00 pm

 Saturday
 8:00 am-4:00 pm

 Sunday
 8:00 am-1:00 pm

WOMEN'S CIRCUIT CENTER SUMMER HOURS

(EFFECTIVE JUNE 3, 2024)

 DAY
 HOURS

 Monday-Friday
 8:00 am-2:00 pm

 Saturday
 8:00 am-12:00 pm

 Sunday
 8:00 am-12:00 pm

CO-ED CIRCUIT CENTER SUMMER HOURS

(EFFECTIVE JUNE 3, 2024

 DAY
 HOURS

 Monday - Friday
 2:00 pm-9:00 pm

 Saturday
 12:00 pm-6:00 pm

 Sunday
 12:00 pm-5:00 pm

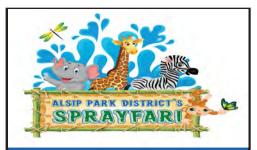
WOMEN'S CIRCUIT CENTER

is equipped with women friendly Body Master/Cybex Strength equipment, Life Fitness treadmills, Ellipticals and a Tetric & Schwinn bicycle. There are a total of 12 strength stations that alternate between 5 cardio machines. A mandatory orientation is required and must be done by appointment only. You must come dressed in workout attire for your orientation. Don't forget to bring a towel. This is a great way to get in shape or stay in shape. We know you're going to enjoy it.



PUNCH CARD (5 TIME USE)

Not Ready to Commit, purchase a fitness center punch card. Each card provides five visits from the date of purchase. Punch card is valid for one year from date of purchase. Note: Upon purchase you must schedule an orientation in fitness center. R\$25/NR\$35



SPRAYFARI AQUATIC PARK 708-396-1133 Stay Cool...at the Pool

Aquatic Park Features

- Heated Z-Shaped Pool
- 6-25 Meter Lanes
- 40' X 40' Diving Well
- 1 Meter Diving Board
- Deck Slide
- Drop Slide
- 40' X 40' Shallow Area
- 32' x 32' Wading Pool with Raindrop Fountain
- Concession Area
- 7000 Square feet of Water Surface
- Suntan Hill
- Picnic Area
- Shaded Gazebos
- Playground

Aquatic Membership Privileges

- First choice of dates for Pool Rentals
- Morning Adult Swim
- Discounted swim lessons
- American Red Cross
 Swim Lessons Begin on
 Sat. June 8th.

SPRAYFARI AQUATIC PARK

Opening Weekend Saturday, June 1 & Sunday, June 2 - 12:00-6:30pm

Regular Season Aquatic Park Hours

June 3-August 11

 A.M Adult Swim
 7:30-9:00am (Mon.-Fri.)

 Open Swim
 12:30-5:00 pm (Mon.-Fri.)

 Open Swim
 6:00-8:00pm (Mon.-Fri.)

 Open Swim
 12:00-6:30pm (Sat.-Sun.)

Note: The Aquatic Park will be open on July 4 12:00-5:00pm

August 12-August 23 (School Hours)

Open Swim 4:30-7:00pm (Mon.-Thur.)

Open Swim 4:30-6:30pm (Fri,)

Open Swim 12:00-6:30pm (Sat.-Sun.)

August 26-August 30

POOL CLOSED

August 31, September 1, 2

Open Swim 12:00-5:00pm (Sat.-Mon.)

During the 2024 Swim season, it will be mandatory for all patrons utilizing the Aquatic Park on a daily fee basis to prove they are an Alsip resident with a Drivers License, or an Alsip Park District issued residency card. All children coming into the pool without a parent will be required to prove residency with an Alsip Park District residency card.

Any children 11 years of age and younger must be accompanied by a parent or responsible person 16 years of age or older at all times.

* Everyone entering the facility must pay an admission fee, NO EXCEPTIONS!

General Membership Information

- 1. All season pass registrations will take place at Apollo Recreation Center during regular office hours. Proof of residency will be required! Adults 18 years of age and older will need a minimum of 2 pieces of identification (1 must be a picture I.D. with an Alsip address and the other must be a current utility bill). This includes people renewing membership as well.
- 2. All season pass members must have a photo I.D. card made at the Apollo Center.
- 3. Bring your 2023 pool pass or activity card when registering.
- 4. It is MANDATORY for all children that are not potty-trained to wear Little Swimmers and Rubber Pants. You may purchase these items at the front desk of the pool. If your child is found without these on in the pool, you will be asked either to purchase one from the front desk or to leave the Aquatic Park.
- 5. Any children 11 years of age and younger must be always accompanied by a parent or responsible person 16 years of age or older. **NO EXCEPTIONS!**
- 6. Everyone entering the facility must pay an admission fee, **NO EXCEPTIONS!**



Pool Rentals

Pool rentals are available Monday-Friday evenings from 8:15-10:15 pm and Saturday morning's 9:45-11:45 am and Saturday and Sunday evening's from 7:00-9:00 pm on a first-come, first-served basis, with pool members receiving priority on date choice. To hold your reservation, payment must be made IN FULL at the time of the reservation, and a \$100 refundable cash deposit must be left with your registration form. This will ensure that there is no damage to the property and that there are fewer than 100 people entering the pool. If your party goes over the 100 person mark, your deposit will be non-refundable. Anyone entering the Aquatic Park facility will be counted as 1 participant, swimmer or non-swimmer.

Registration will only be taken at the Apollo Recreation Center during regular office hours. Rentals are available Monday-Sunday evenings from June 10-August 1. Monday-Friday night rental participants must arrive between 8:00-8:15 pm, Saturday morning rental participants must arrive between 9:30-9:45 am and Saturday and Sunday evening rental participants must arrive between 6:45-7:00 pm to get instructions and rules that will be enforced during any of these rental times. After August 12th, rentals can only be booked on Friday's and Saturday's. The Friday rentals will be from 7-9pm. Member registration for pool rentals will be accepted beginning Monday, May 1.

Non-member registration will be accepted beginning Tuesday, May 30.

No DJ's or Live Bands allowed at the pool rentals.

Fee: \$310 Member

\$345 Resident Non-Member \$410 Non-Resident Non-Member

\$35.00 Wading Pool \$35.00 Drop Slide

A 9:45am-11:45am (Saturday's ONLY)
B 8:15-10:15 pm (Monday-Friday)

C 7:00-9:00pm (Friday Aug. 16/Aug. 23) D 7:00-9:00 pm (Saturday and Sunday)



PRESCHOOL & YOUTH

Swim Lessons

All group swim lessons are 2 weeks (8 classes) long and are taught according to American Red Cross guidelines. In the event that a class does not fill, participants will be accommodated to a level which best fits their needs. Participants in the Swim Lessons may be moved to a higher- or lower-class level to best fit their needs at an instructor's recommendation. Instructors may vary week to week. Note: If class is cancelled due to poor weather, you will be notified by phone. Make-up classes will be on Fridays. If there is a second day of poor weather on the day of your scheduled class, there will be a water safety class held inside of the Aquatic Park facility. There will be no classes on July 4.

Location: AQP

Age: 4-5 years Preschool

6 years and up Level 1-4 \$60 Member/Session

\$69 R, Non-Member/Session \$79 NR, Non-Member/Session

Min: 3

Fee:

 Session
 Day
 Dates

 I
 M, TU, W, TH
 June 10-June 20

 II
 M, TU, W, TH,
 June 24-July 5

 III
 M, TU, W, TH
 July 8-July 18

 IV
 M, TU, W, TH
 July 22-August 1

Preschool Aquatics

(This program will teach the most elementary aquatics skills- entry and exit, submerging, floating and swimming on front and back)

 Time
 Session I
 Session II
 Session III
 Session IV

 10:15-10:45 am
 317850-A
 317850-B
 317850-C
 317850-D

Youth Aquatics

Level 1 - Introduction to Water Skills

(This program offers basic personal water safety information and skills to help participants feel comfortable in the water and to enjoy the water safely)

 Time
 Session I
 Session II
 Session III
 Session IV

 10:15-10:45 am
 317825-A
 317825-B
 317825-C
 317825-D

Level 2 - Fundamental Aquatic Skills

(This program will expand on the fundamental aquatic locomotion and safety skills. Participants will learn to float without support)

 Time
 Session I
 Session II
 Session III
 Session IV

 10:15-10:45 am
 317826-A
 317826-B
 317826-C
 317826-D

Level 3 - Stroke Development

(This program will teach participants breaststroke, front crawl, elementary backstroke, and rotary breathing)

 Time
 Session I
 Session II
 Session III
 Session IV

 10:15-10:45 am
 317827-A
 317827-B
 317827-C
 317827-D

Level 4 - Stroke Improvement

(This program is develop participants' confidence in the strokes learned thus far and to increase their endurance and introduction of butterfly)

 Time
 Session I
 Session II
 Session III
 Session IV

 10:15-10:45 am
 317828-A
 317828-B
 317828-C
 317828-D

Level 5 - Stroke Refinement

(This program will continue with refinement of strokes previously learned, plus introduce flip turns.)

 Time
 Session I
 Session II
 Session III
 Session IV

 10:15-10:45 am
 317829-A
 317829-B
 317829-C
 317829-D

*Please Note:

You must purchase your pool pass to qualify for the resident member swim lesson fee. Please remember that people learn at their own pace. Mastering swimming skills takes time, Practice, and patience. It is not unusual for students to repeat a level several times in order to master the skills required for a completion certification and advancement to the next level.

Private Swim Lessons

Private swim lessons allow the participant the opportunity to work with the swim instructor on a one-on-one basis. These lessons are ideal for children, adults, or someone with a fear of the water. All sessions are ½ hour and are taught according to American Red Cross guidelines and allow participants to move at their own pace. You have 24 hours to cancel or you will be charged for your lesson. Note: If swim lessons are not completed by Sunday, August 11, 2024, your remaining swim lessons will be forfeited. No refunds. You must register in person. No online registration.

317813 Activity: Location: AQP

Age: 4 years and up

Time: Instructor will contact you to set up your session times during the following time slots.

> Lessons cannot be conducted during regular pool hours. Monday-Friday 9:00 am, 9:30am, 9:45am

> > Saturday 8:30-9:00 am Sunday 9:30 am-10:00am

3 SESSIONS	5 SESSIONS	7 SESSIONS
\$45 POOL MEMBER	\$68 POOL MEMBER	\$83 Member
\$50 RES NON-MEMBER	\$73 RES NON-MEMBER	\$85 RES NON-MEMBER
\$60 NR NON-MEMBER	\$83 NR NON-MEMBER	\$98 NR NON-MEMBER



Saturday Morning Swim Lessons

Saturday morning swim lessons follow the American Red Cross guidelines and are 30 minutes. These lessons are ideal for those individuals with a busy weekly schedule, as well as children, adults and someone with a fear of water. Note: If there is poor weather on your scheduled class day, that class will be made -up by adding on an additional Saturday. There will be one water safety class held inside of the Aquatic Park facility if there is a second day of poor weather on the day of your scheduled class. Please note: Levels may be combined due to minimum not being met and instructors may vary week to week.

317847 Activity: Location: AQP

Day/Date: Saturday, June 8-July 20 4-5 Preschool Aquatics Age: 6 years and up Levels 1-4 Fee:

\$ 56 Member/Session

\$ 63 R, Non-Member/Session \$ 73 NR, Non-Member/Session

Min: Session I Time Level 9:00-9:30 am 317847-A **Preschool Aquatics** 9:00-9:30 am 317847-B 1-Introduction to Water Skills 9:00-9:30 am 317847-C 2-Fundamental Aquatic Skills 9:00-9:30 am 317847-D 3-Stroke Development

Saturday Morning Parent & Tot Swim Lessons

Parents introduce your child to the water and help him/her develop a positive relationship at an early age. With the aid of games and toys, your infant/tot will develop a positive comfort level in and around water as well as a readiness for learning to swim. Skills introduced include blowing bubbles, kicking and jumping in. The adult does not need to know how to swim. Instructors may vary week to week.

Note: Make-ups will be held on Saturdays at the end of the session.

Activity: 317811-A Location: AQP

Day: Saturday, June 8-July 20

Time: 9:00-9:30 am

9 months-3 years w/parent Age: Fee: \$56 Member Couple

> \$ 63 R, Non-Member Couple \$ 73 NR, Non-Member Couple

Min/Max: 8/26



Parent & Tot Swim Lessons

Parents introduce your child to the water and help him/her develop a positive relationship at an early age. With the aid of games and toys, your infant/tot will develop a comfort level in and around the water as well as a readiness for learning to swim. Skills introduced include blowing bubbles, kicking, and jumping in. The adult does not need to know how to swim. Note: If class is cancelled due to poor weather, you will be notified by phone. Make-up classes will be on Fridays. If there is a second day of poor weather on the day of your scheduled class, there will be a water safety class held inside of the Aquatic Park facility. Levels may be combined due to minimum not being met and instructors may vary week to week. There will be no classes on July 4.

Location: AQP

Age: 9 months-3 years with parent Fee: \$56 Member couple/Session

\$65 R, Non-Member couple/Session \$75 NR, Non-Member couple/Session

Min/Max: 8/10

Session	Day	Dates
1	M, TU, W, TH	June 10 - June 20
II	M, TU, W, TH	June 24-July 5
III	M, TU, W, TH	July 8 -July 18
IV	M, TU, W, TH	July 22-August 1

 Time
 Session I
 Session II
 Session III
 Session IV

 10:15-10:45 am
 317810-A
 317810-B
 317810-C
 317810-D





GUARD START

If you're between 11 and 14 years old and have always wanted to be a lifeguard, now is the time to take the first step. Get a jump start on securing a future job as a lifeguard by completing the Red Cross Guard Start: Lifeguarding Tomorrow programs! Learn what it takes to be a great lifeguard. The experience you gain through Guard start will help you get ready to take Lifeguard Training. Instructors may vary week to week.

Prerequisites

- Swim the front crawl for 25 yards continuously while breathing to the front or side.
- Tread water for 1 minute using arms and legs.
- Submerge and swim a distance of 10 feet underwater.

Activity: 317815-A Location: AQP Age: 11-14

Time: 10:15-10:45 am
Fee: \$60 Member Session

\$69 R, Non-Member/Session \$79 NR, Non-Member Session

Min/Max: 6/8

 Session
 Day
 Dates

 A
 M, TU, W, TH
 July 8-July 18

DIVING LESSONS

Have you ever wanted to learn how to dive? Well here is your chance! All diving lessons are taught according to American Red Cross guidelines. You must be able to swim in deep water and swim from the diving board to ladder to enroll in this class Classes will include an introduction to diving, including techniques, positions, and dives as well as safety portion. Instructors may vary week to week.

Activity: 317814-A.
Location: AQP
Ages: 5 and up
Time: 10:15-10:45 am
Fees: \$60 Member/Session

\$69 R, Non-Member/Session \$79 NR, Non-Member/Session

Min/Max: 6/8

SessionDayDatesAM, TU, W, THJune 24- July 5



EVENING SWIM LESSONS

All group swim lessons are taught according to American Red Cross Guidelines. In the event that a class does not fill, participants will be accommodated to a level which best fits their needs. Participants in the Swim Lessons may be moved to a higher- or lower-class level to best fit their needs at an instructor's recommendation. Instructors may vary week to week.

Note: If class is cancelled due to poor weather, you will be notified by phone. Make-up classes will be on Fridays. If there is a second day of poor weather on the day of your scheduled class, there will be a water safety class held inside of the Aquatic Park facility. There will be no classes on July 4.

SESSION

IV

Location: AQP

Age: 4-5 years Preschool

6 years and up Level 1-4 II M, TU, W, TH
III M, TU, W, TH
III M, TU, W, TH

Fee: \$60 Member/Session

\$69 R, Non-Member/Session

\$79 NR, Non-Member/Session

Min/Max: 6/8

DAY DATES M, TU, W, TH JUNE 10-JUNE 20

M, TU, W, TH

JUNE 24-JULY 5
JULY 8-JULY 18
JULY 22-AUGUST 1

PRESCHOOL AQUATICS

(THIS PROGRAM WILL TEACH THE MOST ELEMENTARY AQUATICS SKILLS- ENTRY AND EXIT, SUBMERGING, FLOATING AND SWIMMING ON FRONT AND BACK)

Time Session I Session II Session III Session IV 5:15-5:45 PM 317850-E 317850-F 317850-G 317850-H

YOUTH AQUATICS

LEVEL 1 - INTRODUCTION TO WATER SKILLS

(This program offers basic personal water safety information and skills to help participants feel comfortable in the water and to enjoy the water safely)

TIME SESSION I SESSION II SESSION III SESSION IV 5:15-5:45 PM 317832-A 317832-B 317832-C 317832-D

LEVEL 2 - FUNDAMENTAL AQUATIC SKILLS

(THIS PROGRAM WILL EXPAND ON THE FUNDAMENTAL AQUATIC LOCOMOTION AND SAFETY SKILLS. PARTICIPANTS WILL LEARN TO FLOAT WITHOUT SUPPORT)

TIME SESSION I SESSION II SESSION III SESSION IV 5:15-5:45 PM 317832-E 317832-F 317832-G 317832-H

LEVEL 3 - STROKE DEVELOPMENT

(This program will teach participants survival float, front crawl, elementary backstroke, and dolphin and scissors kick for treading)

TIME SESSION I SESSION II SESSION III SESSION IV 5:15-5:45 PM 317832-I 317832-J 317832-K 317832-L

LEVEL 4 - STROKE IMPROVEMENT

(This program is develop participants' confidence in the strokes learned thus far and to increase their endurance for greater distances)

TIME Session I Session II Session III Session IV 5:15-5:45 PM 317832-M 317832-N 317832-O 317832-P



Senior Fitness

Join us for dynamic movements, resistance training, chair exercises, improving gait patterns, and fall prevention. Perform fun exercises from standing and seated positions using resistance bands, dumbbells and other training tools in order to improve your ability to move with purpose and react quickly. This class emphasizes full body strength, posture re-alignment, and pain reduction.

Activity: 466505-A Instructor: Dawna Latka

Location: Heritage II Club House

Age: 55+ Day: Monday

 Dates:
 June 10-August 26

 Time:
 11:00 am-12:00 pm

 Fee:
 R\$55/NR\$65

Min/Max: 6/15

Hatha Yoga 55+

Each class is a unique sequenced class developed to guide students through a systematic progression. This class can be practiced in all stages of life. In this Hatha class we will focus on correct alignment. You will be able to activate muscle groups in a new way, appreciating the subtle nuances that you may not have noticed in the past. Students will be introduced to the rope wall. The rope wall will help decrease tension in the spine. Come ready to sweat and prepared to leave empowered and feeling strong. All levels of experience are welcome.

Activity: 466536

Instructor: Denise Cholewa Location: Aerobic Room Day: Tuesday

Time: 11:45am-12:45pm

Age: 55+

Fee: \$64/monthly

\$20 per class

Min/Max: 4/10

Session Dates
A June 4-June 25
B July 2-July 23
C August 6-August 27

Cardio Drumming

Cardio drumming takes simple movement-drumming and turns it into a full-body workout that will leave you smiling, sweating and feeling great. Drumming burns calories, builds muscle and gets your heart pumping. It also can lower your blood pressure and improves cognitive brain development. All fitness levels welcome, modifications will be provided. Note: There will be no class onThursday, July 4th.

Activity: 466509

Instructor: Beatice Orendorff Location: ARC/Aerobic Room

Age: 16-Adult Fee: R\$45/NR\$55

Min/Max: 5/17

 Session
 Day
 Dates
 Time

 A
 TH
 June 6 - August 29
 6:00-6:45 pm

 B
 SA
 June 8 - August 31
 11:15am-12:00 pm

Line Dancing

Come join in for some fun, good music, exercise and a good time. No previous lessons are required. Steve is an experienced line dance instructor and will help you learn all the necessary steps to each dance that he teaches. Some dances will be easy and others challenging. There will be a wide array of music to dance to. No special attire or a partner is necessary to be part of this class.

Activity: 466404-A Instructor: Steve Steib

Location: ARC/Aerobic Room

Day: Monday

Dates: June 10 - August 26

Time: 6:00-7:00 pm

Age: Adult Fee R\$48/NR\$58

Min/Max: 6/15

20/20/20

Come spend an hour at the park and get all your fitness needs wrapped up in one class. You will do 20 minutes of cardio to burn fat, 20 minutes of weight training to tone and firm those muscles followed by the final 20 minutes of Yoga/Pilates to increase your flexibility and core strength. What more could you accomplish in one hour of your day? Note: Bring your own yoga mat. NOTE: There will be no class July 9th or August 20

Activity: 466508-A Instructor: Anne Kalch

Location: ARC/Aerobic Room

Day: Tuesday

Dates: June 4 - September 3
Time: 10:15 - 11:15am

Age: Teen-Adult Fee: R\$60/NR\$70

Min/Max: 7/10



Agua Blast at Sprayfari Aguatic Park

Get a great cardio and strength workout with water as resistance. You can work at your own pace and add extra resistance with weights. Have fun on noodles to give your feet a break and add extra strength to your core while suspended. Modifications will be given so you can choose what works best for you. Please come in your swim attire and be ready for your class. Bring a towel and we also recommend aqua shoes for this class. Private swim lessons are offered during this class so there also may be other swimmers in the pool. The Aquatic Park is a heated facility. If class is canceled due to weather, make up will be at end of the session. There will be no class on Tuesday, July 9th.

Activity: 466524-A Instructor: Anne Kalch

Location: Sprayfari Aquatic Park

11930 S. Kostner

Age: 16-Adult
Day: Tuesday
Dates: June 4-July 30
Time: 9:15-10:00 am
Fee: R\$40/NR\$50
Min/Max: 10/20

Jammin' to Zumba

Come and try this exercise in disguise class. We take the "work" out of workout, by mixing low intensity to high intensity moves for an interval style, calorie burning fitness party. Zumba has easy to follow moves with awesome Latin rhythms to get you boosted energy, cardio enhancement, and body toning and sculpting. This class is for everybody and every body. Let us get together and sweat it on, ditch the workout and join the Zumba party! No dance experience is needed or required. There will be no class on Thursday, July 4th.

Activity: 466428

Instructor: George Montejano Location: ARC/Small Gym Time: 6:30-7:30 pm Age: Teen-Adult Fee: R\$56/NR\$66

Min/Max: 8/15

Session Day Dates

A MO June 10-August 26 B TH June 6-August 29

Fitness Crazy Card

Not sure what class best suits you? Try five of our fitness classes to see which one is right for you. A card holder may attend any of our aerobic classes while discovering how enjoyable getting fit really is! The instructor will validate your card. This is great if you have a changing schedule. This card will not be accepted for any Yoga, or Zumba classes. This card is nontransferable.

Activity: 466504-A

Location: Aerobic & Dance Rooms

Days/Dates: Monday-Saturday

 Card expires
 08/31/24

 Time:
 Varies

 Age:
 16-Adult

 Fee:
 R\$25/NR\$35



Agua Aerobics at Heritage II

Water Aerobics is a great way to increase your range of motion without causing any stress to your body. Men and women, regardless of your swimming ability or age, will be able to follow the daily routines. Changing facilities are available at Heritage II club house facility. You do not have to be a resident of Heritage to participate in this class. Aqua shoes are required for the class.

Activity: 466529-A
Instructor: Anne Kalch
Location: Heritage II Pool

3715 W. 123rd Pl.

Day: Wednesday
Dates: June 5-August 21
TIME: 11:00am - 12:00pm

Age: Adult-Senior Fee: R\$50/NR\$60

Min/Max: 8/12

Private Reiki Sessions

This is a hands-on healing energy movement session. If you feel stuck or have unanswered questions or need to move forward....This is the session for you. This class will be a private session with you and the instructor, Denise. Note: Your money will not be refunded if you cancel with less than 24 hours' notice of your appointment. Note: In-person registration only.

Activity: 466533-A Instructor: Denise Ch

Instructor: Denise Cholewa
Location: Aerobic Room
Day/Date: Appointment will be

scheduled by instructor

Time: 30–60-minute

appointments

Age: 18-Adult Fee: \$30-30 minutes

\$60-60 minutes





PERSONAL TRAINING

The trainer will contact you to set up a meeting and program to fit your needs. You may choose one session or up to any number of sessions with trainer. Please choose the number of sessions that best suits your needs. Training will take place at the Apollo Recreation Center (ARC) Fitness Center, once you have signed up as a member of the Fitness Center or Women's Circuit Center. Please bring your receipt to your first training session. Training sessions are non-transferable.

Trainer: Nicholas Miroballi

(ASFA Certified)

Location: ARC/Fitness Center Day/Dates; Schedule by

Schedule by appointment

Age: 16-Adult

NOTE: Your money will not be refunded if you cancel with less than 24 hours' notice of your appointment. A message may be left after hours by calling 389-1003 ext. 318 or ext. 315.

Sessions	Fee
1	\$35
5	\$160
10	\$300





PRESCHOOL REGISTRATION

A CREATIVE LEARNING PROGRAM FOR CHILDREN AGES 3 & 4 SCHOOL YEAR 2024-2025

The Alsip Park District Preschool Program offers a diverse range of developmentally suitable activities. These include, but are not limited to, engaging creative art experiences, rhythmic singing activities, captivating stories, interactive role-playing and body movement exercises, open-ended free play, opportunities for emerging writing and reading skills, as well as activities that foster everyday math and science discovery.

- A copy of the birth certificate is REQUIRED.
- Age requirements must be met by September 1, 2024
- Children must be completely toilet trained.
- Enrollment fee* (same amount as monthly fee) due at registration then 8 additional payments (September 1st though April 1st)
- A \$100 administrative fee will be charged for all refunds before August 9, 2024.
- Refunds after August 9, 2024 through the start of preschool will be charged the full enrollment fee.

Please note policy for credit cards that are denied when installment payment is posted; You will be notified that credit card on file was denied which will require you to bring payment to the Main Office before your child's next scheduled class. If payment is not made by this time, a \$25.00 late fee will be assessed, and your child may not attend class until payment and late fee is made. A second time your credit card is denied will result with an additional \$20 fee, a third time will result in an additional \$40 fee, and if the payment is not made within 1 week of the originally scheduled payment date your child will be dis-enrolled from the Preschool Program. *Enrollment Fee is not refundable after August 9, 2024.

3-Year-Old Preschool Information

ACTIVITY #	DAY	DATE	TIME	AGE	MONTHLY FEE
180103-B 180104-B		JLI I. I IIAI /	8:45-11:45AM 8:45-11:45AM	3	R\$180/NR\$205 R\$118/NR\$141

4-Year-Old Pre-K Information

ACTIVITY #	DAY	DATE	TIME	AGE	MONTHLY FEE
180102-B	M-F	SEPT. 3- MAY 9	9:00-12:00PM	4	R\$303/NR\$337

FULL YEAR TUITION DISCOUNT AVAILABLE!

3-Year-Old Preschool Curriculum

Tu/Th Class 8:45-11:45 am

- First name recognition & tracing (sentence case)
- Recognizing & tracing alphabet in upper & lower case
- Rote counting to 30
- Recognizing & tracing numbers 1 to 10
- Speaking Numbers 1 to 10 in Spanish
- Monthly Themes

- Recognition of basic colors and shapes
- A strong emphasis on social skills, creative expression, dramatic play and fine motor skill development
- Daily: weather, calendar, story time, classroom sing-a-longs

M/W/F Class 8:45-11:45 am

- First name recognition & tracing (sentence case)
- Recognizing & tracing alphabet in upper & lower case
- Rote counting to 30
- Recognizing & tracing numbers 1 to 10
- Speaking Numbers 1 to 10 in Spanish
- Recognition of basic colors and shapes
- A strong emphasis on social skills, creative expression, dramatic play and fine motor skill development
- Daily: weather, calendar, story time, classroom sing-a-longs
- 1 extracurricular activity per week

- Monthly Theme
- Extra day of concept reinforcements
- 2 extracurricular activities per week
- End of the Year Book with a collection of your child's work throughout the year.

Extracurricular Activities

- Arts/Painting/Crafts
- Music/Singing/Dancing
- Outdoor Time
- Physical Education



















4-Year-Old Pre-K Curriculum M-F Class 9:00 am - 12:00 pm

- First and last name recognition/writing (Sentence Case)
- Recognizing and writing alphabet in upper & lower case
- Rote counting to 100
- Use comparative words- big/small, tall/short, etc...
- Recognizing words and writing numbers 1 to 20
- Basic colors and shapes along with word recognition
- Rhyming, opposites, location, distance, and patterns
- A strong emphasis on social skills & creative expression
- Daily: Weather, Calendar, Story Time
- Weekly Themes
- Spanish- verbal recognition of numbers 1- 20 &

- Science & Social Studies Curriculum
- 2 extracurricular activities per week

Extracurricular Activities

- Arts/Drawing/Painting/Crafts
- Music/Singing/Dancing
- Outdoor Time
- Physical Education
- Cultural Arts



Rock N' Kids

This interactive class has everyone on their feet! We all learn together while engaging in active, creative, music-based activities, while using rhythm instruments and movement props. All class procedures are designed to keep staff and students safe. Activities are age appropriate by class and include songs and rhymes, rhythm and coordination, fine and gross motor, imagination and sensory, listening, and following directions skills. Sing, dance, play, learn, and imagine with us!www.rockitkids.com



Tot Rock

Activity #: 400143

Instructor: Rock N' Kids

Location: Oak View Center- 4625 W. 110th Street, Oak Lawn, IL 60453

Age: 1 yr. w/adult

Min./Max.: 4/12

 Session
 Day
 Dates
 Time
 Fee

 A
 Thursday
 June 6 – June 27
 5:30-6:10 pm
 R\$50/NR\$60

 B
 Thursday
 July 11 – August 1
 5:30-6:10 pm
 R\$50/NR\$60

Kid Rock

Activity #: 400144
Instructor: Rock N' Kids

Location: Oak View Center- 4625 W. 110th Street, Oak Lawn, IL 60453

Age: 2-3 yrs. w/adult

Min./Max.: 4/12

 Session
 Day
 Dates
 Time
 Fee

 A
 Thursday
 June 6 – June 27
 6:15-6:55 pm
 R\$50/NR\$60

 B
 Thursday
 July 11 – August 1
 6:15-6:55 pm
 R\$50/NR\$60

YOUR KIDS ROCK...SO LET THEM ROCK!

I Speak Spanish!

Did you know that young children learn language naturally and much more easily than older children and adults? Introduce your child to the Spanish language in this Spanish immersion class developed especially for very young learners. Children will be immersed in the Spanish language through fun and educational activities and music. New material is covered in each session! Taught by Language in Action, Inc. instructor. (7-week sessions)

Activity #: 400205-A

Instructor: Language in Action Location: Oak View Center

4625 W. 110th Street,

Oak Lawn, IL 60453

Day: Tuesdays

Dates: June 25 – August 6th

Time: 5:00-5:45 pm Age: 3-6 years old Fee: \$120/\$130 Min./Max.: 6/12

Fiesta Time Minicamp- Make Your Own Mini Pinata!

Looking for something fun AND educational for your child to do this summer? In this camp children will decorate their very own mini piñata while singing songs in Spanish, learning Spanish words, and discovering the Mexican culture. All material is included. Taught by Language in Action, Inc. instructor.

Activity #: 400212-A

Instructor: Language in Action Location: Oakview Center

ation: Oakview Center 4625 W. 110th St

> Oak Lawn, IL 60453 Tuesday, June 18th

Time: 5:00-6:30pm

Age: 4-10

Fee: R\$30/NR\$40

Min./Max.: 6/12

Piano Lessons

Day/Dates

Mozart, Bach and Beethoven move over!! Have you ever wanted to learn piano in a fun and relaxing way? Then come on over! You will learn the basics of note reading and musical theory. Musical pieces will progress with the student's abilities. All first-time students must purchase the John W. Schaum book Making Music Method-Middle-c Approach: Primer Level Early Elementary Level coming to class. Your time and day of the lesson will be arranged after you register, you choose the most convenient time! Lessons are private and 30 minutes in length for a four-week session. Piano is a great hobby that lasts a lifetime. One make-up session is allowed per session. Registration Deadline for Session A is June 3rd and for Session B is July 8th.

Activity: 400305
Location: Red Room
Instructor: Marjorie Kuiper
Day: Instructor arranged
Time: 30-minute sessions

 Age:
 7 – Adult

 Session
 Dates
 Fee

 A
 June 10th – July 1st
 R\$105/NR\$115

 B
 July 15th – August 5th
 R\$105/NR\$115

Vámonos Youth Spanish

Learning a second language can open a world of possibilities for your child. In this class students will learn Spanish conversation and some Spanish grammar, reading, and writing skills through interactive and engaging activities. New and exciting material each session! Taught by Language in Action, Inc. instructor. (7-week sessions)

Activity #: 400206-A

Instructor: Language in Action Location: Oak View Center

4625 W. 110th Street Oak Lawn, IL 60453

Day: Tuesdays

Dates: June 25 – August 6th

Time: 6:00-6:45 pm
Age: 7-11 years old
Fee: \$120/\$130
Min./Max.: 6/12

Magic Madness

Kids you are guaranteed to have a fantastic time in this hands-on magic workshop! You will learn a collection of awesome and amazing tricks you can performs at home. All supplies needed to repeat the tricks will be handed out in class. You really will go home with a bag of tricks! Children are grouped by age and are taught age-appropriate tricks they can master. Sign up again and again, new tricks are taught each session!

Activity: 400421-A Instructor: Gary Kantor

Location: Oakview Center, 4625 W. 110th St.,

Oak Lawn, IL 60453

Day/Date: Monday, June 10th Time: 5:00 – 5:55 pm

Age: 5 - 12

Fee: R\$22/NR\$32

Min/Max: 5/35

Comedy Improv Workshop

Are you ready to laugh?! Most comedians you know, and love have taken improv classes, and now it is YOUR chance! Come play games that work on teamwork, confidence, public speaking, and creative thinking! No experience necessary! The instructor, Kate Wiersema, is a performer with over 13 years of experience. She is currently playing with teams in and around the Chicago area. Kate is also the Artistic Director of South of Chi Productions, a comedy collective based in Homewood. Kate has studied at Second City and ComedySportz Chicago. She is also a special education teacher and resident of Homewood.

Activity: 400214

Location: ARC/Orange Room Instructor: Kate Wiersema

Day/Date: Monday, June 10, 2024 Time: 50-minute sessions

Min/Max: 6/12

 Sessions
 Ages
 Time
 Fee

 A
 7-12
 3:30-4:20 pm
 R\$22NR\$32

 B
 13-18
 4:30-5:20 pm
 R\$22/NR\$32



Join us for a creative and fun event where participants will be guided by a professional instructor into making their very own painting. Class includes step by step instruction for any skill level! No painting experience necessary. Each child creates a masterpiece to bring home. All painting supplies included.

Activity #: 400213
Instructor: Ms. Becky
Location: Apollo Recreation Center
Min./Max.: 6/12

Session	Day	Dates	Time	Age	Fee
A	Thursday	June 20th	5:30-6:45 pm	7-14	R\$30/NR\$40
В	Thursday	July 18th	5:30-6:45 pm	7-14	R\$30/NR\$40
C	Thursday	August 15th	5:30-6:45 pm	7-14	R\$30/NR\$40



Session A
Create a 9 x 12
America themed
canvas.
Deadline to
register is
June 13th



Session B
Create a 9 x 12
Beach themed
canvas..
Deadline to
register is
July 11th



Session C Create a 9 x 12 Flower themed canvas. Deadline to register is August 8th



Join our teen camp for a day and join us on our field trips!



Join our summer day teen camp for a trip as we head to The Forge-Lemont Quarries. Enjoy Laser Tag, Kayak, Canoe, and Pedal Boats, Kids Jump Zone, Archery Range, Archery Battle Tag, Archery Golf, Axe Throwing, Orienteering & Classic Scavenger Hunts. Please bring a lunch and a water bottle with you. We will meet in the lobby of the Apollo Rec Center and leave promptly at 9:15am. Please arrive at 8:45am with a parent to sign any waivers needed. Return time will be in the lobby at 3:00PM.

400493-A Activity #: Tuesday June 18, 2024 Day: Dates Time: 8:45 am-3:00 pm

12-15 (incoming 6th, 7th, 8th graders) Age:

Fee: R\$55/NR\$65

Join our summer day teen camp for a trip to Climbzone Chicago were you will get to experience climbing, soft play, ropes course with zip line, laser tag and bumper cars. Please bring a lunch and a water bottle with you. We will meet in the lobby of the Apollo Rec Center and leave promptly at 9:00am. Please arrive at 8:45am with a parent to sign any waivers needed. Return time will be in the lobby at 3:00PM.

Activity #: 400493-B Tuesday July 2, 2024 Day: **Dates** Time: 8:45 am-3:00 pm

Age: 12-15 (incoming 6th, 7th, 8th graders)

Fee: R\$55/NR\$65



chicago

Join our summer day teen camp for a trip to the Museum of Science and Industry. Please bring a lunch and water bottle with you. We will meet in the lobby of the Apollo Rec Center and leave promptly at 9:00am. Please arrive at 8:45 am with a parent to sign any waivers needed. Return time will be in the lobby at 3:00PM.

400493-C Activity #: Tuesday July 16, 2024 Day: **Dates** 8:45am-3:00 pm Time:

12-15 (incoming 6th, 7th, 8th graders) R\$35/NR\$45 Age:

Fee:

Join our summer day teen camp for a trip as we Skate the afternoon away at the Tinley Park Roller Rink. This trip included 3 hours of skating, skate rental a hot dog lunch with chips and a drink. We will meet in the lobby of the Apollo Rec Center and leave promptly at 9:15am. Please arrive at 9:00am with a parent to sign any waivers needed. Return time will be in the lobby at 1:30PM.

Activity #: 400493-D Day: **Tuesday** July 30, 2024 Dates Time: 9:00am-1:30 pm

Age: 12-15 (incoming 6th, 7th, 8th graders)

Fee: R\$25/NR\$35





As low as \$25/day!

Registration Information

FEB 19TH

FEB 26TH



If registering online residents must send in proof of residency with in 12 hours of registering by e-mailing the documents to to mainoffice@alsipparks.org. No checks accepted starting May 17th.

Pay in Full: Registration will take place in-person at the Apollo Recreation Center or online.

Payment You may sign up for a payment plan through the end of April. A

Plan: 50% deposit is due at the time of registration. IF YOU ARE REGISTERING ONLINE YOU MUST INDICATE THAT YOU ARE DOING THE PAYMENT PLAN IN THE COMMENT SECTION DURING CHECKOUT. Households with previous balances must be paid in full for a new camp registration to be made. THE BALANCE MUST BE PAID IN FULL BY FRIDAY, MAY 17, 2024.

Refunds

A \$50 administrative fee will be charged for camp refunds PER CHILD. Deadlines for refunds are listed below-

Session A→ May 17, 2024 Session C → June 28, 2024 Session B→ June 14, 2024 Session D → July 12, 2024

Multi-Child Discount

The 2nd+ child that is enrolled in regular day camp or Kiddie Crew, that lives in the household, will receive \$25 off their total enrollment fee. (excludes pre/post camp and counselor in training program)

What to expect after Registration

You will receive an e-mail from ePACT to fill out all your emergency forms and waivers for Summer Day Camp. These must be filled out within a week of registration or it will not be considered complete.

Packet Pick-Up

Thursday, June 6th from 6:30pm-7:30pm will be the packet pick-up and meet your group leader and counselor night. We will not have a formal parent meeting, however the staff will be there to answer any questions you may have for the upcoming camp season.

More Information

708-389-1003

www.alsipparks.org





NEED TO KNOW CAMP INFO

- Camp will be offered in 2 week sessions this summer. If you sign up for all 8 weeks you will be offered a discount, however you must sign up for all 8 weeks at once when you first register to get that discount.
- · Each 2-week session will include:
 - 2 days of swimming (weather depending)
 - 1 off-site field trip
 - 1 in-house field trip
 - 2 theme-days
- * THE SCHEDULE FOR EACH SESSION WILL BE IN THE PACKET YOU PICK UP ON THE PACKET PICK-UP DAY.

Group Names

- Explorers (Incoming Kindergarten & 1st Grade in Fall 2024)
- Travelers (Incoming 2nd & 3rd in Fall of 2024)
- Adventurers (Incoming 4th & 5th in Fall of 2024)
- Voyagers (Incoming 6th, 7th & 8th in Fall of 2024)

Pre/Post Camp

We are offering extended camp again for working parents! Campers should bring a snack in addition to their lunch and water bottle every day. Games, activities, free-time, and crafts will be planned for before and after regular camp hours. Campers are expected to be dropped off no earlier then 7:00 am and picked up no later then 6:00 pm. A late fee will be charged for all campers not picked up on time. Note: There is no camp on Thursday, July 4.

Pre Camp

Activity: 350484

Day: Monday through Friday

Sign up for all 4 sessions of Pre Camp, Age: Campers enrolled in Explores, Travelers, Adventurers and Voyagers

Min/Max: 20/40

Section	Date	Time	Fee*
Α	June 10 - June 21	7:00-9:00 am	R\$75/NR\$100
В	June 24 - July 5	7:00-9:00 am	R\$75/NR\$100
С	July 8 – July 19	7:00-9:00 am	R\$75/NR\$100
D	Julý 22 - Aúgust 2	7:00-9:00 am	R\$75/NR\$100

Post Camp

Activity: 350485

Day: Monday through Friday

Age: Campers enrolled in Explores, Travelers, Adventurers and Voyagers

Min/Max: 20/40

Section Date Time Fee* June 10 - June 21 June 24 - July 5 3:00-6:00 pm R\$100/NR\$125 Α R\$100/NR\$125 R\$100/NR\$125 В 3:00-6:00 pm C July 8 - July 19 3:00-6:00 pm

July 22 - August 2 3:00-6:00 pm R\$100/NR\$125 *Multi-Child discount does not apply to Pre/Post Camp Programs

Sign up for all 4 sessions of Post Camp, at the same time, and save!

R\$350 NR\$450

at the same time, and save!

R\$250 NR\$350

At the summer day camp, dedicated staff members will meticulously plan and actively participate in a range of engaging activities to keep campers motivated and engaged throughout the weeks. Emphasizing team building and gross motor skill development, the group will partake in games and creative arts in crafts projects, igniting their imaginations. With fresh and exciting games daily, the campers will have a fantastic time learning age-appropriate activities, including swimming days supervised by counselors. The camp's diverse offerings aim to contribute to the intellectual and physical development of the participants, ensuring a summer filled with fun and enrichment. Note: There will be no camp Thursday, July 4.

EXPIORERS: Campers entering Kindergarten or 1st Grade in the Fall of 2024.

Activity:

Monday through Friday Day:

Age: Campers entering Kindergarten and 1st grade in fall of 2024

Min/Max: 16/32

Section	Date	Time	Fee
Α	June 10 - June 21	9:00 am-3:00 pm	R\$285/NR\$325
В	June 24 - July 5	9:00 am-3:00 pm	R\$285/NR\$325
С	July 8 - July 19	9:00 am-3:00 pm	R\$285/NR\$325
D	Julý 22 – Aúgust 2	9:00 am-3:00 pm	R\$285/NR\$325

Travelers: Campers entering 2nd and 3rd grade in Fall 2024.

Activity: 350488

Dav: Monday through Friday

Campers entering 2nd and 3rd grade in Fall of 2024 Age:

Min/Max: 24/48

Section	Date	Time	Fee
Α	June 10- June 21	9:00 am-3:00 pm	R\$285/NR\$325
В	June 24 - July 5	9:00 am-3:00 pm	R\$285/NR\$325
С	July 8 - July 19	9:00 am-3:00 pm	R\$285/NR\$325
D	July 22 - August 2	9:00 am-3:00 pm	R\$285/NR\$325

Adventurers: Campers entering 4th and 5th grade in Fall 2024.

Activity:

Day: Monday through Friday

Campers entering 4th and 5th grade in Fall of 2024 Age:

Min/Max: 24/48

Section	Date	Time	Fee
Α	June 10 - June 21	9:00 am-3:00 pm	R\$285/NR\$325
В	June 24 - July 6	9:00 am-3:00 pm	R\$285/NR\$325
С	July 8 – July 19	9:00 am-3:00 pm	R\$285/NR\$325
D	July 22 - August 2	9:00 am-3:00 pm	R\$285/NR\$325

Voyagers: Campers entering 6th, 7th & 8th grade in Fall 2024.

Activity: 350490

Day: **Monday through Friday**

Campers entering 6th, 7th & 8th grade in Fall of 2024 Age:

Min/Max: 24/48

Section	Date	Time	Fee
Α	June 10 - June 21	9:00 am-3:00 pm	R\$285/NR\$325
В	June 24 - July 6	9:00 am-3:00 pm	R\$285/NR\$325
С	July 8 – July 19	9:00 am-3:00 pm	R\$285/NR\$325
D	July 22-August 2	9:00 am-3:00 pm	R\$285/NR\$325

COUNSELOR IN TRAINING PROGRAM Incoming 9th & 10th Graders

Become a role model and have the best summer of your life! The Counselor-In-Training (CIT) program is designed for teens entering 9th or 10th grade who wish to develop leadership and communication skills, gain experience in planning, and instruct a variety of activities. CITs are held to high expectations and will be required to follow all Alsip Park District Policies and Procedures. A positive, cooperative attitude is a critical attribute for this unique opportunity. Program participation is based on an application and interview process. This program is a fee-based program and does not guarantee a paid position as a counselor once participants are eligible for employment. CIT's will need to apply and interview prior to being accepted into the program.

How to Apply:

- Please obtain application at the Apollo Recreation Center and return no later then May 17th along with 2 letters of recommendations from a professional reference.
- Return the application in person at the Apollo Recreation Center or e-mail it to rperkaus@alsipparks.org.

Day: Monday through Friday
Age: Teens entering 9th and 10th grade in Fall of 2024

Section	Date	Time	Fee* R\$75/NR\$100 R\$75/NR\$100 R\$75/NR\$100 R\$75/NR\$100
A	June 10 - June 21	8:30 am-3:15 pm	
B	June 24 - July 5	8:30 am-3:15 pm	
C	July 8 - July 19	8:30 am-3:15 pm	
D	July 22 - August 2	8:30 am-3:15 pm	

^{*}Discount or multi-child discounts does not apply to counselor in training program

KIDDIE CREW 2024

Registration Information
Kiddie Crew will have fun participating in games, arts n' craft
projects spending time outdoors with sidewalls shall brokels. projects, spending time outdoors with sidewalk chalk, bubbles, projects, spending time outdoors with sluewark thank, bubbles, playground time and making new friends. Kiddie Crew will also have a need day on Trioday's Compare are required to bring a have a pool day on Tuesdays. Campers are required to bring a robust snack each day they come to camp. For children attending robust snack each day they come to camp. For children attending Preschool this fall, Kiddie Crew is a great introduction, as it is held in the Preschool room and the Kiddie Crew staff are the Preschool staff! All campers must be of age by June 1, 2024, and completely starr: All campers must be or age by June 1, 2024, and completely toilet trained. Please dress your child appropriately for the weather, as many activities will take place outdoors. No pre/post weather, as many activities will take place outdoors. No pre/post
weather, as many activities will take place outdoors. No pre/post
weather, as many activities will take place outdoors. No pre/post
Wis /Ma

Activity #: 350486-A

Dates: June 10th - August 1st

Days: Monday-Thursday Times: 9:00am - 12:00pm

Location: Apollo Recreation Center

Price: R \$525/NR \$575

Resident FEB 19TH Non-Resident FEB 26TH

Payment Options

If registering online residents must send in proof of residency with in 12 hours of registering by e-mailing the documents to to mainoffice@alsipparks.org. No checks accepted starting May 17th.

Pay in Full: Registration will take place in-person at the Apollo

Recreation Center or online.

Payment You may sign up for a payment plan through the end of April. Plan: A 50% deposit is due at the time of registration. IF YOU ARE REGISTERING ONLINE YOU MUST INDICATE THAT YOU ARE **DOING THE PAYMENT PLAN IN THE COMMENT SECTION DURING CHECKOUT.** Households with previous balances must be paid in full for a new camp registration to be made. THE BALANCE MUST BE PAID IN FULL BY FRIDAY, MAY 17, 2024.



Refunds

A \$50 administrative fee will be charged for camp refunds PER CHILD. The deadline for refunds for Kiddie Crew is May 17, 2024

Multi-Child Discount

The 2nd+ child that is enrolled in regular day camp or Kiddie Crew, that lives in the household, will receive \$25 off their total enrollment fee. (excludes pre and post camp)

What to expect after Registration

You will receive an e-mail from ePACT to fill out all your emergency forms and waivers for Summer Day Camp. These must be filled out within a week of registration or it will not be considered complete.

Packet Pick-Up

Thursday, June 6th from 6:30pm-7:30pm will be the packet pick-up and meet your group leader and counselor night. We will not have a formal parent meeting, however the staff will be there to answer any questions you may have for the upcoming camp season.

South Suburban Soccer Association 2024 Season 4 years old – 13 years old

The Alsip Park District is proud to be a part of the South Suburban Soccer Association this year! Alsip will host home games at Commissioners Park and travel to neighboring parks for visitor games. Teams will play games beginning in September and primarily on Saturday mornings and afternoons (games may be played during the week). Weekly practice times will be determined by head coach. This league will stress fun, sportsmanship, fair play, and teamwork. Home games will be played at Commissioner's Park. Please Note: Ages may be combined due to low enrollment. Equipment: shin guards, water bottle, and it is recommended players bring their own ball to practice (4-7 sized 4, 8-13 sized 5).

Registration fee will include complementary picture package and end of the season award. Players are encouraged to use their Alsip reversible soccer jerseys from previous seasons: new reversible soccer jerseys are available for additional fee (\$20.00)

Volunteer Coaches NEEDEDIII

Location: Home Games at Commissioners Park/Away Games Vary

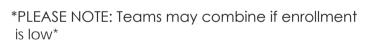
Game Day: Saturdays

Dates: August 19– November 8

Fee: Resident - \$90 // Non-Resident - \$110 Fee after Mon 4/1/2024: Resident - \$110 // Non-Resident - \$130

Min/Max: 40/80 per division

Divisions	Age	Activity
Pee Wee	4 & 5 year old	474067-A
Intermediate	6 & 7 year old	474067-B
Junior	8 – 10 year old	474067-C
Senior	11 – 13 year old	474067-D



A Note Regarding Special Requests:

Teams will be selected, for the most part, on a random basis or blind draft. Special requests can only be approved by the Athletic Supervisor. Although special requests will be considered, there are no guarantees that a child will be placed on a specific team or with a specific coach. All requests will be taken on a case by case basis and specific considerations will be given to family members (e.g., coaches children & siblings ETC).



VOLUNTEERS NEEDED

Volunteers are the lifeblood of our programs, without them we have no program. We need volunteers specifically Coaches and Team Managers. If you would like to be a Team Coach or Team Manager contact the Athletic Supervisor at (708) 389-1003. All team coaches are required to participate and attend any applicable coaches' meetings as well as actively assist on draft day (if applicable). Every head coach will complete a State of Illinois Criminal Background Check. Any league specific meetings will be at the Apollo Recreation Center, 12521 S. Kostner, Alsip, IL.



5 Star Soccer Camp

The 5 Star Soccer Camps are proud to offer a fresh, enthusiastic approach to teaching youth soccer. We pride ourselves in delivering a curriculum that presents the most current and advanced information on the development of the youth soccer player. The quality of our staff is among the best around, working hard to build on fundamental technique, while creating an atmosphere that unlocks the game within each child. We believe in our program, designed for success, that presents a positive, enjoyable environment for learning from energetic coaches in youth soccer. Program of instruction designed by Michael Wiggins, 2 time Illinois High School Soccer Coach of the Year and Head Coach of the 2014 Illinois HS State Champions. Equipment: water bottle, shin guards, don't forget the sunscreen.

Activity: 474061 – A
Ages: 5 – 13 years old
Location: Sears Park
Day: Monday-Thursday

Dates: July 8 – July 11
Times: 1:00 – 3:00 PM
Fees: R\$89/NR\$94
Min/Max: 24/100



Youth & Teen Volleyball Club

Join us for some volleyball fun this Summer. This coed program is not an instructional class but designed for volleyball lovers. Each week will be what the players make it. Whether you want to play with your friends or meet new players this is for you. Players will meet every week to play volleyball. Similar to pick-up games, all players need to do each week is to come ready to play. Don't forget your kneepads and your water bottle. P LEASE NOTE: NO MEETING JULY 4.

Activity: 474017-A
Day: Thursday
Dates: May 30-Sept. 5
Age: 8 – 17 years old
Time: 6:30 – 8:30 PM
Fee: R\$25/NR\$30

Location: ARC/Main Gym

4/30

Junior All Sports

Join us for a class like no other. This class is focused on trying new things: each week we will play a different sport. We will focus on warming up, specific skills, cool down and breathing activities to center ourselves as well as much more. Special attention is paid to taking turns, sharing, presentation skills, sportsmanship, picking yourself up and other foundations that all sports are built on. This class does not take itself too seriously. Parents don't forget your gym shoes as you may be called upon to join in the fun. Some of the many sports may include basketball, pillow polo, pickleball, kickball, and soccer. In addition, participants play many popular running and group games. Players acquire new skills and develop confidence in games they have played in previous years.

Don't forget your water bottle. Classes may be separated due to larger class size. This season, as weather permits, we may have class outside. Don't forget your water bottle. PLEASE NOTE: NO CLASS ON JULY 2

Activity: 474296

Ages: 4 - 7 years old Location: ARC/Small Gym

Day: Tuesdays Time: 5:00 – 6:00 PM

Min/Max: 2/7

Sessions	Dates	Fee	Weeks
Α	June 18 – August 20	R\$100/NR\$110	10
В	June 18 – July 16	R\$55/NR\$65	5
С	July 23 – August 20	R\$55/NR\$65	5

Open Pickleball

Alsip Park District open gym times are now available at the Apollo Recreation Center for Pickleball. Pickleball combines tennis, badminton, and ping pong for a fun game. The game is played on a badminton court with the net lowered at the center and played with a wiffle ball and composite paddles. It is easy for beginners to learn, but can develop into a quick, fast-paced, competitive game for experienced players. Our two Pickleball courts are on a first-come first-serve basis. Pickleball Open Play is dependent upon availability AND reservations must be made (give us time to set up the court(s)). Members can come and play for free; Non-Member fees (both resident and nonresident) are below and must be arranged with Registration Office (see Registration Office hours). PICKLEBALL OPEN GYM TIMES (keep an eye on our Facebook for updates)

Days: Mondays through Fridays

Age: 8 and Up

Time: Varies (call to inquire)
Fee: FREE WITH MEMBERSHIP

Non-Member Fee: R\$5/NR\$10 Location: ARC

CONTACT: Athletic Supervisor Charles Somerville to set up reservations at (708) 389-1003 or csomerville@alsipparks.org.

NOT SEEING SOMETHING THAT INTERESTS YOU?!?

If you are not seeing something or are interested in something that isn't being provided, please do not hesitate to contact

Athletic Supervisor Charles Somerville at (708) 389-1003 or csomerville@alsipparks.org.

Min/Max:

VolleyKidz - Youth & Teen Volleyball Afternoon Camps Alsip Park District is partnering with VolleyKidz USA to offer summer afternoon camps for Indoor Volleyball at Apollo Recreation Center. DON'T FORGET YOUR WATER BOTTLE AND YOUR KNEE PADS

VolleyKidz USA (6-8) is an introductory class for boys & girls 6yrs to 8yrs old. Perfect for first timers! The 1st – VolleyKidz lesson plan introduces setting, passing, arm-swing, and spiking using a very light volleyball. VolleyKidz will improve each child's hand/eye coordination and left/right coordination through the use of fun drills and challenging games like pirate-ship, bump-n-buckets, and Pass-Man.

Activity #: 474020-A Fee: R\$74/NR\$94 Ages: 6 – 8 years

Day/Dates: Mondays: July 8 – July 29

Time: 3:30 pm – 4:30 pm

Min/Max: 8/24

VolleyKidz USA (8-10) is an introductory class for children 8yrs to 10yrs old. The lesson plan introduces the pass, set, and spike using a very light volleyball. VolleyKidz will improve each child's hand/eye coordination and left/right coordination through the use of fun drills and games. Lesson plan also incorporates short educational drills including spelling, math & science.

Activity #: 474020-B Fee: R\$99/NR\$119 Ages: 8 – 10 years

Day/Dates: Mondays: July 8 – July 29

Time: 4:30 PM - 6:00 PM

Min/Max: 8/24

Jr. VolleyKidz USA (11-14) Improve your volleyball skills with 90 minutes of drills in setting, passing, overhand serving and spiking. The lesson plan directs the use of individual training, pairing drills, and game situation development that help each student reach a new level. Instructors organize short games at the end of each class. The lesson plan incorporates leadership and educational components.

Activity #: 474020-C Fee: R\$99/NR\$119 Ages: 11 – 14 years

Day/Dates: Mondays: July 8 – July 29

Time: 6:00 PM - 7:30 PM

Min/Max: 8/24



New Traditions Riding Academy Program

There are endless benefits associated with horseback riding. The Alsip Park District is working with New Traditions Riding Academy to provide Horseback Riding Lessons. New Traditions staff will teach riders to ride for pleasure or to show competitively. Riders must wear long pants, heels no higher than 1-1/2 inch, and wear ASTM/SEI Certified Riding Helmet. Helmet rental is \$2.00 per lesson or available for purchase for \$39.95. Participants will choose Five 1-hour lessons. Lessons are available on Mondays and Wednesdays at 4:30pm, Saturdays at 2:30pm, & Sundays at 12:00pm. Adult Beginner Lessons are available on Sundays at 12:00pm.

* Note: Lessons are on a floating schedule/subject to change: visit www.ntridingacademy.com/lessons.html for season schedule.*

Instructor/Location: New Traditions Riding Academy

10100 S. Kean Ave., Palos Hills, IL 60465

(708) 598-7718

Activity: 474313-A

Location: New Traditions Riding Academy

Fee: \$265: Five 1-hour lessons

Age: 7 & Up

Lesson Floating Schedule

Class	Day	Time
Beginner Basics	Mondays	4:30pm
Beginner Basics	Wednesdays	4:30pm
Beginner Basics	Saturdays	2:30pm
Beginner Basics	Sundays	12:00pm
Adult Beginner Class	Sundays	12:00pm



ASK ABOUT Therapeutic Horseback Riding!

New Traditions Riding Academy - 2024 Summer Camp

Alsip Park District is proud to offer you a summer at New Traditions Riding Academy with Pony Camp and Beginner Camp

Pony Camp

Pony Camp is the pride of the riding academy. A way for the wee ones to get a positive experience on our wonderful ponies and small horses. Riders will have pony rides for the first hour of camp then to the barn for grooming and brushing. The third hour is lunch and a special art project each day. Please bring a lunch and water each day.

Activity: 474314

Fee: \$250 per rider, per week

Ages: 4-8 years

Time: 10:00am - 1:00pm

Location: New Traditions Riding Academy, 10100 S. Kean Ave., Palos Hills, IL 60465

 Session
 Dates

 A
 July 15 – July 18

 B
 July 22 – July 25

The Beginner Camp

The Beginner Camp is designed for those riders with little or no riding experience. All riders will ride one hour per day, as well as having lessons in horse handling techniques. Riders will learn the basic control of the horse in the saddle of their choice. There will be exercises in moving the horse forward and stopping, turning and circling, as well as riding the sitting and posting trot. Participants will develop correct riding positions through guided explanations, exercise techniques and demonstrations. Stable management will also be discussed. Please bring a lunch and water each day.

Activiy: 474314

Fee: \$400 per rider, per week

Age: 7 & Up

Time: 10:00am - 3:00pm

Location: New Traditions Riding Academy, 10100 S. Kean Ave., Palos Hills, IL 60465

 Session
 Dates

 C
 June 17 – June 20

 D
 June 24 – June 27

D June 24 – June 2 E July 22 – July 25



KIDS SPRING FISHING DERBY

Did you know: more than 44 million Americans enjoy fishing every year. Studies show that fishing helps lower levels of cortisol, the hormone that causes stress. Come ioin us for a relaxing morning of fishing with your friends and family! This yearly event is rewarding for all and it is FREE. Prizes will be awarded for the event's milestones such as first fish, largest fish, smallest fish, and most fish. Pre-Registration is STRONGLY recommended for this Alsip Resident Event. Don't forget your fishing gear.









CPR, AED, and First Aid for Children, Infants, and Adults June is Safety Month and having knowledge of First Aid, CPR, and AED can save lives: This certification class will cover guidelines for CPR. AED. and First Aid for Children, Infants, and Adults. These skills are perfect for everyone from teachers and staff members to babysitters and family members (just to name a few). Following completion of the class requirements, participants will receive CPR, AED, and First Aid Certification from the Health & Safety Institute, All participants should bring a lunch and a snack.

Activity: 353435-A

Location: ARC Room: TBA Dav: Sunday,

Date: June 2

10:00am -4:00pm Time

16 and Up Ages: R\$70/NR\$80 Fee:

Min/Max: 5/12 Registration Deadline: One week before class

Father & Daughter Sports Social

In celebration of Father's Day, the Alsip Park District presents Father & Daughter Sports Social. Join us for an evening of fun with sports and games. Come dressed to play in comfortable clothes and gym shoes. Sports will include Pickleball, Pillow Polo, and Bean Bags just to name a few. Fee includes both Father & Daughter and contains a Father's Day commemorative photo, pizza dinner, game prizes, and a special Father's Day gift.

Activity: 474055-A

Apollo Recreation Center Location:

ALL Age:

Friday, June 14 Date: 6:30 - 9:00 PM Time: R\$35/NR\$40 Fee:

20/50 Min/Max:

Parent & Tot Playnastics (Unstructured)

This program is a supervised and unstructured opportunity where your child can be active and socialize with others. The gym provides various mats for climbing, balance beams, balls, and tunnels for your child to be active. Every class will begin with group stretching and conclude with relaxation exercises. Participants must have a parent or quardian present.

Parent & Tot Gymnastics (Structured)

This structured class will provide group activities as well as independent playtime for you and your child to socialize. Children will have the opportunity to utilize gymnastics equipment to jump, climb, crawl and swing in a safe environment. Class goals include listening skills, fundamental movement, coordination, fine and gross motor skill development, and body awareness. Participants must have a parent or guardian present.

Pre-School Gymnastics

Our pre-school gymnastics class is designed for children ages 3 to 4. Each 45 minute class will focus on beginner skills for vault, bars, beam, and floor. Gymnasts will also develop body and spatial awareness, as well as confidence while using the springboard, pre-school and low bar, low and medium balance beam, floor, and various skill shapes. Participants must wear a leotard or shorts and a t-shirt.

Kinder Gymnastics

This 45 minute class is designed for boys and girls ages 5 and 6. Participants will gain experience on the springboard, low and medium balance beams, pre-school and low bar, as well as the floor. Gymnasts will also develop body and spatial awareness along with confidence using our many skill shapes and trainers. Participants must wear a leotard or shorts and a t-shirt.

*Please note that gymnasts that are interested in pursuing Team are encouraged to participate in the Shooting Stars program until their skill level has reached Team status (Reminder: ALL TEAMS ARE BY PLACEMENT ONLY). If the Alsip Gymnastics Team program doesn't meet minimum participants, this time will be made available to Shooting Stars/additional supervised practice.

Girls Gymnastics Level 1

Our one hour gymnastics class is for girls 7 to 12 years of age with little to no gymnastics experience. Each one hour class will focus on skill for vault, bars, beam, and floor. Girls must wear a leotard or shorts and a fitted t-shirt.

Girls Gymnastics Level 2

Once your daughter has successfully completed Gymnastics Level 1 and has a coach's endorsement, she will be ready for this class. Level 2 is a one hour class designed for 7 to 12 year olds and will provide gymnasts a continuation of skill progression. Gymnasts will continue with all equipment used in the Level 1 Class. Girls who have gymnasts experience may request a skill evaluation to determine if this class is appropriate for their ability level. Girls must wear a leotard or shorts and a t-shirt.

Boys/Girls Tumbling

This 45 minute class is for boys and girls ages 7 to 12 who would like to learn to tumble. Participants will learn a progression of rolls, cartwheels, handstands, round offs, limber skills, walkovers, and handsprings. Using a variety of practice drills, tumblers will begin with the basics and individually progress through more advanced skills. Participants must wear a leotard or shorts and a fitted t-shirt.

We also offer private tumbling classes for Cheer Teams or groups: please contact gymnastics staff for more information

"*NEW* Gymnastics – Shooting Stars (PRE-TEAM)

The Shooting Stars program trains 2 days a week and is for those girls who have the ability to train specifically FOR the Alsip Stars (gymnastics competitive team). This class is designed for gymnasts to work on skills that are required to be on the competitive team. This will allow for gymnasts to make an easy transition from gymnastics class to competitive gymnastics. This class is also for gymnasts who want to excel in gymnastics without competing.

*Please note that gymnasts who are interested in joining the Alsip Stars Gymnastics Team must participate (or have participated) in the Shooting Stars program (consecutively) until their skill level has reached competitive status. Once your gymnast is ready to join the Alsip Stars Gymnastics Team, she will be notified by a coach. ALSIP STARS GYMNASTIC TEAM IS BY PLACEMENT ONLY.

NEW Gymnastics - Alsip Stars (TEAM)

The Alsip Stars Gymnastics Team trains 2 or 3 days a week, year round. The Alsip Stars Team is designed only for gymnasts who will be competing on our competitive team. Our Gymnastics Teams compete in the Illinois Park District Gymnastic Conference from January to May. Any fees related to competition (leotards, warmups, meet fees etc.) are in addition to the Alsip Park District registration fee. For more information, please contact the gymnastics staff. ALSIP STARS GYMNASTIC TEAM IS BY PLACEMENT ONLY."

We Love Parents BUT...

Parents are encouraged to attend their child's first day of class. Please do not remain in the gym after you have dropped your child off. This is in the best interest of your child. Interruptions tend to affect the participant's attention span and inhibit the establishment of peer relationships. It's also important to arrive on time so participants can participate in a proper warm up and stretching. Please do not use class time to speak to your child's instructor. Instructors are available before and after class if you wish to speak with them. Thank you for your cooperation!

*Please note that gymnasts that are interested in pursuing Team are encouraged to participate in the Shooting Stars program until their skill level has reached Team status (Reminder: ALL TEAMS ARE BY PLACEMENT ONLY). If the Alsip Gymnastics Team program doesn't meet minimum participants, this time will be made available to Shooting Stars/additional supervised practice.

Gymnastics Program Schedule Summer 2024 Monday, June 10 through Friday, August 2

All Recreational Classes are 7 weeks in length, unless noted

Program & Activity							
Number	Ages	Day	Time	Start/End	Fee	Min/Max	No Class
Parent & Tot Playnastics Unstructured #474171-A	Crawl - 2 years	Thurs	9:30 - 10:00am	June 13 - Aug 1	R\$30 NR\$50	6 cpl/ 12 cpl	4-Jul
Parent & Tot Gymnastics Structured #474167-A	2 & 3 years	Tues	4:00 - 4:30pm	June 11 - July 30	R\$30 NR\$50	6 cpl/ 12 cpl	2-Jul
Pre-School Gymnastics #474177-A	3 & 4 years	Tues	4:35 - 5:25pm	June 11 - July 30	R\$42 NR\$62	3/6	2-Jul
Pre-School Gymnastics #474177-B	3 & 4 years	Thurs	10:15 - 11:00am	June 13 - Aug 1	R\$42 NR\$62	3/6	4-Jul
Kinder Gymnastics #474168-A	5 & 6 years	Tues	5:30 - 6:15pm	June 11 - July 30	R\$42 NR\$62	4/8	2-Jul
Kinder Gymnastics #474168-B	5 & 6 years	Thurs	4:00 - 4:45pm	June 13 - Aug 1	R\$42 NR\$62	4/8	4-Jul
Girls Gymnastics Level 1 (Beginner) #474185-A	7 - 12 years	Thurs	5:40 - 6:40pm	June 13 - Aug 1	R\$56 NR\$76	6/10	4-Jul
Girls Gymnastics Level 2 (Advanced) #474186-A	7 - 12 years	Fri	4:30 - 5:30pm	June 14 - Aug 2	R\$56 NR\$76	6/10	5-Jul
Boys/Girls Tumbling #474246-A	7 - 12 years	Thurs	4:50 - 5:35pm	June 13 - Aug 1	R\$42 NR\$62	4/8	4-Jul
Program & Activity Number		Ages	Days	Fe	ee	Mi	n/Max
*Shooting Stars (PRE-TEAM) 2 DAYS/WEEK #474226-A		6 & Up	2 days	\$1	00	3	3/12

*with instructor approval

Pre-Shooting Stars Meets 2 Days A Week:

Mondays at 4:30 - 6:00 PM (6/10 - 7/29) - NO CLASS 07/01 Wednesdays at 4:30 - 6:00 PM (6/12 - 7/31) - NO CLASS 07/03

Program & Activity Number	Ages	Days	Fee	Min/Max	
*Alsip Stars (TEAM)					
2 DAYS/WEEK	6 & Up	2 days	\$126	3/12	
#474228-A					
*Alsip Stars (TEAM)					
3 DAYS/WEEK	6 & Up	3 days	\$189	3/12	
#474228-B					

*with instructor approval

Shooting Stars Meets Up to 3 Days A Week:

Mondays at 5:30 - 7:30 PM (6/10 - 7/29) - NO CLASS 07/01 Wednesdays at 5:30 - 7:30 PM (6/12 - 7/31) - NO CLASS 07/03 Fridays at 5:30 - 7:30 PM (6/14 - 8/2) - NO CLASS 07/05

Private Gymnastics Lesson are NOW available: \$40 for 1 hour

Inquire with the Athletic Supervisor, Charles Somerville: csomerville@alsipparks.org



"ILLINOIS SHOTOKAN KARATE CLUB IS CHICAGOLAND'S PREMIER KARATE SCHOOL TAUGHT UNDER THE INSTRUCTION OF JOHN DIPASQUALE, A FOUR-TIME NATIONAL CHAMPION AND PRESIDENT OF THE AMERICAN SHOTOKAN KARATE ASSOCIATION. ISKC'S KARATE CLASSES OFFER A GOOD MIX OF STRENGTH TRAINING, WITH CARDIOVASCULAR AND FLEXIBILITY EXERCISES. STUDENTS INCREASE THEIR COORDINATION, AGILITY AND POISE, AS WELL AS LEARN LASTING PERSONAL SAFETY SKILLS. THEY ALSO BENEFIT FROM THE MENTAL STIMULATION OF LEARNING THE CHOREOGRAPHED MOVES OF THE KATA AND THE DISCIPLINE OF CONFORMING TO THE CLASS RULES.

- Uniforms and Belt-Testing are options available through the ISKC instructor.
- PLEASE NOTE THAT THE YOUTH AND ADULT CLASSES WILL TRAIN TOGETHER.
- BEGINNER STUDENTS WILL NOT BE PERMITTED TO REGISTER INTO THE CURRENT SESSION AFTER THE SECOND CLASS HAS MET.
- REGISTRATION FOR CONTINUERS THROUGH ADVANCED STUDENTS WILL BE ACCEPTED AFTER THE START DATE, BUT THE FULL CLASS FEE IS REQUIRED.
- PLEASE VISIT WWW.ISKC.COM FOR MORE INFORMATION OR CALL US AT (847) 359-0666."

ACTIVITY: 438257

Instructor: Illinois Shotokan Karate Club Staff
Location: ARC/New Multi-Purpose Gymnasium

DAY/DATES: FRIDAYS: June 14 - August 23

FEE: R\$157/NR\$170

MIN/MAX: 4/12

REGISTRATION DEADLINE: BEFORE THE SECOND CLASS



SESSION	TIME	AGE	LEVEL
Α	4:30 - 5:15PM	4-6	BEGINNER (NO PRIOR EXPERIENCE)
В	5:20 - 6:05рм	4-6	CONTINUER (WHITE W/STRIPES & UP)
C	6:15 - 7:10 _{PM}	7 & UP	BEGINNER/CONTINUER (WHITE-RED BELTS)
D	7:15 - 8:10рм	7 & UP	INTER/ADVANCED (ORANGE BELTS & UP)

^{*}PLEASE NOTE: FEE IS PER PARTICIPANT

Open Pickleball

Alsip Park District open gym times are now available at the Apollo Recreation Center for Pickleball. Pickleball combines tennis, badminton, and ping pong for a fun game. The game is played on a badminton court with the net lowered at the center and played with a wiffle ball and composite paddles. It is easy for beginners to learn, but can develop into a quick, fast-paced, competitive game for experienced players. Our two Pickleball courts are on a first-come first-serve basis. Pickleball Open Play is dependent upon availability AND reservations must be made (give us time to set up the court(s)). Members can come and play for free; Non-Member fees (both resident and nonresident) are below and must be arranged with Registration Office (see Registration Office hours).

Please note that space is very limited during the construction. PICKLEBALL OPEN GYM TIMES (keep an eye on our Facebook for updates)

Days: Mondays through Fridays

Age: 8 and Up

Time: Varies (call to inquire)
Fee: FREE WITH MEMBERSHIP

Non-Member Fee: R\$5/NR\$10 Location: ARC/

CONTACT: Athletic Supervisor Charles Somerville to set up reservations at (708) 389-1003 or csomerville@alsipparks.org.

Women's Fall Volleyball League will return in the Fall Brochure!

Men's 16" Softball League

Our 16" leagues are designed for men 18 years and older. All leagues will be double header leagues with teams playing two games each week. All competition is played at Commissioner's Park, located at 126th and Kedzie, Alsip. All leagues consist of a minimum of four with a maximum of eight teams. Any league that does not reach minimum of four teams may be cancelled. League play shall consist of a 14-game season plus one week of playoffs. Rosters are limited to 18 players. Leagues may be combined to reach appropriate numbers.

Activity	Day	Start Date	Game Time	Fee	Games
474021	SU	August 11, 2024	10:00 & 11:00 AM	R\$675/NR\$695	14
474024	TU	August 13, 2024	7:00 & 8:00 PM	R\$675/NR\$695	14
474027	FR	August 16, 2024	7:00 & 8:00 PM	R\$675/NR\$695	14

Co-Rec 14" Softball League

This league is being offered to adults 18 years and older. Teams will play a double header every week. All competition will be played at Commissioner's Park, located at 126th and Kedzie, Alsip. League play shall consist of 14-game schedule, with the top four teams advancing to the playoffs. Each league shall consist of a minimum of four teams with a max of eight. Rosters are limited to 20 players.

If interested, please e-mail Athletic Supervisor Charles Somerville at csomerville@alsipparks.org





12601 S. Kedzie Ave. Alsip, IL. 60803 (708) 388 - 4653

BACKNINE

Hours of Operation

2024 Summer Hours Of Operation

May 1st thru September 30th

Clubhouse

6:00 am - 9:00 pm

Driving Range 6:00 am - 9:00 pm

(Range Maintenance:

Monday - Closes Early Tuesday - Opens @ 9am

Restaurant Lounge

10:00 am - 8:00 pm

9:00 am - 9:00 pm

2024 Golf Lessons

Private Lessons: Please visit our website at www.alsipparks.org or contact us at 708.388.4653 X401

Junior Group Lessons: Fountain Hills Golf club is a host site, for The First Tee of Greater Chicago. for information please visit their website at www.thefirstteegreaterchicago.org.



To find our more pile

08.388.4653



2024 SumerRates

FOUNTAIN HILLS



GOLF CLUB

2024 Rental & Push Carts

Nine Hole (per person)	\$ 10
Single Rider	\$ 15
Replay (per person)	\$ 7
Push Carts	\$ 4

2024 Range Balls

Warm-Up	(20 balls)	\$ 4
Small	(35 balls)	\$ 6
Medium	(70 balls)	\$ 9
Large	(100 balls)	\$ 12

2024 Special Fees

Monday & Wednesday Golf Special (9 holes with cart) \$ 18.00 (April thru November - excluding Holidays or with any other offers or discounts)

Early Bird Special Walking \$ 10.00...........Riding \$ 16.00 (Before 7:30 a.m. Monday thru Friday - excluding Holidays - March thru November)

2024 SumerRates

FOUNTAIN HILLS



GOLF CLUB

Effective May 1st thru September 30Th

Weekday	Weekend/	Holid
(Includes Monday - Friday)		

Regular (after 7:30 am)	\$ 19	\$ 21
Senior	\$ 16	\$ 18
Mid-Day (after 12:00 pm)	\$ 16	\$ 18
Senior	\$ 14	\$ 16
Replay / 3	\$ 8	\$ 10
Junior (\$ 10	\$ 12
Twilight	\$ 10	\$ 12

Residents: Receive a \$ 3 Discount On Regular & Mid-Day Pricing (Must Present Proof Of Residency At Time Of Check In)



POLICIES & PROCEDURES

Cancellations:

-

A reservation may be cancelled prior to 24 hours in advance of the tee time with no charge either by contacting the golf shop or through the website. Any cancellations made less than 24 hours prior to the tee time will be charged the Sr. Resident Rate, unless in the event of a course closure due to severe weather.

No Show Policy:

A no-show policy will apply to all tee time reservations. The individual making the reservation, whether it is for 1, 2, 3, 4 or more players will be responsible for the entire group's no-show fees, or any portion of the fees if players are missing from the group. No-shows will be charged the Sr. Resident Rate

Pace of Play:

It should be a goal of all players to complete their round in 2:15. The Club's course advisors will work with all guests to ensure that an acceptable pace of play is maintained to maximize everyone's enjoyment of their round. It is the responsibility of each group to keep pace with the group ahead. If a group falls out of position and is in danger of not completing their round within the allocated time of 2:15, then our course advisor will assist them in getting back into position, which may require them to skip a shot or hole to do so.

Outside Food & Reverage:

Guests are not allowed to bring in any outside food on beverages on property for consumption. Only food and beverage purchased from The Club may be taken onto the course. Due to the State of Illinois liquor laws, all distribution of alcohol must be controlled by The Club.

NO PERSONAL COOLERS ARE ALLOWED

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POLICIES & PROCEDURES

Dress Code:

All persons using the Fountain Hills Facilities are required to wear proper attire at all times. NOT PERMITTED: Swim suits, cut off shorts or cut off sleeveless shirts. Clothing must be worn at all times. No one is allowed to go topless.

Reservation Policy:

Reservations can be made up to 7 days in advance. All reservations are guaranteed. Either by 1) online prepayment or 2) guaranteeing with a credit card over the phone through the club.

All golfers are expected to arrive at the golf course at least 10 minutes before their scheduled tee time. Reserved reservation will be given away to walk-in groups 5 minutes prior to a tee time if the reserved group has not checked in and paid for all golfers.

One important thing to remember, tee time is when you are expected to be hitting your ball down the fairway from the first tee, not when you enter the parking lot with your vehicle or are walking in to the pro shop to pay your green fee.

Fountain Hills Golf Club reserves the right to pair players together. Groups of less than four (4) players run the risk of being paired with other pre-paid or walk-in player(s).

Cart Use Policy:

Single Rider Cart Usage: To help offset the additional cost incurred from the increased usage of carts, the wear and tear on those carts because of the additional usage, the additional labor required for cart cleaning and sanitation, not to mention the distress of turf conditions due to the extra cart usage, our facility can no longer maintain the "one cart, one golfer" policy without charging a nominal Convenience Fee. The convenience fee will be \$5 per person per 9 holes. This will be in addition to the regular cart fee rate. All cart usage is based on availability and we are unable to guarantee single rider carts. We will do our best to accommodate the special request for single rider golf cart use, however we cannot guarantee that a will be available.

Fountain Hills Golf Club 12601 S Kedzie Ave Alsip, IL. 60803 708.388.4653





Golf Club Information



Restaurant Menu



Banquet Menu

Upcoming Events
Menu

2024

n The Gre





JUNE 21ST



JULY 19TH

Bad Alley Shadows The Grateful String Band

Liam Durkin





AUG. 16TH



SEPT. 20TH

The Smiley Tillmon Band Whata Bout bob



0 - 9:30 P.M

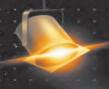
NINE @ FOUNTAIN HI

12601 S Kedzie Ave

Alsip, IL 60803

Free Event - Reservations Required For Dining

INFORMATION 708.388.4653



The BackNine at Fountain Hills Golf Club

Now Booking

2024

BANQUETS

Contact Danielle & Book Your Special Event

(a)

Fountain Hills Golf Club 12601 S Kedzie Ave Alsip, IL. 60803 708.388.4653 X403



BACK**NINE**



Food

Monday

BOGO 1/2 Off Flatbread

Tuesday

\$3.00 Tacos

Wednesday

\$14 Domestic Beer & Bowl

Thursday

1/2 Price App with Beer Flight Purchase

Friday

Manager Special

Saturday

BOGO 1/2 Off Burgers

The BackNine
Fountain Hills
Golf Club
12601 S Kedzie Ave
Alsip, Il
708.388.4653





UPCOMING EVENTS

* All Specials Require Beverage Purchase

* Dine-In Only

Drink

Monday

\$5 Flavored House Martinis

Tuesday

\$7 Premium Margaritas

Wednesday

\$1 Off Craft Drafts

Thursday

\$1 Off U-Call-It Liquor

Friday

\$5 Beer Flights

Saturday

\$5 House Mimosas

Sunday

\$5 House Bloody's

Piano Lessons

Mozart, Bach and Beethoven move over!! Have you ever wanted to learn piano in a fun and relaxing way? Then come on over! You will learn the basics of note reading and musical theory. Musical pieces will progress with the student's abilities. All first-time students must purchase the John W. Schaum book Making Music Method-Middle-c Approach: Primer Level Early Elementary Level coming to class. Your time and day of the lesson will be arranged after you register, you choose the most convenient time! Lessons are private and 30 minutes in length for a four-week session. Piano is a great hobby that lasts a lifetime. One make-up session is allowed per session. Registration Deadline for Session A is June 3rd and for Session B is July 8th.

Activity: 400305
Location: Arc/Multi 1
Instructor: Marjorie Kuiper
Day: Instructor arranged
Time: 30-minute sessions

Age: 7 – Adult

Session Dates Fee

A June 10th – July 1st R\$105/NR\$115 B July 15th – August 5th R\$105/NR\$115



Have you always wanted to learn a foreign language, but never had the opportunity? Are you planning a vacation to a Spanish-speaking country? Do you work with Spanish speaking students or clients? In this relaxed, small-class environment you will learn Spanish conversation, grammar, and phonetics which you can immediately begin using. This class will be tailored to fit the needs of the students enrolled. Each session covers different material. Taught by Language in Action, Inc. instructor. (7-week sessions)

Activity #: 400463-A

Instructor: Language in Action Location: Oak View Center

4625 W. 110th Street, Oak Lawn, IL 60453

Day: Tuesdays

Dates: June 25 – August 6th

Time: 7:00-8:00 pm Age: 18 and older Fee: \$120/\$130

Min./Max.: 6/12



Coding Workshop -Learning to Code Websites

Have you ever thought you wanted a career in technology? Learn the basics on how to code HTML, CSS and JavaScript. Learning to code websites is a great career. This workshop will give you the basics of how to use these languages to build websites. Please bring your laptops. If you do not have a laptop available, this workshop will still be beneficial. There will be an opportunity to get a discount on further workshops once you complete this course. This workshop will empower you for the tech industry! (For the 55 and older workshops, we spend time on the basics of computers if that is needed.)

Activity: 453595-A Ages: 18-55

Location: ARC/Green Room
Day: Wednesday
Dates: June 19, 2024
Time: 5:30 p.m. to 7:30 p.m.

Fee: R\$85/NR\$105

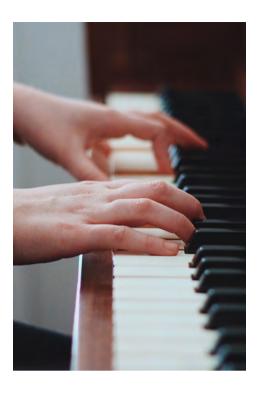
Min/Max: 8/20

Activity: 45395-B
Ages: 55 and older
Location: ARC/Green Room
Day: Wednesday
Dates: June 26, 2024
Fee: R\$85/NR\$105

Time: 5:30 p.m. to 7:30 p.m.

Min/Max: 3/50





CPR, AED, and First Aid for Children, Infants, and Adults June is Safety Month and having knowledge of First Aid, CPR, and AED can save lives: This certification class will cover auidelines for CPR, AED, and First Aid for Children, Infants, and Adults. These skills are perfect for everyone from teachers and staff members to babysitters and family members (just to name a few). Following completion of the class requirements, participants will receive CPR, AED, and First Aid Certification from the Health & Safety Institute. All participants should bring a lunch and a snack.

Activity: 353435-A Location: ARC

Day/Date: Sunday, June 2
Time: 10:00 – 4:00pm
Ages: 16 and Up
Fee: R\$70/NR\$80

Min/Max: 5/12

Registration Deadline: one week before class

www.alsipparks.org 43



Bally's Quad Cities Casino

Bally's Quad Cities, conveniently located near Davenport, Bettendorf and Moline. Bally's has some of the best casino games, restaurants and hotel accommodations available in the Quad Cities. Over 42,000 square feet of gaming, containing almost 800 slot machines, 13 table games all on one convenient, spacious and luxurious gaming floor.

Activity: 483709-A

Location: Bally's Quad Cities

Rock Island, Illinois

Day/Date: Tuesday, June 25 Time: 7:00am-6:00pm

Ages: Adult

Fee: R\$55/NR\$75

Min/Max: 8/14

Anderson Japanese Gardens Tour and Lunch

Anderson Japanese Gardens has been named one of the highest quality Japanese gardens in North America by Sukiya Living Magazine since 2004. Inspired by calm and tranquility, this 12 acre award winning landscape is comprised of koi-filled ponds, winding paths, gentle streams, cascading waterfalls, raked gravel gardens, beautifully trained pines, and more. Master craftsmanship and 16th century traditional architecture is found throughout the garden. Fresco at the Gardens, at features fresh, organic and locally grown food. Price includes transportation, light breakfast, guided tour and boxed lunch.

Activity: 483741-A Location: Anderson

Japanese Garden

Rockord, Illinois

Day/Date: Monday, July 22 Time: 8:30am-2:00pm

Ages: Adult

Fee: R\$70/NR\$80

Min/Max: 8/14
Registration July 8



Lunch Bunch

Join our little Alsip Park District lunch bunch! We travel the city and suburbs in search of the ultimate afternoon meal. We try new and exciting things and sometimes old favorites. Registration is open to all with taste buds and the fee is for transpportation and parking only. Bring money for your food and drink and leave the driving to us! Please send any suggestions to Denise Merlo at 708.389.1003 ext. 329 or denise@alsipparks.org and see them in the next brochure!

Activity: 483765
Day: Thursday
Fee: R\$12/NR\$17

Min/Max: 8/14

Registration

Deadline: One week before

Sessions Restaurant/Location Food Type Date Tequila/ Chicago Mexican Α July 11 В Ings Palace/Burbank August 22 Chinese/Sushi C Szarotka Restaurant September 12 Polish

Vintage Days Festival

We will return to Long Grove on Saturday, July 27th. Organized by the Historic Downtown Long Grove Business Association, this fun-filled, throw-back celebration bridges yesterday with today. It will feature all things vintage, reclaimed, handmade, upcycled, antique, and repurposed in an openair

marketplace. The free family-friendly event gives everyone a plethora of enduring products they can't find anywhere else – under the summer sun in the heart of timeless downtown Long Grove with old-time games, live music, contests, food, and drinks.

The new and improved downtown Long Grove now features modern pedestrian conveniences while still embracina its vintage allure. Known for its wide array of independent, family-owned and operated restaurants and stores, Vintage Days also features shops and restaurants doling out historic specials all weekend long. Visitors are invited to explore the recently beautified village to sip, shop, and dine and discover what has made downtown Long Grove so beloved for so long.

Activity: 483698-A Location: Long Gove,

Illinois

Day: Saturday
Date: July 27
Time: 10:00am-

6:00pm

Ages: Adult

Fee: R\$50/NR\$60

Min/Max: 8/14 Registration July 19

The Audience-Drury Lane

Peek behind closed doors of Buckingham Palace with The Audience, an intimate portrait of Queen Elizabeth II and the pivotal private audiences she held with her prime ministers. The Audience is an enthralling exploration of the delicate balance of power and unspoken rules of engagement that underscore these confidential meetings. Masterfully blending the personal and the political, The Audience gives an extraordinary glimpse into the woman behind the crown and the leaders she outlasted. All that and a wonderful lunch includina

Activity: 483965-A Location: Drury Lane

Oakbrook, Illinois

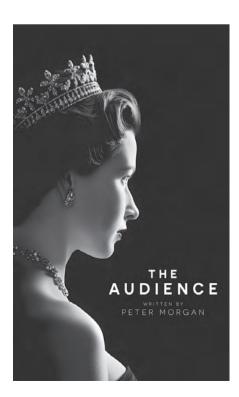
Day: Thursday
Date: August 29

Time: 10:00am-4:00pm

Ages: Adult

Fee: R\$70/NR\$80

Min/Max: 8/14 Registration August 6th





Fox Valley Folk Festival

For nearly 50 years, the Fox Valley Folklore Society has been bringing local, national, and international talent to the Western Suburbs, and this year's festival promises the same! Bask in the glory of the last summer holiday weekend listening to live music with 15 featured performers and other musical artists. Six stages run continuously, with choices of mini-concerts, storytelling, and topical & hands-on workshops, as well as a Kids Zone with music and craft activities that is co-sponsored with American Science and Surplus. Stroll through a Fine Arts area and updated Children's Tent, or bring your instrument to play along. Twirl at the old-fashioned Barn Dance, then thrill to some spine-tinalina tales as the crickets and train whistles blow through the dark. Join us on Labor Day Sunday fun for the whole family! SEVEN stages of live music and storytelling featuring local, national, and international performers! Fine Arts and food vendors so bring money for purchases.

Activity: 483678-A Location: Island Park

Geneva, Illinois

Day: Sunday

Date: September 1 Time: 10:00am-4:00pm

Ages: Adult

Fee: R\$58/NR\$68

Min/Max: 8/14 Registration July 8



Free Ice Cream Socials

Be honest, we all scream for ice cream at some point in our lives. Why not get it for free? Join us for a free scoop with all the topping imaginable and even some that aren't. You would be surprised what tastes good on ice cream. Come see for yourself!

Time: 6:00pm-8:00pm

Ages: Αll Fee: Free

Session Day/Date Location

Α Wednesday, June 5 Sears Park

В Wednesday, July 10 Commissioners Park

Puppapalooza Pet Event

Bring your fur babes out for a morning of games, contests and prizes, costume contest and parade, socializing with other doggies, vendors, demos and much more! This is a free event so come on out. All pups must be on a leash and cleaned up after, if you catch my drift. Goody bags to the first 30 dog/ owners to arrive. Hope to see you there!

Location: Prairie Park

119th & Kostner Ave.

Day: Saturday Date: September 28 Time: 10:00am-1:00pm

Ages: Αll Fee: Free



Foam Party 2024

Join us again this year for some good clean fun at our Foam Party! The Alsip Park District brings out our big faom machines and all our soap for a good old time. Wear your swims suits and googles and enjoy yourselves. We will also enjoy a cool treat! Just another free event from vour freinds at the Alsip Park District!

Location: Sears Park Day: Wednesday Date: August 7

6:00pm-7:00pm Time:

Ages: Αll Fee: Free



National Trails Day on the first Saturday in June recognizes all the incredible benefits federal, state and local trails provide for recreation and exposure nature. Events held throughout the United States help promote awareness of the wide variety of services the trails systems offer.

Picnic in the Park

Pack your picnic basket or have door dash deliver to Sears Park for our Picnic in the Park! The Alsip Park District will provide games, prizes and memories that will last a lifetime. Kids and adults can join in the fun and compete for prizes and gift cards.

Hope to see you there.

Location: Sears Park
Day: Wednesday
Date: June 26th
Time: 6:00pm-8:00pm

Ages: All Fee: Free

Keep an eye on Facebook and our website for random pop-up events and special treat and give-away days! www.alspparks.org

Kindness Rock Decorating

Our Kindness Rock Garden is in serious need of some Kindness! Stop by on the dates below and decorate a rock or two with encouraging word, uplifting support or just beautiful designs from your heart! You never know what a kind word or gesture can do at the right time. Love is stronger than hate. We need to care about others more. Lets start now!

Day: Wednesday
Time: 5:00pm - 7:00pm

SessionDateLocationAJune 12Sears ParkBJuly 24Apollo Park

Village Scavenger Hunt

Get the family together or a group of friends and register for the Alsip Park District's Village Wide Scavenger Hunt! Registration is required this year and spaces are limited. Teams will need to check in at the Apollo Park Pavilion to receive your list and clue packet. The team that brings back the most items in the least amount of time before the deadline will win the prize. Pre-Registration is required. We may cancel if minimum is not met.

Activity: 493660-A

Day/Date: Saturday, June 29 Time: 10:00 am - 1:00pm Location: ARC/ Park Pavilion

Age: All

Min/Max.: 10 Teams/50 teams

Clean Up Crew Season 2

Wanna give back to the community? Wanna feel better about yourself? Join the Alsip Park District for our park clean-up days! After our feel-good deeds we will enjoy pizza and soda pop lunch! It's a winwin. You get a nifty free t-shirt too! Pre-registration is required for ordering concerns.

Activity: 493603 Day: Saturday

Time: 10:00 am - 1:00pm

Location: ARC/Foyer

Age: All Free: Free

Session Date
A July 13
B August 10



12TH ANNUAL CAR SHOW

Come check out all the beautiful classic cars in our 12th Annual Car Show for a Cure and buy some raffle tickets for a chance to win one of many prizes, baskets and gift certificates. All proceeds benefit St. Jude Children's Research Hospital. Cars will be awarded trophies in a variety of classes and categories. The first 50 cars registered will receive a goody bag and

dash plaque. we will also have food vendors and live entertainment.

Activity: 493763-A

Day/Date: Saturday, September 7
Time: 11:30 am - 3:00pm
Location: Sears Park Lot & Pavilion

123rd & Trumbull Avenue

Age: All

Fee: \$20 per car Min/Max.: 25/100





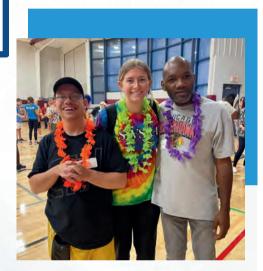
SATURDAY, JUNE 15TH PM-10PM 1930 S. HOSTNER AVE. ALCOR

ALSIP'S GOT TALENT COMPETITION
LIVE BANDS | FAMILY ENTERTAINMENT
GAMES | FOOD TRUCKS | VENDORS
CONTESTS & PRIZES | ATTRACTIONS |
FIREWORKS & MORE



WHO WE ARE:

South West Special Recreation Association (SWSRA) was formed in 1981 to provide year-round quality therapeutic recreation programs and services for individuals with intellectual and/or physical disabilities or special needs. SWSRA programs are designed to increase independence and enhance the quality of life for each individual. SWSRA offers a variety of programming for ages youth to adult.



WHO WE SERVE

- Alsip Park District
- Blue Island Park District
- Hickory Hills Park District
- Village of Merrionette Park
- Midlothian Park District
- Palos Heights Parks & Recreation Department
- Posen Park District
- Worth Park District

Follow us on...







AREAS OF SERVICE:

- Weekly Programs (in-person & virtual)
- Special Events
- Adult Day Program
- Special Olympics
- Cooperative Programs
- Inclusion Services
- Sensory Depot

12521 S. Kostner Ave. Alsip, IL 60803 708-389-9423 visit us at www.swsra.org

"Building Community through Recreation"

GENERAL MEMBERSHIP INFORMATION

- 1. All Facility Pass registrations take place at the Apollo Recreation Center during regular office hours. Proof of residency is required. One must be a picture I.D. and one current Alsip utility bill. Children should have a school I.D. and must be accompanied by a parent or legal guardian, who must show proper identification.
- 2. All facility pass members must have a photo I.D., taken at the Apollo Recreation Center.
- **3**. Bring your Facility Pass when registering! Your pass will then be re-validated for the season.
- **4.** The fee to replace a Facility Pass is \$20 for adults 18 & over, and \$10 for ages 8-17.
- **5**. You must present a valid Facility Pass or Daily Pass
- before entering the Gymnasium/Fitness Center/Women's Circuit Center. No exceptions will be made!!!
- **6**. There are no refunds on memberships.

GYMNASIUM MEMBERSHIP INFORMATION

Gymnasium Located inside the Apollo Recreation Center is a gymnasium that is left open for you to use for open gym. This facility is open for your use at periodic times during the week when park district activities are not in session. Children under the age of 8 must be accompanied by a valid, card carrying member 16 years and older who must provide supervision for the youth(s) inside the gymnasium.

Basketballs are available for use with a valid facility pass. Gym shoes must be worn at all times. No dark sole running/jogging shoes allowed! No food or drinks allowed in the gymnasium. Hours are subject to change during days of special events or circumstances.

GYMNASIUM FACILITY PASS FEES

Youth Pass

R\$30/NR\$60

(8 years to 17 years) **Adult Pass**

R\$75/NR\$150

(18 years and older)

Corporate

R\$95 per employee

www.alsipparks.org

Register Now

- 1. **Online Registration** Visit www.alsipparks.org, select registration, select online registration. For first time users of the system, you will have to set-up an account. This can be done by selecting the Create Account Tab. Setting up a new account will only take a few minutes and is only required for the first time you use the system. The online registration system provides many handy features that are designed to make registration easier.
- 2. **Mail-In** Complete the registration form in the brochure. The form must be filled out completely in order to be. processed. Payments may be made by check or credit card. Checks should be made payable to the Alsip Park District. If paying by credit card, include your complete credit card number, card holder name, expiration date and signature. Note: Make sure you sign the waiver on the registration form. Mail to: Alsip Park District 12521 South Kostner Alsip, Illinois 60803 Attn: Registration
- 3. **Fax** Complete the registration form in the brochure. The form must be filled out completely in order to be processed. All faxed registrations must be paid with a credit card. Be sure to include your complete credit card number, card holder name, expiration date and signature. Note: Make sure you sign the waiver on the registration form. Fax to: 708-389-1529
- 4. **Drop-Off** Complete the registration form in the brochure and/or complete a registration form at the Apollo Recreation Center. The form must be filled out completely in order to be processed. Place the completed registration form inside the mailbox located outside the front entrance of the Apollo Recreation Center, dropoff box inside located by the main office or drop it off at the Registration Desk during regular business hours. Note: Make sure you sign the waiver on the back of the registration form. Dropoff at: Alsip Park District 12521 South Kostner Alsip, Illinois 60803 Attn: Registration

Registration Process:

You simply complete a registration form and return it to the Alsip Park District Registration Department and we will mail you a confirmation receipt once your registration has been processed.

AMERICANS WITH DISABILITIES ACT (ADA)

The Americans with Disabilities Act of 1991 (Public Law 101-306) was adopted by congress for the purpose of eliminating discrimination against individuals with disabilities. The Alsip Park District makes every effortnecessary to comply with the Americans with Disabilities Act (ADA). We will not discriminate against qualified individuals with a disability for participation in programs and services. The Alsip Park District invites any individual with special needs to notify our staff upon registration so that we may better serve you. Additional programs for people with disabilities are offered through the Southwest Special Recreation Association (SWSRA). For additional information, please contact SWSRA at 708-389-9423.

Alsip Park District

Family Name

Address

City				Stat	e		Zip		
Home Phone()		We	ork Pho						
Emergency Contac	et				Relation	onship to Family	/		
Do you have any s	special ne	eeds or re	quire a	ny accomi	modations	?			
First Name	Gender	Date of Birth	Grade	Activity	# Session #	Program Title	Day/Time	Location	Fee
								Total Paid	\$
MAIL TO: Alsi 1252	-389-1529 ip Park Di 21 S. Kos	strict tner			Visa Cardholder # Cardholder N Amount Char Authorized S	lame	Discover Exp. Date		
Alsı Are you interested in	ip, Illinois n being a		coach fo	or one of ou		-	Yes 🗌	No 🗌	I
For Office Use Or Cash Check Date Rec'd Check	Charge		E-Mail	Address_		Pa	articipant Shir	rt Size	
The Alsip Park District is comm reduce such risks and insists that for any program or activity mus	nitted to condu	ts follow safety	ules and ins	structions that are	a safe manner an designed to prote	ect the participants' safety.	articipants in high rega However, participants a		
You are solely responsible for departicipant is pregnant, disabled				y or impairment,	to consult a physi	cian before undertaking an		ement. Always advisa	able, especially if the
Recreational activities are inter- conditioning and equipment, the risks, dangers and injuries may equipment, inadequate supervis	ere is still a risl exists due to in	k of serious injur	y when par slips and fa	l, mental and en ticipating in any a ills, poor skill lev	recreational activi el or conditioning	s of each participant. Desp ty. All hazards and dangers , carelessness, horseplay, u	s cannot be foreseen. D nsportsmanlike conduct	epending on the partic t, premises defects, ina	cular activity, certa adequate or defectiv
WAI Please read this form carefully a injuries, damages or loss which transportation services, when pr	and be aware the h you or your	at in signing up	and participa	ating in this progr	am/activity, you v		the risk and legal liabili	ity and waiving and rel	
I recognize and acknowledge th or loss, regardless of severity, th me or my minor child/ward) as I further authorize and give my programs, and facilities of the A I have read and fully understa	nat my minor ch a result of parti consent to the Alsip Park Distr	nild/ward or I ma cipating in this p Alsip Park Distri ict, without cons	y sustain as program/acti ct to photog ideration of	a result of said po vity against the A raph/video my ch any kind.	articipation, I furt Asip Park District, aild (or me), and w	her agree to waive and reling including its officials, age without limitation, to use su	nquish all claims I or m nts, volunteers and em ch photographs/videos	y minor child/ward ma ployees. in connection with pro	ay have (or accrue omoting the service
or facsimile signature shall su		d have the same	legal effec		orm signature.				
facebook				's Signature_	years or older or	Parent/Guardian)	Date	fo	llow us or
					ATION WILL B	2.2.4.66.77.3.4.4.1			

If the signature of adult or/parent/guardian and date are not on this waiver.

WAITING LISTS

Since all our programs have registration limits we cannot guarantee your choice of enrollment in them. The Alsip Park District maintains waiting lists for programs that have reached their maximum registration. Placement on a waiting list is encouraged. Individuals placed on a waiting list will be contacted if any additional program space becomes available.

OOPS! - BROCHURE ERRORS

Though we try our best, due to the large amount of information available in the Alsip Park District Program Guide, errors after publication may occur. We apologize for any inconvenience this may cause, and when errors do occur, our staff will advise you of the changes as quickly as possible. We will also attempt to keep information on our website, www. alsipparks.org as current as possible. Thank you for your patience and understanding.

SPECIAL ACCOMMODATIONS

Special Accommodation Services are provided through the inclusion services of the South West Special Recreation Association (SWSRA). Requests for this service should be made a minimum of 2 weeks before the start date of any program during the registration process.

SAY CHEESE

Our Park District photographers periodically take pictures and/or videos of participants in our classes, during special events and out at our facilities and parks. Please be aware that these photos are for Park District use and may be used in the District's marketing materials. You must give us written permission if you or your family members do not want to be photographed or published

PAYMENT/PRO-RATING

Participants will not be registered for programs without payment. Program fees will not be pro-rated for late enrollment.

REFUND POLICY

Individuals submitting a request for a refund for a program will be eligible to receive a refund provided the request meets one of the criteria below: Individual must complete a refund application at the Apollo Recreation Center prior to two classes of the program session. No other refunds will be given after two classes of the program session have expired.

For various one day seminars, trips or special events a refund will be given if the following criterion occurs: Individual must complete a refund application at the Apollo Recreation Center one week prior to the seminar, trip or special event.

There is a \$50 non-refundable processing fee for Summer Camp and Preschool. A processing fee of \$3.00 is deducted from all refunds with the exception of programs cancelled by the Alsip Park District.

Individuals enrolled in programs, special events or trips that are cancelled by the Alsip Park District will be given a 100% refund and a processing fee will not be assessed.

RESIDENCY

Residency of the Alsip Park District is defined by financial contributions through property taxes for the operation of the park district. Boundaries of the Alsip Park District and the Village of Alsip are not exactly the same. If you are uncertain whether you qualify as an Alsip Park District resident, please check your current property tax bill. Proof of residency in the form of a picture I.D. and current tax bill or utility bill may be required during program registration. Alsip Park District residents are given first priority for program registration.

PROGRAM LIMITATIONS

Each program at the Alsip Park District has an established minimum and maximum number of possible registrants. These numbers are set to guarantee the highest quality program we can offer. The facility, student/teacher ratio and the nature of the program considered when setting program registration minimums and maximums. Programs that do not meet the minimum number of registrants may be cancelled. Please refer to the Program Cancellation section for additional information. Program instructors are not allowed to accept any registrant beyond the established maximum without authorization by their immediate athletic or recreation supervisor.

CLASS CANCELLATION INFORMATION

Program supervisors begin reviewing class enrollment and canceling classes that do not meet minimum enrollment approximately ONE WEEK (five business days), prior to the start date. It is extremely important that you try to register for class choices no later than one week before thy begin. All participants registered in cancelled programs will be notified by the Alsip Park District staff and will receive a full refund.

PROGRAM CONFIRMATION

A confirmation/receipt will be sent to you in the mail once your registration has been processed. If it states ENROLLED you are enrolled in the program. If it states W-List, you are on the waiting list for the program. You will be notified of waiting lists status changes. We encourage you to place your name on a waiting list. If the program you desire is full, additional sessions will be opened, if possible.

THE ALSIP PARK DISTRICT ACCEPTS

Visa, Mastercard American Express and Discover for credit card payments. Sorry, no telephone registrations. A \$25.00 fee is charged on all NSF checks. All future registrations must be paid by cash, certified check or money order. Payment is due at the time of registration, unless otherwise noted.

PARK WATCH

We need your help in keeping our parks safe, clean and FREE of vandalism. If you find broken equipment or have any other safety concerns about our park sites or facilities, please contact our Main Office at 708-389-1003. If you see vandalism occurring in the parks, please contact the Alsip Police Department by calling 708-385-6902. The park district is committed to providing a safe place for recreational activities. Thank You for your support in our efforts to provide the residents of the Alsip Park District with quality park sites and facilities.

Picnic Shelter Rentals Available

\$100-CASH SECURITY DEPOSIT PICNIC/SHELTER RENTAL \$100/5 HOURS RESIDENT \$150/5 HOURS NON-RESIDENT

NO ALCOHOL ALLOWED ON PARK DISTRICT PROPERTY
NO SMOKING ALLOWED
NO D.J.'S OR LIVE BANDS ALLOWED
NO JUMPY BOUNCY HOUSES

04/14/2021

ALSIP PARK DISTRICT

12521 SOUTH KOSTNER AVENUE ALSIP, ILLINOIS 60803 708/389-1003/FAX 708/389-1529

PICNIC/SHELTER RENTAL APPLICATION

(ENTIRE RENTAL FEE AND DEPOSIT MUST BE PAID AT TIME OF APPLICATION)

NAME		
ADDRESS	CITY	ZIP
PHONE(DAY)	(EVENING)	
NAME OF ORGANIZATION		
DAY/DATE REQUESTED	TIME:STARTAM/P	PM FINISHAM/PM
ESTIMATED ATTENDANCE (SEE BELOW FOR N	MAXIMUM PER PARK)	
WHAT TYPE OF FUNCTION BEING HELD?		
WILL THERE BE AN ADMITTANCE COST TO TH	E FUNCTION? YES	NO
IF YES, PLEASE EXPLAIN		
WILL THERE BE ANY ARTICLES SOLD? YES	S NO	
FACILITY DESIRED: Apollo Park (50 person capacity)Sears Park (60 person capacity)Barnes Park (25 person capacity)Laramie Park (25 person capacity	Bathroom Key \$25 / M	lust be picked up by 5pm Friday
SPECIAL NOTE:		
I HAVE READ AND COMPLETED THE APPLICATION FO KNOWLEDGE AND ABILITY. I UNDERSTAND THAT AN GROUNDS FOR DENIAL OR IMMEDIATE REVOCATION OF CONDUCT OF THE PERSON, PERSONS OR GROUP WHILE HOLD HARMLESS THE ALSIP PARK DISTRICT FROM ANY OF GRANTING PERMISSION IN THIS APPLICATION.	IY MISREPRESENTATION OR FA F THIS PERMIT. THE UNDERSIGN LE ON THE ALSIP PARK DISTRICT	ALSIFICATION ON THIS APPLICATION WILL BE NED ACCEPTS FULL RESPONSIBILITY FOR THE F PROPERTY AND AGREES TO INDEMNIFY AND
SIGNATURE OF PERSON IN CHARGE		
APPROVED	PERMIT#	RENTAL FEE \$
NOT APPROVED	DATE	MISC. FEES
(THE APPROVED PERMIT MUST BE KEPT WITH A RESPO	NSIBLE PERSON ON SITE WHILE U	USING THE FACILITY)

PARKS AND FACILITIES

ALSTR	Ball Diamonds	Basketball Courts	Concession Stand	Disc Golf	Fishing Pond	Football Field	Golf Course/ Driving Range	Indoor Fitness	Indoor Tot Play Area	Infinity Web	Pickleball	Picnic Area	Playgrounds	Restaurant/Banquet Facility	Skate Park	Soccer Fields	Splash Pad	Tennis Courts	Walking / Bike Path Outdoor	Volleyball Courts	Indoor Track
APOLLO RECREATION CENTER- 12521 S. KOSTNER AVENUE		0						0	0		0	0	0					0	0	0	0
AUSTIN VIEW PARK - RT. 83 & AUSTIN AVENUE													0					L2	0		
BARNES PARK - 117TH & KOLIN AVENUE	0											0	0								
BICYCLE/WALKING PATH- 116th - 127th STREET																			0		
COMMISSIONERS PARK - 12600 S. KEDZIE AVENUE	L4		0		0							0	0			0			0	L2	
CREEKSIDE PARK-113TH & LAMAN AVENUE													0								
FOUNTAIN HILLS GOLF CLUB-12601 S. KEDZIE AVENUE							L30 9H							0							
FREEDOM PARK- 131ST & CICERO AVENUE												0	0						T		
KETELAAR TOT LOT - 124TH & WALTER LANE													0								
KIWANIS PARK - 122ND - LARAMIE AVENUE																0					
LACROSSE TOT LOT - ENGLE ROAD & LACROSSE		0											0						0		
LARAMIE PARK - 120TH & LARAMIE	0											0	0				0		0		
MARY J. LYNCH SKATE PARK - 119TH PLACE & KOSTNER										0		0			0						
POKEY OAKS - 123RD & LAVERGNE AVENUE												_	0								
PRAIRIE BALL DIAMONDS - 11910 S. KOSTNER AVENUE	0			6H																	
PRAIRIE VIEW PARK - TERMUNDE DRIVE & TRIPP AVENUE													0						0		
PROGRESS PARK - 122ND AND SPRINGFIELD AVENUE													0								
RONNETREE PARK - 127TH PLACE & KENNETH AVENUE	1												0								
SEARS PARK - 123RD & TRUMBULL AVENUE	0		0		0	L						0	0			L			6		
SPRAYFARI AQUATIC PARK 11930 S. KOSTNER AVE.			0									0	0				0				
WILKINS PARK - BLOSSOM DRIVE		0											0								

