

# WHAT'S CHAPPENING AT THE CALSID PARK DISTRICT



We would like to send a **thank you to Greg Hooper**, **Superintendent of Recreation** for his 9+ years of dedicated service to the Alsip Community. On behalf of the Board, Staff and community, we thank you and wish you well!

We would like to extend a warm welcome to Alejandro (Alex) Jarmillo and Michael (Mike) Radz! Alex joined our team in April 2023 and Mike joined our team in June 2023, both as a full-time Park Laborers in the Parks Department. We are excited to welcome them both to the Alsip Park District and look forward to their tenure.







We are excited to announce that the Alsip Park District has been selected for funding from GameTime as part of the Illinois Park and Recreation Association Statewide Training and Funding Initiative for Healthy Communities. With this funding, Progress Park will receive a new playground. We would like to thank the community as well as the students, staff

and administration from Hamlin Upper Grade Center for their input and support of this project. Completion is currently expected to be by the end of 2023.

Construction at the Apollo Recreation Center is underway. With the assistance of a PARC Grant, the Alsip Park District is excited to add additional program rooms, larger fitness center, new registration area, new sitting area with free wifi, multipurpose gym area, renovated gymnasium bathrooms to become accessible and an elevated walking track to the existing facility. Apollo will remain home to South West Special Recreation Association (SWSRA) with updated accessible space.



The Apollo Recreation Center remains open during construction with the exception that the Main Gym and Dance Room are currently closed to allow for renovations. Thank you for your patience and cooperation as we navigate through this exciting project.



The redevelopment of the Mary J. Lynch Skate Park is scheduled to begin in early September. The Skate Park is currently closed as we remove the old equipment to make way for the new equipment. Additional site amenities such as a water fountain, shelter, seating, game table, bike repair station and baggo court are also scheduled to be installed at this location. With the assistance of an OSLAD Grant, the Alsip Park District is proud to update this park site for the community.

We are excited to announce a **collaborative effort with the Alsip-Merrionette Park Library with the addition of two-Story Walk locations.** One will be located along the path behind the Apollo Recreation Center and the other along the path at Sears Park.

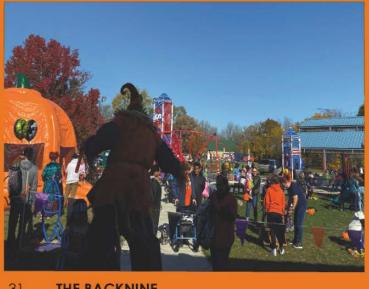
We expect this project to commence this fall. Thank you to our friends at the Alsip-Merrionette Park Library for your partnership. Stay tuned for additional details.



The Alsip Park District is a proud member of SWSRA! SWSRA provides year-round quality therapeutic recreation programs and services for individuals with intellectual and/or physical disabilities or special needs. SWSRA programs are designed to increase independence and enhance the quality of life for each individual.

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#### ALSIP PARK DISTRICT BOARD OF COMMISSIONERS

The Park Board is composed of five non-paid individuals selected by you to serve elected terms.

The Board is primarily a policy-making body that reflects the needs and interest of all taxpayers.

The Board of Commissioners meets on the fourth Monday of each month at the Apollo Recreation Center, 12521 South Kostner at 6:30 pm. The public is welcome to attend.











PICTURED LEFT TO RIGHT, JERRI-LYNN KLEINA, JOE SCHMITT, KATHLEEN PERRETTA,
JACKIE BECKER AND JAIRO GUTIERREZ

#### GYMNASIUM OPEN GYM HOURS

(EFFECTIVE MONDAY SEPTEMBER 5, 2023)

MONDAY
TUESDAY
WEDNESDAY
THURSDAY
FRIDAY
SATURDAY
SUNDAY
9:00 AM-6:00 PM
9:00 AM-9:00 PM
9:00 AM-9:00 PM
9:00 AM-9:00 PM
9:00 AM-6:00 PM
9:00 AM-6:00 PM
9:00 AM-5:00 PM

## REGISTRATION OFFICE HOURS (EFFECTIVE MONDAY SEPTEMBER 5, 2023)

MONDAY 8:30 AM-8:00 PM
TUESDAY-FRIDAY 8:30 AM-5:30 PM
SATURDAY 9:00 AM-12:00 PM

SUNDAY CLOSED

#### PROGRAM LOCATIONS

APOLLO RECREATION CENTER

SPRAYFARI AQUATIC PARK

DOUBLETREE/HILTON HOTEL

FOUNTAIN HILLS GOLF CLUB

HERITAGE II CLUBHOUSE

12521 S. KOSTNER AVE.

11930 S. KOSTNER AVE.

5000 W. 127TH STREET

12601 S. KEDZIE AVENUE

3715 W. 123RD STREET

#### APOLLO RECREATION CENTER

12521 South Kostner Ave. Alsip, Ill<mark>inois 6080</mark>3 (708)389-1003 | www.alsipparks.org

# OUR STAFF

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BUSINESS MANAGER

SUPERINTENDENT OF PARKS

PARK FOREMAN

PARK LABORER

PARK LABORER

PARK LABORER PARK LABORER

FOUNTAIN HILLS GOLF CLUB MANAGER

FOOD & BEVERAGE MANAGER

AQUATIC / FITNESS MANAGER

ATHLETIC SUPERVISOR

RECREATION SUPERVISOR

RECREATION SUPERVISOR

OFFICE MANAGER/BUSINESS CLERK

OFFICE STAFF

OFFICE STAFF

#### The Mission of the Alsip Park District



The mission of the Alsip Park
District is to enrich life through quality
leisure services at a variety of parks
facilities, while offering programs in
the areas of education, social
involvement & recreation in a clean,
safe environment for individuals of
all ages.

#### APOLLO RECREATION CENTER CLOSED HOLIDAY HOURS

HOLIDAY

LABOR DAY
THANKSGIVING
DAY AFTER THANKSGIVING

CHRISTMAS EVE

WOMENS CC

CLOSED CLOSED 8:00AM-2:00PM

CLOSED 8:00AM-2:00PM FITNESS CTR

CLOSED CLOSED 6:00AM-8:00PM

CLOSED 6:00AM-3:00PM GYMNASIUM

CLOSED CLOSED 9:00AM-8:00PM

9:00AM-3:00PM

MAIN OFFICE

CLOSED CLOSED 8:30-5:30PM CLOSED

M CLOSED

2











## CO-ED & WOMEN'S FITNESS CENTERS

The Co-Ed Fitness Center is equipped with Cybex/Bodymaster strength equipment, Apex five station cable crossover strength equipment, free weights, smith machine, x-trainers, treadmills, nu-steps, and 2 recumbent bicycles! We know we have the equipment you need for the perfect workout. All fitness members are required to participate in a fitness orientation. Orientations are done on an appointment basis after a facility pass is purchased and proper attire must be worn. Thirteen year olds can join the Fitness Center, but they must be supervised by another member 18 years or older. For your convenience, the Fitness Center is staffed during all hours of operation. Note: All upgrades from a 3 month membership to a yearly MUST be done within two weeks of expiration.

MEMBERSHIP TYPE	INDIVIDUAL (17& UP)	ADDITIONAL FAMILY MEMBER	FULL TIME STUDENT (18-22) WITH PROOF OF 12 CREDIT HOURS	TEEN MEMBER (13-16)	SENIOR (55+)	SENIOR ADD-ON (55+)	CORPORATE ALSIP BUSINESSES ONLY UP TO 30 PEOPLE
ANNUAL	R\$175 NR\$219	R\$150 NR\$188	R\$150 NR\$188	R\$150 NR\$188	R\$90 NR\$113	R\$90 NR\$113	R\$190 PER PERSON
DAILY	R\$8 NR\$12	R\$8 NR\$12	R\$8 NR\$12	R\$8 NR\$12	R\$8 NR\$12	R\$8 NR\$12	N/A
MONTHLY	R\$25 NR\$35	R\$25 NR\$35	R\$25 NR\$35	R\$25 NR\$35	R\$20 NR\$30	R\$20 NR\$30	N/A
3 MONTH	R\$73 NR\$92	R\$69 NR\$87	R\$69 NR\$87	R\$69 NR\$87	R\$57 NR\$67	R\$57 NR\$67	N/A
UPGRADE TO AN ANNUAL WITH THREE MONTHS	R\$112 NR\$140	R\$93 NR\$117	R\$93 NR\$117	R\$93 NR\$117	R\$46 NR\$58	R\$46 NR\$58	N/A

# FITNESS CENTER FALL HOURS (EFFECTIVE SEPTEMBER 5, 2023)

DAY HOURS

Monday - Friday 6:00 am-9:00 pm Saturday 8:00 am-6:00 pm Sunday 8:00 am-5:00 pm

# WOMEN'S CIRCUIT CENTER FALL HOURS (EFFECTIVE SEPTEMBER 5, 2023)

DAY HOURS

Monday-Friday 8:00 am-2:00 pm Saturday 8:00 am-12:00 pm Sunday 8:00 am-12:00 pm

#### CO-ED CIRCUIT CENTERFALL HOURS (EFFECTIVE SEPTEMBER 5, 2023

Monday-Friday 2:00 pm-9:00 pm Saturday 12:00 pm-6:00 pm Sunday 12:00 pm-5:00 pm

#### **WOMEN'S CIRCUIT CENTER**

is equipped with women friendly Body Master/Cybex Strength equipment, Life Fitness treadmills, Ellipticals and a Tetric & Schwinn bicycle. There are a total of 12 strength stations that alternate between 5 cardio machines. A mandatory orientation is required and must be done by appointment only. You must come dressed in workout attire for your orientation. Don't forget to bring a towel. This is a great way to get in shape or stay in shape. We know you're going to enjoy it.

Fee:.....\$10.00 per month



#### PUNCH CARD (5 TIME USE)

Not Ready to Commit, purchase a fitness center punch card. Each card provides five visits from the date of purchase. Punch card is valid for one year from date of purchase. Note: Upon purchase you must schedule an orientation in fitness center. R\$25/NR\$35

#### **Senior Fitness**

Join us for dynamic movements, resistance training, chair exercises, improving gait patterns and fall prevention. Perform fun exercises from standing and seated positions using resistance bands, dumbbells and other training tools to improve your ability to move with purpose and react quickly. This class emphasizes full body strength, posture re-alignment and pain reduction.

Come join us!

Activity: 166505

Instructor: Dawna Latka (Session A) Heritage II Club House

Rhonda Allan (Session B) ARC/Aerobic Room

Age: 55+

Fee: R\$54/NR\$64

Min/Max: 7/15

Session	Day	Dates	Time
Α	MO	September 11-November 27	11:00-12:00 pm
В	FR	September 15-December 1	9:30-10:30 am

#### Hatha Yoga 55+

Each class is a unique sequenced class developed to guide students through a systematic progression. This class can be practiced in all stages of life. In this Hatha class we will focus on correct alignment. You will be able to activate muscle groups in a new way, appreciating the subtle nuances that you may not have noticed in the past. Students will be introduced to the rope wall. The rope wall will help decrease tension in the spine. Come ready to sweat and prepare to leave empowered and feeling strong. All levels of experience are welcome.

Activity: 166536

Instructor: Denise Cholewa Location: Aerobic Room

Day: Tuesday

Time: 11:45-12:45 pm

Age: 18-Adult Fee: \$64/monthly \$20 per class

Min/Max: 6/10

Session	Date
Α	September 5-October 3
В	October 10-October 31
С	November 7-November 28
D	December 5-December 26





#### **Line Dancing**

Come join in for some fun, good music, exercise and a good time. No previous lessons are required. Steve is an experienced line dance instructor and will help you learn all the necessary steps to each dance that he teaches. Some dances will be easy and others challenging. There will be a wide array of music to dance to. No special attire or a partner is necessary to be part of this class.

Activity: 166404-A Instructor: Steve Steib

Location: ARC/Aerobic Room

Day: Monday

Dates: September 11-November 27

Time: 6:00-7:00 pm

Age: 55 +

Fee R\$48/NR\$58

Min/Max: 7/10

#### Gentle Yoga (New)

Gentle yoga postures, somatic stretching, and aigong movements are incorporated into the program. This routine activates your body's natural healing abilities, clears stress and tension, and uses slow, graceful flows to create deep relaxation. There is no class on Wednesday, November 22nd.

Activity: 166470
Instructor: Gail Morales
Location: Aerobic Room
Day: Wednesday
Time: 1:00-2:00 pm
Age: 18-Adult

Fee: R\$50/NR\$60 per month

Min/Max: 5/10

Session Dates

A September 6-September 27

B October 4-October 25

C November 1-November 29

#### 20/20/20

Come spend an hour at the park and get all your fitness goals wrapped up in one class. You will do 20 minutes of cardio to burn fat, 20 minutes of weight training to tone and firm those muscles followed by the final 20 minutes of Yoga/Pilates to increase your flexibility and core strength. What more could you accomplish in one hour of your day?

Activity: 166508-A Instructor: Anne Kalch

Location: ARC/Aerobic Room

Day: Tuesday

Dates: September 5-November 21

Time: 9:15-10:15 am
Age: Teen-Adult
Fee: R\$60/NR\$70

Min/Max: 6/10



The registration deadline is one week prior to the start of each class unless otherwise noted.



#### **Fitness Boot Camp**

Are you bored and looking for a new way to develop a habit of exercising? This could finally be the class to get you headed in the right direction. Boot Camp training combines interval training and many other exercises using weights and/or body weight to lose body fat, increase cardiovascular efficiency, increase strength, and help you get in a routine of regular exercise. This class is designed to push people a little bit further than they normally push themselves while exercising. If you are up to a challenge, come and give it your all, were ready for you.

Activity: 166499-A Instructor: Rhonda Allen

Location: ARC/Aerobic Room

Day: Saturday

Dates: September 9-November 25

Time: 10:00-11:00 am Age: Teen-Adult Fee: R\$54/NR\$64

Min/Max: 6/12



#### Aqua Aerobics

Water Aerobics is a total body workout that helps to increase your range of motion and muscle tone without causing any stress to your body. Limited changing facilities are available, so please come ready to go. Bring a towel and we also recommend aqua shoes for the class. Please enter through door"4", which is on northeast side of the parking lot.

Activity: 166524-A Instructor: Anne Kalch

Location: Doubletree/Hilton Hotel Pool

5000 W. 127th St. Alsip

Day: Tuesday

Dates: September 5-November 21

Time: 10:30-11:15 am Age: Adult-Senior Fee: R\$48/NR\$58

Min/Max: 10/15



#### Private Reiki Sessions

This is a hands-on healing energy movement session. If you feel stuck or have unanswered questions or need to move forward.... This is the session for you. This class will be a private Session with you and the instructor, Denise. Note: Your money will not be refunded if you cancel with less than 24 hours' notice of your appointment. Note: In-person registration only.

Activity: 166533-A

Denise Cholewa Instructor: Location: Aerobic Room

Day/Date: Appointment will be scheduled

by instructor

Time: 30–60-minute appointments

18-Adult Age:

Fee: \$30-30 minutes

\$60-60 minutes



#### Get Started with Mindfulness

Do you want to try a class about mindfulness, but not sure where to begin? We will show you how to start to feel better, reduce your stress and enjoy life a little more.

Activity: 166411

Denise Cholewa Instructor: Aerobic Room Location: Day: Wednesday 11:30-12:30 pm Time:

Age: 18-Adult \$22 per class Fee:

4/10 Min/Max:

Session Date September 6 В October 4 C November 1



#### Jammin' Zumba

Come and try this exercise in disguise class. We take the "work" out of workout, by mixing low intensity to high intensity moves for an interval style, calorie burning fitness party. Zumba has easy to follow moves with awesome Latin rhythm that boosts energy, cardio enhancement, and body toning and sculpting. This classic's for everybody and every body. Let's get together and sweat it on, ditch the workout and join the Zumba party! No dance experience is needed or required. Note: No class on Thursday, November 23rd.

Activity: 166428

Instructor: George Montejano

Teen-Adult Age: Fee: R\$54/NR\$64

Min/Max: 8/18



7

#### **Cardio Drumming**

Cardio drumming takes simple movement-drumming and turns it into a full-body workout that will leave you smiling, sweating and feeling great. Drumming burns calories, builds muscle and gets your heart pumping. It can lower your blood pressure and improves cognitive brain development. All fitness levels welcome, modifications will be provided. There will be no class on November 23rd.

Activity: 166509

Instructor: Beatice Orendorff

Location: Dance Room/Aerobic Room

Age: 16-Adult or Fee: R\$42/NR\$52

Min/Max: 5/20



Session	Day	Dates	Time
Α	TH	September 7-November 30	6:00-6:45 pm
В	SA	September 9-November 25	11:15 am-12:00 pm



# SilverSneakers



# WANT A FREE MEMBERSHIP?

See if you have SilverSneakers®.

SilverSneakers.com

SilverSneakers® is a benefit for seniors that comes FREE with qualifying Medicare health plans, giving members unlimited access to fitness locations across the country. From weights and machines to group classes led by instructors trained in senior fitness, we have something for everyone at all levels of ability.





# SESCHO CACREATIVE LEARNING PROGRAM FOR CHILDREN AGES 3 & 4 REGISTRATION

The Alsip Park District Preschool Program includes a variety of developmentally appropriate activities including but not limited to: creative art experiences, singing and rhythm activities, stories, role-playing and body movement, free play, emerging writing and reading skills and activities related to everyday math and science discovery.

- A copy of the birth certificate is REQUIRED.
- Age requirements must be met by September 1, 2023
- Children must be completely toilet trained.
- Enrollment fee\* (same amount as monthly fee) due at registration then 8 additional payments (September 1st though April 1st)
- A \$50 administrative fee will be charged for all refunds.
- Full refunds only available until August 12, 2023.

Please note policy for credit cards that are denied when installment payment is posted; You will be notified that credit card on file was denied which will require you to bring payment to the Main Office before your child's next scheduled class. If payment is not made by this time, a \$25.00 late fee will be assessed, and your child may not attend class until payment and late fee is made. A second time your credit card is denied will result with an additional \$20 fee, a third time will result in an additional \$40 fee, and if the payment is not made within 1 week of the originally scheduled payment date your child will be dis-enrolled from the Preschool Program.

\*Enrollment Fee is not refundable once the school year has begun.



# 3-Year-Old Preschool Information

ACTIVITY #	DAY	DATE	TIME	AGE	MONTHLY FEE
338103-B	M-W-F	SEPT. 6- MAY 10	8:45-11:45AM	3	R\$171/NR\$193
338104-B	T-TH	SEPT. 5- MAY 9	8:45-11:45AM	3	R\$112/NR\$134

# 4-Year-Old Pre-K Information

ACTIVITY # DAY DATE TIME AGE MONTHLY FEE
338102-B M-F SEPT. 6- MAY 10 9:00-12:00PM 4 R\$289/NR\$321

**FULL YEAR TUITION DISCOUNT AVAILABLE!** 

# 3-Year-Old Preschool Curriculum

## Tu/Th Class 8:45-11:45 am

- First name recognition & tracing (sentence case)
- Recognizing & tracing alphabet in upper & lower case
- Rote counting to 30
- Recognizing & tracing numbers 1 to 10
- Speaking Numbers 1 to 10 in Spanish
- Monthly Themes

- Recognition of basic colors and shapes
- A strong emphasis on social skills, creative expression, dramatic play and fine motor skill development
- Daily: weather, calendar, story time, classroom sing-a-longs

## M/W/F Class 8:45-11:45 am

- First name recognition & tracing (sentence case)
- Recognizing & tracing alphabet in upper & lower case
- Rote counting to 30
- Recognizing & tracing numbers 1 to 10
- Speaking Numbers 1 to 10 in Spanish
- Recognition of basic colors and shapes
- A strong emphasis on social skills, creative expression, dramatic play and fine motor skill development
- Daily: weather, calendar, story time, classroom sing-a-longs
- 1 extracurricular activity per week

- Monthly Theme
- Extra day of concept reinforcements
- 2 extracurricular activities per week
- End of the Year Book with a collection of you child's work throughout the year.

#### **Extracurricular Activities**

- Arts/Painting/Crafts
- Music/Singing/Dancing
- Outdoor Time
- Physical Education



# 4-Year-Old Pre-K Curriculum

M-F Class 9:00 am - 12:00 pm

- First and last name recognition/writing (Sentence Case)
- Recognizing and writing alphabet in upper & lower case
- Rote counting to 100
- Use comparative words- big/small, tall/short, etc...
- Recognizing words and writing numbers 1 to 20
- Basic colors and shapes along with word recognition
- Rhyming, opposites, location, distance, and patterns
- A strong emphasis on social skills & creative expression
- Daily: Weather, Calendar, Story Time
- Weekly Themes
- Spanish- verbal recognition of numbers 1- 20 & colors

- Science & Social Studies Curriculum
- 2 extracurricular activities per week

#### **Extracurricular Activities**

- Arts/Drawing/Painting/Crafts
- Music/Singing/Dancing
- Outdoor Time
- Physical Education
- Cultural Arts



# SCHOOL YEAR 2023-2024

#### **BEFORE SCHOOL**

TIME: 6:45AM - SCHOOL START

COST: \$12/DAY

PLEASE SEND BREAKFAST WITH THEM OR HAVE THEM EAT AT HOME PRIOR TO COMING.

#### AFTER SCHOOL

TIME: SCHOOL END- 6:00 PM

COST: \$20/DAY

PLEASE SEND A SNACK WITH YOUR CHILD

EACH DAY.

#### EARLY DISMISSAL DAY

TIME: SCHOOL END- 6:00 PM

COST: \$30/DAY

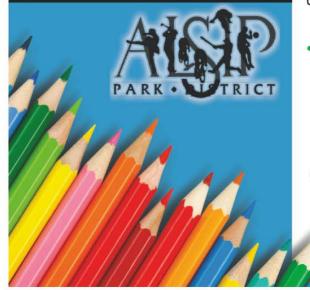
LUNCH IS INCLUDED ON EARLY DISMISSAL DAYS, PLEASE SEND A SNACK FOR LATER

IN THE DAY.

#### **ACTIVITY BUS**

The activity bus is an additional fee for transportation to/from school outside of normal bus route for school activities.

COST: \$5/DAY





# BEFORE & AFTER SCHOOL PROGRAM

Registration open for Grades K-6.

The Alsip Park District Power Play! Before & After School Program offers recreation activities, homework assistance, arts & crafts and much more! Our program is offered to those children in District 125 & 126 schools. Our staff looks forward to helping your child create new friendships, build self-esteem, get plenty of physical fitness and most important, have FUN!

## Registration Information

- In person registration is required at the Apollo Recreation Center.
- Registration deadline is due the Monday prior to the following weeks program to avoid late fees.
   NA T NA T F

Sign up by this day







Need a day this week?





 A \$15 late fee will be added if you register on Tuesday. No registrations will be added after Tuesday at 5:00PM for the following week.

CONTACT INFO:

Rebecca Perkaus 708-389-1003 rperkaus@alsipparks.org

To learn more, visit us at www.alsipparks.org



# Alsip Park District

Apollo Recreation Center, 12521 S. Kostner Ave.

Start Time: 6:45am End Time: 6:00pm

Min/Max: 8/13 Cost: \$45 per participant each day

Grades: Kindergarten - 8th Grade

Please bring snacks and a lunch for your child for the day!

Come Join us for a day of FUN activities, games and more!

# Monday, October 9th (Dist. 125 & 126)

Activity #140117-A

Registration Deadline: March 20th

# Tuesday, November 21st (Dist. 125 & 126)

Activity #140117-B

Registration Deadline: November 13th

Wednesday, November 22nd (Dist. 125 & 126)

Activity #140117-C Registration Deadline: November 13th

No changes or refunds are given after registration deadline.

#### Rock N' Kids

This interactive class has everyone on their feet! We all learn together while engaging in active, creative, music-based activities, while using rhythm instruments and movement props. All class procedures are designed to keep staff and students safe. Activities are age appropriate by class and include songs and rhymes, rhythm and coordination, fine and gross motor, imagination and sensory, listening and following directions. Sing, dance, play, learn and imagine with us! No class on November 23rd (in session B).

#### Tot Rock

Activity #: 100143 Instructor: Rock N' Kids

Location: Oak View Center- 4625 W. 110th Street, Oak Lawn, IL 60453

Age: 1 yr. w/adult

Min./Max.: 4/12

Session	Day	Dates	Time	Fee
Α	Thursday	Sept. 14 - Oct 19	5:30-6:10 pm	R\$65/NR\$75
В	Thursday	Nov. 2 - Dec. 14	5:30-6:10 pm	R\$65/NR\$75

#### Kid Rock

Activity #: 100144 Instructor: Rock N' Kids

Location: Oak View Center- 4625 W. 110th Street, Oak Lawn, IL 60453

Age: 2-3yrs. w/adult

Min./Max.: 4/12

Session	Day	Dates	Time	Fee
Α	Thursday	Sept. 14 - Oct 19	6:15-6:55 pm	R\$65/NR\$75
В	Thursday	Nov. 2 - Dec. 14	6:15-6:55 pm	R\$65/NR\$75

#### **Magic Madness**

Kids you are guaranteed to have a fantastic time in this hands-on magic workshop! You will learn a collection of awesome and amazing tricks you can performs at home. All supplies needed to repeat the tricks will be handed out in class. You really will go home with a bag of tricks! Children are grouped by age and are taught age-appropriate tricks they can master. Sign up again and again, new tricks are taught each session!

Activity: 100421 Instructor: Gary Kantor

Location: Oakview Center, 4625 W. 110th St., Oak Lawn

Age: 5-12 Fee: R\$21/NR\$31

Min/Max: 5/35

Session	Dates	Time
Α	Tuesday, October 3	5:00-5:55 pm
В	Friday, December 1	6:45-7:40 pm

#### I Speak Spanish!

Expand your child's world! Introduce your child to the Spanish language in this Spanish immersion class developed especially for very young learners. Children will be immersed in the Spanish language through fun and educational activities and music. Each session covers new material! Taught by Language in Action, Inc. instructor. (6-week sessions)

NO CLASS Oct. 9th (Session A) and Nov. 20 (Session B)

Activity #: 153205

Instructor: Language in Action

Location: Oak View Center- 4625 W. 110th Street, Oak Lawn, IL 60453

Age: 3-5 years old

Min./Max.: 6/12

Session	Day	Dates	Time	Fee
Α	Monday	Sept. 11 – Oct. 23	5:00-5:50 pm	R\$98/NR\$108
В	Monday	Oct. 30 - Dec. 11	5:00-5:50 pm	R\$98/NR\$108

#### Vámonos Youth Spanish

Learning a second language can open a world of possibilities for your child. In this class students will learn Spanish conversation and some Spanish grammar, reading, and writing skills through interactive and engaging activities. Each session covers new material! Taught by Language in Action, Inc. instructor. (6-week sessions)

NO CLASS Oct. 9th (Session A) and Nov. 20 (Session B)

Activity #: 153206

Instructor: Language in Action

Location: Oak View Center- 4625 W. 110th Street, Oak Lawn, IL 60453

Age: 7-11 years old

Min./Max.: 6/11

Session	Day	Dates	Time	Fee
Α	Monday	Sept. 11 – Oct. 23	6:00-6:45 pm	R\$98/NR\$108
В	Monday	Oct. 30 - Dec. 11	6:00-6:45 pm	R\$98/NR\$108

#### Piano Lessons

Mozart, Bach and Beethoven move over!! Have you ever wanted to learn piano in a fun and relaxing way? Then come on over! You will learn the basics of note reading and musical theory. Musical pieces will progress with the student's abilities. All first-time students must purchase the John W. Schaum book Making Music Method- Middle-c Approach: Primer Level Early Elementary Level coming to class. Your time and day of the lesson will be arranged after you register, you choose the most convenient time! Lessons are private and 30 minutes in length for a six-week session. Piano is a great hobby that lasts a lifetime. One make-up session is allowed per session. Registration Deadline for Session A is September 5th and for Session B is October 23rd.

Activity: 100305 Location: Multi 1

Instructor: Marjorie Kuiper
Day: Instructor arranged
Time: 30-minute sessions

Age: 7 – Adult

Session	Dates	Fee
Α	Sept. 11th – Oct. 16th	R\$160/NR\$170
В	Oct. 30th – Dec. 4th	R\$160/NR\$170



# STUFFED WITH LOVE TAKE HOME BASKETS

THESE ACTIVITY KITS WILL PROVIDE A GREAT OPPORTUNITY TO ENJOY THE SEASONS WITH MANY HANDS-ON ACTIVITIES IN YOUR OWN HOME



Activity Book

Each Kit includes: Wrapped in a bow & ready to go!!

Birth certificate Craft

October- Fall Fun

Get your little pumpkins ready for some fall fun! Scarecrows, pumpkins, and leaves galore...That's what this basket is for! This basket is full of fall fun for everyone!

Must order by September 30th.

Activity #: 100326-A

R\$35/NR\$45 Fee:

Day/Date: Monday, October 16th

November - Thanksgiving

There is so much to be thankful for! Gather your little Pilgrims and Indians for this fun basket! Embark on an imaginary journey with new lands, new friends, a feast, and thankful hearts!!

Must order by October 31st

Activity #: 100326-B

R\$35/NR\$45 Fee:

Thursday, November 16th Day/Date:



Join us for a creative and fun event where participants will be guided by a professional instructor into making their very own painting. Class includes step by step instruction for any skill level! No painting experience necessary. Each child creates a masterpiece to bring home. All painting supplies included.

> Activity #: 100213 Instructor: Ms. Becky Location: Apollo Recreation Center, Preschool 1 Min./Max.: 6/12

A В C

Session A Create a double sided so you can create a scarecrow on one side and snowman on another. Approx. 2ft tall Deadline to register is Sept. 30th

Session

Day Monday Thursday Thursday

Dates October 9th October 19th

1:00-3:00 pm 5:30-6:45 pm November 16th 5:30-6:45 pm

Time

7-14 7-14

Age

7-14

R\$30/NR\$40

Fee

R\$40/NR\$50

R\$30/NR\$40



Session B Create a 9 x 12 Halloween themed canvas. Deadline to register is October 9th

Session C Create a 12 X 9 all seasons themed canvas. Deadline to register is November 6th.

# IVYS HUE S DANCE COMPANY

This comprehensive dance program offers instruction in Ballet, Tap, Jazz and Hip-Hop, for ages 4 to 12. The program runs a total of 33 weeks and ends with a celebrated dance recital showcasing the students' talents! Class groupings are by age, and must be met by September 1, 2023, no exceptions!

\*NOTE\* No Class 12/26, 12/27, 1/2, 1/3, 3/26, 3/27

#### Register for dance by August 29, 2023

Activity: 443223

Instructor: Ivy Hue Dance Company Instructors

Location: Apollo Rec Center Dance Room

Min/Max: 5/10

Hip-Hop

Section	Class	Time	Day	Dates	Age	Fees
Α	Ballet	4:45-5:15 pm	Tuesday	9/12/23-5/14/24	4-6	R\$200/NR\$210
В	Tap	5:20-5:50 pm	Tuesday	9/12/23-5/14/24	4-6	R\$200/NR\$210
С	Ballet	5:00-5:45 pm	Wednesday	9/13/23-5/15/24	7-13	R\$220/NR\$230
D	Тар	5:50-6:30 pm	Wednesday	9/13/23-5/15/24	7-13	R\$220/NR\$230
E	Jazz &	6:30-7:30 pm	Wednesday	9/13/23-5/15/24	7-13	R\$220/NR\$230

#### Uniform Requirements

All students need to come to class in the proper dance uniform. There will be information on uniform purchasing the first week of class. You may order through the instructor or purchase items on your own.

**Girls:** Wear a plain, black leotard made of lycra, cotton or nylon. No velvet material, no skirts or unitards allowed. Flesh toned or pink tights and tan or pink full sole ballet shoes.

Boys: should wear a white t-shirt with shorts, loose dance pants or joggers.

Tap Shoes: 4-6yr Black patent leather velcro strap 7-12 velcro strap or laces

**Hip Hop:** Black leotard with biker shorts or leggings may be worn; clean sneakers or dance sneakers.

#### Recital

The Alsip Park District holds an annual dance recital in May. A costume will need to be purchased some time before December 15, 2023. Costume fees are \$70. Participants may have to purchase more than one costume depending on how many classes he or she is registered in. More information on the dance recital, costumes, and picture day will be included in the monthly newsletter.

## Parent & Tot Playnastics (Unstructured)

This program is a supervised and unstructured opportunity where your child can be active and socialize with others. The gym provides various mats for climbing, balance beams, balls, and tunnels for your child to be active. Every class will begin with group stretching and conclude with relaxation exercises. Participants must have a parent or guardian present.

## Parent & Tot Gymnastics (Structured)

This structured class will provide group activities as well as independent playtime for you and your child to socialize. Children will have the opportunity to utilize gymnastics equipment to jump, climb, crawl and swing in a safe environment. Class goals include listening skills, fundamental movement, coordination, fine and gross motor skill development, and body awareness. Participants must have a parent or guardian present.

#### **Pre-School Gymnastics**

Our pre-school gymnastics class is designed for children ages 3 to 4. Each 45 minute class will focus on beginner skills for vault, bars, beam, and floor. Gymnasts will also develop body and spatial awareness, as well as confidence while using the springboard, pre-school and low bar, low and medium balance beam, floor, and various skill shapes. Participants must wear a leotard or shorts and a t-shirt.

#### **Kinder Gymnastics**

This 45 minute class is designed for boys and girls ages 5 and 6. Participants will gain experience on the springboard, low and medium balance beams, pre-school and low bar, as well as the floor. Gymnasts will also develop body and spatial

#### Girls Gymnastics Level 1

Our one hour gymnastics class is for girls 7 to 12 years of age with little to no gymnastics experience. Each one hour class will focus on skill for vault, bars, beam, and floor. Girls must wear a leotard or shorts and a fitted t-shirt.

#### Girls Gymnastics Level 2

Once your daughter has successfully completed Gymnastics Level 1 and has a coach's endorsement, she will be ready for this class. Level 2 is a one hour class designed for 7 to 12 year olds and will provide gymnasts a continuation of skill progression. Gymnasts will continue with all equipment used in the Level 1 Class. Girls who have gymnasts experience may request a skill evaluation to determine if this class is appropriate for their ability level. Girls must wear a leotard or shorts and a t-shirt.

#### **Boys/Girls Tumbling**

for more information\*

This 45 minute class is for boys and girls ages 7 to 12 who would like to learn to tumble. Participants will learn a progression of rolls, cartwheels, handstands, round offs, limber skills, walkovers, and handsprings. Using a variety of practice drills, tumblers will begin with the basics and individually progress through more advanced skills. Participants must wear a leotard or shorts and a fitted t-shirt.

\*We also offer private tumbling classes for Cheer Teams or groups: please contact gymnastics staff



#### Shooting Stars & Alsip Gymnastics Team

Shooting Stars is available to participants for building skills to progress to the Alsip Gymnastics Team.

Our Gymnastics Teams compete in the Illinois Park District Gymnastic Conference. Any fees related to competition (leotards, warmups, meet fees etc.) are in addition to the Alsip Park District registration fee. For more information, please contact gymnastics staff.

\*Please note that gymnasts that are interested in pursuing Team are encouraged to participate in the Shooting Stars program until their skill level has reached Team status (Reminder: ALL TEAMS ARE BY PLACEMENT ONLY). If the Alsip Gymnastics Team program doesn't meet minimum participants, this time will be made available to Shooting Stars/additional supervised practice.

Alsip Gymnastics Team program doesn't meet minimum participants, this time will be made available to Shooting Stars additional supervised practice.

#### We Love Parents BUT...

Parents are encouraged to attend their child's first day of class. Please do not remain in the gym after you have dropped your child off. This is in the best interest of your child. Interruptions tend to affect the participant's attention span and inhibit the establishment of peer relationships. It's also important to arrive on time so participants can participate in a proper warm up and stretching. Please do not use class time to speak to your child's instructor. Instructors are available before and after class if you wish to speak with them. Thank you for your cooperation!

# Gymnastics Program Schedule Fall 2023: part 1 Monday, September 11 through Friday, October 20 All Recreational Classes are 6 weeks in length, unless noted

Program & Activity Number	Ages	Day	Time	Start/End	Fee	Min/Max	No Class
Parent & Tot Playnastics <b>Unstructured</b> #174171-A	Crawl - 2 years	Tues	4:30 - 5:00pm	Sept 12 - Oct 17	R\$25 NR\$45	6 cpl/ 12 cpl	
Parent & Tot Playnastics Unstructured #174171-B	Crawl - 2 years	Thurs	9:30 - 10:00am	Sept 14 - Oct 19	R\$25 NR\$45	6 cpl/ 12 cpl	
Parent & Tot Gymnastics <b>Structured</b> #174167-A	2 & 3 years	Fri	4:00 - 4:30pm	Sept 15 - Oct 20	R\$25 NR\$45	6 cpl/ 12 cpl	
Pre-School Gymnastics #174177-A	3 & 4 years	Tues	5:05 - 5:50pm	Sept 12 - Oct 17	R\$36 NR\$56	3/6	
Pre-School Gymnastics #174177-B	3 & 4 years	Thurs	10:05 - 10:50am	Sept 14 - Oct 19	R\$36 NR\$56	3/6	
Kinder Gymnastics #174168-A	5 & 6 years	Tues	5:55 - 6:40pm	Sept 12 - Oct 17	R\$36 NR\$56	4/8	
Kinder Gymnastics #174168-B	5 & 6 years	Thurs	5:50 - 6:35pm	Sept 14 - Oct 19	R\$36 NR\$56	4/8	
Girls Gymnastics Level 1 (Beginner) #174185-A	7-12 years	Mon	4:30 - 5:30pm	Sept 11 - Oct 16	R\$48 NR\$68	6/10	
Girls Gymnastics Level 2 (Advanced) #174186-A	7-12 years	Wed	4:30 - 5:30pm	Sept 13 - Oct 18	R\$48 NR\$68	6/10	
Boys/Girls Tumbling #174246-A	7-12 years	Thurs	6:40 - 7:25pm	Sept 14 - Oct 19	R\$36 NR\$56	4/8	

#### Shooting Stars Fall 2023

#### Monday, September 11 through Friday, December 15 All Fall 2023 Shooting Stars at 13 weeks in length, unless noted

Program & Activity Number	Ages	Days	Fee	Min/Max
*Shooting Stars 2 DAYS/WEEK #174228-A	6 & Up	2 days	\$234	3/12
*Shooting Stars 3 DAYS/WEEK #174228-B	6 & Up	3 days	\$351	3/12

\*with instructor approval

**Shooting Stars Meets:** 

Mondays at 5:30 - 7:30 PM (9/11 - 12/11: NO CLASS ON 11/20) Wednesdays at 6:00 - 8:00 PM (9/13 - 12/13: NO CLASS ON 11/22) Fridays at 4:30 - 6:30 PM (9/15 - 12/15: NO CLASS ON 11/24)

Private Gymnastics Lesson are NOW available: \$40 for 1 hour

Inquire with the Athletic Supervisor, Charles Somerville: csomerville@alsipparks.org

PLEASE NOTE: Classes may be combined due to low enrollment and/or instructor availability
IF INTERESTED IN JOINING ALSIP PARK DISTRICT GYMNASTICS TEAM PLEASE INQUIRE WITH A COACH
IF YOU HAVE A BALANCE, YOU CHILD WILL NOT BE ABLE TO REGISTER OR PARTICIPATE/COMPETE UNTIL PAID IN FULL

# Gymnastics Program Schedule Fall 2023: part 2 Monday, October 30 through Friday, December 15 All Recreational Classes are 6 weeks in length, unless noted

Program & Activity Number	Ages	Day	Time	Start/End	Fee	Min/Max	No Class
Parent & Tot Playnastics Unstructured #174171-C	Crawl - 2 years	Tues	4:30 - 5:00pm	Nov 7 - Dec 12	R\$25 NR\$45	6 cpl/ 12 cpl	
Parent & Tot Playnastics <b>Unstructured</b> #174171-D	Crawl - 2 years	Thurs	9:30 - 10:00am	Nov 2 - Dec 14	R\$25 NR\$45	6 cpl/ 12 cpl	November 23
Parent & Tot Gymnastics <b>Structured</b> #174167-B	2 & 3 years	Fri	4:00 - 4:30pm	Nov 3 - Dec 15	R\$25 NR\$45	6 cpl/ 12 cpl	November 24
Pre-School Gymnastics #174177-C	3 & 4 years	Tues	5:05 - 5:50pm	Nov 7 - Dec 12	R\$36 NR\$56	3/6	
Pre-School Gymnastics #174177-D	3 & 4 years	Thurs	10:05 - 10:50am	Nov 2 - Dec 14	R\$36 NR\$56	3/6	November 23
Kinder Gymnastics #174168-C	5 & 6 years	Tues	5:55 - 6:40pm	Nov 7 - Dec 12	R\$36 NR\$56	4/8	
Kinder Gymnastics #174168-D	5 & 6 years	Thurs	5:50 - 6:35pm	Nov 2 - Dec 14	R\$36 NR\$56	4/8	November 23
Girls Gymnastics Level 1 (Beginner) #174185-B	7-12 years	Mon	4:30 - 5:30pm	Oct 30 - Dec 11	R\$48 NR\$68	6/10	November 20
Girls Gymnastics Level 2 (Advanced) #174186-B	7-12 years	Wed	4:30 - 5:30pm	Nov 1 - Dec 13	R\$48 NR\$68	6/10	November 22
Boys/Girls Tumbling #174246-B	7-12 years	Thurs	6:40 - 7:25pm	Nov 2 - Dec 14	R\$36 NR\$56	4/8	November 23

Private Gymnastics Lesson are NOW available: \$40 for 1 hour Inquire with the Athletic Supervisor, Charles Somerville: csomerville@alsipparks.org

PLEASE NOTE: Classes may be combined due to low enrollment and/or instructor availability

IF INTERESTED IN JOINING ALSIP PARK DISTRICT GYMNASTICS TEAM PLEASE INQUIRE WITH A COACH

IF YOU HAVE A BALANCE, YOU CHILD WILL NOT BE ABLE TO REGISTER OR PARTICIPATE/COMPETE UNTIL PAID IN FULL



The Alsip Park District is teaming up with neighborhood towns to offer Youth Basketball. This exciting league will encourage sportsmanship, fair play, and teamwork. Participants will learn the fundamentals of the game such as shooting, dribbling, passing, and defense while developing team and individual skills. Teams from Alsip will play home games at the Apollo Recreation Center and away games at surrounding towns. Players will play in grade appropriate divisions but may be combined due to low enrollment. Team practice locations and times will be determined by the volunteer Head Coach. All players will receive a jersey, end of the season award, and a complementary picture package. All games are to be officiated by a licensed official or a park district employee. Schedules will be determined by the league administration and based on gym availability. Practices will begin late-2023 and Games will begin early-2024. Games may be held on Saturdays and/or Sundays: between 9:00 AM and 2:00 PM. Regular Season will have an 8-game schedule with 3rd grade divisions and above having a playoff season (1st & 2nd grade division will only have a regular season). Volunteer Coaches NEEDED!!!

R\$90/NR\$110 Fee: Fee After Monday, 11/20/2023: R\$110 /NR\$130

Home Games at Apollo Recreation Center; Away Games will vary Location:

Game Days: Saturdays and/or Sundays **Game Times:** Between 9:00 AM - 2:00 PM

Min/Max one team per division (min: 7 players per team/max:

12 players per team)

Activity	Division Age/Grade
174033-A	1st & 2nd Grade Division Boys & Girls
174033-B	3rd & 4th Grade Division Boys*
174033-C	3rd & 4th Grade Division Girls*
174033-D	5th & 6th Grade Division Boys*
174033-E	5th & 6th Grade Division Girls*
174033-F	7th & 8th Grade Division Boys*
174033-G	7th & 8th Grade Division Girls*



\*PLEASE NOTE: Girls/Boys teams WILL combine if enrollment is low\*

#### **VOLUNTEERS NEEDED**

Volunteers are essential to our programs, without them we have no program. We need volunteers specifically Coaches and Team Managers. If you would like to be a team coach or team manager contact the Athletic Supervisor at (708) 389-1003. All team coaches are required to participate and attend any applicable coaches' meetings as well as actively assist on draft day (if applicable). Every head coach will complete a State of Illinois Criminal Background Check. Any league specific meetings will be at the Apollo Recreation Center, 12521 S. Kostner, Alsip, IL.

#### A Note Regarding Special Requests:

Teams will be selected, for the most part, on a random basis or blind draft. Special requests can only be approved by the Athletic Supervisor. Although special requests will be considered, there are no guarantees that a child will be placed on a specific team or with a specific coach. All requests will be taken on a case by case basis and specific considerations will be given to family members (e.g., coaches children & siblings ETC).

## Youth Travel Indoor Soccer League 2023 Season 4 years old – 13 years old

Midlothian Park District invites Alsip to play in the Youth Travel Indoor Soccer League!!! This recreational program is offered to youth ages 4 through 13 years old (players must be division age by January 1st, 2023). Children will learn the importance of sportsmanship and teamwork while developing fundamental skills such as ball control, dribbling skills, passing, shooting and spatial awareness. Games will be played at the Midlothian Athletic and Recreation Center: Indoor Turf Field. Games will play on Thursdays and/or Saturdays. Due to limited space, all practices will be scheduled around game days at the Apollo Recreation Center. Team formation and practice(s) will begin in November:, Games will begin in December. Registration fee will include end of the season award and complementary picture package. Players are encouraged to use their Alsip reversible soccer jerseys from previous seasons: new reversible soccer jerseys are available for additional fee (\$20.00)

Fee: R\$90 /NR\$110 FeeAfter Monday 11/6/2023: R\$110/NR\$130

**Location:** All games at Midlothian Athletic & Recreation Center:

Indoor Turf Field (14500 S. Kostner Ave, Midlothian)

Game Days: Thursdays and/or Saturdays

**Game Times:** 5:30pm – 8:30pm on Thursdays and/or

9:00pm - 12:00pm on Saturdays

Min/Max: one team per division (min: 8 players per team

max: 20 players per team: depending on division)

Divisions	Division Age	Activity
Super Pee Wee	4 & 5 year old	174066-A
Pee Wee	6 & 7 year old	174066-B
Junior	8 - 10 year old	174066-C
Senior	11 - 13 year old	174066-D

\*PLEASE NOTE: Teams may combine if enrollment is low\*

#### **VOLUNTEERS NEEDED**

Volunteers are essential to our programs, without them we have no program. We need volunteers specifically Coaches and Team Managers. If you would like to be a team coach or team manager contact the Athletic Supervisor at (708) 389-1003. All team coaches are required to participate and attend any applicable coaches' meetings as well as actively assist on draft day (if applicable). Every head coach will complete a State of Illinois Criminal Background Check. Any league specific meetings will be at the Apollo Recreation Center, 12521 S. Kostner, Alsip, IL.

#### A Note Regarding Special Requests:

Teams will be selected, for the most part, on a random basis or blind draft. Special requests can only be approved by the Athletic Supervisor. Although special requests will be considered, there are no guarantees that a child will be placed on a specific team or with a specific coach. All requests will be taken on a case by case basis and specific considerations will be given to family members (e.g., coaches children & siblings ETC).



#### Junior All Sports

Join us for a class like no other. This class is focused on trying new things: each week we will play a different sport: we will focus on warming up, specific skills, cool down and breathing activities to center ourselves as well as much more. Special attention is paid to taking turns, sharing, presentation skills, sportsmanship, picking yourself up and other foundations that all sports are built on. This class does not take itself too seriously. Parents don't forget your gym shoes as you will be called upon to join in the fun. Some of the many sports may include basketball, pillow polo, pickleball, kickball, and soccer. In addition, participants play many popular running and group games. Players acquire new skills and develop confidence in games they have played in previous years. This season, as weather permits, we may have class outside. Don't forget your water bottle.

Activity: 174296

Ages: 4-7 years old Location: ARC/Small Gym

Day: Tuesdays Time: 5:00 – 6:00 PM

Min/Max: 4/15

Sessions	Dates	Fee	Weeks
Α	September 12 – November 14	R\$100/NR\$110	10
В	September 12 – October 10	R\$55/NR\$65	5
C	October 17 – November 14	R\$55/NR\$65	5

#### **New Traditions Riding Academy Program**

There are endless benefits associated with horseback riding. The Alsip Park District is working with New Traditions Riding Academy to provide Horseback Riding Lessons. New Traditions staff will teach riders to ride for pleasure or to show competitively. Riders must wear long pants, heels no higher than 1-1/2 inch, and wear ASTM/SEI Certified Riding Helmet. Helmet rental is \$2.00 per lesson or available for purchase for \$39.95. Participants will choose Five 1-hour lessons. Lessons are available on Mondays and Wednesdays at 4:30pm, Saturdays at 2:30pm, & Sundays at 12:00pm. Adult Beginner Lessons are available on Sundays at 12:00pm.\* Note: Lessons are on a floating schedule/subject to change: visit www.ntridingacademy.com/lessons.html for season schedule.\*

Instructor/Location: New Traditions Riding Academy

10100 S. Kean Ave., Palos Hills, IL 60465

(708) 598-7718

Activity: 174313-A

Location: New Traditions Riding Academy

Fee: \$250: Five 1-hour lessons

Age: 7 & Up

#### Lesson Floating Schedule

Class	Day	Time
Beginner Basics	Monday	4:30pm
Beginner Basics	Wednesday	4:30pm
Beginner Basics	Saturday	2:30pm
Beginner Basics	Sunday	12:00pm
Adult Beginner Class	Sunday	12:00pm



#### Youth & Teen Volleyball Club

Join us for some volleyball fun this Fall. This coed program is not an instructional class but designed for the volleyball lovers. Each week will be what the players make it. Whether you want to play with your friends or meet new players this is for you. Players will meet every week and be placed into different teams to play volleyball games. Similar to more organized pick-up games, all players need to do each week is to come ready to play. Don't forget your kneepads and your water bottle. PLEASE NOTE: due to construction, Y&T V-Ball Club will be in the Small Gym and only has x1 court.

Activity: 174017-A

Days: Thursdays, starting September 14 through November 9

Age: 8 – 17 years old Time: 6:30 – 8:30 PM Fee: R\$20/NR\$25

Min/Max: 4/30

Location: Apollo Recreation Center: Small Gym



#### Open Pickleball

Alsip Park District open gym times are now available at the Apollo Recreation Center for Pickleball. Pickleball combines tennis, badminton, and ping pong for a fun game. The game is played on a badminton court with the net lowered at the center and played with a wiffle ball and composite paddles. It is easy for beginners to learn, but can develop into a quick, fast-paced, competitive game for experienced players. Our two Pickleball courts are on a first-come first-serve basis. Pickleball Open Play is dependent upon availability AND reservations must be made (give us time to set up the court(s)). Members can come and play for free; Non-Member fees (both resident and nonresident) are below and must be arranged with Registration Office (see Registration Office hours). Please note that space is very limited during the construction.

Days: Mondays through Fridays

Age: 8 and Up

Time: Varies (call to inquire)
Fee: FREE WITH MEMBERSHIP

Non-Member Fee: R\$5/NR\$10

Location: Apollo Recreation Center: Due to Construction Room is Small Gym (when available)

CONTACT: Athletic Supervisor Charles Somerville to set up reservations at (708) 389-1003 or csomerville@alsipparks.org.

#### Illinois Shotokan Karate – Pre-Karate

Illinois Shotokan Karate Club is Chicagoland's premier karate school taught under the instruction of John DiPasquale, a four-time National Champion and President of the American Shotokan Karate Association. In our Pre-Karate Safety classes, young children develop flexibility, strength, and coordination in fun, yet disciplined activities. This program is specifically designed for growing minds and bodies to enhance memory and agility. Watch your child's confidence blossom and their skills improve.

- Uniforms and Belt-Testing are options available through the ISKC instructor.
- Please note that the Youth, Parent/Child, and Adult classes WILL train together.
- Beginner students will not be permitted to register into the current session after the second class has met.
- Registration for continuers through advanced students will be accepted after the start date, but the full class fee is required.
- Please visit WWW.ISKC.COM for more information or call us at (847) 359-0666.

Activity: 138257

Instructor: Illinois Shotokan Karate Club Staff

Location: Apollo Recreation Center: Due to Construction Room is TBA Day/Dates: Fridays: September 8 – December 15 (NO CLASS ON 11/24)

Fee: R\$186/NR\$198

Min/Max: 4/12

Registration Deadline: Before the second class

Session	Time	Age	Level
Α	4:30 - 5:15pm	4-6	Beginner (No prior experience)
В	5:20 - 6:05pm	4-6	Continuer (White w/stripes & Up)



#### Illinois Shotokan Karate - Youth

Illinois Shotokan Karate Club is Chicagoland's premier karate school taught under the instruction of John DiPasquale, a four-time National Champion and President of the American Shotokan Karate Association. ISKC's Youth karate classes will put children in touch with their bodies and offers a good mix of strength training, with cardiovascular and flexibility exercises. Children increase their coordination, agility and poise, as well as learn lasting personal safety skills. They also benefit from the mental stimulation of learning the choreographed moves of the kata and the discipline of conforming to the class rules.

- Uniforms and Belt-Testing are options available through the ISKC instructor.
- Please note that the Youth, Parent/Child, and Adult classes WILL train together.
- Beginner students will not be permitted to register into the current session after the second class has met.
- Registration for continuers through advanced students will be accepted after the start date, but the full class fee is required.
- Please visit WWW.ISKC.COM for more information or call us at (847) 359-0666.

Activity: 138257

Instructor: Illinois Shotokan Karate Club Staff

Location: Apollo Recreation Center: Due to Construction Room is TBA Day/Dates: Fridays: September 8 – December 15 (NO CLASS ON 11/24)

Fee: R\$186/NR\$198

Min/Max: 4/15

Registration Deadline: Before the second class

Session	Time	Age	Level
С	6:15 - 7:10pm	7-14	Beginner/Continuer (White-Red Belts)
D	7:15 - 8:10pm	7-14	Inter/Advanced (Orange Belts & up)



#### Illinois Shotokan Karate – Adult and Parent/Child

Illinois Shotokan Karate Club is Chicagoland's premier karate school taught under the instruction of John DiPasquale, a four-time National Champion and President of the American Shotokan Karate Association. Our Adult classes release tension, develop total body fitness, and build stamina and overall productivity! In addition to self-defense skills, karate increases flexibility, cardiovascular endurance, and muscle tone, while improving core strength. Parent/Child classes are a great way to spend some quality time with your child, while conditioning muscles, developing coordination, and improving cardiovascular fitness.

- Uniforms and Belt-Testing are options available through the ISKC instructor.
- Please note that the Youth, Parent/Child, and Adult classes WILL train together.
- Beginner students will not be permitted to register into the current session after the second class has met.
- Registration for continuers through advanced students will be accepted after the start date, but the full class fee is required.
- Please visit WWW.ISKC.COM for more information or call us at (847) 359-0666.

Activity: 138257

Instructor: Illinois Shotokan Karate Club Staff

Location: Apollo Recreation Center: Due to Construction Room is TBA Day/Dates: Fridays: September 8 – December 15 (NO CLASS ON 11/24)

Fee: R\$186/NR\$198

Min/Max: 4/15

Registration Deadline: Before the second class



Session	Time	Age	Category	Level
E	6:15 - 7:10pm	7 & Up	Parent/Child*	Beginner/Continuer (White-Red Belts)
F	7:15 - 8:10pm	7 & Up	Parent/Child*	Inter/Advanced (Orange Belts & up)
G	6:15 - 7:10pm	15 & Up	Adult	Beginner/Continuer (White-Red Belts)
Н	7:15 – 8:10pm	15 & Up	Adult	Inter/Advanced (Orange Belts & up)

#### \*Please Note: Fee is per participant



#### Fall Kids Fishing Derby

Did you know: more than 44 million Americans enjoy fishing every year. Studies show that fishing helps lower levels of cortisol, the hormone that causes stress. Come join us for a relaxing morning of fishing with your friends and family! This yearly event is rewarding for all and it is FREE. Prizes will be awarded for the event's milestones such as first fish, largest fish, smallest fish, and most fish. Pre-Registration is STRONGLY recommended for this Alsip Resident Event. Don't forget your fishing gear.

Activity: 174080-A

Location: Commissioners Park Pond

Age: ALL

Date: Saturday, September 9

Time: 8:30 - 10:30 AM

Fee: FREE Min/Max: 5/50

#### **Turkey Shoot**

Are you a good free throw shooter? Try your hand at winning a Thanksgiving Turkey at our Parent & Child Annual Turkey Shoot. Divisions will consist of combined family ages: Under 30, 31-39, 40-49, 50-59, & 60 and Up. Practice time will be available upon request. This year we have opened the competition to multiple days: 11/14, 11/15, & 11/16. Register for your day/time slot.

Activity: 174647

Location: ARC/Small Gym Age: Parent & Child Fee: R FREE/NR\$2

Day: Vary

Time: 5:00 - 8:00 PM

Min/Max: 1/99



Session	Day/Date
Α	Tuesday, November 14
В	Wednesday, November 15
С	Thursday, November 16

The registration deadline is one week prior to the start of each class unless otherwise noted.



FOUNTAIN HILLS



**GOLF CLUB** 

# **2023 Fall Rates**

October 1st thru November 30th

#### WEEKDAY WEEKEND / HOLIDAY

/ HOLIDAY

	WLLKDAI	WELKEND / HOL
Regular (after 7:30 am)	\$ 17	\$ 19
Senior	\$ 14	\$ 16
Mid-Day (after 12:00 pm)	\$ 14	\$ 16
Senior	\$ 12	\$ 14
Replay	\$ 7	\$ 9
Junior	\$ 8	\$ 10
Twilight	\$ 8	\$ 10

# **2023 Winter Rates**

December 1st thru February 29th

	WEEKUAY	WEEKENU
Regular	\$ 10	\$ 12
Senior	\$ 8	\$ 10
Junior	\$ 8	\$ 10
Replay	\$ 6	\$ 8

# 2 5 25

# POLICIES & PROCEDURES

## **Dress Code:**

All persons using the Fountain Hills Facilities are required to wear proper attire at all times. NOT PERMITTED: Swim suits, cut off shorts or cut off sleeveless shirts. Clothing must be worn at all times. No one is allowed to go topless.

## **Reservation Policy:**

Reservations can be made up to 7 days in advance. All reservations are guaranteed. Either by 1) online prepayment or 2) guaranteeing with a credit card over the phone through the club.

All golfers are expected to arrive at the golf course at least 10 minutes before their scheduled tee time. Reserved reservation will be given away to walk-in groups 5 minutes prior to a tee time if the reserved group has not checked in and paid for all golfers.

One important thing to remember, tee time is when you are expected to be hitting your ball down the fairway from the first tee, not when you enter the parking lot with your vehicle or are walking in to the pro shop to pay your green fee.

Fountain Hills Golf Club reserves the right to pair players together. Groups of less than four (4) players run the risk of being paired with other pre-paid or walk-in player(s).

## Cart Use Policy:

Single Rider Cart Usage: To help offset the additional cost incurred from the increased usage of carts, the wear and tear on those carts because of the additional usage, the additional labor required for cart cleaning and sanitation, not to mention the distress of turf conditions due to the extra cart usage, our facility can no longer maintain the "one cart, one golfer" policy without charging a nominal Convenience Fee. The convenience fee will be \$5 per person per 9 holes. This will be in addition to the regular cart fee rate. All cart usage is based on availability and we are unable to guarantee single rider carts. We will do our best to accommodate the special request for single rider golf cart use, however we cannot guarantee that we will be available.

# POLICIES & PROCEDURES

# **Cancellations:**

A reservation may be cancelled prior to 24 hours in advance of the tee time with no charge either by contacting the golf shop or through the website. Any cancellations made less than 24 hours prior to the tee time will be charged the Sr. Resident Rate, unless in the event of a course closure due to severe weather.

## **No Show Policy:**

A no-show policy will apply to all tee time reservations. The individual making the reservation, whether it is for 1, 2, 3, 4 or more players will be responsible for the entire group's no-show fees, or any portion of the fees if players are missing from the group. No-shows will be charged the Sr. Resident Rate

## Pace of Play:

It should be a goal of all players to complete their round in 2:15. The Club's course advisors will work with all guests to ensure that an acceptable pace of play is maintained to maximize everyone's enjoyment of their round. It is the responsibility of each group to keep pace with the group ahead. If a group falls out of position and is in danger of not completing their round within the allocated time of 2:15, then our course advisor will assist them in getting back into position, which may require them to skip a shot or hole to do so.

## Outside Food & Reverage:

Guests are not allowed to bring in any outside food on beverages on property for consumption. Only food and beverage purchased from The Club may be taken onto the course. Due to the State of Illinois liquor laws, all distribution of alcohol must be controlled by The Club.

NO PERSONAL COOLERS ARE ALLOWED



12601 S. Kedzie Ave. Alsip, IL. 60803

(708) 388 - 4653

THE BACKNINE
RESTAURT & BAF AT FOUNTS IN HIS

2023 Fall / Winter

# Hours of Operation

### October 1st thru October 31st

Clubhouse 7:00 am - 7:00 pm

Driving Range 7:00 am - Dusk

Restaurant 11:00 am - 6:00 pm Lounge 10:00 am - 7:00 pm

### November 1st thru November 30Th

Clubhouse 8:00 am - 6:00 pm
Driving Range 8:00 am - Dusk
Restaurant 11:00 am - 5:00 pm
Lounge 10:00 am - 6:00 pm

## December 1st thru February 29Th

Clubhouse 9:00 am - 4:00 pm

Driving Range Open (weather permitting)

Restaurant & TBD Lounge TBD

2023 Golf Lessons

Private Lessons: Please visit our website at www.alsipparks.org or contact us at 708.388.4653 X401



Interested?

tind out more pleas

708.388.4653



# Fountain Hills Golf Club 12601 S Kedzie Ave Alsip, IL. 60803 708.388.4653





Golf Club Information



Restaurant Menu



Banquet Menu

Upcoming Events
Menu



Open year round, The BackNine is a newly renovated full service restauant, bar and banquet facility located at Fountain Hills Golf Club. We pride ourselves on supporting our surrounding communities by offering many locally brewed and distilled beers and spirits.

Our banquet facility has multiple options to choose from for your special events...

- Full service catering for events hosted at our facility
- Banquet room rental while using an outside licensed and insured caterer
- Bar area rental \*Seasonal Availability
- Meeting / Workshop events

The BackNine offers multiple optional ammenities for every event and will customize any menu. We strive to ensure your event reflects your own taste and personal touches.

More information / schedule a viewing: Contact our Food & Bevarage Department 708.388.4653 x403

#### **Upcoming Events**





facebook.com/FountainHillsGolfClub.com

#### **Banquet Catering Menu**





# Daily Food Specials

Monday

**BOGO 1/2 Off Flatbread** 

Wednesday

\$14 Domestic Bucket & Rice Bowl Combo

Friday

Manager Special

Tuesday

\$3 Tacos

Thursday

1/2 Price Appetizer w/ Beer Flight Purchase

Saturday

**BOGO 1/2 Off Burger** 

# **Daily Drink Specials**

Monday

\$5 Flavored House Martinis

Wednesday

\$1 Off Craft Drafts

Friday

\$5 Beer Flights

Tuesday

\$7 Premium Margaritas

Thursday

\$1 Off U-Call-It Liquor

Saturday

\$5 Mimosas

Sunday

\$5 Bloody Mary's

Fountain Hills Golf Club 12601 S Kedzie Ave Alsip, IL 60803 708.388.4653 \*Dine-In Only

#### Amish Country Brown Bag Tour

The Fall Crafters Fair is a tribute to the craftina and old-fashioned culture in the surrounding Shipshewana countryside. Located inside the Michiana Event Center, you'll find artisans, hand-made items, personalized aifts and craft demonstrations. Along with the Vendors are musicians and entertainers, as well as food trucks providing snacks and lunch. The day will beain with a three hour guided brown bag tour where you will make multiple stops and fill our brown bags with goodies and fall treats along the way. After your tour and shopping, you will enjoy a home cooked dinner at Das Dutchman Essenhouse. Join us for this all-inclusive fall extravaganza! Price includes transportation, brown bag tour with a bunch of goodies, dinner, gratuity and chaperone. An Itinerary of evetns will be given at registration

Activity: 185687-A
Day: Saturday
Date: October 7
Time: 6:00am-5:00pm
Location: Middlebury, Indiana

Age: Adult

Fee: R\$109/NR\$129

Min/Max 10/14

#### Four Winds Casino

Prepare to be swept up in the excitement as you experience our action-packed games, Price includes transportation only. Bring lunch and gambling money!!!

Activity: 183709-A Day: Friday

Date: November 17 Time: 9:00am-3:30pm

Location: Four Winds Casino - East Chicago

Age: Adult

Fee: R\$35/NR\$45

Min/Max 10/14

#### Medium at the Mansion

Join the Alsip Park District for a trip to Jacob Henry Mansion for lunch as well a the opportunity to Participate in a Group Reading by Psychic Medium Michael Gourley, one of the "Top 10 Chicago Psychics." Michael Will explain how he uses his gifts to deliver messages from loved ones in spirit, and will deliver any messages that come through for our guests - there may even be a message for you!

Activity: 185680-A
Day: Wednesday
Date: October 25
Time: 10:00am-2:00pm
Location: Jacob Henry Mansion

Age: Adult

Fee: R\$78/NR\$88 Min/Max 10/14



#### A Christmas Carol & Breakfast with Santa Buffet

A Christmas Carol recounts the story of Ebenezer Scrooge, an elderly miser who is visited by the ghost of his former business partner Jacob Marley and the spirits of Christmas Past, Present and Yet to Come. After their visits, Scrooge is transformed into a kinder, gentler man. A Christmas Carol. In Prose. See it like never before. See it at Drury Lane Oakbrook! Their version is sure to delight. But before we enjoy the show we will join Santa CLaus for a breakfast buffet. Price includes, performance ticket, Breakfast with Santa Buffet, transportaiton and chaperone.

Activity: 185695-A Day: Saturday

Date: December 2nd
Time: 9:30am-3:30pm
Location: Drury Lane Oakbrook

Age: All Ages

Fee: R\$110/NR\$120

Min/Max 10/14

#### Lunch Bunch

Get together with us and let's enjoy a dining experience with new friends or maybe a new place you've never tried. Price includes transportation and chaperone only. Please bring money for food.

FOUR WINDS

HARTFORD | DOWAGIAC NEW BUFFALO | SOUTH BEND

Activity: 185765 Day: Friday

Time: 11:00am-2:30pm

Location: Off Site Age: Adult

Fee: R\$12/NR\$15

Min/Max 10/14

SessionDateRestaurantAOct. 13J. FlemingsBNov. 10Season 52CDec. 8Dunay



Food Type

American
Brick oven/Steakhouse

Modern European

#### Spanish for Adults - The Spanish Acquisition

Have you always wanted to learn a foreign language, but never had the opportunity? Are you planning a vacation to a Spanish-speaking country? Do you work with Spanish speaking students or clients? In this relaxed, small-class environment you will learn Spanish conversation, grammar, and phonetics which you can immediately begin using. This class will be tailored to the needs of the students enrolled. Taught by Language in Action, Inc. instructor. (6-week sessions) NO CLASS Oct. 9th (Session A) and Nov. 20 (Session B)

Activity #: 153463

Instructor: Language in Action

Location: Oakview Center, 4625 W. 110th St., Oak Lawn

Age: Adult Min./Max.: 6/15

Session	Day	Dates	Time	Fee
Α	Monday	Sept. 11 – Oct. 23	7:00-8:00 pm	R\$98/NR\$108
В	Monday	Oct. 30 - Dec. 11	7:00-8:00 pm	R\$98/NR\$108

#### **Piano Lessons**

Mozart, Bach and Beethoven move over!! Have you ever wanted to learn piano in a fun and relaxing way? Then come on over! You will learn the basics of note reading and musical theory. Musical pieces will progress with the student's abilities. All first-time students must purchase the John W. Schaum book Making Music Method-Middle-c Approach: Primer Level Early Elementary Level coming to class. Your time and day of the lesson will be arranged after you register, you choose the most convenient time! Lessons are private and 30 minutes in length for a six-week session. Piano is a great hobby that lasts a lifetime. One make-up session is allowed per session. Registration Deadline for Session A is September 5th and for Session B is October 23rd.

Activity: 100305 Location: Multi 1

Instructor: Marjorie Kuiper
Day: Instructor arranged
Time: 30-minute sessions

Age: 7 - Adult

 Session
 Dates
 Fee

 A
 Sept. 11 – Oct. 16
 R\$160/NR\$170

 B
 Oct. 30– Dec. 4th
 R\$160/NR\$170



#### CPR, AED, and First Aid for Children, Infants, and Adults

September is National Preparedness Month and the first step to being prepared is knowing that disasters and emergencies could happen at all times. Having knowledge of First Aid, CPR, and AED saves lives! This certification class will cover guidelines for CPR, AED, and First Aid for Children, Infants, and Adults. Celebrate preparedness by gaining new lifesaving skills. These skills are perfect for everyone from teachers and staff members to babysitters and family members (just to name a few). Following completion of the class requirements, participants will receive CPR, AED, and First Aid Certification from the Health & Safety Institute. All participants should bring a lunch and a snack.

Activity: 153435-A

Location: Apollo Recreation Center – Room: TBA

Day/Date: Sunday, September 24 Time: 10:00 AM – 4:00 PM

Ages: 16 and Up Fee: R\$70/NR\$80

Min/Max: 5/12



### Open Pickleball

Alsip Park District open gym times are now available at the Apollo Recreation Center for Pickleball. Pickleball combines tennis, badminton, and ping pong for a fun game. The game is played on a badminton court with the net lowered at the center and played with a wiffle ball and composite paddles. It is easy for beginners to learn, but can develop into a quick, fast-paced, competitive game for experienced players. Our two Pickleball courts are on a first-come first-serve basis. Pickleball Open Play is dependent upon availability AND reservations must be made (give us time to set up the court(s)). Members can come and play for free; Non-Member fees (both resident and nonresident) are below and must be arranged with Registration Office (see Registration Office hours). Please note that space is very limited during the construction.

Days: Mondays through Fridays

Age: 8 and Up

Time: Varies (call to inquire)
Fee: FREE WITH MEMBERSHIP

Non-Member Fee: R\$5/NR\$10

Location: Apollo Recreation Center: Due to Construction Room is Small Gym (when available) CONTACT: Athletic Supervisor Charles Somerville to set up reservations at (708) 389-1003 or csomerville@alsipparks.org.

### Women's Fall Volleyball League

Spike your way to fun by participating in our Women's Fall Volleyball League. The league is available for Women 18 and older to participate. The league requires a minimum of four and a maximum of twelve teams. All competition is played on Monday evenings at the Apollo Recreation Center, located at 12521 S. Kostner Ave., Alsip. Team rosters are limited to 12 players. Ask us about team referral incentives.

Activity: 174009-A

Days/Dates: Mondays, beginning September 18

Times: 7:30pm game start time

Age: Adult

Fee: R\$375/NR\$400

Min/Max: 4 teams/12 teams per division

Location: Apollo Recreation Center: Small Gym







Attention all Halloween decorating fanatics! Register your house for our annual Halloween House Decorating Contest. There are many prizes to be won. Prizes for First, Second and Third place will be judged by the community and Alsip Park District staff. This year we will load up our bus with all those interested in taking the ride with us and sharing their opinions as they enjoy all the holiday lights

Activity: 183598-A
Location: Alsip, Illinois
Day: Monday,
Date: October 23
Time: 7:00-9:00pm
Fee: \$10/Alsip Only
Min/Max 8/20





### 11th Annual Car Show

Come check out all the beautiful classic cars in our 9th Annual Car Show for a Cure and buy some raffle tickets for a chance to win one of many prizes, baskets and gift certificates. All proceeds benefit St. Jude Children's Research Hospital. Cars will be awarded trophies in a variety of classes and categories. The first 50 cars registered will receive a goody bag and dash plaque. we will also have food vendors and live entertainment.

Activity: 493763-A Day: Saturday Date: Sept. 9th

Time: 11:30 am - 3:00pm Location: Sears Park Lot

& Pavilion

123rd & Trumbull

Age: All

Fee: \$20 per car

Spectators Free

Min/Max.: 25/100

### **House Decorating Judging**

To register to be part of our judging panel or just to drive around with us and enjoy all the lights register with this information below.

Activity: 183598-B
Day: Monday
Date: October 23
Time: 7:00 - 9:00pm

Age: All Fee: Free Min/Max: 6/14



### **Family Ornament Night**

Join us in making some beautiful homemade ornaments to decorate our big evergreen tree out front just in time for our Light Up the Park tree lighting event on Tuesday, November 21st

Activity: 183635-A

Location: ARC/Board Room

Day: Monday
Date: November 13
Time: 5:30-7:30pm

Age: All Fee: Free Min/Max: 15/60

### Light Up the Park

Start the Christmas season off with the Alsip Park Distict's annual tree lighting ceremony. Join us at our big Evergreen tree in front as we countdown and light it up! Cookies and hot chocolate to enjoy as we listen to holiday favorites.

Location: ARC
Day Tuesday
Date: November 21
Time: 6:30pm

Age: All Fee: Free Time: 6:30pm Min/Max: 7/250



### Saturday Bingo

Join our bingo goers for our monthly bingo bash. Gamers will receive two strips of cards for 15 games. Regular game prizes are valued at \$10, special games are \$25 and the coverall is a \$50 visa gift card. Price includes coffee and bakery, pizza/soda and water, cards, games and prizes.

Activity: 143607

Location: ARC/Board Room

 Age:
 all ages

 Fee:
 R\$26/NR\$36

 Day:
 Saturday

 Time:
 10am-12:00pm

Min/Max: 15/50

Session	Date					
Α	October 21					
В	November 18					
C	December 16					

### **Fall Kids Fishing Derby**

Did you know: more than 44 million Americans enjoy fishing every year. Studies show that fishing helps lower levels of cortisol, the hormone that causes stress. Come join us for a relaxing morning of fishing with your friends and family! This yearly event is rewarding for all and it is FREE. Prizes will be awarded for the event's milestones such as first fish, largest fish, smallest fish, and most fish. Pre-Registration is STRONGLY recommended for this Alsip Resident Event. Don't forget your fishing gear.

Activity: 174080-A

Location: Commissioners Park Pond

Age: ALL

Date: Saturday, September 9

Time: 8:30 - 10:30 AM

Fee: FREE Min/Max: 5/50

### **Outdoor Candy Cane Hunt**

This year join us at Sears Park for an outdoor candy cane hunt. Specially marked canes will be scattered throughout the park to be redeemed for a variety of prizes. Dont forget to bundle up and bring a bag for your candy canes and a flashlight to help in

your search!

Activity: 183627-A Location: Sears Park Day Friday

Date: December 22

Time: 6:00pm
Age: 5-12 years
Fee: R\$10/NR\$15
Time: 6:30pm
Min/Max: 20/150





# WINTER FEST

SATURDAY, DEC. 2ND 11930 S. KOSTNER 12-3PM

SANTA ARRIVES BY HELICOPTER

LIVE REINDEER | SLEIGH RIDES | FOOD TRUCKS

FAMILY ENTERTAINMENT | VICTORIAN CAROLERS

VENDOR FAIR | COOKIE & COCOA STATION

MORE TO BE ADDED. WATCH FOR UPDATES.



### **BREAKFAST WITH SANTA**

Santa is taking a break from his busy schedule to have breakfast with all his friends from Alsip! Join us at the Alsip Park District for a morning of jolly festivities and great food from the EggMan himself. We will enjoy all the usual breakfast foods as well as some holiday surprises. Photo opportunity with Santa, game corner and craft station will also be available to enjoy!

Activity: 183644-A Location: ARC/Gym Day Saturday Date: December 16 Time: 9:00-11:00am

Age: All

Fee: R\$13/NR\$17

under 2 years free

Min/Max: 30/150







# The Alsip Senior Club Bi-weekly Meeting & Bingo

All meetings are held on the 2nd & 4th Monday of the month.

12:00 - 3:00pm

### **Apollo Recreation Center 12521 South Kostner Avenue**

### **MEMBERSHIP INFO**

\$5 ANNUAL MEMBERSHIP \$2 AT THE DOOR FOR COFFEE & ROLL \$.50 PER BINGO CARD (NO LIMIT) NEWCOMERS

ARE ALWAYS WELCOME

TO ATTEND!

FOR MORE INFO CONTACT
THE ALSIP PARK DISTRICT
AT 708-389-1003

### www.future-innovators.org



### CENTER FOR FUTURE INNOVATORS

PBL Coding LEGO Lab Robotics Lab Minecraft Club



**☆** 4:00 PM − 5:00 PM **☆** 

• Ages 4 - 12 183580-A

## WEDNESDAY NEW ROBOTICS LAB

🌣 6:00 PM - 6:00 PM 🌣

• Ages 6 - 10 183578-A



Hands on robotics for young learners. Build, program, and explore exciting topics with a personal robot. Our WeDo program is suitable for students of all levels.

### Lab Info:

4 sessions
 9/6, 9/13
 9/20, 9/27

\$30 per session



CFI students learn science hands on by experimenting on a different topic every week. The lab is focusing on Earth's resources, how our environment changes, and how we use resources.



### **WHY CHOOSE US**



CFI offers an unparalleled learning experience that fosters creativity, critical thinking, and collaboration. Our expert instructors and cuttingedge resources empower you to become future innovators!

www.future-innovators.org

@ bmeadows@future-innovators.org

773 - 656 - 3466

FREE SAMPLE ROBOTICS CLASS

Scan QR Code:



SATURDAY 12:00 - 1:00 PM



SWSRA provides year round quality therapeutic recreation programs and services for individuals with intellectual and/or physical disabilities or special needs. SWSRA programs are designed to increase independence and enhance the quality of life for each individual. Programs offered to youth through adulthood.



Nicolette Lahman-Morales, Executive Director

Our mission is to serve individuals with disabilities in their need for recreation so that all persons in our member communities may experience and enjoy positive leisure opportunities.

This fall we are excited to highlight some **NEW YOUTH** programs:

- Youth: Bumper Bowl
- Youth: Soccer Drills & Skills
- Youth Special Events: Ghostly Gathering and Snow Much Fun

For more information on these events and registration please contact our office at 708-389-9423. You may also visit our website, www.swsra.org and our Facebook page for more upcoming events and programs. We cannot wait to see you there!

### SAVE THE DATE...FUN FOR ALL AGES

- Sensory Friendly Pumpkin Patch on October 13, 2023
- Santa at Sensory Depot on November 29, 2023

Both events require registration. Please be sure to reserve your spot!



Follow us on...







12521 S. Kostner Ave. Alsip, IL 60803 708-389-9423 visit us at www.swsra.org

### GENERAL MEMBERSHIP INFORMATION

- 1. All Facility Pass registrations take place at the Apollo Recreation Center during regular office hours. Proof of residency is required. One must be a picture I.D. and one current Alsip utility bill. Children should have a school I.D. and must be accompanied by a parent or legal guardian, who must show proper identification.
- 2. All facility pass members must have a photo I.D., taken at the Apollo Recreation Center.
- 3. Bring your Facility Pass when registering! Your pass will then be re-validated for the season.
- **4.** The fee to replace a Facility Pass is \$20 for adults 18 & over, and \$10 for ages 8-17.
- **5.** You must present a valid Facility Pass or Daily Pass

before entering the Gymnasium/Fitness Center/Women's Circuit Center. No exceptions will be made!!!

**6.** There are no refunds on memberships.

### GYMNASIUM MEMBERSHIP INFORMATION

Gymnasium Located inside the Apollo Recreation Center is a gymnasium that is left open for you to use for open gym. This facility is open for your use at periodic times during the week when park district activities are not in session. Children under the age of 8 must be accompanied by a valid, card carrying member 16 years and older who must provide supervision for the youth(s) inside the gymnasium.

Basketballs are available for use with a valid facility pass. Gym shoes must be worn at all times. No dark sole running/jogging shoes allowed! No food or drinks allowed in the gymnasium. Hours are subject to change during days of special events or circumstances.

### GYMNASIUM FACILITY PASS FEES

Youth Pass

R\$30/NR\$60

(8 years to 17 years)

Adult Pass

R\$75/NR\$150

(18 years and older)

Corporate

R\$95 per employee

### **Register Now**

- 1. Online Registration Visit www.alsipparks.org, select registration, select online registration. For first time users of the system, you will have to set-up an account. This can be done by selecting the Create Account Tab. Setting up a new account will only take a few minutes and is only required for the first time you use the system. The online registration system provides many handy features that are designed to make registration easier.
- 2. **Mail-In** Complete the registration form in the brochure. The form must be filled out completely in order to be. processed. Payments may be made by check or credit card. Checks should be made payable to the Alsip Park District. If paying by credit card, include your complete credit card number, card holder name, expiration date and signature. Note: Make sure you sign the waiver on the registration form. Mail to: Alsip Park District 12521 South Kostner Alsip, Illinois 60803 Attn: Registration
- 3. Fax Complete the registration form in the brochure. The form must be filled out completely in order to be processed. All faxed registrations must be paid with a credit card. Be sure to include your complete credit card number, card holder name, expiration date and signature. Note: Make sure you sign the waiver on the registration form. Fax to: 708-389-1529
- 4. **Drop-Off** Complete the registration form in the brochure and/or complete a registration form at the Apollo Recreation Center. The form must be filled out completely in order to be processed. Place the completed registration form inside the mailbox located outside the front entrance of the Apollo Recreation Center, dropoff box inside located by the main office or drop it off at the Registration Desk during regular business hours. Note: Make sure you sign the waiver on the back of the registration form. Dropoff at: Alsip Park District 12521 South Kostner Alsip, Illinois 60803 Attn: Registration

### Registration Process:

You simply complete a registration form and return it to the Alsip Park District Registration Department and we will mail you a confirmation receipt once your registration has been processed.

#### AMERICANS WITH DISABILITIES ACT (ADA)

The Americans with Disabilities Act of 1991 (Public Law 101-306) was adopted by congress for the purpose of eliminating discrimination against individuals with disabilities. The Alsip Park District makes every effortnecessary to comply with the Americans with Disabilities Act (ADA). We will not discriminate against qualified individuals with a disability for participation in programs and services. The Alsip Park District invites any individual with special needs to notify our staff upon registration so that we may better serve you. Additional programs for people with disabilities are offered through the Southwest Special Recreation Association (SWSRA). For additional information, please contact SWSRA at 708-389-9423.

### Alsip Park District

Family Name		Address										
		StateZip										
						Emergency Phone()_						
Emergency Contac	act Relationship to Family											
Do you have any	special no	eeds or rec	quire ai	ny accomm	odations?							
First Name	Gender	Date of Birth	Grade	Activity #	Session #	Program Title	Day/Time	Location	Fee			
								T . 1 D . 1	0			
FAX TO: 708	-389-1529	)				NS-0-1		Total Paid	\$			
MAIL TO: Alsip Park District 12521 S. Kostner Alsip, Illinois 60803				Visa Mastercard Discover Cardholder # Cardholder Name Exp. Date Amount Charged Authorized Signature								
Are you interested i	n being a	volunteer c	oach fo	r one of our	Youth Spo	rt Programs?	Yes 🗌	No 🗌				
For Office Use Office	Charge		E-Mail	Address	11 (150)		articipant Shir	t Size				
The Alsip Park District is commeduce such risks and insists the for any program or activity must	at all participan	ts follow safety ru	iles and ins	tructions that are d	safe manner and esigned to protec	t the participants' safety.	articipants in high regar However, participants a					
You are solely responsible for diparticipant is pregnant, disabled				or impairment, to	consult a physic	an before undertaking an		ement. Always advisal	ole, especially if the			
Recreational activities are inte conditioning and equipment, th risks, dangers and injuries may equipment, inadequate supervisi	ere is still a risi exists due to in	k of serious injury element weather,	when part slips and fa	, mental and emo icipating in any re lls, poor skill level	or conditioning,	of each participant. Des All hazards and dangers carelessness, horseplay, u	s cannot be foreseen. De asportsmanlike conduct.	pending on the particular, premises defects, inac	ular activity, certain dequate or defective			
Please read this form carefully injuries, damages or loss whic transportation services, when pl recognize and acknowledge the or loss, regardless of severity, the or my minor child/ward) as I further authorize and give my programs, and facilities of the A I have read and fully understor facsimile signature shall su	and be aware the hyou or your rovided). The hat there are certial a result of participant to the Alsip Park Distrand the above	at in signing up at minor child/ward tain risks of physi hild/ward or I may icipating in this pr Alstp Park Distric- ict, without consi- important inform	nd participa might sust cal injury to sustain as rogram/activ t to photogration of action, war	ting in this program ain as a result of participants in the a result of said par- city against the Als- aph/video my chil- any kind, ning of risk, waiv	n activity, you wi participating in a is program activit icipation, I furth in Park District d (or me), and wi cr and release o	ny and all activities com- y, and I voluntarily agree or agree to waive and refi- neluding its officials, age thout limitation, to use su	the risk and legal liability neeted with and associa- to assume the full risk of nequish all claims I or my nuts, volunteers and emp ich photographs/videos	ty and waiving and rele ated with this program of any and all claims for y minor child/ward may loyees. The connection with prof	vactivity (including or injuries, damages y have (or accrue to moting the services,			
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If the signature of adult or/parent/guardian and date are not on this waiver.

### WAITING LISTS

Since all our programs have registration limits we cannot guarantee your choice of enrollment in them. The Alsip Park District maintains waiting lists for programs that have reached their maximum registration. Placement on a waiting list is encouraged. Individuals placed on a waiting list will be contacted if any additional program space becomes available.

### **OOPS! - BROCHURE ERRORS**

Though we try our best, due to the large amount of information available in the Alsip Park District Program Guide, errors after publication may occur. We apologize for any inconvenience this may cause, and when errors do occur, our staff will advise you of the changes as quickly as possible. We will also attempt to keep information on our website, www. alsipparks.org as current as possible. Thank you for your patience and understanding.

### SPECIAL ACCOMMODATIONS

Special Accommodation Services are provided through the inclusion services of the South West Special Recreation Association (SWSRA). Requests for this service should be made a minimum of 2 weeks before the start date of any program during the registration process.

#### SAY CHEESE

Our Park District photographers periodically take pictures and/or videos of participants in our classes, during special events and out at our facilities and parks. Please be aware that these photos are for Park District use and may be used in the District's marketing materials. You must give us written permission if you or your family members do not want to be photographed or published

### PAYMENT/PRO-RATING

Participants will not be registered for programs without payment. Program fees will not be pro-rated for late enrollment.

### **REFUND POLICY**

Individuals submitting a request for a refund for a program will be eligible to receive a refund provided the request meets one of the criteria below: Individual must complete a refund application at the Apollo Recreation Center prior to two classes of the program session. No other refunds will be given after two classes of the program session have expired.

For various one day seminars, trips or special events a refund will be given if the following criterion occurs: Individual must complete a refund application at the Apollo Recreation Center one week prior to the seminar, trip or special event.

There is a \$50 non-refundable processing fee for Summer Camp and Preschool. A processing fee of \$3.00 is deducted from all refunds with the exception of programs cancelled by the Alsip Park District.

Individuals enrolled in programs, special events or trips that are cancelled by the Alsip Park District will be given a 100% refund and a processing fee will not be assessed.

#### RESIDENCY

Residency of the Alsip Park District is defined by financial contributions through property taxes for the operation of the park district. Boundaries of the Alsip Park District and the Village of Alsip are not exactly the same. If you are uncertain whether you qualify as an Alsip Park District resident, please check your current property tax bill. Proof of residency in the form of a picture I.D. and current tax bill or utility bill may be required during program registration. Alsip Park District residents are given first priority for program registration.

#### **PROGRAM LIMITATIONS**

Each program at the Alsip Park District has an established minimum and maximum number of possible registrants. These numbers are set to guarantee the highest quality program we can offer. The facility, student/teacher ratio and the nature of the program considered when setting program registration minimums and maximums. Programs that do not meet the minimum number of registrants may be cancelled. Please refer to the Program Cancellation section for additional information. Program instructors are not allowed to accept any registrant beyond the established maximum without authorization by their immediate athletic or recreation supervisor.

#### CLASS CANCELLATION INFORMATION

Program supervisors begin reviewing class enrollment and canceling classes that do not meet minimum enrollment approximately ONE WEEK (five business days), prior to the start date. It is extremely important that you try to register for class choices no later than one week before thy begin. All participants registered in cancelled programs will be notified by the Alsip Park District staff and will receive a full refund.

### PROGRAM CONFIRMATION

A confirmation/receipt will be sent to you in the mail once your registration has been processed. If it states ENROLLED you are enrolled in the program. If it states W-List, you are on the waiting list for the program. You will be notified of waiting lists status changes. We encourage you to place your name on a waiting list. If the program you desire is full, additional sessions will be opened, if possible.

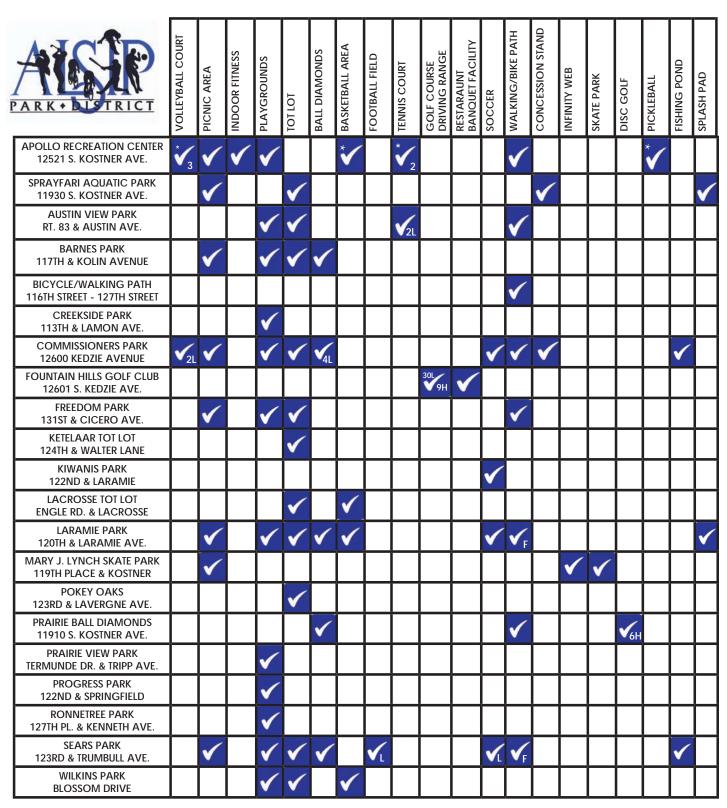
### THE ALSIP PARK DISTRICT ACCEPTS

Visa, Mastercard American Express and Discover for credit card payments. Sorry, no telephone registrations. A \$25.00 fee is charged on all NSF checks. All future registrations must be paid by cash, certified check or money order. Payment is due at the time of registration, unless otherwise noted.

### **PARK WATCH**

We need your help in keeping our parks safe, clean and FREE of vandalism. If you find broken equipment or have any other safety concerns about our park sites or facilities, please contact our Main Office at 708-389-1003. If you see vandalism occurring in the parks, please contact the Alsip Police Department by calling 708-385-6902. The park district is committed to providing a safe place for recreational activities. Thank You for your support in our efforts to provide the residents of the Alsip Park District with quality park sites and facilities.

### PARKS AND FACILITIES



<sup>\*=</sup> INDOOR

=EQUIPMENT LOCATED AT PARK SITE

F= OUTDOOR FITNESS STATIONS LOCATED AT PARK SITE

L= LIGHTED

