The background of the entire page is a photograph of two children jumping in a field of tall grass at sunset. The sky is a vibrant orange and yellow, with the sun low on the horizon. The children are silhouetted against the bright light, with their arms and legs in mid-air. The child on the left is jumping higher, with one arm raised. The child on the right is also jumping, with arms outstretched. The overall mood is joyful and energetic.

# ALSIP

## PARK DISTRICT

*REGISTRATION DATES*

*Residents - May 16*

*Non-Residents - May 23*

*Summer*

*2022*

# What's Happening at the Alsip Park District



**WELCOME**

Welcome Jordan DeChene and Stano Lio. Jordan and Stano have both joined our team as full-time Park Laborers in the Parks Department. We are excited to welcome them both to the Alsip Park District.



The Cal-Sag Trail is closed at 127th and Rt 83 through October 2022. The closure is due to intersection improvements from the Illinois Department of Transportation (IDOT). Don't worry if you see portions of the trail tore up as they will be fully restored and better than ever as part of this improvement project.

Work continues on the East End of the Cal-Sag Trail at Freedom Park. The Alsip Park District continues to make progress with the Illinois Commerce Commission for the two railroad crossings that are part of this segment. We are working to complete Phase II Engineering so we can move forward to construction.

As you are out enjoying the Cal-Sag Trail you will see the addition of benches on the Alsip Park District segment. Thanks to the Friends of the Cal-Sag Trail (FOCST), a bench at Rt 83 and 127th street will be added to the rest area that the Park District already created. In addition, a bench will be added at Freedom Park adjacent to the trail. We would also like to thank our friends at Alsip Public Works for helping us with framing the pads for the benches. Stay tuned to [www.calsagtrail.org](http://www.calsagtrail.org) for further updates.



Expansion to the Apollo Recreation Center coming soon. Construction is anticipated to begin this year! As part of the Governor's Rebuild Illinois capital program, the Alsip Park District was awarded a \$2,500,000.00 grant for the redevelopment of this facility. We are excited to bring new updates to our community at the Apollo Recreation Center including an elevated indoor walking track, an additional multi-purpose gymnasium, an expanded fitness center, an indoor playarea, a new sitting area with free wi-fi and additional program spaces. We plan to remain open during construction but do expect that we may have to relocate a few programs as needed. As we near bidding and construction we will post updates on social media and our website.

Thank you to RAE Products and Chemicals Corp. in Alsip for their donation of the paint that was used to restripe the tennis courts and add a new Pickleball court behind the Apollo Recreation Center.

We are also happy to share that the walking path at Commissioners Park received much needed improvements. Plus, work is in progress for improvement to the Wilkens Park basketball area and to re-crown the ballfield at Barnes Park.



In addition to the Bunker Restoration project at Fountain Hills Golf Club, new netting is being installed along Kedzie and along the parking lot at Hole #6. Plus, new flooring was installed in our beautiful banquet area of the facility. We look forward to seeing you at Fountain Hills Golf Club and the BACKNINE this summer.

The Alsip Park District is a proud member of SWSRA!

SWSRA provides year-round quality therapeutic recreation programs and services for individuals with intellectual and/or physical disabilities or special needs. SWSRA programs are designed to increase independence and enhance the quality of life for each individual.

*Save the Date*

THE ALSIP PARK DISTRICT  
& THE VILLAGE OF ALSIP  
PRESENTS:

FLANNEL  
FALL FEST



SEPTEMBER

24TH | 12-5PM

11930 SOUTH KOSTNER

LIVE BANDS | CRAFTERS

LUMBERJACK SHOW | HAYRIDE

BEER TENT | FOOD TRUCKS

FAMILY ENTERTAINMENT & MORE!

# ALSIP PARK DISTRICT BOARD OF COMMISSIONERS

The Park Board is composed of five non-paid individuals selected by you to serve elected terms.

The Board is primarily a policy-making body that reflects the needs and interest of all taxpayers.

The Board of Commissioners meets on the fourth Monday of each month at the Apollo Recreation Center, 12521 South Kostner at 6:30 pm. The public is welcome to attend.



PICTURED LEFT TO RIGHT,  
JERRI-LYNN KLEINA, JOE SCHMITT, KATHLEEN PERRETTA,  
JACKIE BECKER AND JAIRO GUTIERREZ

## Registration Office Hours

Monday	8:30 am-8:00 pm
Tuesday-Friday	8:30 am-5:30pm
Saturday	9:00 am-12:00 pm
Sunday	Closed

The Mission of the Alsip Park District is to enrich life through quality leisure services at a variety of parks facilities, while offering programs in the areas of education, social involvement & recreation in a clean, safe environment for individuals of all ages.

# OUR STAFF

JEANNETTE HUBER, CPRP  
GREG HOOPER, CPRP  
SUE BRUESCH  
DAREN MCLAUGHLIN  
DALE DURIN  
MIKE DECHENE, CPSI  
RICK RADZ  
JORDAN DECHENE  
STANO LIO  
RICHARD GOTTARDO  
DANIELLE PESO COMPANIO  
LESLIE GUERRERA, A.C.E., CPO  
CHUCK SOMERVILLE  
DENISE MICHALSKI, CPP  
REBECCA PERKAUS  
DONNA SMITH  
ERICA JAGUST  
2 JACKIE NELSON

DIRECTOR OF PARKS & RECREATION  
SUPERINTENDENT OF RECREATION  
BUSINESS MANAGER  
SUPERINTENDENT OF PARKS  
PARK FOREMAN  
PARK LABORER  
PARK LABORER  
PARK LABORER  
PARK LABORER  
FOUNTAIN HILLS GOLF CLUB MANAGER  
FOOD & BEVERAGE MANAGER  
AQUATIC / FITNESS MANAGER  
ATHLETIC SUPERVISOR  
RECREATION SUPERVISOR  
RECREATION SUPERVISOR  
OFFICE MANAGER/BUSINESS CLERK  
OFFICE STAFF  
OFFICE STAFF

# APOLLO RECREATION CENTER

12521 South Kostner Ave.

Alsip, Illinois 60803

(708)389-1003

www.alsiparks.org

## GYMNASIUM OPEN GYM HOURS (EFFECTIVE MONDAY, JUNE 6, 2022)

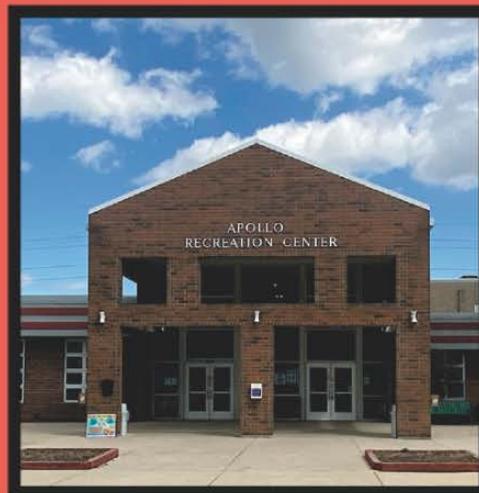
MONDAY	9:00AM - 4:00 PM
TUESDAY	9:00 AM-9:00 PM
WEDNESDAY	9:00 AM-9:00 PM
THURSDAY	9:00 AM-9:00 PM
FRIDAY	9:00 AM-9:00 PM
SATURDAY	9:00 AM-4:00 PM
SUNDAY	9:00 AM-1:00 PM

## REGISTRATION OFFICE HOURS

MONDAY	8:30 AM-8:00 PM
TUESDAY-FRIDAY	8:30 AM-5:30 PM
SATURDAY	9:00 AM-12:00 PM
SUNDAY	CLOSED

## PROGRAM LOCATIONS

APOLLO RECREATION CENTER	12521 S. KOSTNER AVE.
SPRAYFARI AQUATIC PARK	11930 S. KOSTNER AVE.
DOUBLETREE/HILTON HOTEL	5000 W. 127TH STREET
FOUNTAIN HILLS GOLF CLUB	12601 S. KEDZIE AVENUE
HAZELGREEN ELEMENTARY	11751 LAWLER AVENUE
HERITAGE II CLUBHOUSE	3715 W. 123RD STREET
LANE ELEMENTARY SCHOOL	4600 W. 123RD STREET
PRAIRIE JUNIOR HIGH SCHOOL	11910 S. KOSTNER AVE.
STONY CREEK ELEMENTARY	11700 KOLIN AVE



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## APOLLO RECREATION CENTER CLOSED HOLIDAY HOURS

HOLIDAY	WOMENS CC	FITNESS CTR	GYMNASIUM	MAIN OFFICE
Memorial Day - May 30th	CLOSED	CLOSED	CLOSED	CLOSED
4th of July - July 4th	CLOSED	CLOSED	CLOSED	CLOSED
Labor Day - September 5th	CLOSED	CLOSED	CLOSED	CLOSED

# CO-ED & WOMEN'S FITNESS CENTERS

The Co-Ed Fitness Center is equipped with Cybex/Bodymaster strength equipment, Apex five station cable crossover strength equipment, free weights, smith machine, x-trainers, treadmills, nu-steps, and 2 recumbent bicycles! We know we have the equipment you need for the perfect workout. All fitness members are required to participate in a fitness orientation. Orientations are done on an appointment basis after a facility pass is purchased and proper attire must be worn. Thirteen through sixteen year olds can join the Fitness Center, but they must be supervised by another member 18 years or older. For your convenience, the Fitness Center is staffed during all hours of operation. Note: All upgrades from a 3 month membership to a yearly MUST be done within two weeks of expiration.

MEMBERSHIP TYPE	INDIVIDUAL (17 & UP)	ADDITIONAL FAMILY MEMBER	FULL TIME STUDENT (18-22) WITH PROOF OF 12 CREDIT HOURS	TEEN (13-16) WITH CURRENT MEMEBER 18+ WITH ID	SENIOR (55+)	SENIOR ADD-ON (55+)	CORPORATE <sup>ALSP</sup> BUSINESSES ONLY UP TO 30 PEOPLE
ANNUAL	R\$175 NR\$219	R\$150 NR\$188	R\$150 NR\$188	R\$150 NR\$188	R\$90 NR\$113	R\$90 NR\$113	R\$190 PER PERSON
DAILY	R\$8 NR\$12	R\$8 NR\$12	R\$8 NR\$12	R\$8 NR\$12	R\$8 NR\$12	R\$8 NR\$12	N/A
MONTHLY	R\$25 NR\$35	R\$25 NR\$35	R\$25 NR\$35	R\$25 NR\$35	R\$20 NR\$30	R\$20 NR\$30	N/A
3 MONTH	R\$73 NR\$92	R\$69 NR\$87	R\$69 NR\$87	R\$69 NR\$87	R\$57 NR\$67	R\$57 NR\$67	N/A
UPGRADE TO AN ANNUAL WITH THREE MONTHS	R\$112 NR\$140	R\$93 NR\$117	R\$93 NR\$117	R\$93 NR\$117	R\$46 NR\$58	R\$46 NR\$58	N/A

## FITNESS CENTER SPRING HOURS (EFFECTIVE June 6, 2022)

DAY	HOURS
Monday - Friday	6:00 am-9:00 pm
Saturday	8:00 am-4:00 pm
Sunday	8:00 am-1:00 pm

## WOMEN'S CIRCUIT CENTER WINTER HOURS (EFFECTIVE June 6 2022)

DAY	HOURS
Monday-Friday	8:00 am-2:00 pm
Saturday	8:00 am-12:00 pm
Sunday	8:00 am-12:00 pm

## CO-ED CIRCUIT CENTER WINTER HOURS (EFFECTIVE June 6, 2022)

Day	Hours
Monday - Friday	2:00 pm-9:00 pm
Saturday	12:00 pm-4:00 pm
Sunday	12:00 pm-1:00 pm

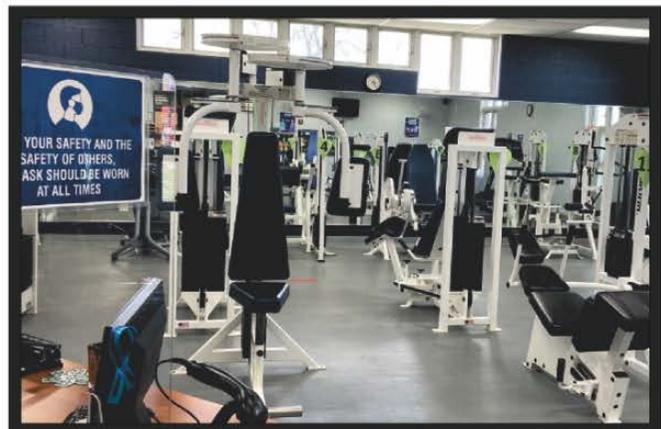
## PUNCH CARD (5 TIME USE)

Not Ready to Commit, purchase a fitness center punch card. Each card provides five visits from the date of purchase. Punch card is valid for one year from date of purchase. Note: Upon purchase you must schedule an orientation in fitness center. R\$25/NR\$35

## WOMEN'S & CO-ED CIRCUIT CENTER

is equipped with women friendly Body Master/ Cybex Strength equipment, Life Fitness treadmills, Ellipticals and a Tetric & Schwinn bicycle. There are a total of 12 strength stations that alternate between 5 cardio machines. A mandatory orientation is required and must be done by appointment only. You must come dressed in workout attire for your orientation. Don't forget to bring a towel. This is a great way to get in shape or stay in shape. We know you're going to enjoy it.

Fee:.....\$10.00 per month



## Senior Fitness

Join us for dynamic movements, resistance training, chair exercises, improving gait patterns, and fall prevention. Perform fun exercises from standing and seated positions using resistance bands, dumbbells and other training tools in order to improve your ability to move with purpose and react quickly. This class emphasizes full body strength, posture re-alignment, and pain reduction. Come join us! There will be no class on July 4th.

Activity: 466505  
 Instructor: Dawna Latka (Session A)  
 Rhonda Allan (Session B)  
 Location: Aerobic Room and Heritage II Club House  
 Age: 55+  
 Fee: R\$50/NR\$60 (Session A)  
 Fee: R\$54/NR\$64 (Session B)  
 Min/Max: 6/15



Session	Day	Dates	Time
A	MO	June 13-August 29	11:00-12:00 pm
B	FR	June 17-September 2	9:30-10:30 am

## 20/20/20

Come spend an hour at the park and get all your fitness needs wrapped up in one class. You will do 20 minutes of cardio to burn fat, 20 minutes of weight training to tone and firm those muscles followed by the final 20 minutes of Yoga/Pilates to increase your flexibility and core strength. What more can you accomplish in one hour of your day? Please bring your own yoga matt.

Activity: 466508-A  
 Instructor: Anne Kalch  
 Location: ARC/Aerobic Room  
 Day: Tuesday  
 Date: June 7-August 23  
 Time: 9:45-10:45 am  
 Age: Teen-Adult  
 Fee: R\$60/NR\$70  
 Min/Max: 6/10



## Piyo-Fusion

This class is a combination of Pilates and Yoga. In this class you will sculpt your abdominal muscles while strengthening your back muscles with Pilate moves that also tone legs and glutes. We will also incorporate Yoga poses that will increase flexibility, improve posture and tone your upper body by using your own body weight. This class unites body and mind and creates a more streamlined shape.

Activity: 466547-A  
 Instructor: Rhonda Allen  
 Location: Aerobic Room  
 Day: Thursday  
 Dates: June 9-August 25  
 Time: 6:30-7:15 pm  
 Age: Teen-Adult  
 Fee: R\$54/NR\$64  
 Min/Max: 6/15

## Fitness Crazy Card

Not sure what class best suits you? Try five of our fitness classes to see which one is right for you. A card holder may attend any of our aerobic classes while discovering how enjoyable getting fit really is! The instructor will validate your card. This is great if you have a changing schedule. This card will not be accepted for any Yoga, or Zumba classes. This card is nontransferable.

Activity: 466504-A  
 Location: Aerobic & Dance Rooms  
 Days: Monday - Saturday  
 Card expires 09/03/22  
 Time: Varies  
 Age: 16-Adult  
 Fee: R\$25/NR\$35



### Aqua Blast at Sprayfari Aquatic Park

Get a great cardio and strength workout with water as resistance. You can work at your own pace and add extra resistance with weights. Have fun on noodles to give your feet a break and add extra strength to your core while suspended. Modifications will be given so you can choose what works best for you. Please come in your swim attire and be ready for your class. Bring a towel and we also recommend aqua shoes for this class. Private swim lessons are offered during this class so there also may be other swimmers in the pool. The Aquatic Park is a heated facility. If class is canceled due to weather, make up will be at end of the session.

Activity: 466524  
 Instructor: Anne Kalch (Session A)  
 Dawna Latka (Session B)  
 Location: Sprayfari Aquatic Park  
 11930 S. Kostner  
 Age: 16-Adult  
 Fee: R\$45/NR\$55  
 Min/Max: 10/25

Session	Day	Dates	Time
A.	TU	June 7-August 2	11:00-11:45 am
B.	TH	June 9-August 4	5:00-5:45 pm

### Aqua Aerobics at Heritage II

Water Aerobics is a great way to increase your range of motion without causing any stress to your body. Men and women, Regardless of your swimming ability or age, will be able to follow the daily routines. Changing facilities are available at Heritage II club house facility. You do not have to be a resident of Heritage to participate in this class. Aqua shoes are required for the class.

Activity: 466524-C  
 Instructor: Dawna Latka  
 Location: Heritage II Pool  
 3715 W. 123rd Place  
 Day: Wednesday  
 Date: July 6-September 7  
 Time: 11:00-11:45 pm  
 Age: Adult  
 Fee: R\$50/NR\$60  
 Min/Max: 6/12



### Aqua Zumba at Sprayfari Aquatic Park

This is one pool party you don't want to miss this summer. Come and join us in this high energy aquatic fitness class. You'll benefit from the water creating natural resistance and less impact on your joints plus you'll be toning your muscles while enjoying great music having fun in the sun. Please come in your swim attire and be ready for your class. Bring a towel and we also recommend aqua shoes for this class. Private swim lessons are offered during this class so there may be other swimmers in the pool. If a class is canceled due to weather, make up will be at end of the session. There will be no class on July 3rd.

Activity: 466513-A  
 Instructor: Aida Burgos  
 Location: Sprayfari Aquatic Park  
 11930 S. Kostner Ave.  
 Day: Sunday  
 Dates: June 5-August 7  
 Time: 10:00-10:45 am  
 Age: 16-Adult  
 Fee: R\$45/NR\$55  
 Min/Max: 10/25



### Line Dancing

Come have some dancing fun this summer with great music for a guaranteed good time. No previous dance lessons are required. Steve is our experienced line dance instructor and will help you learn all the necessary steps to each dance that he teaches. Some dances will be easy, and others will be challenging. There will be a wide array of music to dance to. No special attire or a partner is necessary to be part of this class. There will be no class on July 4th.

Activity: 466404-A  
 Instructor: Steve Steib  
 Location: Dance Room  
 Age: Adult  
 Day: Monday  
 Date: June 6-August 29  
 Time: 6:00-7:00 pm  
 Fee: R\$48/NR\$58  
 Min/Max: 7/20

## 6 Fitness Programs

## Cardio Drumming

Cardio drumming takes a simple movement-drumming and turns it into a full-body workout that will leave you smiling, sweating, and feeling great. Drumming burns calories builds muscle and gets your heart pumping. It also can lower your blood pressure and improves cognitive brain development. All fitness levels welcome, modifications will be provided.

Activity: 466509  
 Instructor: Beatrice Orendorff  
 Location: ARC/Aerobic Room  
 Age: 16-Adult  
 Fee: R\$42/NR\$52  
 Min/Max: 5/10



Session	Day	Dates	Time
A	TH	June 16-September 25	6:00pm-6:45 pm
B	SA	June 11-August 27	11:15am-12:00 pm

## Jammin' to Zumba

Come and try this exercise in disguise class. We take the "work" out of workout, by mixing low intensity to high intensity moves for an interval style, calorie burning fitness party. Zumba has easy to follow moves with awesome Latin rhythms to get you boosted energy, cardio enhancement, and body toning and sculpting. This class is for everybody and every body. Let us get together and sweat it on, ditch the workout and join the Zumba party! No dance experience is needed or required. There will be no class on July 4th.

Activity: 466428-A  
 Instructor: George Montejano  
 Location: ARC/Small Gym  
 Time: 6:30-7:30 pm  
 Age: Teen-Adult  
 Fee: R\$54/NR\$64  
 Min/Max: 10/20

Session	Day	Dates
A	MO	June 6-August 29
B	TH	June 9-August 25



## Fitness Boot Camp

Are you bored in the gym and looking for a new way to develop a habit of exercise? This could finally be the class to get you headed in the right direction a new you. Boot Camp training combines interval training and many other exercises using weights and/or body weight to lose body fat, increase cardiovascular efficiency, increase strength, and help you get in a routine of regular exercise. This class is designed to push people a little bit further than they normally push themselves in the gym alone. If your up to a challenge; come and give it your all, were ready are you. Note: there will be no class on Saturday, July 2nd.

Activity: 466499  
 Instructor: Rhonda Allan  
 Location: ARC/Aerobic Room  
 Age: Teen-Adult  
 Fee: R\$54/NR\$64  
 Min/Max: 5/15



Session	Day	Dates	Time
A	TH	June 9-August 25	5:30-6:30 pm
B	SA	June 4- August 27	10:00-11:00 am

## Private Reiki Sessions (New)

This is a hands-on healing energy movement session. If you feel stuck or have unanswered questions or need to move forward.... This is for you. This class will be a private session with you and the instructor, Denise. Note: Your money will not be refunded if you cancel with less than 24 hours' notice of your appointment. Note: In-person registration only.

Activity: 466533-A  
 Instructor: Denise Cholewa  
 Location: Aerobic Room  
 Day/Date: appointment will be scheduled by instructor  
 Time: 30-60-minute appointments  
 Age: 18-Adult  
 Fee: \$30-30 minutes  
 \$60-60 minutes

## Therapeutic Hatha Yoga \*

Each class is a unique sequenced class developed to guide students through a systematic progression. This class can be practiced in all stages of life. In this Hatha class we will focus on correct alignment. You will be able to activate muscle groups in a new way, appreciating the subtle nuances that you may not have noticed in the past. Students will be introduced to the rope wall. The rope wall will help decrease tension in the spine. Come ready to sweat and prepared to leave empowered and feeling strong. All levels of experience are welcome.

Activity: 466536  
 Instructor: Denise Cholewa  
 Location: Aerobic Room  
 Day: Tuesday  
 Time: 11:45-12:45 pm  
 Age: 18-Adult  
 Fee: \$60/monthly  
 \$20 per class  
 Min/Max: 6/10

Session	Dates
A	July 5-July 26
B	August 9-August 30
C	Sept. 6-Sept.27

## Rock N' Kids

This interactive class has everyone on their feet! We all learn together while engaging in active, creative, music-based activities, while using rhythm instruments and movement props. All class procedures are designed to keep staff and students safe. Activities are age appropriate by class and include songs and rhymes, rhythm and coordination, fine and gross motor, imagination and sensory, listening and following directions skills. Sing, dance, play, learn and imagine with us!

### Tot Rock

Activity: 438143  
Instructor: Rock N' Kids  
Location: Oak View Center- 4625 W. 110th Street,  
Oak Lawn, IL 60453  
Age: 1 yr. w/adult  
Min./Max. : 4/12

Session	Day	Dates	Time	Fee
A	Thursday	June 9- June 30	5:30-6:10 pm	R\$45/NR\$65
B	Thursday	July 14-August 4	5:30-6:10 pm	R\$45/NR\$65

### Kid Rock

Activity: 438144  
Instructor: Rock N' Kids  
Location: Oak View Center- 4625 W. 110th Street,  
Oak Lawn, IL 60453  
Age: 2-3yrs. w/adult  
Min./Max.: 4/12

Session	Day	Dates	Time	Fee
A	Thursday	June 9- June 30	6:15-6:55 pm	R\$45/NR\$65
B	Thursday	July 14-August 4	6:15-6:55 pm	R\$45/NR\$65



## 8 Preschool Programs

# SCHOOL YEAR 22-23 PRESCHOOL REGISTRATION

*A creative learning program  
for children ages 3 & 4*



The Alsip Park District Preschool Program includes a variety of developmentally appropriate activities including but not limited to: creative art experiences, singing and rhythm activities, stories, role-playing and body movement, free play, emerging writing and reading skills and activities related to everyday math and science discovery.

- A copy of the birth certificate is **REQUIRED**.
- Age requirements must be met by September 1, 2022
- Children must be completely toilet trained.
- Enrollment fee\* (same amount as monthly fee) due at registration then 8 additional payments (September 1st though April 1st)
- A \$50 administrative fee will be charged for all refunds.
- Refunds only available until August 12, 2022.

Please note policy for credit cards that are denied when installment payment is posted; You will be notified that credit card on file was denied which will require you to bring payment to the Main Office before your child's next scheduled class. If payment is not made by this time, a \$25.00 late fee will be assessed, and your child may not attend class until payment and late fee is made. A second time a credit card is denied will result with the full remaining balance to be paid prior to child attending class.  
\*Enrollment Fee is not refundable once school year has begun.

## 3-Year-Old Preschool Information

ACTIVITY #	DAY	DATE	TIME	AGE	MONTHLY FEE
138103-B	M-W-F	SEPT. 7- MAY 12	8:45-11:45AM	3	R\$160/NR\$180
138104-B	T-TH	SEPT. 6- MAY 11	8:45-11:45AM	3	R\$105/NR\$125

## 4-Year-Old Pre-K Information

ACTIVITY #	DAY	DATE	TIME	AGE	MONTHLY FEE
138102-B	M-F	SEPT. 6- MAY 12	9:00-12:00PM	4	R\$270/NR\$300

**FULL YEAR TUITION DISCOUNT AVAILABLE!**

# 3-Year-Old Preschool Curriculum

## Tu/Th Class

8:45-11:45

- First name recognition & tracing (sentence case)
- Recognizing & tracing alphabet in upper & lower case
- Rote counting to 30
- Recognizing & tracing numbers 1 to 10
- Speaking Numbers 1 to 10 in Spanish
- Monthly Themes
- Recognition of basic colors and shapes
- A strong emphasis on social skills, creative expression, dramatic play and fine motor skill development
- Daily: weather, calendar, story time, classroom sing-a-longs

## M/W/F Class

8:45-11:45

- First name recognition & tracing (sentence case)
- Recognizing & tracing alphabet in upper & lower case
- Rote counting to 30
- Recognizing & tracing numbers 1 to 10
- Speaking Numbers 1 to 10 in Spanish
- Recognition of basic colors and shapes
- A strong emphasis on social skills, creative expression, dramatic play and fine motor skill development
- Daily: weather, calendar, story time, classroom sing-a-longs
- 1 extracurricular activity per week
- Monthly Theme
- Extra day of concept reinforcements
- 2 extracurricular activities per week
- End of the Year Book with a collection of your child's work throughout the year.

### Extracurricular Activities

- Arts/Painting/Crafts
- Music/Singing/Dancing
- Outdoor Time
- Physical Education

# 4-Year-Old Pre-K Curriculum

## M-F Class

9:00-12:00

- First and last name recognition/writing (Sentence Case)
- Recognizing and writing alphabet in upper & lower case
- Rote counting to 100
- Use comparative words- big/small, tall/short, etc...
- Recognizing words and writing numbers 1 to 20
- Basic colors and shapes along with word recognition
- Rhyming, opposites, location, distance, and patterns
- A strong emphasis on social skills & creative expression
- Daily: Weather, Calendar, Story Time
- Weekly Themes
- Spanish- verbal recognition of numbers 1- 20 & colors
- Science & Social Studies Curriculum
- 2 extracurricular activities per week

### Extracurricular Activities

- Arts/Drawing/Painting/Crafts
- Music/Singing/Dancing
- Outdoor Time
- Physical Education
- Cultural Arts





# 3 & 4 YEAR OLD PRESCHOOL OPEN HOUSE

**COME SEE WHAT WE ARE ALL ABOUT!**

COME MEET THE PRESCHOOL TEAM AND SEE THE LEARNING SPACES WE HAVE! WE ARE HERE TO ANSWER ANY QUESTIONS YOU HAVE.



**CALL TO MAKE AN  
APPOINTMENT TODAY!  
708-389-1003**

APPOINTMENTS ARE MONDAY-FRIDAY  
STARTING ON MONDAY, FEBRUARY 21ST  
AND WILL BE ON-GOING UNTIL NEEDED.



**APOLLO RECREATION CENTER  
12521 S. KOSTNER AVE.  
ALSIP, IL 60803**





### I Speak Spanish!

Did you know that young children learn language naturally and much more easily than older children and adults? Introduce your child to the Spanish language in this Spanish immersion class developed especially for very young learners. Children will be immersed in the Spanish language through fun and educational activities and music. New material is covered in each session! Taught by Language in Action, Inc. instructor.

Activity #: 453205  
 Instructor: Language in Action  
 Location: Oak View Center- 4625 W. 110th Street, Oak Lawn, IL 60453  
 Age: 3-6 years old  
 Min./Max.: 6/12

Session	Day	Dates	Time	Fee
A	Tuesday	June 21 – July 12	5:00-5:45pm	R\$50/NR\$60
B	Tuesday	July 19 – August 9	5:00-5:45pm	R\$50/NR\$60

### Vámonos Youth Spanish

Learning a second language can open a world of possibilities for your child. In this class students will learn Spanish conversation and some Spanish grammar, reading, and writing skills through interactive and engaging activities. Each session covers new material!

Activity #: 453206  
 Instructor: Language in Action  
 Location: Oak View Center- 4625 W. 110th Street, Oak Lawn, IL 60453  
 Age: 7-11 years old  
 Min./Max.: 6/11

Session	Day	Dates	Time	Fee
A	Tuesday	June 21 – July 12	6:00-6:45pm	R\$50/NR\$60
B	Tuesday	July 19 – August 9	6:00-6:45pm	R\$50/NR\$60

### Fiesta Time Minicamp- Make Your Own Mini Pinata!

Looking for something fun AND educational for your child to do this summer? In this camp children will decorate their very own mini piñata while singing songs in Spanish, learning Spanish words, and discovering the Mexican culture. All material is included.

Activity : 443212-A  
 Instructor: Language in Action  
 Location: Oakview Center,  
 4625 W. 110th St., Oak Lawn  
 Day/Dates: Tuesday, June 14th  
 Time: 5:00-6:30pm  
 Age: 4-10  
 Fee: R\$20/NR\$25  
 Min./Max.: 6/12



## 12 School-Aged Enrichment



### Magic Madness

Kids you are guaranteed to have a fantastic time in this hands-on magic workshop! You will learn a collection of awesome and amazing tricks you can perform at home; all supplies needed to repeat the tricks will be handed out in class. You really will go home with a bag of tricks! Children are grouped by age and are taught age-appropriate tricks they can master. Sign up again and again, new tricks are taught each session!

Activity: 343421-A  
Instructor: Gary Kantor  
Location: Oakview Center,  
4625 W. 110th St., Oak Lawn  
Day/Date: Tuesday, July 19th  
Time: 6:45 - 7:40pm  
Age: 5 - 12  
Fee: R\$22/NR\$32  
Min/Max: 5/35

### Piano Lessons

Mozart, Bach and Beethoven move over!! Have you ever wanted to learn piano in a fun and relaxing way? Then come on over! You will learn the basics of note reading and musical theory. Musical pieces will progress with the student's abilities. All first-time students must purchase the John W. Schaum book Making Music Method- Middle-c Approach: Primer Level Early Elementary Level coming to class. Your time and day of the lesson will be arranged after you register, you choose the most convenient time! Lessons are private and 30 minutes in length for eight-week sessions. Piano is a great hobby that lasts a lifetime.

**Note: No lessons the week of July 4th**

Activity: 348305-A  
Location: Multi 1  
Instructor: Marjorie Kuiper  
Age: 7 - Adult  
Day/Time: Instructor arranged  
Dates: June 13-August 12  
Fee: R\$200/NR\$220



Check out our Swim Lessons section beginning on page 41 for a detailed listing of all of our swim lessons for preschool aged children to adult.



SCHOOL YEAR 22-23

**BEFORE SCHOOL**

TIME: 6:45AM - SCHOOL START  
COST: \$12/DAY

**AFTER SCHOOL**

TIME: SCHOOL END- 6:00 PM  
COST: \$20/DAY

**EARLY DISMISSAL DAY**

TIME: SCHOOL END- 6:00 PM  
COST: \$25/DAY

**ACTIVITY BUS**

The activity bus is an additional fee for transportation to/from school outside of normal bus route for school activities.

COST: \$4/DAY



**BEFORE & AFTER SCHOOL PROGRAM**

**NOW DOING MONTHLY REGISTRATION.  
PLEASE READ BELOW FOR FURTHER INFORMATION.**

Registration open for Grades K-6.

*The Alsip Park District Power Play! Before & After School Program offers recreation activities, homework assistance, arts & crafts and much more! Our program is offered to those children in District 125 & 126 schools. Our staff looks forward to helping your child create new friendships, build self-esteem, get plenty of physical fitness and most important, have FUN!*

**MONTHLY REGISTRATION INFORMATION**

- In person registration is required at the Apollo Recreation Center.
- Monthly Registration is due on the 15th on the month prior to service needed.
- A \$15 late fee will be added per child if you register on the 16th-18th. No registrations will be added/alterd after the registration deadline.

**CONTACT INFO:**

Rebecca Perkaus  
708-389-1003

rperkaus@alsiparks.org  
To learn more, visit us  
at [www.alsiparks.org](http://www.alsiparks.org)



# 2022 SUMMER DAYCAMP



## Registration Information

### Registration is now Open for Residents and Non Residents

Registration will take place in-person at the Apollo Recreation Center or online. Please note you will be charged the Non-Resident fee until you come in and prove residency if you register online.

**Payment Plan Option:** You may sign up for a payment plan through the end of April. A 50% deposit is due at the time of registration. Households with balances must be paid in full for a new camp registration to be made. **THE BALANCE MUST BE PAID IN FULL BY SATURDAY, MAY 21, 2022.** No checks accepted starting May 21st.

**Refunds:** A \$50 administrative fee will be charged for camp refunds PER CHILD.

*Deadlines for refunds are listed below:*

May 21, 2022 for sessions A & B — June 11, 2022 for session C — July 2, 2022 for session D

**Multi-Child Discount:** The 2nd+ child that is enrolled in regular day camp or Kiddie Crew, that lives in the household, will receive \$25 off their total enrollment fee. (excludes pre and post camp)

#### **What To Expect After Registration:**

- You will receive an e-mail from ePACT to fill out all your emergency forms and waivers for Summer Day Camp. Please fill these out promptly!
- You will receive an e-mail from the Recreation Supervisor on Friday, May 27th with information for the following:
  - Packet pick-up days and time (includes t-shirt, schedules and parent manual)
  - Mandatory parent information meeting at the Apollo Recreation Center Gym.
    - **Scheduled on Wednesday, June 1st at 6:30pm**

# Pre/Post Camp

We are offering extended camp again for working parents! Campers should bring a snack in addition to their lunch and water bottle every day. Games, activities, free-time, and crafts will be planned for before and after regular camp hours. Campers are expected to be dropped off no earlier than 7:00 am and picked up no later than 6:00 pm. A late fee will be charged for all campers not picked up on time. Note: There is no camp on Monday, July 4.

## Pre Camp

Activity: 338484  
Day: Monday through Friday  
Age: Campers entering Kindergarten through 9th grade  
Min/Max: 25/45

Section	Date	Time	Fee
A	June 6-August 5	7:00-9:00 am	R\$300/NR\$330
B	June 6-June 24	7:00-9:00 am	R\$110/NR\$130
C	June 27- July 15	7:00-9:00 am	R\$110/NR\$130
D	July 18-August 5	7:00-9:00 am	R\$110/NR\$130

## Post Camp

Activity: 338485  
Day: Monday through Friday  
Age: Campers entering Kindergarten through 9th grade  
Min/Max: 25/45

Section	Date	Time	Fee
A	June 6-August 5	3:00-6:00 pm	R\$450/NR\$475
B	June 6-June 24	3:00-6:00 pm	R\$160/NR\$180
C	June 27- July 15	3:00-6:00 pm	R\$160/NR\$180
D	July 18-August 5	3:00-6:00 pm	R\$160/NR\$180

# Kiddie Crew

Activity #: 338486  
Dates: June 6th - July 29th  
Days: Monday-Thursday  
Times: 9:00am - 12:00 PM  
Ages: 3-4 years old  
Min/Max: 12/18  
Location: Apollo Recreation Center  
Price: R \$445/NR \$475

Kiddie Crew will have fun participating in games, arts n' craft projects, spending time outdoors with sidewalk chalk, bubbles, playground time and making new friends. Campers are required to bring a robust snack each day they come to camp. For children attending Preschool this fall, Kiddie Crew is a great introduction, as it is held in the Preschool room and the Kiddie Crew staff are the Preschool staff! All campers must be of age by June 1, 2022, and completely toilet trained. Please dress your child appropriately for the weather, as many activities will take place outdoors. No pre/post camp available for this group.  
There is no camp on Monday, July 4.

**Each camp session is planned to include 2 off site field trips and 1 in-house fun day. Swimming will be planned twice a week.**

(Subject to change based on evolving Covid-19 guidelines & restrictions)

## Explorers

First time Summer Day Camp friends. This group is for children who will be entering Kindergarten in the Fall of 2022. They will have a wonderful time learning new age appropriate games and crafts throughout the summer. New games, activities, and field trips are selected to aid in the intellectual and physical development of these campers. On swim days, counselors will supervise this group in the tot pool and splash pad.

Note: There will be no camp Monday, July 4.

Activity: 338487  
Day: Monday through Friday  
Age: Campers entering Kindergarten in Fall of 2022  
Min/Max: 18/24

Section	Date	Time	Fee
A	June 6-August 5	9:00 am-3:00 pm	R\$900/NR\$1000
B	June 6-June 24	9:00 am-3:00 pm	R\$350/NR\$400
C	June 27- July 15	9:00 am-3:00 pm	R\$350/NR\$400
D	July 18-August 5	9:00 am-3:00 pm	R\$350/NR\$400

## Travelers

Campers entering First or Second grade in Fall 2022. The group will engage in games that will build team playing skills and help develop gross motor skills.

Creative arts n' craft projects will spark their imagination. Staff will provide fresh and exciting games each day. On swim days, counselors will supervise this group in the tot pool, splash pad, or shallow end of the pool.

Note: There will be no camp on Monday, July 4.

Activity: 338488  
Day: Monday through Friday  
Age: Campers entering 1st or 2nd grade in Fall of 2022  
Min/Max: 24/36

Section	Date	Time	Fee
A	June 6-August 5	9:00 am-3:00 pm	R\$900/NR\$1000
B	June 6-June 24	9:00 am-3:00 pm	R\$350/NR\$400
C	June 27- July 15	9:00 am-3:00 pm	R\$350/NR\$400
D	July 18-August 5	9:00 am-3:00 pm	R\$350/NR\$400

## Adventurers

Campers entering 3rd and 4th Grade in Fall 2022. The group will participate in a variety of activities that will include competitive games focusing on good sportsmanship as well as strategy and problem solving activities. Staff will plan arts and craft projects based on suggestions from their campers.

Note: There will be no camp Monday, July 4.

Activity: 338489  
Day: Monday through Friday  
Age: Campers entering 3rd and 4th grade in Fall of 2022  
Min/Max: 24/36

Section	Date	Time	Fee
A	June 6-August 5	9:00 am-3:00 pm	R\$900/NR\$1000
B	June 6-June 24	9:00 am-3:00 pm	R\$350/NR\$400
C	June 27- July 15	9:00 am-3:00 pm	R\$350/NR\$400
D	July 18-August 5	9:00 am-3:00 pm	R\$350/NR\$400

# Voyagers

Campers entering 5th and 6th Grade in Fall 2022. Staff will plan and participate in activities that will keep the campers motivated and engaged throughout the camp weeks.  
 Note: There will be no camp on Monday, July 4.

Activity: 338490  
 Day: Monday through Friday  
 Age: Campers entering 5th or 6th grade in Fall of 2022  
 Min/Max: 24/36

Section	Date	Time	Fee
A	June 6-August 5	9:00 am-3:00 pm	R\$900/NR\$1000
B	June 6-June 24	9:00 am-3:00 pm	R\$350/NR\$400
C	June 27- July 15	9:00 am-3:00 pm	R\$350/NR\$400
D	July 18-August 5	9:00 am-3:00 pm	R\$350/NR\$400

# Trailblazers

Campers entering 7th, 8th and 9th Grade in Fall 2022. Advanced games, activities, and crafts plus a variety of special activities/trips are planned for our Adventures group.  
 Note: There will be no camp Monday, July 4.

Activity: 338491  
 Day: Monday through Friday  
 Age: Campers entering 7th, 8th and 9th grade in Fall of 2022  
 Min/Max: 18/24

Section	Date	Time	Fee
A	June 6-August 5	9:00 am-3:00 pm	R\$900/NR\$1000
B	June 6-June 24	9:00 am-3:00 pm	R\$350/NR\$400
C	June 27- July 15	9:00 am-3:00 pm	R\$350/NR\$400
D	July 18-August 5	9:00 am-3:00 pm	R\$350/NR\$400

# Counselor In Training Program

Counselors In Training (CIT) Camp is for teens who want to learn how to be camp counselors. Your teen will work with our professional summer camp team to lead camp activities in a safe and well-supervised environment. CITs will also attend staff training, camp field trips and pool days.

CIT's will need to apply and interview prior to being accepted into the program. Please obtain application online or at the Apollo Recreation Center and return no later than May 15th .

Day: Monday through Friday  
 Age: Teens entering 10th grade in Fall of 2022  
 Min/Max: 1/4

Section	Date	Time	Fee
A	June 6-August 5	8:30 am-3:00 pm	R\$120/NR\$200
B	June 6-June 24	8:30 am-3:00 pm	R\$50/NR\$75
C	June 27- July 15	8:30 am-3:00 pm	R\$50/NR\$75
D	July 18-August 5	8:30 am-3:00 pm	R\$50/NR\$75



# Ms. Priscilla's School of Dance



This comprehensive dance program offers instruction in Ballet, Tap, Jazz and Hip-Hop, for ages 3 to 12. The program runs a total of 35 weeks and ends with a celebrated dance recital showcasing the students' talents! Class groupings are by age, and must be met by September 1, 2022, no exceptions!

\*NOTE\* No Class 12/27/22-1/03/23-3/28/23.

Activity: 143223

Instructor: Ms. Priscilla

Location: ARC/Dance Room

Day/Dates: Tuesday, September 6 – May 23

Min/Max: 5/10 for each class



Section	Class	Time	Age	Fees
A	Ballet	3:00-3:30 pm	3-4	R\$200/NR\$210
B	Tap	3:30-4:00 pm	3-4	R\$200/NR\$210
C	Ballet	4:00-4:30 pm	5-6	R\$200/NR\$210
D	Tap	4:30-5:00 pm	5-6	R\$200/NR\$210
E	Ballet	5:00-5:45 pm	7-12	R\$220/NR\$230
F	Tap	5:45-6:30 pm	7-12	R\$220/NR\$230
G	Jazz & Hip-Hop	6:30-7:15 pm	7-12	R\$220/NR\$230



## Registration deadline is Tuesday, August 30th

**\*\*Times may change, based on enrollment for each class.\*\***  
For students in age group 7-12 year old. If you sign up for Ballet & Tap your Jazz Hip/Hop class will be **FREE!**



### Uniform Requirements

All students need to come to class in the proper dance uniform. Girls should wear a plain, black leotard made of lycra, cotton or nylon. No velvet material, skirt or pants on the leotard. White tights and white ballet slippers and black tap or jazz shoes should be worn. Boys should wear a black t-shirt and shorts. There will be information on uniform purchasing the first week of class. You may order through the instructor or purchase items on your own.

### Recital

The Alsip Park District holds an annual dance recital in May. A costume will need to be purchased some time before December 1, 2022. The average cost of the costume is \$70.00. Participants may have to purchase more than one costume depending on how many classes he or she is registered in. As we approach May, more information on the dance recital and picture information, will be emailed!

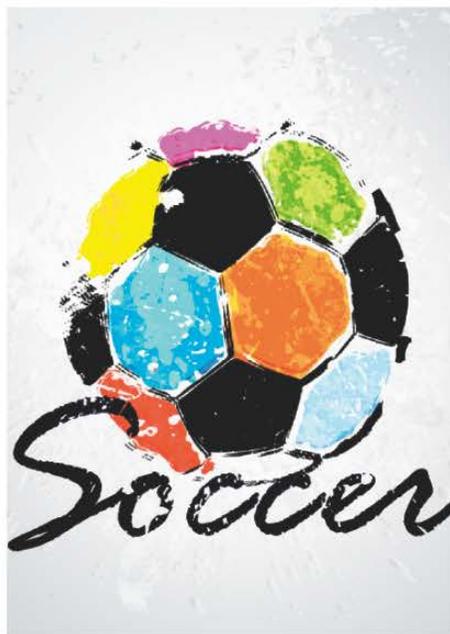


## South Suburban Soccer Association

The Alsip Park District is proud to be a part of the South Suburban Soccer Association for the fourth year! Teams will travel to neighboring parks for games. Parks will include Blue Island, Burbank, Bridgeview, Midlothian, Worth, Hickory Hills, and Oak Lawn. Teams will play games beginning in August and primarily on Saturday afternoons (games may be played during the week). Weekly practice times will be determined by head coach. This league will stress fun, sportsmanship, fair play, and teamwork. Teams will be selected on a random basis by the Alsip Park District. Each participant will receive an end of the season award, team jersey, socks, and shorts and a complimentary picture package. Home games will be played at Commissioner's Park. Please Note: Ages may be combined due to low enrollment. Equipment: shin guards, water bottle, and it is recommended players bring their own ball to practice (4-7 sized 4, 8-13 sized 5).

Activity: 174067  
 Location: Home Games at Commissioner's Park  
 Away Games Vary  
 Game Day: Saturdays  
 Dates: August – November  
 Time: Varies  
 Min/Max: 2/20 per division  
 Fee: R\$100/NR\$110  
 Registration  
 Deadline: August 1

Division	Ages:
A	4 – 5 Years Old
B	6 – 7 Years Old
C	8 – 10 Years Old
D	11 – 13 Years Old



## 5 Star Soccer Camp

The 5 Star Soccer Camp returns in 2022 to offer a fresh and enthusiastic approach to teaching youth soccer. 5 Star's curriculum presents the most current and advanced information on the development of the youth soccer player. Our quality staff builds on fundamental technique while creating an atmosphere that unlocks the game within each child. We believe in our program, designed for success, that presents a positive, enjoyable environment for learning from proven coaches in youth soccer. Camp program designed by Michael Wiggins, two-time Illinois High School Soccer Coach of the Year and Head Coach of the 2014 Illinois HS Soccer State Champions. Equipment: water bottle, shin guards, don't forget the sunscreen.

Activity: 474061 – A  
 Ages: 5 – 13 years old  
 Location: Sears Park  
 Day: Monday-Thursday  
 Dates: July 25th – July 28th  
 Times: 9:00 – 11:00 AM  
 Fees: R\$79/NR\$84  
 Min/Max: 24/100

## Chicago Union Ultimate Summer Camp (Frisbee)

Join us for a fun and exciting camp!!! Chicago Union runs this week-long camp designed to introduce kids to Ultimate Frisbee while providing a legendary experience! Ultimate is a non-contact, action-packed sport played with a flying disc (Frisbee) where players pass the disc from one player to the next until someone catches it in the opponent's end zone for a goal, worth one point. Camp participants will learn many new skills and objectives including: the basic rules and strategies of Ultimate Frisbee, how to throw a backhand, proper catching techniques, basic offense and defense, the spirit of the game and leadership and teamwork skills that can be both on and off the field. The camps are centered around Ultimate, but most importantly prioritize getting kids moving and having FUN! Various activities will include throwing accuracy games, partner catching, Randy Moss drills, footwork games, pulling contests, small scrimmages, and much more. These clinics are run in half-day sessions and are tailored for ages 9-13. Equipment: water bottle and don't forget the sunscreen.

Activity: 474062 – A  
 Ages: 9 – 13 years old  
 Location: Sears Park  
 Day: Monday-Friday  
 Dates: June 27– July 1  
 Time: 1:00 – 3:30pm  
 Fees: R\$130/NR\$140  
 Min/Max: 10/50



### Junior Soccer Skills

Let your child's early soccer experience be a great one. The younger player develops their soccer skills and gains confidence, coordination, motor skills and communication. The program uses age appropriate drills and exercises to teach players kicking, ball control, dribbling, shooting, and more. Equipment: water bottle, shin guards, and it is recommended players bring their own ball sized 4.

Activity: 474292  
 Age: 3 – 5 years  
 Location: ARC/Small Gym  
 Day: Wednesdays  
 Time: 4:15 – 5:00 PM  
 Min/Max: 4/15  
 Fees: R\$60/NR\$66

Session	Dates
A	June 1 – July 6
B	July 13 – August 17

### Soccer Skills 101

Players are introduced to the fundamentals of soccer tactics such as passing and keeping/controlling the ball, offensive moves, defensive moves, taking the ball away from the opposing team. Players learn to score and prevent goals. Physical endurance and fitness are emphasized while touching the ball. At this age, the focus starts to change from simple games to organized tactical, competitive games. Equipment: water bottle, shin guards, and it is recommended players bring their own soccer ball sized 5.

Activity: 474097  
 Age: 5 – 9 years  
 Location: ARC/Small Gym  
 Day: Wednesdays  
 Time: 5:00 – 6:00 PM  
 Fees: R\$72/NR\$78

Session	Dates
A	June 1 – July 6
B	July 12 – August 16

### Senior Soccer Skills

Alsip Park District hosts a weekly class for the young soccer player looking to improve their game. This class will work on all aspects of the game to develop a better and more complete soccer player. This weekly class will work on already established skills such as offensive and defensive moves, controlling the ball, and shooting to name a few. Equipment: water bottle, shin guards, and it is recommended players bring their own soccer ball sized 5.

Activity: 474293  
 Age: 9 – 14 years  
 Location: ARC/Small Gym  
 Day: Wednesdays  
 Time: 6:00 – 7:30 PM  
 Min/Max: 4/15  
 Fees: R\$72/NR\$78

Session	Dates
A	June 1 – July 6
B	July 13 – August 17

### Flag Football Skills

This youth flag football class is fun, age-appropriate, and skill-packed! Players will learn sound fundamental offensive and defensive football skills like passing, catching, defensive positioning and football formations. Athletes will be challenged mentally and physically in a positive and safe environment. Please Note: No class on July 2nd. Equipment: Please bring a water bottle and don't forget the sunscreen.

Activity: 474100  
 Ages: 7 -12 years old  
 Location: Prairie Ball Fields  
 ARC/Small Gym  
 Day: Saturdays  
 Time: 11:15am – 12:15pm  
 Fees: R\$60/NR\$66

Session	Dates
A	June 4 – July 9
B	July 16 – August 13



### All Sports

This class features a new sport each week. Some of the sports taught and played will include basketball, floor hockey, football, kickball, soccer, and baseball. In addition, participants play many popular running and group games. Players acquire new skills and develop confidence in games they have played in previous years. Please Note: No class on July 2nd. Equipment: Please bring a water bottle and don't forget the sunscreen.

Activity: 474296  
 Ages: 7 -12 years old  
 Location: Prairie Ball Fields/  
 ARC/Small Gym  
 Day: Saturdays  
 Time: 10:00 – 11:00am  
 Fees: R\$60/NR\$66

Session	Dates
A	June 4 – July 9
B:	July 16 – August 13

# BASKETBALL

## Junior Basketball Skills

Let your child's early basketball experience be a great one. Alsip's instructional basketball program is designed to teach the game of basketball at a basic level while making sure the players stay active and engaged. We will teach the importance of each skill learned and focus on basic mechanics to build confidence. As the class progresses, larger challenges are added. We will work on dribbling with each hand, passing and age appropriate shooting technique, and understanding basic offense and defense. All our programs are based on learning teamwork and sportsmanship. Equipment: Please bring water bottle and it is recommended players bring their own basketball sized 4.

Activity: 474291  
 Age: 3 – 5 years  
 Location: ARC/Small Gym  
 Day: Tuesdays  
 Time: 4:15 – 5:00 PM  
 Min/Max: 4/15  
 Fees: R\$60/NR\$66

Session	Dates
A:	May 31– July 5
B:	July 12 – August 16

## Basketball Skills 101

In this basketball skills class, the player is introduced to and develops skills and gains confidence, coordination, motor skills, and communication. The program uses age appropriate drills and exercises to teach players about the mechanics of the game. This is a great opportunity to introduce healthy basketball habits and skills such as dribbling, ball control, shooting, passing, and communication. Equipment: Please bring water bottle and it is recommended players bring their own basketball sized 5.

Activity: 474286  
 Age: 5 – 9 years  
 Location: ARC/Small Gym  
 Day: Tuesdays  
 Time: 5:00 – 6:00 PM  
 Min/Max: 4/15  
 Fees: R\$72/NR\$78

Session	Dates
A	May 31 – July 5
B:	July 12 – August 16

## Senior Basketball Skills

This past Winter, Alsip Park District had the pleasure to work with Coach Jarrett Foster. Coach brought his basketball magic to our 7th & 8th Grade Travel Basketball Team and during the season, the team took First Place in the regular season. This Summer, Alsip brings coach back to showcase and impart his talents. This weekly class is for the young basketball player looking to improve their game. This class will work on all aspects of the game to develop a better and more complete basketball player. Coach Jarrett has previously played professional basketball overseas and in the American Basketball Association. Coach Jarrett is excited and eager about developing high performing athletes and looking forward to bringing his passion and energy to the Alsip Park District. Please bring water bottle and it is recommended players bring their own basketball sized 5.

Activity: 474011  
 Age: 10 – 14 years  
 Location: ARC/Small Gym  
 Day: Tuesdays  
 Time: 6:00 – 7:30 PM  
 Min/Max: 4/15  
 Fees: R\$72/NR\$78

Session	Dates
A	May 31 – July 5
B	July 12 – August 16



## New Traditions Riding Academy 2022 Summer Camp

Alsip Park District is proud to offer you a summer at New Traditions Riding Academy with Pony Camp, Beginner Camp, and Intermediate Camp.

Activity: 474314

Location New Traditions Riding Academy

Age: 7 & Up

**Pony Camp** is the pride of the riding academy. A way for the wee ones to get a positive experience on our wonderful ponies and small horses. Rider will have pony rides for the first hour of camp, then to the barn for grooming and brushing. The third hour is lunch and a special art project each day. Please bring a lunch and water each day.

Fee: \$245 per rider, per week

Time: 10:00am – 1:00pm

Session	Dates
A	June 11 – July 14
B	August 1 – August 4

**The Beginner Camp** is designed for those riders with little or no riding experience. All riders will ride one hour per day, as well as having lessons in horse handling techniques. Riders will learn the basic control of the horse in the saddle of their choice. There will be exercises in moving the horse forward and stopping, turning and circling, as well as riding the sitting and posting trot. Participants will develop correct riding positions through guided explanations, exercise techniques and demonstrations. Stable management will also be discussed. Please bring a lunch and water each day.

Fee: \$400 per rider, per week

Time: 10:00am – 3:00pm

Session	Dates
C	June 13 – July 16
D	June 20 – June 23
E	June 27 – June 30
F	July 25 – June 28

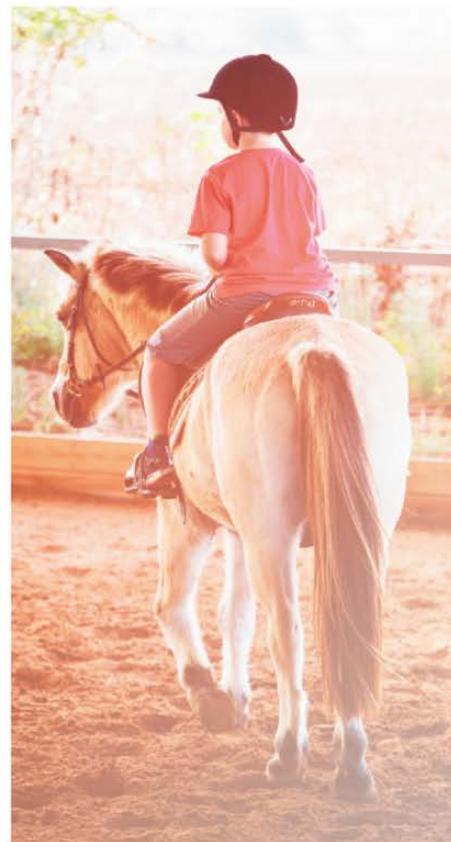
**The Intermediate Camp** is for those riders who have had prior group riding experience, and must know how to walk, trot and canter. All riders will continue to expand their knowledge and practice riding the gaits of the horse. Riders will also gain knowledge of the natural aids and their applications, as well as starting to engage in individual workouts. Lectures and demonstrations will be given in the areas of horse show preparation, horse science, and advanced equine management. Please bring a lunch and water each day.

Fee: \$400 per rider,

per week

Time: 10:00am – 3:00pm

Session	Dates
G	June 11 – July 14



## New Traditions Riding Academy Program

There are endless benefits associated with horseback riding. The Alsip Park District is working with New Traditions Riding Academy to provide Beginner Horseback Riding Lessons. New Traditions staff will teach riders to ride for pleasure or to show competitively. Riders must wear long pants, heels no higher than 1-1/2 inch, and wear ASTM/SEI Certified Riding Helmet. Helmet rental is \$2.00 per lesson or available for purchase for \$39.95. Participants will choose Five 1-hour lessons. Lessons are available on Mondays and Wednesdays at 4:30pm, Saturdays at 2:30pm, & Sundays at 12:00pm. Adult Beginner Lessons are available on Sundays at 12:00pm. \*Please Note: Lessons are on a floating schedule and subject to change: visit [www.ntridingacademy.com/lessons.html](http://www.ntridingacademy.com/lessons.html) for season schedule.\*

Instructor/Location: New Traditions Riding Academy  
10100 S. Kean Avenue, Palos Hills, IL 60465  
(708) 598-7718

Activity: 474313-A  
Location: New Traditions Riding Academy  
Fee: \$260: Five 1-hour lessons  
Age: 7 & Up

### Lesson Floating Schedule

Class	Day	Time
Beginner Basics	Mondays	4:30pm
Beginner Basics	Wednesdays	4:30pm
Beginner Basics	Saturdays	2:30pm
Beginner Basics	Sundays	12:00pm
Adult Beginner Class	Sundays	12:00pm

## Open Pickleball

Alsip Park District open gym times are now available at the Apollo Recreation Center for Pickleball. Pickleball combines tennis, badminton, and ping pong for a fun game. The game is played on a badminton court with the net lowered at the center and played with a wiffle ball and composite paddles. It is easy for beginners to learn, but can develop into a quick, fast-paced, competitive game for experienced players. Our two Pickleball courts are on a first-come first-serve basis. Pickleball Open Play is dependent upon availability AND reservations must be made (give us time to set up the court(s)). Members can come and play for free; Non-Member fees (both resident and nonresident) are below and must be arranged with Registration Office (see Registration Office hours).

Days: Mondays through Fridays  
Age: 8 and Up  
Time: Varies - (Call to inquire)  
Fee: FREE WITH MEMBERSHIP  
Non-Member Fee: R\$5/NR\$10

Location: ARC/ Main Gym (Court 1 & Court 2)  
Contact: Athletic Supervisor Charles Somerville to set up reservations at (708) 389-1003 or csomerville@alsipparks.org.

## Open Volleyball

Alsip Park District open gym times are now available at the Apollo Recreation Center for Volleyball. Open Volleyball provides an excellent opportunity to play a pick-up game with friends or meet new ones. Our two Volleyball courts are on a first-come first-serve basis: if a game is going on, feel free to join. Members can come and play for free without a reservation, non-member fees are below and must be arranged before Registration Office closes (see Registration Office hours): pre-registration is encouraged.

Days: Monday  
Dates: May 30 - August 30  
Age: 8 and Up  
Time: 5:00 - 9:00 PM  
Fee: FREE WITH MEMBERSHIP  
Non-Member Fee: R\$5/NR\$10  
Location: ARC/Main Gym (Court 1 & Court 2)



## Youth & Teen Volleyball Club

Join us for some volleyball fun this summer. This co-ed program is not an instructional class but is designed for the volleyball lovers to play, whether you want to play with your friends or meet new players this is for you. Players will meet every week and be placed into different teams to play volleyball games: similar to more organized pick-up games, all players need to do each week is to come ready to play. Game play will be based on registration and will include sports beverage each night. Don't forget your kneepads.

Activity: 474017-A  
Days: Thursday  
Dates: June 2- September 1  
Age: 8 - 18 years old  
Time: 6:30 - 9:00 PM  
Fee: R\$20/NR\$25  
Min/Max: 4/30  
Location: ARC/ Main Gym (Court 1 & Court 2)



### Illinois Shotokan Karate – Pre-Karate

Illinois Shotokan Karate Club is Chicagoland's premier karate school taught under the instruction of John Di-Pasquale, a four-time National Champion and President of the American Shotokan Karate Association. In our Pre-Karate Safety classes, young children develop flexibility, strength, and coordination in fun, yet disciplined activities. This program is specifically designed for growing minds and bodies to enhance memory and agility. Watch your child's confidence blossom and their skills improve.

- Uniforms and Belt-Testing are options available through the ISKC instructor.
- Please note that the Youth, Parent/Child, and Adult classes may train together.
- Beginner students will not be permitted to register into the current session after the second class has met.
- Registration for continuers through advanced students will be accepted after the start date, but the full class fee is required.
- Please visit [WWW.ISKC.COM](http://WWW.ISKC.COM) for more information or call us at (847) 359-0666.

Activity: 438257  
 Instructor: Illinois Shotokan Karate Club Staff  
 Location: ARC/Small Gym  
 Day: Friday  
 Dates: June 17 – August 26  
 Fee: R\$135/NR\$148  
 Min/Max: 4/12  
 Registration Deadline: One week before session



Session	Time	Age	Level
A	4:30 - 5:15pm	4-7	Beginner (No prior experience)
B	5:20 - 6:05pm	4-7	Continuer (White w/stripes & Up)

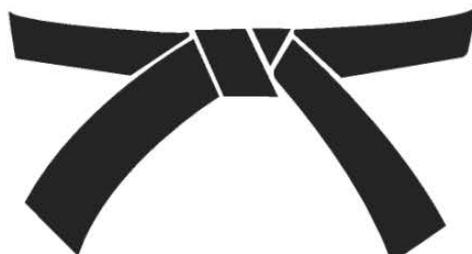
### Illinois Shotokan Karate – Youth

Illinois Shotokan Karate Club is Chicagoland's premier karate school taught under the instruction of John Di-Pasquale, a four-time National Champion and President of the American Shotokan Karate Association. ISKC's Youth karate classes will put children with their bodies and offer a good mix of strength training, with cardiovascular and flexibility exercises. They also benefit from the mental stimulation of learning the choreographed moves of the kata and the discipline of conforming to the class rules.

- Uniforms and Belt-Testing are options available through the ISKC instructor.
- Please note that the Youth, Parent/Child, and Adult classes may train together.
- Beginner students will not be permitted to register into the current session after the second class has met.
- Registration for continuers through advanced students will be accepted after the start date, but the full class fee is required.
- Please visit [WWW.ISKC.COM](http://WWW.ISKC.COM) for more information or call us at (847) 359-0666.

Activity: 438257  
 Instructor: Illinois Shotokan Karate Club Staff  
 Location: ARC/Small Gym  
 Day: Friday  
 Dates: June 17– August 26  
 Fee: R\$135/NR\$148  
 Min/Max: 4/15  
 Registration Deadline: One week before session

Session	Time	Age	Level
C	6:15 - 7:10pm	8-14	Beginner/Continuer (White-Red Belts)
D	7:15 - 8:10pm	8-14	Inter/Advanced (Orange-Black Belts)



## Illinois Shotokan Karate – Adult and Parent/Child

Illinois Shotokan Karate Club is Chicagoland's premier karate school taught under the instruction of John DiPasquale, a four-time National Champion and President of the American Shotokan Karate Association. Our Adult classes release tension, develop total body fitness, and build stamina and overall productivity! In addition to self-defense skills, karate increases flexibility, cardiovascular endurance, and muscle tone, while improving core strength. Parent/Child classes are a great way to spend some quality time with your child, while conditioning muscles, developing coordination, and improving cardiovascular fitness.

- Uniforms and Belt-Testing are options available through the ISKC instructor.
- Please note that the Youth, Parent/Child, and Adult classes may train together.
- Beginner students will not be permitted to register into the current session after the second class has met.
- Registration for continuers through advanced students will be accepted after the start date, but the full class fee is required.
- Please visit [WWW.ISKC.COM](http://WWW.ISKC.COM) for more information or call us at (847) 359-0666.

Activity: 438257  
 Instructor: Illinois Shotokan Karate Club Staff  
 Location: ARC/Small Gym  
 Day: Friday  
 Dates: June 17 – August 26  
 Fee: R\$135/NR\$148  
 Min/Max: 4/15  
 Registration Deadline: One week before session

Session	Time	Age	Category	Level
E	6:15 - 7:10pm	7 & Up	Parent/Child*	Beginner/Continuer (White-Red Belts)
F	7:15 - 8:10pm	7 & Up	Parent/Child*	Inter/Advanced (Orange-Black Belts)
G	6:15 – 7:10pm	15 & Up	Adult	Beginner/Continuer (White-Red Belts)
H	7:15 – 8:10pm	15 & Up	Adult	Inter/Advanced (Orange-Black Belts)

\*Please Note: Fee is per participant



### NOT SEEING SOMETHING THAT INTERESTS YOU?!?

If you are not seeing something you are interested in or something that isn't being provided, please contact:

**Athletic Supervisor Charles Somerville at  
 (708) 389-1003 or [csomerville@alsiparks.org](mailto:csomerville@alsiparks.org).**

### Enchanted Castle Trip

You're going to love the "enchantment" of this Castle! Featuring 60,000 square feet of games, rides and attractions there is sure to be something fun for all to enjoy! Firstly, we have some fun on the bus doing travel karaoke for prizes. When we arrive at the Enchanted Castle will enjoy 2 slices of cheese pizza, soft drink, \$10.00 in game plays, and up to 4 hours of unlimited Laser Frenzy Challenges and video games. Spaces are limited so register early. When registration is full we will take a waitlist to accommodate everyone. Registration in person only and no one will be allowed on bus without parent-signed waiver. Price includes, transportation, chaperone, game package, pizza and pop.

Activity: 438639-A  
Instructor: APD Staff  
Location: Enchanted Castle  
Lombard, IL  
Day: Thursday  
Dates: July 14  
Time: 3:00pm-8:00pm  
Fee: R\$45/NR\$55  
Min/Max: 10/28

Registration

Deadline: One week before session

### Six Flags Great America Trip

Join us for an all-day adventure at Six Flags Great America! If you like the thrilling roar of roller coasters this trip is for you! Price includes transportation, admission, Mega Meal package and all-drink cup, fuel charge, parking and chaperone. Waivers will need to be filled out and signed at registration.

Activity: 438666-A  
Instructor: APD Staff  
Location: Six Flags Great America  
Gurnee, IL  
Day: Friday  
Dates: June 3  
Time: 9:00am-9:30pm  
Fee: R\$225/NR\$250  
Min/Max: 10/13

### Teen Lock-In

This invite goes out to the youth of our town in junior high and high school. We invite you to register for our first LOCK-IN in a very long time. This lock-in is being held at the Apollo Recreation Center on Friday, July 29th. The event will begin at 7pm and last until 7am Saturday morning. Our lock-in is a great chance to make friends and have something safe and fun to do.

The entire building will be open throughout the night, with events including:

- Talent Show for those interested.
- Video game & Karaoke
- Food and games all night
- Sports such as basketball, pickleball and volleyball.
- Games and contests throughout the night.
- Movies on our huge inflatable screen.

The Alsip Park District will provide dinner and breakfast, with snacks available as well. Don't forget a sleeping bag

Activity: 438640-A  
Instructor: APD Staff  
Location: ARC/Dance Room  
Day: Friday & Saturday  
Date: July 29 & 30  
Time: 7:00pm-7:00am  
Fee: R\$60/NR\$80  
Min/Max: 25/60

### Open Pickleball

Alsip Park District open gym times are now available at the Apollo Recreation Center for Pickleball. Pickleball combines tennis, badminton, and ping pong for a fun game. The game is played on a badminton court with the net lowered at the center and played with a wiffle ball and composite paddles. It is easy for beginners to learn, but can develop into a quick, fast-paced, competitive game for experienced players. Our two Pickleball courts are on a first-come first-serve basis. Pickleball Open Play is depending upon availability AND reservations must be made (give us time to set up the court(s)). Members can come and play for free with gym or fitness membership. Non-Member fees (both resident and non-resident) are below and must be arranged with Registration Office (see Registration Office hours).

Days: Monday-Fridays  
Age: 8 and Up  
Time: Varies-  
(Call to inquire)  
Fee: Free with gym or fitness membership  
Non-Member Fee: R\$5/NR\$10  
Location: ARC/ Main Gym  
(Court 1 & 2)

### Local Pizza Taste Test

Help decide who has the best pizza in town. Sample a piece from a variety of local pizza places, cast your vote and win prizes. Pizza activities and unique games are part of the tasty fun filled night.

Activity: 438667-A  
Instructor: APD Staff  
Location: ARC/Dance Room  
Day: Friday  
Dates: June 10  
Time: 6:00pm-8:00pm  
Fee: R\$7/NR\$9  
Min/Max: 10/50



### **Parent/Tot Gymnastics**

This class will provide group activities as well as independent playtime for you and your child to socialize. Children will have the opportunity to utilize the gymnastics equipment to jump, climb, crawl and swing in a safe environment. Class goals include listening skills, fundamental movement, coordination, fine and gross motor skill development, and body awareness.

### **Pre-School Gymnastics**

Our pre-school gymnastics class is designed for children ages 3 to 4. Each 45 minute class will focus on beginner skills for vault, bars, beam, and floor. Gymnasts will also develop body and spatial awareness, as well as confidence while using the springboard, pre-school and low bar, low and medium balance beam, floor, and various skill shapes. Participants must wear a leotard or shorts and a t-shirt.

### **Kinder Gymnastics**

This 45 minute class is designed for boys and girls ages 5 and 6. Participants will gain experience on the springboard, low and medium balance beams, pre-school and low bar, as well as the floor. Gymnasts will also develop body and spatial awareness along with confidence using our many skill shapes and trainers. Participants must wear a leotard or shorts and a t-shirt.

### **Girls Gymnastics Level 1**

Our one hour gymnastics class is for girls 7 to 12 years of age with little to no gymnastics experience. Each one hour class will focus on skill for vault, bars, beam, and floor. Girls must wear a leotard or shorts and a fitted t-shirt.

### **Girls Gymnastics Level 2**

Once your daughter has successfully completed Gymnastics Level 1 and has a coach's endorsement, she will be ready for this class. Level 2 is a one hour class designed for 7 to 12 year olds and will provide gymnasts a continuation of skill progression. Gymnasts will continue with all equipment used in the Level 1 Class. Girls who have gymnastics experience may request a skill evaluation to determine if this class is appropriate for their ability level. Girls must wear a leotard or shorts and a t-shirt.

### **Boys/Girls Tumbling**

This 45 minute class is for boys and girls ages 7 to 12 who would like to learn to tumble. Participants will learn a progression of rolls, cartwheels, handstands, round offs, limber skills, walkovers, and handsprings. Using a variety of practice drills, tumblers will begin with the basics and individually progress through more advanced skills. Participants must wear a leotard or shorts and a fitted t-shirt.

\*We also offer private tumbling classes for Cheer Teams or groups: please contact gymnastics staff for more information\*

### **Shooting Stars & Alsip Gymnastics Team**

Shooting Stars is available to participants for building skills to progress to the Alsip Gymnastics Team.

Our Gymnastics Teams compete in the Illinois Park District Gymnastic Conference. Any fees related to competition (leotards, warmups, meet fees etc.) are in addition to the Alsip Park District registration fee. For more information, please contact gymnastics staff.

\*Please note that gymnasts that are interested in pursuing Team are encouraged to participate in the Shooting Stars program until their skill level has reached Team status (Reminder: ALL TEAMS ARE BY PLACEMENT ONLY). If the Alsip Gymnastics Team program doesn't meet minimum participants, this time will be made available to Shooting Stars/additional supervised practice.

#### **We Love Parents BUT...**

Parents are encouraged to attend their child's first day of class. Please do not remain in the gym after you have dropped your child off. This is in the best interest of your child. Interruptions tend to affect the participant's attention span and inhibit the establishment of peer relationships. It's also important to arrive on time so participants can participate in a proper warm up and stretching. Please do not use class time to speak to your child's instructor. Instructors are available before and after class if you wish to speak with them. Thank you for your cooperation!

**Gymnastics Program Schedule Summer 2022**  
**All Recreational Classes are 9 weeks in length, unless noted**

<b>Program &amp; Activity Number</b>	<b>Ages</b>	<b>Day</b>	<b>Time</b>	<b>Start/End</b>	<b>Fee</b>	<b>Min/Max</b>	<b>No Class</b>
Parent-Tot Gymnastics #474167-A	Crawl - 2 years	Tues	4:30 - 5:00pm	June 14 - Aug 9	R\$30 NR\$50	6 cpl/ 12 cpl	
Parent-Tot Gymnastics #474167-B	Crawl - 2 years	Wed	9:30 - 10:00am	June 15 - Aug 10	R\$30 NR\$50	6 cpl/ 12 cpl	
Pre-School Gymnastics #474177-A	3 & 4 years	Tues	5:05 - 5:50pm	June 14 - Aug 9	R\$53 NR\$73	5/8	
Pre-School Gymnastics #474177-B	3 & 4 years	Wed	10:05 - 10:50am	June 15 - Aug 10	R\$53 NR\$73	5/8	
Kinder Gymnastics #474168-A	5 & 6 years	Tues	5:55 - 6:40pm	June 14 - Aug 9	R\$53 NR\$73	5/8	
Kinder Gymnastics #474168-B	5 & 6 years	Wed	10:55 - 11:40am	June 15 - Aug 10	R\$53 NR\$73	5/8	
Girls Gymnastics Level 1 (Beginner) #474185-A	7-12 years	Mon	5:00 - 6:00pm	June 13 - Aug 8	R\$68 NR\$88	6/10	4-Jul
Girls Gymnastics Level 2 (Advanced) #474186-A	7-12 years	Wed	5:00 - 6:00pm	June 15 - Aug 10	R\$68 NR\$88	6/10	
Boys/Girls Tumbling #474246-A	7-12 years	Thurs	5:15 - 6:00pm	June 16 - Aug 11	R\$53 NR\$73	5/8	
Shooting Stars #474228-A	6 & Up	Mon	6:00 - 7:30pm	June 13 - Aug 8	\$81	3/12	4-Jul
Shooting Stars #474228-B	6 & Up	Wed	6:00 - 7:30pm	June 15 - Aug 10	\$81	3/12	
Shooting Stars #474228-C	6 & Up	Thurs	6:00 - 7:30pm	June 16 - Aug 11	\$81	3/12	
Shooting Stars 2 DAYS/WEEK #474228-D	6 & Up	2 days	6:00 - 7:30pm		\$142	3/12	
Shooting Stars 3 DAYS/WEEK #474228-E	6 & Up	3 days	6:00 - 7:30pm		\$220	3/12	

**Private Gymnastics Lesson are NOW available**

**Inquire with the Athletic Supervisor, Charles Somerville: [csomerville@alsiparks.org](mailto:csomerville@alsiparks.org)**

**PLEASE NOTE: Classes may be combined due to low enrollment and/or instructor availability**

**IF INTERESTED IN JOINING ALSIP PARK DISTRICT GYMNASTICS TEAM PLEASE INQUIRE WITH A COACH**

**IF YOU HAVE A BALANCE, YOU CHILD WILL NOT BE ABLE TO REGISTER OR PARTICIPATE/COMPETE UNTIL PAID IN FULL**

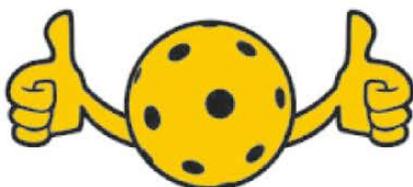


### Open Pickleball

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Days: Monday- Friday  
 Age: 8 and Up  
 Time: Varies -  
 (Call to inquire)  
 Fee: Free with Gym/  
 Fitness membership  
 Non-Member Fee:  
 R\$5/NR\$10  
 Location: ARC/ Main Gym  
 (Court 1 & Court 2)

Contact: Athletic Supervisor  
 Charles Somerville to set up  
 reservations at (708) 389-1003 or  
 csomerville@



### Open Volleyball

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Days: Monday  
 Dates: May 30-August 30  
 Age: 8 and Up  
 Time: 5:00 – 9:00 PM  
 Fee: FREE with Gym/Fitness membership  
 Non-Member Fee: R\$5/NR\$10  
 Location: ARC/Main Gym (Court 1 & Court



### Women's "Fall" Volleyball League

Spike your way to fun by participating in our Women's "Fall" Volleyball League. The league is available for Women 18 and older to participate. The league requires a minimum of four and a maximum of twelve teams. All competition is played on Monday evenings at the Apollo Recreation Center, located at 12521 S. Kostner Ave., Alsip. Team rosters are limited to 12 players. Ask us about team referral incentives.

Activity: 174009-A  
 Day: Monday  
 Dates: Begins September 12  
 Times: 6:30pm (warm up/practice), 7:00pm (game)  
 Age: Adult  
 Fee: R\$375/NR\$400  
 Min/Max: 4 teams/12 teams per division  
 Location: ARC/Main Gym

### Co-Rec "Fall" Volleyball League

Adults 18 and older are eligible to participate in our Co-Rec "Spring" Volleyball League. The league consists of a minimum of four and a maximum of eight teams. All competition is held at the Apollo Recreation Center. Team Rosters are limited to 12 players. Ask us about team referral incentives. **\*If interested, please e-mail Athletic Supervisor Charles Somerville at csomerville@alsiparks.org\***

## Men's 16" Softball League

Our 16" leagues are designed for men 18 years and older. All leagues will be double header leagues with teams playing two games each week. All competition is played at Commissioner's Park, located at 126th and Kedzie, Alsip. All leagues consist of a minimum of four with a maximum of eight teams. Any league that does not reach minimum of four teams may be cancelled. League play shall consist of a 14-game season plus one week of playoffs. Rosters are limited to 18 players. Leagues may be combined to reach appropriate numbers.

Activity	Day	Start Date	Game Time	Fee	Games
474021	SU	August 14, 2022	10:00 & 11:00 AM	R\$675/NR\$695	14
474024	TU	August 16, 2022	7:00 & 8:00 PM	R\$675/NR\$695	14
474027	FR	August 19, 2022	7:00 & 8:00 PM	R\$675/NR\$695	14



## Co-Rec 14" Softball League

This league is being offered to adults 18 years and older. Teams will play a double header every week. All competition will be played at Commissioner's Park, located at 126th and Kedzie, Alsip. League play shall consist of 14-game schedule, with the top four teams advancing to the playoffs. Each league shall consist of a minimum of four teams with a max of eight. Rosters are limited to 20 players. **\*If interested, please e-mail Athletic Supervisor Charles Somerville at [csomerville@alsiparks.org](mailto:csomerville@alsiparks.org)\***



## Senior Bowling Friday

Bowling is a great way to get your heart pumping and your arms and legs in motion in a focused, low-impact, challenging manner. Alsip Park District and Palos Lanes Bowling Center are offering a great drop in, weekly bowling morning/afternoon program. Join us every Friday, starting January 14th, at Palos Lanes for a fun and sociable engaging activity. Fee includes shoe rental and three games. Complementary coffee will also be provided. (REGISTER NOW WITH ACTIVITY # 374355 – A: UNTIL MAY 27TH)

Location: Palos Lanes Bowling Center  
11025 Southwest Highway,  
Palos Hills, IL 60465  
(708) 974-3200

Activity: 474355-A  
Age: 55+  
Fee: \$10  
Day: Fridays, starting June 3rd  
Time: 10:00am – 12:00pm





### Piano Lessons

Mozart, Bach and Beethoven move over!! Have you ever wanted to learn piano in a fun and relaxing way? Then come on over! You will learn the basics of note reading and musical theory. Musical pieces will progress with the student's abilities. All first-time students must purchase the John W. Schaum book Making Music Method- Middle-c Approach: Primer Level Early Elementary Level coming to class. Your time and day of the lesson will be arranged after you register, you choose the most convenient time! Lessons are private and 30 minutes in length for eight week sessions. Piano is a great hobby that lasts a lifetime.

Note: **No lessons the week of July 4th**

Activity: 348305-A  
 Location: Multi 1  
 Instructor: Marjorie Kuiper  
 Age: 7 - Adult  
 Time & Day: Instructor arranged  
 Date: June 13-Aug.12  
 Fee: R\$200/NR\$220

### Charcuterie Class

Join us and local business owner of the Vintage Oak Wine and Whiskey Lounge for a Charcuterie Class! This truly unique class will elevate your entertaining to a whole new level of awesomeness. This new offering is an informative interactive course that guides you through how to assemble your very own charcuterie board starting with the basics: What is a Charcuterie Board? How do I select which meats and cheeses to use? How much food do I need for my guests? How should I arrange the food? These questions will be answered...and so much more. You will learn how to build an aesthetic presentation through the selection of a variety of meats, cheeses, fruits, nuts and other accompaniments. You will experience socializing at its finest with friends and other classmates, wine and the personal charcuterie board you create during the class. Price includes meats, cheeses, garnishes, program instruction and your very own wooden charcuterie board to keep! Sign up today!

Activity: 348559-A  
 Location: Dance Room  
 Instructor: Gina Misch  
 Age: Adult  
 Day/Date: Saturday, July 16  
 Time: 10:00-12:00pm  
 Fee: R\$85/NR\$105  
 min/Max: 25/50

### Paint Your Pet

An Illinois native, husband, father of two sons and professional artist, Cliff Harman has spent the past 15 years perfecting his craft. After leaving his corporate job after 16 years, Cliff decided he would focus on his art full-time, allowing him to become the artist of Sip Parties that you know and love. Sip Parties became a new outlet for Cliff to share his love for art and turn everyone into an artist, if only for the night. The Alsip Park District has turned this Sip Party into a Ice Cream Social/Pet painting event. Please bring a photo of your pet to the class to help with the painting. All supplies are included.

Activity: 348561-A  
 Location: Dance Room  
 Instructor: Sip Parties  
 Age: Adult  
 Day: Saturday  
 Date: August 20  
 Time: 10:00am 1:00pm  
 Fee: R\$65/NR\$85  
 min/Max: 15/30

### Paint your Pet events



### Spanish for Adults- The Spanish Acquisition

Have you always wanted to learn a foreign language, but never had the opportunity? Are you planning a vacation to a Spanish-speaking country? Do you work with Spanish speaking students or clients? In this relaxed, small-class environment you will learn Spanish conversation, grammar, and phonetics which you can immediately begin using. This class will be tailored to fit the needs of the students enrolled. Taught by Language in Action, Inc. instructor.

Activity #: 453463  
 Instructor: Language in Action  
 Location: Oakview Center, 4625 W. 110th St., Oak Lawn  
 Age: Adult  
 Min./Max.: 6/15

Session	Day	Dates	Time	Fee
A	Tuesday	June 21 – July 12	7:00-8:00 PM	R\$50/NR\$60
B	Tuesday	July 19 – August 19	7:00-8:00PM	R\$50/NR\$60

## 32 Adult Programs

## 2022 SUMMER RATES

(Effective MAY 1, 2022 - SEPTEMBER 30, 2022)

	Weekday (Includes Monday-Friday)	Weekend/Holiday
Regular (after 7:30 am)	\$18	\$20
Senior	\$15	\$17
Mid-Day (after 12:00 pm)	\$15	\$17
Senior	\$13	\$15
Replay	\$7	\$9
Junior	\$9	\$11
Twilight	\$9	\$11

**RESIDENTS: Receive A \$3 Discount On Regular & Mid-Day Pricing (Must Present Proof Of Residency At Time Of Check In)**

## 2022 FALL RATES

(Effective October 1, 2022 - November 30, 2022)

	Weekday (Includes Monday-Friday)	Weekend/Holiday
Regular (after 7:30 am)	\$16	\$18
Senior	\$13	\$15
Mid-Day (after 12:00 pm)	\$13	\$15
Senior	\$11	\$13
Replay	\$6	\$8
Junior	\$7	\$9
Twilight	\$7	\$9

**RESIDENTS: Receive A \$3 Discount On Regular & Mid-Day Pricing (Must Present Proof Of Residency At Time Of Check In)**

### RANGE BALLS

Warm-Up ( 20 balls)	\$ 3.00
Small ( 35 balls)	\$ 5.00
Medium ( 70 balls)	\$ 8.00
Large (100 balls)	\$ 11.00

### RENTAL GOLF CARTS & PUSH CARTS

Nine Hole (per person)	\$9.00
Single Rider	\$14.00
Replay (per person)	\$6.00
Push Carts	\$3.00



## GOLF LEAGUES

OUTSIDE GROUPS  
WEEKDAYS \$14



## SPECIAL FEES

Monday & Wednesday Golf Special

**9 HOLES WITH CART.....\$16.00**

(March - November - excluding Holidays or with any other offers or discounts)

**EARLY BIRD SPECIAL**

**Walking.....\$9.00 Riding....\$14.00**

(Before 7:30 a.m. Monday - Friday - excluding holidays - March - November)



ALSO AWARDED IN

2019  
2017  
2016  
2014

## SUMMER

### HOURS OF OPERATION

MAY 1, 2022- SEPTEMBER 30, 2022

CLUBHOUSE	6:00am - 10:00pm
DRIVING RANGE	6:00am - 10:00pm <i>(Range Maintenance: Monday - Closes Early / Tuesday - Opens @ 9am)</i>
RESTAURANT	10:00am - 9:00pm
LOUNGE	9:00am - 10:00pm

## FALL

### HOURS OF OPERATION

OCTOBER 1, 2022 - OCTOBER 31, 2022

CLUBHOUSE	7:00am - 8:00pm
DRIVING RANGE	7:00am - Dusk <i>Range Maintenance: Monday - Closes Early / Tuesday - Opens @ 9am</i>
RESTAURANT	11:00am - 7:00pm
LOUNGE	10:00am - 8:00pm

NOVEMBER 1, 2022 - NOVEMBER 30, 2022

CLUBHOUSE	8:00am - 7:00pm
DRIVING RANGE	8:00am - Dusk <i>Range Maintenance: Monday - Closes Early / Tuesday - Opens @ 9am</i>
RESTAURANT	11:00am - 6:00pm
LOUNGE	10:00am - 7:00pm

TEXT  
FHGC  
to 71441

to sign-up for exclusive offers and updates from Fountain Hills Golf Club.



## **RESERVATION POLICY:**

Reservations can be made up to 7 days in advance. All reservations are guaranteed. Either by 1) online prepayment or 2) guaranteeing with a credit card over the phone through the club.

All golfers are expected to arrive at the golf course at least 10 minutes before their scheduled tee time. Reserved reservation will be given away to walk-in groups 5 minutes prior to a tee time if the reserved group has not checked in and paid for all golfers.

One important thing to remember, tee time is when you are expected to be hitting your ball down the fairway from the first tee, not when you enter the parking lot with your vehicle or are walking in to the pro shop to pay your green fee.

Fountain Hills Golf Club reserves the right to pair players together. Groups of less than four (4) players run the risk of being paired with other pre-paid or walk-in player(s).

## **CANCELLATIONS:**

A reservation may be cancelled prior to 24 hours in advance of the tee time with no charge either by contacting the golf shop or through the website. Any cancellations made less than 24 hours prior to the tee time will be charged the Sr. Resident Rate, unless in the event of a course closure due to severe weather.

## **NO SHOW POLICY:**

A no-show policy will apply to all tee time reservations. The individual making the reservation, whether it is for 1, 2, 3, 4 or more players will be responsible for the entire group's no-show fees, or any portion of the fees if players are missing from the group.

No-shows will be charged the Sr. Resident Rate

## **CART USE POLICY**

**Single Rider Cart Usage:** To help offset the additional cost incurred from the increased usage of carts, the wear and tear on those carts because of the additional usage, the additional labor required for cart cleaning and sanitation, not to mention the distress of turf conditions due to the extra cart usage, our facility can no longer maintain the "one cart, one golfer" policy without charging a nominal Convenience Fee.

The convenience fee will be \$5 per person per 9 holes. This will be in addition to the regular cart fee rate. All cart usage is based on availability and we are unable to guarantee single rider carts. We will do our best to accommodate the special request for single rider golf cart use, however we cannot guarantee that one will be available.

## **PACE OF PLAY**

It should be a goal of all players to complete their round in 2:15. The Club's course advisors will work with all guests to ensure that an acceptable pace of play is maintained to maximize everyone's enjoyment of their round. It is the responsibility of each group to keep pace with the group ahead. If a group falls out of position and is in danger of not completing their round within the allocated time of 2:15, then our course advisor will assist them in getting back into position, which may require them to skip a shot or hole to do so.

## **DRESS CODE**

All persons using the Fountain Hills Facilities are required to wear proper attire at all times.

**NOT PERMITTED:** Swim suits, cut off shorts or cut off sleeveless shirts. Clothing must be worn at all times.

No one is allowed to go topless.

## **OUTSIDE FOOD & BEVERAGES**

Guests are not allowed to bring in any outside food or beverages on property for consumption. Only food and beverage purchased from The Club may be taken onto the course. Due to the State of Illinois liquor laws, all distribution of alcohol must be controlled by The Club.

**NO PERSONAL COOLERS ARE ALLOWED.**

FOUNTAIN HILLS GOLF CLUB  
**"SUMMER" Adult Beginner Group Lesson**

**Practice balls included~**

The Adult 4-lesson instruction sessions serve to introduce the game to the beginner golfer. These lessons are designed to provide you with learning the basic fundamentals, in a relaxed atmosphere. Come and learn to achieve a repeatable swing and have fun in a game you can play for a lifetime.

The fundamentals that will be taught are stance, proper posture and grip, chipping, full swing and putting.

**Equipment Requirements:** Proper equipment for class includes pants/shorts with a belt, gym shoes, mid & long irons, a wedge, a putter, a hybrid and driver. The golf instructor can help provide recommendations for properly fit golf clubs & purchases. The Fountain Hills golf shop has longer golf clubs to get started!

**Cost: \$ 70.00 Class Size 3 -5 Participants**

Group:	Session:	Age:	Time:	Day	Session Dates:
Summer Ladies "Only"	Clinic I A102 A	17+	10:30a – 11:30a	Saturday	7/16, 7/23, 7/30 & 8/6
Summer Mixed	Clinic II A102 B	17+	12:00p – 1:00p	Saturday	7/16, 7/23, 7/30 & 8/6
Summer Ladies "Only"	Clinic III A102 C	17+	5:00p – 6:00p	Monday	7/18, 7/25, 8/1 & 8/8

**2022 GOLF LESSONS  
 PRIVATE LESSONS:**

For further information regarding our private lessons please visit our website at [www.alsiparks.org](http://www.alsiparks.org) or contact the Fountain Hills Golf Club at 708.388.4653 x401.

**JUNIOR GOLF LESSONS:**

Fountain Hills Golf Club is a Host Site for the First Tee of Greater Chicago. For information please visit their website at [www.thefirstteegreaterchicago.org](http://www.thefirstteegreaterchicago.org)



**BECOME A YOUTH ON COURSE MEMBER**

Youth on Course members can play hundreds of courses throughout the country for \$5 or less. Youth ages 6-18 can join by visiting [youthoncourse.org](http://youthoncourse.org). To book a tee time all Youth on Course rounds must call the course to schedule their tee times. Tee times are recommended, and can be made with the club over the phone. All reservation policies will need to be followed. No reservations can be made online. Any tee times made in advance online will require full payment upon booking and will not be able to receive youth on Course rate.

Full listing of Fountain Hills Golf Club Events as well as all upcoming events for the whole family in the Special Event Section on page 39.

# LIVE MUSIC

Music Starts @ 6:30pm - 9:30pm

Free Entry / Family Friendly

\*Reservations Recommended for Dinner

708.388.4653



May 20th June 10th

July 8th August 12th

September 9th

Fountain Hills Golf Club

12601 S Kedzie Ave.

Alsip, IL 60803

\*No Outside Food, Alcohol or Coolers Allowed

# THE BACKNINE

at Fountain Hills



*Open year round, The BackNine is a newly renovated full service restaurant, bar and banquet facility located at Fountain Hills Golf Club. We pride ourselves on supporting our surrounding communities by offering many locally brewed and distilled beers and spirits.*

*Our banquet facility has multiple options to choose from for your special events...*

- Full service catering for events hosted at our facility
- Banquet room rental while using an outside licensed and insured caterer
- Take out catering

*Whether you choose to host your special event at home or in our banquet facility, The BackNine has options for you! Our stay home, stay safe and still celebrate menus make it possible!*

*The BackNine offers multiple optional amenities for every event and will customize any menu. We strive to ensure your event reflects your own taste and personal touches.*

*More information / schedule a viewing:  
Contact our Food & Beverage Department  
708.388.4653 x403*

## Upcoming Events



## Banquet Catering Menu



[facebook.com/FountainHillsGolfClub.com](https://facebook.com/FountainHillsGolfClub.com)



# Movies in the Park

Friday Nights @ dusk

June 24  
Commissioners Park  
Encanto

July 22  
Sears Park  
Home Alone

July 22  
Apollo Park  
Hotel Transylvania 4

## Fun with Suds Soap Party

Back by popular demand is our soap party. Wear your swim suit and bring your goggles if you wish for fun with massive amount of bubbles. Once you're done with the fun enjoy a frozen treat on us!

Day: Wednesday  
Date: August 17  
Location: Apollo Park  
Time: 6:00-7:00pm  
Fee: Free

## Family Picnic

Pack a picnic, grab the family and enjoy an evening at Sears Park. Our friendly park staff will bring the fun and games and all the prizes to be won! **Note:Pre-registration required for this free event.**

Activity: 493541  
Day: Wednesday  
Date: July 27  
Time: 5:30-7:30pm  
Location: Sears Park  
123rd & Trumbull  
Age: All  
Fee: Free

## 10th Annual Car Show

Come check out all the beautiful classic cars in our 10th Annual Car Show for a Cure that benefits St. Jude Children's Research Hospital. Don't forget to buy some raffle tickets and maybe go home with some prizes! Goodie bags to first 50 cars registered. Food trucks and vendor fair will be available for lunch and some chopping.

Activity: 493763  
Day: Saturday  
Date: September 3  
Time: 11:30-3:00pm  
Location: Sears Park  
123rd & Trumbull  
Age: All  
Fee: Free for Spectators  
\$10 per car  
Min/Max 25/150

## Clean-Up Crew Club

Take pride in your community and become a member of the Park Clean-up Crew! We will meet up at the Apollo Recreation Center once a month on the second Saturday of the month and Alsip Park Staff will bus groups to different park sites. After completion of our clean-up we will arrive back at Apollo for pizza, soda pop and to enjoy the satisfaction of a job well done. Email [denise@alsiparks.org](mailto:denise@alsiparks.org) with any questions. Free Crew t-shirt for anyone that attends all four sessions. You must stay the entire time when you sign up due to transportation.

Day: Saturday  
Location: Apollo Park  
Age: 12 years - Adult  
Time: 9:00am - 1:00pm

**Session Dates:**  
A June 11  
B July 9  
C August 13  
D September 10

# Community Yard Sale

## Sat. June 4th

8am - 12pm

Apollo Center 12521 S. Kostner  
Register for a table at [www.alsiparks.org](http://www.alsiparks.org)  
or the main office.

Activity # 493694-A  
R\$15/NR\$25



## Family Bingo

Are you ready for another installment of Bingo at the Alsip Park District? If the answer is yes then sign up today! We will play 15 games of bingo for a variety of gift cards and prizes. Pizza and soda will also be enjoyed. Price includes, 15 games of bingo, pizza and soda.

Activity: 443607-A  
 Day/Date: Saturday, September 17  
 Time: 10:00 am - 12:00pm  
 Location: ARC/Dance Room  
 Age: All  
 Fee: R\$15/NR\$19  
 Min/Max.: 15/50

## Ice Cream Socials

Help us welcome back our guilty pleasure known as our Ice Cream Socials where the staff at the Alsip Park District serves you a scoop of ice cream with an array of toppings to choose from. You don't need to register for this free event. Just arrive with a smile and enjoy these summer nights!

Day: Wednesday  
 Time: 6:00pm - 8:00pm  
 Age: All  
 Fee: Free  
 Min/Max.: 15/50

Session	Date	Park
A	June 29th	Apollo Park
B	August 31	Sears Park

## More Special Events!

EVENT	DATE
MAY THE 4TH BE WITH YOU	WED. MAY 4TH
MOTHER'S DAY BRUNCH	SUN. MAY 8TH
SPRING BINGO BASH	SAT. MAY 7TH
CONCERT ON THE GREEN	FRI. MAY 13
CROSTOWN CHALLENGE	SAT. MAY 28TH
GARAGE SALE	SAT. JUNE 4TH
CONCERT ON THE GREEN	FRI. JUNE 10TH
FUN FEST 2022	SAT. JUNE 18TH
MOVIE IN THE PARK	FRI. JUNE 24TH
SUMMER SCRAMBLE	SAT. JUNE 25TH
ICE CREAM SOCIAL	WED. JUNE 29TH
CONCERT ON THE GREEN	FRI. JULY 8TH
MOVIE IN THE PARK	FRI. JULY 22ND
2 PERSON MEDLEY	SAT. JULY 23RD
FAMILY PICNIC	WED. JULY 27TH
CONCERT ON THE GREEN	FRI. AUGUST 12TH
3 CLUB & PUTTER EVENT	SAT. AUGUST 22ND
MOVIE IN THE PARK	FRI. AUGUST 26TH
ICE CREAM SOCIAL	WED. AUGUST 31ST
10TH ANNUAL CAR SHOW	SAT. SEPT. 3RD
CONCERT ON THE GREEN	FRI. SEPT. 9TH
FLANNEL FALL FEST	SAT. SEPT. 24TH
FALL SCRAMBLE	SAT. SEPT. 24TH
BOB SCHNEIDER TOUGH DAY	SAT. OCT. 22ND
HALLOWEEN CARNIVAL	SAT. OCT. 29TH
FAMILY ORNAMENT NIGHT	MON. NOV. 14TH
LIGHT UP THE PARK	TUE. NOV. 22ND
SANTA'S LANDING/WINTERFEST	SAT. DEC. 3RD
COOKIES WITH MRS. CLAUS	WED. DEC. 9TH
CANDY CANE HUNT	FRI. DEC. 16TH

Don't forget to keep checking our facebook and website for pop-up events and updated information throughout the Summer.



### Wandella Chicago Architecture Tour

Experience the city's legendary architecture from the best seat in the house—the river. Wandella's experienced tour guides detail the 130 year long history behind the skyline, while their staff keep you comfortable and entertained. This comprehensive tour navigates through the heart of the city on all three branches of the Chicago River. It's the one thing everyone tells you to do in Chicago, done right. Price includes transportation, parking and 90 minute boat tour.

Activity: 383686-A  
Day/Date: Wednesday, June 8  
Time: 11:00 am - 3:15pm  
Location: Downtown Chicago  
Age: Adult  
Fee: R\$65/NR\$85  
Min/Max.: 8/14

### Simply Elton at the Mansion

Simply Elton is a celebration of Sir Elton John's incredible musical career. Brian Harris and the Mad Hatters Band will transport you to the magic of an Elton concert, playing music spanning the icon's entire career. In addition to the spot-on Elton-styled vocals, wild costuming and endless energy, the virtuoso and rocking piano playing will leave audiences speechless. If you're going to see ONE Elton tribute, this is the one to see! Price includes transportation, show ticket and either Tuscany Chicken or Slow-cooked Pot Roast lunch.

Activity: 383682-A  
Day/Date: Thursday, June 16  
Time: 9:45am - 4:00pm  
Location: Jacob Henry Mansion  
Age: Adult  
Fee: R\$75/NR\$55  
Min/Max.: 8/14

### Lunch Bunch

Bring your appetite and join our Lunch Bunch as we try some local restaurants and enjoy lunch over good conversation with new friends! Price includes transportation only. bring money for lunch.

Activity: 483765  
Day: Thursday  
Time: 11:00am-3:00pm  
Age: Adult  
Fee: R\$11/NR\$13  
Min/Max.: 6/14

Session	Date	Restaurant
A	June 23	Osteria Ottimo
B	July 21	Skadarliya
C	August 25	Gibson's Oakbrook

### The Barns at Nappanee, Arts & Craft Festival, Dinner Buffet and Theater

Let's venture to Nappanee for a great day of fine arts and crafts at their annual festival. After that we will enjoy a live 2pm performance of Carousel at the Barns of Nappanee and Farm Table Dinner Buffet at 5pm. The buffet includes local favorites such as broasted chicken, mac 'n cheese, veggie, mashed potatoes and more. Price includes, transportation, parking, admission to Arts and Craft Festival, Theater ticket and dinner buffet, drink and slice of pie.

Activity: 383685-A  
Day/Date: Saturday, August 6  
Time: 7:00am - 7:00pm  
Location: Nappanee, Indiana  
Age: Adult  
Fee: R\$150/NR\$170  
Min/Max.: 10/14

### Medieval Times

The Queen of the Royal Court invites you to travel through the mists of time to a festive celebration where you'll be in awe of gallant knights and majestic horses. Before the show begins, the Hall of Arms is a place to gather and explore all the castle has to offer. The Lights Dim, the Drama Unfolds and One Emerges Victorious Only one knight will win the tournament and be named Defender of the Throne! Join us for all the action! Price includes transportation, 2 hour live tournament and four course medieval feast, group phot for each guest and a Knight's cheering banner.

Activity: 383674-A  
Day/Date: Saturday, July 30  
Time: 3:00pm-7:30pm  
Location: Medieval Times Schaumburg  
Age: Adult  
Fee: R\$75/NR\$95  
Min/Max.: 8/14

### Rivers Casino

Feeling lucky? Join us as we venture to Rivers Casino and enjoy the day of excitement, winning and hopefully lots of money! Price is for transportation only.

Activity: 383673-A  
Day/Date: Thursday, June 2  
Time: 10:00 am - 3:00pm  
Location: Rivers Casino Des Plaines  
Age: Adult  
Fee: R\$20/NR\$30  
Min/Max.: 10/14

## Preschool Aquatics

The primary objective of Preschool Aquatics is to promote the developmentally appropriate learning of fundamental water safety and aquatic skills by young children 4 to 5 years of age. All preschool swim lessons are 2 weeks (8 classes) long and are taught according to American Red Cross guidelines. In the event that a class does not fill, participants will be accommodated to a level which best fits their needs. Participants in the swim lessons may be moved to a higher or lower class level to best fit their needs at an instructor's recommendation. Note: If there is a day of poor weather on your scheduled class day, that class will be made-up on Fridays. There will be one water safety class held inside of the Aquatic park facility, if there is a second day of poor weather on the day of your scheduled class. There will be no classes on July 4.

Location: AQP  
 Age: 4-5 years old  
 Fee: \$54 Member/Session  
 \$63 R, Non-Member/session  
 \$73 NR, Non-Member/Session  
 Min: 3



Session	Day	Dates
I	M, TU, W, TH	June 13-June 23
II	M, TU, TH, TH	June 27-July 8
III	M, TU, W, TH	July 11-July 21
IV	M, TU, W, TH	July 25-August 4

(This program will teach the most elementary aquatics skills – entry and exit, submerging, floating and swimming on front and back)

Time	Session I	Session II	Session III	Session IV
10:15-10:45 am	317850-A	317850-B	317850-C	317850-D
5:15-5:45 pm	317850-E	317850-F	317850-G	317850-H

## Private Swim Lessons

Private swim lessons allow the participant the opportunity to work with the swim instructor on a one-on-one basis. These lessons are ideal for children, adults, or someone with a fear of the water. All sessions are ½ hour and are taught according to American Red Cross guidelines and allow participants to move at their own pace. You have 24 hours to cancel or you will be charged for your lesson. Note: If swim lessons are not completed by Sunday, August 14, 2022, your remaining swim lessons will be forfeited. No refunds.

Must register in person. No online registration.

Location: AQP  
 Age: 4 years and up  
 Time: Instructor will contact you to set up your session times during the following time slots. Lessons cannot be conducted during regular pool hours.  
 Monday-Friday 8:00am-10:30 am or 5:15-5:45 pm  
 Saturday 8:30-9:45 am  
 Sunday 8:30-10:45 am

3 Sessions	5 Sessions	7 Sessions	10 Sessions
\$39 Member	\$62 Member	\$77 Member	\$105 Member
\$44 Res Non-Mem	\$67 Res Non-Mem	\$82 Res Non-Mem	\$110 Res Non-Mem
\$54 NR Non-Mem	\$77 NR Non-Mem	\$92 NR Non-Mem	\$120 NR Non-Mem

**\*Please note:**

You must purchase your pool pass to qualify for the resident member swim lesson fee. Please remember that people learn at their own pace. Mastering swimming skills takes time, practice, and patience. It is not unusual for students to repeat a level several times in order to master the skills required for a completion certification and advancement to the next level.

## Youth Swim Lessons

All group swim lessons are 2 weeks (8 classes) long and are taught according to American Red Cross guidelines. In the event that a class does not fill, participants will be accommodated to a level which best fits their needs. Participants in the Swim Lessons may be moved to a higher- or lower-class level to best fit their needs at an instructor's recommendation. Note: If there is a day of poor weather on your scheduled class day, that class will be made-up on Fridays. There will be one water safety class held inside of the Aquatic park facility, if there is a second day of poor weather on the day of your scheduled class. There will be no classes on July 4.

Location: AQP  
 Age: 6 years and up  
 Fee: \$54 Member/Session  
 \$63 R, Non-Member/Session  
 \$73 NR, Non-Member/Session  
 Min: 3

Session	Day	Dates
I	M, TU, W, TH	June 13-June 23
II	M, TU, W, TH	June 27-July 8
III	M, TU, W, TH	July 11-July 21
IV	M, TU, W, TH	July 25-August 4



### Level 1 – Introduction to Water Skills

(This program offers basic personal water safety information and skills to help participants feel comfortable in the water and to enjoy the water safely)

Time	Session I	Session II	Session III	Session IV
10:15-10:45 am	317825-A	317825-B	317825-C	317825-D

### Level 2 – Fundamental Aquatic Skills

(This program will expand on the fundamental aquatic locomotion and safety skills. Participants will learn to float without support)

Time	Session I	Session II	Session III	Session IV
10:15-10:45 am	317826-A	317826-B	317826-C	317826-D

### Level 3 – Stroke Development

(This program will teach participants breaststroke, front crawl, elementary backstroke, and rotary breathing)

Time	Session I	Session II	Session III	Session IV
10:15-10:45 am	317827-A	317827-B	317827-C	317827-D

### Level 4 – Stroke Improvement

(This program is develop participants' confidence in the strokes learned thus far and to increase their endurance and introduction of butterfly)

Time	Session I	Session II	Session III	Session IV
10:15-10:45 am	317828-A	317828-B	317828-C	317828-D

### Level 5 - Stroke Refinement

(This program will continue with refinement of strokes previously learned, plus introduce flip turns.)

Time	Session I	Session II	Session III	Session IV
10:15-10:45 am	317829-A	317829-B	317829-C	317829-D



### Saturday Morning Swim Lessons

Saturday morning swim lessons follow the American Red Cross guidelines and are 30 minutes. These lessons are ideal for those individuals with a busy weekly schedule, as well as children, adults and someone with a fear of water. Note: If there is a day of poor weather on your scheduled class day, that class will be made-up on by adding on an additional Saturday. There will be one water safety class held inside of the Aquatic park facility, if there is a second day of poor weather on the day of your scheduled class. Please note: Levels may be combined due to minimum not being met and instructors may vary week to week.

Activity: 317847  
 Location: AQP  
 Day/Date: Saturday, June 11-July 16  
 Age: 4-5 Preschool Aquatics  
 6 years and up Levels 1-4  
 Fee: \$50 Member/Session  
 \$57 R, Non-Member/Session  
 \$67 NR, Non-Member/Session  
 Min: 6

Time	Session I	Level
9:15-9:45 am	A	1-Introduction to Water Skills
9:15-9:45 am	B	2-Fundamental Aquatic Skills
9:15-9:45 am	C	Preschool Aquatics
9:15-9:45 am	D	Preschool Aquatics
9:15-9:45 am	E	3-Stroke Development
9:15-9:45 am	F	4-Stroke Improvement



### Saturday Morning Parent & Tot Swim Lessons

Parents introduce your child to the water and help him/her develop a positive relationship at an early age. With the aid of games and toys, your infant/tot will develop a positive comfort level in and around water as well as a readiness for learning to swim. Skills introduced include blowing bubbles, kicking and jumping in. The adult does not need to know how to swim. Note: Make-ups will be held on Saturdays at the end of the session.

Activity: 317811-A  
 Location: AQP  
 Day: Saturday, June 11-July 23  
 Time: 9:15-9:45 am  
 Age: 9 months-3 years w/parent  
 Fee: \$51 Member Couple  
 \$60 R, Non-Member Couple  
 \$70 NR, Non-Member Couple  
 Min/Max: 8/26



**\*Please note:**

You must purchase your pool pass to qualify for the resident member swim lesson fee. Please remember that people learn at their own pace. Mastering swimming skills takes time, practice, and patience. It is not unusual for students to repeat a level several times in order to master the skills required for a completion certification and advancement to the next level.

## Parent & Tot Swim Lessons

Parents introduce your child to the water and help him/her develop a positive relationship at an early age. With the aid of games and toys, your infant/tot will develop a comfort level in and around the water as well as a readiness for learning to swim. Skills introduced include blowing bubbles, kicking, and jumping in. The adult does not need to know how to swim. . Note: If there is a day of poor weather on your scheduled class day, that class will be made-up on Fridays. There will be one water safety class held inside of the Aquatic park facility, if there is a second day of poor weather on the day of your scheduled class.

There will be no classes on July 4.

Location: AQP  
 Age: 9 months-3 years with parent  
 Fee: \$54 Member couple/Session  
 \$63 R, Non-Member couple/Session  
 \$73 NR, Non-Member couple/Session

Min/Max: 8/10

Session	Day	Dates
I	M, TU, W, TH	June 13 - June 23
II	M, TU, W, TH	June 27-July 8
III	M, TU, W, TH	July 11 -July 21
IV	M, TU, W, TH	July 25-August 4



Time	Session I	Session II	Session III	Session IV
10:15-10:45 am	317810-A	317810-B	317810-C	317810-D

## Diving Lessons

Have you ever wanted to learn how to dive? Well here is your chance! All diving lessons are taught according to American Red Cross guidelines. You must be able to swim in deep water and swim from the diving board to ladder to enroll in this class. Classes will include an introduction to diving, including techniques, positions, and dives as well as safety portion.

Activity: 317814-A  
 Location: AQP  
 Ages: 5 and up  
 Time: 10:15-10:45 am  
 Fees: \$54 Member/Session  
 \$63 R, Non-Member/Session  
 \$73 NR, Non-Member/Session

Min/Max: 6/8

Session	Day	Dates
A	M, TU, W, TH	June 27- July 8



## Guard Start

If you're between 11 and 14 years old and have always wanted to be a lifeguard, now is the time to take the first step. Get a jump start on securing a future job as a lifeguard by completing the Red Cross Guard Start: Life-guarding Tomorrow programs! Learn what it takes to be a great lifeguard. The experience you gain through Guard start will help you get ready to take Lifeguard Training.

Prerequisites

- Swim the front crawl for 25 yards continuously while breathing to the front or side.
- Tread water for 1 minute using arms and legs.
- Submerge and swim a distance of 10 feet underwater.

Activity: 317815-A  
 Location: AQP  
 Age: 11-14  
 Time: 10:15-10:45 am  
 Fee: \$54 Member Session  
 \$63 R, Non-Member/Session  
 \$73 NR, Non-Member Session

Min/Max: 6/8

Session	Day	Dates
A	M, TU, W, TH	July 11-July 21

## Evening Swim Lessons

All group swim lessons are taught according to American Red Cross Guidelines. In the event that a class does not fill, participants will be accommodated to a level which best fits their needs. Participants in the Swim Lessons may be moved to a higher- or lower-class level to best fit their needs at an instructor's recommendation. Note: If there is a day of poor weather on your scheduled class day, that class will be made-up on Fridays. There will be one water safety class held inside of the Aquatic park facility, if there is a second day of poor weather on the day of your scheduled class. There will be no classes on Monday, July 4.

Location: AQP  
 Age: 6 years and up Level 1-4  
 Fee: \$54 Member/Session  
 \$63 R, Non-Member/Session  
 \$73 NR, Non-Member/Session  
 Min/Max: 6/8

Session	Day	Dates
I	M, TU, W, TH	June 13-June 23
II	M, TU, W, TH	June 27-July 8
III	M, TU, W, TH	July 11-July 21
IV	M, TU, W, TH	July 25-August 4

### Level 1 – Introduction to Water Skills

(This program offers basic personal water safety information and skills to help participants feel comfortable in the water and to enjoy the water safely)

Time	Session I	Session II	Session III	Session IV
5:15-5:45 pm	317832-A	317832-B	317832-C	317832-D

### Level 2 – Fundamental Aquatic Skills

(This program will expand on the fundamental aquatic locomotion and safety skills. Participants will learn to float without support)

Time	Session I	Session II	Session III	Session IV
5:15-5:45 pm	317832-E	317832-F	317832-G	317832-H

### Level 3 – Stroke Development

(This program will teach participants survival float, front crawl, elementary backstroke, and dolphin and scissors kick for treading)

Time	Session I	Session II	Session III	Session IV
5:15-5:45 pm	317832-I	317832-J	317832-K	317832-L

### Level 4 – Stroke Improvement

(This program is develop participants' confidence in the strokes learned thus far and to increase their endurance for greater distances)

Time	Session I	Session II	Session III	Session IV
5:15-5:45 pm	317832-M	317832-N	317832-O	317832-P

\*Please note:

You must purchase your pool pass to qualify for the resident member swim lesson fee Please remember that people learn at their own pace. Mastering swimming skills takes time, practice, and patience. It is not unusual for students to repeat a level several times in order to master the skills required for a completion certification and advancement to the next level.

# SPRAYFARI AQUATIC PARK

396-1133

Stay Cool...at the Pool

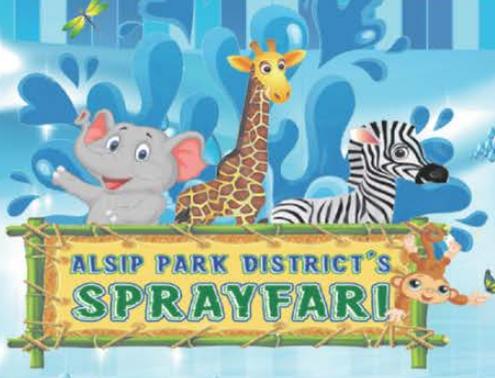
Aquatic Park Features

- Heated Z-Shaped Pool
- 6-25 Meter Lanes
- 40' X 40' Diving Well
- 1 Meter Diving Board
- Deck Slide
- Drop Slide
- 40' X 40' Shallow Area
- 32' x 32' Wading Pool with Raindrop Fountain
- Concession Area
- 7000 Square feet of Water Surface
- Suntan Hill
- Picnic Area
- Shaded Gazebos
- Playground

## Aquatic Park Membership Privileges

- First choice of dates for Pool Rentals
- Morning Adult Swim
- Discounted swim lessons
- American Red Cross Swim Lessons Begin on Saturday, June 11

During the 2022 Swim season, it will be mandatory for all patrons utilizing the Aquatic Park on a daily fee basis to prove they are an Alsip resident with a Drivers License or a report card with an address on it. All children coming into the pool without a parent will be required to prove residency with a report card with an Alsip address on it. **Any children 11 years of age and younger must be accompanied by a parent or responsible person 16 years of age or older at all times.\*** Everyone entering the facility must pay an admission fee, NO EXCEPTIONS!



**REGULAR FEES**  
**MARCH 8 - LABOR DAY**

<b>\$50</b>	<b>RESIDENT</b>
<b>\$45</b>	<b>SENIOR</b>
<b>\$100</b>	<b>NON-RESIDENT</b>

**DAILY FEES**

<b>\$7</b>	<b>RESIDENT</b>
<b>\$15</b>	<b>NON-RESIDENT</b>

ALSIP RESIDENTS MUST SHOW PROOF OF RESIDENCY. PLEASE BRING A CURRENT UTILITY BILL AND VALID DRIVERS LICENSE WITH ALSIP ADDRESS AT TIME OF REGISTRATION.

## Opening Weekend Hours

**Saturday, June 4 & Sunday, June 5** 12:00-6:30pm

## Regular Hours

### June 6-August 12

A.M Adult Swim	7:30-9:00am	(Mon.-Fri.)
Alsip Day Camp Only	11:00am - 12:15pm	(MO, WE, TH, FR)
Open Swim	12:30-5:00 pm	(Mon.-Fri.)
Open Swim	6:00-8:00pm	(Mon.-Fri.)
Open Swim	12:00-6:30pm	(Sat.-Sun.)

**Note: The Aquatic Park will be open on July 4 12:00-5:00pm**

### August 15-August 26 (School Hours)

Open Swim	4:00-6:30pm	(Mon.-Fri.)
Open Swim	12:00-6:30pm	(Sat.-Sun.)

**August 29-September 2** POOL CLOSED

### September 3, 4 and 5

Open Swim	12:00-5:00pm	(Sat.-Mon.)
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## Pool Rentals

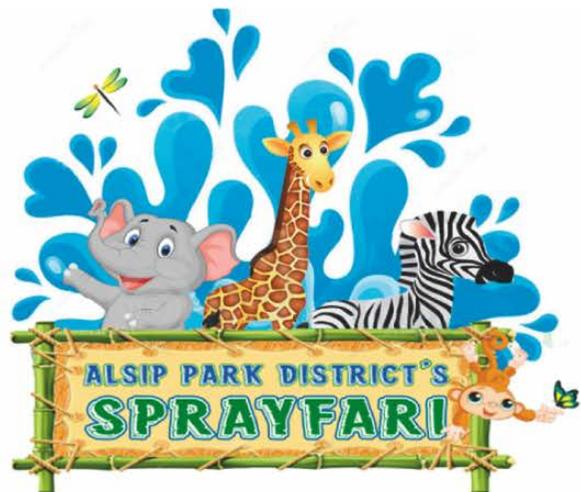
Pool rentals are available Monday-Friday evenings from 8:15-10:15 pm and Saturday morning's 9:45-11:45 am and Saturday and Sunday evening's from 7:00-9:00 pm on a first-come, first-served basis, with pool members receiving priority on date choice. To hold your reservation, payment must be made IN FULL at the time of the reservation, and a \$100 refundable cash deposit must be left with your registration form. This will ensure that there is no damage to the property and that there are fewer than 100 people entering the pool. If your party goes over the 100 person mark, your refund will be non-refundable. Anyone entering the Aquatic Park facility will be counted as 1 participant, swimmer or non-swimmer. Registration will only be taken at the Apollo Recreation Center during regular office hours. Rentals are available Monday-Sunday evenings from June 6-August 12. After August 12th, rentals can only be booked on Friday's and Saturday's. Monday-Friday night rental participants must arrive between 8:00-8:15 pm, Saturday morning rental participants must arrive between 9:30-9:45 am and Saturday and Sunday evening rental participants must arrive between 6:45-7:00 pm to get instructions and rules that will be enforced during any of these rental times. Member registration for pool rentals will be accepted beginning Saturday, March 27. Non-member registration will be accepted beginning Saturday, May 2. No DJ's or Live Bands allowed at the pool rentals.

Activity: 317801  
 Fee: \$270 Member  
 \$305 Resident Non-member  
 \$370 Non-resident Non-member  
 Additional Fee:  
 \$30.00 Wading Pool  
 \$30.00 Drop Slide

Session	Time	Day
A	9:45am-11:45am	(Saturday's ONLY)
B	8:15-10:15 pm	(Monday-Friday)
C	7:00-9:00 pm	(Saturday & Sunday)

## General Membership Information

- All season pass registrations will take place at Apollo Recreation Center during regular office hours. Proof of residency will be required! Adults 18 years of age and older will need a minimum of 2 pieces of identification (1 must be a picture I.D. with an Alsip address and the other must be a current utility bill). This includes people renewing membership as well.
- All season pass members must have a photo I.D. card made at the Apollo Recreation Center.
- Bring your 2021 pool pass or activity card when registering.
- Family memberships are based on 4 individuals in the same household, same address.
- It is MANDATORY for all children that are not potty-trained to wear Little Swimmers and Rubber Pants. You may purchase these items at the front desk of the pool. If your child is found without these on in the pool, you will be asked either to purchase one from the front desk or to leave the Aquatic Park.
- Any children 11 years of age and younger must be accompanied by a parent or responsible person 16 years of age or older at all times. NO EXCEPTIONS!**
- Everyone entering the facility must pay an admission fee, NO EXCEPTIONS!



**ALSIP RESIDENTS MUST SHOW PROOF OF RESIDENCY. PLEASE BRING A CURRENT UTILITY BILL AND VALID DRIVERS LICENSE WITH ALSIP ADDRESS AT TIME OF REGISTRATION.**

## GENERAL MEMBERSHIP INFORMATION

1. All Facility Pass registrations take place at the Apollo Recreation Center during regular office hours. Proof of residency is required. One must be a picture I.D. and one current Alsip utility bill. Children should have a school I.D. and must be accompanied by a parent or legal guardian, who must show proper identification.
2. All facility pass members must have a photo I.D., taken at the Apollo Recreation Center.
3. Bring your Facility Pass when registering! Your pass will then be re-validated for the 2022 season.
4. Daily Passes may be purchased with a valid ID for a cost of \$5 per visit for residents and \$10 per visit for non-residents.
5. The fee to replace a Facility Pass is \$20 for adults 18 & over, and \$10 for ages 8-17.
6. You must present a valid Facility Pass or Daily Pass before entering the Gymnasium/Fitness Center/Women's Circuit Center. No exceptions will be made!!!
7. There are no refunds on memberships.

### GYMNASIUM FACILITY PASS FEES

<b>Youth Pass</b>	(8 years to 17 years)	R\$30/NR\$60
<b>Adult Pass</b>	(18 years and older)	R\$75/NR\$150
<b>Corporate Rates</b>	(Not to exceed 30 employees)	R\$95 per employee
<b>Daily Fee:</b>		R\$5/NR\$10

Gymnasium Located inside the Apollo Recreation Center is a gymnasium that is left open for you to use for open gym. This facility is open for your use at periodic times during the week when park district activities are not in session. Children under the age of 8 must be accompanied by a valid, card carrying member 16 years and older who must provide supervision for the youth(s) inside the gymnasium.

Basketballs are available for use with a valid facility pass. Gym shoes must be worn at all times. No dark sole running/jogging shoes allowed! No food or drinks allowed in the gymnasium. Hours are subject to change during days of special events or circumstances.

### AMERICANS WITH DISABILITIES ACT (ADA)

The Americans with Disabilities Act of 1991 (Public Law 101-306) was adopted by congress for the purpose of eliminating discrimination against individuals with disabilities. The Alsip Park District makes every effort necessary to comply with the Americans with Disabilities Act (ADA). We will not discriminate against qualified individuals with a disability for participation in programs and services. The Alsip Park District invites any individual with special needs to notify our staff upon registration so that we may better serve you. Additional programs for people with disabilities are offered through the Southwest Special Recreation Association (SWSRA). For additional information, please contact SWSRA at 708-389-9423.

## PICNIC/SHELTER RENTAL

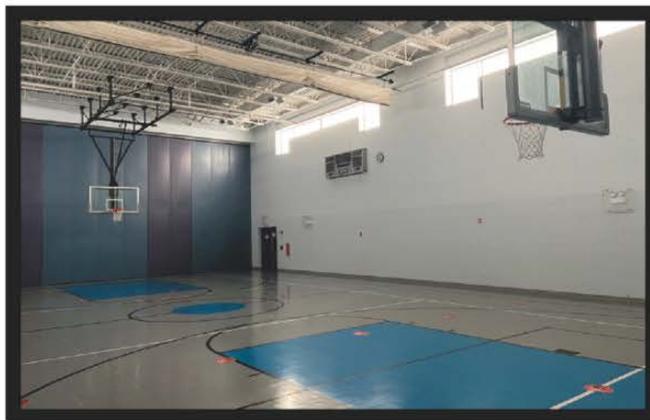
The Alsip Park District is eager to inform you that several of our shelters in our parks throughout the community are for rent. Each shelter may only be rented once a weekend, either Saturday or Sunday. No alcoholic beverages, animals, open fires (except in permanent park district grills), DJ's or glass containers are allowed and renter is responsible for all guests, liabilities and damages. Renter and guest must clean and vacate the premise by dusk, failure to do so will result in forfeit of their deposit. Renters must include set up and take down time in the time on the contract. Note: For cancellations the Alsip Park District must be notified 2 weeks prior to the rental or a forfeit of the renter's deposit will occur. Rental on Saturday and Sunday Only between June and Oct.

- Apollo Park (50 person capacity)
- Barnes Park (25 person capacity)
- Laramie Park (25 person capacity)
- Sears Park (60 person capacity)
- \$100 Cash Deposit Required
- Residents-\$100 per 5 hour rental
- Non-Residents-\$150 per 5 hour rental
- \$25 Cash Fee for Bathrooms (Sears Park Only)

## ARC-GYMNASIUM

The small gymnasium, located in the Apollo Recreation Center is for rent on Saturday and Sunday. This gymnasium can be used to play volleyball or basketball; no spectators allowed. A minimum two-hour rental required for gymnasium. All rentals must be completed including clean up with their rental by 8:00 pm. Renters must include set up and take down time in the time on the contract. No alcoholic beverages or D.J.s allowed and renter is responsible for all guests, liabilities and damages. Note: For cancellations the Alsip Park District must be notified two weeks prior to the rental or a forfeit of the renter's deposit will occur. Rental on Saturday and Sunday Only.

- 25 person capacity
- \$50 Cash Deposit Required (minimum of 2 hours)
- Residents-\$50 an hour
- Non-Residents-\$75 an hour



## ARC-DANCE ROOM

The Alsip Park District offers a party room for rent in the Apollo Recreation Center. The Dance Room is ideal for a party or family function. This rental includes set-up and take down of tables and chairs. This room is used for all of our special events and has a comfortable feel for your next birthday party, baby or bridal shower or family get together. You will not be disappointed. Renters must include set up and take down time in the time on the contract. No alcoholic beverages or D.J.s allowed and renter is responsible for all guests, liabilities and damages. Note: For cancellations the Alsip Park District must be notified two weeks prior to the rental or a forfeit of the renter's deposit will occur. Rental on Saturday and Sunday Only

- 60 person capacity
- Dimensions 35 x 40 feet
- \$20 for Coffee Service
- \$20 for Marquee Message
- \$1/Bag of Ice (limit 5 bags)
- \$100 Cash Deposit Required
- Fee (minimum of 3 hours)
- Resident-\$35 per hour
- Non-Resident-\$60 per hour.



# Register Now

- 1. Online Registration** Visit [www.alsipparks.org](http://www.alsipparks.org), select registration, select online registration. For first time users of the system, you will have to set-up an account. This can be done by selecting the Create Account Tab. Setting up a new account will only take a few minutes and is only required for the first time you use the system. The online registration system provides many handy features that are designed to make registration easier.
- 2. Mail-In** Complete the registration form in the brochure. The form must be filled out completely in order to be processed. Payments may be made by check or credit card. Checks should be made payable to the Alsip Park District. If paying by credit card, include your complete credit card number, card holder name, expiration date and signature. Note: Make sure you sign the waiver on the registration form. Mail to: Alsip Park District 12521 South Kostner Alsip, Illinois 60803 Attn: Registration
- 3. Fax** Complete the registration form in the brochure. The form must be filled out completely in order to be processed. All faxed registrations must be paid with a credit card. Be sure to include your complete credit card number, card holder name, expiration date and signature. Note: Make sure you sign the waiver on the registration form. Fax to: 708-389-1529
- 4. Drop-Off** Complete the registration form in the brochure and/or complete a registration form at the Apollo Recreation Center. The form must be filled out completely in order to be processed. Place the completed registration form inside the mailbox located outside the front entrance of the Apollo Recreation Center, dropoff box inside located by the main office or drop it off at the Registration Desk during regular business hours. Note: Make sure you sign the waiver on the back of the registration form. Drop-off at: Alsip Park District 12521 South Kostner Alsip, Illinois 60803 Attn: Registration

## REGISTRATION PROCESSING BEGINS

**Residents: Monday, May 16**

**Non-Residents: Monday, May 23**

### Registration Process:

You simply complete a registration form and return it to the Alsip Park District Registration Department and we will mail you a confirmation receipt once your registration has been processed.



# Alsip Park District

Family Name \_\_\_\_\_ Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone(\_\_\_\_) \_\_\_\_\_ Work Phone(\_\_\_\_) \_\_\_\_\_ Emergency Phone(\_\_\_\_) \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Relationship to Family \_\_\_\_\_

Do you have any special needs or require any accommodations? \_\_\_\_\_

First Name	Gender	Date of Birth	Grade	Activity #	Session #	Program Title	Day/Time	Location	Fee
<b>Total Paid</b>									\$

FAX TO: 708-389-1529

MAIL TO: Alsip Park District  
12521 S. Kostner  
Alsip, Illinois 60803

Visa _____ Cardholder # _____ Cardholder Name _____ Amount Charged _____ Authorized Signature _____	Mastercard _____ Exp. Date _____	Discover _____
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Are you interested in being a volunteer coach for one of our Youth Sport Programs?    Yes     No

For Office Use Only Cash _____ Check _____ Charge _____ Date Rec'd _____ Check # _____
--

E-Mail Address \_\_\_\_\_ Participant Shirt Size \_\_\_\_\_

### IMPORTANT INFORMATION

The Alsip Park District is committed to conducting its recreation programs and activities in a safe manner and holds the safety of the participants in high regard. The Park District continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for any program or activity must recognize that there is an inherent risk of injury when choosing to participate in any recreational activity.

You are solely responsible for determining if you or your minor child/ward are physically fit and/or adequately skilled for the activities contemplated by this agreement. Always advisable, especially if the participant is pregnant, disabled in any way or has suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

### WARNING OF RISK

Recreational activities are intended to challenge and engage the physical, mental and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury when participating in any recreational activity. All hazards and dangers cannot be foreseen. Depending on the particular activity, certain risks, dangers and injuries may exist due to inclement weather, slips and falls, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction or other officiating, and other risks inherent to the particular activity. In this regard, it is impossible for the Park District to guarantee absolute safety.

### WAIVER AND RELEASE OF ALL CLAIMS AND PHOTO/VIDEO AUTHORIZATION

Please read this form carefully and be aware that in signing up and participating in this program activity, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this program/activity (including transportation services, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in this program activity, and I voluntarily agree to assume the full risk of any and all claims for injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my minor child/ward) as a result of participating in this program/activity against the Alsip Park District, including its officials, agents, volunteers and employees.

I further authorize and give my consent to the Alsip Park District to photograph/video my child (or me), and without limitation, to use such photographs/videos in connection with promoting the services, programs, and facilities of the Alsip Park District, without consideration of any kind.

**I have read and fully understand the above important information, warning of risk, waiver and release of all claims, and photo/video authorization. If registering on-line or via fax, my on-line or facsimile signature shall substitute for and have the same legal effect as an original form signature.**

**PLEASE PRINT**    Participant's Name \_\_\_\_\_

Participant's Signature \_\_\_\_\_ Date \_\_\_\_\_  
(18 years or older or Parent/Guardian)



**PARTICIPATION WILL BE DENIED**  
If the signature of adult or parent/guardian and date are not on this waiver.

## WAITING LISTS

Since all our programs have registration limits we cannot guarantee your choice of enrollment in them. The Alsip Park District maintains waiting lists for programs that have reached their maximum registration. Placement on a waiting list is encouraged. Individuals placed on a waiting list will be contacted if any additional program space becomes available.

## OOPS! - BROCHURE ERRORS

Though we try our best, due to the large amount of information available in the Alsip Park District Program Guide, errors after publication may occur. We apologize for any inconvenience this may cause, and when errors do occur, our staff will advise you of the changes as quickly as possible. We will also attempt to keep information on our website, [www.alsipparks.org](http://www.alsipparks.org) as current as possible. Thank you for your patience and understanding.

## SPECIAL ACCOMMODATIONS

Special Accommodation Services are provided through the inclusion services of the South West Special Recreation Association (SWSRA). Requests for this service should be made a minimum of 2 weeks before the start date of any program during the registration process.

## SAY CHEESE

Our Park District photographers periodically take pictures and/or videos of participants in our classes, during special events and out at our facilities and parks. Please be aware that these photos are for Park District use and may be used in the District's marketing materials. You must give us written permission if you or your family members do not want to be photographed or published.

## PAYMENT/PRO-RATING

Participants will not be registered for programs without payment. Program fees will not be pro-rated for late enrollment.

## REFUND POLICY

Individuals submitting a request for a refund for a program will be eligible to receive a refund provided the request meets one of the criteria below: Individual must complete a refund application at the Apollo Recreation Center prior to two classes of the program session. No other refunds will be given after two classes of the program session have expired.

For various one day seminars, trips or special events a refund will be given if the following criterion occurs: Individual must complete a refund application at the Apollo Recreation Center one week prior to the seminar, trip or special event.

There is a \$50 non-refundable processing fee for Summer Camp and Preschool. A processing fee of \$3.00 is deducted from all refunds with the exception of programs cancelled by the Alsip Park District.

Individuals enrolled in programs, special events or trips that are cancelled by the Alsip Park District will be given a 100% refund and a processing fee will not be assessed.

## RESIDENCY

Residency of the Alsip Park District is defined by financial contributions through property taxes for the operation of the park district. Boundaries of the Alsip Park District and the Village of Alsip are not exactly the same. If you are uncertain whether you qualify as an Alsip Park District resident, please check your current property tax bill. Proof of residency in the form of a picture I.D. and current tax bill or utility bill may be required during program registration. Alsip Park District residents are given first priority for program registration.

## PROGRAM LIMITATIONS

Each program at the Alsip Park District has an established minimum and maximum number of possible registrants. These numbers are set to guarantee the highest quality program we can offer. The facility, student/teacher ratio and the nature of the program considered when setting program registration minimums and maximums. Programs that do not meet the minimum number of registrants may be cancelled. Please refer to the Program Cancellation section for additional information. Program instructors are not allowed to accept any registrant beyond the established maximum without authorization by their immediate athletic or recreation supervisor.

## CLASS CANCELLATION INFORMATION

Program supervisors begin reviewing class enrollment and cancelling classes that do not meet minimum enrollment approximately ONE WEEK (five business days), prior to the start date. It is extremely important that you try to register for class choices no later than one week before they begin. All participants registered in cancelled programs will be notified by the Alsip Park District staff and will receive a full refund.

## PROGRAM CONFIRMATION

A confirmation/receipt will be sent to you in the mail once your registration has been processed. If it states ENROLLED you are enrolled in the program. If it states W-List, you are on the waiting list for the program. You will be notified of waiting lists status changes. We encourage you to place your name on a waiting list. If the program you desire is full, additional sessions will be opened, if possible.

## THE ALSIP PARK DISTRICT ACCEPTS

Visa, Mastercard American Express and Discover for credit card payments. Sorry, no telephone registrations. A \$25.00 fee is charged on all NSF checks. All future registrations must be paid by cash, certified check or money order. Payment is due at the time of registration, unless otherwise noted.

## PARK WATCH

We need your help in keeping our parks safe, clean and FREE of vandalism. If you find broken equipment or have any other safety concerns about our park sites or facilities, please contact our Main Office at 708-389-1003. If you see vandalism occurring in the parks, please contact the Alsip Police Department by calling 708-385-6902. The park district is committed to providing a safe place for recreational activities. Thank You for your support in our efforts to provide the residents of the Alsip Park District with quality park sites and facilities.

# PARKS AND FACILITIES



	VOLLEYBALL COURT	PICNIC AREA	INDOOR FITNESS	PLAYGROUNDS	TOT LOT	BALL DIAMONDS	BASKETBALL AREA	FOOTBALL FIELD	TENNIS COURT	GOLF COURSE DRIVING RANGE	RESTAURANT BANQUET FACILITY	SOCCER	WALKING/BIKE PATH	CONCESSION STAND	INFINITY WEB	SKATE PARK	DISC GOLF	PICKLEBALL	FISHING POND	SPLASH PAD
APOLLO RECREATION CENTER 12521 S. KOSTNER AVE.	* ✓ <sub>3</sub>	✓	✓	✓			* ✓		* ✓ <sub>2</sub>				✓					* ✓		
SPRAYFARI AQUATIC PARK 11930 S. KOSTNER AVE.		✓			✓									✓						✓
AUSTIN VIEW PARK RT. 83 & AUSTIN AVE.				✓	✓				✓ <sub>2L</sub>				✓							
BARNES PARK 117TH & KOLIN AVENUE		✓		✓	✓	✓														
BICYCLE/WALKING PATH 116TH STREET - 127TH STREET													✓							
CREEKSIDE PARK 113TH & LAMON AVE.				✓																
COMMISSIONERS PARK 12600 KEDZIE AVENUE	✓ <sub>2L</sub>	✓		✓	✓	✓ <sub>4L</sub>						✓	✓	✓						✓
FOUNTAIN HILLS GOLF CLUB 12601 S. KEDZIE AVE.										✓ <sub>30L</sub> ✓ <sub>9H</sub>	✓									
FREEDOM PARK 131ST & CICERO AVE.		✓		✓	✓								✓							
KETELAAR TOT LOT 124TH & WALTER LANE					✓															
KIWANIS PARK 122ND & LARAMIE												✓								
LACROSSE TOT LOT ENGLE RD. & LACROSSE					✓		✓													
LARAMIE PARK 120TH & LARAMIE AVE.		✓		✓	✓	✓	✓					✓	✓ <sub>F</sub>							✓
MARY J. LYNCH SKATE PARK 119TH PLACE & KOSTNER		✓													✓	✓				
POKEY OAKS 123RD & LAVERGNE AVE.					✓															
PRAIRIE BALL DIAMONDS 11910 S. KOSTNER AVE.						✓							✓					✓ <sub>6H</sub>		
PRAIRIE VIEW PARK TERMUNDE DR. & TRIPP AVE.				✓																
PROGRESS PARK 122ND & SPRINGFIELD				✓																
RONNETREE PARK 127TH PL. & KENNETH AVE.				✓																
SEARS PARK 123RD & TRUMBULL AVE.		✓		✓	✓	✓		✓ <sub>L</sub>				✓ <sub>L</sub>	✓ <sub>F</sub>							✓
WILKINS PARK BLOSSOM DRIVE				✓	✓		✓													

\*= INDOOR

L= LIGHTED

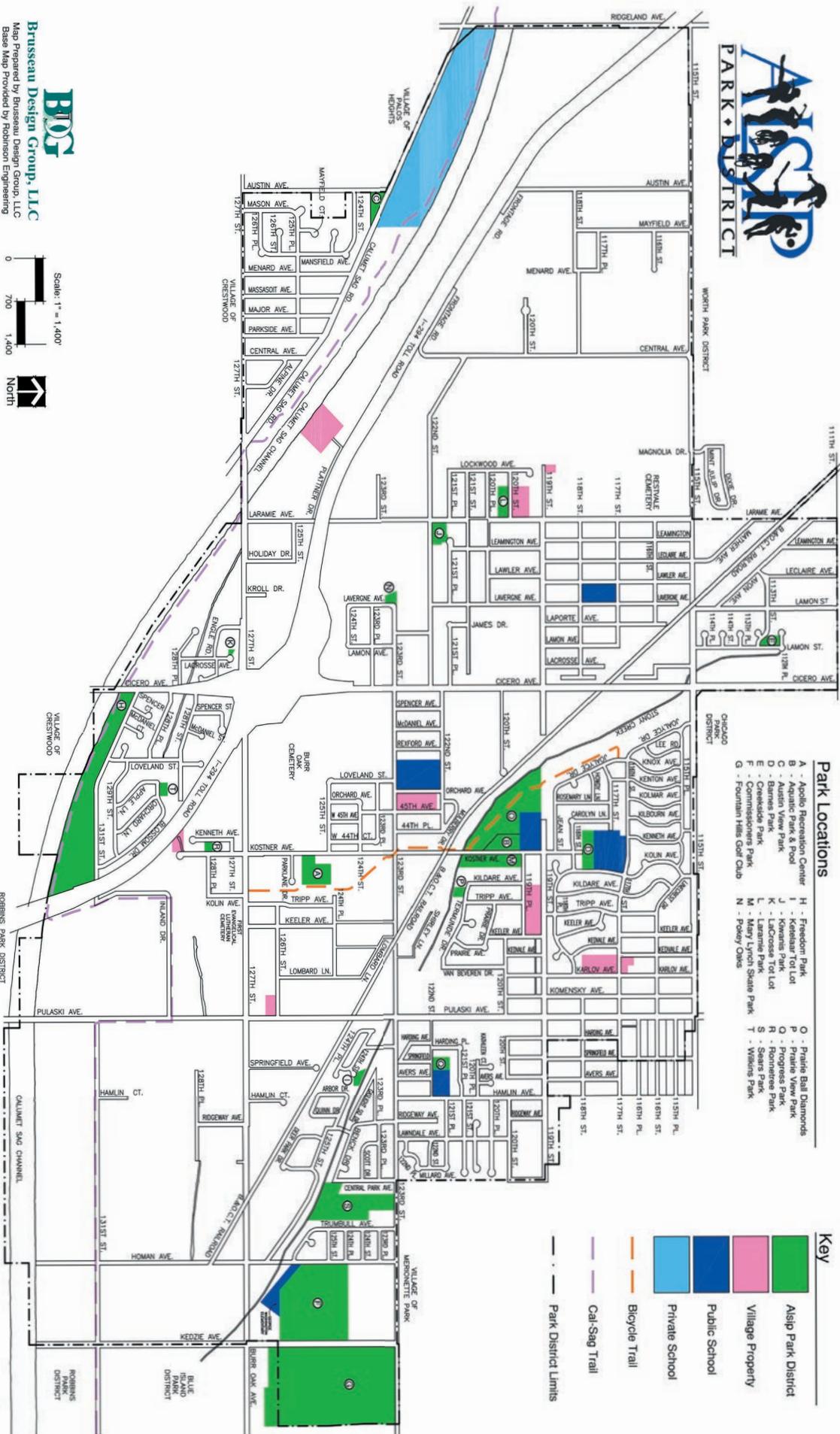
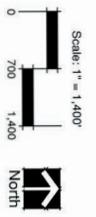
✓ =EQUIPMENT LOCATED AT PARK SITE

F= OUTDOOR FITNESS STATIONS LOCATED AT PARK SITE

H= HOLES



**BDG**  
 Brusseau Design Group, LLC  
 Map Prepared by Brusseau Design Group, LLC  
 Base Map Provided by Robinson Engineering



- ### Park Locations
- A - Apollo Recreation Center
  - B - Aquatic Park & Pool
  - C - Austin View Park
  - D - Barnes Park
  - E - Creekside Park
  - F - Commodore Park
  - G - Fountain Hills Golf Club
  - H - Freedom Park
  - I - Kestelair Tot Lot
  - J - Kwanan Park
  - K - Larcross Tot Lot
  - L - Laramie Park
  - M - Mary Lyon State Park
  - N - Patsy Oates
  - O - Prairie Ball Diamonds
  - P - Prairie View Park
  - Q - Progress Park
  - R - Romerree Park
  - S - Swans Park
  - T - Wilsons Park

- ### Key
- Aisip Park District
  - Private School
  - Public School
  - Village Property
  - Village of Crestwood
  - Village of Menomette Park
  - Park District Limits
  - Car-Sag Trail
  - Bicycle Trail