

A close-up photograph of a child wearing a brown winter jacket, a grey and yellow striped beanie, and a brown knit scarf. The child is playing in the snow, with their hands visible. Snow is falling around them, and there are some small plants in the background.

ALSIP PARK DISTRICT

winter
2022

REGISTRATION DATES
RESIDENTS NOV. 15
NON-RESIDENTS NOV. 22

What's Happening at the Alsip Park District



Congratulations to **Brandon DeChene** and **Mike Jokubauskas** on their recent promotion to full time Parks Laborers! Brandon has been working in the Parks Department on a seasonal basis and Mike worked as an Assistant Pool Manager at the Sprayfari Aquatic Park this past season. We are excited to have both Brandon and Mike join our team on a full-time basis and look forward to their contributions to the District!

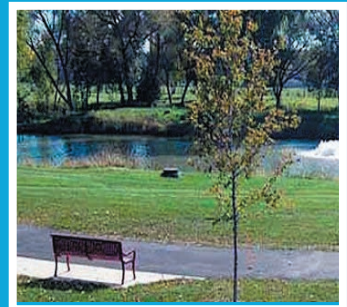


Stay tuned for updates on the **Redevelopment of the Apollo Recreation Center**. The Apollo Recreation Center Redevelopment Committee is hard at work finalizing construction documents for this project. We anticipate construction to begin in 2022. Through the Park and Recreational Facility Construction Act (PARC) grant program, part of the Governor's Rebuild Illinois capital program, the Alsip Park District was awarded a \$2,500,000.00 grant for the redevelopment of this facility. This project will expand the existing facility to include an indoor walking track, an additional multi-purpose gymnasium, an expanded fitness center, an indoor playground, additional program spaces including senior/teen areas, and seating in the existing gymnasium. We are proud to offer this opportunity to our community!

The Alsip Park District has **two great Commemorative Programs** to help you honor and/or memorialize a special family member, friend or business. To become involved in the **Plant A Living Tree Memorial program**, you will make a contribution to cover the cost of purchasing a tree that you choose from a list of authorized trees that the park district has approved. For purchasing a tree, a donor will have the opportunity to assist the park district in selecting the site where the tree will be planted and you will receive a letter acknowledging the donation. In addition, the individual's name for which the tree is being planted will be engraved on a leaf on the Alsip Park District's "Plant a Living Tree Memorial" Plaque, that is on display at the Apollo Recreation Center.



To become involved in the **Apollo Brick Program**, you can select one of three size bricks to personalize. Brick orders will be placed twice a year, once in the spring and once in the fall. Bricks will be placed in the memorial area of Apollo Park near the flagpole. You will receive a letter acknowledging your brick and a certificate will be sent to the family or business that is being honored and/or remembered. This is a great way to honor a family or friend as well as showcase a special memory or business. Check out both programs on our website at www.alsipparks.org



We are proud to share that the Alsip Park District has recently **applied for an Open Space Land Acquisition and Development (OSLAD) Grant for improvements to the Mary J. Lynch Skate Park**. If successful with this grant application, in addition to the Skate Park receiving new equipment, the area will receive a shelter, additional seating, a water fountain, a game table, bike repair station as well as accessibility updates. If we are not successful with this application, the Alsip Park District does plan to replace Skate Park equipment only. We will provide further updates as they are available.

The Alsip Park District is a proud member of SWSRA!

SWSRA provides year-round quality therapeutic recreation programs and services for individuals with intellectual and/or physical disabilities or special needs. SWSRA programs are designed to increase independence and enhance the quality of life for each individual

THE BACKNINE

at Fountain Hills



Open year round, The BackNine is a newly renovated full service restaurant, bar and banquet facility located at Fountain Hills Golf Club. We pride ourselves on supporting our surrounding communities by offering many locally brewed and distilled beers and spirits.

Our banquet facility has multiple options to choose from for your special events...

- Full service catering for events hosted at our facility
- Banquet room rental while using an outside licensed and insured caterer
- Take out catering

Whether you choose to host your special event at home or in our banquet facility, The BackNine has options for you! Our stay home, stay safe and still celebrate menus make it possible!

The BackNine offers multiple optional amenities for every event and will customize any menu. We strive to ensure your event reflects your own taste and personal touches.

*More information / schedule a viewing:
Contact our Food & Beverage Department
708.388.4653 x403
Ask About Resident Rates*



Banquets



facebook.com/FountainHillsGolfClub.com

Bar / Restaurant



ALSIP PARK DISTRICT BOARD OF COMMISSIONERS

The Park Board is composed of five non-paid individuals selected by you to serve elected terms.

The Board is primarily a policy-making body that reflects the needs and interest of all taxpayers.

The Board of Commissioners meets on the fourth Monday of each month at the Apollo Recreation Center, 12521 South Kostner at 6:30 pm. The public is welcome to attend.



PICTURED LEFT TO RIGHT,
JERRI-LYNN KLEINA, JOE SCHMITT, KATHLEEN PERRETTA,
JACKIE BECKER AND JAIRO GUTIERREZ

Registration Office Hours

Monday	8:30 am-8:00 pm
Tuesday-Friday	8:30 am-5:30pm
Saturday	9:00 am-12:00 pm
Sunday	Closed

The Mission of the Alsip Park District
is to enrich life through quality leisure services at a variety of parks facilities, while offering programs in the areas of education, social involvement & recreation in a clean, safe environment for individuals of all ages.

OUR STAFF

JEANNETTE HUBER, CPRP
GREG HOOPER, CPRP
SUE BRUESCH
DAREN MCCLAUGHLIN
DALE DURNIN
MIKE DECHENE, CPSI
RICK RADZ
MIKE JOKUBAUSKAS
BRANDON DECHENE
RICHARD GOTTARDO
DANIELLE PESO COMPANIO
LESLIE GUERRERA, A.C.E., CPO
CHUCK SOMERVILLE
DENISE MICHALSKI, CPP
REBECCA PERKAUS
DONNA SMITH
ERICA JAGUST
JACKIE NELSON

DIRECTOR OF PARKS & RECREATION
SUPERINTENDENT OF RECREATION
BUSINESS MANAGER
SUPERINTENDENT OF PARKS
PARK FOREMAN
PARK LABORER
PARK LABORER
PARK LABORER
PARK LABORER
FOUNTAIN HILLS GOLF CLUB MANAGER
FOOD & BEVERAGE MANAGER
AQUATIC / FITNESS MANAGER
ATHLETIC SUPERVISOR
RECREATION SUPERVISOR
RECREATION SUPERVISOR
OFFICE MANAGER/BUSINESS CLERK
OFFICE STAFF
OFFICE STAFF

APOLLO RECREATION CENTER

12521 South Kostner Ave.

Alsip, Illinois 60803

(708)389-1003

www.alsipparks.org

GYMNASIUM OPEN GYM HOURS

(EFFECTIVE MONDAY, DEC. 6, 2021)

MONDAY	NO OPEN GYM
TUESDAY	3:00 PM-9:00 PM
WEDNESDAY	4:00 PM-9:00 PM
THURSDAY	3:00 AM-9:00 PM
FRIDAY	9:00 AM-9:00 PM
SATURDAY	9:00 AM-6:00 PM
SUNDAY	9:00 AM-5:00 PM

REGISTRATION OFFICE HOURS

MONDAY	8:30 AM-8:00 PM
TUESDAY-FRIDAY	8:30 AM-5:30 PM
SATURDAY	9:00 AM-12:00 PM
SUNDAY	CLOSED

PROGRAM LOCATIONS

APOLLO RECREATION CENTER	12521 S. KOSTNER AVE.
SPRAYFARI AQUATIC PARK	11930 S. KOSTNER AVE.
DOUBLETREE/HILTON HOTEL	5000 W. 127TH STREET
FOUNTAIN HILLS GOLF CLUB	12601 S. KEDZIE AVENUE
HAZELGREEN ELEMENTARY	11751 LAWLER AVENUE
HERITAGE II CLUBHOUSE	3715 W. 123RD STREET
LANE ELEMENTARY SCHOOL	4600 W. 123RD STREET
PRAIRIE JUNIOR HIGH SCHOOL	11910 S. KOSTNER AVE.
STONY CREEK ELEMENTARY	11700 KOLIN AVE



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APOLLO RECREATION CENTER HOLIDAY HOURS

HOLIDAY/DATE	WOMENS CC	FITNESS CTR	GYMNASIUM	MAIN OFFICE
THANKSGIVING DAY	CLOSED	CLOSED	CLOSED	CLOSED
DAY AFTER THANKSGIVING	8:00am - 2:00pm	6:00am - 8:00pm	9:00am - 8:00pm	8:30am - 5:30pm
CHRISTMAS EVE	6:00am - 2:00pm	6:00am - 3:00pm	9:00am - 3:00pm	8:30am - 1:00pm
CHRISTMAS DAY	CLOSED	CLOSED	CLOSED	CLOSED
NEW YEARS EVE	8:00am - 2:00pm	6:00am - 6:00pm	9:00am - 6:00pm	9:00am - 5:30pm
NEW YEARS DAY	CLOSED	CLOSED	CLOSED	CLOSED

CO-ED & WOMEN'S FITNESS CENTERS

The Co-Ed Fitness Center is equipped with Cybex/Bodymaster strength equipment, Apex five station cable crossover strength equipment, free weights, smith machine, x-trainers, treadmills, nu-steps, and 2 recumbent bicycles! We know we have the equipment you need for the perfect workout. All fitness members are required to participate in a fitness orientation. Orientations are done on an appointment basis after a facility pass is purchased and proper attire must be worn. Thirteen through sixteen year olds can join the Fitness Center, but they must be supervised by another member 18 years or older. For your convenience, the Fitness Center is staffed during all hours of operation. Note: All upgrades from a 3 month membership to a yearly MUST be done within two weeks of expiration.

MEMBERSHIP TYPE	INDIVIDUAL (17 & UP)	ADDITIONAL FAMILY MEMBER	FULL TIME STUDENT (18-22) WITH PROOF OF 12 CREDIT HOURS	TEEN (13-16) WITH CURRENT MEMEBER 18+ WITH ID	SENIOR (55+)	SENIOR ADD-ON (55+)	CORPORATE ALSIP BUSINESSES ONLY UP TO 30 PEOPLE
ANNUAL	R\$175 NR\$219	R\$150 NR\$188	R\$150 NR\$188	R\$150 NR\$188	R\$90 NR\$113	R\$90 NR\$113	R\$190 PER PERSON
DAILY	R\$8 NR\$12	R\$8 NR\$12	R\$8 NR\$12	R\$8 NR\$12	R\$8 NR\$12	R\$8 NR\$12	N/A
MONTHLY	R\$25 NR\$35	R\$25 NR\$35	R\$25 NR\$35	R\$25 NR\$35	R\$20 NR\$30	R\$20 NR\$30	N/A
3 MONTH	R\$73 NR\$92	R\$69 NR\$87	R\$69 NR\$87	R\$69 NR\$87	R\$57 NR\$67	R\$57 NR\$67	N/A
UPGRADE TO AN ANNUAL WITH THREE MONTHS	R\$112 NR\$140	R\$93 NR\$117	R\$93 NR\$117	R\$93 NR\$117	R\$46 NR\$58	R\$46 NR\$58	N/A

FITNESS CENTER WINTER HOURS (EFFECTIVE DECEMBER 6, 2021)

DAY	HOURS
Monday - Friday	6:00 am-9:00 pm
Saturday	8:00 am-6:00 pm
Sunday	8:00 am-5:00 pm

WOMEN'S CIRCUIT CENTER WINTER HOURS (EFFECTIVE DECEMBER 6, 2021)

DAY	HOURS
Monday-Friday	8:00 am-2:00 pm
Saturday	8:00 am-12:00 pm
Sunday	8:00 am-12:00 pm

CO-ED CIRCUIT CENTER WINTER HOURS (EFFECTIVE DECEMBER 6, 2021)

Day	Hours
Monday - Friday	2:00 pm-9:00 pm
Saturday	12:00 pm-6:00 pm
Sunday	12:00 pm-5:00 pm

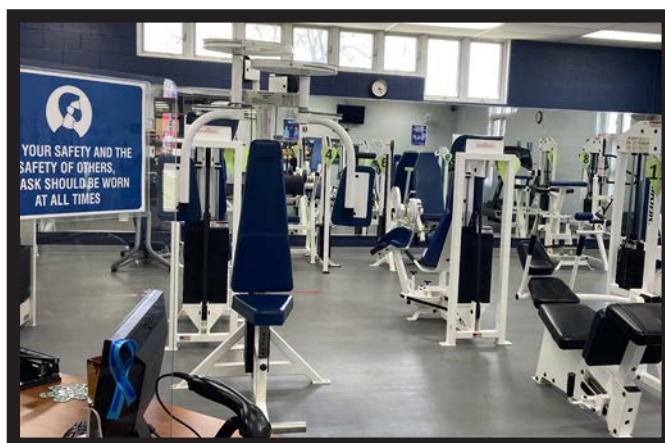
PUNCH CARD (FIVE TIME USE)

Not Ready to Commit, purchase a fitness center punch card. Each card provides five visits from the date of purchase. Punch card is valid for one year from date of purchase. Note: Upon purchase you must schedule an orientation in fitness center. R\$25/NR\$35

WOMEN'S & CO-ED CIRCUIT CENTER

is equipped with women friendly Body Master/ Cybex Strength equipment, Life Fitness treadmills, Ellipticals and a Tetric & Schwinn bicycle. There are a total of 12 strength stations that alternate between 5 cardio machines. A mandatory orientation is required and must be done by appointment only. You must come dressed in workout attire for your orientation. Don't forget to bring a towel. This is a great way to get in shape or stay in shape. We know you're going to enjoy it.

Fee:.....\$10.00 per month





PIYO FUSION

Piyo-Fusion is a total body work out class that will whip you into shape from head to toe. This class is a combination of Pilates and Yoga to help build strength, lose weight, increase flexibility, and sculpt your abdominal muscles. This class unites body and mind and creates a more streamlined shape. Bring your own Yoga mat.

Activity: 266547-A
 Instructor: Rhonda Allan
 Location: Aerobic Room
 Day: Thursday
 Dates: December 9-February 24
 Time: 6:30-7:15 pm
 Age: Teen-Adult
 Fee: R\$54/NR\$64
 Min/Max: 6/10

FOUNDATIONS OF YOGA

This is a six-week series of the basic poses of yoga. The series is designed to help get you out of stiffness and feel successful at the basic yoga poses. Props will be used. No prior experience needed.

Activity: 266430-A
 Instructor: Denise Cholewa
 Location: Aerobic Room
 Day: Wednesday
 Dates: January 5-February 9
 Time: 5:45-6:45 pm
 Age: 18-Adult
 Fee: \$75.00
 Min/Max: 3/10



CARDIO DRUMMING

Cardio drumming takes a simple movement-drumming and turns it into a full-body workout that will leave you smiling, sweating and feeling great. Drumming burns calories builds muscle and gets your heart pumping. It also can lower your blood pressure and improves cognitive brain development. All fitness levels welcome, modifications will be provided. Note: There will be no class on Saturday, December 25 or January 1.

Activity: 266509
 Instructor: Beatice Orendorff
 Location: Dance Room/Aerobic Room
 Age: 16-Adult
 Fee: R\$42/NR\$52 (Session A)
 R\$35/NR\$45 (Session B)
 Min/Max: 5/10
 Registration Deadline: One week before the start of session



Session	Day	Dates
A	TH	December 9-February 24
B	SA	December 11-February 26

Time	Weeks
6:00-6:45 pm	12
11:15am-12:00 pm	10



FITNESS BOOT CAMP

Are you bored in the gym and looking for a new way to develop a habit of exercise? This could finally be the class to get you headed in the right direction. Boot Camp training combines interval training and many other exercises using weights and/or body weight to lose body fat, increase cardiovascular efficiency, increase strength, and help you get in a routine of regular exercise. This class is designed to push people a little bit further than they normally push themselves in the gym alone. If your up to a challenge; come and give it your all, were ready for you. Note: There will be no class on Saturday, December 25 or January 1.

Activity: 266499
 Instructor: Rhonda Allan
 Location: ARC/Aerobic Room
 Age: Teen-Adult
 Fee: R\$54/NR\$64 (Session A)
 R\$45/NR\$55 (Session B)
 Min/Max: 5/10

Session	Day	Dates	Time	Weeks
A	TH	December 9-February 24	5:30-6:30 pm	12
B	SA	December 11-February 26	10:00-11:00 am	10

JAMMIN' TO ZUMBA

Come and try this exercise in disguise class. We take the “work” out of workout, by mixing low intensity to high intensity moves for an interval style, calorie burning fitness party. Zumba has easy to follow moves with awesome Latin rhythms to get you boosted energy, cardio enhancement, and body toning and sculpting. This class is for everybody and every body. Let's get together and sweat it on, ditch the workout and join the Zumba party! No dance experience is needed or required.

Activity: 266428
 Instructors: George Montejano/Lupe Aguado
 Location: ARC/Small Gym
 Time: 6:30-7:30 pm
 Age: Teen-Adult
 Fee: R\$54/NR\$64
 Min/Max: 15/20

Session	Day	Dates
A	MO	December 6-February 21
B	TH	December 9-February 24



The registration deadline is one week prior to the start of each class unless otherwise noted.

LINE DANCING

Come join in for some fun, good music, exercise, and a good time. No previous lessons are required. Steve is an excellent line dance instructor and will help you learn all the necessary steps to each that he teaches. Some dances will be easy and others challenging. There will be a wide array of music to dance to. No special attire or a partner is necessary to be part of this class.

Activity: 266404-A
Instructor: Steve Steib
Location: ARC/Dance Room
Day: Monday
Dates: December 6-February 21
Time: 6:00-7:00 pm
Age: 55 +
Fee: R\$48/NR\$58
Min/Max: 7/10

YOGA ON THE CHAIR

Yoga on the chair using a specific “Yoga Chair” to deepen your awareness in all aspects of asana. You may be thinking you’re in for an easy time, you will discover that the “Chair” can be quite a demanding teacher. Some Yoga experience is preferred. There will be no class on December 24.

Activity: 266546
Instructor: Denise Cholewa
Location: Aerobic Room
Day: Friday
Time: 11:30 am -12:30 pm
Age: 18-Adult
Fee: \$60/monthly
Min/Max: 6/10



Session	Date
A	December 3-December 31
B	January 7-January 28
C	February 4-February 25



PEACEFUL YOGA

Each class is a unique sequenced class developed to guide students through a systematic progression. This class can be practiced in all stages of life. In this Hatha class we will focus on correct alignment. You will be able to activate muscle groups in a new way, appreciating the subtle nuances that you may not have noticed in the past. Students will be introduced to the rope wall. The rope wall will help decrease tension in the spine. Come ready to sweat and prepared to leave empowered and feeling strong. All levels of experience are welcome.

Activity: 266536
Instructor: Denise Cholewa
Location: Aerobic Room
Day: Tuesday
Time: 11:45-12:45 pm
Age: 18-Adult
Fee: \$60/monthly/\$20 per class
Min/Max: 6/10

Session	Date
A	December 7-December 28
B	January 4-January 25
C	February 1-February 22

20/20/20

Come spend some time at the park and get all your fitness goals wrapped up in one class. You will do 20 minutes of cardio to burn fat, 20 minutes of weight training to tone and firm those muscles, followed by the final 20 minutes of Yoga/Pilates to increase your flexibility and core strength. What more could you accomplish in one hour of your day? Note: Bring your own yoga mat.

Activity: 266508-A
Instructor: Anne Kalch
Location: ARC/Aerobic Room
Day: Tuesday
Dates: December 7-February 22
Time: 9:45-10:45 am
Age: Teen-Adult
Fee: R\$60/NR\$70
Min/Max: 6/10

PUNCH CARD

(FIVE TIME USE)

NOT READY TO COMMIT, PURCHASE A FITNESS CENTER PUNCH CARD. EACH CARD PROVIDES FIVE VISITS FROM THE DATE OF PURCHASE. PUNCH CARD IS VALID FOR ONE YEAR FROM DATE OF PURCHASE. NOTE: UPON PURCHASE YOU MUST SCHEDULE AN ORIENTATION IN FITNESS CENTER

R\$25/NR\$35

AQUA AEROBICS

Water Aerobics is a total body workout that helps to increase your range of motion and muscle tone without causing any stress to your body. Limited changing facilities are available, so please come ready to go. Bring a towel and we also recommend aqua shoes for the class. Please enter through door "4", which is on northeast side of the parking lot.

Activity: 266524
Location: Doubletree/Hilton Hotel Pool
5000 W. 127th St. Alsip
Age: Adult-Senior
Fee: R\$48/NR\$58
Min/Max: 10/10

Session	Day	Dates	Time
A	TU	December 7-February 22	11:00 -11:45 am
B	TH	December 9-February 24	5:00 -5:45 pm

SENIOR FITNESS

Join us for dynamic movements, resistance training, chair exercises, improving gait patterns, and fall prevention. Perform fun exercises from standing and seated positions using resistance bands, dumbbells and other training tools in order to improve your ability to move with purpose and react quickly. This class emphasizes full body strength, posture re-alignment, and pain reduction. Come join us! Note: There will be no class on December 20, December 24 or December 31.

Activity: 266505
Instructor: Dawna Latka (Session A)
Rhonda Allen Session B)
Location: Aerobic Room
Age: 55+
Fee: R\$45/NR\$55
Min/Max: 6/15

Session	Day	Dates	Time
A	MO	December 6-February 14	11:30-12:30 pm
B	FR	December 10-February 25	9:30-10:30 am

ROCK N' KIDS

This interactive class has everyone on their feet! We all learn together while engaging in active, creative, music-based activities, while using rhythm instruments and movement props. All class procedures are designed to keep staff and students safe. Activities are age appropriate by class and include songs and rhymes, rhythm and coordination, fine and gross motor, imagination and sensory, listening and following directions skills. Sing, dance, play, learn and imagine with us!

TOT ROCK

Activity #: 238143
Instructor: Rock N' Kids
Location: Oak View Center- 4625 W. 110th Street, Oak Lawn, IL 60453
Age: 1 yr. w/adult
Min./Max.: 4/12

Session	Day	Dates	Time	Fee
A	Thursday	Jan 13 - Feb 10	5:30-6:10 pm	R\$55/NR\$65
B	Thursday	Feb 24 - Mar 24	5:30-6:10 pm	R\$55/NR\$65

KID ROCK

Activity #: 238144
Instructor: Rock N' Kids
Location: Oak View Center- 4625 W. 110th Street, Oak Lawn, IL 60453
Age: 2-3yrs. w/adult
Min./Max.: 4/12

Session	Day	Dates	Time	Fee
A	Thursday	Jan 13 - Feb 10	6:15-6:55 pm	R\$55/NR\$65
B	Thursday	Feb 24 - Mar 24	6:15-6:55 pm	R\$55/NR\$65

KIDS IN ACTION

We will be learning about our bodies and healthy habits through songs, activities, crafts, and physical exercise. Comfortable clothes and gym shoes are required! Dress accordingly, as we may be outside for a portion of the class weather depending. Please discuss with your child that mommies and daddies do not stay. All participants must be 3 by September 1, 2021.

Activity #: 238219
Instructor: APD Staff
Location: Preschool 3
Age: 3-4 Years Old
Min./Max.: 4/6

Session	Day	Dates	Time	Fee
A	Tuesday	Jan. 18 - Feb. 8	12:15-1:30 pm	R\$35/NR\$45
B	Tuesday	Feb 15 - Mar 8	12:15-1:30 pm	R\$35/NR\$45



LUNCHTIME TAILS

This class is designed for the busy 3 & 4-year-olds in mind. Participants will eat their lunch, then read a story or a rhyme and then create a craft that goes with the theme of the story. Each class will have a different enrichment activity such as music, art or educational game. The participants must bring their own lunch in a marked container. Please discuss with your child that mommies and daddies do not stay. All participants must be 3 by September 1, 2021.

Activity #: 238215
 Instructor: APD Staff
 Location: Preschool 2
 Age: 3-4 Years Old
 Min./Max.: 4/6

Session	Day	Dates	Time	Fee
A	Wednesday	Jan. 19 – Feb. 9	12:15-1:30 pm	R\$35/NR\$45
B	Wednesday	Feb 16 – Mar 9	12:15-1:30 pm	R\$35/NR\$45

LITTLE LEARNERS

This class features circle time, open play, crafts, music and more! The emphasis is placed on socialization skills, building self-esteem, getting use to a routine, but most importantly for the kids to have FUN! Please discuss with your child that mommies and daddies do not stay. We are going to have a great time! All participants must be 3 by September 1, 2021.

Activity #: 238212
 Instructor: APD Staff
 Location: Preschool 2
 Age: 3-4 Years Old
 Min./Max.: 4/6

Session	Day	Dates	Time	Fee
A	Thursday	Jan. 20 – Feb. 10	12:15-1:30 pm	R\$35/NR\$45
B	Thursday	Feb 17 – Mar 10	12:15-1:30 pm	R\$35/NR\$45

ROLLIE POLLIES

This class is designed to help little ones develop body and spatial awareness through participating in gymnastics exercises. Participants must wear a leotard or shorts and a t-shirt. Please discuss with your child that mommies and daddies do not stay. We are going to have a great time! All participants must be 3 by September 1, 2021.

Activity #: 238222

Instructor: APD Staff

Location: Gymnastics Room

Age: 3-4 Years Old

Min./Max.: 4/10

Session	Day	Dates	Time	Fee
A	Friday	Jan. 21 – Feb. 11	12:15-1:30 pm	R\$35/NR\$45
B	Friday	Feb 18 – Mar 11	12:15-1:30 pm	R\$35/NR\$45

PRESCHOOL DRAWING

New Year, New Art! Join Young Rembrandts this Winter as we develop fine motor skills, language and have a lot of fun. Young artists will be using pencils, crayons, and markers to develop their art skills. We kick it off by drawing a snowman and moving into a firetruck and then finishing it up with an owl. Each week builds on the last as our courses are designed to develop their drawings and use a ton of creativity. Come draw with us!

Activity #: 238277

Instructor: Young Rembrandts

Location: Worth Park District 10707 S Oak Park Ave, Worth, IL 60482

Age: 5-12 years old

Min./Max.: 6/25

Session	Day	Dates	Time	Fee
A	Wednesday	Jan 5 – Jan 26	5:00-6:00 pm	R\$55/NR\$65
B	Wednesday	Feb 2 – Feb 23	5:00-6:00 pm	R\$55/NR\$65
C	Wednesday	Mar 2 – Mar 23	5:00-6:00 pm	R\$55/NR\$65



[illegible]

Wind the day down with your toddler singing and dancing to songs in Spanish! Learn Spanish greetings, colors, numbers, parts of the body, animal and food words. Taught by Language in Action, Inc. instructor. No class on Feb 21 (session A) and Mar. 21 (session B)

Instructor: Language in Action

Age: 9 months- 2 years (with adult)

Min./Max.: 6/12

Session	Day	Dates	Time	Fee
A	Monday	Jan. 24 – Feb. 28	6:00-6:40PM	R\$60/NR\$70
B	Monday	Mar 7 – Apr 11	6:00-6:40PM	R\$60/NR\$70

Expand your child's world! Introduce your child to the Spanish language in this Spanish immersion class developed especially for very young learners. Children will be immersed in the Spanish language through fun and educational activities and music. Each session covers new material!

Activity #: 253205

Instructor: Language in Action

Location: Oak View Center- 4625 W. 110th Street, Oak Lawn, IL 60453

Age: 3-5 years old

Min./Max.: 6/12

Session	Day	Dates	Time	Fee
A	Monday	Jan. 24 – Feb. 28	5:00-5:50PM	R\$65/NR\$75
B	Monday	Mar 7 – Apr 11	5:00-5:50PM	R\$65/NR\$75

VAMONOS YOUTH SPANISH

Learning a second language can open a world of possibilities for your child. In this class students will learn Spanish conversation and some Spanish grammar, reading, and writing skills through interactive and engaging activities. Each session covers new material! No class on Feb 21 (session A) and Mar. 21 (session B)

Activity #: 253206

Instructor: Language in Action

Location: Oak View Center- 4625 W. 110th Street, Oak Lawn, IL 60453

Age: 7-11 years old

Min./Max.: 6/11

Session	Day	Dates	Time	Fee
A	Monday	Jan. 24 – Feb. 28	6:50-7:40pm	R\$65/NR\$75
B	Monday	Mar 7 – Apr 11	6:50-7:40pm	R\$65/NR\$75

DRAWING & CARTOON CLUB

We're celebrating the New Year in style – Young Rembrandts Winter lessons are kicking off with African Masks, the Statue of Liberty and a winter rabbit. Every month YR students draw a complex Art History piece and this season we're highlighting Andy Warhol! Our awesome artists will be drawing dinosaurs at school, monsters and kids, robots and family photos that will boost their art skills and crack us everyone up! Come draw with us!

Activity #: 238245

Instructor: Young Rembrandts

Location: Worth Park District- 10707 S Oak Park Ave, Worth, IL 60482

Age: 5-12 years old

Min./Max.: 6/25

Session	Day	Dates	Time	Fee
A	Wednesday	Jan 5 – Jan 26	5:00-6:00pm	R\$55/NR\$65
B	Wednesday	Feb 2 – Feb 23	5:00-6:00pm	R\$55/NR\$65
C	Wednesday	Mar 2 – Mar 23	5:00-6:00pm	R\$55/NR\$65



The registration deadline is one week prior to the start of each class unless otherwise noted.

CRAFT CORNER

Join us for these quick 1 day, 1-hour workshops. Participants will create holiday themed crafts that they will leave with. All materials and supplies included in class fee. Please send your child with an old shirt, in which you do not mind them getting paint on! Theme for February will be Valentine's Day and March will be St. Patrick's Day.

Activity #: 243247
Instructor: Alsip Park District Staff
Location: Multi-Room 1
Min./Max.: 4/8
Ages: 7-10

Session	Day	Date	Time	Fee
A	Thursday	February 3	4:30 pm- 5:30pm	R\$15/NR\$20
B	Thursday	March 3	4:30 pm- 5:30 pm	R\$15/NR\$20

PIANO LESSONS

Mozart, Bach and Beethoven move over!! Have you ever wanted to learn piano in a fun and relaxing way? Then come on over! You will learn the basics of note reading and musical theory. Musical pieces will progress with the student's abilities. All first-time students must purchase the John W. Schaum book Making Music Method-Middle-C Approach: Primer Level Early Elementary Level coming to class. Your time and day of the lesson will be arranged after you register, you choose the most convenient time! Lessons are private and 30 minutes in length for four-week sessions. Piano is a great hobby that lasts a lifetime.

Activity: 248305
Location: Multi 1
Instructor: Marjorie Kuiper
Day: Instructor arranged
Time: 30-minute sessions
Age: 7 - Adult

Session	Dates	Fee
A	Jan 17 – Feb 7	R\$100/NR\$110
B	Feb 21 – Mar 14	R\$100/NR\$110

MAGIC MADNESS

Kids you are guaranteed to have a fantastic time in this hands-on magic workshop! You will learn a collection of awesome and amazing tricks you can perform at home; all supplies needed to repeat the tricks will be handed out in class. You really will go home with a bag of tricks! Children are grouped by age and are taught age-appropriate tricks they can master. Sign up again and again, new tricks are taught each session!

Activity: 243421-A
Instructor: Gary Kantor
Location: Oakview Center, 4625 W. 110th St., Oak Lawn
Day/Date: Wednesday, February 9th
Time: 6:45-7:40 PM
Age: 5 - 12
Fee: R\$20/NR\$30
Min/Max: 5/35





SCHOOL YEAR 21-22

BEFORE SCHOOL

TIME: 6:45AM - SCHOOL START
COST: \$12/DAY

AFTER SCHOOL

TIME: SCHOOL END- 6:00 PM
COST: \$20/DAY

EARLY DISMISSAL DAY

TIME: SCHOOL END- 6:00 PM
COST: \$25/DAY

ACTIVITY BUS

The activity bus is an additional fee for transportation to/from school outside of normal bus route for school activities.

COST: \$4/DAY

2+ CHILD DISCOUNT



BEFORE & AFTER SCHOOL PROGRAM

Registration open for Grades K-6.

The Alsip Park District Power Play! Before & After School Program offers recreation activities, homework assistance, arts & crafts and much more! Our program is offered to those children in District 125 & 126 schools.

Our staff looks forward to helping your child create new friendships, build self-esteem, get plenty of physical fitness and most important, have FUN!

REGISTRATION INFORMATION

- In person registration is required at the Apollo Recreation Center.
- Registration deadline is the Monday prior to the following weeks program to avoid late fees.
- A \$15 late fee will be added if you register on Tuesday. No registrations will be added after Tuesday at 5:00PM for the following week.

CONTACT INFO:

Rebecca Perkaus
708-389-1003

rperkaus@alsipparks.org
To learn more, visit us
at www.alsipparks.org



School's Out!

We're In!

Monday, January 17th

Monday, February 21st

Monday, March 7th

Alsip Park District

Apollo Recreation Center, 12521 S. Kostner Ave.

Start Time: 6:45am

End Time: 6:00pm

Min/Max: 5/20

Cost: \$35 per participant each day

Grades: Kindergarten - 8th Grade

A Light Breakfast, Pizza Lunch, and light snack will be included!

Come Join us for a day of FUN activities, games and more!

REGISTRATION DEADLINE IS ONE WEEK PRIOR TO THE PROGRAM DATE

Use Regular Registration Form

Activity Number: 238117D (1/17/22)
238117E (2/21/22)
238117F (3/7/22)



Winter Break Camp

COME SPEND YOUR WINTER BREAK WITH US!
WE WILL HAVE DAYS FULL OF FUN ACTIVITIES,
GAMES, ARTS N' CRAFTS AND MORE!

Age: 5-13 years old

Time: 6:45am-6:00pm

Cost Per Day: R\$35/NR\$45

Min/Max: 6/20

Activity Numbers

243201A (12/22/21)

243201B (12/23/21)

243201C (12/27/21)

243201D (12/28/21)

243201E (12/29/21)

243201F (12/30/21)

243201G (1/3/22)

243201H (1/4/22)

A LIGHT
BREAKFAST, PIZZA
LUNCH AND SMALL
SNACK WILL BE
PROVIDED EACH DAY.

Registration Deadline Monday, December 13

Register online or in person at Apollo Recreation Center

Spring Break Camp

COME SPEND YOUR SPRING BREAK WITH US! WE
WILL HAVE DAYS FULL OF FUN ACTIVITIES, GAMES,
ARTS N' CRAFTS AND MORE!

Age: 5-13 years old

Time: 6:45am-6:00pm

Cost Per Day: R\$35/NR\$45

Min/Max: 6/20

Activity Numbers

338198A (3/28/22)

338198B (3/29/22)

338198C (3/30/22)

338198D (3/31/22)

338198E (4/1/22)

A LIGHT BREAKFAST, PIZZA LUNCH AND SMALL
SNACK WILL BE PROVIDED EACH DAY.

Registration Deadline Monday, March 21st

Register online or in person at Apollo Recreation Center

YOUTH INDOOR SOCCER LEAGUE 1ST – 8TH GRADE

Sign up for this fast paced, exciting indoor version of soccer where sportsmanship, teamwork, and fair play are taught. Each registered participant will receive a game jersey, shorts, socks, end of the season award, and a free \$10.00 picture package. Players will play in grade appropriate divisions. Each team will have one weekly practice; times and locations will be chosen by the team coach. All games will be officiated by a Certified Soccer Referee or an Alsip Park District employee. Each team will play an 8-game schedule. Note: In the event that we do not reach the minimum number of participants to fill a division, divisions may be combines to run the league.

Fee: R\$80/NR\$100

Registration Deadline: January 7th

Practice begins: January 17th

4-5 YEAR OLD: PEE WEE DIVISION

Activity: 274066-A
Day: Saturday
Location: ARC/Big Gym
Time: 9am – 1pm
Dates: January 29th – March 19th

1ST & 2ND GRADE: MIDGET DIVISION

Activity: 274066-B
Day: Saturday
Location: ARC/Big Gym
Time: 9am – 1pm
Dates: January 29th – March 19th

3RD & 4TH GRADE: INTERMEDIATE DIVISION

Activity: 274066-C
Day: Saturday
Location: ARC/Big Gym
Time: 9am – 1pm
Dates: January 29th – March 19th

5TH - 8TH GRADE: INTERMEDIATE DIVISION

Activity: 274066-D
Day: Saturday
Location: ARC/Big Gym
Time: 9am – 1pm
Dates: January 29th – March 19th



COACHING DETAILS

Volunteer coaches are needed. If you would like to be a team coach or team parent contact (708) 389-1003. All team coaches are required to participate and attend any applicable coaches meetings as well as actively assist on draft day (if applicable). Every coach will complete a State of Illinois Criminal Background Check. Any league specific meetings will be at the Apollo Recreation Center, 12521 S. Kostner, Alsip, IL



YOUTH TRAVEL BASKETBALL LEAGUE 1ST – 8TH GRADE

The Alsip Park District is teaming up with surrounding towns to offer Youth Basketball Travel League. This exciting league will encourage sportsmanship, fair play, and teamwork. Participants will learn the fundamentals of the game such as shooting, dribbling, passing, and defense; all while developing team and individual skills. Teams representing Alsip will play home games at the Apollo Recreation Center and away games at Worth Park District, Chicago Ridge, Palos Park, Palos Heights, Hickory Hills, and Blue Island Park District. Players will play in grade appropriate divisions. Each team will have a max of two weekly practices: times and locations to be determined by the volunteer coach. All players will receive a jersey, end of the season award, and a complimentary \$10 picture package with an option to purchase team\individual photos. All home games will be officiated by a licensed I.H.S.A. Official or an Alsip Park District employee. Schedules will be determined by league directors. Game times will be based on gym availability. Games will be held Saturday mornings/afternoons between 9:00am and 2:00pm. Each team will play an 8-games schedule plus 3 playoff games.

Registration is currently open (program originally in Fall 2021 Brochure).

Fee:	R\$80/NR\$100
Registration Deadline:	Sat., December 4th
Practices begin:	Mon., December 13th
Games begin:	Mid January
Day:	Saturday
Location:	Varies
Time:	Varies

1ST & 2ND GRADE DIVISION:

Activity: 174003-A

3RD & 4TH GRADE DIVISION:

Activity: 174003-B

5TH & 6TH GRADE DIVISION:

Activity: 174003-C

7TH & 8TH Grade Division:

Activity: 174003-D

ALSIP PARK DISTRICT GIRL'S 12" SOFTBALL CLINIC (6-10 YEARS)

Batter Up! It's that time of the year. The Alsip Park District's 2022 Girl's 12" Summer Softball Season is right around the corner. Girls between the ages of 6-16 are eligible to register for this clinic. The primary focus is to begin preparing girls for the upcoming season. Girls will learn the basic mechanics of base running, infield and outfield play, and batting. This ten-week clinic will be held at the Apollo Recreation Center. All participants should dress accordingly and provide their own mitt. Spikes and/or dark soled shoes are not allowed on the gym floor.

Activity: 274037-A
 Instructor: Girl's 12" Softball Coaches
 Location: ARC/Big Gym
 Day: Sunday
 Date: January 9th – March 13th
 Times: 10:00am – 12:00pm
 Ages: 6-10 years
 Fee: R\$25/NR\$30
 Min/Max: 10/30
 Registration Deadline: One week before session



ALSIP PARK DISTRICT GIRL'S 12" SOFTBALL CLINIC (11-18 YEARS)

This clinic is similar to the 6-10 year old clinic and will also be conducted by our Girl's Softball Coaches. This clinic is designed to reinforce and continue to develop the batting, base running, and fielding skills previously learned at the lower levels. Sportsmanship and teamwork will also be covered. This ten-week clinic will be held on Sunday afternoons at the Apollo Recreation Center. All participants should dress accordingly and provide their own mitt. Spikes and/or dark soled shoes are not allowed on the gym floor.

Activity: 274036-A
 Instructor: Girl's 12" Softball Coaches
 Location: ARC/Big Gym
 Day: Sunday
 Date: January 9th – March 13th
 Times: 12:00pm – 2:00pm
 Ages: 11-16 years
 Fee: R\$25/NR\$30
 Min/Max: 10/30
 Registration Deadline: One week before session



COACHING DETAILS

Volunteer coaches are needed. If you would like to be a team coach or team parent contact (708) 389-1003. All team coaches are required to participate and attend any applicable coaches meetings as well as actively assist on draft day (if applicable). Every coach will complete a State of Illinois Criminal Background Check. Any league specific meetings will be at the Apollo Recreation Center, 12521 S. Kostner, Alsip, IL

GIRL'S 12" FAST-PITCH SOFTBALL PROGRAM

Sign up for the Alsip Park District's Girls 12" Softball Program. The recreational program is being offered to girls 6-18 years of age. The goal of the program is to develop the fundamental skills for 12" Fast-pitch Softball, as well to prepare girls to continue playing at the high school level. These skills include fielding, hitting, base running, and pitching. The program is also designed to teach sportsmanship and to have fun. The league shall consist of a 14-20 game schedule. Home games will be scheduled at Commissioners Park on Monday and Thursday evenings. Away games will be determined by the Southwest Interleague (SWI) that the program will participate in. Practice times will be during the week, with specific times and locations to be selected by our volunteer coaches. All participants will receive a jersey, pants, socks, and an end of the season award along with a free \$10.00 picture package. Participants must register in their appropriate age division. The cut off date for participants in a division will be January 1st, 2022.

Protective facemasks are highly encouraged to be worn by any player playing the field!



Activity:	274060
Location:	Commissioners Park
Day/Dates:	Weeknights, April-June
Game Times:	Varies
Fee:	R\$90/NR\$110
Min/Max:	12/60 per Division

SESSION	DIVISION	AGE
A	Under-8	6 - 8 years
B	Under-10	9 & 10 years
C	Under-12	11 & 12 years
D	Under-14	13 & 14 years
E	Under-16	15 & 16 years
F	Under-18	17 & 18 years



We're sorry but in order to preserve the sanctity of the blind draft system when developing teams, we will be unable to honor specific requests for children to play with certain participants or coaches. This action can only be honored for immediate siblings (no cousins) or for those coaching their son or daughter. Also, specific requests for group coaching must be made aware to the park district and will be honored only on a case by case basis.

JUNIOR SOCCER

The Alsip Park District is working with All Star Sports to offer Youth Athletic Programming. Taught the All Star way, this program will keep everyone active and engaged both mentally and physically! Our lesson plan is designed to teach the game by hiding drills in fun games and using association techniques that get down to the players' level. Soccer is a game that is action packed so there will be no sitting and waiting. Engaging players at all times, we will cover simple foot skills, dribbling, passing, and shooting, basic rules, and even work on spreading the field. This class will not only keep the players active but will be a great base to prepare them for the next level of play. All our programs will focus on teamwork and sportsmanship. *Equipment: please bring a water bottle, shin guards, and soccer ball (recommended size 4)*

Activity: 274292
Day: Wednesday
Fee: R\$54/NR\$60
Location: Apollo Recreation Center
Min/Max: 6/8
Registration Deadline: January 8

Session	Dates	Times	Age
A	Jan 12 - Feb 9	4:00pm - 4:45pm	3-4 years old
B	Jan 12 - Feb 9	4:45pm - 5:45pm	4-6 years old
C	Feb 23 - Mar 23	4:00pm - 4:45pm	3-4 years old
D	Feb 23 - Mar 23	4:45pm - 5:45pm	4-6 years old



JUNIOR BASKETBALL SKILLS

The Alsip Park District is working with All Star Sports to offer Youth Athletic Programming. Our instructional program is designed to teach the game of basketball at a basic level while making sure the players stay active and engaged the entire class! Fun basketball-like games will be played to teach the importance of each skill learned. Our foundation technique focuses in basic mechanics to build confidence then adding larger challenges as we progress. We will work on dribbling with each hand, passing and age appropriate shooting technique, and understanding basic offense and defense. All our programs are based on learning teamwork and sportsmanship. *Equipment: Please bring a water bottle and a basketball*

Activity: 274291
Day: Tuesdays
Fee: R\$54/NR\$60
Location: Apollo Recreation Center
Min/Max: 6/8
Registration Deadline: January 8

Session	Dates	Times	Age
A	Jan 12 - Feb 9	6:00pm - 6:45pm	3-4 years old
B	Jan 12 - Feb 9	6:45pm - 7:45pm	4-6 years old
C	Feb 23 - Mar 23	6:00pm - 6:45pm	3-4 years old
D	Feb 23 - Mar 23	6:45pm - 7:45pm	4-6 years old

Illinois Shotokan Karate – Pre-Karate

Illinois Shotokan Karate Club is Chicagoland's premier karate school taught under the instruction of John DiPasquale, a four-time National Champion, US National Coach, and President of the US National Karate Federation. In our Pre-Karate Safety classes, young children develop flexibility, strength, and coordination in fun, yet disciplined activities. This program is specifically designed for growing minds and bodies to enhance memory and agility. Watch your child's confidence blossom and their skills improve.

- Uniforms and Belt-Testing are options available through the ISKC instructor.
- Please note that the Youth, Parent/Child, and Adult classes may train together.
- Beginner students will not be permitted to register into the current session after the second class has met.
- Registration for continuers through advanced students will be accepted after the start date, but the full class fee is required.
- Please visit WWW.ISKC.COM for more information or call us at (847) 359-0666.

Activity: 238257
Instructor: Illinois Shotokan Karate Club Staff
Location: Apollo Recreation Center: Small Gym
Day/Dates: Friday, January 7– March 25
Fee: R\$141/NR\$151
Min/Max: 4/12
Registration Deadline: One week before session

Session	Time	Age	Level
A	4:30pm - 5:15pm	4-7	Beginner (No prior experience)
B	5:20pm - 6:05pm	4-7	Continuer (White w/stripes & Up)



Illinois Shotokan Karate – Youth

Illinois Shotokan Karate Club is Chicagoland's premier karate school taught under the instruction of John DiPasquale, a four-time National Champion, US National Coach, and President of the US National Karate Federation. ISKC's Youth karate classes will put children with their bodies and offer a good mix of strength training, with cardiovascular and flexibility exercises. They also benefit from the mental stimulation of learning the choreographed moves of the kata and the discipline of conforming to the class rules.

- Uniforms and Belt-Testing are options available through the ISKC instructor.
- Please note that the Youth, Parent/Child, and Adult classes may train together.
- Beginner students will not be permitted to register into the current session after the second class has met.
- Registration for continuers through advanced students will be accepted after the start date, but the full class fee is required.
- Please visit WWW.ISKC.COM for more information or call us at (847) 359-0666.

Activity: 238257
Instructor: Illinois Shotokan Karate Club Staff
Location: Apollo Recreation Center: Small Gym
Day/Dates: Friday, January 7 – March 25
Fee: R\$141/NR\$151
Min/Max: 4/15
Registration Deadline: One week before session

Session	Time	Age	Level
C	6:15pm - 7:10pm	8-14	Beginner/Continuer (White-Red Belts)
D	7:15pm - 8:10pm	8-14	Inter/Advanced (Orange Belts & Up)



ILLINOIS SHOTOKAN KARATE – ADULT AND PARENT/CHILD

Illinois Shotokan Karate Club is Chicagoland's premier karate school taught under the instruction of John Di-Pasquale, a four-time National Champion, US National Coach and President of the US National Karate Federation. Our Adult classes release tension, develop total body fitness, and build stamina and overall productivity! In addition to self-defense skills, karate increases flexibility, cardiovascular endurance, and muscle tone, while improving core strength. Parent/Child classes are a great way to spend some quality time with your child, while conditioning muscles, developing coordination, and improving cardiovascular fitness.

- Uniforms and Belt-Testing are options available through the ISKC instructor.
- Please note that the Youth, Parent/Child and Adult classes may train together.
- Beginner students will not be permitted to register into the current session after the second class has met.
- Registration for continuers through advanced students will be accepted after the start date, but the full class fee is required.
- Please visit WWW.ISKC.COM for more information or call us at (847) 359-0666.

Activity: 238257

Instructor: Illinois Shotokan Karate Club Staff

Location: Apollo Recreation Center: Small Gym

Day/Dates: Friday, January 7 – March 25

Fee: R\$141/NR\$151

Min/Max: 4/15

Registration Deadline: One week before session

Session	Time	Age	Category	Level
E	6:15pm - 7:10pm	7 & Up	Parent/Child	Beginner/Continuer (White-Red Belts)
F	7:15pm - 8:10pm	7 & Up	Parent/Child	Inter/Advanced (Orange Belts & Up)
G	6:15pm – 7:10pm	15 & Up	Adult	Beginner/Continuer (White-Red Belts)
H	7:15pm – 8:10pm	15 & Up	Adult	Inter/Advanced (Orange Belts & Up)

PLEASE NOTE: FEE IS PER PARTICIPANT.





SOUTHWEST ICE ARENA SKATE PROGRAMS

The Southwest Ice Arena will be holding skate classes in January 2022 through May 2022. Learn basic skating or expand your skills to an advanced level. The Snow Plow 1 (Tot) classes consists of 30 minutes of instruction per week while all other classes consist of 45 minutes of instruction plus 15 minutes of practice time. Helmets are not required: if not wearing a helmet, a thick hat is recommended along with a warm pair of gloves. Dressing in layers is preferred over bulky winter coat/snowsuit. Skate rentals are available for \$3 per use.

Instructor/Location: Southwest Ice Arena
5505 127th Street, Crestwood, IL 60418 (708) 371-1344
Activity: 205221

Session	Class	Age	Day	Date	Time	Fee
A	Snowplow 1 (Tot)	3-5	Saturday	Jan 8 - Feb 26	11:30 - 12:00pm	\$131
B	Basic 1	6-12	Saturday	Jan 8 - Feb 26	12:00 - 1:00pm	\$139
C	Snowplow 1 (Tot)	3-5	Wednesday	Jan 12 - Mar 2	4:30 - 5:00pm	\$131
D	Basic 1	6-12	Wednesday	Jan 12 - Mar 2	5:00 - 6:00pm	\$139
E	Teen/Adult	13+	Wednesday	Jan 12 - Mar 2	8:00 - 9:00pm	\$139
F	Snowplow 1 (Tot)	3-5	Saturday	Mar. 5 - Apr. 23	11:30 - 12:00pm	\$131
G	Basic 1	6-12	Saturday	Mar. 5 - Apr. 23	12:00 - 1:00pm	\$139
H	Snowplow 1 (Tot)	3-5	Wednesday	Mar. 9 - Apr. 27	4:30 - 5:00pm	\$131
I	Basic 1	6-12	Wednesday	Mar. 9 - Apr. 27	5:00 - 6:00pm	\$139
J	Teen/Adult	13+	Wednesday	Mar. 9 - Apr. 27	8:00 - 9:00pm	\$139

NOT SEEING ATHLETIC PROGRAMMING THAT INTERESTS YOU??

If you are not seeing something or are interested in something that isn't being provided, please do not hesitate to contact Athletic Supervisor Charles Somerville at (708) 389-1003 or csomerville@alsipparks.org

FAMILY BOWLING LEAGUE

Did you know the average bowler uses over 134 muscles and competitive bowling promotes the concept of overall fitness and nutrition? The Alsip Park District and Palos Lanes have teamed up to bring you a bowling league for the families. Teams will consist of 2 players: a child: 15 and under and an adult: a parent, guardian, or family member associated with the child. The league will include 4 games per week with the best 3 games recorded. Each team will play an 8-week schedule plus one week for championship. Registration will include shoe rental, pitcher of soda (of your choice) each week, and end of the season awards.

Activity: 274353-A

Location: Palos Lanes Bowling Center
11025 Southwest Highway,
Palos Hills, IL 60465
(708)974-3200

Fee: \$180

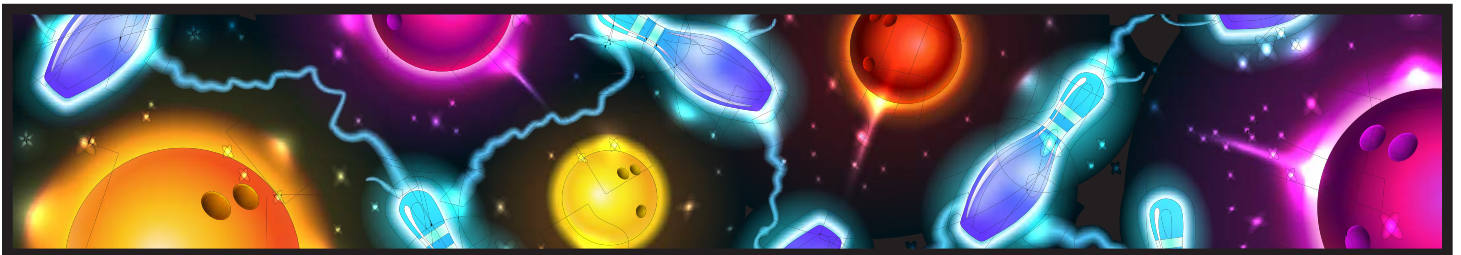
Age: 3 & up

Day: Sunday

Dates: January 16- March 6
(Championship March 13, 2022)

Time: 12:50pm warmup; 1:00pm games

Registration Deadline: January 11th



COMING SOON

ROCKET LEAGUE TOURNAMENT: ESPORT

Test your skills and compete in this
Co-op with South Suburban Parks and Recreation,
Rocket League Tournament!
Gamers will compete in a league or tournament format
depending on number of participants.

Winners will receive end of season prizes. To
participate, players must have the Rocket League game
and a gaming console that supports online play.

EMAIL ATHLETIC SUPERVISOR CHARLES SOMERVILLE FOR MORE INFORMATION.
CSOMERVILLE@ALSIPPARKS.ORG

NEW TRADITIONS RIDING ACADEMY PROGRAM

There are endless benefits associated with horseback riding. The Alsip Park District is working with New Traditions Riding Academy to provide Beginner Horseback Riding Lessons. New Traditions staff will teach riders to ride for pleasure or to show competitively. Riders must wear long pants, heels no higher than 1-1/2 inch, and wear ASTM/SEI Certified Riding Helmet. Helmet rental is \$2.00 per lesson or available for purchase for \$39.95.

Participants will choose from Five 1-hour lessons or Ten 1-hour lessons. Lessons are available on Mondays and Wednesdays at 4:30pm, Saturdays at 2:30pm. Adult Beginner Lessons are available on Sundays at 12:00pm.

Please Note: Lessons are on a floating schedule and subject to change: visit www.ntridingacademy.com/lessons.html for season schedule.

Activity: 274313
Location: New Traditions Riding Academy
10100 S. Kean Avenue, Palos Hills, IL
(708) 598-7718
Age: 7 & Up

Session	Lessons	Fee
A	5/1-hour	\$225
B	10/1-hour	\$400

Lesson Floating Schedule (2021)

Class	Day	Time
Beginner Basics	Mondays	4:30pm
Beginner Basics	Wednesdays	4:30pm
Beginner Basics	Saturdays	2:30pm
Adult Beginner	Sundays	12:00pm





PRE-SCHOOL GYMNASTICS

Our pre-school gymnastics class is designed for children ages 3 to 4. Each 45 minute class will focus on beginner skills for vault, bars, beam, and floor. Gymnasts will also develop body and spatial awareness, as well as confidence while using the springboard, Pre-school and low bar, low and medium balance beam, floor, and various skill shapes. Participants must wear a leotard or shorts and a t-shirt.

KINDER GYMNASTICS

This 45 minute class is designed for boys and girls ages 5 and 6. Participants will gain experience on the springboard, low and medium balance beams, pre-school and low bar, as well as the floor. Gymnasts will also develop body and spatial awareness along with confidence using our many skill shapes and trainers. Participants must wear a leotard or shorts and a t-shirt.

GIRLS GYMNASTICS LEVEL 1

Our one hour gymnastics class is for girls 7 to 12 years of age with little to no gymnastics experience. Each one hour class will focus on skill for vault, bars, beam, and floor. Girls must wear a leotard or shorts and a fitted t-shirt.

GIRLS GYMNASTICS LEVEL 2

Once your daughter has successfully completed Gymnastics Level 1 and has a coach's endorsement, she will be ready for this class. Level 2 is a one hour class designed for 7 to 12 years olds and will provide gymnasts a continuation of skill progression. Gymnasts will continue with all equipment used in the Level 1 Class. Girls who have gymnasts experience may request a skill evaluation to determine if this class is appropriate for their ability level. Girls must wear a leotard or shorts and a t-shirt.

BOYS/GIRLS TUMBLING

This 45 minute class is for boys and girls ages 7 – 12 who would like to learn to tumble. Participants will learn a progression of rolls, cartwheels, handstands, round offs, limber skills, walkovers, and handsprings. Using a variety of practice drills, tumblers will begin with the basics and individually progress through more advanced skills. Participants must wear a leotard or shorts and a fitted t-shirt.

We also offer private tumbling classes for Cheer Teams or groups: please contact gymnastics staff for more information

SHOOTING STARS & ALSIP GYMNASTICS TEAM

Shooting Stars is available to participants building skills to progress to the Alsip Gymnastics Team. Our Gymnastics Teams compete in the Illinois Park District Gymnastic Conference. Any fees related to competition (leotards, warmups, meet fees etc.) are in addition to the Alsip Park District registration fee. For more information, please contact gymnastics staff.

*Please note that gymnasts that are interested in pursuing Team are encouraged to participate in the Shooting Stars program until their skill level has reached Team status (Reminder: ALL TEAMS ARE BY PLACEMENT ONLY). If the Alsip Gymnastics Team program doesn't meet minimum participants, this time will be made available to Shooting Stars/additional supervised practice.

We Love Parents BUT...

Parents are encouraged to attend their child's first day of class. Please do not remain in the gym after you have dropped your child off. This is in the best interest of your child. Interruptions tend to affect the participant's attention span and inhibit the establishment of peer relationships. It's also important to arrive on time so participants can participate in a proper warm up and stretching. Please do not use class time to speak to your child's instructor. Instructors are available before and after class if you wish to speak with them. Thank you for your cooperation

Gymnastics Program Schedule Winter 2022
All Recreational Classes are 9 weeks in length, unless noted

Program & Activity Number	Ages	Day	Time	Start/End	Fee	Min/Max	No Class
Parent-Tot Gymnastics #274167-A	Crawl - 2 years	Tues	5:00 - 5:30pm	Jan 11 - Mar 8	R\$30 NR\$50	6 cpl/ 12 cpl	
Pre-School Gymnastics #274177-A	3 & 4 years	Tues	5:40 - 6:25pm	Jan 11 - Mar 8	R\$53 NR\$73	5/8	
Pre-School Gymnastics #274177-B	3 & 4 years	Thurs	5:55 - 6:40pm	Jan 13 - Mar 10	R\$53 NR\$73	5/8	
Kinder Gymnastics #274168-A	5 & 6 years	Tues	6:35 - 7:15pm	Jan 11 - Mar 8	R\$53 NR\$73	5/8	
Kinder Gymnastics #274168-B	5 & 6 years	Thurs	6:45 - 7:30pm	Jan 13 - Mar 10	R\$53 NR\$73	5/8	
Girls Gymnastics Level 1 (Beginner) #274185-A	7-12 years	Mon	5:00 - 6:00pm	Jan 10 - Mar 7	R\$68 NR\$88	6/10	
Girls Gymnastics Level 2 - by placement #274186-A	7-12 years	Wed	5:00 - 6:00pm	Jan 12 - Mar 9	R\$68 NR\$88	6/10	
Boys/Girls Tumbling #274246-A	7-12 years	Tues	7:20 - 8:05pm	Jan 11 - Mar 8	R\$53 NR\$73	5/8	
Team 1 day - By placement only <u>With coach approval</u> #274216-A	6 & Up	Select days M or W	6:00 - 8:00pm	Jan 10 - Mar 7	M \$81 W \$81	3/12	
Team 2 day - By placement only <u>With coach approval</u> #274216-B	6 & Up	Both M and W	6:00 - 8:00pm	Jan 10 - Mar 7	\$162	3/12	
Shooting Stars <u>With coach approval</u> #274216-D	6 & Up	Select days M or W	6:00 - 8:00pm	Jan 10 - Mar 7	M \$81 W \$81	3/12	
Shooting Stars <u>With coach approval</u> #274216-E	6 & Up	Both M and W	6:00 - 8:00pm	Jan 10 - Mar 7	\$162	3/12	
IF YOU HAVE A BALANCE, YOUR CHILD WILL NOT BE ABLE TO REGISTER OR PARTICIPATE/COMPETE UNTIL PAID IN FULL							

All Gymnastic Programming is held in the Gymnastics Room at the Apollo Recreation Center. Tot Class participants should wear comfortable clothing, socks, or bare feet. No jeans. Participants in Gymnastics or Tumbling Classes should wear comfortable clothing, leotards (no skirt or tights), and bare feet. Shooting Stars & Team participants **MUST** be in a leotard, hair must be pulled back. Jewelry is NOT permitted! No Jeans or clothing with buckles.



WOMEN'S "SPRING" VOLLEYBALL LEAGUE

Spike your way to fun by participating in our Women's "Spring" Volleyball League. The league is available for Women 18 and older to participate. The league requires a minimum of four and a maximum of twelve teams. All competition is played on Monday evenings at the Apollo Recreation Center, located at 12521 S. Kostner Ave., Alsip. Team rosters are limited to 12 players. Ask us about team referral incentives.

Activity: 374009-A
Day: Monday
Date: beginning March 7th
Times: 6:30pm (warm up/practice),
7:00pm (game)
Location: ARC/Big Gym
Age: Adult
Fee: R\$350/NR\$375
Min/Max: 4/12 teams per division

CO-REC "SPRING" VOLLEYBALL LEAGUE

Adults 18 and older are eligible to participate in our Co-Rec "Spring" Volleyball League. The league will consist of a minimum of four and a maximum of eight teams. All competition is held at the Apollo Recreation Center. Team Rosters are limited to 12 players. Ask us about team referral incentives.

IF INTERESTED, PLEASE E-MAIL ATHLETIC
SUPERVISOR CHARLES SOMERVILLE AT
CSOMERVILLE@ALSIPPARKS.ORG

ADULT MIXED BOWLING LEAGUE

Did you know the average bowler uses over 134 muscles and competitive bowling promotes the concept of overall fitness and nutrition? The Alsip Park District and Palos Lanes have teamed up to bring you a bowling league for Adults. Teams will consist of 4 players: men, women, or mixed. The league will include a 3 games series each week with the best 2 games recorded. Each team will play a 12-week schedule plus one week for championship. Registration will include shoe rental and end of the season championship awards. Team roster will be due two days before first game.

Activity: 274354-A

Location: Palos Lanes Bowling Center
11025 Southwest Highway,
Palos Hills, IL 60465

Fee: \$325

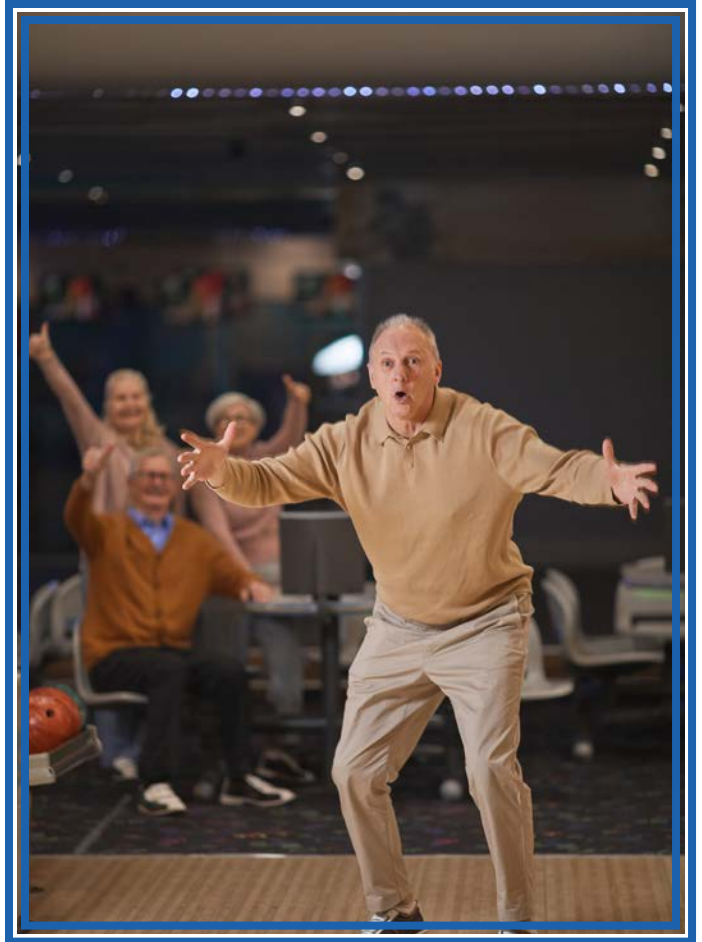
Day: Thursday

Dates: January 13-March 31
(Championship April 7th, 2022)

Time: 6:30pm warmup; 6:45pm games

Age: Adult

Registration Deadline: January 6th



SENIOR BOWLING FRIDAY

Bowling is a great way to get your heart pumping and your arms and legs in motion in a focused, low-impact, challenging manner. Alsip Park District and Palos Lanes Bowling Center are offering a great drop in, weekly bowling morning/afternoon. Join us every Friday, starting January 14th, at Palos Lanes for a fun and sociable engaging activity. Fee includes shoe rental and three games. Complementary coffee will also be provided.

Activity: 274355-A

Location: Palos Lanes Bowling Center
11025 Southwest Highway
Palos Hills, IL 60465

Fee: \$10

Day: Friday

Dates: Beginning January 14

Time: 10:00am – 12:00pm

Age: Senior

Registration Deadline: No deadline: pay per visit



PALMISTRY WORKSHOP

The goal of this workshop is to bring a deeper understanding of the basics of palmistry. By the end of the workshop students should have the ability to,

1. Understand the elements associated with the shape of the palm.
2. Which palm governs the innate gifts that we are born with and which shows how we have grown since.
3. Identify the positions of the head, heart and lifelines and interpret the meanings behind them.
4. The planets that associate with each finger, and how that translate into day to day life.
5. Identify stress lines on each finger, how long the stress lines take to appear and what to do to alleviate the stress in correlation with the ruling planet of each finger.
6. How fingernails play a role in overall health.
7. Identify the patterns on the palm and what each pattern means.
8. Identify the mounts and plains of the palm in relation to major events.
9. The power of intuition and learning to trust in yourself when practicing palmistry on others.
10. Rules, regulations and ethics to follow while practicing the art of palmistry.

Activity: 253416-A
Location: Aerobic Room
Instructor: Rita Langner
Day/Date: Sunday/January 30
Time: 11:00 am-1:00 pm
Age: 16-Adult
Fee: R\$20/NR\$30
Min/Max: 4/10
Registration Deadline: January 27

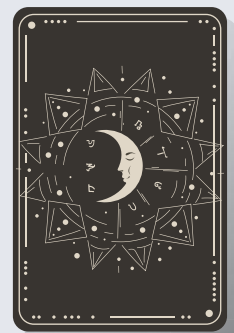
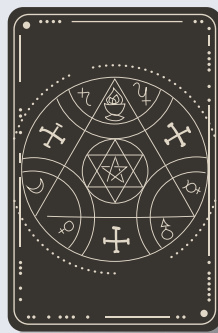


TAROT WORKSHOP

By the end of the workshop students should have a greater understanding of:

1. How to choose a deck that resonates with them.
2. The Major Arcana.
3. The supporting role of the Minor Arcana.
4. The most common spreads and how to interpret them.
5. The one card draw for daily inspiration.
6. Learning to trust their intuition when giving readings.
7. How to practice the art of tarot safely and responsibly.

Activity: 253415-A
Instructor: Rita Langner
Location: Multi-purpose II
Day/Date: Sunday/February 13
Time: 11:00 am-1:00 pm
Age: 16-Adult
Fee: R\$20/NR\$30
Min/Max: 4/10
Registration Deadline: February 10



BASIC ASTROLOGY

Basic Astrology is a comprehensive course that will give you the tools needed for a deeper understanding of yourself and others. This course is developed to add new elements every week, ending with the creation of your own chart.

Week 1

Your Sun Sign-How you shine.

Week 2

Your Moon Sign-Your deepest thoughts, fears and wishes.

Week 3

Your Sun and Moon Blend-How the planets work together to give you a better sense of self.

Week 4

Your Ascendant-The starting point of your chart and how others perceive you.

Week 5

Your Personal Planets, Mercury-thought process, Mars-your energy and how you use it, Venus-what you find beautiful, how you love and Saturn-your responsibilities and how you own it.

Week 6

Your Outer Planets-known as generational planets, learning what motivates your generation to make changes in our communities and society as a whole.

Week 7

The Houses- Learning what each house means, where your planets are placed, how they interact with each other.

Week 8

Putting Your Chart Together- Combining your energies to create your own personal astrological blueprint.

Activity: 253411-A

Instructor: Rita Langner

Location: Multi-purpose I

Day/Dates: Monday, December 6-January 24

Time: 6:30-7:30 pm

Fee: R\$50/NR\$60

Age: 16-Adult

Min/Max: 5/10

Registration Deadline: December 3



ASTROLOGY 2

A continuation of basic astrology, adding on to the knowledge already presented. We will be working primarily on transits and progressions in our own charts, gaining more insight on how are charts work and what energies are current or will be coming soon, and how to deal with them.

Activity: 253412-A

Instructor: Rita Langner

Location: Multi-purpose I

Day/Dates: Monday, January 31-March 14

Time: 6:00-7:00 pm

Fee: R\$50/NR\$60

Age: 16-Adult

Min/Max: 5/10

Registration Deadline: January 28



The registration deadline is one week prior to the start of each class unless otherwise noted.

INTRO TO RUNES WORKSHOP

Students will learn the 24 symbols that make up the ancient Germanic alphabet.

How to delineate the meanings of the symbols in readings.

How the Runes can be used in conjunction with tarot card readings.

What spreads to use.

How to read ethically by applying the same rules as HIPPA.

Activity: 253343-A
Instructor: Rita Langner
Location: Multi-purpose II
Day/Date: Sunday, December 12
Time: 11:00 am-1:00 pm
Age: 16-Adult
Fee: R\$25/NR\$30
Min/Max: 3/10

HAVE A SUGGESTION?

LET US KNOW WHAT YOU WOULD LIKE TO SEE OFFERED AT THE ALSIP PARK DISTRICT!
EMAIL US AT MAINOFFICE@ALSIPPARKS.ORG



RUNES WORKSHOP PART 2

This workshop is a continuation of intro to Runes.

Delving deeper into the mythos of the sacred alphabet, for more meaningful readings.

How to create bind Runes by combining these symbols to propagate, love, protection, courage, wealth, and happiness.

Activity: 253345-A
Instructor: Rita Langner
Location: Multi-purpose II
Day/Date: Sunday, January 9
Time: 11:00 am-1:00 pm
Age: 16-Adult
Fee: R\$25/NR\$30
Min/Max: 3/10
Registration Deadline: January 6





PIANO LESSONS

Mozart, Bach and Beethoven move over!! Have you ever wanted to learn piano in a fun and relaxing way? Then come on over! You will learn the basics of note reading and musical theory. Musical pieces will progress with the student's abilities. All first-time students must purchase the John W. Schaum book Making Music Method-Middle-c Approach: Primer Level Early Elementary Level coming to class. Your time and day of the lesson will be arranged after you register, you choose the most convenient time! Lessons are private and 30 minutes in length for four-week sessions. Piano is a great hobby that lasts a lifetime.

Activity: 248305
 Location: Multi 1
 Instructor: Marjorie Kuiper
 Day: Instructor arranged
 Time: 30-minute sessions
 Age: 7 - Adult

Session	Dates	Fee
A	Jan 17 - Feb 7	R\$100/NR\$110
B	Feb 21 - Mar 14	R\$100/NR\$110

SPANISH FOR ADULTS- THE SPANISH ACQUISITION

Have you always wanted to learn a foreign language, but never had the opportunity? Are you planning a vacation to a Spanish-speaking country? Do you work with Spanish speaking students or clients? In this relaxed, small-class environment you will learn Spanish conversation, grammar, and phonetics which you can immediately begin using. This class will be tailored to fit the needs of the students enrolled.

No class on Feb 21 (session A) and Mar. 21 (session B)

Activity #: 253463
 Instructor: Language in Action
 Location: Oakview Center, 4625 W. 110th St., Oak Lawn
 Age: Adult
 Min./Max.: 6/15

Session	Day	Dates	Time	Fee
A	Monday	Jan. 24 – Feb. 24	10:00-11:00AM	R\$65/NR\$75
B	Monday	Mar 7 – Apr 11	10:00-11:00AM	R\$65/NR\$75

The registration deadline is one week prior to the start of each class unless otherwise noted.

SENIOR BOWLING FRIDAY

Bowling is a great way to get your heart pumping and your arms and legs in motion in a focused, low-impact, challenging manner. Alsip Park District and Palos Lanes Bowling Center are offering a great drop in, weekly bowling morning/afternoon. Join us every Friday, starting January 14th, at Palos Lanes for a fun and sociable engaging activity. Fee includes shoe rental and three games. Complementary coffee will also be provided.

Activity: 274355-A
Location: Palos Lanes Bowling Center
11025 Southwest Highway, Palos Hills, IL 60465
Fee: \$10
Day: Friday
Dates: Beginning January 14
Time: 10:00am – 12:00pm
Age: Senior
Registration Deadline: No deadline: pay per visit



ADULT MIXED BOWLING LEAGUE

Did you know the average bowler uses over 134 muscles and competitive bowling promotes the concept of overall fitness and nutrition? The Alsip Park District and Palos Lanes have teamed up to bring you a bowling league for Adults. Teams will consist of 4 players: men, women, or mixed. The league will include a 3 games series each week with the best 2 games recorded. Each team will play a 12-week schedule plus one week for championship. Registration will include shoe rental and end of the season championship awards. Team roster will be due two days before first game.

Activity: 274354-A
Location: Palos Lanes Bowling Center
11025 Southwest Highway,
Palos Hills, IL 60465
Fee: \$325
Day: Thursday
Dates: January 13-March 31
(Championship April 7th, 2022)
Time: 6:30pm warmup; 6:45pm games
Age: Adult
Registration Deadline: One week before start



ILLINOIS SHOTOKAN KARATE – ADULT AND PARENT/CHILD

Illinois Shotokan Karate Club is Chicagoland's premier karate school taught under the instruction of John Di-Pasquale, a four-time National Champion, US National Coach and President of the US National Karate Federation. Our Adult classes release tension, develop total body fitness, and build stamina and overall productivity! In addition to self-defense skills, karate increases flexibility, cardiovascular endurance, and muscle tone, while improving core strength. Parent/Child classes are a great way to spend some quality time with your child, while conditioning muscles, developing coordination, and improving cardiovascular fitness.

- Uniforms and Belt-Testing are options available through the ISKC instructor.
- Please note that the Youth, Parent/Child and Adult classes may train together.
- Beginner students will not be permitted to register into the current session after the second class has met.
- Registration for continuers through advanced students will be accepted after the start date, but the full class fee is required.
- Please visit WWW.ISKC.COM for more information or call us at (847) 359-0666.

Activity: 238257

Instructor: Illinois Shotokan Karate Club Staff

Location: Apollo Recreation Center: Small Gym

Day/Dates: Friday, January 7 – March 25

Fee: R\$141/NR\$151

Min/Max: 4/15

Registration Deadline: One week before session

Session	Time	Age	Category	Level
E	6:15 - 7:10pm	7 & Up	Parent/Child	Beginner/Continuer (White-Red Belts)
F	7:15 - 8:10pm	7 & Up	Parent/Child	Inter/Advanced (Orange Belts & Up)
G	6:15 – 7:10pm	15 & Up	Adult	Beginner/Continuer (White-Red Belts)
H	7:15 – 8:10pm	15 & Up	Adult	Inter/Advanced (Orange Belts & Up)

PLEASE NOTE: FEE IS PER PARTICIPANT.

The registration deadline is one week prior to the start of each class unless otherwise noted.

2022 WINTER RATES

(Effective December 1, 2021 - February 28, 2022)

	Weekday (Includes Monday-Friday)	Weekend/Holiday
Regular (after 7:30 am)	\$9	\$11
Senior/Junior	\$7	\$9
Replay	\$5	\$7

GOLF LEAGUES

OUTSIDE GROUPS
WEEKDAYS \$14

Pace of Play

It should be a goal of all players to complete their round in 2:15. The Club's course Player Assistant will work with all guests to ensure that an acceptable pace of play is maintained to maximize everyone's enjoyment of their round. It is the responsibility of each group to keep pace with the group ahead. If a group falls out of position and is in danger of not completing their round within the allocated time of 2:15, then our course Player Assistant will assist them in getting back into position, which may require them to skip a shot or hole to do so.



ALSO AWARDED IN

2019
2017
2016
2014

RANGE BALLS

Warm-Up (20 balls) \$ 3.00
Small (35 balls) \$ 5.00
Medium (70 balls) \$ 8.00
Large (100 balls) \$ 11.00

RENTAL GOLF CARTS & PUSH CARTS

Nine Hole (per person) \$9.00
Single Rider \$14.00
Replay (per person) \$6.00
Push Carts \$3.00

2022 SPRING RATES

(Effective March 1, 2022 - April 30, 2022)

	Weekday (Includes Monday-Friday)	Weekend/Holiday
Regular (after 7:30 am)	\$16	\$18
Senior	\$13	\$15
Mid-Day (after 12:00 pm)	\$13	\$15
Senior	\$11	\$13
Replay	\$6	\$8
Junior	\$7	\$9
Twilight (after 4:00 pm)	\$7	\$9

RESIDENTS: Receive A \$3 Discount On Regular & Mid-Day Pricing(Must Present Proof Of Residency At Time Of Check In)

WINTER HOURS OF OPERATION

DECEMBER 1, 2021 - FEBRUARY 28, 2022

CLUBHOUSE	9:00am - 6:00pm
DRIVING RANGE	WEATHER PERMITTING
RESTAURANT	11:00am - 5:00pm
LOUNGE	11:00am - 6:00pm

SPRING HOURS OF OPERATION

MARCH 1, 2022 - APRIL 30, 2022

CLUBHOUSE	7:00am - 8:00pm
DRIVING RANGE	7:00am - Dusk
RESTAURANT	11:00am - 7:00pm
LOUNGE	10:00am - 8:00pm

DRESS CODE

All persons using the Fountain Hills Facilities are required to wear proper attire at all times. NOT PERMITTED:
Swim suits, cut off shorts or cut off sleeveless shirts. clothing must be worn at all times. No one is allowed to go topless.

OUTSIDE FOOD & BEVERAGE

Guests are not allowed to bring in any outside food or beverages on Fountain Hills Golf Club property for consumption. Only food and beverages purchased from The Club may be taken onto the course. Due to the State of Illinois liquor laws, all distribution of alcohol must be controlled by The Club. No personal Coolers are Allowed.

CHRISTMAS POZALO

SAT., DEC. 4TH
SAVE THE DATE



**CHECK OUR WEBSITE
WWW.ALSIPPARKS.ORG
AND FACEBOOK PAGE
OFTEN FOR UP TO DATE
INFORMATION!**

FAMILY ORNAMENT NIGHT

Join us in making some beautiful homemade ornaments to decorate our big evergreen tree out front just in time for our Light Up the Park tree lighting event on Tuesday, November 23rd.

Activity: 183635-A
Location: ARC/Board Room
Day/Date: Monday, November 15
Time: 5:30-7:30pm
Age: All
Fee: Free
Min/Max: 15/50
Registration Deadline: Day of Event

COOKIES WITH MRS. CLAUS

Register for this event and come out for cookie decorating, a craft and special guest Mrs. Claus! She will be on hand for photos and close out the night with a reading of The Night Before Christmas.

Pre-registration is required.

Activity: 193628-A
Day/Date: Wednesday, Dec. 22
Time: 6:00pm - 7:30pm
Location: ARC/Board Room
Age: 2 & up with parent
Fee: R\$5/NR\$10
Min/Max.: 12/26



SANTA CALLING

Would your child love a call from Santa Claus? Well then, stop by the main office at the Apollo Recreation Center and fill out a Santa Calling form. List specifics so event the biggest skeptic or non-believer will be impressed! Calls will be made December 13th-15th.

LIGHT UP THE PARK

Join us at the Alsip Park District as we get the Christmas season of to a great start with our Light up the Park Tree Lighting event. Cookies and hot cocoa will be enjoyed.

Location: Apollo Recreation Center
Day/Date: Tuesday, November 23
Time: 6:30pm
Age: All
Fee: Free



CANDY CANE HUNT

Register your little ones for our annual Candy Cane Hunt! All registered will run around trying to find as many candy canes as they can. Specially marked prize candy canes are all over the place. Prizes, lights, carols, and snacks will be on hand far all to enjoy!

Pre-registration is required.

Activity: 183627-A
Location: ARC/playground
Day/Date: Tuesday, December 14
Time: 6:30pm
Age: All
Fee: R\$3/NR\$5

LETTERS TO SANTA

The Apollo Recreation Center is one of the few places in the world that houses Santa's Magic Mailbox. If your child would like to receive a letter from Santa, have them write him one and drop it in the mailbox in the lobby of the Apollo Recreation Center December 1 - December 15th. Please make sure your return address is included. Address your letter to

**SANTA'S WORKSHOP
9 REINDEER WAY
NORTH POLE**

Are you too high-tech for snail mail?
Email Santa at **SANTA@ALSIPPARKS.ORG**

WINTER BINGO BASH

Chase away that cabin fever with some indoor fun. We will play 15 games of bingo for a variety of gift cards and prizes. Pizza and soda will also be enjoyed.

Price includes, 15 games of bingo, pizza and soda.

Activity: 243607-A
Day/Date: Saturday, February 6
Time: 10:00 am - 12:00pm
Location: ARC/Big Gym
Age: All
Fee: R\$12/NR\$17
Min/Max.: 25/100

2ND ANNUAL CARDBOARD SNOWHILL REGATTA

Use nothing but cardboard and duct tape to construct your sled and compete for prizes. There will be a winner in the following age groups. 4 & under, 5-10, 11-15 & 16+. Staff will also vote for the Most creative sled overall. Pre-registration is required. Register at www.alsipparks.org.

Activity: 243605-A
Day/Date: Saturday, January 15
Time: 10:00 am - 11:00am
Location: Commissioners Par Snowhill
12600 South Kedzie
Age: All
Fee: Free
Min/Max.: 10/100

EASTER EGG HUNT

Grab your Easter basket and hurry to the Alsip Park District's annual Eggstravaganza Egg Hunt where we will hurry and scurry and hunt for all the eggs the Easter Bunny has left us. The hunt is for children 11 and under and will be split into appropriate age divisions. Parents may help their children in the parent-assisted hunt only. Join us for refreshments, raffle and a visit from the Easter Bunny after the hunt. Don't forget your basket and your camera

Day/Date: Saturday, March 27
Time: 9:00am SHARP
Location: Commissioners Park
12600 S. Kedzie Ave.
Fee: Free to Alsip Residents
Min/Max.: 25/150

PARENT/CHILD SNOWBALL

Bring your little sweetie for a nice winter night out. We will enjoy buffet, d.j., dancing, a craft, photo opp, raffle, snow cone dessert and more! Dress up or wear a costume. There will be an award for the best dressed couple. Price is per person and both parent & child need to register. Additional children can be added.

Activity: 283652-A
Day/Date: Saturday, February 20
Time: 6:00pm - 8:00pm
Location: ARC/Big Gym
Fee: R\$15/NR\$25 per person
Additional child R\$10/NR\$15
Min/Max.: 25/75 couples

MAD MARCH INDOOR CIRCUS

This new event is sure to shake them winter blues away. We will have entertainment, games, prizes, contests, special guests, refreshments, inflatables, raffle and more! Continue to check our website at www.alsipparks.org and our Facebook page for more details.

Activity: 243606-A
Day/Date: Saturday, March 13
Time: 5:00pm - 8:00pm
Location: ARC/Big Gym
Fee: R\$7/NR\$11
Min/Max.: 25/150

BREAKFAST WITH THE BUNNY

Join us for some world-class breakfast foods in the comforts of the Apollo Recreation Center. We will enjoy a breakfast buffet, games, easter craft and bunny photos. This event is sure to become a family tradition for years to come.

Activity: 243758-A
Day/Date: Saturday, March 27
Time: 9:30am - 11:00am
Location: ARC/Big Gym
Fee: R\$9/NR\$14
Min/Max.: 25/150

LUNCH BUNCH

Join us as we try out new restaurants and meet new friends! The driving is left to us so, don't worry about driving, parking or having that glass of wine you so deserve. Price includes, transportation, fuel and chaperone. Lunch & gratuity is on your own.

Day: Friday
Time: 11:00am - 2:00pm
Location: ARC/Foyer
Fee: R\$12/NR\$14
Min/Max.: 7/13

BAVARIAN HOF

German food sticks to your bones. Especially on a cold winters' day. Join us at Schaumburg's oldest german restaurant. You don't need a passport for an authentic German feast! Get Das Boot over here!

Activity: 283765-A
Date: February 19

TRAILS EDGE

This is a place for food and drink alike. We are certain you will love it so much you will suggest we return to this place in the future. Their menu will delightfully surprise you!

Activity: 283765-B
Date: January 22

SAWA'S WARSAW INN

Sawa's Old Warsaw has been serving the best Polish~American cuisine for over 40 years in the Chicagoland Area! Their quality cooks prepare the hearty, homemade meals each day that are made from scratch and seasoned to perfection.

Activity: 283765-C
Date: March 26

WWW.ALSIPPARKS.ORG

BLUE CHIP CASINO

Let's go make some money! Maybe just go have fun as the excitement builds as the pots get bigger! Price includes transportation only. Bring money for betting and lunch if you wish!

Day/Date: Friday, March 19
Time: 9:00am - 2:00pm
Location: ARC/Foyer
Fee: R\$22/NR\$28
Min/Max.: 7/13

DO YOU HAVE AN IDEA FOR AN UPCOMING TRIP?

DO YOU KNOW OF SOME
EVENT, HOLIDAY FESTIVAL
OR PROGRAM THE
COMMUNITY MIGHT BE
INTERESTED IN ATTENDING?

IF SO, PLEASE SHARE
YOUR IDEAS WITH US.

STAFF MAY BE ABLE TO
PROMOTE & BOOK THE
EVENT EVEN IF IT IS NOT IN
THE BROCHURE RATHER
QUICKLY.

EMAIL
DENISE@ALSIPPARKS.ORG
OR CALL
708.389.1003 EXT. 329

GENERAL MEMBERSHIP INFORMATION

1. All Facility Pass registrations take place at the Apollo Recreation Center during regular office hours. Proof of residency is required. One must be a picture I.D. and one current Alsip utility bill. Children should have a school I.D. and must be accompanied by a parent or legal guardian, who must show proper identification.
2. All facility pass members must have a photo I.D., taken at the Apollo Recreation Center.
3. Bring your Facility Pass when registering! Your pass will then be re-validated for the 2022 season.
4. Daily Passes may be purchased with a valid ID for a cost of \$5 per visit for residents and \$10 per visit for non-residents.
5. The fee to replace a Facility Pass is \$20 for adults 18 & over, and \$10 for ages 8-17.
6. You must present a valid Facility Pass or Daily Pass before entering the Gymnasium/Fitness Center/Women's Circuit Center. No exceptions will be made!!!
7. There are no refunds on memberships.

GYMNASIUM FACILITY PASS FEES

Youth Pass	(8 years to 17 years)	R\$30/NR\$60
Adult Pass	(18 years and older)	R\$75/NR\$150
Corporate Rates	(Not to exceed 30 employees)	R\$95 per employee
Daily Fee:		R\$5/NR\$10

Gymnasium Located inside the Apollo Recreation Center is a gymnasium that is left open for you to use for open gym. This facility is open for your use at periodic times during the week when park district activities are not in session. Children under the age of 8 must be accompanied by a valid, card carrying member 16 years and older who must provide supervision for the youth(s) inside the gymnasium.

Basketballs are available for use with a valid facility pass. Gym shoes must be worn at all times. No dark sole running/jogging shoes allowed! No food or drinks allowed in the gymnasium. Hours are subject to change during days of special events or circumstances.

AMERICANS WITH DISABILITIES ACT (ADA)

The Americans with Disabilities Act of 1991 (Public Law 101-306) was adopted by congress for the purpose of eliminating discrimination against individuals with disabilities. The Alsip Park District makes every effort necessary to comply with the Americans with Disabilities Act (ADA). We will not discriminate against qualified individuals with a disability for participation in programs and services. The Alsip Park District invites any individual with special needs to notify our staff upon registration so that we may better serve you. Additional programs for people with disabilities are offered through the Southwest Special Recreation Association (SWSRA). For additional information, please contact SWSRA at 708-389-9423.

PICNIC/SHELTER RENTAL

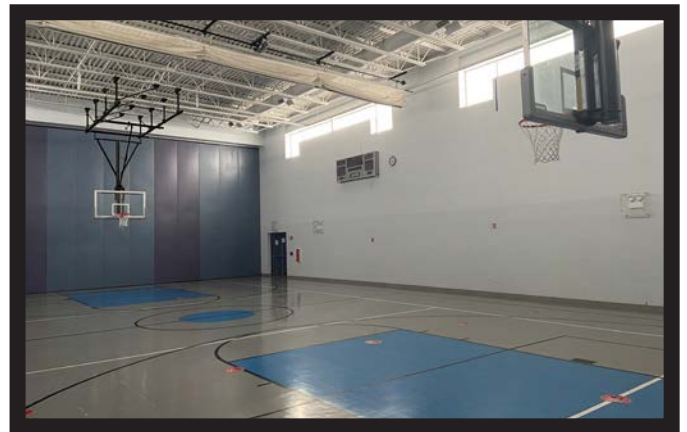
The Alsip Park District is eager to inform you that several of our shelters in our parks throughout the community are for rent. Each shelter may only be rented once a weekend, either Saturday or Sunday. No alcoholic beverages, animals, open fires (except in permanent park district grills), DJ's or glass containers are allowed and renter is responsible for all guests, liabilities and damages. Renter and guest must clean and vacate the premise by dusk, failure to do so will result in forfeit of their deposit. Renters must include set up and take down time in the time on the contract. Note: For cancellations the Alsip Park District must be notified 2 weeks prior to the rental or a forfeit of the renter's deposit will occur. Rental on Saturday and Sunday Only between June and Oct.

- Apollo Park (50 person capacity)
- Barnes Park (25 person capacity)
- Laramie Park (25 person capacity)
- Sears Park (60 person capacity)
- \$100 Cash Deposit Required
- Residents-\$100 per 5 hour rental
- Non-Residents-\$150 per 5 hour rental
- \$25 Cash Fee for Bathrooms (Sears Park Only)

ARC-GYMNASIUM

Rental The small gymnasium, located in the Apollo Recreation Center is for rent on Saturday and Sunday. This gymnasium can be used to play volleyball or basketball; no spectators allowed. A minimum two-hour rental required for gymnasium. All rentals must be completed including clean up with their rental by 8:00 pm. Renters must include set up and take down time in the time on the contract. No alcoholic beverages or D.J.s allowed and renter is responsible for all guests, liabilities and damages. Note: For cancellations the Alsip Park District must be notified two weeks prior to the rental or a forfeit of the renter's deposit will occur. Rental on Saturday and Sunday Only.

- 25 person capacity
- \$50 Cash Deposit Required (minimum of 2 hours)
- Residents-\$50 an hour
- Non-Residents-\$75 an hour



ARC-DANCE ROOM

The Alsip Park District offers a party room for rent in the Apollo Recreation Center. The Dance Room is ideal for a party or family function. This rental includes set-up and take down of tables and chairs. This room is used for all of our special events and has a comfortable feel for your next birthday party, baby or bridal shower or family get together. You will not be disappointed. Renters must include set up and take down time in the time on the contract. No alcoholic beverages or D.J.s allowed and renter is responsible for all guests, liabilities and damages. Note: For cancellations the Alsip Park District must be notified two weeks prior to the rental or a forfeit of the renter's deposit will occur. Rental on Saturday and Sunday Only

- 60 person capacity
- Dimensions 35 x 40 feet
- \$20 for Coffee Service
- \$20 for Marquee Message
- \$1/Bag of Ice (limit 5 bags)
- \$100 Cash Deposit Required
- Fee (minimum of 3 hours)
- Resident-\$35 per hour
- Non-Resident-\$60 per hour.



Register Now

1. **Online Registration** Visit www.alsipparks.org, select registration, select online registration. For first time users of the system, you will have to set-up an account. This can be done by selecting the Create Account Tab. Setting up a new account will only take a few minutes and is only required for the first time you use the system. The online registration system provides many handy features that are designed to make registration easier.

2. **Mail-In** Complete the registration form in the brochure. The form must be filled out completely in order to be processed. Payments may be made by check or credit card. Checks should be made payable to the Alsip Park District. If paying by credit card, include your complete credit card number, card holder name, expiration date and signature. Note: Make sure you sign the waiver on the registration form. Mail to: Alsip Park District 12521 South Kostner Alsip, Illinois 60803 Attn: Registration

3. **Fax** Complete the registration form in the brochure. The form must be filled out completely in order to be processed. All faxed registrations must be paid with a credit card. Be sure to include your complete credit card number, card holder name, expiration date and signature. Note: Make sure you sign the waiver on the registration form. Fax to: 708-389-1529

4. **Drop-Off** Complete the registration form in the brochure and/or complete a registration form at the Apollo Recreation Center. The form must be filled out completely in order to be processed. Place the completed registration form inside the mailbox located outside the front entrance of the Apollo Recreation Center, dropoff box inside located by the main office or drop it off at the Registration Desk during regular business hours. Note: Make sure you sign the waiver on the back of the registration form. Drop-off at: Alsip Park District 12521 South Kostner Alsip, Illinois 60803 Attn: Registration

REGISTRATION PROCESSING BEGINS

Residents: Monday, November 15

Non-Residents: Monday, November 22

Registration Process:

You simply complete a registration form and return it to the Alsip Park District Registration Department and we will mail you a confirmation receipt once your registration has been processed.



Alsip Park District

Family Name _____ Address _____
 City _____ State _____ Zip _____
 Home Phone(____) _____ Work Phone(____) _____ Emergency Phone(____) _____
 Emergency Contact _____ Relationship to Family _____
 Do you have any special needs or require any accommodations? _____

First Name	Gender	Date of Birth	Grade	Activity #	Session #	Program Title	Day/Time	Location	Fee
Total Paid									\$

FAX TO: 708-389-1529
 MAIL TO: Alsip Park District
 12521 S. Kostner
 Alsip, Illinois 60803

Visa _____ Mastercard _____ Discover _____
 Cardholder # _____
 Cardholder Name _____ Exp. Date _____
 Amount Charged _____
 Authorized Signature _____

Are you interested in being a volunteer coach for one of our Youth Sport Programs? Yes ☐ No ☐

For Office Use Only
 Cash _____ Check _____ Charge _____
 Date Rec'd _____ Check # _____

E-Mail Address _____ Participant Shirt Size _____

IMPORTANT INFORMATION

The Alsip Park District is committed to conducting its recreation programs and activities in a safe manner and holds the safety of the participants in high regard. The Park District continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for any program or activity must recognize that there is an inherent risk of injury when choosing to participate in any recreational activity.

You are solely responsible for determining if you or your minor child/ward are physically fit and/or adequately skilled for the activities contemplated by this agreement. Always advisable, especially if the participant is pregnant, disabled in any way or has suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

WARNING OF RISK

Recreational activities are intended to challenge and engage the physical, mental and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury when participating in any recreational activity. All hazards and dangers cannot be foreseen. Depending on the particular activity, certain risks, dangers and injuries may exist due to inclement weather, slips and falls, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction or other officiating, and other risks inherent to the particular activity. In this regard, it is impossible for the Park District to guarantee absolute safety.

WAIVER AND RELEASE OF ALL CLAIMS AND PHOTO/VIDEO AUTHORIZATION

Please read this form carefully and be aware that in signing up and participating in this program/activity, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this program/activity (including transportation services, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in this program/activity, and I voluntarily agree to assume the full risk of any and all claims for injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my minor child/ward) as a result of participating in this program/activity against the Alsip Park District, including its officials, agents, volunteers and employees.

I further authorize and give my consent to the Alsip Park District to photograph/video my child (or me), and without limitation, to use such photographs/videos in connection with promoting the services, programs, and facilities of the Alsip Park District, without consideration of any kind.

I have read and fully understand the above important information, warning of risk, waiver and release of all claims, and photo/video authorization. If registering on-line or via fax, my on-line or facsimile signature shall substitute for and have the same legal effect as an original form signature.

PLEASE PRINT

Participant's Name _____

Participant's Signature _____

(18 years or older or Parent/Guardian)

Date _____



PARTICIPATION WILL BE DENIED

If the signature of adult or/parent/guardian and date are not on this waiver.

WAITING LISTS

Since all our programs have registration limits we cannot guarantee your choice of enrollment in them. The Alsip Park District maintains waiting lists for programs that have reached their maximum registration. Placement on a waiting list is encouraged. Individuals placed on a waiting list will be contacted if any additional program space becomes available.

OOPS! - BROCHURE ERRORS

Though we try our best, due to the large amount of information available in the Alsip Park District Program Guide, errors after publication may occur. We apologize for any inconvenience this may cause, and when errors do occur, our staff will advise you of the changes as quickly as possible. We will also attempt to keep information on our website, www.alsipparks.org as current as possible. Thank you for your patience and understanding.

SPECIAL ACCOMMODATIONS

Special Accommodation Services are provided through the inclusion services of the South West Special Recreation Association (SWSRA). Requests for this service should be made a minimum of 2 weeks before the start date of any program during the registration process.

SAY CHEESE

Our Park District photographers periodically take pictures and/or videos of participants in our classes, during special events and out at our facilities and parks. Please be aware that these photos are for Park District use and may be used in the District's marketing materials. You must give us written permission if you or your family members do not want to be photographed or published.

PAYMENT/PRO-RATING

Participants will not be registered for programs without payment. Program fees will not be pro-rated for late enrollment.

REFUND POLICY

Individuals submitting a request for a refund for a program will be eligible to receive a refund provided the request meets one of the criteria below: Individual must complete a refund application at the Apollo Recreation Center prior to two classes of the program session. No other refunds will be given after two classes of the program session have expired.

For various one day seminars, trips or special events a refund will be given if the following criterion occurs: Individual must complete a refund application at the Apollo Recreation Center one week prior to the seminar, trip or special event.

There is a \$50 non-refundable processing fee for Summer Camp and Preschool. A processing fee of \$3.00 is deducted from all refunds with the exception of programs cancelled by the Alsip Park District.

Individuals enrolled in programs, special events or trips that are cancelled by the Alsip Park District will be given a 100% refund and a processing fee will not be assessed.

RESIDENCY

Residency of the Alsip Park District is defined by financial contributions through property taxes for the operation of the park district. Boundaries of the Alsip Park District and the Village of Alsip are not exactly the same. If you are uncertain whether you qualify as an Alsip Park District resident, please check your current property tax bill. Proof of residency in the form of a picture I.D. and current tax bill or utility bill may be required during program registration. Alsip Park District residents are given first priority for program registration.

PROGRAM LIMITATIONS

Each program at the Alsip Park District has an established minimum and maximum number of possible registrants. These numbers are set to guarantee the highest quality program we can offer. The facility, student/teacher ratio and the nature of the program considered when setting program registration minimums and maximums. Programs that do not meet the minimum number of registrants may be cancelled. Please refer to the Program Cancellation section for additional information. Program instructors are not allowed to accept any registrant beyond the established maximum without authorization by their immediate athletic or recreation supervisor.

CLASS CANCELLATION INFORMATION

Program supervisors begin reviewing class enrollment and cancelling classes that do not meet minimum enrollment approximately ONE WEEK (five business days), prior to the start date. It is extremely important that you try to register for class choices no later than one week before they begin. All participants registered in cancelled programs will be notified by the Alsip Park District staff and will receive a full refund.

PROGRAM CONFIRMATION

A confirmation/receipt will be sent to you in the mail once your registration has been processed. If it states ENROLLED you are enrolled in the program. If it states W-List, you are on the waiting list for the program. You will be notified of waiting lists status changes. We encourage you to place your name on a waiting list. If the program you desire is full, additional sessions will be opened, if possible.

THE ALSIP PARK DISTRICT ACCEPTS

Visa, Mastercard American Express and Discover for credit card payments. Sorry, no telephone registrations. A \$25.00 fee is charged on all NSF checks. All future registrations must be paid by cash, certified check or money order. Payment is due at the time of registration, unless otherwise noted.

PARK WATCH

We need your help in keeping our parks safe, clean and FREE of vandalism. If you find broken equipment or have any other safety concerns about our park sites or facilities, please contact our Main Office at 708-389-1003. If you see vandalism occurring in the parks, please contact the Alsip Police Department by calling 708-385-6902. The park district is committed to providing a safe place for recreational activities. Thank You for your support in our efforts to provide the residents of the Alsip Park District with quality park sites and facilities.

SWSRA

South West Special Recreation Association

WINTER PROGRAM REGISTRATION

Residents: November 29 - December 10
Non-Resident/Coop/Resident: December 6 - December 10

VIRTUAL PROGRAM REGISTRATION

Residents/Non-residents/Coop:
November 29 - December 10

WINTER PROGRAM DATES

January 10 - March 4

WINTER IN-PERSON PROGRAMS:

OASIS (Opportunities for Adults with Disabilities Seeking Inclusive Services)
SWSRA's Adult Day Program

Bowling, Volleyball Skills, Socialites
Reunion and Walking Club

VIRTUAL PROGRAMS:

BINGO, Coffee Talk, Lunch with Friends,
and Show and Tell

WINTER IN-PERSON SPECIAL EVENTS:

January:

15- Day Camp Reunion
29-Parent Night Out

February:

12-Little Explorers
18-Mardi Gras Mambo
26-St. Patty's Day

Recreation Boxes

*Registration Deadline December 30th

Hot cocoa Box

Snow Mason Jar Box

SWSRA STAFF

Nicolette Lahman, NHA
Executive Director

Dawn Kehoe
Business Manager

Marina Uher
Recreation Supervisor

Brittany Izzo
Recreation Supervisor

Paula Marr
PR Marketing & Outreach

Patricia Swiney
Office Clerk

John Bedore
Vehicle & Facilities Coordinator

WWW.SWSRA.COM

708.389.9423

PARKS AND FACILITIES



	VOLLEYBALL COURT	PICNIC AREA	INDOOR FITNESS	PLAYGROUNDS	TOT LOT	BALL DIAMONDS	BASKETBALL AREA	FOOTBALL FIELD	TENNIS COURT	GOLF COURSE	DRIVING RANGE	RESTAURANT	BANQUET FACILITY	SOCCER	WALKING/BIKE PATH	CONCESSION STAND	INFINITY WEB	SKATE PARK	DISC GOLF	PICKLEBALL	FISHING POND	SPLASH PAD
APOLLO RECREATION CENTER 12521 S. KOSTNER AVE.	* 3	✓	✓	✓			* ✓		* 2						✓					* ✓		
SPRAYFARI AQUATIC PARK 11930 S. KOSTNER AVE.		✓			✓											✓						✓
AUSTIN VIEW PARK RT. 83 & AUSTIN AVE.				✓	✓				✓ 2L						✓							
BARNES PARK 117TH & KOLIN AVENUE		✓		✓	✓	✓																
BICYCLE/WALKING PATH 116TH STREET - 127TH STREET															✓							
CREEKSIDE PARK 113TH & LAMON AVE.				✓																		
COMMISSIONERS PARK 12600 KEDZIE AVENUE	✓ 2L	✓		✓	✓	✓ 4L								✓	✓	✓						✓
FOUNTAIN HILLS GOLF CLUB 12601 S. KEDZIE AVE.										✓ 30L 9H		✓										
FREEDOM PARK 131ST & CICERO AVE.		✓		✓	✓										✓							
KETELAAR TOT LOT 124TH & WALTER LANE					✓																	
KIWANIS PARK 122ND & LARAMIE														✓								
LACROSSE TOT LOT ENGLE RD. & LACROSSE					✓		✓															
LARAMIE PARK 120TH & LARAMIE AVE.		✓		✓	✓	✓	✓							✓	✓ F							✓
MARY J. LYNCH SKATE PARK 119TH PLACE & KOSTNER		✓															✓	✓				
POKEY OAKS 123RD & LAVERGNE AVE.					✓																	
PRAIRIE BALL DIAMONDS 11910 S. KOSTNER AVE.						✓									✓					✓ 6H		
PRAIRIE VIEW PARK TERMUNDE DR. & TRIPP AVE.				✓																		
PROGRESS PARK 122ND & SPRINGFIELD				✓																		
RONNETREE PARK 127TH PL. & KENNETH AVE.				✓																		
SEARS PARK 123RD & TRUMBULL AVE.		✓		✓	✓	✓		✓ L						✓ L	✓ F							✓
WILKINS PARK BLOSSOM DRIVE				✓	✓		✓															

* = INDOOR

L = LIGHTED

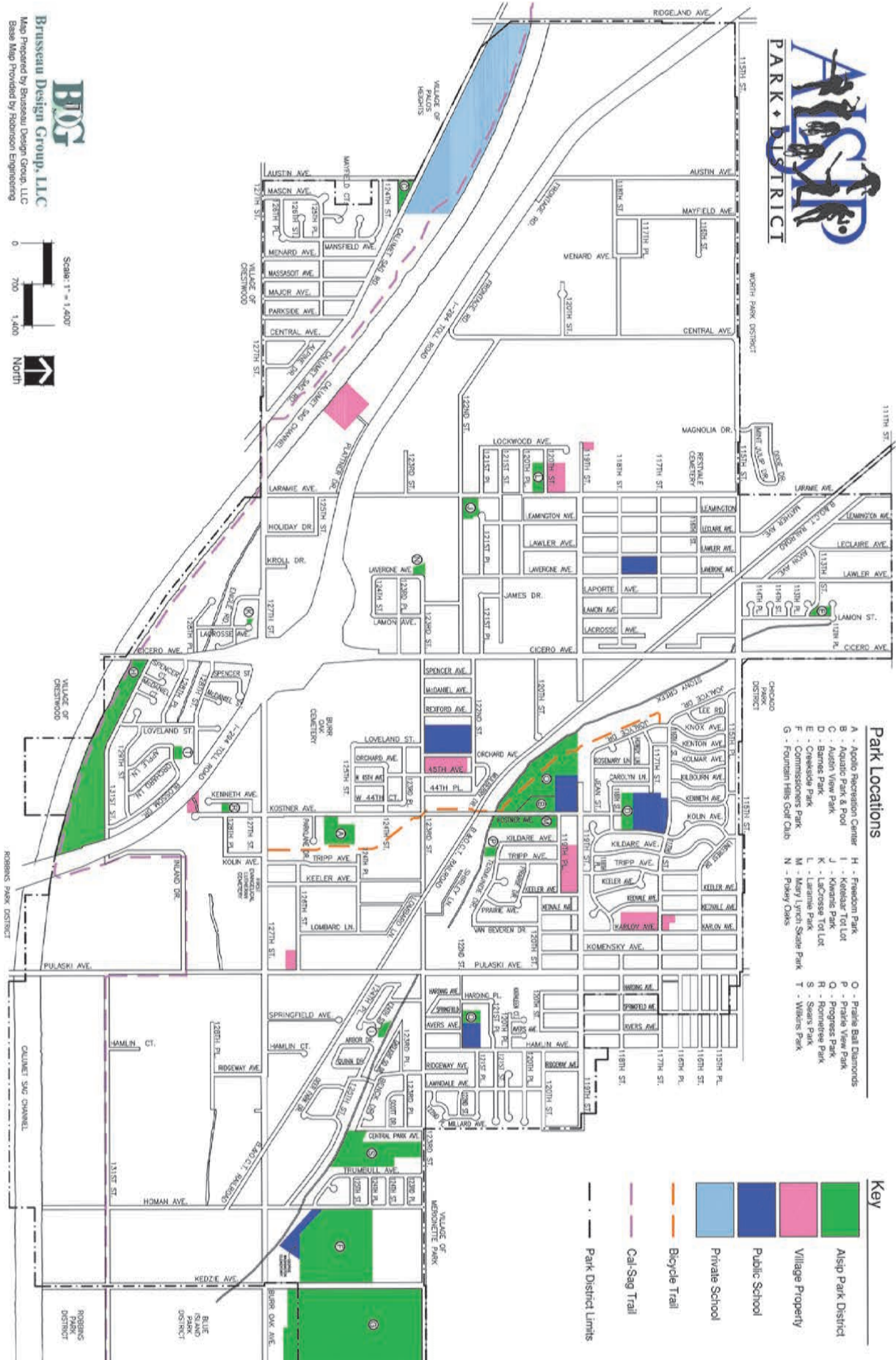
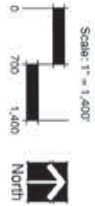
✓ = EQUIPMENT LOCATED AT PARK SITE

F = OUTDOOR FITNESS STATIONS LOCATED AT PARK SITE

H = HOLES



BDG
Brussau Design Group, LLC
Map Prepared by Brussau Design Group, LLC
Base Map Provided by Robinson Engineering



Park Locations

- A - Aquatic Recreation Center
- B - Aquatic Park & Pool
- C - Austin View Park
- D - Barnes Park
- E - Creekside Park
- F - Commissioners Park
- G - Fountain Hills Golf Club
- H - Freedom Park
- I - Katsuba Tot Lot
- J - Kwanza Park
- K - LaCrosse Tot Lot
- L - Laramie Park
- M - Mary Lynch Skate Park
- N - Pkwy Oaks
- O - Prairie Ball Diamonds
- P - Private View Park
- Q - Progress Park
- R - Roseview Park
- S - Sears Park
- T - Wilkens Park

Key

- Alsip Park District
- Village Property
- Public School
- Private School
- Bicycle Trail
- Cal-Sag Trail
- Park District Limits