



SPRING 2021

ALSIP  
PARK  
DISTRICT

RESIDENT REGISTRATION:  
FEBRUARY 22  
NON-RESIDENT  
REGISTRATION: MARCH 1

# WHAT'S HAPPENING AT THE ALSIP PARK DISTRICT

THE ALSIP PARK DISTRICT HAS MANY DEDICATED STAFF THAT ARE HERE TO SERVE THE NEEDS OF OUR RESIDENTS. IN 2020 SEVERAL OF OUR STAFF CELEBRATED A BIG MILESTONE WITH THEIR YEARS OF SERVICE TO THE ALSIP PARK DISTRICT.

## CONGRATULATIONS TO:

### PART TIME/SEASONAL STAFF MEMBERS

EDDIE LEYDEN – 5 YEARS  
ERIC MAUL - 5 YEARS  
JEREMY STEPNEY – 5 YEARS  
PAUL BROWN – 10 YEARS  
BOB HANSEN – 10 YEARS  
KATHI JONES – 20 YEARS

### FULL TIME STAFF MEMBERS:

BRAD BURKE – 1 YEAR  
REBECCA PERKAUS – 1 YEAR  
DAREN MCLAUGHLIN – 35 YEARS

CATHY KRYDYSKI – RETIRED AFTER  
24 YEARS OF SERVICE

### BOARD MEMBERS:

JERRI-LYNN KLEINA – 15 YEARS  
KATHLEEN PERRETTA – 15 YEARS

THANK YOU ALL FOR YOUR HARD WORK AND DEDICATION TO THE RESIDENTS OF ALSIP!



WE WOULD LIKE TO WISH CATHY KRYDYSKI A HAPPY RETIREMENT. CATHY STARTED HER TENURE AT THE ALSIP PARK DISTRICT IN 1996 AS A BOOKKEEPER IN THE BUSINESS OFFICE. IN 2014, CATHY WAS PROMOTED TO BUSINESS MANAGER, WHERE SHE HAS NOW RETIRED.

CATHY HAS BEEN A GREAT ASSET TO THE DISTRICT AND WILL SURELY BE MISSED BY ALL.



ON BEHALF OF THE BOARD AND STAFF,  
WE'D LIKE TO EXTEND A BIG  
THANK YOU FOR 24 YEARS  
OF SERVICE  
TO THE ALSIP PARK DISTRICT.







**WE WOULD LIKE TO WISH LORI CHESNA A HAPPY RETIREMENT. LORI RETIRED AS THE EXECUTIVE DIRECTOR FOR SOUTH WEST SPECIAL RECREATION ASSOCIATION (SWSRA) AFTER 22 YEARS OF SERVICE TO THE ALSIP AND SURROUNDING COMMUNITIES. SWSRA IS A SPECIAL RECREATION COOPERATIVE COMPRISED OF THE FOLLOWING: ALSIP PARK DISTRICT, BLUE ISLAND PARK DISTRICT, HICKORY HILLS PARK DISTRICT, VILLAGE OF MERRIONETTE PARK, MIDLOTHIAN PARK DISTRICT, PALOS HEIGHTS RECREATION DEPARTMENT, POSEN PARK DISTRICT, AND WORTH PARK DISTRICT. SWSRA WAS FORMED IN 1981 TO PROVIDE YEAR-ROUND QUALITY RECREATION PROGRAMS AND SERVICES FOR INDIVIDUALS WITH DISABILITIES OR SPECIAL NEEDS. SWSRA PROGRAMS ARE DESIGNED TO INCREASE INDEPENDENCE AND ENHANCE THE QUALITY OF LIFE FOR EACH INDIVIDUAL. SWSRA'S MAIN OFFICES ARE LOCATED IN THE APOLLO RECREATION CENTER.**

**WE ARE PLEASED TO REPORT THAT LARAMIE PARK HAS REOPENED. THIS RENOVATED PARK SITE WAS POSSIBLE THROUGH THE ASSISTANCE OF AN OPEN SPACE LAND ACQUISITION AND DEVELOPMENT (OSLAD) GRANT THROUGH THE DEPARTMENT OF NATURAL RESOURCES (IDNR). WE WILL COMPLETE SOME FINAL TOUCHES, INCLUDING LANDSCAPING THIS SPRING. THIS PARK SITE HAS SEVERAL NEW AMENITIES FOR OUR RESIDENTS TO ENJOY INCLUDING A NEW PLAYGROUND WITH ZIP LINE, A CONTINUOUS WALKING TRAIL WITH ACCESS TO THE NEIGHBORHOOD, FITNESS STATIONS, A RAIN GARDEN, A NEW SHELTER, A SPLASH PAD AND UPDATED**



**SEATING. WE HOPE YOU WILL ENJOY THESE AMENITIES AS WELL AS OTHERS DURING YOUR VISIT. STAY TUNED FOR A GRAND OPENING CELEBRATION LATER THIS SPRING.**



**WE WOULD LIKE TO WELCOME SUE BRUESCH AS SHE JOINS OUR TEAM AS BUSINESS MANAGER. SUE BEGAN HER TENURE WITH THE ALSIP PARK DISTRICT IN NOVEMBER 2020. SHE STARTED HER CAREER IN PUBLIC ACCOUNTING AND AUDITING AND HAS ADDITIONAL EXPERIENCE AT AGENCIES INCLUDING THE VILLAGE OF ALSIP, LITTLE COMPANY OF MARY HOSPITAL AND REPUBLIC PACKAGING CORPORATION WITH VARIOUS ROLES IN BUSINESS ADMINISTRATION FUNCTIONS. SHE HOLDS A BACHELOR OF SCIENCE DEGREE FROM GOVERNOR'S STATE UNIVERSITY IN BUSINESS ADMINISTRATION WITH AN EMPHASIS IN ACCOUNTING. WE ARE EXCITED TO WELCOME SUE AND LOOK FORWARD TO HER SERVICE AT THE ALSIP PARK DISTRICT.**

**FRIDAY NIGHT FISH FRY'S AT THE BACKNINE AT FOUNTAIN HILLS GOLF CLUB WILL BEGIN, FRIDAY, FEBRUARY 19. CARRY OUT SERVICE WILL BE AVAILABLE. CHECK OUT OUR WEBSITE AT [WWW.ALSIPPARKS.ORG](http://WWW.ALSIPPARKS.ORG) AND FACEBOOK PAGES FOR ADDITIONAL DETAILS OR CALL 708-388-3645.**





# Alsip Park District Board of Commissioners

The Park Board is composed of five non-paid individuals selected by you to serve elected terms. The Board is primarily a policy-making body that reflects the needs and interest of all taxpayers. The Board of Commissioners meets on the fourth Monday of each month at the Apollo Recreation Center, 12521 South Kostner at 6:30 pm. The public is welcome to attend.



Apollo Recreation Center  
12521 S. Kostner Avenue  
Alsip, Illinois 60803  
Tel. 708-389-1003  
Fax 708-389-1529  
Web Address: [www.alsiparks.org](http://www.alsiparks.org)

*Pictured left to right,  
Jerri-Lynn Kleina,  
Joe Schmitt, Kathleen Perretta,  
Jackie Becker and Jairo Gutierrez*

## Registration Office Hours

Monday-Friday	8:30am-5:30pm
Saturday	9:00am-12:00pm
Sunday	Closed

*The Mission of the Alsip Park District  
is to enrich life through quality leisure services at a  
variety of parks facilities, while offering programs  
in the areas of education, social involvement &  
recreation in a clean, safe environment for  
individuals of all ages.*

## OUR STAFF

Jeannette Huber, CPRP  
Greg Hooper, CPRP  
Sue Bruesch  
Daren McLaughlin  
Dale Durnin  
Mike DeChene, CPSI  
Rick Radz  
Jeremy Dryier  
Richard Gottardo  
Danielle Peso Companio  
Leslie Guerrera, A.C.E., CPO  
Brad Burke  
Denise Michalski, CPP  
Rebecca Perkaus  
Donna Smith  
Erica Jagust  
Jackie Nelson

Director of Parks & Recreation  
Superintendent of Recreation  
Business Manager  
Superintendent of Parks  
Park Foreman  
Park Laborer  
Park Laborer  
Park Laborer  
Fountain Hills Golf Club Manager  
Food & Beverage Manager  
Aquatic / Fitness Manager  
Athletic Supervisor  
Recreation Supervisor  
Recreation Supervisor  
Office Manager/Business Clerk  
Office Staff  
Office Staff



# APOLLO RECREATION CENTER

12521 South Kostner Ave.

Alsip, Illinois 60803

(708)389-1003

[www.alsipparks.org](http://www.alsipparks.org)



## Gymnasium Open Gym Hours

(Effective Monday, March 8, 2021)

Monday	9:00 am-9:00 pm
Tuesday	9:00 am-9:00 pm
Wednesday	9:00 am-9:00 pm
Thursday	9:00 am-5:30 pm
Friday	9:00 am-19:00 pm
Saturday	9:00 am-4:00 pm
Sunday	9:00 am-5:00 pm

## Registration Office Hours

Monday -Friday	8:30 am-5:30 pm
Saturday	9:00 am-12:00 pm
Sunday	Closed

## Program Locations

Apollo Recreation Center 12521 S. Kostner Ave.  
 Sprayfari Aquatic Park 11930 S. Kostner Avenue  
 Doubletree/Hilton Hotel 5000 W. 127th Street  
 Fountain Hills Golf Club 12601 S. Kedzie Avenue  
 Hazelgreen Elementary 11751 Lawler Avenue  
 Heritage II Clubhouse 3715 W. 123rd Street  
 Lane Elementary School 4600 W. 123rd Street  
 Prairie Junior High School 11910 S. Kostner Ave.  
 Stony Creek Elementary School 11700 Kolin Ave



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## Apollo Recreation Center Holiday Hours

Holiday/Date	Womens CC	Fitness Ctr	Gymnasium	Main Office
Easter	CLOSED	CLOSED	CLOSED	CLOSED
Memorial Day	CLOSED	CLOSED	CLOSED	CLOSED

# CO-ED & WOMEN'S FITNESS CENTERS

The **Co-Ed Fitness Center** is equipped with Cybex/Bodymaster strength equipment, Apex five station cable crossover strength equipment, free weights, smith machine, x-trainers, treadmills, nu-steps, recumbent and 2 recumbent bicycles! We know we have the equipment you need for the perfect workout. All fitness members are required to participate in a fitness orientation. Orientations are done on an appointment basis after a facility pass is purchased and proper attire must be worn. Thirteen through sixteen year olds can join the Fitness Center, but they must be supervised by another member 18 years or older. For your convenience, the Fitness Center is staffed during all hours of operation. Note: All upgrades from a 3 month membership to a yearly **MUST** be done within two weeks of expiration.

MEMBERSHIP TYPE	INDIVIDUAL (17& UP)	ADDITIONAL FAMILY MEMBER	FULL TIME STUDENT (18-22) WITH PROOF OF 12 CREDIT HOURS	TEEN (13-16) WITH CURRENT MEMBER 18+ WITH ID	SENIOR (55+)	SENIOR ADD-ON (55+)	CORPORATE ALSOIP BUSINESSES ONLY UP TO 30 PEOPLE
ANNUAL	RS175 NRS219	RS150 NRS188	RS150 NRS188	RS150 NRS188	RS90 NRS113	RS90 NRS113	RS190 PER PERSON
DAILY	RS8 NRS12	RS8 NRS12	RS8 NRS12	RS8 NRS12	RS8 NRS12	RS8 NRS12	N/A
MONTHLY	RS25 NRS35	RS25 NRS35	RS25 NRS35	RS25 NRS35	RS20 NRS30	RS20 NRS30	N/A
3 MONTH	RS73 NRS92	RS69 NRS87	RS69 NRS87	RS69 NRS87	RS57 NRS67	RS57 NRS67	N/A
UPGRADE TO AN ANNUAL WITH THREE MONTHS	RS112 NRS140	RS93 NRS117	RS93 NRS117	RS93 NRS117	RS46 NRS58	RS46 NRS58	N/A

## Fitness Center Spring Hours (Effective March 8, 2021)

Day	Hours
Mon.-Thurs.	6:00 am-9:00 pm
Friday	6:00 am-9:00 pm
Saturday	8:00 am-6:00 pm
Sunday	8:00 am-5:00 pm

## Women's Circuit Center Winter Hours (Effective March 8, 2021)

Day	Hours
Monday-Friday	8:00 am-2:00 pm
Saturday	8:00 am-12:00 pm
Sunday	8:00 am-12:00 pm

## Co-Ed Circuit Center Winter Hours (Effective March 8, 2021)

Day	Hours
Mon.-Thurs.	2:00 pm-9:00 pm
Friday	2:00 pm-9:00 pm
Saturday	12:00 pm-6:00 pm
Sunday	12:00 pm-5:00 pm

## Women's & Co-Ed Circuit Center

is equipped with women friendly Body Master/ Cybex Strength equipment, Life Fitness treadmills, Ellipticals and a Tetric & Schwinn bicycle. Stairmasters and Graviton. There are a total of 12 strength stations that alternate between 5 cardio machines. A mandatory orientation is required and must be done by appointment only. You must come dressed in workout attire for your orientation. Don't forget to bring a towel. This is a great way to get in shape or stay in shape. We know you're going to enjoy it.





## Fitness Boot Camp

Are you bored in the gym and looking for a new way to develop a habit of exercise? This could finally be the class to get you headed in the right direction for a NEW YOU! Boot Camp training combines interval training and many other exercises using weights and/or body weight to lose body fat, increase cardiovascular efficiency, increase strength, and help you get in a routine of regular exercise. This class is designed to push people a little bit further than they normally push themselves in the gym alone. If your up to a challenge; come and give it your all, were ready are you?

Activity:	366499		
Instructor:	Rhonda Allan		
Location:	ARC/Aerobic Room		
Age:	Teen-Adult		
Fee:	R\$21/NR\$31		
Min/Max:	5/10		
Session	Day	Dates	Time
A	TH	March 18-April 22	5:30-6:30 pm
B	SA	March 20-April 24	10:00-11:00 am
C	TH	April 29-June 3	5:30-6:30 pm
D	SA	May 1-June 5	10:00-11:00 am

## Piyo-Fusion

This class is a combination of Pilates and Yoga. In this class you will sculpt your abdominal muscles while strengthening your back muscles with Pilate moves that also tone legs and glutes. We will also incorporate Yoga poses that will increase flexibility, improve posture and tone your upper body by using your own body weight. This class unites body and mind and creates a more streamlined shape.

Activity:	366547		
Instructor:	Rhonda Allan		
Location:	Dance Room		
Day:	Thursday		
Time:	6:30-7:15 pm		
Age:	Teen-Adult		
Fee:	R\$24/NR\$34		
Min/Max:	5/10		
Session	Dates		
A	March 18-April 22		
B	April 29-June 3		



### Punch Card (Five Time Use)

Not Ready to Commit, purchase a Fitness Circuit center punch card. Each card provides five visits from the date of purchase. Punch card is valid for one year from date of purchase. Note: Upon purchase you must schedule an orientation in fitness center R\$25/NR\$35

## AQUATIC BLAST

Get a great cardio and strength workout with water as resistance. You can work at your own pace and add extra resistance with weights. Have fun on noodles to give your feet a break and add extra strength to your core while suspended. Modifications will be given so you can choose what works best for you. The buoyancy of water takes away most impact on bones, joints and muscles while the water adds pressure to your body to comfort joints and internal organs and reduce stress on your heart. Limited changing facilities are available, so please come ready to go. Bring a towel and we also recommend aqua shoes for the class. Please enter through door "4", which is on northeast side of the parking lot. Note: There will be no class on Friday, April 2.

Activity: 366524  
 Instructor: Anne Kalch  
 Location: Doubletree Hotel Pool  
 5000 W. 127th St. Alsip  
 Day: Tuesday  
 Time: 11:00am-11:45am  
 Age: Adult-Senior  
 Fee: R\$30/NR\$40  
 Min/Max: 6/10  
 Session Dates  
 A March 16-April 20  
 B May 4-June 8

## DEEP WATER AQUA AEROBICS

If you are looking for a new program to add to your routine, you may want to try this new formatted Aqua Aerobic class. Aqua aerobics training will help you burn fat, improve your endurance and aid in weight loss. This class will feature a 4-minute workout consisting of 8 rounds of 20 seconds of work at your maximum effort, followed by 10 seconds of rest. Pool noodles, kick boards, frisbees and aqua hand weights will be introduced and used in various combinations. You are required to bring your own towel aqua shoes and an aqua jogger floatation belt.

Activity: 366525  
 Instructor: Denyse Cholewa  
 Location: Doubletree Hotel Pool  
 5000 W. 127th Street  
 Day: Monday  
 Time: 6:00-6:45 pm  
 Age: Adult  
 Fee: R\$30/NR\$40  
 Min/Max: 6/10  
 Session Dates  
 A March 8-April 12  
 B April 19-May 24

Please note information about Aqua programming at the Doubletree:  
 The Alsip Park District still plans on offering aqua aerobics, but due to the rapidly changing Covid-19 Pandemic, we will wait to release confirmation about these offerings.







## Jammin' to Zumba

Come and try this exercise in disguise class. We take the "work" out of workout, by mixing low intensity to high intensity moves for an interval style, calorie burning fitness party. Zumba has easy to follow moves with awesome Latin rhythms to get you boosted energy, cardio enhancement, and body toning and sculpting. This class is for everybody and every body. Let's get together and sweat it on, ditch the workout and join the Zumba party! No dance experience is needed or required.

Activity:	266428	
Instructor:	George Montejano	
Location:	ARC/Small Gym	
Time:	6:30-7:30 pm	
Age:	Teen-Adult	
Fee:	R\$21/NR\$31	
Min/Max:	7/10	
Session	Day	Dates
A	MO	March 8-April 12
B	TH	March 11-April 15
C	MO	April 19-May 24
D	TH	April 22-May 27

## Senior Fitness

Join us for dynamic movements, resistance training, chair exercises, improving gait patterns and fall prevention. Perform fun exercises from standing and seated positions using resistance bands, dumbbells and other training tools in order to improve your ability to move with purpose and react quickly. This class emphasizes full body strength, posture re-alignment, and pain reduction. Come join us!

Activity:	366505
Instructor:	Dawna Latka
Location:	Aerobic Room
Day:	Thursday
Time:	10:30-11:30am
Age:	55+
Fee:	R\$24/NR\$34
Min/Max:	7/10
Session	Dates
A	March 18-April 22
B	April 29-June 3

## 20/20/20

Come spend an hour at the park and get all your fitness needs wrapped up in one class. You will do 20 minutes of cardio to burn fat, 20 minutes of weight training to tone and firm those muscles followed by the final 20 minutes of Yoga/Pilates to increase your flexibility and core strength. What more could you accomplish in one hour of your day? NOTE: Bring your own yoga mat.

Activity:	366512
Instructor:	Anne Kalch
Location:	ARC/Aerobic Room
Day:	Tuesday
Time:	9:45-10:45 am
Age:	Teen-Adult
Fee:	R\$30/NR\$40
Min/Max:	6/10
Session	Dates
A	March 9-April 13
B	April 27-June 1



## Cardio Drumming

Cardio drumming takes a simple movement-drumming and turns it into a full-body workout that will leave you smiling, sweating and feeling great. Drumming burns calories builds muscle and gets your heart pumping. It also can lower your blood pressure and improves cognitive brain development. All fitness levels welcome, modifications will be provided. Note: There will be no class on Saturday, April 3 or May 29.

Activity: 366509

Instructor: Beatrice Orendorff

Location: Dance Room/Aerobic Room

Age: 16-Adult

Fee: R\$21/NR\$31

Min/Max: 5/10

Registration Deadline: One week before the start of session

Session	Day	Date	Time
A	TH	March 18-April 22	6:00-6:45 pm
B	SA	March 13-April 24	11:15am-12:00 pm
C	TH	April 29-June 3	6:00-6:45 pm
D	SA	May 1-June 12	11:15am-12:00 pm

## Gentle Joints Chair Yoga

Get ready for Spring with a great way for older adults to get the wonderful health benefits of yoga. Staying seated can help to get in poses safely and is an excellent way to gain flexibility, strength, improve your circulation and reduce stress and anxiety.

Activity: 366470

Instructor: Rita Langner

Location: Dance Room

Day: Thursday

Time: 11:00 am-12:00 pm

Fee: R\$30/NR\$40

Age: 55+

Min/Max: 5/10

Session	Dates
A	March 11-April 15
B	April 22 -May 27



## Rejuvenating Hatha

Hatha Yoga welcomes a steady flow of postures focusing on breath, movement and proper alignment. Each class begins with a 10-minute calming meditation, in preparation for this moving meditation. Previous Yoga experience is not necessary. Props and modifications will be offered depending on the individual needs of participants. Please bring your own yoga matt.

Activity: 366519

Instructor: Rita Langner

Location: Aerobic Room

Day: Tuesday

Time: 6:30-7:30 pm

Age: 16-Adult

Fee: R\$40/NR\$50

Min/Max: 5/10

Session	Dates
A	March 9-April 13
B	April 20-May 25







## Intro to Runes Workshop NEW

Students will learn the 24 symbols that make up the ancient Germanic alphabet. How to delineate the meanings of the symbols in readings. How the Runes can be used in conjunction with tarot card readings. What spreads to use. How to read ethically by applying the same rules as HIPPA.

Activity: 353343-A  
Instructor: Rita Langner  
Location: Multi-purpose II  
Day: Sunday  
Date: April 11  
Time: 11:00 am-1:00 pm  
Age: 16-Adult  
Fee: R\$25/NR\$30  
Min/Max: 4/10

## Peaceful Yoga

Each class is a unique sequenced class developed to guide students through a systematic progression. This class can be practiced in all stages of life.

In this Hatha class we will focus on correct alignment. You will be able to activate muscle groups in a new way, appreciating the subtle nuances that you may not have noticed in the past. Students will be introduced to the rope wall. The rope wall will help decrease tension in the spine. Come ready to sweat and prepared to leave empowered and feeling strong. All levels of experience are welcome.

Activity: 366536  
Instructor: Denise Cholewa  
Location: Aerobic Room  
Day: Tuesday  
Time: 11:45 am-12:45 pm  
Age: 18-Adult  
Fee: \$56/monthly  
Min/Max: 6/10

Session	Date
A	March 9-March 30
B	April 6- April 27
C	May 4-May 25

## Runes Workshop Part 2 NEW

This workshop is a continuation of intro to Runes. Delving deeper into the mythos of the sacred alphabet, for more meaningful readings. How to create bind Runes by combining these symbols to propagate, love, protection, courage, wealth and happiness.

Activity: 353345-A  
Instructor: Rita Langner  
Location: Multi-purpose II  
Day: Sunday  
Date: May 16  
Time: 11:00 am-1:00 pm  
Age: 16-Adult  
Fee: R\$25/NR\$30  
Min/Max: 4/10



PROGRAMS WITH THIS LOGO MAY  
SWITCH TO A HOME ZOOM CLASS!

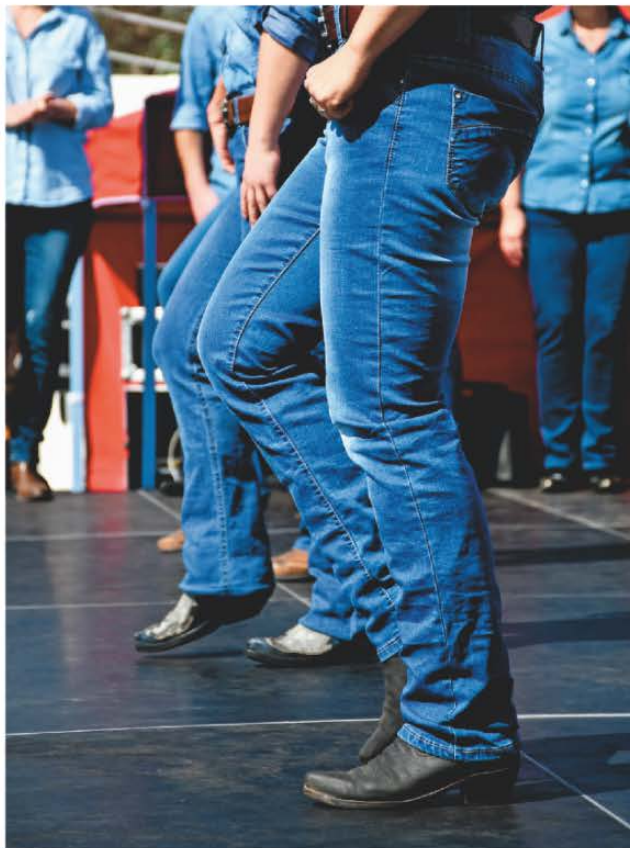
Fitness Programs

## Qi Gong

Qi Gong is an ancient Chinese exercise and healing technique that involves meditation, controlled breathing, and movement exercises. This class will encourage participants to identify their Qi (pronounced Chee) or life force energy, thereby using this energy to promote health and healing on all levels of the spirit, mind and body. Please bring your own yoga mat and a towel.

Activity: 366410  
 Instructor: Rita Langner  
 Location: Dance Room  
 Day: Saturday  
 Fee: R\$45/NR\$55  
 Age: 16-Adult  
 Min/Max: 5/10

Session	Dates	Time:
A	March 13-April 17	11:00 am-12:00 pm
B	April 24-May 29	11:00 am-12:00 pm



## Line Dancing

Come and join in for some fun, good music, exercise and a good time. No previous lessons are required. Steve is an experienced line dance instructor and will help you learn all the necessary steps to each dance that he teaches. Some dances will be easy and others challenging. There will be a wide array of music to dance to. No special attire or a partner is necessary to be part of this class.

Activity: 366404  
 Instructor: Steve Steib  
 Location: Dance Room  
 Age: Adult  
 Day: Monday  
 Time: 6:00-7:00 pm  
 Fee: R\$21/NR\$31  
 Min/Max: 7/10

Session	Dates
A	March 8-April 12
B	April 19-May 24



## 2021 SPRING RATES

(Effective March 1, 2021 thru April 30, 2021)

	Weekday (Includes Monday-Friday)	Weekend/Holiday
Regular (after 7:30 am)	\$16	\$18
Senior	\$13	\$15
Mid-Day (after 12:00 pm)	\$13	\$15
Senior	\$11	\$13
Replay	\$6	\$8
Junior	\$7	\$9
Twilight (after 4:00 pm)	\$7	\$9

RESIDENTS: Receive A \$ 3 Discount On Regular & Mid-Day Pricing (Must Present Proof Of Residency At Time Of Check In)

## 2021 SUMMER RATES

(Effective May 1, 2021 - September 30, 2021)

	Weekday (Includes Monday-Friday)	Weekend/Holiday
Regular (after 7:30 am)	\$18	\$20
Senior	\$15	\$17
Mid-Day (after 12:00 pm)	\$15	\$17
Senior	\$13	\$15
Replay	\$7	\$9
Junior	\$9	\$11
Twilight (after 5:00 pm)	\$9	\$11

RESIDENTS: Receive A \$ 3 Discount On Regular & Mid-Day Pricing (Must Present Proof Of Residency At Time Of Check In)

## SPRING HOURS OF OPERATION

March 1 - April 30

CLUBHOUSE	7:00am-8:00pm
DRIVING RANGE	7:00am-Dusk
RESTAURANT	9:00am-8:00pm
LOUNGE	9:00am-8:00pm

## SUMMER HOURS OF OPERATION

May 1 - September 30

CLUBHOUSE	6:00am-10:00pm
DRIVING RANGE	6:00am-10:00pm
RESTAURANT	8:00am-10:00pm
LOUNGE	8:00am-10:00pm

### Pace of Play

It should be a goal of all players to complete their round in 2:15. The Club's course Player Assistant will work with all guests to ensure that an acceptable pace of play is maintained to maximize everyone's enjoyment of their round. It is the responsibility of each group to keep pace with the group ahead. If a group falls out of position and is in danger of not completing their round within the allocated time of 2:15, then our course Player Assistant will assist them in getting back into position, which may require them to skip a shot or hole to do so.

### RENTAL GOLF CARTS & PUSH CARTS

Nine Hole (per person)	\$ 9.00
Single Rider	\$ 12.00
Replay (per person)	\$ 6.00
Push Carts	\$ 3.00

### RANGE BALLS

Warm-Up ( 20 balls)	\$ 3.00
Small ( 35 balls)	\$ 5.00
Medium ( 70 balls)	\$ 8.00
Large (100 balls)	\$ 11.00

## [DRESS CODE]

All persons using the Fountain Hills Facilities are required to wear proper attire at all times. NOT PERMITTED: Swim suits, cut off shorts or cut off sleeveless shirts. Clothing must be worn at all times. No one is allowed to go topless.



Also Awarded in:  
2017  
2016  
2014

### OUTSIDE FOOD & BEVERAGE

GUESTS ARE NOT ALLOWED TO BRING IN ANY OUTSIDE FOOD OR BEVERAGES ON PROPERTY FOR CONSUMPTION. ONLY FOOD AND BEVERAGE PURCHASED FROM THE CLUB MAY BE TAKEN ONTO THE COURSE. DUE TO THE STATE OF ILLINOIS LIQUOR LAWS, ALL DISTRIBUTION OF ALCOHOL MUST BE CONTROLLED BY THE CLUB.

NO PERSONAL COOLERS ARE ALLOWED.



## RESERVATION POLICY:

Reservations can be made up to 7 days in advance. All reservations are guaranteed. Either by 1) online prepayment or 2) guaranteeing with a credit card over the phone through the club.

All golfers are expected to arrive at the golf course at least 10 minutes before their scheduled tee time. Reserved reservation will be given away to walk-in groups 5 minutes prior to a tee time if the reserved group has not checked in and paid for all golfers.

One important thing to remember, tee time is when you are expected to be hitting your ball down the fairway from the first tee, not when you enter the parking lot with your vehicle or are walking in to the pro shop to pay your green fee. Fountain Hills Golf Club reserves the right to pair players together. Groups of less than four (4) players run the risk of being paired with other pre-paid or walk-in player(s).

## CANCELLATIONS:

A reservation may be cancelled up to 24 hours in advance of the tee time with no charge either by contacting the golf shop or through the website. Any cancellations made less than 24 hours prior to the tee time will be charged the Sr. Resident Rate, unless in the event of a course closure due to severe weather.

## NO SHOW POLICY:

A no-show policy will apply to all tee time reservations. The individual making the reservation, whether it is for 1, 2, 3, 4 or more players will be responsible for the entire group's no-show fees, or any portion of the fees if players are missing from the group. No shows will be charged the Sr. Resident Rate

## SPECIAL FEES

**Monday & Wednesday Golf Special (9 holes with cart) ....\$ 16.00**

(March thru November - excluding Holidays or with any other offers or discounts)

### Early Bird Special

Walking \$ 9.00.....Riding \$ 14.00

(Before 7:30 a.m. Monday thru Friday - excluding Holidays - March thru November)

Golf Leagues Outside Groups (Weekdays) .....\$14.00

## SATURDAY & SUNDAY FAMILY GOLF NIGHTS

Make great family memories and have fun on the course! Fountain Hills Family Golf

Nights are designed to be a fun and inexpensive activity for the whole family where adults/parents can bring the kids to the golf course in a fun, friendly, no-pressure environment... and not break the bank. Every Saturday and Sunday after 5:30pm.

Family Golf Nights feature the following guidelines:

Families must have at least one junior 17-yr old or younger in the group to qualify.

\$10 per person includes golf/cart fees for everyone. The juniors playing also receive a candy bar and fountain soft drink.

-Cart drivers must be 18 years or older.

-Everyone must play from the special Family Golf tees which are yellow at Fountain Hills.

-Tee times are recommended. And can be made with the club over the phone. All reservation policies will need to be followed.

-No reservations can be made online. Any tee times made in advance, online will require full payment upon booking and will not receive the Family Golf Night pricing.



## Golf Lessons

Private Lessons: For further information regarding our private lessons please visit our website at [www.alsipparks.org](http://www.alsipparks.org) or contact the Fountain Hills Golf Club at (708) 388.4653

Junior Group Lessons Fountain Hills Golf Club is a Host Site, For The First Tee of Greater Chicago. For Information please visit their website at [www.thefirstteegreaterchicago.org](http://www.thefirstteegreaterchicago.org).



## BECOME A YOUTH ON COURSE MEMBER

Youth on Course members can play hundreds of courses throughout the country for \$5 or less. Youth ages 6-18 can join by visiting: [youthoncourse.org](http://youthoncourse.org) To book a tee time all Youth on Course rounds must call the course to schedule their tee times. Tee times are recommended. And can be made with the club over the phone. All reservation policies will need to be followed. No reservations can be made online. Any tee times made in advance, online will require full payment upon booking and will not be able to receive the Youth on Course rate.



# EVENTS

## Golf Events

Spring Scramble  
Saturday, May 22nd  
10:00 am Shotgun Start

Mixed Partner Event  
Saturday, June 26th  
10:00 am Shotgun Start

2 Person Medley  
Saturday, July 24th  
10:00 am Tee Times

Crosstown Challenge  
Saturday, August 28th  
TBD  
(Chicago Cubs vs.  
Chicago White Sox Event)

Fall Scramble  
Saturday, Sept. 25th  
10:00 am Shotgun Start

Bob Schneider Memorial Tough Day  
Saturday, Oct. 24th 10:00 am Shotgun Start  
(6 person Scramble)



## Concerts on the Green

"No Cover Charge"  
Second Friday of  
the Month

6:30 pm - 9:30 pm

May 14th

June 11th

July 9th

August 13th

Sept. 10th



We are constantly adding and updating our schedule of events. Keep up to date with our website & Facebook page. To request event and banquet info or make reservations, please contact us at 708.388.4653 x403.



# THE BACKNINE at Fountain Hills SUMMER

## Upcoming Events

\*\*subject to change based on CDC guidelines\*\*

<b>SUN APRIL 4TH</b> Easter Brunch 2 Seatings: 9:00am / 11:30am Reservations Required	<b>MON APRIL 26TH</b> DIY Event 6:30pm - 8:30pm Theme: Mother's Day Reservations Required	<b>SUN MAY 9TH</b> Mother's Day Brunch 2 Seatings: 10:00am / 1:00pm Reservations Required
<b>FRI MAY 14TH</b> Concerts On The Green BLUES SMILEY TILLMON 6:30PM - 9:30PM <b>FREE EVENT!!</b>	<b>MON MAY 31ST</b> DIY Event 6:30pm - 8:30pm Theme: Father's Day Reservations Required	<b>FRI JUNE 11TH</b> Concerts On The Green GRATEFUL DEAD TRIBUTE THE GRATEFUL STRINO BAND 6:30PM - 9:30PM <b>FREE EVENT!!</b>
<b>MON JUNE 28TH</b> DIY Event 6:30pm - 8:30pm Theme: 4th of July Reservations Required	<b>FRI JULY 9TH</b> Concerts On The Green COVER LIAM DURKIN 6:30PM - 9:30PM <b>FREE EVENT!!</b>	<b>MON JULY 26TH</b> DIY Event 6:30pm - 8:30pm Theme: School Signs Reservations Required
<b>FRI AUGUST 13TH</b> Concerts On The Green 50'S & 60'S COVER GENERATIONS 6:30PM - 9:30PM <b>FREE EVENT!!</b>	<b>MON AUGUST 30TH</b> Girls' Night Out 6:30pm - 8:30pm Theme: Martini Tasting Reservations Required	<b>FRI SEPTEMBER 10TH</b> Concerts On The Green COUNTRY GONE COUNTRY 6:30PM - 9:30PM <b>FREE EVENT!!</b>

**FRIDAY FISH FRY**

4:00PM - 8:00PM UNTIL APRIL 2ND  
 \*\*RESERVATIONS REQUIRED\*\*

Fountain Hills Golf Club

Full Details: (708) 388.4653 x403

## THE BACKNINE at Fountain Hills



Open year round, The BackNine is a newly renovated full service restaurant, bar and banquet facility located at Fountain Hills Golf Club. We pride ourselves on supporting our surrounding communities by offering many locally brewed and distilled beers and spirits.

Our banquet facility has multiple options to choose from for your special events...

- Full service catering for events hosted at our facility
- Banquet room rental while using an outside licensed and insured caterer
- Take out catering

Whether you choose to host your special event at home or in our banquet facility, The BackNine has options for you! Our stay home, stay safe and still celebrate menus make it possible!

The BackNine offers multiple optional amenities for every event and will customize any menu. We strive to ensure your event reflects your own taste and personal touches.

More information / schedule a viewing:

Contact our Food & Beverage Department  
 708.388.4653 x403



### Upcoming Events



facebook.com/FountainHillsGolfClub.com

### Take Out Catering Menu





## Bugs & Butterflies

In this class we will learn about bugs & butterflies through crafts, songs, fingerplays and more!

Activity#: 338165

Instructor: Ms. Laura

Location: Preschool 3

Ages: 16 months- 2 years old (with caregiver)

Mi/Max: 4/8

Session	Day	Dates	Time	Fee
A	Tuesday	April 6th – April 27th	1:00-1:30 PM	R\$20/NR\$25
B	Tuesday	May 4th – May 25th	1:00-1:30 PM	R\$20/NR\$25

## Spring Story Time

Come and meet other tots and caregivers and let the little ones hear wonderful stories about Spring, animals and more! After the story we will do activities that reinforces the story.

Activity#: 338147

Instructor: Ms. Laura

Location: Preschool 3

Ages: 16 months- 2 years old (with caregiver)

Mi/Max: 4/8

Session	Day	Dates	Time	Fee
A	Tuesday	April 6th – April 27th	1:45-2:15 PM	R\$20/NR\$25
B	Tuesday	May 4th – May 25th	1:45-2:15 PM	R\$20/NR\$25

## Chicks & Eggs

Come join the fun as we get ready for springtime! Learning through games, songs, fingerplays & stories!

Activity#: 338189

Instructor: Ms. Laura

Location: Preschool 3

Ages: 16 months- 2 years old (with caregiver)

Mi/Max: 4/8

Session	Day	Dates	Time	Fee
A	Tuesday	April 6th – April 27th	6:00-6:30 PM	R\$20/NR\$25
B	Tuesday	May 4th – May 25th	6:00-6:30 PM	R\$20/NR\$25

## Weather Fun

Let's have fun learning about weather with crafts, games, songs, fingerplays & stories!

Activity#: 338192

Instructor: Ms. Laura

Location: Preschool 3

Ages: 16 months- 2 years old (with caregiver)

Min/Max: 4/8

Session	Day	Date	Time	Fee
A	Tuesday	April 6th – April 27th	6:45-7:15 PM	R\$20/NR\$25
B	Tuesday	May 4th – May 25th	6:45-7:15 PM	R\$20/NR\$25

## Ei! Eio! Off to the Farm We Go!

We all know the song "Old McDonald's Farm". In this class we will have fun learn about farm animals through crafts, songs, fingerplays, games & more!

Activity#: 338394

Instructor: Ms. Laura

Location: Preschool 3

Ages: 16 months- 2 years old (with caregiver)

Min/Max: 4/8

Session	Day	Date	Time	Fee
A	Thursday	April 8th – April 29th	1:00-1:30 PM	R\$20/NR\$25
B	Thursday	May 6th – May 27th	1:00-1:30 PM	R\$20/NR\$25

## Who's who at the Zoo!

We will learn about different zoo animals each week through fun and engaging activities.

Activity#: 338204

Instructor: Ms. Laura

Location: Preschool 3

Ages: 16 months- 2 years old (with caregiver)

Min/Max: 4/8

Session	Day	Date	Time	Fee
A	Thursday	April 8th – April 29th	1:45-2:15 PM	R\$20/NR\$25
B	Thursday	May 6th – May 27th	1:45-2:15 PM	R\$20/NR\$25



## Parent/Tot Spanish

Wind the day down with your toddler singing and dancing to songs in Spanish! Learn Spanish greetings, colors, numbers, parts of the body, animal and food words. Taught by Language in Action, Inc. instructor.

Activity #: 353273-A

Instructor: Language in Action

Location: Oak View Center- 4625 W. 110th St. Oak Lawn, IL 60453

Day: Monday

Dates: April 19 – May 24

Time: 6:00-6:45PM

Fee: R\$60/NR\$70

Age: 9 months- 2 years (with parent/guardian)

Min./Max.: 6/12

## I Speak Spanish!

Expand your child's world! Introduce your child to the Spanish language in this Spanish immersion class developed especially for very young learners. Children will be immersed in the Spanish language through fun and educational activities and music. Each session covers new material! Taught by Language in Action, Inc. instructor.

Activity #: 353205-A

Instructor: Language in Action

Location: Oak View Center- 4625 W. 110th St. Oak Lawn, IL 60453

Day: Monday

Dates: April 19 – May 24

Time: 5:00-5:50PM

Fee: R\$80/NR\$90

Age: 3-6 years old

Min./Max.: 6/12





## Rock N' Kids- NEW!!!

Wiggle, giggle, dance and sway, have some fun the Rock 'n' Kids way! Tot Rock and Kid Rock are movement and imagination classes with a music base. All class procedures are designed to keep staff and students safe. Activities are age appropriate by class and will include songs and rhymes, rhythm and coordination, fine and gross motor, imagination and sensory, listening and following directions skills. With a focus on STEAM learning, each session will have a new educational theme! Join us for music that really can't be "beat"!

## Parent/Tot Programs

### Tot Rock

Activity #: 338143-A  
 Instructor: Rock N' Kids  
 Location: Oak View Center  
 4625 W. 110th St.  
 Oak Lawn, IL 60453  
 Day: Thursday  
 Dates: April 15 – May 27  
 Time: 5:30-6:10PM  
 Fee: R\$75/NR\$80  
 Age: 1 yr. w/adult  
 Min./Max.: 4/10

### Kid Rock

Activity #: 338144-A  
 Instructor: Rock N' Kids  
 Location: Oak View Center  
 4625 W. 110th St.  
 Oak Lawn, IL 60453  
 Day: Thursday  
 Dates: April 15 – May 27  
 Time: 6:10-6:44PM  
 Fee: R\$75/NR\$80  
 Age: 2-3yrs. w/adult  
 Min./Max.: 4/10

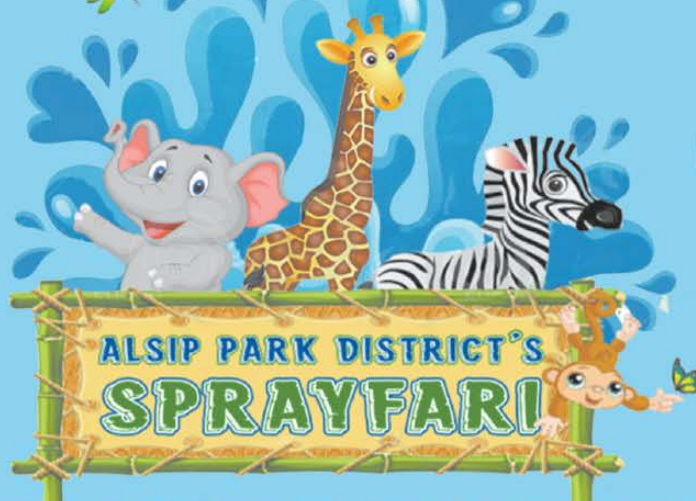


# ***Super Power Summer Camp***

**We are working on providing you with a fun and safe camp for 2021. Please keep an eye on our website at [www.alsipparks.org](http://www.alsipparks.org) for updated camp registration information or call our office at 708-389-1003.**







## **PLEASE NOTE INFORMATION ABOUT AQUATICS:**

**Due to the Covid 19 Pandemic,  
we will wait to release Aquatic  
offerings at this time. Check our  
website at [www.alsipparks.org](http://www.alsipparks.org) or  
in the Summer 2021 program guide  
for more information on 2021  
Aquatic programs, pool hours and  
pricing!**

## Craft Corner

Join us for these quick 1 day, 1-hour workshops. Participants will create holiday themed crafts that they will leave with. All materials and supplies included in class fee. Please send your child with an old shirt, in which you do not mind them getting paint on! Theme's for the crafts are Springtime (4/7), Mother's Day (5/6) and Father's Day (6/10).

Activity #: 343247

Instructor: Angela Jean

Location: Multi 2

Ages: 6-12

Min./Max.: 4/8

Session	Day	Date	Time	Fee
A	Thursday	April 8th	4:30-5:30 PM	R\$13/NR\$15
B	Thursday	May 6th	4:30-5:30 PM	R\$13/NR\$15
C	Thursday	June 10th	4:30-5:30 PM	R\$13/NR\$15

## Youth Spanish

Learning a second language can open a world of possibilities for your child. In this class students will learn Spanish conversation and some Spanish grammar, reading, and writing skills through interactive and engaging activities. Each session covers new material! Taught by Language in Action, Inc. instructor.

Activity #: 353206-A

Instructor: Language in Action

Location: Oak View Center  
4625 W. 110th St., Oak Lawn

Day: Monday

Dates: April 19 – May 24

Time: 6:50-7:40PM

Fee: R\$80/NR\$90

Age: 7-11 years old

Min./Max.: 6/12

## I Speak Spanish!

Expand your child's world! Introduce your child to the Spanish language in this Spanish immersion class developed especially for very young learners. Children will be immersed in the Spanish language through fun and educational activities and music. Each session covers new material! Taught by Language in Action, Inc. instructor.

Activity #: 353205-A

Instructor: Language in Action

Location: Oak View Center-  
4625 W. 110th Street, Oak Lawn

Day: Monday

Dates: April 19 – May 24

Time: 5:00-5:50PM

Fee: R\$80/NR\$90

Age: 3-6 years old

Min./Max.: 6/12

## ZOOM I Speak Spanish! LIVE!

Join us right from your living room as we explore new cultures and learn the Spanish language via the interactive Zoom platform! Younger children will learn conversational Spanish through fun and interactive activities and music while older children will also learn some Spanish phonetics to begin reading and writing in Spanish. Taught live by a Language in Action, Inc. instructor. Zoom login information will be emailed to participants before the first class.

Activity #: 653207

Instructor: Language in Action

Location: Online

Age: 3-6 years old

Min./Max.: 6/12

Session	Day	Dates	Time	Fee
A	Tuesday	April 6th – May 11th	9:30-10:15AM	R\$80/NR\$90
B	Thursday	April 8th – May 13th	5:00-5:45PM	R\$80/NR\$90



## Zoom Youth Spanish- LIVE!



Join us right from your living room as we explore new cultures and learn the Spanish language via the interactive Zoom platform! Younger children will learn conversational Spanish through fun and interactive activities and music while older children will also learn some Spanish phonetics to begin reading and writing in Spanish. Taught live by a Language in Action, Inc. instructor. Zoom login information will be emailed to participants before the first class.

Activity #: 653208

Instructor: Language in Action

Location: Online

Age: 7-11 years old

Min./Max.: 6/12

Session	Day	Dates	Time	Fee
A	Thursday	April 8th – May 13th	10:30-11:15AM	R\$80/NR\$90
B	Thursday	April 8th – May 13th	6:15-7:15 PM	R\$80/NR\$90

## ZOOM Spanish Class for Middle School and Jr. High LIVE!



This class is a great supplement to middle school or junior high Spanish classes or may also be taken by students not currently enrolled in a school Spanish class. Students will learn Spanish grammar and communication skills that will give them a strong foundation for high school Spanish. Classes are taught live by a Language in Action, Inc. instructor. Zoom login information will be emailed to participants before the first class.

Activity #: 653209

Instructor: Language in Action

Location: Online

Day: Tuesday

Dates: April 6 – May 11

Time: 4:00-4:45 pm

Fee: R\$80/NR\$90

Age: 12-14 years old

Min./Max.: 6/12

## ZOOM Spanish Class for High School Students! LIVE!



This class is a great supplement to high school Spanish classes or may also be taken by students not enrolled in a high school Spanish class. High school students will cover basic grammar points and vocabulary and practice conversational skills. Classes taught live by a Language in Action, Inc. instructor. Zoom login information will be emailed to participants before the first class.

Activity #: 653210

Instructor: Language in Action

Location: Online

Day: Tuesday

Dates: April 6 – May 11

Time: 5:15-6:15 pm

Fee: R\$80/NR\$90

Age: 14-18 years old

Min./Max.: 6/12



## Piano Lessons

Mozart, Bach and Beethoven move over!! Have you ever wanted to learn piano in a fun and relaxing way? Then come on over! You will learn the basics of note reading and musical theory. Musical pieces will progress with the student's abilities. All first-time students must purchase the John W. Schaum book Making Music Method- Middle-c Approach: Primer Level Early Elementary Level coming to class. Your time and day of the lesson will be arranged after you register, you choose the most convenient time! Lessons are private and ½ hour in length for six-week sessions. Piano is a great hobby that lasts a lifetime.

Activity: 348305  
 Location: Multi 1  
 Instructor: Margorie Kuiper  
 Day: Instructor arranged  
 Time: 30-minute sessions  
 Age: 7 - Adult  
 Min/Max 2/10

Session	Dates	Fee
A	March 15th - April 23rd	R\$135/NR\$145
B	April 26th - June 4th	R\$135/NR\$145

## Magic Madness

Kids you are guaranteed to have a fantastic time in this hands-on magic workshop! You will learn a collection of awesome and amazing tricks you can perform at home; all supplies needed to repeat the tricks will be handed out in class. You really will go home with a bag of tricks! Children are grouped by age and are taught age-appropriate tricks they can master. Sign up again and again, new tricks are taught each season!

Activity: 343421-A  
 Instructor: Gary Kantor  
 Location: Oakview Center, 4  
 4625 W. 110th St., Oak Lawn, IL 60453  
 Day/Date: Thursday, April 8  
 Time: 5:00-5:55 PM  
 Age: 5 - 12  
 Fee: R\$20/NR\$30  
 Min/Max: 5/15

## D.O.M.E (Defenders of Mother Earth)

During this 4-week course children will learn how to keep our beautiful planet healthy through a variety of fun activities! What you can expect is an animal visit, growing our own seedlings, nature crafts, create special homes for birds and more!

Activity #: 348214  
 Instructor: Angela Jean  
 Location: Multi 2  
 Age: 6-12  
 Min./Max.: 4/8

Session	Day	Date	Time	Fee
A	Wednesday	April 7- April 28	4:30-5:00 PM	R\$30/NR\$35
B	Wednesday	May 5 - May 26	4:30-5:00 PM	R\$30/NR\$35



# SCHOOL YEAR 21-22 PRESCHOOL REGISTRATION



*A creative learning program  
for children ages 3 & 4*



We are continually working towards providing your family with the best preschool experience for your child. Pricing for preschool has been delayed. As we wait for further guidance we wanted to offer you a "hold my spot" fee. This fee will hold your spot until pricing is set. Once pricing has been set you will be notified and have 2 weeks from notification date to fully register for the program.

- A copy of the birth certificate is **REQUIRED**.
- Age requirements must be met by September 1, 2021
- Installment payment option will be offered when prices are finalized.



## 3-Year-Old Preschool Information

ACTIVITY #	DAY	DATE	TIME	AGE	"HOLD MY SPOT FEE"
338103-A	M-W-F	SEPT. 8- MAY 13	8:45-11:45AM	3	R\$100/NR\$150
338104-A	T-TH	SEPT. 7- MAY 12	8:45-11:45AM	3	R\$100/NR\$150

## 4-Year-Old Pre-K Information

ACTIVITY #	DAY	DATE	TIME	AGE	"HOLD MY SPOT FEE"
338102-A	M-F	SEPT. 7- MAY 13	9:00-12:00PM	4	R\$100/NR\$150



## 3-Year-Old Preschool Curriculum

### Tu/Th Class 8:45-11:45

- First name recognition & tracing (sentence case)
- Recognizing & tracing alphabet in upper & lower case
- Rote counting to 30
- Recognizing & tracing numbers 1 to 10
- Speaking Numbers 1 to 10 in Spanish
- Recognition of basic colors and shapes
- A strong emphasis on social skills, creative expression, dramatic play and fine motor skill development
- Daily: weather, calendar, story time, classroom sing-a-longs
- Monthly Themes

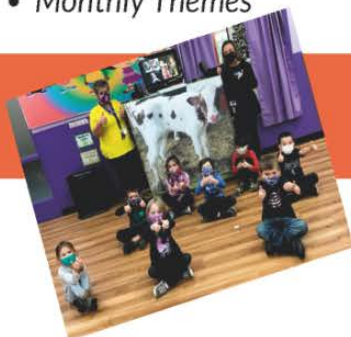


### M/W/F Class 8:45-11:45

- First name recognition & tracing (sentence case)
- Recognizing & tracing alphabet in upper & lower case
- Rote counting to 30
- Recognizing & tracing numbers 1 to 10
- Speaking Numbers 1 to 10 in Spanish
- Recognition of basic colors and shapes
- A strong emphasis on social skills, creative expression, dramatic play and fine motor skill development
- Daily: weather, calendar, story time, classroom sing-a-longs
- 1 extracurricular activity per week
- Monthly Themes
- Extra day of concept reinforcements
- 2 extracurricular activities per week
- End of the Year Book with a collection of your child's work throughout the year.

### Extracurricular Activities

- Arts/Painting/Crafts
- Music/Singing/Dancing
- Outdoor Time
- Physical Education



## 4-Year-Old Pre-K Curriculum

### M-F Class 9:00-12:00

- First and last name recognition/writing (Sentence Case)
- Recognizing and writing alphabet in upper & lower case
- Rote counting to 100
- Use comparative words- big/small, tall/short, etc...
- Recognizing words and writing numbers 1 to 20
- Basic colors and shapes along with word recognition
- Rhyming, opposites, location, distance, and patterns
- A strong emphasis on social skills & creative expression
- Daily: Weather, Calendar, Story Time
- Weekly Themes
- Spanish- verbal recognition of numbers 1- 20 & colors
- Science & Social Studies Curriculum
- 2 extracurricular activities per week

### Extracurricular Activities

- Arts/Drawing/Painting/Crafts
- Music/Singing/Dancing
- Outdoor Time
- Physical Education
- Cultural Arts







# School Year Programs SY 20-21

AT THE ALSIP PARK DISTRICT

Multiple  
child

discount will  
be applied.

- Team Building
- Academic Enhancement
- Homework Help
- Cultural Activities
- Gym Games
- E-Learning Assistance

Before School Fees  
6:45AM- Bus Pick Up  
\$12 per day  
Capacity: 15 students

After School Fees  
Bus Drop Off - 6:00PM  
\$20 per day  
Capacity: 15 students

Kidz Care Program  
6:45AM - 6:00PM  
\$35 per day  
Capacity: 30 students

The Alsip Park District's School Program offers recreation activities, homework assistance, arts & crafts and much more! Our Before/After School Program is offered to Kindergarten through 6th grade students in Districts 125 & 126. Our Kidz Care Program is offered to Kindergarten through 8th grade for Districts 125, 126, 128 and 130. Our staff looks forward to helping your child with e-learning, homework assistance, creating new friendships, build self-esteem, get plenty of physical fitness and most important, have FUN!

## Registration Information

- In person registration is required at the Apollo Recreation Center.
- Registration deadline is the Monday prior to the following weeks program.
- Registration must be completed on the Monday prior to the upcoming week to avoid late fees.
- A \$15 LATE FEE WILL BE ADDED IF YOU REGISTER ON TUESDAY. **NO REGISTRATIONS WILL BE ADDED AFTER TUESDAY AT 5:00PM FOR THE FOLLOWING WEEK.**
- No registration will be taken after Tuesday, no exceptions.
- Registration is on a first come first serve basis and will take a wait-list once we hit capacities.

## What does my child need to bring?

- Lunch/Snack in a disposable bag.
  - If your child is in the Kidz Care Program please put lunch and snack in separate disposable bags.
- All E-learning electronics needed for the day.
- Personal Headphones that connect or plug into e-learning laptop.
- All School supplies needed for the day.

**The Parent Handbook will be handed to you at time of registration.**

**No refunds or credits for sick days or no shows.**

To Register or need further information please call or come to:

Apollo Rec Center  
12521 S. Kostner Ave, Alsip  
(708)389-1003

THE ALSIP PARK DISTRICT FOLLOWS ALL STATE/LOCAL AND FEDERAL GUIDELINES. **INCLUDING SOCIAL DISTANCING AND FACE COVERINGS WHILE INSIDE FACILITIES.**

School Year Programs



# Outdoor Spring Soccer League

All participants will play an 8-game season beginning in May. This league will stress fun, sportsmanship, fair play, and teamwork. Teams will be selected on a random basis by Alsip Park District employees. Each participant will receive an end of season trophy, a team uniform package that includes shorts, shirt and socks, and a \$10 picture package. Register today! \*NOTE: No games will be played on May 29th or June 19th. Each team will play 2 night games during the season on a week night in order to make up these off dates. Game times are dependent on the number of teams per division. The Alsip Park District reserves the right to combine divisions if needed.

Activity #: 374066  
 Location: Commissioners Park  
 Game Dates: Saturdays, beginning May 8th  
 Fee: R \$80 / NR \$100  
 Min/Max: 40/80 per division  
 Registration Deadline: Saturday, April 17th

Activity #	Division	Grade	Game Start Times
A	Fee Wee	4-5 years	9:00am – 2:00pm
B	Midget	1st & 2nd Grade	9:00am – 2:00pm
C	Intermediate	3rd & 4th Grade	9:00am – 2:00pm
D	Junior	5th & 6th Grade	9:00am – 2:00pm
E	Senior	7th & 8th Grade	9:00am – 2:00pm



## Interested in coaching?

We are always looking for qualified individuals who are interested in coaching our leagues. All coaches are required to submit and successfully pass a State of Illinois Criminal Background Check. Any interested coach should contact the Alsip Park District at (708) 389-1003.





## Girl's 12" Fast-Pitch Softball Program

Registration for the Alsip Park District's Girl's 12" Softball Program is currently being accepted at the Apollo Recreation Center. This recreational program is being offered to girls 6-18 years of age. The goal of the program is to develop the fundamental skills of 12" fast-pitch softball, as well as prepare girls to continue playing at the High School level. These skills include fielding, hitting, base running, and pitching. The program is also designed to teach sportsmanship and to have fun! The league will consist of a 14-24 game schedule. Home games will be scheduled for both week-days and weekends at Commissioners Park. Away games will be determined by the Southwest Interleague (SWI) that the program will participate in. Practice times will be during the week, with specific times and locations to be selected by our volunteer coaches. All participants will receive a jersey, pants, socks, an end of season award, and a free \$10.00 picture package. Participants must register in their appropriate age division. The cut off date for participation in an age division will be determined by January 1, 2021. Opening Day Parade will be held on Saturday April 18th.

Activity#: 274060  
 Location: Commissioners Park  
 Day/Dates: Weekdays/Weekends, May-July  
 Game Time: Varies  
 Age: 6-18  
 Fee: R\$90/NR\$110



Session	Division	Age
A	Under-8	6 - 8 year olds
B	Under-10	9 & 10 year olds
C	Under-12	11 & 12 year olds
D	Under-14	13 & 14 year olds
E	Under-16	15 & 16 year olds
F	Under-18	17 & 18 year olds



## Youth Archery NEW

Archery participants will learn the parts of an arrow and recurve bow, the basics of using a recurve bow, and fundamental shooting skills in an extremely safe environment. Blunt tipped arrows, bows, and targets are provided. Both technique and games will be a part of this class. \*Equipment: Please bring a labeled water bottle and face covering.

Activity #: 374068-A  
 Instructor: SportsKids Inc.  
 Age: 7-14  
 Location: ARC/Small Gym  
 Day: Wednesday  
 Date: April 14-May 19  
 Time: 4:00-5:00pm  
 Fee: R\$60/NR\$70  
 Min/Max: 5/20  
 Registration Deadline: Friday, April 9th

## Youth Track & Field NEW

This class will teach kids about track and field, one of the oldest sports that continues to grow and is highlighted by the Olympics every 4 years. Boys and girls will learn the jumping, running and throwing skills involved in the sport of track and field. They will practice sprints, relays, long-distance walking, running hurdles, long jump, discus throw and other track and field events as well as participate in a fun-filled track and field meet on the last day of the class. \*Equipment: Please bring a labeled water bottle and face covering.

Activity #: 374069-A  
 Instructor: SportsKids Inc.  
 Age: 6-10  
 Location: ARC  
 Day: Wednesday  
 Date: April 14-May 19  
 Time: 5:15pm-6:15pm  
 Fee: R\$60/NR\$70  
 Min/Max: 5/20  
 Registration Deadline: Friday, April 9th

## Illinois Shotokan Karate Pre-Karate

Illinois Shotokan Karate Club is Chicagoland's premier karate school taught under the instruction of John DiPasquale, a four-time National Champion, US National Coach and President of the US National Karate Federation. In our Pre- Karate Safety classes, young children develop flexibility, strength, and coordination in fun, yet disciplined activities. This program is specifically designed for growing minds and bodies to enhance memory and agility. Watch your child's confidence blossom and their skills improve.

- Uniforms and Belt-Testing are options available through the ISKC instructor.
- Please note that the Youth, Parent/Child and Adult classes may train together.
- Beginner students will not be permitted to register into the current session after the second class has met. Registration for continuers through advanced students will be accepted after the start date, but the full class fee is required.

- Please visit [WWW.ISKC.COM](http://WWW.ISKC.COM) for more information or call us at 847-359-0666.

Note: Continuer must have been in 2 sessions or more or have a white belt with stripes.

Activity#: 338257  
 Instructor: Illinois Shotokan Karate Club Staff  
 Location: ARC/Gymnasium II  
 Day/Dates: Fridays, April 9th - June 11th  
 Fee: R\$115/NR\$125 per person  
 Min/Max: 4/12

Session	Time	Age	Level
A	4:30-5:15pm	4-7	Beginner (No prior experience)
B	5:20-6:05pm	4-7	Cont. (White w/stripes & Up)







## Illinois Shotokan Karate -Youth

Illinois Shotokan Karate Club is Chicagoland's premier karate school taught under the instruction of John DiPasquale, a four-time National Champion, US National Coach and President of the US National Karate Federation. ISKC's Youth karate classes will put children in touch with their bodies and offers a good mix of strength training, with cardiovascular and flexibility exercises. Children increase their coordination, agility and poise, as well as learn lasting personal safety skills. They also benefit from the mental stimulation of learning the choreographed moves of the kata and the discipline of conforming to the class rules.

- Uniforms and Belt-Testing are options available through the ISKC instructor.
- Please note that the Youth, Parent/Child and Adult classes may train together.
- Beginner students will not be permitted to register into the current session after the second class has met. Registration for continuers through advanced students will be accepted after the start date, but the full class fee is required.
- Please visit [WWW.ISKC.COM](http://WWW.ISKC.COM) for more information or call us at 847-359-0666.

Note: Continuer participants must have a red belt or up.

Activity#: 338257  
 Instructor: Illinois Shotokan Karate Club Staff  
 Location: ARC/Gymnasium II  
 Day/Dates: Fridays, April 9 - June 11  
 Fee: R\$115/NR\$125 per person  
 Min/Max: 4/15

Session	Time	Age	Level
C	6:15-7:10pm	8-14	Beginner/Continuer (White- Red Belts)
D	7:15-8:10pm	8-14	Inter/Advanced (Orange Belts & Up)

# Illinois Shotokan Karate Adult/Parent/Child

## Youth Athletics

Illinois Shotokan Karate Club is Chicagoland's premier karate school taught under the instruction of John DiPasquale, a four-time National Champion, US National Coach and President of the US National Karate Federation. Our Adult classes release tension, develop total body fitness and build stamina and overall productivity! In addition to self-defense skills, karate increases flexibility, cardiovascular endurance, and muscle tone, while improving core strength. Parent/Child classes are a great way to spend quality time with your child, while conditioning muscles, developing coordination and improving cardiovascular fitness.

- Uniforms and Belt-Testing are options available through the ISKC instructor.
- Please note that the Youth, Parent/Child and Adult classes may train together.
- Beginner students will not be permitted to register into the current session after the second class has met. Registration for continuers through advanced students will be accepted after the start date, but the full class fee is required.
- Continuer must have been in 2 sessions or more or have a white belt with stripes.
- Please visit [WWW.ISKC.COM](http://WWW.ISKC.COM) for more information or call us at 847-359-0666.
- Please note: Fees are per person for Parent/Child classes.

Activity#: 338257  
Instructor: Illinois Shotokan Karate Club Staff  
Location: ARC/Gymnasium II  
Day/Dates: Fridays, April 9th - June 11th  
Fee: R\$115/NR\$125 per person  
Min/Max: 4/15

Session	Time	Age	Category	Level
E	6:15-7:10pm	7&Up	Parent/Child	Beginner/Continuer (White-Red Belts)
F	7:15-8:10pm	7&Up	Parent/Child	Inter/Advanced (Orange & Up)
G	6:15-7:10pm	15&Up	Adult	Beginner/Continuer (White-Red Belts)
H	7:15-8:10pm	15&Up	Adult	Inter/Advanced (Orange & Up)





## Gymnastics Class Descriptions

Our program is designed to provide children with proper and safe gymnastics skill training according to the USA Gymnastics guidelines. Gymnasts who show continued progress and interest may be eligible to join our Alsip Stars Optional Team with the endorsement of a Team Coach. Team Members practice 4 - 6 hours weekly, year round. Competition runs from October through May. We hope to see your child in the Stars Gymnastics Program grow and advance through our many developmental and competitive levels. If you are unsure about which class to register your child for, please leave a message for Michelle Rudman at 708-389-1003.

### Pre-School Gymnastics

Our pre-school gymnastics class is designed for children ages 3 to 4 years old. Each 45 minute class will focus on beginner skills for vault, bars, beam and floor. Gymnasts will also develop body and spatial awareness, as well as confidence while using the spring board, pre-school and low bar, low and medium balance beam, floor and various skill shapes. Participants must wear a leotard or shorts and a t-shirt.

### Kinder Gymnastics

This 45 minute class is designed for boys and girls ages 5 and 6. Participants will gain experience on the spring board, low and medium balance beams, preschool and low bar, as well as the floor. Gymnasts will also develop body and spatial awareness along with confidence using our many skill shapes and trainers. Participants must wear a leotard or shorts and a t-shirt.

### Girls Gymnastics Level 1

Our 45 minute gymnastics class is for girls 7 to 12 years of age with little or no gymnastics experience. Each one hour class will focus on skills for vault, bars, beam and floor. Girls should wear a leotard or shorts and a t-shirt.

### Girls Gymnastics Level 2

Once your daughter has successfully completed Gymnastics Level 1 and has a coach's endorsement, she will be ready for this class. Level 2 is a 45 minute class designed for 7 to 12 year olds and will provide gymnasts a continuation of skill progression. Gymnasts will continue with all equipment used in the Level 1 Class. Girls who have gymnastics experience may request a skill evaluation to determine if this class is appropriate for their ability level. A leotard is required.

### Boys/Girls Tumbling

This 45 minute class is for boys and girls ages 7 - 12 who would like to learn to tumble. Participants will learn a progression of rolls, cartwheels, handstands, round offs, limber skills, walkovers and flip flops. Using a variety of practice drills, tumblers will begin with the basics and individually progress through more advanced skills. Participants must wear a leotard or shorts and a t-shirt. We also offer private tumbling classes for Cheer Teams or groups, please contact Michelle Rudman for more information. NOTE: gymnastics apparatus will not be used - this is only tumbling.

### Stars Gymnastic Teams

ALL TEAMS ARE PLACEMENT ONLY

Our Gymnastic Teams compete in the Illinois Park District Gymnastic Conference. Any fees related to competition (leotards, warm-ups, meet fees, etc) are in addition to the Alsip Park District registration fees. For additional information, please contact Michelle Rudman at (708) 389-1003.

### We Love Our Parents But...

Parents are encouraged to attend their child's first day of class. Please do not remain in the gym after you have dropped your child off. This is in the best interest of your child. Interruptions tend to affect the participant's attention span and inhibit the establishment of peer relationships. It's also important to arrive on time so participants can participate in a proper warm up and stretching.

## Gymnastics Program Schedule Spring 2021

All Recreational Classes are 6 weeks in length, unless noted

Program & Activity Number	Ages	Day	Time	Start/End	Fee	Min/Max	No Class
Preschool Gymnastics #374177-A	3 & 4 years	Tues	5:00 – 5:45pm	March 23 – April 27	R\$41 NR\$61	3/4	
Kinder Gymnastics #374168-B	5 & 6 years	Tues	6:00 – 6:45pm	March 23 – April 27	R\$41 NR\$61	3/4	
Girls Gymnastics Level 1 & 2 #374186-A	7-12 years	Mon	5:00-5:45pm	March 22 – April 26	R\$41 NR\$61	4/5	
Boys/Girls Tumbling #374246-A	7-12 years	Tues	7:00-7:45pm	March 23 – April 27	R\$41 NR\$61	3/4	
Team 1 day- By placement only <u>With coach approval</u> #374216-A	6 and up	Select day: Mon or Wed	6:00 – 8:00pm	March 22 – April 28	\$54 6 practices	4/6	
Team 2 days – by placement only #374216-B	6 and up	Mon & Wed	6:00-8:00pm	March 22 – April 28	\$108* 12 Practices	4/6	
<p><i>*Team Fees for March-April will not offer multiple payments. The full amount is due upon registration.</i></p> <p><b>IF YOU HAVE A BALANCE, YOUR CHILD WILL NOT BE ABLE TO REGISTER OR PARTICIPATE/COMPETE UNTIL PAID IN FULL</b></p>							

**#LATE FEE:** *If registering less than one week prior to the start of a class, a \$10 late fee will be charged in addition to the full registration fee.*

**All Gymnastics Programming is held in the Gymnastics Room at the Apollo Recreation Center.**

Tot Class participants should wear comfortable clothing, socks or bare feet. No jeans.

Participants in Gymnastics or Tumbling Classes should wear comfortable clothing, leotards (no skirts or tights), and bare feet. Gymnastics Level 2 and Shooting Stars participants **MUST** wear a leotard. Hair must be pulled back. Jewelry is not permitted! No jeans or clothing with buckles.

Participants not in compliance with the dress code may need to sit out of practice.

### Gymnastics Class Descriptions

Our program is designed to provide children with proper and safe gymnastics skill training according to the USA Gymnastics guidelines. Gymnasts who show continued progress and interest may be eligible to join our Alsip Stars Optional Team with the endorsement of a Team Coach. Team Members practice 4 - 6 hours weekly, year round. Competition runs from October through May.

We hope to see your child in the Stars Gymnastics Program grow and advance through our many developmental and competitive levels. If you are unsure about which class to register your child for, please leave a message for Michelle Rudman at 708-389-1003 to arrange for a skill evaluation

All Gymnastics Programming is held in the Gymnastics Room at the Apollo Recreation Center. Tot Class participants should wear comfortable clothing, socks or bare feet. No jeans. Participants in Gymnastics or Tumbling Classes should wear comfortable clothing, leotards (no skirts or tights), bare feet. Shooting Stars participants **MUST** be in a leotard. Hair must be pulled back. Jewelry is not permitted! No jeans or clothing with buckles.





South West Special Recreation Association provides high quality recreation for individuals with disabilities. SWSRA continues to follow Governor Pritzker, the CDC, and IDPH guidelines as to how and when we can provide the safest programs. Should this information change, we will update our website. SWSRA is providing seasonal brochures for virtual and in-person programming. These brochures can be found at [www.swsra.com](http://www.swsra.com).

We are offering a wide variety of virtual programming for our SWSRA participants, limited in-person programs, virtual clubs, virtual dances, and much more! You can register via our website and start enjoying these programs NOW! SWSRA is unsure what summer programming or Day Camp will look like in 2021 due to facility spaces, but we hope to offer as much as we can and will update our website and social media pages as we have more information.

Visit [www.swsra.com](http://www.swsra.com) to register for programs, clubs, or events!

Please "like" us on Facebook at "South West Special Recreation Association". We will post new programs as they pop up.

For more information, please call: 708-997-2738 or e-mail [sprieboy@swsra.com](mailto:sprieboy@swsra.com)



**WE WOULD LIKE TO WISH LORI CHESNA A HAPPY RETIREMENT. LORI RETIRED AS THE EXECUTIVE DIRECTOR FOR SOUTH WEST SPECIAL RECREATION ASSOCIATION (SWSRA) AFTER 22 YEARS OF SERVICE TO THE ALSIP AND SURROUNDING COMMUNITIES. SWSRA IS A SPECIAL RECREATION COOPERATIVE COMPRISED OF THE FOLLOWING: ALSIP PARK DISTRICT, BLUE ISLAND PARK DISTRICT, HICKORY HILLS PARK DISTRICT, VILLAGE OF MERRIONETTE PARK, MIDLOTHIAN PARK DISTRICT, PALOS HEIGHTS RECREATION DEPARTMENT, POSEN PARK DISTRICT, AND WORTH PARK DISTRICT. SWSRA WAS FORMED IN 1981 TO PROVIDE YEAR-ROUND QUALITY RECREATION PROGRAMS AND SERVICES FOR INDIVIDUALS WITH DISABILITIES OR SPECIAL NEEDS. SWSRA PROGRAMS ARE DESIGNED TO INCREASE INDEPENDENCE AND ENHANCE THE QUALITY OF LIFE FOR EACH INDIVIDUAL. SWSRA'S MAIN OFFICES ARE LOCATED IN THE APOLLO RECREATION CENTER.**



## Zoom Spanish for Adults – Live

Have you ever wanted to learn a foreign language, but never had the opportunity? Now is the time! Stay connected and learn Spanish from the safety and comfort of your own home via the interactive Zoom platform! In this class you will learn conversational Spanish that you can immediately begin using. The class will be tailored to the needs of the students enrolled. Taught live by a Language in Action, Inc. instructor. Zoom login information will be emailed to participants before the first class.

Activity #: 653463

Instructor: Language in Action

Location: Online

Age: Adult

Min./Max.: 6/15

Session	Day	Dates	Time	Fee
A	Tuesday	April 6th – May 11th	10:00-11:00AM	R\$80/NR\$90
B	Wednesday	April 7th – May 12th	6:00-7:00PM	R\$80/NR\$90

## Spanish for Adults

Have you always wanted to learn a foreign language, but never had the opportunity? Are you planning a vacation to a Spanish speaking country? Do you work with Spanish speaking students or clients? In this relaxed, small class environment you will learn Spanish conversation, grammar, and phonetics which you can immediately begin using. This class will be tailored to fit the needs of the students enrolled. Taught by Language in Action, Inc. instructor.

Activity #: 353463

Instructor: Language in Action

Location: Oak View Center- 4625 W. 110th Street, Oak Lawn, IL 60453

Age: Adult

Min./Max.: 6/15

Session	Day	Dates	Time	Fee
A	Monday	April 19th – May 24th	10:00-11:00AM	R\$80/NR\$90





## Palmistry Workshop

The goal of this workshop is to bring a deeper understanding of the basics of palmistry.

By the end of the workshop students should have the ability to:

Understand the elements associated with the shape of the palm.

Which palm governs the innate gifts that we are born with and which shows how we have grown since. Identify the positions of the head, heart and lifelines and interpret the meanings behind them.

The planets that associate with each finger, and how that translate into day-to-day life.

Identify stress lines on each finger, how long the stress lines take to appear and what to do to alleviate the stress in correlation with the ruling planet of each finger.

How fingernails play a role in overall health.

Identify the patterns on the palm and what each pattern means.

Identify the mounts and plains of the palm in relation to major events.

The power of intuition and learning to trust in yourself when practicing palmistry on others.

Rules, regulations and ethics to follow while practicing the art of palmistry.

Activity: 353416-A

Location: Aerobic Room

Instructor: Rita Langner

Day/Date: Sunday/April 18

Time: 11:00 am-1:00 pm

Age: 16-Adult

Fee: R\$25/NR\$35

Min/Max: 4/10



## Tarot Workshop

By the end of the workshop students should have a greater understanding of:

1.How to choose a deck that resonates with them.

2.The Major Arcana.

3.The supporting role of the Minor Arcana.

4.The most common spreads and how to interpret them.

5.The one card draw for daily inspiration.

6.Learning to trust their intuition when giving readings.

7.How to practice the art of tarot safely and responsibly.

Activity: 353415-A

Instructor: Rita Langner

Location: Aerobic Room

Day/Date: Sunday/March 21

Time: 11:00 am-1:00 pm

Age: 16-Adult

Fee: R\$25/NR\$35

Min/Max: 4/10

Registration Deadline: March 18

## Black Dog Canine Training

Black Dog K9 is dedicated to keep all dogs in loving homes through education and training of both dogs and their owners. Black Dog believes that as people we have an obligation to our animals and that we should preserve and nourish the human/ animal bond. This class teaches the basic behaviors dogs need to know to live with us such as Watch, Sitting on command, Lie down, Respond to their name, Settle down, Stay, Come when called, Walk nicely on leash, Leave it and take it, the three D's distance, duration, and distraction and how they affect training. Class day and dates will be determined by the instructor. To reserve your spot please contact Marty Sullivan at 708.305.1322.



## Basic Astrology



Basic Astrology is a comprehensive course that will give you the tools needed for a deeper understanding of yourself and others. This course is developed to add new elements every week, ending with the creation of your own chart.

Week 1

Your Sun Sign-How you shine.

Week 2

Your Moon Sign-Your deepest thoughts, fears and wishes.

Week 3

Your Sun and Moon Blend-How the planets work together to give you a better sense of self.

Week 4

Your Ascendant-The starting point of your chart and how others perceive you.

Week 5

Your Personal Planets, Mercury-thought process, Mars-your energy and how you use it, Venus-what you find beautiful, how you love and Saturn-your responsibilities and how you own it.

Week 6

Your Outer Planets-known as generational planets, learning what motivates your generation to make changes in our communities and society as a whole.

Week 7

The Houses- Learning what each house means, where your planets are placed, how they interact with each other.

Week 8

Putting Your Chart Together- Combining your energies to create your own personal astrological blueprint.

Note: There will be no class on May 31

Activity: 353411

Instructor: Rita Langner

Location: Multi-purpose II

Day: Monday

Time: 6:00-7:00 pm

Fee: \$70

Age: 16-Adult

Min/Max: 5/10

Session Dates

A March 8-April 26

B May 3-June 28

## Astrology 2



A continuation of basic astrology, adding on to the knowledge already presented. We will be working primarily on transits and progressions in our own charts, gaining more insight on how are charts work and what energies are current or will be coming soon, and how to deal with them.

Activity: 353412

Instructor: Rita Langner

Location: Multi-purpose II

Day: Wednesday

Time: 6:00-7:00 pm

Fee: \$85

Age: 16-Adult

Min/Max: 5/10

Session

Dates

A March 10-April 28

B May 5-June 23





## Qi Gong

Qi Gong is an ancient Chinese exercise and healing technique that involves meditation, controlled breathing, and movement exercises. This class will encourage participants to identify their Qi (pronounced Chee) or life force energy, thereby using this energy to promote health and healing on all levels of the spirit, mind and body. Please bring your own yoga mat and a towel.

Activity:	366410-A
Instructor:	Rita Langner
Location:	Dance Room
Day:	Saturday
Time:	11:00 am-12:00 pm
Fee:	R\$45/NR\$55
Age:	16-Adult
Min/Max:	5/10
Session	Dates
A	March 13-April 17
B	April 24-May 29



## Piano Lessons

Mozart, Bach and Beethoven move over!! Have you ever wanted to learn piano in a fun and relaxing way? Then come on over! You will learn the basics of note reading and musical theory. Musical pieces will progress with the student's abilities. All first-time students must purchase the John W. Schaum book Making Music Method- Middle-c Approach: Primer Level Early Elementary Level coming to class. Your time and day of the lesson will be arranged after you register, you choose the most convenient time! Lessons are private and ½ hour in length for six-week sessions. Piano is a great hobby that lasts a lifetime.

Activity:	348305
Location:	Multi 1
Instructor:	Margorie Kuiper
Day:	Instructor arranged
Time:	30-minute sessions
Age:	7 - Adult
Min/Max	2/10
Session	Dates
A	March 15th - April 23rd
B	April 26th - June 4th

## Beginner Pickleball NEW

This class is for those who have never played pickleball before or who have very limited experience with the sport. It will focus on pickleball basics such as forehand and backhand shots, serving, and court positioning. Players will also learn scoring and the rules of the game through drills and playing time. The slower pace of this class will give players the opportunity to develop the skills needed to play this fun and energetic game.

\*Equipment: Please bring a face covering.

Activity #:	374038-A
Instructor:	SportsKids Inc.
Age:	18+
Location:	ARC/Gymnasium
Day:	Wednesday
Date:	April 14-May 19
Time:	6:30-7:30pm
Fee:	R\$60/NR\$70
Min/Max:	5/10
Registration Deadline:	Friday, April 9th



PIANO  
lessons

Fee
R\$135/NR\$145
R\$135/NR\$145

## Illinois Shotokan Karate Adult/Parent/Child

Illinois Shotokan Karate Club is Chicagoland's premier karate school taught under the instruction of John DiPasquale, a four-time National Champion, US National Coach and President of the US National Karate Federation. Our Adult classes release tension, develop total body fitness and build stamina and overall productivity! In addition to self-defense skills, karate increases flexibility, cardiovascular endurance, and muscle tone, while improving core strength. Parent/Child classes are a great way to spend quality time with your child, while conditioning muscles, developing coordination and improving cardiovascular fitness.

- Uniforms and Belt-Testing are options available through the ISKC instructor.
- Please note that the Youth, Parent/Child and Adult classes may train together.
- Beginner students will not be permitted to register into the current session after the second class has met. Registration for continuers through advanced students will be accepted after the start date, but the full class fee is required.
- Continuer must have been in 2 sessions or more or have a white belt with stripes.
- Please visit [WWW.ISKC.COM](http://WWW.ISKC.COM) for more information or call us at 847-359-0666.

Activity#: 338257  
 Instructor: Illinois Shotokan Karate Club Staff  
 Location: ARC/Gymnasium II  
 Day/Dates: Fridays, April 9th - June 11th  
 Fee: R\$115/NR\$125 per person  
 Min/Max: 4/15

Session	Time	Age	Category	Level
E	6:15-7:10pm	7&Up	Parent/Child	Beginner/Continuer (White-Red Belts)
F	7:15-8:10pm	7&Up	Parent/Child	Inter/Advanced (Orange & Up)
G	6:15-7:10pm	15&Up	Adult	Beginner/Continuer (White-Red Belts)
H	7:15-8:10pm	15&Up	Adult	Inter/Advanced (Orange & Up)





## \*Deposit Information\*

Teams may pay \$100 deposit to hold spot in league and also leave valid credit card #. If full payment is not received by the start of the league, card will be charged balance of league fee. Teams whose credit card is declined will lose spot in league.

## Men's 16" Softball

Our 16" leagues are designed for men 18 years and older. All leagues will be double header leagues, with teams playing two games each week. All competition is played at Commissioner's Park, located at 126th and Kedzie, Alsip. All leagues consist of a minimum of four with a maximum of eight teams. Any league that does not reach the minimum of four teams will be canceled. League play shall consist of a 14-game season plus one week of playoffs. Rosters are limited to 18 players. Leagues may be combined in order to reach appropriate numbers.

Activity	Day	Start Date	Game Time	Fee	Games
374021	SU	May 9	10:00am & 11:00am	R\$665/NR\$685	14
374024	TU	May 11	7:00pm & 8:00pm	R\$665/NR\$685	14
374027	FR	May 14	7:00pm & 8:00pm	R\$675/NR\$685	14

## Co-Rec 14" Softball

This league is being offered to adults 18 years and older. Teams will play a double header every week. All competition will be played at Commissioner's Park, located at 126th and Kedzie, Alsip. League play shall consist of a 14-game schedule, with the top four teams advancing to the playoffs. Each league shall consist of a minimum of four teams with a maximum of eight. Rosters are limited to 20 players.

Activity	Day	Start Date	Game Time	Fee	Games
374034	WE	May 12	7:00pm & 8:00pm	R\$665/NR\$685	14

## Beginner Pickleball NEW

This class is for those who have never played pickleball before or who have very limited experience with the sport. It will focus on pickleball basics such as forehand and backhand shots, serving, and court positioning. Players will also learn scoring and the rules of the game through drills and playing time. The slower pace of this class will give players the opportunity to develop the skills needed to play this fun and energetic game. \*Equipment: Please bring a face covering.

Activity #:	374038-A
Instructor:	SportsKids Inc.
Age:	18+
Location:	ARC/Gymnasium
Day:	Wednesday
Date:	April 14-May 19
Time:	6:30-7:30pm
Fee:	R\$60/NR\$70
Min/Max:	5/10
Registration Deadline:	Friday, April 9th



## PLEASE NOTE INFORMATION ABOUT SPECIAL EVENTS:

The Alsip Park District still plans on offering many special events this Spring and Summer, but due to the rapidly changing Covid-19 Pandemic, we will wait to release details of these offerings at this time. As summer approaches, we will continue to follow all CDC and IDPH guidance from the state for special events. Please save the dates below and check back on our website at [www.alsipparks.org](http://www.alsipparks.org)

**Easter Egg Hunt**

**Bunny Breakfast**

**Fun Fest**

**Car Show**

**Day of Play**

**Halloween Carnival**

**Santa's Landing**

**March 27**

**March 27**

**June 19**

**September 18**

**September 25**

**October 30**

**December 4**

SAVE

THE DATE!

CHECK OUR FACEBOOK  
AND THE  
ALSIP PARK DISTRICT  
WEBSITE FOR UP TO  
DATE INFO, POP UP  
EVENTS AND COOL PRIZE  
OPPORTUNITIES!

WWW.  
ALSIPPARKS.  
ORG





## Membership Info



12521 South Kostner Avenue • Alhambra, Illinois 60003

## **Open Gym - Apollo Recreation Center** **Reserve a Basket**

Hours for open gym are as follows:

<b>Monday, Wed, Thursday:</b>	<b>3:00pm—8:00pm</b>
<b>Saturday</b>	<b>9:00am– 5:30pm</b>
<b>Sunday</b>	<b>9:00am– 3:45pm</b>

### **RESIDENT PASS HOLDERS ONLY**

**Reserve a basket at the Apollo Recreation Center by calling 708-389-1003**

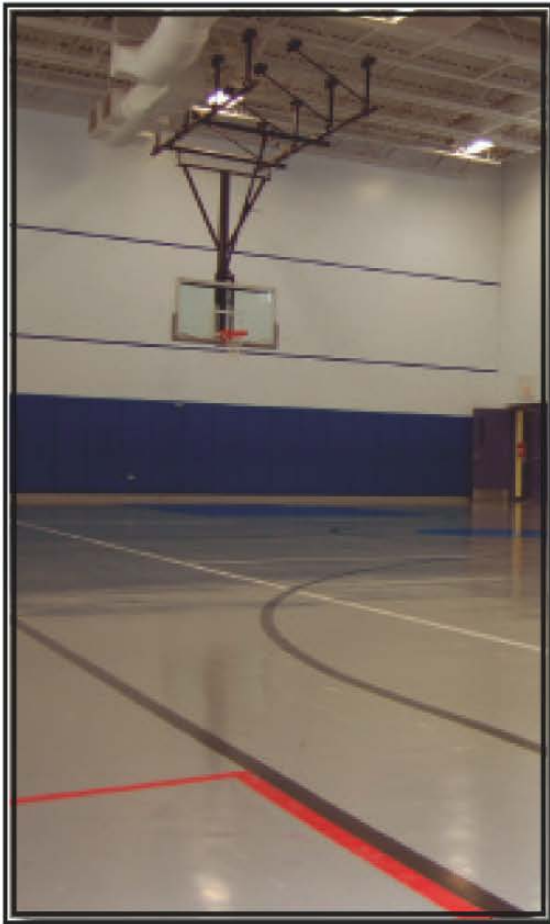
**Basket reservations are for 1.5 hours each, max of 3 people per basket  
12 person capacity per time slot**

**You must have a reservation and OPEN GYM PASS ID to enter the facility**

You must promptly exit the facility at the end of your reservation.

- Participants will complete a health check prior to entry. You should not utilize facility if you or someone from your household is experiencing symptoms of COVID-19.
- You must make reservation in advance by calling 708-389-1003. (ex 326 for building attendant or ex 300 for main office)
- You can reserve up to two time slots per week. This is subject to change.
- You should remain outside of facility until 5 minutes before your reservation time.
- You must maintain proper social distance from other users and staff at all times.
- No pick up games. You must stay near your reserved basket
- Face coverings must be worn when not at your basket. This includes common areas and restrooms.
- Wash your hands often or use hand sanitizer.
- Leave personal belongings at home or locked in your vehicle. Not responsible for lost or stolen items
- You should come to the gym in your basketball attire.
- If you need to use the restroom please see the building attendant first.
- You will enter and exit through the front door of the facility. Facemasks are required





## ***ARC-Gymnasium***

Rental The small gymnasium, located in the Apollo Recreation Center is for rent on Saturday and Sunday. This gymnasium can be used to play volleyball or basketball; no spectators allowed. A minimum two-hour rental required for gymnasium. All rentals must be completed including clean up with their rental by 8:00 pm. Renters must include set up and take down time in the time on the contract. No alcoholic beverages or D.J.s allowed and renter is responsible for all guests, liabilities and damages.

Note: For cancellations the Alsip Park District must be notified two weeks prior to the rental or a forfeit of the renter's deposit will occur. Rental on Saturday and Sunday Only.

- 25 person capacity
- \$50 Cash Deposit Required (minimum of 2 hours)
- Residents-\$50 an hour
- Non-Residents-\$75 an hour

## ***ARC-Dance Room***

The Alsip Park District offers a party room for rent in the Apollo Recreation Center. The Dance Room is ideal for a party or family function. This rental includes set-up and take down of tables and chairs. This room is used for all of our special events and has a comfortable feel for your next birthday party, baby or bridal shower or family get together. You will not be disappointed. Renters must include set up and take down time in the time on the contract. No alcoholic beverages or D.J.s allowed and renter is responsible for all guests, liabilities and damages. Note: For cancellations the Alsip Park District must be notified two weeks prior to the rental or a forfeit of the renter's deposit will occur. Rental on Saturday and Sunday Only • 60 person capacity



- Dimensions 35 x 40 feet
- \$20 for Coffee Service
- \$20 for Marquee Message
- \$1/Bag of Ice (limit 5 bags)
- \$100 Cash Deposit Required
- Fee (minimum of 3 hours)
  - Resident-\$35 per hour
  - Non-Resident-\$60 per hour.

## ***Picnic/Shelter Rental***

The Alsip Park District is eager to inform you that several of our shelters in our parks throughout the community are for rent. Each shelter may only be rented once a weekend, either Saturday or Sunday. No alcoholic beverages, animals, open fires (except in permanent park district grills), DJ's or glass containers are allowed and renter is responsible for all guests, liabilities and damages. Renter and guest must clean and vacate the premise by dusk, failure to do so will result in forfeit of their deposit. Renters must include set up and take down time in the time on the contract. Note: For cancellations the Alsip Park District must be notified 2 weeks prior to the rental or a forfeit of the renter's deposit will occur. Rental on Saturday and Sunday Only between June and Oct.

- Apollo Park (50 person capacity)
- Barnes Park (25 person capacity)
- Laramie Park (25 person capacity)
- Sears Park (60 person capacity)
- \$50 Cash Deposit
- \$100 Cash Deposit Required (Sears Park Only)
- Residents-\$100 per 5 hour rental
- Non-Residents-\$150 per 5 hour rental
- \$25 Cash Fee for Bathrooms (Sears Park Only)





# *Register Now*

1. ***Online Registration*** Visit [www.alsipparks.org](http://www.alsipparks.org), select registration, select online registration. For first time users of the system, you will have to set-up an account. This can be done by selecting the Create Account Tab. Setting up a new account will only take a few minutes and is only required for the first time you use the system. The online registration system provides many handy features that are designed to make registration easier.

2. ***Mail-In*** Complete the registration form in the brochure. The form must be filled out completely in order to be processed. Payments may be made by check or credit card. Checks should be made payable to the Alsip Park District. If paying by credit card, include your complete credit card number, card holder name, expiration date and signature. Note: Make sure you sign the waiver on the registration form. Mail to: Alsip Park District 12521 South Kostner Alsip, Illinois 60803 Attn: Registration

3. ***Fax*** Complete the registration form in the brochure. The form must be filled out completely in order to be processed. All faxed registrations must be paid with a credit card. Be sure to include your complete credit card number, card holder name, expiration date and signature. Note: Make sure you sign the waiver on the registration form. Fax to: 708-389-1529

4. ***Drop-Off*** Complete the registration form in the brochure and/or complete a registration form at the Apollo Recreation Center. The form must be filled out completely in order to be processed. Place the completed registration form inside the mailbox located outside the front entrance of the Apollo Recreation Center, dropoff box inside located by the main office or drop it off at the Registration Desk during regular business hours. Note: Make sure you sign the waiver on the registration form. Drop-off at: Alsip Park District 12521 South Kostner Alsip, Illinois 60803 Attn: Registration

## ***REGISTRATION PROCESSING BEGINS***

***Residents: Monday, February 22***

***Non-Residents: Monday, March 1***

### ***Registration Process:***

You simply complete a registration form and return it to the Alsip Park District Registration Department and we will mail you a confirmation receipt once your registration has been processed.

# Alsip Park District

Family Name \_\_\_\_\_ Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Home Phone(\_\_\_\_) \_\_\_\_\_ Work Phone(\_\_\_\_) \_\_\_\_\_ Emergency Phone(\_\_\_\_) \_\_\_\_\_  
 Emergency Contact \_\_\_\_\_ Relationship to Family \_\_\_\_\_  
 Do you have any special needs or require any accommodations? \_\_\_\_\_

First Name	Gender	Date of Birth	Grade	Activity #	Session #	Program Title	Day/Time	Location	Fee
								Total Paid	\$

FAX TO: 708-389-1529

MAIL TO: Alsip Park District  
 12521 S. Kostner  
 Alsip, Illinois 60803

Visa \_\_\_\_\_ Mastercard \_\_\_\_\_ Discover \_\_\_\_\_  
 Cardholder # \_\_\_\_\_  
 Cardholder Name \_\_\_\_\_ Exp. Date \_\_\_\_\_  
 Amount Charged \_\_\_\_\_  
 Authorized Signature \_\_\_\_\_

Are you interested in being a volunteer coach for one of our Youth Sport Programs? Yes ☐ No ☐

For Office Use Only		
Cash _____	Check _____	Charge _____
Date Rec'd _____	Check # _____	

E-Mail Address \_\_\_\_\_ Participant Shirt Size \_\_\_\_\_

## IMPORTANT INFORMATION

The Alsip Park District is committed to conducting its recreation programs and activities in a safe manner and holds the safety of the participants in high regard. The Park District continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for any program or activity must recognize that there is an inherent risk of injury when choosing to participate in any recreational activity.

You are solely responsible for determining if you or your minor child/ward are physically fit and/or adequately skilled for the activities contemplated by this agreement. Always advisable, especially if the participant is pregnant, disabled in any way or has suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

## WARNING OF RISK

Recreational activities are intended to challenge and engage the physical, mental and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury when participating in any recreational activity. All hazards and dangers cannot be foreseen. Depending on the particular activity, certain risks, dangers and injuries may exist due to inclement weather, slips and falls, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction or other officiating, and other risks inherent to the particular activity. In this regard, it is impossible for the Park District to guarantee absolute safety.

## WAIVER AND RELEASE OF ALL CLAIMS AND PHOTO/VIDEO AUTHORIZATION

Please read this form carefully and be aware that in signing up and participating in this program/activity, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this program/activity (including transportation services, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in this program/activity, and I voluntarily agree to assume the full risk of any and all claims for injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my minor child/ward) as a result of participating in this program/activity against the Alsip Park District, including its officials, agents, volunteers and employees.

I further authorize and give my consent to the Alsip Park District to photograph/video my child (or me), and without limitation, to use such photographs/videos in connection with promoting the services, programs, and facilities of the Alsip Park District, without consideration of any kind.

**I have read and fully understand the above important information, warning of risk, waiver and release of all claims, and photo/video authorization. If registering on-line or via fax, my on-line or facsimile signature shall substitute for and have the same legal effect as an original form signature.**



PLEASE PRINT

Participant's Name \_\_\_\_\_

Participant's Signature \_\_\_\_\_

(18 years or older or Parent/Guardian)

Date \_\_\_\_\_

follow us on  
twitter

## PARTICIPATION WILL BE DENIED

If the signature of adult or parent/guardian and date are not on this waiver.



## Waiting Lists

Since all our programs have registration limits we cannot guarantee your choice of enrollment in them. The Alsip Park District maintains waiting lists for programs that have reached their maximum registration. Placement on a waiting list is encouraged. Individuals placed on a waiting list will be contacted if any additional program space becomes available.

## Oops! - Brochure Errors

Though we try our best, due to the large amount of information available in the Alsip Park District Program Guide, errors after publication may occur. We apologize for any inconvenience this may cause, and when errors do occur, our staff will advise you of the changes as quickly as possible. We will also attempt to keep information on our website, [www.alsipparks.org](http://www.alsipparks.org) as current as possible. Thank you for your patience and understanding.

## Special Accommodations

Special Accommodation Services are provided through the inclusion services of the South West Special Recreation Association (SWSRA). Requests for this service should be made a minimum of 2 weeks before the start date of any program during the registration process.

## Say Cheese

Our Park District photographers periodically take pictures and/or videos of participants in our classes, during special events and out at our facilities and parks. Please be aware that these photos are for Park District use and may be used in the District's marketing materials. You must give us written permission if you or your family members do not want to be photographed or published.

## Payment/Pro-rating

Participants will not be registered for programs without payment. Program fees will not be pro-rated for late enrollment.

## Residency

Residency of the Alsip Park District is defined by financial contributions through property taxes for the operation of the park district. Boundaries of the Alsip Park District and the Village of Alsip are not exactly the same. If you are uncertain whether you qualify as an Alsip Park District resident, please check your current property tax bill. Proof of residency in the form of a picture I.D. and current tax bill or utility bill may be required during program registration. Alsip Park District residents are given first priority for program registration.

## Program Limitations

Each program at the Alsip Park District has an established minimum and maximum number of possible registrants. These numbers are set to guarantee the highest quality program we can offer. The facility, student/teacher ratio and the nature of the program considered when setting program registration minimums and maximums. Programs that do not meet the minimum number of registrants may be cancelled. Please refer to the Program Cancellation section for additional information. Program instructors are not allowed to accept any registrant beyond the established maximum without authorization by their immediate athletic or recreation supervisor.

## Class Cancellation Information

Program supervisors begin reviewing class enrollment and canceling classes that do not meet minimum enrollment approximately ONE WEEK (five business days), prior to the start date. It is extremely important that you try to register for class choices no later than one week before they begin. All participants registered in cancelled programs will be notified by the Alsip Park District staff and will receive a full refund.

**REGISTER ONLINE AT  
[WWW.ALSIPPARKS.ORG](http://WWW.ALSIPPARKS.ORG)**

## The Alsip Park District Accepts

Visa, Mastercard American Express and Discover for credit card payments. Sorry, no telephone registrations.

A \$25.00 fee is charged on all NSF checks. All future registrations must be paid by cash, certified check or money order. Payment is due at the time of registration, unless otherwise noted.

## Program Confirmation

A confirmation/receipt will be sent to you in the mail once your registration has been processed. If it states ENROLLED you are enrolled in the program. If it states W-List, you are on the waiting list for the program. You will be notified of waiting lists status changes. We encourage you to place your name on a waiting list. If the program you desire is full, additional sessions will be opened, if possible.

## Minimum/Maximum

When you see the words Min./Max. under a program it refers to the minimum number of participants needed for the program to run and the maximum number of participants that the program can accommodate.

## Park Watch

We need your help in keeping our parks safe, clean and FREE of vandalism. If you find broken equipment or have any other safety concerns about our park sites or facilities, please contact our Main Office at 708-389-1003. If you see vandalism occurring in the parks, please contact the Alsip Police Department by calling 708-385-6902. The park district is committed to providing a safe place for recreational activities. Thank You for your support in our efforts to provide the residents of the Alsip Park District with quality park sites and facilities.

## Refund Policy

Individuals submitting a request for a refund for a program will be eligible to receive a refund provided the request meets one of the criteria below:

Individual must complete a refund application at the Apollo Recreation Center prior to two classes of the program session. No other refunds will be given after two classes of the program session have expired.

For various one day seminars, trips or special events a refund will be given if the following criterion occurs: Individual must complete a refund application at the Apollo Recreation Center one week prior to the seminar, trip or special event.

There is a \$50 non-refundable processing fee for Day Camp and Teen Camp.

A processing fee of \$3.00 is deducted from all refunds with the exception of programs cancelled by the Alsip Park District.


Individuals enrolled in programs, special events or trips that are cancelled by the Alsip Park District will be given a 100% refund and a processing fee will not be assessed.

## Americans with Disabilities Act (ADA)

The Americans with Disabilities Act of 1991 (Public Law 101-306) was adopted by congress for the purpose of eliminating discrimination against individuals with disabilities. The Alsip Park District makes every effort necessary to comply with the Americans with Disabilities Act (ADA). We will not discriminate against qualified individuals with a disability for participation in programs and services. The Alsip Park District invites any individual with special needs to notify our staff upon registration so that we may better serve you. Additional programs for people with disabilities are offered through the Southwest Special Recreation Association (SWS-RA). For additional information, please contact SWSRA at 708-389-9423.




# Parks and Facilities

	VOLLEYBALL COURT	PICNIC AREA	FITNESS CENTER	PLAYGROUNDS	TOT LOT	BALL DIAMONDS	BASKETBALL COURT	FOOTBALL FIELD	TENNIS COURTS	GOLF COURSE DRIVING RANGE	BANQUET FACILITY	RESTAURANT	SOCCER	WALKING/BIKE PATH	CONCESSION STAND	INFINITY WEB	SKATE PARK
Apollo Recreation Center 12521 South Kostner	3 *	+	+	+			2 *		2					+			
Aquatic Park & Pool 11930 South Kostner		+			+										+		
Austin View Park Route 83 & Austin Ave.				+	+				2 L					+			
Barnes Park 117th & Kolin Ave.		+		+	+	+											
Bicycle/Walking Path 116th Street-127th Street														+			
Creekside Park 113th & Lamon Avenue				+													
Commissioners Park 12600 Kedzie Avenue	2 L	+		+	+	4 L							+	+	+		
Fountain Hills Golf Club 12601 Kedzie Avenue										 30 L	+						
Freedom Park 131st & Cicero		+		+	+												
Ketelaar Tot Lot 124th & Walter Lane					+												
Kiwanis Park 122nd & Laramie													+				
LaCrosse Tot Lot Engle Rd. & LaCrosse Ave.					+		1										
Laramie Park 120th & Laramie Avenue		+		+	+	1	1										
Mary J. Lynch Skate Park 119th Pl. & Kostner Ave.		+														+	+
Pokey Oaks 123rd & Laverne Ave.					+												
Prairie Ball Diamonds 11910 S. Kostner Avenue						4											
Prairie View Park Termunde Dr. & Tripp Ave.				+													
Progress Park 122nd & Springfield				+													
Ronnetree Park 127th Pl. & Kenneth Ave.				+													
Sears Park 123rd & Trumbull Ave.		+		+	+	1		+					+	+			
Wilkins Park Blossom Drive				+	+		1										

\* = indoor

L = lighted

+ = equipment appears at location

 = 9 holes

**Note:** Parks with lighted fields and/or courts close at 11:00 pm. All other parks close at dusk.  
All parks open at dawn. No alcohol or open fires allowed on park district property.



### Key

- Asap Park District  
Village Property

