



ALSIP PARK DISTRICT 2021

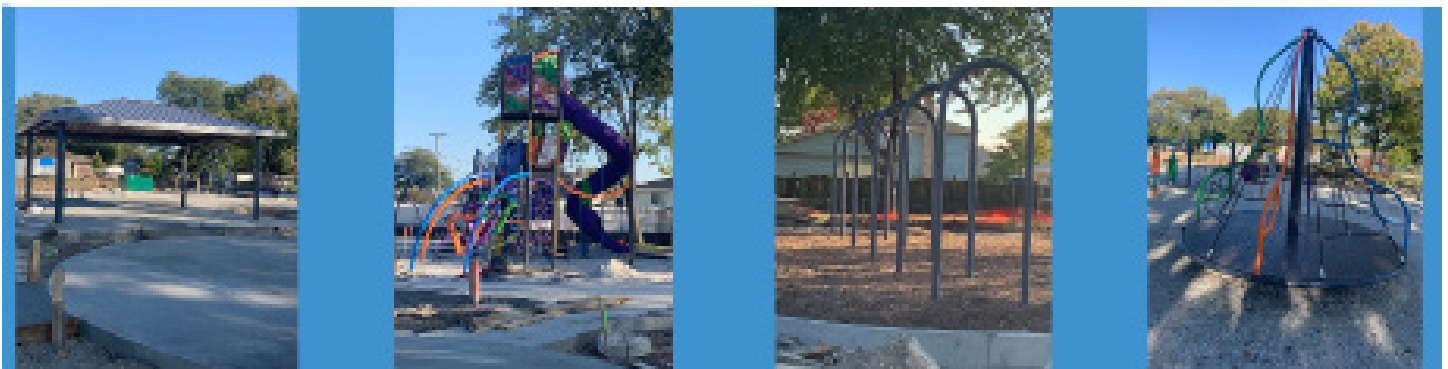
# Winter

Registration Dates: Residents Nov. 16/Non-Residents Nov. 23

[www.alsipparks.org](http://www.alsipparks.org)

## ***What's Happening at the Alsip Park District***

The redevelopment of Laramie Park project is nearing completion. We are excited to finalize this park project for your enjoyment. Improvements include recreation opportunities for all ages including a handicap accessible playground, a splash pad, a fitness area, a picnic shelter, a free play court, a baseball field, a soccer station, a walk/bike path and a 15 space off street parking lot. Landscape improvements include a rain garden with interpretive signage, as well as native trees, shrubs and perennials. This project is being completed with the assistance of an Open Space Land Acquisition and Development (OSLAD) grant through the Illinois Department of Natural Resources. We will announce an opening date in the near future.



We want to send a BIG THANK YOU to all our users for voting for the Fountain Hills Golf Club as the SouthtownStar Best of Chicago's Southland in the Golf Course category. The Southtown Star prompted readers to vote for their favorite places in several categories and we came out on top. We are proud that the Fountain Hills Golf Club was voted one of the best in the Chicago Southland and look forward to continuing to serve our residents and neighboring communities.



Also  
Awarded  
2017  
2016  
2014

We are a proud partner of the Healthy Minds Healthy Bodies Program at the Alsip Park District. This is a partnership program that we are offering together with South West Special Recreation Association (SWSRA). This is a free program for military veterans in Alsip. Veterans qualify if they have a 10% or higher disability rating or equivalent non service connected injury/illness, Honorable, medical, or general discharge. Please contact Greg Hooper, Superintendent of Recreation at 708-389-1003 x306 or [ghooper@alsipparks.org](mailto:ghooper@alsipparks.org) for more information.



The Alsip Park District is proud to show our appreciation to military, veterans and first responders. We provide 10% off our lowest advertised rate for annual passes and daily passes to all park district facilities. This is valid for active military, veterans and first responders.

The Alsip Park District is a proud member of South West Special Recreation Association (SWSRA). SWSRA's main offices are located in the Apollo Recreation Center.

# *Alsip Park District Board of Commissioners*

The Park Board is composed of five non-paid individuals selected by you to serve elected terms.

The Board is primarily a policy-making body that reflects the needs and interest of all taxpayers. The Board of Commissioners meets on the fourth Monday of each month at the Apollo Recreation Center, 12521 South Kostner at 6:30 pm. The public is welcome to attend.



Apollo Recreation Center

12521 S. Kostner Avenue

Alsip, Illinois 60803

Tel. 708-389-1003

Fax 708-389-1529

Web Address: [www.alsiparks.org](http://www.alsiparks.org)

*Pictured left to right,  
Jerri-Lynn Kleina,  
Joe Schmitt, Kathleen Perretta,  
Jackie Becker and Jairo Gutierrez*

## ***Registration Office Hours***

Monday	8:30am-6:00pm
Tuesday - Friday	8:30 am-5:30 pm
Saturday	9:00 am-12:00 pm
Sunday	Closed

***The Mission of the Alsip Park District***  
is to enrich life through quality  
leisure services at a variety of parks  
facilities, while offering programs in the  
areas of education, social involvement &  
recreation in a clean, safe environment for  
individuals of all ages.

## **OUR STAFF**

Jeannette Huber, CPRP  
Greg Hooper, CPRP  
Cathy Krydynski  
Daren McLaughlin  
Dale Durnin  
James Parrott  
Mike DeChene, CPSI  
Rick Radz  
Jeremy Dryier  
Richard Gottardo  
Danielle Peso Companio  
Leslie Guerrero, A.C.E., CPO  
Brad Burke  
Denise Michalski, CPP  
Rebecca Perkaus  
Donna Smith  
Erica Jagust  
Jackie Nelson

Director of Parks & Recreation  
Superintendent of Recreation  
Business Manager  
Superintendent of Parks  
Park Foreman  
Park Laborer  
Park Laborer  
Park Laborer  
Park Laborer  
Fountain Hills Golf Club Manager  
Food & Beverage Manager  
Aquatic / Fitness Manager  
Athletic Supervisor  
Recreation Supervisor  
Recreation Supervisor  
Office Manager/Business Clerk  
Office Staff  
Office Staff

# APOLLO RECREATION CENTER

12521 South Kostner Ave.

Alsip, Illinois 60803

(708)389-1003

[www.alsipparks.org](http://www.alsipparks.org)

## Gymnasium Open Gym Hours

(Effective Monday, December 7, 2020)

Mon./Wed./Fri. 3:00pm-8:00pm

Saturday 9:00am-5:00pm

Sunday 9:00am-3:45pm

Hours Subject to Change.

## Registration Office Hours

Monday 8:30 am-6:00 pm

Tuesday-Friday 8:30 am-5:30 pm

Saturday 9:00 am-12:00 pm

Sunday Closed

Hours Subject to Change.

## OPEN GYM RESERVATIONS

Reserve a basket at the Apollo Center by calling 708.389.1003.

Basket reservations are for 1.5 hour each, max of 3 people per basket.

12 person capacity per time slot.

**SEE PAGE 42 FOR FULL DETAILS.**



## TABLE OF CONTENT

<i>Adult Athletics</i>	<b>38</b>
<i>Adult Programs</i>	<b>35</b>
<i>Youth Enrichment Programs</i>	<b>18</b>
<i>Apollo Recreation Center</i>	<b>2</b>
<i>Facility Rentals</i>	<b>42</b>
<i>Fitness Center</i>	<b>4</b>
<i>Fitness Programs</i>	<b>6</b>
<i>Fountain Hills Golf Club</i>	<b>11</b>
<i>General Information</i>	<b>46</b>
<i>Gymnastics</i>	<b>32</b>
<i>Gymnasium Membership</i>	<b>41</b>
<i>Gymnasium Reservations</i>	<b>42</b>
<i>Parks &amp; Facilities</i>	<b>49</b>
<i>Parent/Tot Programs</i>	<b>16</b>
<i>Preschool Programs</i>	<b>17</b>
<i>Registration Procedures</i>	<b>44</b>
<i>Refund Policy</i>	<b>47</b>
<i>School Year Programs</i>	<b>24</b>
<i>Special Events</i>	<b>39</b>
<i>Youth Athletics</i>	<b>25</b>

## Apollo Recreation Center Holiday Hours

Holiday/Date	Womens CC	Fitness Ctr	Gymnasium	Main Office
Thanksgiving Day - November 26	CLOSED	CLOSED	CLOSED	CLOSED
Day After Thanksgiving	8AM-2PM	6AM-8PM	9AM-8PM	8:30-5:30PM
Christmas Eve - December 24	8AM-2PM	6AM-3PM	9AM-3PM	8:30-1:00PM
Christmas Day - December 25	CLOSED	CLOSED	CLOSED	CLOSED

PLEASE PRESENT VALID ID AT REGISTRATION



TO SHOW OUR APPRECIATION TO MILITARY,  
VETERANS AND FIRST RESPONDERS;  
THE ALSIP PARK DISTRICT PROVIDES 10% OFF  
OUR LOWEST ADVERTISED RATE FOR  
ANNUAL PASSES AND DAILY PASSES TO ALL  
PARK DISTRICT FACILITIES.

**THIS IS VALID FOR ACTIVE MILITARY,  
VETERANS AND FIRST RESPONDERS.**



**Fountain Hills Golf Club**  
12601 S. Kedzie



**Sprayfari Aquatic Park**  
11930 S. Kostner

The Apollo Recreation Center is a licensed  
AllenForce facility offering the Healthy Minds  
Healthy Bodies program for All Eras of Veterans.



To see if you qualify, please call us at 708-389-1003.

[www.alsiparks.org](http://www.alsiparks.org)

**Apollo Recreation Center 12521 S. Kostner**



SWSRA continues to follow Governor Pritzker, the CDC, and IDPH guidelines as to how and when we can provide the safest programs. Should this information change, we will update our website. SWSRA is providing month-by-month calendars and schedules for programming. These calendars can be found at [www.swsra.com](http://www.swsra.com).

Meanwhile, we are offering a wide variety of virtual programming for our SWSRA participants, limited in-person programs, virtual clubs, virtual dances, and much more! You can register via our website and start enjoying these programs NOW!

SWSRA's Annual Feed The Hungry dance has gone virtual and EVERYONE is invited! The dance is on Friday, December 11th from 7:00pm - 8:00pm. The fee is \$3 per participant. All proceeds go towards purchasing canned food to be donated for those in need.

Visit [www.swsra.com](http://www.swsra.com) to register for programs, clubs, or events!

Please "like" us on Facebook at "South West Special Recreation Association". We will post new programs as they pop up!

For more information, please call: 708-997-2738 or e-mail [spricboy@swsra.com](mailto:spricboy@swsra.com)

# CO-ED & WOMEN'S FITNESS CENTERS

The Co-Ed Fitness Center is equipped with Cybex/Bodmaster strength equipment, Apex five station cable crossover strength equipment, free weights, smith machine, x-trainers, treadmills, nu-steps, and 2 recumbent bicycles! We know we have the equipment you need for the perfect workout. All fitness members are required to participate in a fitness orientation. Orientations are done on an appointment basis after a facility pass is purchased and proper attire must be worn. Thirteen through sixteen year olds can join the Fitness Center, but they must be supervised by another member 18 years or older. For your convenience, the Fitness Center is staffed during all hours of operation. Note: All upgrades from a 3 month membership to a yearly MUST be done within two weeks of expiration.

MEMBERSHIP TYPE	INDIVIDUAL (17& UP)	ADDITIONAL FAMILY MEMBER	FULL TIME STUDENT (18-22) WITH PROOF OF 12 CREDIT HOURS	TEEN (13-16) WITH CURRENT MEMBER 18+ WITH ID	SENIOR (55+)	SENIOR ADD-ON (55+)	CORPORATE ALSOIP BUSINESSES ONLY UP TO 30 PEOPLE
ANNUAL	R\$175 NR\$219	R\$150 NR\$188	R\$150 NR\$188	R\$150 NR\$188	R\$90 NR\$113	R\$90 NR\$113	R\$190 PER PERSON
DAILY	R\$8 NR\$12	R\$8 NR\$12	R\$8 NR\$12	R\$8 NR\$12	R\$8 NR\$12	R\$8 NR\$12	N/A
MONTHLY	R\$25 NR\$35	R\$25 NR\$35	R\$25 NR\$35	R\$25 NR\$35	R\$20 NR\$30	R\$20 NR\$30	N/A
3 MONTH	R\$73 NR\$92	R\$69 NR\$87	R\$69 NR\$87	R\$69 NR\$87	R\$57 NR\$67	R\$57 NR\$67	N/A
UPGRADE TO AN ANNUAL WITH THREE MONTHS	R\$112 NR\$140	R\$93 NR\$117	R\$93 NR\$117	R\$93 NR\$117	R\$46 NR\$58	R\$46 NR\$58	N/A

## Fitness Center Winter Hours (Effective Monday, December 7, 2020)

Day	Hours
Monday-Friday	6:00 am-9:00 pm
Saturday	8:00 am-6:00 pm
Sunday	8:00 am-5:00 pm

## Women's Circuit Center Winter Hours (Effective Monday, December 7, 2020)

Day	Hours
Monday-Friday	8:00 am-2:00 pm
Saturday	8:00 am-12:00 pm
Sunday	8:00 am-12:00 pm

## Co-Ed Circuit Center Winter Hours (Effective Monday, December 7, 2020)

Day	Hours
Monday-Friday	2:00 pm-9:00 pm
Saturday	12:00 pm-6:00 pm
Sunday	12:00 pm-5:00 pm

4

Hours Subject to Change.

## Women's & Co-Ed Circuit Center

is equipped with women friendly Body Master/ Cybex Strength equipment, Life Fitness treadmills, Ellipticals and a Tetric & bicycle. Stairmasters and Graviton. There are a total of 12 strength stations that alternate between 5 cardio machines. A mandatory orientation is required and must be done by appointment only. You must come dressed in workout attire for your orientation. Don't forget to bring a towel. This is a great way to get in shape or stay in shape. We know you're going to enjoy it.

**\$10.00 PER MONTH**

## Punch Card (Five Time Use)

Not Ready to Commit, purchase a fitness center punch card. Each card provides five visits from the date of purchase. Punch card is valid for one year from date of purchase. Note: Upon purchase you must schedule an orientation in fitness center R\$25/NR\$35



## Apollo Recreation Center Fitness Center and Circuit Center

We are committed to the safety of our patrons and staff and will have additional safety measures in place as you visit.

### ***Hours of Operation:***

#### **Fitness Center:**

Monday - Friday: 6:00am-9:00pm  
 Saturday: 8:00am-6:00pm  
 Sunday: 8:00am-5:00pm

#### **Women's Circuit Center:**

Monday - Friday: 8:00am-2:00pm  
 Saturday: 8:00am-12:00pm  
 Sunday: 8:00am-12:00pm

*Hours are subject to change.*

### ***Important Notes:***

- Passholders should not enter the facility if they are exhibiting any COVID-19 symptoms.
- If a passholder does have symptoms
- You should NOT enter the facility until you are fever free for at least 72 hours AND
- Other symptoms have improved AND
- At least 10 days have passed since your symptoms first appeared
- Passholders must wear a face covering over their nose and mouth whenever not exercising
- Passholders will swipe in and swipe out of the facility. Your card should remain with you
- Passholders should clean and sanitize equipment before and after use.
- Supplies will be provided upon entry
- Passholders should maintain a 6 ft distance at all times while using the facility
- Locker room areas are limited so we encourage you to come dressed in proper workout attire
- Capacity in the Fitness Center is 36
- Capacity in the Circuit Center is 15
- Fitness Equipment has been arranged to allow for 6 ft of distancing. Some fitness equipment may be blocked off to allow for proper distancing
- Touchless water bottle fillers are available to fill your own water bottle

We will be performing additional cleanings of frequently touched areas throughout the day and staff will also be wearing a face covering at all times.

The staff at the Apollo Recreation Center look forward to seeing you return to the facility. We appreciate everyone following the rules so that we may provide a safe recreational experience in the community.



The Alsip Park District continues to follow IDPH, CDC and DCEO guidelines for programs, events and facility operations. Please note that guidelines or information may change which may alter our operations. Please check our website and facebook for up to date information.

## ***Senior Fitness***

Join us for dynamic movements, resistance training, chair exercises, improving gait patterns and fall prevention. Perform fun exercises from standing and seated positions using resistance bands, dumbbells and other training tools in order to improve your ability to move with purpose and react quickly. This class emphasizes full body strength, posture re-alignment and pain reduction. Come join us! Note: No class on Thursday, December 24 or December 31

Activity: 266505  
 Location: ARC/Aerobic Room  
 Age: 55+  
 Fee: R\$24/NR\$34  
 Min/Max: 7/10

Session	Day	Dates	Time	Instructor
A	WE	December 9-January 13	9:00-10:00 am	Carol Kaye
B	TH	December 10-January 28	10:30-11:30 am	Dawna Latka
C	WE	January 20-February 24	9:00-10:00 am	Carol Kaye
D	TH	February 4-March 11	10:30-11:30 am	Dawna Latka

## ***Rhythm Pilates***

This class will use a method of body conditioning exercises incorporating stretching and strengthening. The postures improve flexibility and coordination while the controlled breathing unifies the mind, body, and spirit. In addition, Pilates flattens abdominals, tightens buttocks and arms and thins the thighs. This is the secret of the “Sleek Hollywood Stars.” Note: There will be no classes on Friday, December 25 or January 1.

Activity: 266784  
 Instructor: Carol Kaye  
 Location: ARC/Aerobic  
 Age: Teen-Adult  
 Fee: R\$24/NR\$34  
 Min/Max: 6/10

Session	Day	Dates	Time
A	MO	December 7-January 11	6:00-7:00 pm
B	WE	December 9-January 13	6:00-7:00 pm
C	FR	December 11-January 29	9:00-10:00 am
D	SA	December 12-January 16	8:45-9:45 am
E	MO	January 18-February 22	6:00-7:00 pm
F	WE	January 20-February 24	6:00-7:00 pm
G	FR	February 5-March 12	9:00-10:00 am
H	SA	January 23- February 27	8:45-9:45 am

All Programs are designed to follow state, local and federal guidelines, including social distancing and face coverings while inside the facilities.

## ***Jammin' Zumba***

Come and try this exercise in disguise class. We take the “work” out of workout, by mixing low intensity to high intensity moves for an interval style, calorie burning fitness party. Zumba has easy to follow moves with awesome Latin rhythm to boost your energy with cardio enhancement, and body toning and sculpting. This class is for everybody and every body. Let's get together and sweat it on, ditch the workout and join the Zumba party! No dance experience is needed or required. Note: There will be no class on Thursday, December 24 or December 31.

Activity: 266428  
 Instructor: George Montejano  
 Location: Small Gym  
 Time: 6:30-7:30 pm  
 Age: 16-Adult  
 Fee: R\$21/NR\$31  
 Min/Max: 7/18

Session	Day	Dates
A	MO	December 7-January 11
B	TH	December 10-January 28
C	MO	January 18-February 22
D	TH	February 4-March 11

## ***Peaceful Yoga (NEW)***

Each class is a unique sequenced class developed to guide students through a systematic progression. This class can be practiced in all stages of life. In this Hatha class we will focus on correct alignment. You will be able to activate muscle groups in a new way, appreciating the subtle nuances that you may not have noticed in the past. Students will be introduced to the rope wall. The rope wall will help decrease tension in the spine. Come ready to sweat and prepared to leave empowered and feeling strong. All levels of experience are welcome.

Activity: 266536  
 Instructor: Denise Cholewa  
 Location: Aerobic Room  
 Day: Tuesday  
 Time: 6:45-7:45 pm  
 Age: 18-Adult  
 Fee: \$56/monthly  
 Min/Max: 6/10  
 Session Date

A	December 8-December 29
B	January 5- January 26
C	February 2-February 23

## ***Line Dancing***

Come join in for some fun, good music, exercise and a good time. No previous lessons are required. Steve is an excellent line dance instructor and will help you learn all the necessary steps to each that he teaches. Some dances will be easy and others challenging. There will be a wide array of music to dance to. No special attire or a partner is necessary to be part of this class. There will be no class on Thursday December 24 or December 31.

Activity: 266404  
 Instructor: Steve Steib  
 Location: ARC/Dance Room  
 Age: Adult  
 Fee: R\$21/NR\$31  
 Min/Max: 7/10

Session	Day	Dates	Time
A	MO	December 7-January 11	6:00-7:00 pm
B	TH	December 10-January 28	10:30-11:30 am
C	MO	January 18-February 22	6:00-7:00 pm
D	TH	February 4 -March 11	10:30-11:30 am

## ***Fitness Boot Camp***

Are you bored and looking for a new way to develop a habit of exercise? This could finally be the class to get you headed in the right direction. Boot Camp training combines interval training and many other exercises using weights and/or body weight to lose body fat, increase cardiovascular efficiency, increase strength, and help you get in a routine of regular exercise. This class is designed to push people a little bit further than they normally push themselves while exercising. If you are up to a challenge, come and give it your all! We're ready for you. There will be no class on Thursday, December 24 or December 31.

Activity: 266499  
 Instructor: Rhonda Allen  
 Location: ARC/Aerobic Room  
 Age: Teen-Adult  
 Fee: R\$21/NR\$31  
 Min/Max: 5/10

Session	Day	Dates	Time
A	TH	December 10-January 28	5:30-6:30 pm
B	SA	December 12-January 16	10:00-11:00 am
C	TH	February 4-March 11	5:30-6:30 pm
D	SA	January 23-February 27	10:00-11:00 am

## ***Piyo-Fusion***

Piyo-Fusion is a total body work out class that will whip you into shape from head to toe. This class is a combination of Pilates and Yoga to help build strength, lose weight, increase flexibility and sculpt your abdominal muscles. This class unites body and mind and creates a more streamlined shape. There is no class on Thursday, December 24 and December 31.

Activity: 266547  
 Instructor: Rhonda Allen  
 Location: Aerobic Room  
 Day: Thursday  
 Time: 6:30-7:15 pm  
 Age: Teen-Adult  
 Fee: R\$24/NR\$34  
 Min/Max: 5/10

Session	Dates
A	December 10-January 28
B	February 4-March 11





## 20/20/20

Come spend an hour at the park and get all your fitness goals wrapped up in one class. You will do 20 minutes of cardio to burn fat, 20 minutes of weight training to tone and firm those muscles followed by the final 20 minutes of Yoga/Pilates to increase your flexibility and core strength. What more could you accomplish in one hour of your day? NOTE: Bring your own yoga mat.

Activity: 266508  
Instructor: Anne Kalch  
Location: ARC/Aerobic Room  
Day: Tuesday  
Time: 9:45-10:45 am  
Age: Teen-Adult  
Fee: R\$30/NR\$40  
Min/Max: 6/10

Session	Dates
A	December 8-January 12
B	January 26-March 2

## Rejuvenating Hatha

Hatha Yoga welcomes a steady flow of postures focusing on breath, movement and proper alignment. Each class begins with a 10-minute calming meditation, in preparation for this moving meditation. Previous yoga experience is not necessary. Props and modifications will be offered depending on the individual needs of participants. Please bring your own yoga mat.

Activity: 266519  
Instructor: Rita Langner  
Location: Aerobic Room  
Day: Tuesday  
Time: 5:30-6:30 pm  
Age: 16-Adult  
Fee: R\$40/NR\$50  
Min/Max: 5/10

Session	Dates
A	December 8-January 12
B	January 19-February 23

## Cardio Drumming (New)

Cardio drumming takes a simple movement-drumming and turns it into a full-body workout that will leave you smiling, sweating and feeling great. Drumming burns calories builds muscle and gets your heart pumping. It also can lower your blood pressure and improves cognitive brain development. All fitness levels welcome, modifications will be provided. There will be no class on Thursday, December 24, December 31 or Saturday, December 26.

Activity: 266509  
Instructor: Beatrice Orendorff  
Location: Dance Room/Aerobic Room  
Age: 16-Adult  
Fee: R\$21/NR\$31  
Min/Max: 5/10

Session	Day	Dates	Time
A	TH	December 10-January 28	6:00-6:45 pm
B	SA	December 12-January 23	11:15am-12:00 pm
C	TH	February 4-March 11	6:00-6:45 pm
D	SA	January 30-March 6	11:15am-12:00 pm

## ***Partner Yoga (New)***

Forget the chocolate and flowers, nothing says “Happy Valentine’s Day” like spending some quality time stretching, breathing, and moving your body with your significant other. Come reconnect in this partner yoga workshop. Please wear workout clothing and socks.

Activity: 266469  
 Instructor: Rita Langner  
 Location: Aerobic Room  
 Day/Dates: Friday, February 12  
 Time: 7:00-9:00 pm  
 Fee: \$60 per couple  
 Age: 18-Adult  
 Min/Max: 6/12

## ***Vintage Chair Yoga (New)***

Start the New Year with a great way for older adults to get the wonderful health benefits of yoga. Staying seated can help to get in poses safely and is an excellent way to gain flexibility, strength, improve your circulation and reduce stress and anxiety.

Activity: 266470  
 Instructor: Rita Langner  
 Location: Aerobic Room  
 Day: Friday  
 Date: January 8-February 26  
 Time: 11:00 am-12:00 pm  
 Age: 18-Adult  
 Fee: R\$50/NR\$60  
 Min/Max: 5/10

## ***Qi Gong***

Qi Gong is a practice in breath and movement, although it’s similar to yoga, the classes are slower and more fluent. The practice will unblock stagnant Qi (life force energy) allowing it to flow more freely and bring you better health and balance. This is a practice that originated in China, it’s similar to yoga but really different at the same time. Please bring your own yoga mat and a towel.

Activity: 266410  
 Instructor: Rita Langner  
 Location: Dance Room  
 Day: Saturday  
 Time: 9:00-10:00 am  
 Fee: R\$40/NR\$50  
 Age: 16-Adult  
 Min/Max: 5/10

Session	Dates
A	December 12-January 16
B	January 23-February 27



# fountain hills golf club

## 2020 WINTER RATES

(Effective December 1, 2020 thru February 28, 2021)

	Weekday (Includes Monday-Friday)	Weekend/Holiday
Regular (after 9:00 am)	\$9	\$11
Senior	\$7	\$9
Junior	\$7	\$9
Replay	\$5	\$7
Twilight (after 2:00 pm)	\$5	\$7

## 2020 SPRING RATES

(Effective March 1, 2021 thru April 30, 2021)

	Weekday (Includes Monday-Friday)	Weekend/Holiday
Regular (after 7:30 am)	\$16	\$18
Senior	\$13	\$15
Mid-Day (after 12:00 pm)	\$13	\$15
Senior	\$11	\$13
Replay	\$6	\$8
Junior	\$7	\$9
Twilight (after 4:00 pm)	\$7	\$9

## WINTER HOURS OF OPERATION

December 1 - February 28

CLUBHOUSE	9:00am-4:00pm
DRIVING RANGE	WEATHER PERMITTING
RESTAURANT	11:00am-3:00pm
LOUNGE	11:00am-3:00pm

Hours Subject to Change.

## SPRING HOURS OF OPERATION

March 1 - April 30

CLUBHOUSE	7:00am-8:00pm
DRIVING RANGE	7:00am-Dusk
RESTAURANT	9:00am-8:00pm
LOUNGE	9:00am-8:00pm

Hours Subject to Change.

### *Pace of Play*

It should be a goal of all players to complete their round in 2:15.

The Club's course Player Assistant will work with all guests to ensure that an acceptable pace of play is maintained to maximize everyone's enjoyment of their round. It is the responsibility of each group to keep pace with the group ahead. If a group falls out of position and is in danger of not completing their round within the allocated time of 2:15, then our course Player Assistant will assist them in getting back into position, which may require them to skip a shot or hole.

### RENTAL GOLF CARTS

#### & PUSH CARTS

Nine Hole (per person)	\$ 9.00
Single Rider	\$ 12.00
Replay (per person)	\$ 6.00
Push Carts	\$ 3.00

### RANGE BALLS

Warm-Up ( 20 balls)	\$ 3.00
Small ( 35 balls)	\$ 5.00
Medium ( 70 balls)	\$ 8.00
Large (100 balls)	\$ 11.00



Also Awarded in:  
2017  
2016  
2014

2021 Golf Leagues  
Outside Groups...\$14



# *Now Booking 2021 Banquets*

*From staff parties to holiday soirees,  
Fountain Hills Golf Club and Banquets would like to serve  
you, your families, friends and colleagues this year!*

*708.388.4653 Ext. 403*

# TO GO FAMILY SIZE MEALS

## ENTREES FOR FOUR

### COD DINNER

\$ 40.00

8 Pieces of Beer Battered Cod Served with Fresh Lemon and Tartar Sauce. Accompanied by 1 lb of Coleslaw and Served with Your Choice of Fries or Homemade Chips.

### SHRIMP DINNER

\$ 35.00

24 Pieces of Breaded Shrimp Served with Fresh Lemon and Cocktail Sauce. Accompanied by 1 lb of Coleslaw and Served with Your Choice of Fries or Homemade Chips.

### SEAFOOD COMBO

\$ 45.00

4 Pieces of Beer Battered Cod Served with 12 Breaded Shrimp Served with Fresh Lemon, Cocktail Sauce and Tartar Sauce. Accompanied by 1 lb of Coleslaw and Served with Your Choice of Fries or Homemade Chips.

### TEX MEX PLATTER

\$ 30.00

2 Large Cheese Quesadillas. Accompanied By 8 Beef Hard Shelled Tacos. Served with Lettuce, Tomato, Onion, Cheese and Salsa.

### GUINNESS CORNED BEEF SANDWICHES

\$ 45.00

Our Delicious Homemade Corned Beef Smothered with Sauteed Guinness Onions and Mustard on Marble Rye. Served with 1 lb Coleslaw and Your Choice of Fries or Homemade Chips.

## PIZZA SET UPS

### 3 - 12" PIZZA SET UPS TO GO

CHEESE

\$25.00

SAUSAGE

\$ 28.00

PEPPERONI

\$ 28.00

TACO

\$ 33.00

GLUTEN FREE CHEESE

\$ 35.00



# fountain hills golf club

## BEER MENU

DOMESTIC	DRAFT
	3 FLOYDS (ROTATING).....
	5 BRIDGES.....
BUD IT.....\$3	BLUE MOON.....
BUDWEISER.....\$3	EVIL HORSE.....
CORS IT.....\$3	GREEN LINE.....
MGD.....\$3	LAQUINTAS IPA.....
MICHELOB ULTRA.\$3	CRAFT
MILLER 64.....\$3	POLITICAL CORRUPTION.....\$4
MILLER IT.....\$3	GOOSE 312.....\$4
OLD STYLE.....\$3	MAGNERS.....\$4
	REVOLUTION ANTI HERO.....\$4
	SGT RECKLESS.....\$4
	LAQUINTAS ILL SUMPIN'.....\$4
	3 FLOYDS (ROTATING).....\$5

## IMPORTS

CORONA.....	\$4
CORONA IT.....	\$4
AMSTEL IT.....	\$4
HEINEKEN.....	\$4
STELLA.....	\$4
SAM ADAMS.....	\$4
MODELO.....	\$4
WHITE CLAW.....	\$4



## SPIRITS MENU

VODKA	WHISKEY
ABSOLUTE.....	ALCOHOL INSIDE.....
ABSOLUT CITRON.....	BONDOCK'S.....
ABSOLUT RASPBERRY.....	BRECKENRIDGE.....
ABSOLUT VANILLA.....	CANADIAN CLUB.....
BELVEDERE.....	CINNAMON FLAVORED WHISKEY.....
CIROC.....	CROWN ROYAL.....
GREY GOOSE.....	HEAVEN HILL BLENDED.....
KETEL ONE.....	JACK DANIELS.....
MONKEY IN PARADISE.....	JAMESON.....
SMIRNOFF.....	SEAGRAMS 7.....
TITO'S.....	SEAGRAMS V.O.....
	SOUTHERN COMFORT.....
<b>GIN</b>	WEST CORK TRISH.....
BEEFEATER.....	RABBIT HOLE RYE.....
TANQUERAY.....	
UNCLE VALS BOTANICAL.....	<b>BOURBON</b>
CITADELLE.....	KNOTTER.....
KOVAL CRANBERRY.....	JIM BEAM.....
	JIM BEAM RYE.....
<b>RUM</b>	KOVAL.....
BACARDI.....	
BACARDI O.....	<b>SCOTCH</b>
CAPTAIN MORGAN.....	DEWARS.....
MALIBU.....	J&B.....
<b>TEQUILA</b>	QLENFIDDICH.....
CIMARRON BLANCO.....	
JOSE CUERVO.....	CHRISTIAN BROTHER'S BRANDY.....
JOSE CUERVO CINNAMON.....	
PATRON SILVER.....	HENNESSY COGNAC.....
PATRON XO CAFE.....	
WAHAKA MEZCAL.....	



**MONDAY**  
BOGO 1/2 Off Pizza

**TUESDAY**  
\$7 Tex Mex Menu

**WEDNESDAY**  
\$11 Bucket Of Balls (small)  
&  
Burger

**THURSDAY**  
1/2 Price Appetizer  
with  
Beer Flight Purchase

**FRIDAY**  
Manager Special

**SATURDAY**  
1/2 Price Burger

**SUNDAY**  
\$5 House Bloody Mary's

\*\*\* DINE IN ONLY \*\*\*

## *Winter Wonders*

A fun class where we explore winter through stories, crafts, games, science and more!

Activity#: 238175

Instructor: Ms. Laura

Location: Preschool 3

Ages: 16 months- 2 years old (with caregiver)

Mi/Max: 4/8

Session	Day	Dates	Time	Fee
A	Monday	Jan. 11 – Feb. 1	12:30-1:00 pm	R\$20/NR\$25
B	Monday	Feb. 8 – Mar. 1	12:30-1:00 pm	R\$20/NR\$25

## *Winter Story Time*

During this class we will read stories to introduce shapes, colors, numbers and letters, in a fun and relaxing environment. After reading our story we will reinforce concepts with a fun activity.

Activity#: 238147

Instructor: Ms. Laura

Location: Preschool 3

Ages: 16 months- 2 years old (with caregiver)

Min/Max: 4/8

Session	Day	Dates	Time	Fee
A	Tuesday	Jan. 12 – Feb. 2	12:45-1:15 pm	R\$20/NR\$25
B	Tuesday	Feb. 9 – Mar. 2	12:45-1:15 pm	R\$20/NR\$25



## ***Fun Day One Day Workshops***

Looking for something fun to do? Join other neighborhood children and caregivers for a one day workshop! Each workshop has a different theme and a variety of activities that go along with that theme.

Activity#: 238204  
 Instructor: Ms. Laura  
 Location: Preschool 3  
 Ages: 3-5  
 Min/Max: 4/8

Session	Theme	Day	Date	Time	Fee
A	Winnie the Pooh Day	Monday	January 4	1:00-2:00pm	R\$10/NR\$15
B	Mitten Day	Thursday	January 14	1:15-2:15pm	R\$10/NR\$15
C	Trip to the Zoo Day	Saturday	January 16	11:00-12:00pm	R\$10/NR\$15
D	Popcorn Day	Tuesday	January 19	1:30-2:30pm	R\$10/NR\$15

## ***Community Helpers***

Come join us as we get to know the people that help us and our community through stories, games, crafts and more!

Activity#: 238142  
 Instructor: Ms. Laura  
 Location: Preschool 3  
 Ages: 16 months- 2 years old (with caregiver)  
 Mi/Max: 4/8

Session	Day	Dates	Time	Fee
A	Thursday	Jan. 14 – Feb. 4	12:30-1:00 pm	R\$20/NR\$25
B	Thursday	Feb. 11 – March 4	12:30-1:00 pm	R\$20/NR\$25
C	Thursday	Jan. 14 – Feb. 4	6:30-7:00 pm	R\$20/NR\$25
D	Thursday	Feb. 11 – March. 4	6:30-7:00 pm	R\$20/NR\$25

## ***Parent/Tot Spanish***

Wind the day down with your toddler singing and dancing to songs in Spanish! Learn Spanish greetings, colors, numbers, parts of the body, animal and food words. Taught by Language in Action, Inc. instructor. No Class on Jan. 18 or Feb. 15(session A).

Activity #: 253273  
 Instructor: Language in Action  
 Location: Oak View Center- 4625 W. 110th Street, Oak Lawn, IL 60453  
 Age: 9 months- 2 years (with parent/guardian)  
 Min./Max.: 6/12

Session	Day	Dates	Time	Fee
A	Monday	Jan. 11 – April 12	6:00-6:40pm	R\$60/NR\$70
B	Monday	Mar. 8 – April 12	6:00-6:40pm	R\$60/NR\$70



## ***Preschool Mini Camps***

The Alsip Park District Preschool Mini-Camp offers students a warm, nurturing environment that inspires a love of learning through creativity and hands-on experiences. In each 3-week session, students enjoy weekly themes and participates in a variety of developmentally appropriate activities to help them grow socially, emotionally, academically, and physically. A small supply list will be provided to parents two weeks prior to the start of the session. Maximum: 8 children per class. Children must be toilet-trained. Birth Certificate required.

Activity #: 238191

Instructor: Mrs. Sheri and Ms. Debbie

Location: Preschool 3

Age: 3-4 years (by September 1, 2020)

Min./Max.: 5/8

Session	Day	Date	Time	Fee
A	T/TH	Jan. 26 -Feb. 11	9:30-11:30am	R\$100/NR\$110
B	T/TH	Feb. 23 -March 11	9:30-11:30 am	R\$100/NR\$110

## ***4- Year-Old Preschool Pack Program***

The Alsip Park District is offering a Preschool Pack Program. Each Month (October-April) we will have a Preschool Curriculum Pack that you will pick up at the Apollo Recreation Center. Each monthly pack will include a M-F curriculum schedule, worksheets, activities, and crafts (with all craft supplies included). Packets will be available for pick up starting the first Monday of every month. If you sign up after October, you will be given the curriculum for the months that you have missed, Birth Certificate required.

Activity#: 138190-A

Ages: 4 years old (by September 1, 2020)

Dates: October 5, 2020 – April 30, 2021

Fee: R\$700/NR\$800

## **Debate Club \*NEW\***

Look out world...Here comes your next great speaker! Learn the basics in the art of speech and debate. In this class we will learn the different types of debate, improving communication and critical thinking skills and build your child's confidence in the classroom. Join this class today!

Activity #: 243257  
 Instructor: Laura Braden  
 Location: Preschool 1  
 Ages: 7-11  
 Min/Max: 6/8

Session	Day	Dates	Time	Fee
A	Wednesday	Jan. 13-Feb. 3	6:00-7:00pm	R\$20/NR\$25
B	Wednesday	Feb. 10-March 3	6:00-7:00pm	R\$20/NR\$25

## **Trivia Tuesdays**

Have a child who loves trivia? This class is for them. Each week will have a different category of trivia questions to answer and fun facts to learn.

Activity #: 238253  
 Instructor: Ms. Laura  
 Day: Tuesday  
 Location: Preschool 1  
 Ages: 6-10  
 Mi/Max: 6/8

Session	Date	Time	Fee
A	Jan. 12-Feb. 2	6:00-6:45pm	R\$20/NR\$25
B	Feb. 9-March 2	6:00-6:45pm	R\$20/NR\$25

## **Fun Day One Day Youth Workshops**

Looking for something quick and fun for your child to do? Join other neighborhood children for a one day workshop! Each workshop has a different theme and a variety of activities that go along with that theme.

Activity#: 243262  
 Instructor: Ms. Laura  
 Location: Preschool 1  
 Ages: 6-10  
 Min/Max: 4/8

Session	Theme	Day	Date	Time	Fee
A	Trip to the Zoo	Wed.	January 6	7:00-8:00pm	R\$10/NR\$15
B	Science Day	Sat.	January 16	1:00-2:00pm	R\$10/NR\$15
C	Bubble Wrap Day	Sun.	January 17	11:00-12:00pm	R\$10/NR\$15

## D.O.M.E (Defenders of Mother Earth)

During this 4-week course children will learn how to keep our beautiful planet healthy through a variety of fun activities! What you can expect is an animal visit, growing our own seedlings, nature crafts, create special homes for birds and more!

Activity #: 248214  
 Instructor: Angela Jean  
 Location: Preschool 2  
 Age: 5-10  
 Min./Max.: 5/8

Session	Day	Date	Time	Fee
A	Wednesday	Jan. 13 - Feb. 3	4:00-4:30pm	R\$30/NR\$35
B	Wednesday	Feb. 10 – March 3	4:00-4:30pm	R\$30/NR\$35

## Craft Corner

Join us for these quick 1 day, 1-hour workshops. Participants will create holiday themed crafts that they will leave with. All materials and supplies included in class fee. Please send your child with an old shirt, in which you do not mind them getting paint on! Theme's for the winter crafts are Martin Luther King Day, Valentine's Day and St. Patrick's Day.

Activity #: 243247  
 Instructor: Angela Jean  
 Location: Preschool 2  
 Min./Max.: 5/8  
 Ages: 6-12

Session	Day	Date	Time	Fee
A	Tuesday	January 12	4:00 - 4:30 pm	R\$13/NR\$15
B	Tuesday	February 9	4:00 - 4:30 pm	R\$13/NR\$15
C	Tuesday	March 9	4:00 - 4:30 pm	R\$13/NR\$15

## President's Day Party

Join us for some educational fun and learn all about President's Day with crafts, games, and music!

Activity #: 238249-A  
 Instructor: Angela Jean  
 Location: Preschool 2  
 Date: Monday, February 15  
 Time: 4:00-5:00 pm  
 Ages: 5-10  
 Fee: R\$12/NR\$17  
 Min./Max.: 5/8



**Zoom I Speak Spanish- LIVE!**

Join us right from your living room as we explore new cultures and learn the Spanish language via the interactive Zoom platform! Younger children will learn conversational Spanish through fun and interactive activities and music while older children will also learn some Spanish phonetics to begin reading and writing in Spanish. Taught live by a Language in Action, Inc. instructor. Zoom login information will be emailed to participants before the first class.

Activity #: 553207  
 Instructor: Language in Action  
 Location: Online  
 Age: 3-6 years old  
 Min./Max.: 6/12

Session	Day	Dates	Time	Fee
A	Tuesday	Jan. 12 – Feb. 16	9:30-10:15am	R\$80/NR\$90
B	Tuesday	Feb 23 – March 30	9:30-10:15am	R\$80/NR\$90
C	Thursday	Jan. 14 – Feb. 18	5:00-5:45pm	R\$80/NR\$90
D	Thursday	Feb. 25 – April 1	5:00-5:45pm	R\$80/NR\$90

**Youth Spanish**

Learning a second language can open a world of possibilities for your child. In this class students will learn Spanish conversation and some Spanish grammar, reading, and writing skills through interactive and engaging activities. Each session covers new material! Taught by Language in Action, Inc. instructor. No Class on Jan. 18 or Feb. 15(session A).

Activity #: 253206  
 Instructor: Language in Action  
 Location: Oak View Center- 4625 W. 110th Street, Oak Lawn, IL 60453  
 Age: 7-11 years old  
 Min./Max.: 6/12

Session	Day	Dates	Time	Fee
A	Monday	Jan. 11 – March 1	6:50-7:40pm	R\$80/NR\$90
B	Monday	Mar. 8 – April 12	6:50-7:40pm	R\$80/NR\$90

**I Speak Spanish!**

Expand your child's world! Introduce your child to the Spanish language in this Spanish immersion class developed especially for very young learners. Children will be immersed in the Spanish language through fun and educational activities and music. Each session covers new material! Taught by Language in Action, Inc. instructor. NOTE: No Class on Jan. 18 or Feb. 15(session A).

Activity #: 253205  
 Instructor: Language in Action  
 Location: Oak View Center- 4625 W. 110th Street, Oak Lawn, IL 60453  
 Age: 3-6 years old  
 Min./Max.: 6/12

Session	Day	Dates	Time	Fee
A	Monday	Jan. 11 – March 1	5:00-5:50pm	R\$80/NR\$90
B	Monday	Mar. 8 – April 12	5:00-5:50pm	R\$80/NR\$90

## Zoom Youth Spanish- LIVE!



Join us right from your living room as we explore new cultures and learn the Spanish language via the interactive Zoom platform! Younger children will learn conversational Spanish through fun and interactive activities and music while older children will also learn some Spanish phonetics to begin reading and writing in Spanish. Taught live by a Language in Action, Inc. instructor. Zoom login information will be emailed to participants before the first class.

Activity #: 553208  
 Instructor: Language in Action  
 Location: Online  
 Age: 7-11 years old  
 Min./Max.: 6/12

Session	Day	Dates	Time	Fee
A	Thursday	Jan. 14 – Feb. 18	10:30-11:15am	R\$80/NR\$90
B	Thursday	Feb 25 – April 1	10:30-11:15am	R\$80/NR\$90
C	Thursday	Jan. 14– Feb. 18	6:15-7:00pm	R\$80/NR\$90
D	Thursday	Feb. 25 – April 1	6:15-7:00pm	R\$80/NR\$90

## ZOOM Spanish Class for Middle School & Jr. High School Students! LIVE!



This class is a great supplement to middle school or junior high Spanish classes or may also be taken by students not currently enrolled in a school Spanish class. Students will learn Spanish grammar and communication skills that will give them a strong foundation for high school Spanish. Classes are taught live by a Language in Action, Inc. instructor. Zoom login information will be emailed to participants before the first class.

Activity #: 553209  
 Instructor: Language in Action  
 Location: Online  
 Age: 12-14 years old  
 Min./Max.: 6/12

Session	Day	Dates	Time	Fee
A	Tuesday	Jan. 12th – Feb. 16th	4:00-4:45pm	R\$80/NR\$90
B	Tuesday	Feb 23rd – March 30th	4:00-4:45 pm	R\$80/NR\$90

## ZOOM Spanish Class for High School LIVE!



This class is a great supplement to high school Spanish classes or may also be taken by students not enrolled in a high school Spanish class. High school students will cover basic grammar points and vocabulary and practice conversational skills. Classes taught live by a Language in Action, Inc. instructor. Zoom login information will be emailed to participants before the first class.

Activity #: 553209  
 Instructor: Language in Action  
 Location: Online  
 Age: 14-18 years old  
 Min./Max.: 6/12

Session	Day	Dates	Time	Fee
A	Tuesday	Jan. 12th – Feb. 16th	5:15-6:15pm	R\$80/NR\$90
B	Tuesday	Feb 23rd – March 30th	5:15-6:15pm	R\$80/NR\$90

## **World Travelers**

Are you curious what's beyond the four walls of your home, or school? If so, come join in on the fun of "visiting" and exploring different countries and learning about them through fun activities.

Activity #: 238264

Instructor: Ms. Laura

Location: Preschool 1

Ages: 7-11

Mi/Max: 6/8

Session	Day	Date	Time	Fee
A	Monday	Jan. 11 - Feb. 1	5:45-6:45 pm	R\$20/NR\$25
B	Monday	Feb. 8-March 1	5:45-6:45 pm	R\$20/NR\$25

## **Piano Lessons**

Mozart, Bach and Beethoven move over!! Have you ever wanted to learn piano in a fun and relaxing way? Then come on over! You will learn the basics of note reading and musical theory. Musical pieces will progress with the student's abilities. All first-time students must purchase the John W. Schaum book before coming to class. Your time and day of the lesson will be arranged after you register, you choose the most convenient time! Lessons are private and ½ hour in length for four-week sessions. Piano is a great hobby that lasts a lifetime.

Activity: 248305

Location: ARC/Board Room

Instructor: Margorie Kuiper

Day: Instructor arranged

Time: 30-minute sessions

Age: 7 - Adult

Min/Max 2/10

Session	Dates	Fee
A	January 11 – February 5	R\$90/NR\$100
B	February 8 – March 5	R\$90/NR\$100

## **Magic Madness**

Kids you are guaranteed to have a fantastic time in this hands-on magic workshop! You will learn a collection of awesome and amazing tricks you can perform at home; all supplies needed to repeat the tricks will be handed out in class. You really will go home with a bag of tricks! Children are grouped by age and are taught age-appropriate tricks they can master. Sign up again and again, new tricks are taught each season!

Activity: 243421-A

Instructor: Gary Kantor

Location: Oakview Center,  
4625 W. 110th St., Oak Lawn

Day/Date: Tuesday, February 2

Time: 6:45-7:40pm

Age: 5 - 12

Fee: R\$20/NR\$30

Min/Max: 5/35

# Kidz Care Winter Break Camp

COME SPEND YOUR WINTER BREAK WITH  
US! WE WILL HAVE DAYS FULL OF FUN  
ACTIVITIES, GAMES, ARTS N' CRAFTS AND  
MORE!

Age: 5-13 years old

Time: 6:45am-6:00pm

Cost Per Day: R\$35/NR\$45

Min/Max: 10/15

*Registration deadline for both weeks is  
Monday, December 14th.*

Winter Break Dates we are open!

December 23, 28, 29, 30

January 4, 5

Registration is only in person at the  
Apollo Recreation Center. Please call  
708-389-1003 if you need further  
information or have any questions.



school year programs

# school year programs



## School Year Programs SY 20-21

AT THE ALSIP PARK DISTRICT

Multiple  
child

discount will  
be applied.

- Team Building
- Academic Enhancement
- Homework Help
- Cultural Activities
- Gym Games
- E-Learning Assistance

Before School Fees  
6:45AM- Bus Pick Up  
\$12 per day  
Capacity: 15 students

After School Fees  
Bus Drop Off - 6:00PM  
\$20 per day  
Capacity: 15 students

Kidz Care Program  
6:45AM - 6:00PM  
\$35 per day  
Capacity: 30 students

The Alsip Park District's School Program offers recreation activities, homework assistance, arts & crafts and much more! Our Before/After School Program is offered to Kindergarten through 6th grade students in Districts 125 & 126. Our Kidz Care Program is offered to Kindergarten through 8th grade for Districts 125, 126, 128 and 130. Our staff looks forward to helping your child with e-learning, homework assistance, creating new friendships, build self-esteem, get plenty of physical fitness and most important, have FUN!

### Registration Information

- In person registration is required at the Apollo Recreation Center.
- Registration deadline is the Monday prior to the following weeks program.
- Registration must be completed on the Monday prior to the upcoming week to avoid late fees.
- A \$15 LATE FEE WILL BE ADDED IF YOU REGISTER ON TUESDAY. **NO REGISTRATIONS WILL BE ADDED AFTER TUESDAY AT 5:00PM FOR THE FOLLOWING WEEK.**
- No registration will be taken after Tuesday, no exceptions.
- Registration is on a first come first serve basis and will take a wait-list once we hit capacities.

### What does my child need to bring?

- Lunch/Snack in a disposable bag.
  - If your child is in the Kidz Care Program please put lunch and snack in separate disposable bags.
- All E-learning electronics needed for the day.
- Personal Headphones that connect or plug into e-learning laptop.
- All School supplies needed for the day.

**The Parent Handbook will be handed to you at time of registration.**

**No refunds or credits for sick days or no shows.**

To Register or need further information please call or come to:

Apollo Rec Center

12521 S. Kostner Ave, Alsip

(708)389-1003

THE ALSIP PARK DISTRICT FOLLOWS ALL STATE/LOCAL AND FEDERAL GUIDELINES. **INCLUDING SOCIAL DISTANCING AND FACE COVERINGS WHILE INSIDE FACILITIES.**

## Youth Indoor Soccer League 1st - 8th Grade

Sign up now for this fast paced, exciting indoor version of soccer where sportsmanship, teamwork, and fair play are taught. Each registered participant will receive a game shirt, shorts, socks, end of season award, and a free \$10.00 picture package. Players will play in grade appropriate divisions. Each team will have one weekly practice; times and location will be chosen by the team coach. All games will be officiated by a Certified Soccer Referee or an Alsip Park District employee. Each team will play an 8-game schedule. Note: In the event that we do not reach the minimum number of participants to fill a division, divisions may be combined to run the league.

Fee: R\$80/NR\$100  
 Registration deadline: January 8th  
 Practices begin: January 18th

4-5 year old: Pee Wee Division  
 Activity: 274066-A  
 Game Day: Saturday  
 Game Location: ARC Main Gym  
 Game Time: 9am – 1pm  
 Game Dates: Saturdays, January 30th - March 20th

1st & 2nd Grade Division: Midget Division  
 Activity: 274066-B  
 Game Day: Saturday  
 Game Location: ARC Main Gym  
 Game Time: 9am – 1pm  
 Game Dates: Saturdays, January 30th - March 20th

3rd & 4th Grade Division: Intermediate Division  
 Activity: 274066-C  
 Game Day: Saturday  
 Game Location: ARC Main Gym  
 Game Time: 9am – 1pm  
 Game Dates: Saturdays, January 30th - March 20th

5th - 8th Grade Division: Junior/Senior Division  
 Activity: 274066-D  
 Game Day: Saturday  
 Game Location: ARC Main Gym  
 Game Time: 9am – 1pm  
 Game Dates: Saturdays, January 30th - March 20th

### Coaching Details

Volunteer coaches are needed. If you would like to be a team coach or team parent contact (708) 389-1003. All team coaches are required to participate and attend coaches meetings as well as actively assist on draft day. Every coach will complete a State of Illinois Criminal Background Check. All coaches meetings will be at the Apollo Recreation Center, 12521 S. Kostner, Alsip IL

## ***Alsip Park District Girl's 12" Softball Clinic (6-10 year)***

Batter up! It's that time of year. The Alsip Park District's 2019 Girls 12" Summer Softball season is right around the corner. Girls between the ages of 6-16 are eligible to register for this program. The primary focus is to begin preparing girls for the upcoming season. Girls will learn the basic mechanics of base running, infield and outfield play and batting. This ten-week clinic will be held at the Apollo Recreation Center. All participants should dress accordingly and provide their own mitt. Spikes and /or dark soled shoes are not allowed on the gym floor.

Activity: 274037-A  
 Instructor: Girl's 12" Softball Coaches  
 Location: Apollo Recreation Center  
 Day: Sunday  
 Dates: January 10-March 14  
 Times: 10:00am-12:00pm  
 Age: 6-10 years  
 Fee: R\$25/NR\$30  
 Min/Max: 10/30  
 Registration Deadline:  
 One week before session

## ***Alsip Park District Girl's 12" Softball Clinic (11-16 year)***

This clinic is similar to the 6-10 year old clinic and will also be conducted by our Girl's Softball Coaches. This clinic is designed to reinforce and continue to develop the batting, base running, and fielding skills previously learned at the lower levels. Sportsmanship and teamwork will also be covered. This ten-week clinic will be held on Sunday afternoons at the Apollo Recreation Center. All participants should dress accordingly and provide their own mitt. Spikes and/or dark soled shoes are not allowed on the gym floor.

Activity: 274037-B  
 Instructor: Girl's 12" Softball Coaches  
 Location: Apollo Recreation Center  
 Day: Sunday  
 Dates: January 10-March 14  
 Time: 12:00pm-2:00pm  
 Age: 11-16 years  
 Fee: R\$25/NR\$30  
 Min/Max: 10/30  
 Registration Deadline: One week before session

## ***Girl's 12" Fast-Pitch Softball Program***

Registration for the Alsip Park District's Girls 12" Softball Program is currently being accepted at the Apollo Recreation Center. The recreational program is being offered to girls 6-16 years of age. The goal of the program is to develop the fundamental skills of 12" Fast-pitch Softball, as well to prepare girls to continue playing at the high school level. These skills include fielding, hitting base running and pitching. The program is also designed to teach sportsmanship and to have fun. The league shall consist of a 14-20 game schedule. Home game will be scheduled at Commissioners Park on Monday and Thursday evenings. Away games will be determined by the Southwest Interleague (SWI) that the program will participate in. Practice times will be during the week, with specific times and locations to be selected by our volunteer coaches. All participants will receive a jersey, pants, socks and an end of the season award along with a free 10.00 picture package. Participants must register in their appropriate age division. The cut off date for participant in a division will be January 1, 2021. \*Protective facemasks are highly encouraged to be worn by any player playing the field!\*

Activity: 274060  
 Location: Commissioners Park  
 Day/Dates: Weeknights, May-July  
 Game Times: Varies  
 Fee: R\$90/NR\$110  
 Min/Max: 12/60 per Division

Session	Division	Age
A	Under-8	6-8 years
B	Under-10	9 & 10 years
C	Under-12	11 & 12 years
D	Under-14	13 & 14 years
E	Under- 16	15 & 16 years
F	Under 18	17 & 18 years

## ***Jr. Soccer***

The Alsip Park District is working with All Star Sports to offer Youth Athletic Programming. Taught the All Star way, this program will keep everyone active and engaged both mentally and physically! Our lesson plan is designed to teach the game by hiding drills in fun games and using association techniques that get down to the players level. Soccer is a game that is action packed so there will be no sitting and waiting. Engaging players at all times, we will cover simple foot skills, dribbling, passing, and shooting, basic rules and even work on spreading the field. This class will not only keep the players active but will be a great base to prepare them for the next level of play. All our programs will focus on teamwork and sportsmanship

\* Equipment: Please bring a water bottle, shin guards, and soccer ball (recommended size 4)

Activity : 274292  
 Day: Tuesday  
 Fee: Res: \$40 / Non-Res: \$50  
 Location: Apollo Recreation Center  
 Registration Deadline: Sunday, January 9th

Session	Dates	Times	Ages
A	Jan 12 – Feb 9	4:00pm – 4:45pm	3-4 years old
B	Jan 12 – Feb 9	4:45pm – 5:45pm	4-6 years old
C	Feb 23 – Mar 23	4:00pm – 4:45pm	3-4 years old
D	Feb 23 – Mar 23	4:45pm – 5:45pm	4-6 years old

## ***Jr. Basketball Skills***

The Alsip Park District is working with All Star Sports to offer Youth Athletic Programing. Our instructional program is designed to teach the game of basketball at a basic level while making sure the players stay active and engaged the entire class! Fun basketball like games will be played to teach the importance of each skill learned. Our foundation technique focuses on basic mechanics to build confidence then adding larger challenges as we progress. We will work on dribbling with each hand, passing and age appropriate shooting technique, and understanding basic offense and defense. All our programs are based on learning teamwork and sportsmanship.\*Equipment: Please bring a water bottle and a basketball

Activity: 274291  
 Day: Tuesday  
 Fee: R\$40/NR\$50  
 Location: Apollo Recreation Center  
 Registration Deadline: Sunday, January 9th

Session	Dates	Times	Age
A	Jan 12 – Feb 9	6:00pm – 6:45pm	3-4 years old
B	Jan 12 – Feb 9	6:45pm – 7:45pm	4-6 years old
C	Feb 23 – Mar 23	6:45pm – 7:45pm	4-6 years old
D	Feb 23 – Mar 23	6:45pm – 7:45pm	4-6 years old

## Road 2 Greatness Basketball Skills Academy

The Alsip Park District and Road 2 Greatness Basketball Academy have teamed up to bring you weekly group workouts for young basketball players looking to improve their game. We will work on all aspects of the game to help develop your athlete into a COMPLETE basketball player. Participants will work on ball handling, shooting, footwork, moving without the ball, passing, defense, basketball IQ and teamwork. These training sessions will be run by Coach Steve Hurley and Coach Kentrell King. Hurley is a former varsity starting guard at Marian Catholic High School who has coached and trained young athletes for the past six years, including as a volunteer coach in the Alsip Park District youth league. King is a former starting guard at University of Illinois Springfield, who led the team in assists for three straight seasons. He is now also a head coach for renown AAU program Meanstreets (2028). Coach Hurley and Coach King are enthusiastic about developing high performing athletes and look forward to bringing their passion and energy to the Alsip Park District in June.

Activity#: 274011  
Location: Small Gym  
Day/Dates: Wednesdays  
Fee: R\$60/NR\$70 per person  
Min/Max: 5/15

Session:	Ages	Dates	Time
A	4-8 (or new players)	Dec 9 - Dec. 30	6:00pm-7:00pm
B	9-14 (or experienced players)	Dec 9 - Dec. 30	7:10pm-8:10pm
C	4-8 (or new players)	Jan. 6 - Jan. 27	6:00pm-7:00pm
D	9-14 (or experienced players)	Jan. 6 - Jan. 27	7:10pm-8:10pm

## Illinois Shotokan Karate - Pre-Karate

Illinois Shotokan Karate Club is Chicagoland's premier karate school taught under the instruction of John DiPasquale, a four-time National Champion, US National Coach and President of the US National Karate Federation. In our Pre- Karate Safety classes, young children develop flexibility, strength, and coordination in fun, yet disciplined activities. This program is specifically designed for growing minds and bodies to enhance memory and agility. Watch your child's confidence blossom and their skills improve.

- Uniforms and Belt-Testing are options available through the ISKC instructor.
- Please note that the Youth, Parent/Child and Adult classes may train together.
- Beginner students will not be permitted to register into the current session after the second class has met.
- Registration for continuers through advanced students will be accepted after the start date, but the full class fee is required.
- Please visit [WWW.ISKC.COM](http://WWW.ISKC.COM) for more information or call us at 847-359-0666.

Activity#: 238257  
Instructor: Illinois Shotokan Karate Club Staff  
Location: ARC/Gymnasium II  
Day/Dates: Friday, January 8th-March 26th  
Fee: R\$138/NR\$148 per person  
Min/Max: 4/12  
Registration Deadline: One week before start of session

Session	Time	Age	Level
A	4:30-5:15pm	4-7	Beginner (No prior experience)
B	5:20-6:05pm	4-7	Continuer (White w/stripes & Up)

## Illinois Shotokan Karate - Youth

Illinois Shotokan Karate Club is Chicagoland's premier karate school taught under the instruction of John DiPasquale, a four-time National Champion, US National Coach and President of the US National Karate Federation. ISKC's Youth karate classes will put children in touch with their bodies and offers a good mix of strength training, with cardiovascular and flexibility exercises. Children increase their coordination, agility and poise, as well as learn lasting personal safety skills. They also benefit from the mental stimulation of learning the choreographed moves of the kata and the discipline of conforming to the class rules.

- Uniforms and Belt-Testing are options available through the ISKC instructor.
- Please note that the Youth, Parent/Child and Adult classes may train together.
- Beginner students will not be permitted to register into the current session after the second class has met.
- Registration for continuers through advanced students will be accepted after the start date, but the full class fee is required.
- Please visit [WWW.ISKC.COM](http://WWW.ISKC.COM) for more information or call us at 847-359-0666.

Activity#: 238257  
 Instructor: Illinois Shotokan Karate Club Staff  
 Location: ARC/Gymnasium II  
 Day/Dates: Friday, January 8th- March 26th  
 Fee: R\$138/NR\$148 per person  
 Min/Max: 4/15  
 Registration Deadline: One week before start of session

Session	Time	Age	Level
C	6:15-7:10pm	8-14	Beginner/Continuer (White-Red Belts)
D	7:15-8:10pm	8-14	Inter/Advanced (Orange Belts & Up)





## ***Illinois Shotokan Karate Adult and Parent/Child***

Illinois Shotokan Karate Club is Chicagoland's premier karate school taught under the instruction of John DiPasquale, a four-time National Champion, US National Coach and President of the US National Karate Federation. Our Adult classes release tension, develop total body fitness and build stamina and overall productivity! In addition to self-defense skills, karate increases flexibility, cardiovascular endurance, and muscle tone, while improving core strength. Parent/Child classes are a great way to spend quality time with your child, while conditioning muscles, developing coordination and improving cardiovascular fitness.

- Uniforms and Belt-Testing are options available through the ISKC instructor.
- Please note that the Youth, Parent/Child and Adult classes may train together.
- Beginner students will not be permitted to register into the current session after the second class has met. Registration for continuers through advanced students will be accepted after the start date, but the full class fee is required.
- Please visit [WWW.ISKC.COM](http://WWW.ISKC.COM) for more information or call us at 847-359-0666.

Activity#: 238257

Instructor: Illinois Shotokan Karate Club Staff

Location: ARC/Gymnasium II

Day/Dates: Friday, January 8th- March 26th

Fee: R\$138/NR\$148 per person

Min/Max: 4/15

Registration Deadline: One week before start of session

Session	Time	Age	Category	Level
E	6:15-7:10pm	7&Up	Parent/Child	Beginner/Continuer (White-Red Belts)
F	7:15-8:10pm	7&Up	Parent/Child	Inter/Advanced (Orange Belts & Up)
G	6:15-7:10pm	15&Up	Adult	Beginner/Continuer (White-Red Belts)
H	7:15-8:10pm	15&Up	Adult	Inter/Advanced (Orange Belts & Up)

## Southwest Ice Arena Skate Programs

The Southwest Ice Arena will be holding skating classes in January 2021 till May of 2021. Learn basic skating or expand your skills to an advanced level. The Snow Plow 1 (Tot) classes consists of 30 minutes of instruction per week while all other classes consist of 45 minutes of instruction plus 15 minutes of practice time. Helmets with full face masks are required for the Pre-Hockey class. All students who sign up for one of our classes will receive a badge with their name on it that allows them to participate in scheduled Open Skate Sessions for the session they are registered, free of charge.

Instructor/Location: Southwest Ice Arena  
5505 127th Street, Crestwood, IL 60418  
(708) 371-1344

Activity: 205221

Location: Southwest Ice Arena

Fee: See below

Starts: Monday, January 4th, 2021

Ends: Friday, March 5th, 2021

Class	Age	Day	Date	Time	Cost
A. Snowplow 1 (Tot)	3-5	Tue	Jan 5 – Mar 2	4:30-5:00pm	\$115
B. Basic 1 -2	6-12	Tue	Jan 5 – Mar 2	5:00-6:00pm	\$125
C. Snowplow 1 (Tot)	3-5	Sat	Jan 9 – Feb 27	11:30-12:00pm	\$100
D. Basic 1-2	6-12	Sat	Jan 9 – Feb 27	12:00-1:00pm	\$115
E. Teen/Adult	13 +	Wed	Jan 6 – Mar 3	8:00-9:00pm	\$125
F. Basic Hockey Skating	6-12	Thur	Jan 7 – Mar 4	4:45-5:30pm	\$125

Activity: 205221

Location: Southwest Ice Arena

Fee: See below

Starts: Saturday, March 6th, 2021

Ends: Friday, April 23rd, 2021

Class	Age	Day	Date	Time	Cost
G. Snowplow 1 (Tot)	3-5	Tue	Mar 9 – Apr 20	4:30-5:00pm	\$95
H. Basic 1 -2	6-12	Tue	Mar 9 – Apr 20	5:00-6:00pm	\$100
I. Snowplow 1 (Tot)	3-5	Sat	Mar 6 – Apr 24	11:30-12:00pm	\$95
J. Basic 1-2	6-12	Sat	Mar 6 – Apr 24	12:00-1:00pm	\$100
K. Teen/Adult	13+	Wed	Mar 10 – Apr 21	8:00-9:00pm	\$100
L. Basic Hockey Skating	6-12	Thur	Mar 11 – Apr 22	4:45-5:30pm	\$100



youth athletics

## ***Gymnastics Class Descriptions***

Our program is designed to provide children with proper and safe gymnastics skill training according to the USA Gymnastics guidelines. Gymnasts who show continued progress and interest may be eligible to join our Alsip Stars Optional Team with the endorsement of a Team Coach. Team Members practice 4 - 6 hours weekly, year round. Competition runs from October through May.

We hope to see your child in the Stars Gymnastics Program grow and advance through our many developmental and competitive levels. If you are unsure about which class to register your child for, please leave a message for Michelle Rudman at 708-389-1003.

### ***Pre-School Gymnastics***

Our pre-school gymnastics class is designed for children ages 3 to 4 years old. Each 45 minute class will focus on beginner skills for vault, bars, beam and floor. Gymnasts will also develop body and spatial awareness, as well as confidence while using the spring board, pre-school and low bar, low and medium balance beam, floor and various skill shapes. Participants must wear a leotard or shorts and a t-shirt.

### ***Kinder Gymnastics***

This 45 minute class is designed for boys and girls ages 5 and 6. Participants will gain experience on the spring board, low and medium balance beams, preschool and low bar, as well as the floor. Gymnasts will also develop body and spatial awareness along with confidence using our many skill shapes and trainers. Participants must wear a leotard or shorts and a t-shirt.



All Gymnastics Programming is held in the Gymnastics Room at the Apollo Recreation Center. Tot Class participants should wear comfortable clothing, socks or bare feet. No jeans. Participants in Gymnastics or Tumbling Classes should wear comfortable clothing, leotards (no skirts or tights), bare feet. Shooting Stars participants **MUST** be in a leotard. Hair must be pulled back. Jewelry is not permitted! No jeans or clothing with buckles. Face coverings must be worn.

## ***Girls Gymnastics Level 1***

Our one hour gymnastics class is for girls 7 to 12 years of age with little or no gymnastics experience. Each one hour class will focus on skills for vault, bars, beam and floor. Girls should wear a leotard or shorts and a t-shirt.

## ***Girls Gymnastics Level 2***

Once your daughter has successfully completed Gymnastics Level 1 and has a coach's endorsement, she will be ready for this class. Level 2 is a one hour class designed for 7 to 12 year olds and will provide gymnasts a continuation of skill progression. Gymnasts will continue with all equipment used in the Level 1 Class. Girls who have gymnastics experience may request a skill evaluation to determine if this class is appropriate for their ability level. A leotard is required.



## ***Boys/Girls Tumbling***

This 45 minute class is for boys and girls ages 7 – 12 who would like to learn to tumble. Participants will learn a progression of rolls, cartwheels, handstands, round offs, limber skills, walkovers and flip flops. Using a variety of practice drills, tumblers will begin with the basics and individually progress through more advanced skills. Participants must wear a leotard or shorts and a t-shirt. We also offer private tumbling classes for Cheer Teams or groups, please contact Michelle Rudman for more information. NOTE: gymnastics apparatus will not be used – this is only tumbling.



## ***Stars Gymnastic Teams***

ALL TEAMS ARE PLACEMENT ONLY

Our Gymnastic Teams compete in the Illinois Park District Gymnastic Conference. Any fees related to competition (leotards, warm-ups, meet fees, etc) are in addition to the Alsip Park District registration fees. For additional information, please contact Michelle Rudman at (708) 389-1003.

***We Love Our Parents But...*** Parents are encouraged to attend their child's first day of class. Please do not remain in the gym after you have dropped your child off. This is in the best interest of your child. Interruptions tend to affect the participant's attention span and inhibit the establishment of peer relationships. It's also important to arrive on time so participants can participate in a proper warm up and stretching. Please do not use class time to speak to your child's instructor. Instructors are available before and after class if you wish to speak with them. Thank you for your cooperation.

## Gymnastics Program Schedule Winter 2021

All Recreational Classes are 6 weeks in length, unless noted

Program & Activity Number	Ages	Day	Time	Start/End	Fee	Min/Max	No Class
Preschool Gymnastics #274177-A	3 & 4 years	Tues	5:00 – 5:45pm	Jan 12 – Feb 16	R\$40 NR\$60	3/4	
Kinder Gymnastics #274168-B	5 & 6 years	Tues	6:00 – 6:45pm	Jan 12 – Feb 16	R\$40 NR\$60	3/4	
Girls Gymnastics Level 1/2 #274185-A	7-12 years	Mon	5:00- 5:45pm	Jan 11 – Feb 15	R R\$40 NR\$60	4/5	
Boys/Girls Tumbling #274246-A	7-12 years	Tues	7:00- 7:45pm	Jan 12 – Feb 16	R\$40 NR\$60	3/4	
Team 1 day- By placement only #274216-A	6 and up	Select day M or W	6:00 – 8:00pm	Jan 11 – March 17	\$90 10 Practices		
Team 2 days – by placement only #274216-B	6 and up	Mon and Weds	6:00- 8:00pm	Jan 11 – March 17	\$180 20 Practices		

**LATE FEE:** If registering less than one week prior to the start of a class, a \$10 late fee will be charged in addition to the full registration fee.

## Spanish for Adults

Have you always wanted to learn a foreign language, but never had the opportunity? Are you planning a vacation to a Spanish-speaking country? Do you work with Spanish speaking students or clients? In this relaxed, small-class environment you will learn Spanish conversation, grammar, and phonetics which you can immediately begin using. This class will be tailored to fit the needs of the students enrolled. Taught by Language in Action, Inc. instructor. No Class on Oct. 12 (session A) and no class on Nov. 23rd (session B).

Activity #: 153463  
 Instructor: Language in Action  
 Location: Oak View Center- 4625 W. 110th Street, Oak Lawn, IL 60453  
 Age: Adult  
 Min./Max.: 6/15

Session	Day	Dates	Time	Fee
A	Monday	Jan. 11 – Mar. 1	10:00-11:00AM	R\$80/NR\$90
B	Monday	Mar. 8 – April 12	10:00-11:00AM	R\$80/NR\$90



## Zoom Spanish for Adults – Live NEW!!!

Have you ever wanted to learn a foreign language, but never had the opportunity? Now is the time! Stay connected and learn Spanish from the safety and comfort of your own home via the interactive Zoom platform! In this class you will learn conversational Spanish that you can immediately begin using. The class will be tailored to the needs of the students enrolled. Taught live by a Language in Action, Inc. instructor. Zoom login information will be emailed to participants before the first class. No class on Nov. 24th (session B).

Activity #: 553463  
 Instructor: Language in Action  
 Location: Online  
 Age: Adult  
 Min./Max.: 6/15

Session	Day	Dates	Time	Fee
A	Tuesday	Jan. 12 -Feb. 16	10:00-11:00am	R\$80/NR\$90
B	Tuesday	Feb. 23 – Mar. 30	10:00-11:00am	R\$80/NR\$90
C	Wednesday	Jan. 12 – Feb. 16	6:00-7:00 pm	R\$80/NR\$90
D	Wednesday	Feb. 24 – Mar. 31	6:00-7:00 pm	R\$80/NR\$90



## ***PALMISTRY WORKSHOP***

The goal of this workshop is to bring a deeper understanding of the basics of palmistry. By the end of the workshop students should have the ability to:

1. Understand the elements associated with the shape of a palm.
2. Which palm governs the innate gifts that we are born with and which shows how we have grown since.
3. Identify the positions of the head, heart and lifelines and interpret the meanings behind them.
4. The planets that associate with each finger, and how that translates into day to day life.
5. Identify stress lines on each finger, how long the stress lines take to appear and what to do to alleviate the stress in correlation with the ruling planet of each finger.
6. How fingernails play a role in overall health.
7. Identify the patterns on the palm and what each pattern means.
8. Identify the mounts and plains of the palm in relation to major events.
9. The power of intuition and learning to trust in yourself when practicing palmistry on others.
10. Rules, regulations and ethics to follow while practicing the art of palmistry

Activity: 253416-A  
 Instructor: Rita Langner  
 Day/Date: Saturday, December 12  
 Time: 11:00am-1:00pm  
 Location: Aerobic Room  
 Age: 16-Adult  
 Fee: R\$20/NR\$30  
 Min/Max: 4/10  
 Registration Deadline: December 10

## ***Black Dog Canine***

Black Dog K9 is dedicated to keep all dogs in loving homes through education and training of both dogs and their owners. Black Dog believes that as people we have an obligation to our animals and that we should preserve and nourish the human/ animal bond. This class teaches the basic behaviors dogs need to know to live with us such as Watch, Sitting on command, Lie down, Respond to their name, Settle down, Stay, Come when called, Walk nicely on leash, Leave it and take it, the three D's distance, duration, and distraction and how they affect training. Classes at the Apollo Center are forming all the time. Call Marty at Black Dog Canine for more information at (708)305-1322. Registration will be taken the first night of class. No need to pre-register.

## ***Piano Lessons***

Mozart, Bach and Beethoven move over!! Have you ever wanted to learn piano in a fun and relaxing way? Then come on over! You will learn the basics of note reading and musical theory. Musical pieces will progress with the student's abilities. All first-time students must purchase the John W. Schaum book before coming to class. Your time and day of the lesson will be arranged after you register, you choose the most convenient time! Lessons are private and ½ hour in length for four-week sessions. Piano is a great hobby that lasts a lifetime.

Activity: 248305  
 Location: ARC/Board Room  
 Instructor: Margorie Kuiper  
 Day: Instructor arranged  
 Time: 30-minute sessions  
 Age: 7 - Adult  
 Min/Max: 2/10

Session	Dates	Fee
A	Jan. 11 – Feb. 5	R\$90/NR\$100
B	Feb. 8 – Mar. 5	R\$90/NR\$100

## Tarot Workshop

By the end of the workshop students should have a greater understanding of:

- 1.How to choose a deck that resonates with them.
- 2.The Major Arcana.
- 3.The supporting role of the Minor Arcana.
- 4.The most common spreads and how to interpret.
- 5.The one card draw for daily inspiration.
- 6.Learning to trust intuitions when giving readings.
- 7.How to practice tarot safely responsibly.

Activity: 253415-A  
 Instructor: Rita Langner  
 Location: Aerobic Room  
 Day/Date: Sunday, January 24  
 Time: 11:00 am-1:00 pm  
 Age: 16-Adult  
 Fee: R\$20/NR\$30  
 Min/Max: 4/10  
 Registration Deadline: January 21

## Astrology 2 (New)

A continuation of basic astrology, adding on to the knowledge already presented. We will be working primarily on transits and progressions in our own charts, gaining more insight on how are charts work and what energies are current or will be coming soon, and how to deal with them.

Activity: 266424-A  
 Instructor: Rita Langner  
 Location: Multi-purpose II  
 Day: Wednesday  
 Dates: December 9-January 27  
 Time: 6:00-7:00 pm  
 Fee: R\$50/NR\$60  
 Age: 16-Adult  
 Min/Max: 5/10



## Basic Astrology

Basic Astrology is a comprehensive course that will give you the tools needed for a deeper understanding of yourself and others. This course is developed to add new elements every week, ending with the creation of your own chart.

Week 1

Your Sun Sign-How you shine.

Week 2

Your Moon Sign-Your deepest thoughts, fears and wishes.

Week 3

Your Sun and Moon Blend-How the planets work together to give you a better sense of self.

Week 4

Your Ascendant-The starting point of your chart and how others perceive you.

Week 5

Your Personal Planets, Mercury-thought process, Mars-your energy and how you use it, Venus-what you find beautiful, how you love and Saturn-your responsibilities and how you own it.

Week 6

Your Outer Planets-known as generational planets, learning what motivates your generation to make changes in our communities and society as a whole.

Week 7

The Houses- Learning what each house means, where your planets are placed, how they interact with each other.

Week 8

Putting Your Chart Together- Combining your energies to create your own personal astrological blueprint.

Activity: 253411-A  
 Instructor: Rita Langner  
 Location: Multi-purpose II  
 Day: Monday  
 Dates: December 7-January 25  
 Time: 6:00-7:00 pm  
 Fee: R\$50/NR\$60  
 Age: 16-Adult  
 Min/Max: 5/10

## Women's and Co-Rec "Spring" Volleyball League Registration Dates

Registration for all returning volleyball teams will begin on Thursday, January 7th, 2021. Registration for all new resident teams will begin on Monday, January 11th. Registration for all new non-resident teams will begin on Monday, January 18th. The deadline for all volleyball registration will be Saturday, February 20th

Please note that all participants of the Alsip Park District adult volleyball leagues are required to adhere to the rules and regulations of the Apollo Recreation Center. No exceptions to these rules will be made for those participating in any athletic leagues. Thank you for your cooperation!

### Co-Rec "Spring" Volleyball

Adults 18 and older are eligible to participate in our Co-Rec "Spring" Volleyball Leagues. Each league consists of a minimum of four and a maximum of eight teams. All competition is held on Thursday evenings at the Apollo Recreation Center. Team rosters are limited to 12 players.

Activity: 374008-A  
Days/Dates: Thursdays, Beginning March 4th  
Time: 6:30 – 10:30 pm  
Age: Adult  
Location: ARC/Gymnasium I  
Fee: R\$340/ NR\$365  
Min/Max.: 4 teams / 8 teams per division

### Women's "Spring" Volleyball

Spike your way to fun by participating in our Women's "Spring" Volleyball League. The league is available for Women 18 and older to participate. The league consists of two divisions. Each division requires a minimum of four and a maximum of ten teams. All competition is played on Monday evenings at the Apollo Recreation Center, located at 12521 S.

Kostner, Alsip. Team rosters are limited to 12 players.

Activity: 374009  
Days/Dates: Mondays, beginning March 1st  
Time: 6:30 – 10:30 pm  
Age: Adult  
Fee: R\$340/NR\$365  
Min/Max.: 4 teams / 10 teams per division  
Session Location  
A ARC/Gymnasium I  
B ARC/Gymnasium I



## Family Ornament Night



This year instead of gathering to decorate ornaments for our Light up the Park celebration, we will be packing up supplies so you can decorate the ornaments in the warmth and safety of your own homes. Register to reserve your packet. Please bring your completed ornaments to the main office or add them to our beautiful Evergreen tree on or before November 16. Don't forget to twist your ornaments around branches so they don't blow away!

Activity: 183635-A  
 Location: ARC/Main Office  
 Pick-up: Mon., Nov. 2- Nov. 13  
 Dropoff: on or before Nov. 16  
 Time: Regular Main Office Hours  
 (see page 2 for office hours)  
 Fee: Free  
 Alsip Residents Only  
 Registration Deadline: November 13

## Best Snowman Contest



Get your family to create the most excellent snowman in town and win a great prize. Send pic of your team/family with the new addition to [denise@alsipparks.org](mailto:denise@alsipparks.org) by Monday, January 29 to enter the contest. There are three categories; Funniest, Most Creative & Overall Greatest!

Location: Virtual  
 Submission by: January 29  
 Winners Announced: February 1  
 Age: All/Family  
 Fee: Free  
 Alsip Residents Only  
 Registration Deadline: January 29

## Winter Wonderland

Join us for a new family tradition! The wonderful staff at the Alsip Park District is busy like Santa's elves! They are hanging lights and decorating the Apollo Recreation Center and outside areas for this new event! Due to Covid 19 we will be doing a drive-by holiday lights festival and a "socially distant visit" (a wave and a smile and a ho ho ho!) from Santa Claus. Other surprises are in the works. We will be collecting food to be donated to a local food pantry. Visiting children will receive some Christmas joy along with lasting memories. All are asked to remain in their cars throughout the event.

Location: ARC Parking Lot  
 Day: Saturday  
 Dates: December 5 & 12  
 Time: 5:00-7:00 pm  
 Age: All  
 Alsip Residents Only  
 Fee: Free  
 Food Donations

## Light Up the Park



Join us for a quick countdown, a socially distant Christmas carol or two and the warm glow of our beautiful Christmas tree as we mark the start of the Christmas season with our tree lighting event. Registration is required due to social distancing guidelines.

Activity: 283633-A  
 Location: Apollo Center Front Lawn  
 Day/Date: Tuesday, November 17  
 Time: 6:30 SHARP!  
 Age: All  
 Fee: Free  
 Min/Max: 10/50



# Special events

## Letters to Santa

Santa Claus loves to get letters from all the children of Alsip and all over the world! The Alsip Park District wants to help your letter get to Santa this year. We will have our North Pole mail box in the lobby of the Apollo Recreation Center from Tuesday, December 1 - December 11. Santa then will mail you a very special letter back! Don't forget to write your full address on your letter!

Santa's Workshop  
9 Reindeer Road  
North Pole

## Santa Calling



Would your little ones love to get a call from Santa? Stop by the Apollo Center for a Santa calling form. Calls will be made December 7th - 9th. You will have your choice of days and time. Drop the form back at the Apollo Recreation Center main office or drop box in front. The jolly old elf will give you a call. Please make sure you are home.

## Indoor Picnic & Movie

Pack a picnic basket and join us for a nice night indoors for a winter picnic and movie in the warmth of our gymnasium. This is a free event but registration is required for social distancing requirements.

Activity: 283651-A  
Location: ARC Small Gym  
Day/Date: Friday, January 15  
Time: 6:00-8:00 pm  
Age: All Alsip Residents  
Fee: Free  
Movie: New Release TBD  
Min/Max: 25/50  
Registration Deadline: January 7

## Groundhog Day Video Contest

If you have never seen the Bill Murray classic: Groundhog Day, you need too. Especially, if you want to win this first ever virtual Groundhog Day video contest. Email your 1-3 minute reenactment of your favorite scene from the movie to win a fantastic prize! You will also get props on our website and social media for being so cool. Be creative and give the movie the credit it deserves. Submit videos to [denise@alsipparks.org](mailto:denise@alsipparks.org). Good Luck!

Location: Virtual Event  
Day/Date: Submission Deadline: January 30  
Winner Announced: February 2  
Age: Parent/Child Teams  
Fee: Free Alsip Residents Only  
Min/Max: 1/99  
Registration Deadline: Day of Event



## Sweetheart Dance

Baby it's cold outside, but not at the Apollo Center! Bring your sweetheart to our daddy/daughter, mother/son, or any special adult and child combo really. Fee includes individually wrapped snack buffet and drinks, DJ and dancing, photo opps, and a special gift for all registered.

Activity: 283652-A  
Location: ARC/ Gymnasium  
Day/Date: Friday, February 12  
Time: 6:00-9:00 pm  
Age: Parent/Child couple  
Fee: Alsip Residents Only  
\$11.00 per person  
under 3/free  
additional child \$8  
Min/Max: 15/50 couples  
Registration Deadline: February 5



## **General Membership Information**

1. All Facility Pass registrations take place at the Apollo Recreation Center during regular office hours. Proof of residency is required. One must be a picture I.D. and one current Alsip utility bill. Children should have a school I.D. and must be accompanied by a parent or legal guardian, who must show proper identification.

2. All facility pass members must have a photo I.D., taken at the Apollo Recreation Center.

3. Bring your Facility Pass when registering! Your pass will then be re-validated for the 2021 season.

4. See page 42 for open gym information.

5. The fee to replace a Facility Pass is \$20 for adults 18 & over, and \$10 for ages 8-17.

6. You must present a valid Facility Pass or Daily Pass before entering the Gymnasium/ Fitness Center/Women's Circuit Center. No exceptions will be made!!!

7. There are no refunds on memberships.

This facility is open for your use at periodic times during the week when park district activities are not in session. Children under the age of 8 must be accompanied by a valid, card carrying member 16 years and older who must provide supervision for the youth(s) inside the gymnasium.

Basketballs are available for use with a valid facility pass. Gym shoes must be worn at all times. No dark sole running/jogging shoes allowed! No food or drinks allowed in the gymnasium. Hours are subject to change during days of special events or circumstances.

Face coveringa must be worn when entering the facility and in all common areas.

### ***Gymnasium Facility Pass Fees***

**Youth Pass**(8 years to 17 years)

R\$30

**Adult Pass** (18 years and older)

R\$75

**Corporate Rates**

R\$95 per employee

(Individuals not to exceed 30 employees per corporation)

***Resident passholders only. Subject to change at a later date.***

***Please check the Alsip Park District website at [www.alsipparks.org](http://www.alsipparks.org) for updates.***



12521 South Kenton Avenue • Apollo, Illinois 60903

## Open Gym - Apollo Recreation Center Reserve a Basket

Hours for open gym are as follows:

Monday, Wed, Thursday:	3:00pm—8:00pm
Saturday	9:00am– 5:30pm
Sunday	9:00am– 3:45pm

Hours Subject to Change

### RESIDENT PASS HOLDERS ONLY

Reserve a basket at the Apollo Recreation Center by calling 708-389-1003

Basket reservations are for 1.5 hours each, max of 3 people per basket  
12 person capacity per time slot

You must have a reservation and OPEN GYM PASS ID to enter the facility

You must promptly exit the facility at the end of your reservation.

- Participants will complete a health check prior to entry. You should not utilize facility if you or someone from your household is experiencing symptoms of COVID-19.
- You must make reservation in advance by calling 708-389-1003. (ex 326 for building attendant or ex 300 for main office)
- You can reserve up to two time slots per week. This is subject to change.
- You should remain outside of facility until 5 minutes before your reservation time.
- You must maintain proper social distance from other users and staff at all times.
- No pick up games. You must stay near your reserved basket
- Face coverings must be worn when not at your basket. This includes common areas and restrooms.
- Wash your hands often or use hand sanitizer.
- Leave personal belongings at home or locked in your vehicle. Not responsible for lost or stolen items
- You should come to the gym in your basketball attire.
- If you need to use the restroom please see the building attendant first.
- You will enter and exit through the front door of the facility. Facemasks are required

## ***ARC-Dance Room***

The Alsip Park District offers a party room for rent in the Apollo Recreation Center. The Dance Room is ideal for a party or family function. This rental includes set-up and take down of tables and chairs. This room is used for all of our special events and has a comfortable feel for your next birthday party, baby or bridal shower or family get together. You will not be disappointed. Renters must include set up and take down time in the time on the contract. No alcoholic beverages or D.J.s allowed and renter is responsible for all guests, liabilities and damages. Note: For cancellations the Alsip Park District must be notified two weeks prior to the rental or a forfeit of the renter's deposit will occur. Rental on Saturday and Sunday Only. Face coverings must be worn when entering the facility and in all common areas.

- 50 person capacity
- Dimensions 35 x 40 feet
- \$20 for Marquee Message
- \$1/Bag of Ice (limit 5 bags)
- \$100 Cash Deposit Required
- Fee (minimum of 3 hours)
- Resident-\$35 per hour
- Non-Resident-\$60 per hour.



## ***ARC-Gymnasium***

The small gymnasium, located in the Apollo Recreation Center is for rent on Saturday and Sunday. This gymnasium can be used to play volleyball or basketball; no spectators allowed. A minimum two-hour rental required for gymnasium. All rentals must be completed including clean up with their rental by 8:00 pm. Renters must include set up and take down time in the time on the contract. No alcoholic beverages or D.J.s allowed and renter is responsible for all guests, liabilities and damages. Note: For cancellations the Alsip Park District must be notified two weeks prior to the rental or a forfeit of the renter's deposit will occur. Rental on Saturday and Sunday Only.

- 25 person capacity
- \$50 Cash Deposit Required (minimum of 2 hours)
- Residents-\$50 an hour
- Non-Residents-\$75 an hour

Face coverings must be worn when entering the facility and in all common areas.



# *Register Now*

1. ***Online Registration*** Visit [www.alsipparks.org](http://www.alsipparks.org), select registration, select online registration. For first time users of the system, you will have to set-up an account. This can be done by selecting the Create Account Tab. Setting up a new account will only take a few minutes and is only required for the first time you use the system. The online registration system provides many handy features that are designed to make registration easier.
  
2. ***Mail-In*** Complete the registration form in the brochure. The form must be filled out completely in order to be processed. Payments may be made by check or credit card. Checks should be made payable to the Alsip Park District. If paying by credit card, include your complete credit card number, card holder name, expiration date and signature. Note: Make sure you sign the waiver on the registration form. Mail to: Alsip Park District 12521 South Kostner Alsip, Illinois 60803 Attn: Registration
  
3. ***Fax*** Complete the registration form in the brochure. The form must be filled out completely in order to be processed. All faxed registrations must be paid with a credit card. Be sure to include your complete credit card number, card holder name, expiration date and signature. Note: Make sure you sign the waiver on the registration form. Fax to: 708-389-1529
  
4. ***Drop-Off*** Complete the registration form in the brochure and/or complete a registration form at the Apollo Recreation Center. The form must be filled out completely in order to be processed. Place the completed registration form inside the mailbox located outside the front entrance of the Apollo Recreation Center, dropoff box inside located by the main office or drop it off at the Registration Desk during regular business hours. Note: Make sure you sign the waiver on the registration form. Drop-off at: Alsip Park District 12521 South Kostner Alsip, Illinois 60803 Attn: Registration

## ***REGISTRATION PROCESSING BEGINS***

***Residents: Monday, November 16***

***Non-Residents: Monday, November 23***

### ***Registration Process:***

You simply complete a registration form and return it to the Alsip Park District Registration Department and we will mail you a confirmation receipt once your registration has been processed.

# Alsip Park District

Family Name \_\_\_\_\_ Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Home Phone(\_\_\_\_) \_\_\_\_\_ Work Phone(\_\_\_\_) \_\_\_\_\_ Emergency Phone(\_\_\_\_) \_\_\_\_\_  
 Emergency Contact \_\_\_\_\_ Relationship to Family \_\_\_\_\_  
 Do you have any special needs or require any accommodations? \_\_\_\_\_

First Name	Gender	Date of Birth	Grade	Activity #	Session #	Program Title	Day/Time	Location	Fee
								<b>Total Paid</b>	<b>\$</b>

FAX TO: 708-389-1529  
 MAIL TO: Alsip Park District  
 12521 S. Kostner  
 Alsip, Illinois 60803

Visa \_\_\_\_\_ Mastercard \_\_\_\_\_ Discover \_\_\_\_\_  
 Cardholder # \_\_\_\_\_  
 Cardholder Name \_\_\_\_\_ Exp. Date \_\_\_\_\_  
 Amount Charged \_\_\_\_\_  
 Authorized Signature \_\_\_\_\_

Are you interested in being a volunteer coach for one of our Youth Sport Programs? Yes ☐ No ☐

For Office Use Only  
 Cash \_\_\_\_\_ Check \_\_\_\_\_ Charge \_\_\_\_\_  
 Date Rec'd \_\_\_\_\_ Check # \_\_\_\_\_

Participant Shirt Size \_\_\_\_\_

## IMPORTANT INFORMATION

The Alsip Park District is committed to conducting its recreation programs and activities in a safe manner and holds the safety of the participants in high regard. The Park District continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for any program or activity must recognize that there is an inherent risk of injury when choosing to participate in any recreational activity.

You are solely responsible for determining if you or your minor child/ward are physically fit and/or adequately skilled for the activities contemplated by this agreement. Always advisable, especially if the participant is pregnant, disabled in any way or has suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

## WARNING OF RISK

Recreational activities are intended to challenge and engage the physical, mental and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury when participating in any recreational activity. All hazards and dangers cannot be foreseen. Depending on the particular activity, certain risks, dangers and injuries may exist due to inclement weather, slips and falls, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction or other officiating, and other risks inherent to the particular activity. In this regard, it is impossible for the Park District to guarantee absolute safety.

## WAIVER AND RELEASE OF ALL CLAIMS AND PHOTO/VIDEO AUTHORIZATION

Please read this form carefully and be aware that in signing up and participating in this program/activity, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this program/activity (including transportation services, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in this program/activity, and I voluntarily agree to assume the full risk of any and all claims for injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my minor child/ward) as a result of participating in this program/activity against the Alsip Park District, including its officials, agents, volunteers and employees.

I further authorize and give my consent to the Alsip Park District to photograph/video my child (or me), and without limitation, to use such photographs/videos in connection with promoting the services, programs, and facilities of the Alsip Park District, without consideration of any kind.

I have read and fully understand the above important information, warning of risk, waiver and release of all claims, and photo/video authorization. If registering on-line or via fax, my on-line or facsimile signature shall substitute for and have the same legal effect as an original form signature.

PLEASE PRINT

Participant's Name \_\_\_\_\_

Participant's Signature \_\_\_\_\_

Date \_\_\_\_\_

(18 years or older or Parent/Guardian)

### PARTICIPATION WILL BE DENIED

If the signature of adult or/parent/guardian and date are not on this waiver.

## ***Waiting Lists***

Since all our programs have registration limits we cannot guarantee your choice of enrollment in them. The Alsip Park District maintains waiting lists for programs that have reached their maximum registration. Placement on a waiting list is encouraged. Individuals placed on a waiting list will be contacted if any additional program space becomes available.

## ***Oops! - Brochure Errors***

Though we try our best, due to the large amount of information available in the Alsip Park District Program Guide, errors after publication may occur. We apologize for any inconvenience this may cause, and when errors do occur, our staff will advise you of the changes as quickly as possible. We will also attempt to keep information on our website, [www.alsipparks.org](http://www.alsipparks.org) as current as possible. Thank you for your patience and understanding.

## ***Special Accommodations***

Special Accommodation Services are provided through the inclusion services of the South West Special Recreation Association (SWSRA). Requests for this service should be made a minimum of 2 weeks before the start date of any program during the registration process.

## ***Say Cheese***

Our Park District photographers periodically take pictures and/or videos of participants in our classes, during special events and out at our facilities and parks. Please be aware that these photos are for Park District use and may be used in the District's marketing materials. You must give us written permission if you or your family members do not want to be photographed or published

## ***Payment/Pro-rating***

Participants will not be registered for programs without payment. Program fees will not be pro-rated for late enrollment.

## ***Residency***

Residency of the Alsip Park District is defined by financial contributions through property taxes for the operation of the park district. Boundaries of the Alsip Park District and the Village of Alsip are not exactly the same. If you are uncertain whether you qualify as an Alsip Park District resident, please check your current property tax bill. Proof of residency in the form of a picture I.D. and current tax bill or utility bill may be required during program registration. Alsip Park District residents are given first priority for program registration.

## ***Program Limitations***

Each program at the Alsip Park District has an established minimum and maximum number of possible registrants. These numbers are set to guarantee the highest quality program we can offer. The facility, student/teacher ratio and the nature of the program considered when setting program registration minimums and maximums. Programs that do not meet the minimum number of registrants may be cancelled. Please refer to the Program Cancellation section for additional information. Program instructors are not allowed to accept any registrant beyond the established maximum without authorization by their immediate athletic or recreation supervisor.

## ***Class Cancellation Information***

Program supervisors begin reviewing class enrollment and canceling classes that do not meet minimum enrollment approximately ONE WEEK (five business days), prior to the start date. It is extremely important that you try to register for class choices no later than one week before they begin. All participants registered in cancelled programs will be notified by the Alsip Park District staff and will receive a full refund.

## ***Safety Guidelines***

Face coverings must be worn at all times while in the Apollo Recreation Center and Fountain Hills Golf Club facilities. Specific programs or operations may allow to remove face coverings while exercising or while eating.

## ***The Alsip Park District Accepts***

Visa, Mastercard American Express and Discover for credit card payments. Sorry, no telephone registrations.

A \$25.00 fee is charged on all NSF checks. All future registrations must be paid by cash, certified check or money order. Payment is due at the time of registration, unless otherwise noted.

## ***Program Confirmation***

A confirmation/receipt will be sent to you in the mail once your registration has been processed. If it states ENROLLED you are enrolled in the program. If it states W-List, you are on the waiting list for the program. You will be notified of waiting lists status changes. We encourage you to place your name on a waiting list. If the program you desire is full, additional sessions will be opened, if possible.

## ***Minimum/Maximum***

When you see the words Min./Max. under a program it refers to the minimum number of participants needed for the program to run and the maximum number of participants that the program can accommodate.

## ***Park Watch***

We need your help in keeping our parks safe, clean and FREE of vandalism. If you find broken equipment or have any other safety concerns about our park sites or facilities, please contact our Main Office at 708-389-1003. If you see vandalism occurring in the parks, please contact the Alsip Police Department by calling 708-385-6902. The park district is committed to providing a safe place for recreational activities. Thank You for your support in our efforts to provide the residents of the Alsip Park District with quality park sites and facilities.

## ***Refund Policy***

Individuals submitting a request for a refund for a program will be eligible to receive a refund provided the request meets one of the criteria below:

Individual must complete a refund application at the Apollo Recreation Center prior to two classes of the program session. No other refunds will be given after two classes of the program session have expired.

For various one day seminars, trips or special events a refund will be given if the following criterion occurs: Individual must complete a refund application at the Apollo Recreation Center one week prior to the seminar, trip or special event.

There is a \$50 non-refundable processing fee for Day Camp and Teen Camp. A processing fee of \$3.00 is deducted from all refunds with the exception of programs cancelled by the Alsip Park District.

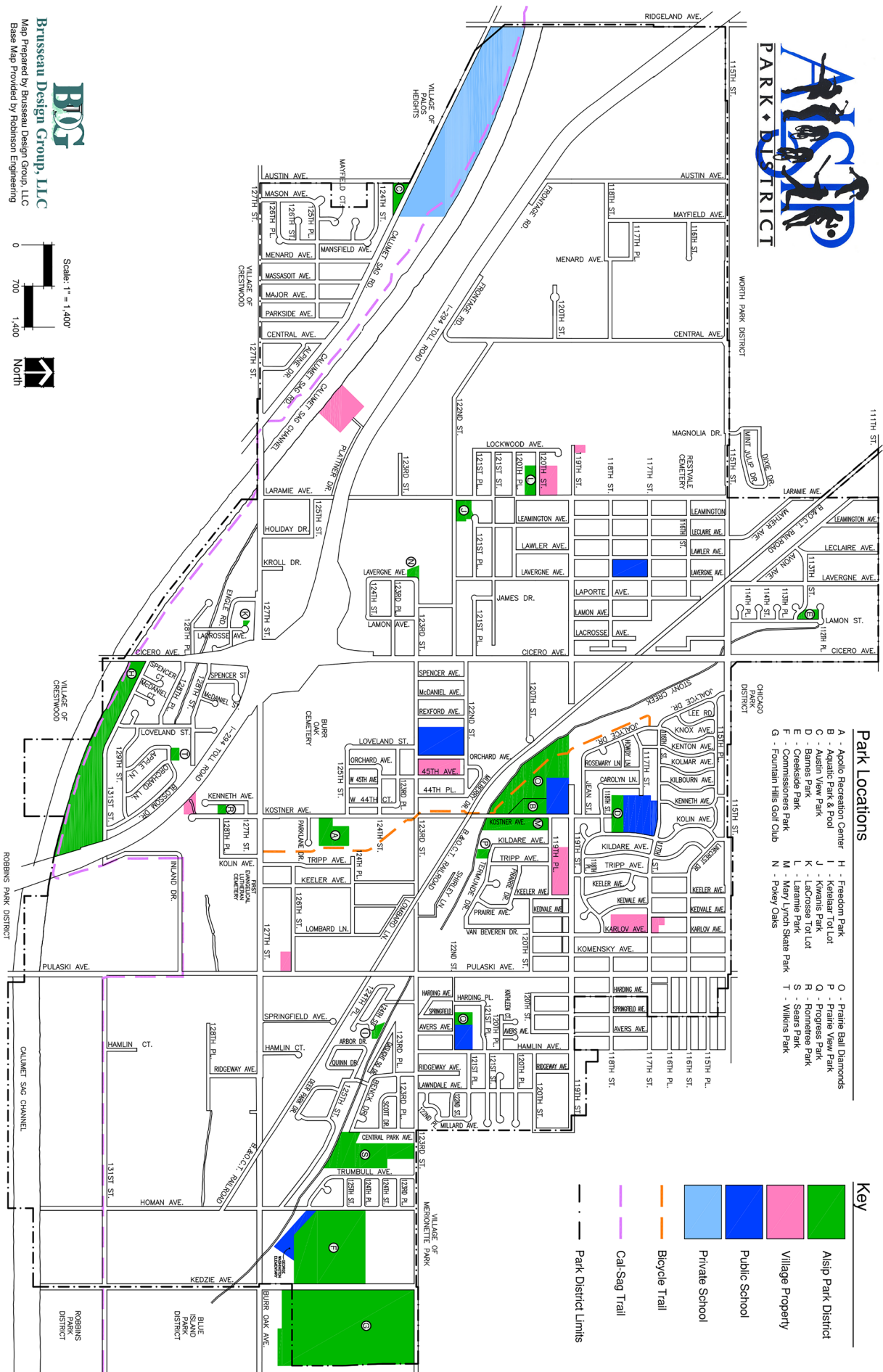
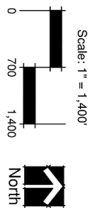
Individuals enrolled in programs, special events or trips that are cancelled by the Alsip Park District will be given a 100% refund and a processing fee will not be assessed.

## ***Americans with Disabilities Act (ADA)***

The Americans with Disabilities Act of 1991 (Public Law 101-306) was adopted by congress for the purpose of eliminating discrimination against individuals with disabilities. The Alsip Park District makes every effort necessary to comply with the Americans with Disabilities Act (ADA). We will not discriminate against qualified individuals with a disability for participation in programs and services. The Alsip Park District invites any individual with special needs to notify our staff upon registration so that we may better serve you. Additional programs for people with disabilities are offered through the Southwest Special Recreation Association (SWSRA). For additional information, please contact SWSRA at 708-389-9423.



**BOC**  
Brusseau Design Group, LLC  
Map Prepared by Brusseau Design Group, LLC  
Base Map Provided by Robinson Engineering



### Park Locations

- A - Apollo Recreation Center
- B - Aquatic Park & Pool
- C - Austin View Park
- D - Barnes Park
- E - Creekside Park
- F - Commissioners Park
- G - Fountain Hills Golf Club
- H - Freedom Park
- I - Kestel's Tot Lot
- J - Kowans Park
- K - LaCrosse Tot Lot
- L - Laramie Park
- M - Mary Lynn Skate Park
- N - Pockey Oaks
- O - Prairie Ball Diamonds
- P - Prairie View Park
- Q - Progress Park
- R - Romaree Park
- S - Sears Park
- T - Wilkins Park

### Key

- Asip Park District
- Village Property
- Public School
- Private School
- Bicycle Trail
- Cal-Sag Trail
- Park District Limits

# Parks and Facilities


		VOLLEYBALL COURT	PICNIC AREA	FITNESS CENTER	PLAYGROUNDS	TOT LOT	BALL DIAMONDS	BASKETBALL COURT	FOOTBALL FIELD	TENNIS COURTS	GOLF COURSE	BANQUET FACILITY	RESTAURANT	SOCCER	WALKING/BIKE PATH	CONCESSION STAND	INFINITY WEB	SKATE PARK
1	Apollo Recreation Center 12521 South Kostner	3 *	+	+	+				2 *		2					+		
2	Sprayfari Aquatic Park & Pool 11930 South Kostner		+			+											+	
3	Austin View Park Route 83 & Austin Ave.					+	+				2 L					+		
4	Barnes Park 117th & Kolin Ave.		+			+	+	+										
5	Bicycle/Walking Path 116th Street-127th Street															+		
6	Creekside Park 113th & Lamon Avenue					+												
7	Commissioners Park 12600 Kedzie Avenue	2 L	+			+	+	4 L							+	+	+	
8	Fountain Hills Golf Club 12601 Kedzie Avenue											30 L	+					
9	Freedom Park 131st & Cicero		+			+	+											
10	Ketelaar Tot Lot 124th & Walter Lane						+											
11	Kiwanis Park 122nd & Laramie														+			
12	LaCrosse Tot Lot Engle Rd. & LaCrosse Ave.						+		1									
13	Laramie Park 120th & Laramie Avenue		+			+	+	1	1									
14	Mary J. Lynch Skate Park 119th Pl. & Kostner Ave.		+														+	+
15	Pokey Oaks 123rd & Laverne Ave.						+											
16	Prairie Ball Diamonds 11910 S. Kostner Avenue							4										
17	Prairie View Park Termunde Dr. & Tripp Ave.					+												
18	Progress Park 122nd & Springfield					+												
19	Ronnetree Park 127th Pl. & Kenneth Ave.					+												
20	Sears Park 123rd & Trumbull Ave.		+			+	+	1		1L					1L	+F		
21	Wilkins Park Blossom Drive					+	+		1									

\* = indoor

L = lighted

+ = equipment located at park site

F = Outdoor Fitness Stations located at park site

 = 9 holes

**Note:** Parks with lighted fields and/or courts close at 11:00 pm. All other parks close at dusk.  
All parks open at dawn. No alcohol or open fires allowed on park district property.

# Winter

## Wonderland



Join us for a new family tradition! The wonderful staff at the Alsip Park District is busy like Santa's elves! They are hanging lights and decorating the Apollo Recreation Center and outside areas for this new event! Due to Covid 19 we will be doing a drive-by holiday lights festival and a "socially distant visit" (a wave, a smile and a ho ho ho!) from Santa Claus. Other surprises are in the works. We will be collecting food to be donated to a local food pantry. Visiting children will receive some Christmas joy and lasting memories. All are asked to remain in their cars throughout the event.

**Location:** ARC Parking Lot  
**Day:** Saturday  
**Dates:** December 5 & 12  
**Time:** 5:00-7:00 pm  
**Age:** All  
**Fee:** Alsip Residents Only  
Free / Donate Food!

