

Rank district Park

> Registration Dates Residents May 20 Non-Residents May 28

2019

What's Happening at the Alsip Park District



We would like to extend a **warm welcome to Brad Burke as our Athletic Supervisor.** Brad is a graduate of Illinois State University where he majored in Recreation Management. He previously worked at the Village of Orland Park Recreation Department and at the Mokena Park District. He also completed an internship at the Tinley Park Park District. We are excited to have Brad on our team.

We would like to send a big **Congratulations to Jeremy Dryier** on being promoted to full time Laborer in our Parks Department. Jeremy joined our team in early 2018. You have probably seen him out and about working hard within our parks system. We look forward to his continued tenure.





Congratulations to Commissioners Jerri-Lynn Kleina and Joe Schmitt on their re-election to the Park Board of Commissioners. Joe was first elected to the Board in 2003 and Jerri-Lynn was first elected to the Board in 2005 We are looking forward to another great 4 years of progressive leadership!

We are proud to announce that the Fountain Hills Golf Club is participating in the Youth on Course (YOC) program through the Chicago District Golf Association (CDGA). Youth golfers ages 6-18 can purchase a membership from the CDGA for \$20.00. This membership offers access for youth golfers ages 6-18 to play a round of golf at the Fountain Hills Golf Club for \$5.00. Your membership will also allow you access at other participating courses throughout the country. You can register for the Youth on Course program at www.cdga.org.





The Fountain Hills Golf Club is also partnering with The First Tee of Greater Chicago for youth golf lessons. You can view updated information on our website at www.alsipparks.org. Please see page 5 or 41 for more information.



Did you know that by purchasing a youth license plate through the State of Illinois that a portion of your fee goes to youth before and after school programming? The Alsip Park District offers a Before and After School Program for students in School Districts 125 and 126. We also offer various days off of school for all students within our community. We are excited to announce

that we have been **awarded a \$1,000.00 grant through the Illinois Association of Park Districts** to continue to support our PowerPlay Before and After School Program.





Check out the updated entrance to the Apollo Recreation Center. **A new seating area, complete with FREE WIFI as well as updated registration desks** have been added to the atrium area. We hope this will enhance your experience as you register for various programs, facilities and events or that you will relax and enjoy after your workout or while you wait for a loved one to finish class.



The Alsip Park District is a proud member of South West Special Recreation Association (SWSRA). SWSRA's main offices are located in the Apollo Recreation Center.

Remember to "Discover Something New" at the Alsip Park District.

Welcome to the Alsip Park District



Apollo Recreation Center

12521 S. Kostner Alsip, Illinois 60803 Tel. 708-389-1003 Fax 708-389-1529 Web Address: www.alsipparks.org

Registration Office Hours

Monday8:30 am-8:30 pm Tuesday-Friday ...8:30 am-5:30 pm Saturday9:00 am-1:00 pm Sunday.....Closed

Summer Registration Dates Resident Begins......May 20 Non-Resident Begins May 28 Programs Begin.....June 10 Unless otherwise stated, the Registration Deadline is one week before the start of each session.

Program Locations

| Apollo Recreation Center (ARC) | |
|--------------------------------|--|
| Sprayfari Aquatic Park | |
| Doubletree/Hilton Hotel | |
| Co-Rec Fitness Center | |
| Fountain Hills Golf Club | |
| Hazelgreen Elementary School | |
| Heritage II Clubhouse | |
| Lane Elementary School | |
| Prairie Junior High School | |
| Stony Creek Elementary School | |
| Women's Circuit Center | |
| women's eneur center | |



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Alsip Park District Mission Statement

The Mission of the Alsip Park District is to enrich life through of parks and facilities, while offering programs in the areas of education, social involvement and environment for individuals of all

The Apollo Recreation Center Holiday hours are listed below:

Holiday/Date FunFest, June 15 Independence Day, July 4 Labor Day, September 2

8 am-Noon Closed Closed

8 am-1 pm 9 am-1 pm Closed Closed Closed Closed

Women's CC Fitness Ctr Gymnasium Main Office 9 am-1 pm Closed Closed

Gymnasium Summer Hours of Operation

| (Effective June 3, 20 | | |
|-----------------------|----------------------|-----------------|
| Day | Activity Open Gym | Hours |
| Monday | Open Gym | 9:00 am-9:00 pm |
| Tuesday | Open Gym | 9:00 am-9:00 pm |
| | Open Gym | |
| | Open Gym | |
| Friday | Open Gym | 9:00 am-9:00 pm |
| Saturday | Open Gym | 9:00 am-4:00 pm |
| | Open Gym | |
| | | |

ALSIP PARK DISTRICT FREE CONCERTS ON THE GREEN

FOUNTAIN HILLS GOLF CLUB 12601 S. KEDZIE AVE FRIDAYS 6:30 - 9:30PM

MAY 10 SMILEY TILLMAN BAND JUNE 14 THE LEADFOOT BAND JULY 12 MATT, ZACK & TOM BAND AUCUST 9 GENERATIONS BAND SEPTEMBER 13 GONE COUNTRY

FULL RESTAURANT & BAR OPEN. NO OUTSIDE FOOD OR BEVERAGES ALLOWED. RAIN OR SHINE. BRING LAWN CHAIR OR BLANKET.



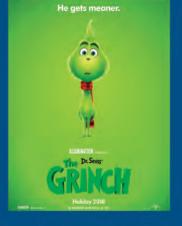
GOLF CLUB







SEARS PARK 123RD E TRUMBULL





AUGUSŁ 23



COMMISSIONERS PARK 12600 S. KEDZIE AUSTIN VI€Ш PARK RT. 83 € AUSTIN

MOVIES BEGIN AT DUSK

WWW.ALSIPPARKS.ORG



12601 S. Kedzie Avenue · Alsip, Illinois 60803 708-388-GOLF (4653)

Fountain Hills Golf Club is owned and operated by the Alsip Park District. Our beautiful nine hole facility has been acclaimed as one of the finest facilities in the Chicagoland area. Designed by noted architect Bob Lohmann, Fountain Hills possesses the following outstanding features:

- Nine (9) hole, par 36 layout, covering 66 beautiful wooded acres.
- Bentgrass tees and greens.
 Two (2) practice area with putting green and
- chipping green. Thirty (30) stations lighted driving range with bunked target greens, synthetic and grass tees.
- Three (3) lakes and numerous sand traps.
- Full service clubhouse.
 Four (4) tee yardages: Junior-2,025; Green/Red-2,667; White-3,061; Blue-3,233.

2019 Summer Hours of Operation

| Wednesday, May 1 thru Mo | nday, Sept. 30, 2019 | | | |
|--|----------------------|--|--|--|
| Clubhouse | 6:00 am-10:00 pm | | | |
| Driving Range | 6:00 am-10:00 pm | | | |
| Restaurant | 8:00 am-10:00 pm | | | |
| Lounge | 8:00 am-10:00 pm | | | |
| (Note: September and October times are subject to change due | | | | |
| to inclement weather and Dayligh | nt Savings time) | | | |

2019 Fall Hours of Operation

Tuesday, October 1 thru Saturday, Nov. 30, 2019 Please check our website and Facebook or Twitter for up to date information.

Golf Lesson

Junior Golf Lessons will be taught by The First Tee of Greater Chicago. For further information regarding our private lessons or group clinics, please visit our website at <u>www.alsipparks.org</u> or contact the Fountain Hills Golf Club at (708)388-4653. Note: There are no lessons on July 2 and July 4.

| Age | Day | Dates | Time |
|-----------|-----|--|----------------|
| 7 -9 yrs. | TU | June 11- August 6 | 9:30 - 11:00am |
| 10 & up | TH | Dates June 11- August 6 June 13 - August 8 | 9:30 - 11:00am |
| | | | |



The registration deadline is one week prior to the start of each class unless otherwise noted.

Dress Code

All persons using the Fountain Hills facilities are required to wear proper attire at all times. **NOT PERMITTED:** "tank tops, spaghetti strap shirts, sleeveless shirts (men or boys) and cut-off shorts". No metal spikes allowed on the course or in the clubhouse. Soft spikes only please!

2019 Summer Rates

(Effective Wednesday, May 1 thru Monday, September 30, 2019). Reservations can be made up to 6 days in advance.

| Weekday | Weekend/Holiday |
|--------------------|-----------------|
| (Includes Monday-F | Friday) |

| Regular (after 7:30 am) Senior | R\$11/NR\$14 | R\$16/NR\$19 R\$13/NR\$16 |
|-----------------------------------|--------------|------------------------------|
| Mid-Day (after 12:00 pm) | R\$11/NR\$14 | R\$13/NR\$16 |
| Senior | R\$9/NR\$12 | R\$11/NR\$14 |
| Replay | R\$9/NR\$9 | R\$11/NR\$11 |
| Junior | R\$9/NR\$9 | R\$11/NR\$11 |
| Twilight (after 5:00 pm) | R\$9/NR\$9 | R\$11/NR\$11 |

Rental Golf Carts & Push Carts

| Nine Hole (per person) | \$9.00 |
|------------------------|---------|
| Single Rider | \$12.00 |
| Replay (per person) | |
| Push Carts | \$3.00 |

Range Balls

| Warm-Up (20 balls) | \$3.00 |
|--------------------|---------|
| Small (35 balls) | \$5.00 |
| Medium (70 balls) | |
| Large (100 balls) | \$11.00 |

Special Fees

Monday Golf Specials (9 holes with cart)\$15.00 (April-November-excluding holidays or with any other offers or discounts)

Early Bird Special ...Walking \$8....Riding \$13 (Before 7:30 am-Monday-Friday, excluding holidays: April thru October)

Rain Check Policy

Rain checks will be issued for a prorated dollar amount for golf and gas cart (if applicable) based upon holes paid vs. holes completed. A rain check must be completely used in a single visit. Rainchecks will not be issued for the following:

- Due to darkness on a twilight round of golf
- The golfer does not have time to continue •
- If the golfer leaves the premises

2019 Golf Leagues

Outside Groups (weekdays)

\$13.00



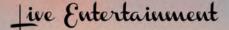
The Backnine is a full service restaurant and bar at the Fountain Hills Golf Club. This area has recently been renovated and is open daily. Check our website for specials and hours. This facility also boasts a beautiful banquet room for private events.







The registration deadline is one week prior to the start of each class unless otherwise noted.



"No Cover Charge" 6:30 pm - 9:30 pm

Friday, May 10th Smiley Tillman Band Friday, June 14th The Leadfoot Band Friday, July 12th Matt, Zack & Tom Band Friday, August 9th Generations

Friday, September 13th Gone Country



Check out our schedule of events.

Register early to reserve your spot.

Also, don't forget to checkout our website and Facebook page for

specials or banquet room

information at the Backnine

at Fountain Hills.

THE



Special Events

Mother's Day Buffet Sunday, May 12th 2 Seatings 10:00 am & 1:00 pm Call Club For More Information

Paint Nite May 8th 6:30 pm - 9:30 pm Call Club For More Information

Trivia Night TBD 6:00 pm - 9:00 pm Call Club For More Information

Golf Events

Spring Scramble Saturday, May 25th 10:00 am Shotgun Start

Mixed Partner Event Saturday, June 22nd 10:00 am Shotgun Start

Crosstown Challenge Saturday, July 6th 3:00 pm Shotgun Start (Sox Fans vs. Cub Fans Event)

> 2 Person Medley Saturday, July 27th 10:00 am Tee Times

4 Ball Shamble Saturday, August 24th 10:00 am Tee Times (This Will Be An 18 Hole Event)

Fall Scramble Saturday, September 28th 10:00 am Shotgun Start

The Co-Ed Fitness Center is equipped with Cybex/Bodymaster strength equipment, Apex five station cable crossover strength equipment, free weights, smith machine, x-trainers, treadmills, stair climbers, recumbent and upright bicycles! We know we have the equipment you need for the perfect workout. All fitness members are required to participate in a fitness orientation. Orientations are done on an appointment basis after a facility pass is purchased and proper attire must be worn. You must be 16 years of age to enter the Fitness Center. Thirteen year olds can join the Fitness Center, but they must be supervised by another member 18 years or older. For your convenience, the Fitness Center is staffed during all hours of operation. **Note:** All upgrades from a 3 month membership to a yearly **MUST** be done within two weeks of expiration.

Member Appreciation Days

The Alsip Park District would like to thank all of our Fitness Center & Women's Circuit Center members by having a "Member Appreciation Day" Please mark your calendars for the following dates and come join us for some cool give a-ways. This event will be located by the Fitness Center and the Women's Circuit Center. This is just a little way to say Thank-You for keeping us company on the days you visit.

2019 Member Appreciation Dates:

Summer: Wednesday, June 26 Fall: Monday, September 30 Winter: Tuesday, December 10

Punch Card Purchase a Co-Ed Fitness/Women's Circuit Center punch card and receive 5 visits to our Co-Ed Fitness/Women's Circuit Center. This card is good for one year from the date of purchase. **Note:** Upon purchase you must schedule an orientation in our Co-Ed Fitness or Women's Circuit Center.

| ŀ | 'ee: | R\$25/NR\$35 |
|---|------|--------------|
|---|------|--------------|

Fitness Center Summer Hours Of Operation

| (Effective June 3, 2019) | | | | |
|--------------------------|-----------------|--|--|--|
| Day | Hours | | | |
| MonThurs. | 6:00 am-9:00 pm | | | |
| Friday | 6:00 am-9:00 pm | | | |
| Saturday | 8:00 am-4:00 pm | | | |
| Sunday | 8:00 am-1:00 pm | | | |

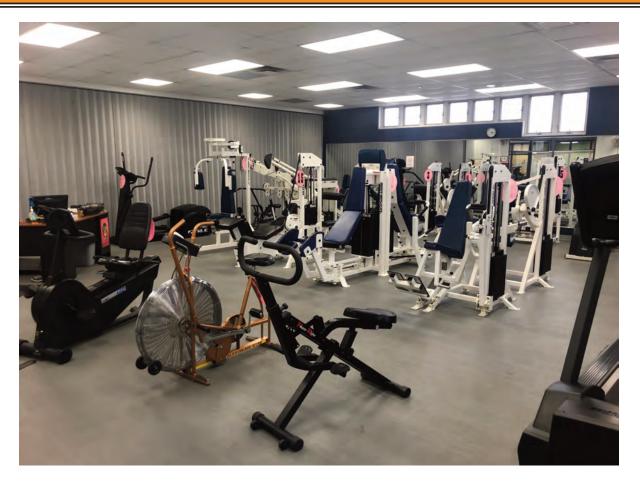
Co-Ed Circuit Center Summer Hours Of Operation

| (Effective June 3, 2019) | | | |
|--------------------------|------------------|--|--|
| Day | Hours | | |
| MonThurs | s2:00 pm-9:00 pm | | |
| | 2:00 pm-9:00 pm | | |
| Saturday | 12:00 pm-4:00 pm | | |
| Sunday | 12:00 pm-1:00 pm | | |

Fitness College Special

| Membership Type | Individual (16 & up) | Additional Family Member | Full-Time Student (18-22) with proof of 12 credit hours | • | Senior (55 & up) | Senior Add-on (55 & up) | Corporate (Alsip Business Only up to 30 people) |
|--|-------------------------|--------------------------------|--|-------------------|------------------------|-------------------------------|---|
| Annual | | R\$150 NR\$188 | R\$150 NR\$188 | R\$150 NR\$188 | | R\$90 NR\$113 | R\$190 per person |
| Daily | R\$8 NR\$12 | R\$8 NR\$12 | R\$8 NR\$12 | R\$8 NR\$12 | R\$8 NR\$12 | R\$8 NR\$12 | N/A |
| Monthly | | R\$25 NR\$35 | R\$25 NR\$35 | | | R\$20 NR\$30 | N/A |
| 3 Month | R\$73 NR\$92 | R\$69 NR\$87 | R\$69 NR\$87 | R\$69 NR\$87 | R\$57 NR\$67 | R\$57 NR\$67 | N/A |
| Upgrade to an annual with a 3 month purchase | | R\$93 NR\$117 | R\$93 NR\$117 | R\$93 NR\$117 | | R\$46 NR\$58 | N/A |

Our **Women's Circuit Center** is equipped with women friendly Body Master Strength equipment, Life Fitness treadmills, Ellipticals, Tetric & Schwinn bicycles and Stairmasters. There are a total of 19 stations that alternate between strength and cardio. A mandatory orientation is required and must be done by appointment only. You must come dressed in workout attire for your orientation. Don't forget to bring a towel. This is a great way to get in shape or stay in shape. We know you're going to enjoy it.



| Circuit Center | | |
|---------------------------|------------------|--|
| Women Only | | |
| Summer Hours of Operation | | |
| (Effective | June 3, 2019) | |
| Day | Hours | |
| MonFri | 8:00 am-2:00 pm | |
| | 3:00 am-12:00 pm | |
| Sunday8 | 8:00 am-12:00 pm | |
| Fee: | \$10 per month | |

Member Appreciation Days

The Alsip Park District would like to thank all of our Fitness/Women's Circuit Center members by having a "Member Appreciation Day" Please mark your calendars for the following dates and come join us for some cool give a-ways. This event will be located by the Fitness Center and the Women's Circuit Center. This is just a little way to say Thank-You for keeping us company on the days you visit.

2019 Member Appreciation Dates:

Summer: Wednesday, June 26 • Fall: Monday, September 30 Winter: Tuesday, December, 10

Punch Card (Five Time Use)

Ingall's Hospital Free Blood Pressure Screening

Free Blood Pressure Screening will be offered by Ingalls Health Care System from 8:00-10:00 am. All screening will be held at the Apollo Recreation Center on the following dates:

Free Walking Club

permitting.

Activity:

Day:

Dates:

Time:

Age:

Fee:

Instructor:

Location:

Why not enjoy a nice morning

walk this summer with our walking

club. The walking club is a great

way to socialize and exercise all at

one time. Children are welcome

but please bring a stroller or wagon

Tuesday in the front atrium of

Apollo Recreation Center: weather

466406-A

Tuesday

June 11-Sept. 3

Lobby/Walking Path

9:00 am -10:00 am

Staff

All

Free

for them. We will meet every

- Wednesday July 17
- Wednesday September 18
- Wednesday November 20

Fitness Crazy Card

Not sure what class best suits you? Try five of our fitness classes to see which one is right for you. A card holder may attend any of our aerobic classes while discovering how enjoyable getting fit really is! The instructor will validate your card. This is great if you have a changing schedule. **Note:** This card is nontransferable

| ferable. | |
|---------------|--------------|
| Activity: | 466504-A |
| Location: | Aerobic Room |
| Days: | Monday- |
| | Saturday |
| Card expires: | 9/7/19 |
| Time: | Varies |
| Age: | Teen-Adult |
| Fee: | R\$25/NR\$35 |
| | |

Personal Training

The trainer will contact you to set up a meeting time and program to fit your needs. You may choose one session or up to any number of sessions with our trainer. Please choose the trainer and program that best suits your needs. Training will take place at the Apollo Recreation Center (ARC) Fitness Center or the Women's Circuit Center, once you have signed up as a member. Please bring your receipt to your first training session. Training sessions are non-transferable. **Note:** Your money will not be refunded if you cancel with less than 24 hours notice of your appointment. A message may be left after hours by calling 389-1003 ext. 318 or 315.

| Trainer: | Christine Kerr, A.C.E. Certified |
|--------------|---|
| Location: | ARC/Fitness Center, Women's Circuit Center |
| Day/Dates: | Will be suited to your individual schedule by |
| | appointment |
| Age: | 16-Adult |
| Age: Fee: | 1 session \$30 |
| | 2 sessions \$55 |
| | 5 sessions \$130 |
| | |

Piyo-Fusion

Piyo-Fusion is a total body workout class that will whip you into shape from head to toe. This class is a combination of Pilates and Yoga to help build strength, lose weight, increase flexibility and sculpt your abdominal muscles. This class unites body and mind and creates a more streamlined shape. There will be no class on Thursday, July 4.

| oe no clubb on | Indibudy, sulf 1. |
|----------------|-------------------|
| Activity: | 466547-A |
| Instructor: | Rhonda Allen |
| Location: | Aerobics Room |
| Day: | Thursday |
| Date: | June 13-Sept. 12 |
| Time: | 6:30-7:20 pm |
| Age: | Teen-Adult |
| Fee: | R\$48/NR\$58 |
| Min/Max: | 7/15 |
| Registration D | eadline: June 11 |
| - | |

Zumba Family Fitness

Come try this new calorie burning fitness dance with the entire family with easy to follow moves. The entire family will have increased energy and an all-around great time while not even realizing that they are "working out". Come and enjoy awesome music and good vibes while getting the best benefit of all, dancing and smiling with your family.

| <i>y</i> • • • • • • • • • • • • • • • • • • • | |
|--|-----------------------|
| Activity: | 466429-A |
| Instructor: | George |
| | Montejano |
| Location: | ARC/Dance Room |
| Day: | Monday |
| Date: | June 10- |
| | August 26 |
| Time: | 5:30-6:30 pm |
| Age: | 7-Adult |
| Fee: | R\$28/NR\$38 |
| | R\$14/NR\$19Per Child |
| Min/Max: | 7/24 |
| Registration D | eadline: June 7 |

Strength & Stretch with Chris

This class will focus on strengthening and stretching the muscles of the body to compliment the activities of daily living. Some of the specific benefits will be core and joint muscle strength and improved posture, balance, range of motion and decrease in back pain.

| Pain | |
|--------------|--------------------|
| Activity: | 466512-A |
| Instructor: | Chris Kerr |
| Location: | Dance Room |
| Day: | Tuesday |
| Dates: | June 11-August 27 |
| Time: | 10:15-11:00 am |
| Age: | Teen-Adult |
| Fee: | R\$50/NR\$60 |
| Min/Max: | 8/15 |
| Registration | n Deadline: June 7 |
| - | |

Aqua Aerobics at Heritage II

Water Aerobics is a great way to increase your range of motion without causing any stress to your body. Men and women, regardless of your swimming ability or age, will be able to follow the daily routines. Changing facilities are available at Heritage II club house facility. You do not have to be a resident of Heritage to participate in this class. Aqua shoes are required for the class.

| 1 | |
|--------------|---------------------|
| Activity: | 466524-A |
| Instructor: | Christine Kerr |
| Location: | Heritage II Pool |
| | (3715 W. 123rd Pl.) |
| Day: | Friday |
| Dates: | June 14-August 16 |
| Time: | 11:15 am-12:00 pm |
| Age: | Adult |
| Fee: | R\$40/NR\$50 |
| Min/Max: | 11/15 |
| Registration | Deadline: June 13 |
| | |

Strong and Fit

In this class while sitting or standing with the assistance of a chair, our instructor will lead you through strength and flexibility exercises. These movements can decrease joint pain and improve overall health and well-being. Studies show it's never too late to start reaping the benefits of an exercise program. You do not have to be a Heritage resident to participate in this class. Join us! There is no class on Thursday, July 4.

| | 5, 5 |
|--------------|-------------------|
| Activity: | 466505-A |
| Instructor: | Chris Kerr |
| Location: | Heritage II |
| | Clubhouse |
| | 3715 W. 123rd Pl. |
| Day: | Thursday |
| Date: | June 13-Sept. 5 |
| Time: | 10:30-11:30 am |
| Age: | 55+ |
| Fee: | R\$40/NR\$50 |
| Min/Max: | 8/20 |
| Registration | Deadline: June 13 |
| | |

Multi Class Discount! Join the Heritage II Aqua Aerobic Class and receive \$10.00 off Strong & Fit Class!

Jammín' to Zumba

Come and try this exercise in disguise class. We take the "work" out of workout, by mixing low intensity to high intensity moves for an interval style, calorie burning fitness party. Zumba has easy to follow moves with awesome Latin rhythms to get you boosted energy, cardio enhancement, and body toning and sculpting. This class is for everybody and every body. Let's get together and sweat it on, ditch the workout and join the Zumba party! No dance experience is needed or

| Thursday, July 4. | | |
|-------------------|-----------------|--|
| Activity: | 466428-A | |
| Instructor: | George | |
| | Montejano | |
| Location: | Dance Room | |
| Day: | Thursday | |
| Dates: | June 13-Sept. 5 | |
| Time: | 5:30-6:30 pm | |
| Age: | 16-Adult | |
| Fee: | R\$42/NR\$52 | |
| Min/Max: | 7/24 | |
| Registration | n Deadline | |

required. Note: No class on

1 1 1 4

June 11



Aqua Aerobics at Sprayfari Aquatic Park

Work your body in this 45 minute aqua aerobic class. Add resistance to your workout while the water reduces joint stress and strain on the muscles. This class is offered during swim lessons; there also may be other swimmers in the pool. Aquatic Park is a heated facility. **Note:** If class is canceled due to weather, make up will be at end of

the session Activity: Instructor: Location: Age: Fee: Min/Max:

Session

A

В

C

D

| 1. | | | | |
|----|------------------------|-------------------|----------------|--|
| | 466530 | | | |
| | Chris Kerr | | | |
| | Sprayfari Aquatic Park | | | |
| | 11930 S. Kostner | | | |
| | 16-Adult | | | |
| | R\$40/NR\$50 | | | |
| | 10/25 | | | |
| | Day | Dates | Time | |
| | MO | June 10-August 12 | 10:00-10:45 am | |
| | WE | June 12-August 14 | 10:00-10:45 am | |
| | WE | June 12-August 14 | 5:00- 5:45 pm | |
| | FR | June 14-August 16 | 10:00-10:45 am | |
| | | | | |

Moments in Motion

Gentle movements with breathing, hand and finger coordination techniques which will help to promote your circulation. You will get plenty of helpful tips regarding nutrition and hygiene. Individual concerns and handicaps will be taken into consideration. Chairs and mats provided just bring a towel. Note: no class on July 4.

| Activity: | 466408 |
|-------------|------------------|
| Instructor: | Peggy Ford |
| Location: | Aerobic Room |
| Time: | 12:30-1:30 pm |
| Day: | Thursday |
| Age: | Mature Adult |
| Fee: | \$45 |
| Min/Max: | 3/10 |
| Session | Dates |
| A | June 13-July 25 |
| В | August 1-Sept. 5 |
| | |

Deep Water Aqua Aerobics at Sprayfari Aquatic Park

In this non-impact deep water class you will spend 45 minutes improving muscular endurance and strength, along with cardiovascular fitness. It's a water based workout sure to increase your calorie expenditure, burning up to 480 calories. This class is offered in the deep end of the pool so you are required to bring your own aqua jogger floatation belt and towel. Activity: 466525-A Instructor: Chris Kerr Location: Sprayfari Aquatic Park 11930 S. Kostner Day: Monday Dates: June 10-August 12 Time: 5:00-5:45 pm Age: Adult Fee: R\$40/NR\$50 Min/Max: 10/25 **Registration Deadline:** June 7

Cardio Kickboxing

Cardio Kickboxing is a group fitness class that will vary intensity to accommodate all fitness levels. You'll begin with a warm-up that includes instruction on proper form (punches, strikes and kicks) that will be used in the class. This class builds stamina, improves coordination and flexibility and helps you burn calories as you build lean muscle with this challenging workout. The class ends with a cool down and stretching. Expect a physical workout. This program is not recommended for individuals with lower back or knee injuries.

Activity:466523-Instructor:RhondaLocation:AerobicDay:TuesdayDates:June 11-4Time:7:35-8:3Age:Teen-AcFee:R\$43/NMin/Max:7/15Registration Deadline:

466523-A Rhonda Allen Aerobic Room Tuesday June 11-August 27 7:35-8:35 pm Teen-Adult R\$43/NR\$53 7/15 eadline: June 8

20/20/20

Come spend an hour at the park and get all your fitness goals wrapped up in one class. You will do 20 minutes of cardio to burn fat, 20 minutes of weight training to tone and firm those muscles followed by the final 20 minutes of Yoga/Pilates to increase your flexibility and core strength. What more could you accomplish in one hour of your day? Activity: 466508-A

| Activity: | 466508-A | |
|-----------------------|-------------------|---|
| Instructor: | Anne Kalch | |
| Location: | Aerobic Room | |
| Day: | Tuesday | |
| Date: | June 11-August 27 | 7 |
| Time: | 9:50-10:45 am | |
| Age: | Teen-Adult | |
| Fee: | R\$48/NR\$58 | |
| Min/Max: | 7/20 | |
| Registration D | eadline: June 7 | |
| | | |

Line Dancing

Come join in for some fun, good music, exercise and a good time. No previous lessons are required. Steve is our experienced line dance instructor and will help you learn all the necessary steps to each dance that he teaches. Some dances will be easy and others will be challenging. There will be a wide array of music to dance to. No special attire or a partner is necessary to be part of this class. Note: No class on July 4. 466404 Activity: Steve Steib Instructor: Dance Room Location: Teen-Adult Age: \$48 Fee: Min/Max: 9/20 Session Date Day

Rhythm Pilates

A method of body conditioning exercises incorporating Pilate rings that will increase you're stretching and strength. The postures improve flexibility and coordination while the controlled breathing unifies the mind, body and spirit. In addition Pilates flattens abdominals, tightens buttocks and arms and thins the thighs. This is the secret of the "Sleek Hollywood Stars."

| the secret of th | ie Sleek H | onywood Stars. | |
|------------------|------------|-------------------|--------------|
| Activity: | 466784 | | |
| Instructor: | Carol Kay | e | |
| Location: | Aerobic R | oom | |
| Age: | Teen-Adul | t | |
| Fee: | R\$48/NR\$ | 58 | |
| Min/Max: | 7/20 | | |
| Session | Day | Dates | Time |
| A | MO | June 10-August 26 | 6:00-7:00 pm |
| B | WE | June 12-August 28 | 6:00-7:00 pm |
| C | SA | June 15-August 31 | 8:45-9:45 am |
| | | | |

Fitness Boot Camp

Are you bored in the gym and looking for a new way to develop a habit of exercise? This could finally be the class to get you headed in the right direction a NEW YOU! Boot Camp training combines interval training and many other exercises using weights and/or body weight to lose body fat, increase cardiovascular efficiency, increase strength, and help you get in a routine of regular exercise. This class is designed to push people a little bit further than they normally push themselves in the gym alone. If your up to a challenge; come and give it your all, were ready are you. There will be no class on Thursday, July 4 or Saturday, August 31.

| Activity: Instructor: Location: | 466499 Rhonda Aerobic | Allan Room | |
|---------------------------------------|-----------------------------|----------------------|----------------|
| Age: | Teen-A | dult | |
| Fee: | R\$43/N | R\$63 | |
| Min/Max: | 7/15 | | |
| Session | Day | Dates | Time |
| А | WE | June 11-September 4 | 6:00 - 6:45am |
| В | TH | June 13-September 12 | 5:30-6:30 pm |
| С | SA | June 15-September 7 | 10:00-11:00 am |

Aerobic Multi-Class Discount

Participants who register for two or more aerobic classes will receive a \$2 per fitness class discount. To be eligible for this discount, you must register for multiple classes at the same time. Please be sure to subtract \$2 discount from each of the classes you register for. If you have any questions regarding this discount, please feel free to contact us at the main office (708) 389-1003.

SessionDayDateTimeAMOJune 10-August 266:40-7BTHJune 13-September 1210:30

6:40-7:40 pm 10:30-11:30 am

"Sprayfari" Aquatic Park 2019 Swim Season-Hours of Operation

Saturday, May 25 through Monday, September 2 Opening Day: Saturday May 25 Sunday, May 26, & Monday May 27 Open Swim:12:00-8:00 pm

Pool Hours

| May 28 - May 31 (School Hours) | |
|---------------------------------------|-------------------|
| Tuesday-Friday | 4:00-7:00 pm |
| June 1-June 2 | |
| Saturday-Sunday | |
| June 3-August 11 | _ |
| Morning Adult Swim (Monday-Friday) | 7:30-9:00 am |
| Member Residents Only (Monday-Friday) | 11:00 am-12:00 pm |
| Open Swim | |
| Open Swim | 6:00-8:00 pm |
| Open Swim (Saturday-Sunday) | 12:00-8:00 pm |
| Note: The Pool will be open on July 4 | 12:00-5:00 pm |
| August 12-August 23 (School Hours) | * |
| Open Swim (Monday-Friday) | 4:00-7:00 pm |
| Open Swim (Saturday-Sunday) | |
| August 24 & August 25 | * |
| Open Swim (Saturday-Sunday) | 12:00-8:00 pm |
| August 26-August 30 | 1 |
| POOL CLOSEDPOOL CLOSED | POOL CLOSED |
| August 31, September 1 and 2 | |
| Open Swim | |
| L | - I |

Pre and Post Splash Pad Hours

| <u>May 18-May 24</u> | |
|---|--------------|
| Monday-Friday | 4:00-6:00 pm |
| Saturday-Sunday | |
| <u>August 26-August 30 (School Hours)</u> | |
| Monday-Friday | 4:00-6:00 pm |
| September 3-September 8 | |
| Monday-Friday | 4:00-6:00 pm |
| Saturday-Sunday | |

During the 2019 swim season, it will be mandatory for all patrons utilizing the Sprayfari Aquatic Park on a daily fee basis to prove they are an Alsip resident with a Drivers License/State I.D. or a report card with an address on it. All children coming into the pool without a parent will be required to prove residency with a report card with an Alsip address on it.

Any child under the age of 11 must be accompanied by an individual over the age of 16. Everyone entering the facility must pay an admission fee. There will be NO EXCEPTIONS!



SPRAYFARI AQUATIC PARK Stay Cool... at the Pool! 708-396-1133 Aquatic Park Features

- Heated Z-Shaped Pool
- 6-25 Meter Lanes
- 40' x 40' Diving Well
- 1 Meter Diving Well
- Deck Slide
- Drop Slide
- 40' x 40' Shallow Area
- 32' x 32' Wading Pool with Raindrop Fountain
- Concession Area
- 7000 Square feet of Water Surface
- Suntan Hill
- Picnic Area
- Shaded Gazebos
- Playground

Aquatic Park Membership Privileges

- First choice of dates for **Pool Rentals**
- Morning Adult Swim
- First choice of dates for **Birthday Parties**
- Discounted swim lessons
 Alsip Park District
- Alsip Park District "FunFest"-Saturday, June 15
- American Red Cross Swim Lessons-begin Saturday, June 8.

So much to do, so little time

Splash Pad

The Alsip Aquatic Park's Safari themed splash pad opened in July 2014. The splash pad covers 2,145 square feet of wet play area. This area has many different types of water features including dumping coconuts, a barrel and swaying palm trees along with bubbling geysers and 3 character water cannons and much more. In addition, new shade structures have been added through out the facility and additional lounge chairs have also been added. Extended hours will be available during the month of May and September (weather permitting) for a daily admission fee to the splash pad area. We have also added two new slides on deck, zero depth entry into the existing wading pool and ADA compliant steps to enter the large swimming pool. You can also relax and enjoy some great food in the spacious concession area on our new picnic tables. What a great place to stay cool this summer with the family.

Resident Membership Fees May 1-September 1

| initia i september i | |
|--|-------|
| Family of 2-3 | \$163 |
| Family of 4 or less | |
| Additional Children | |
| Additional Caretaker | \$57 |
| Single Youth (ages 2-17) | \$99 |
| Single Adult (ages 18-54) | |
| Senior Citizens (55+) | |
| Children under 2 accompanied by adult member Free! | |

Family memberships include 2 adults and up to 2 children. Family members must be designated at the time of registration. Family memberships can include a Grandparent and/or babysitter as the adult in the family pass package. **Note:** Resident pool passes are currently being sold. You must purchase a pool pass to qualify for the member swim lesson fees.

Non-Resident Membership Fees

May 28 - August 31

Daíly Pool Fees

| Duny roor reco | | |
|--|----------|-------------|
| | Resident | NonResident |
| (Includes Splash Pad) | | |
| Youth/Adult (ages 2-54) | \$7 | \$12 |
| Senior (ages 55+) | \$4 | \$8 |
| Evening Swim (6:00-8:00 pm) | \$4 | \$6 |
| AM Lap Swim | \$3 | \$4 |
| Doily Calack Red Ford | Decident | NonDoridont |
| Daily Splash Pad Fees | Resident | NonResident |
| (When Pool Is Closed) | | |
| May 18-May 24 | \$3 | \$5 |
| August 26-August 30(Individual/Adult 2+) | \$3 | \$5 |
| September 3-September 8 | \$3 | \$5 |
| (Individual/Adult 2+) | | |
| | | |

General Membership Information

- 1. All season pass registrations will take place at Apollo Recreation Center during regular office hours. Proof of residency will be <u>required</u>! Adults 18 years of age and older will need a minimum of 2 pieces of identification (1 must be a picture I.D. with an Alsip address and the other must be a current utility bill). **Note:**This includes people renewing membership as well.
- 2. All season pass members must have a photo I.D. card made at the Apollo Recreation Center.
- 3. Bring your **2018 pool pass** or **activity card** when registering.
- 4. Family memberships are based on 4 people. Family memberships can include a Grandparent and/or babysitter as the adult in the family pass package.
- 5. A family membership will be sold to two adults and any children living in the same household under the age of 22 that are full-time students. Only immediate family members are allowed to be included in the family membership. The student will be required to show a current school I.D.
- 6. Any adult 18 or older who is not a student living in the household with mother and/or father will need to purchase their own pool membership.
- 7. It is **MANDATORY** for all children that are not potty-trained to wear Little Swimmers and Rubber Pants. You may purchase these items at the front desk of the pool. If your child is found without these on in the pool, you will be asked either to purchase one from the front desk or to leave the Sprayfari Aquatic Park.
- 8. Any child under the age of 11 must be accompanied by an individual over the age of 16. NO EXCEPTIONS!
- 9. Everyone entering the facility must pay an admission fee. NO EXCEPTIONS!

Pool Rentals

Pool rentals are available from 8:15-10:15 pm and Saturday's 10:00am -12:00pm on a first-come, first-served basis, with pool members receiving priority on date choice. To hold your reservation, payment must be made IN FULL at the time of the reservation, and a \$100 refundable cash deposit must be left with your registration form. This will ensure that there is no damage to the property and that there are fewer than 100 people entering the pool. If you wish to bring more than 100 people, there will be a charge of \$50 per 100 extra participants. If your party goes over the 100 person mark, \$50 will automatically be added to your credit card. Anyone entering the Sprayfari Aquatic Park facility will be counted as 1 participant, swimmer or non-swimmer. Registration will only be taken at the Apollo Recreation Center during regular office hours. Rentals are available Monday-Sunday evenings from June 7-August 11 No week days after these posted dates only Friday, Saturday and NO Sundays are available after these dates. ALL night rental participants must arrive between 8:00-8:15 pm to get instructions and rules and ALL morning rentals must arrive between 9:45-10:00 am to get instructions and rules. Member registration for pool rentals will be accepted beginning Saturday, March 30. Non-member registration will be accepted beginning Wednesday, May 1. No DJ's or Live Bands allowed at the pool rentals. Activity: 317801 Fee: \$250 Member \$285 Resident/Non-member \$320 Non-resident/Non-member Additional Fee: \$20.00 Wading Pool \$20.00 Drop Slide Session Time A 10:00 am-12:00 pm

(Saturday's ONLY)

8:15-10:15 pm

Birthday Parties

The Alsip Park district invites you to celebrate your birthday with us. Fill out a Birthday Party Request Form at Apollo Recreation center when you register and we will be happy to try to accommodate your party. Please make reservations early. Birthday party reservations will be accepted on Saturday, March 2, for members and Monday, April 29 for non-members. Your party will include 1 hour of exclusive water playtime for the party guest only, after that hour the pool opens to the public and that's when we will serve the birthday party children their lunch and sno-cones. You have a choice of the hotdog or pizza package, which includes a hot dog, chips and a fountain drink or a pie slice of cheese pizza and a fountain drink and a sno-cone per child. You're more than welcome to bring your own birthday cake or cupcakes and additional food or snacks for your birthday party guests. Every child attending the party is allowed one adult chaperones to stay during party time.

B

| 1 | addit enaperenes to stay during purty time. | | |
|---|---|---|--|
| | Activity: | 317802 | |
| | Day/Time: | Friday 5:00-8:00 pm (June 7-August 9) | |
| | • | Sunday 11:00 am-2:00 pm | |
| | Minimum fee | R\$210/NR\$255 for 15 children | |
| | | \$10.00 each additional child (Maximum: 25) | |
| | Additional fee: | R\$10/NR\$15 Wading Pool | |
| | | R\$10/NR\$15 Drop Šlide | |
| | | * | |



Conduct Policy

Behavior: Participants are expected to exhibit appropriate behavior at all times. The following guidelines have been developed to help make Alsip Park District programs safe and enjoyable for all participants. The Park District reserves the right to develop additional rules for particular programs and athletic leagues as deemed necessary by staff and the Park Board of Commissioners.

Participants shall:

- Show respect to all participants and staff.
- Refrain from using foul language.
- Refrain from causing bodily harm to other participants and staff.
- Refrain from damaging equipment, supplies and facilities.

Discipline: The Alsip Park District reserves the right to dismiss a participant for an infraction of the code of conduct. Each situation will be evaluated on its own merit.

Preschool Aquatics

The primary objective of Preschool Aquatics is to promote the developmentally appropriate learning of fundamental water safety and aquatic skills by young children 4 to 5 years of age. All preschool swim lessons are 2 weeks (8 classes) long and are taught according to American Red Cross guidelines. In the event that a class does not fill, participants will be accommodated to a level which best fits their needs. Participants in the swim lessons may be moved to a higher or lower class level to best fit their needs at an instructor's recommendation. **Note:** There will be one water safety class held inside of the Aquatic Park facility, if there is poor weather on the day of your scheduled class. If there is a second day of poor weather on your schedule class day that class will be made up on Fridays. **Note:** There will be no classes on Thursday, July 4.

| Location: | AQP | |
|-----------|---------------------|------------------|
| Age: | 4-5 years old | |
| Fee: | \$49 Member/Session | |
| | \$58 R, Non-Member | /session |
| | \$68 NR, Non-Membe | er/Session |
| Min: | 3 | |
| Session | Day | Dates |
| Ι | M, TU, W, TH | June 10-June 20 |
| II | M, TU, W, FR | June 24-July 5 |
| III | M, TU, W, TH | July 8-July 18 |
| IV | M, TU, W, TH | July 22-August 1 |
| | | |

(This program will teach the most elementary aquatics skills-entry and exit, submerging, floating and swimming on front and back)

| Time | 0. | | Session III | , |
|-----------------|----------|----------|-------------|----------|
| 10:15 -10:45 am | 317850-A | 317850-В | 317850-C | 317850-D |
| 5:15-5:45 pm | 317850-Е | 317850-F | 317850-G | 317850-Н |



Guard Start

If you're between 11 and 14 years old and have always wanted to be a lifeguard, now is the time to take the first step. Get a jump start on securing a future job as a lifeguard by completing the Red Cross Junior Lifeguarding Tomorrow program! Learn what it takes to be a great lifeguard. The experience you gain through this Junior Life Guard class will help you get ready to take Lifeguard Training.

Prerequisites

- Swim the front crawl for 25 yards continuously while breathing to the front or side.
- Tread water for 1 minute using arms and legs.
- Submerge and swim a distance of 10 feet underwater.

| Activity: | 317815-A | |
|-----------|---------------------|----------------|
| Location: | AQP | |
| Age: | 11-14 | |
| Time: | 10:15-10:45 am | |
| Fee: | \$50 Member Session | |
| | \$58 R, Non-Me | mber/Session |
| | \$68 NR, Non-M | Iember Session |
| Min/Max: | 6/8 | |
| Session | Day | Dates |
| Ι | M, TU, W, TH | July 8-July 18 |

Diving Lessons

Have you ever wanted to learn how to dive? Well here is your chance! All diving lessons are taught according to American Red Cross guidelines. You must be able to swim in deep water and swim from the diving board to ladder to enroll in this class Classes will include an introduction to diving, including techniques, positions, and dives as well as safety portion. **Note:** There will be no classes on Thursday, July 4.

| Activity: | 317814-A | |
|-----------|---------------------|----------------|
| Location: | AQP | |
| Ages: | 5 and up | |
| Time: | 10:15-10:45 am | |
| Fees: | \$50 Member/Session | |
| | \$58 R, Non-Me | mber/Session |
| | \$68 NR, Non-M | Iember/Session |
| Min/Max: | 6/8 | |
| Session | Day | Dates |
| А | M, TU, W, FR | June 24-July 5 |
| | | |



Private Swim Lessons

Private swim lessons allow the participant the opportunity to work with the swim instructor on a one-on-one basis. These lessons are ideal for children, adults, or someone with a fear of the water. All sessions are ¹/₂ hour and are taught according to American Red Cross guidelines and allow participants to move at their own pace. You have 24 hours to cancel or you will be charged for your lesson. Note: If swim lessons are not completed by Saturday, August 10, 2019, your remaining swim lessons will be forfeited. No refunds. Days and times are not guaranteed (mornings or evenings). Activity: 317813 Location: AQP Age: 3 years and up Time: Instructor will contact you to set up your session times during the following time slots. Lessons cannot be conducted during regular pool hours. Monday-Friday 8:00 am-10:30 am or 5:15-5:45 pm 8:30 am-9:45 am Saturday 8:30 am-10:45am Sunday Fee: **3** sessions 5 sessions 7 sessions **10 sessions** \$34 Member \$57 Member \$72 Member \$93 Member \$39 R, Non-Member \$62 R, Non-Member \$77 R, Non-Member \$98 R. Non Member \$87 NR, Non-Member \$108 NR, Non-Member \$49 NR, Non-Member \$72 NR, Non-Member

Youth Swim Lessons

All group swim lessons are 2 weeks (8 classes) long and are taught according to American Red Cross guidelines. In the event that a class does not fill, participants will be accommodated to a level which best fits their needs. Participants in the Swim Lessons may be moved to a higher or lower class level to best fit their needs at an instructor's recommendation. **Note:** There will be one water safety class held inside of the Aquatic park facility, if there is poor weather on the day of your scheduled class. If there is a second day of poor weather on your scheduled class day, that class will be made-up on Friday. **Note:** There will be no classes on Thursday, July 4.

| Location: | AQP | |
|-----------|---------------------|------------------|
| Age: | 6 years and up | |
| Fee: | \$49 Member/Session | |
| | \$58 R, Non-Member/ | Session |
| | \$68 NR, Non-Membe | er/Session |
| Min/Max: | 3/5 | |
| Session | Day | Dates |
| Ι | M, TU, W, TH | June 10-June 20 |
| II | M, TU, W, FR | June 24-July 5 |
| III | M, TU, W, TH | July 8-July 18 |
| IV | M, TU, W, TH | July 22-August 1 |
| | | |

Level 1-Introduction to Water Skills

(This program offers basic personal water safety information and skills to help participants feel comfortable in the water and to enjoy the water safely)

| Time | Session I | Session II | Session III | Session IV |
|----------------|-----------|------------|-------------|------------|
| 10:15-10:45 am | 317825-A | 317825-В | 317825-C | 317825-D |

Level 2-Fundamental Aquatic Skills

(This program will expand on the fundamental aquatic locomotion and safety skills. Participants will learn to float without support)

| Time | Session I | Session II | Session III | Session IV |
|----------------|-----------|------------|-------------|------------|
| 10:15-10:45 am | 317826-A | 317826-B | 317826-C | 317826-D |

Level 3-Stroke Development

(This program will teach participants breaststroke, front crawl, elementary backstroke, and rotary breathing)

| Time | Session I | Session II | Session III | Session IV |
|----------------|-----------|------------|-------------|------------|
| 10:15-10:45 am | 317827-A | 317827-В | 317827-C | 317827-D |

Level 4-Stroke Improvement

(This program is develop participants' confidence in the strokes learned thus far and to increase their endurance and introduction of butterfly)

| Time | Session I | Session II | Session III | Session IV |
|----------------|-----------|------------|-------------|------------|
| 10:15-10:45 am | 317828-A | 317828-B | 317828-C | 317828-D |

Level 5-Stroke Refinement

| (This program will continue with refinement of strokes previously learned, plus introduce flip turns.) | | | | |
|--|-----------|------------|-------------|------------|
| Time | Session I | Session II | Session III | Session IV |
| 10:15-10:45 am | 317829-A | 317829-B | 317829-C | 317829-D |

Parent & Tot Swim Lessons

Parents introduce your child to the water and help him/her develop a positive relationship at an early age. With the aid of games and toys, your infant/tot will develop a comfort level in and around the water as well as a readiness for learning to swim. Skills introduced include blowing bubbles, kicking, and jumping in. The adult does not need to know how to swim. **Note:** There will be one water safety class held inside of the Aquatic park facility, if there is poor weather on the day of your scheduled class. If there is a second day of poor weather on your scheduled class day, that class will be made-up on Friday. **Note:** There will be no classes on Thursday, July 4.

Location: AQP Age: 9 months-3 years with parent Fee: \$49 Member couple/Session \$58 R, Non-Member couple/Session \$68 NR, Non-Member couple/Session Min/Max: 8/10 Session Dav Dates Ι M, TU, W, TH June 10-June 20 Π M, TU, W, FR June 24-July 5 III M, TU, W, TH July 8-July 18 IV M, TU, W, TH July 22-August 1 Time Session II Session I Session III 10:15-10:45 am 317810-A 317810-В 317810-C

Note: Please remember that people learn at their own pace. Mastering swimming skills takes time, practice, and patience. It is not unusual for students to repeat a level several times in order to master the skills required for a completion certification and advancement to the next level.

Saturday Morning Parent & Tot Swim Lessons

Parents introduce your child to the water and help him/her develop a positive relationship at an early age. With the aid of games and toys, your infant/tot will develop a positive comfort level in and around water as well as a readiness for learning to swim. Skills introduced include blowing bubbles, kicking and jumping in. The adult does not need to know how to swim. **Note:** Make-ups will be held on Saturdays at the end of the session.

| Saturdays at t | |
|----------------|-----------------------------|
| Activity: | 317810-A |
| Location: | AQP |
| Day: | Saturday |
| Date: | June 8-July 27 |
| Time: | 9:15-9:45 am |
| Age: | 9 months-3 years w/parent |
| Fee: | \$ 45 Member Couple |
| | \$ 52 R, Non-Member Couple |
| | \$ 62 NR, Non-Member Couple |
| Min/Max: | 8/26 |



Session IV 317810-D

Saturday Morning Swim Lessons

Saturday morning swim lessons follow the American Red Cross guidelines and are 30 minutes. These lessons are ideal for those individuals with a busy weekly schedule, as well as children, adults and someone with a fear of water. **Note:** There will be one water safety class held inside of the Aquatic park facility, if there is poor weather on the day of your scheduled class. If there is a second day of poor weather on your scheduled class day, that class will be made-up on by adding on an additional Saturday.

| Saturday. | |
|---|--|
| Activity: | 317847 |
| Location: | AQP |
| Day/Date: | Saturday, June 8-July 13 |
| Time: | 9:15-9:45 am |
| Age: | 4-5 Preschool Aquatics |
| - | 6 years and up Levels 1-4 |
| Fee: | \$ 45 Member/Session |
| | \$ 52 R, Non-Member/Session |
| | \$ 62 NR, Non-Member/Session |
| | ϕ 02 mix, mon-memori/session |
| Min: | 6 |
| Min: Session I | |
| | 6 |
| Session I | 6 Level |
| Session I 317847-A | 6 Level 1-Introduction to Water Skills |
| Session I 317847-A 317847-B | 6 Level 1-Introduction to Water Skills 2-Fundamental Aquatic Skills |
| Session I 317847-A 317847-B 317847-C | 6 Level 1-Introduction to Water Skills 2-Fundamental Aquatic Skills Preschool Aquatics Preschool Aquatics 3-Stroke Development |
| Session I 317847-A 317847-B 317847-C 317847-D | 6 Level 1-Introduction to Water Skills 2-Fundamental Aquatic Skills Preschool Aquatics Preschool Aquatics |

SPRAYFARI AGUATIC PARK

Evening Swim Lessons

All group swim lessons are taught according to American Red Cross Guidelines. In the event that a class does not fill, participants will be accommodated to a level which best fits their needs. Participants in the Swim Lessons may be moved to a higher or lower class level to best fit their needs at an instructor's recommendation. **Note:** There will be one water safety class held inside of the Aquatic Park facility, if there is poor weather on the day of your scheduled class. If there is a second day of poor weather on your scheduled class day, that class will be made-up on Fridays.**Note:** There will be no classes on Thusday, July 4.

| 110000000000000000000000000000000000000 | | | |
|---|---------------------|------------------|--|
| Location: | AQP | | |
| Age: | 6 years and up Lev | el 1-4 | |
| Fee: | \$49 Member/Session | | |
| | \$58 R, Non-Memb | er/Session | |
| | \$68 NR, Non-Men | nber/Session | |
| Min/Max: | 6/8 | | |
| Session | Day Dates | | |
| Ι | M, TU, W, TH | June 10-June 20 | |
| II | M, TU, W, FR | June 24-July 5 | |
| III | M, TU, W, TH | July 8-July 18 | |
| IV | M, TU, W, TH | July 22-August 1 | |
| | | . 0 | |

Level 1-Introduction to Water Skills

(This program offers basic personal water safetyinformation and skills to help participants feelcomfortable in the water and to enjoy the water safely)TimeSession ISession IIISession IIV5:15-5:45pm317832-A317832-B317832-C317832-D

Level 2-Fundamental Aquatic Skills

(This program will expand on the fundamental aquatic locomotion and safety skills. Participants will learn to float without support)

TimeSession ISession IISession IIISession IV5:15-5:45pm317832-E317832-F317832-G317832-H

Level 3-Stroke Development

(This program will teach participants survival float, front crawl, elementary backstroke, and dolphin and scissors kick for treading)

TimeSession ISession IISession IV5:15-5:45pm317832-I317832-J317832-K317832-L

Level 4-Stroke Improvement

(This program is develop participants' confidence in the strokes learned thus far and to increase their endurance for greater distances)

 Time
 Session I
 Session II
 Session III
 Session IV

 5:15-5:45pm
 317832-M
 317832-N
 317832-O
 317832-P



The registration deadline is one week prior to the start of each class unless otherwise noted.

Water Polo & Splash Ball at Sprayfari

The Alsip Park District will once again be offering water polo and splash ball (modified water polo introduction for beginner swimmers ages 5-9) for boys and girls as part of the American Water Polo Association. Water Polo will be offered for both high school and 14 & U levels. Splash ball will be offered for ages 5-9. All practices will be held outside at the Alsip Park District's Sprayfari Aquatic Park located at 11930 South Kostner Ave. See youth athletics section on page 41 for more information.

Splash Ball

| Activity: | 317852A |
|---------------|-------------------------|
| Location: | Sprayfari Aquatic Park |
| Day: | Saturday |
| Dates: | June 22-July 27 |
| Time: | 9:45am-11:45am |
| Age: | 5-9 yr olds |
| Fee: | \$100 (\$85 W/AWP card) |
| Min/Max: | 25/75 |
| Will not meet | 7/6 |
| | |

Water Polo (14 & under)

| Activity: | 317853A |
|---------------|---------------------------|
| Location: | Sprayfari Aquatic Park |
| Day: | Mon, Thur, Sat |
| Dates: | June 17-August 2 |
| Time: | Mon, Thur 8:15pm-10:15pm, |
| | Sat 9:45am-11:45am |
| Age: | 10-14 |
| Fee: | \$200 (\$150 W/AWP card) |
| Min/Max: | 35/75 |
| Will not meet | 7/1, 7/4, 7/6 |
| | |

Water Polo (H.S)

| Activity: | 317854A |
|---------------|---------------------------|
| Location: | Sprayfari Aquatic Park |
| Day: | Mon, Thur, Sat |
| Dates: | June 17-August 2 |
| Time: | Mon, Thur 8:15pm-10:15pm, |
| | Sat 9:45am-11:45am |
| Age: | High School |
| Fee: | \$225 (\$175 W/AWP card) |
| Min/Max: | 35/75 |
| Will not meet | 7/1, 7/4, 7/6 |
| | |



hight away

under the star

HLD HOOD PROGRAMS

June Art Workshop

Theme: "DESERT"

Young Rembrandts provides an engaging, creative environment where your child will learn how to draw and strengthen his or her artistic skills. During the month of June, our students will learn and have fun as they draw some common characters found in the desert.

July Art Workshop

Theme: "RAINFOREST" During the month of July, our student's imaginations will take a trip to the rainforest. Drawing toucans, jaguars and a rainforest scene are just some of the drawings our students will create. Reveal an imaginative world of drawing to your budding artist

| Activity: | 438275-A | Activity: | 438277-A |
|-------------|------------------|-------------|--------------------|
| Location: | Preschool III | Location: | Preschool III |
| Instructor: | Young | Instructor: | Young |
| X AR | Rembrandts | | Rembrandts |
| Day: | Thursday | Day: | Thursday |
| Dates: | June 6 - June 27 | Dates: | July 11 - August 1 |
| Time: | 1:00-1:45 pm | Time: | 1:00-1:45 pm |
| Age: | 3 1/2-5 years | Age: | 3 1/2-5 years |
| Fee: | \$44 | Fee: | \$44 |
| Min/Max: | 5/25 | Min/Max: | 5/25 |
| | | | |

August Art Workshop

Theme: "UNDER THE SEA". During the month of August, our students will explore visual wonders from Under the Sea. Brightly colored seahorses and a playful walrus will excite your child. Make this a summer to remember. Enroll your child today

| Emon your ch | nu touay |
|--------------|----------------|
| Activity: | 438278-A |
| Location: | Preschool III |
| Instructor: | Young |
| | Rembrandts |
| Day: | Thursdays |
| Dates: | August 8 - |
| | August 29 |
| Time: | 1:00-1:45 pm |
| Age: | 3 1/2 -5 years |
| Fee: | \$44 |
| Min/Max: | 5/25 |
| | |

"JUST YOU AND ME TIME"

Are you a stay at home mom with little ones? Are you a grandparent or care giver who takes care of little ones? One more question, would you like to meet others like you and give those young children the opportunity to develop important social skills? Yes, then consider this! We will have a welcoming room with music, books, puzzles, arts and crafts supplies and big balls and tunnels for movement set for you to enjoy. Three, three week sessions, will be offered twice a week.

| Activity: | 438131-A | |
|------------------|--------------------------|--|
| Location: | Multipurpose Room II | |
| Instructor: | Laura Bra | den |
| Time: | 10:30-11:3 | 30 am |
| Age: | newborn & | & up with an Adult |
| Fee: | R\$15/NR\$28 per session | |
| Min/Max: | 6/15 couples | |
| | | |
| Session | Day | Dates |
| Session A | Day MO | Dates June 10, 17, 24 |
| | e | |
| А | MO | June 10, 17, 24 |
| A B | MO TU | June 10, 17, 24 June 11, 18, 25 |
| A B C | MO TU MO | June 10, 17, 24 June 11, 18, 25 July 1, 8, 15 |
| A B C D | MO TU MO TU | June 10, 17, 24 June 11, 18, 25 July 1, 8, 15 July 2, 9, 16 |



"GONE FISHING"

Did you know that June is National Aquarium Month? Let's celebrate by learning about different types of fish by making our very own fishing pole craft, music, and stories! If your child is not potty-trained, you will need to provide a contact person that can come within 15 minutes as staff cannot change diapers or clothes.

Activity:438389-ALocation:Preschool Room IIIInstructor:Laura BradenDay/Date:Tuesday, June 18Time:12:15-1:45 pmAge:2 ½-4Fee:R\$12/NR\$25Min/Max:6/15

"YOU ARE INVITED TO A TEDDY BEAR PICNIC"

Did you know that August is National Picnic Month? Let's celebrate with a "Teddy Bear Picnic." Bring your Teddy Bear, or favorite stuffed "buddy" and a sack lunch. After lunch we will play some picnic games and enjoy a story! If your child is not potty-trained, you will need to provide a contact person that can come within 15 minutes as staff cannot change diapers or clothes.

| Activity: | 438391-A |
|-------------|--------------------|
| Location: | Preschool Room III |
| Instructor: | Laura Braden |
| Day/Date: | Tuesday, August 6 |
| Time: | 12:15-1:45 pm |
| Age: | 2 1/2-4 |
| Fee: | R\$12/NR\$25 |
| Min/Max: | 6/15 |
| | |

"I SCREAM, YOU SCREAM, WE ALL SCREAM FOR ICE CREAM"

Did you know that July is National Ice Cream Month? Let's celebrate with an "Ice Cream Party." We will enjoy our ice cream, learn about the history of ice cream, and play some games. If your child is not potty-trained, you will need to provide a contact person that can come within 15 minutes as staff cannot change diapers or clothes.

438390-A Activity: Location: Preschool Room III Instructor: Laura Braden Day/Date: Tuesday, July 9 Time: 12:15-1:45 pm $2\frac{1}{2}-4$ Age: Fee: R\$12/NR\$25 Min/Max: 6/15

Age Limits and Why

In order to provide your child with the best possible recreational experience, all of our programs are designed according to specific age groups. Our instructors are sensitive to the needs of the individual age levels. Children must be the age listed in the brochure for each program by June 1st. Birth certificates may be requested to verify age.

We Love Parents But...

Please do not remain in the classroom after you have dropped your child off. This is in the best interest of your child, interruptions tend to affect participant's attention span and inhibit the establishment of peer relationships. Instructors are available before and after class if you wish to speak with them. Thank You for your cooperation.

Special Accommodations

Please let the instructor know if your child has any allergies or medical needs in the beginning of class. As we often include different working materials and snacks in our classes. Thank you!



SCHOOL STARTERS 2019/2020

If your child misses the September 1st cut-off date required for enrolling in the Three Year Old Preschool Programs, or he or she is not potty trained, "School Starters" is for you! The "School Starter" classes contain developmentally appropriate cognitive, social and physical activities to prepare children for Preschool. The classes will be offered twice a week, September through April. Being potty trained is not required, but you must be available to come if your child has an accident. The staff will not change diapers, pull-ups or clothes.

The curriculum for "School Starters" will have activities that are hands on to develop fine motor and large motor skills, songs and finger plays to enhance language and speech, stories to practice those listening skills, arts and crafts for the imagination, and gym time. Accomplishing these skills will give your child more confidence, which means less frustration when starting Preschool, and having your child saying, "School is fun!"

| Activity: | 338191-A |
|-------------|--|
| Location: | Multipurpose Room I |
| Instructor: | Ms. Nataly |
| Day: | MO/WE |
| Dates: | September 9-December 11 |
| Time: | 9:15-10:45 am |
| Age: | 2 ¹ / ₂ by September 1, 2019 |
| Fee: | R\$275/NR\$375/Session |
| Min/Max: | 6/8 |
| | |



Preschool Open House Information

Parents, who have enrolled their child/children in Preschool, are encouraged to attend the Open House. There will be an open houses for parents and preschooler. Important information and the Preschool Handbook will be given at the open house. This open house will begin at 6:30 pm and the teachers will answer any questions after the presentation. The open house for parents and preschooler is informal and offered to help make the child more comfortable about coming to school. If you cannot attend the parent's only open house, please call 708-653-3649 ext. 309 to arrange a meeting time.

Parents & Preschooler Open House

4 year old Pre-K Classes:Monday, A3 year old Preschool Classes:Tuesday, A

Monday, August 19 6:30 pm Tuesday, August 20 6:30 pm

School Starter's Open House

Parents, who have enrolled their child/children in School Starter's, are encouraged to attend the Open House. Important information, the Parent Handbook, any questions you may have, and the opportunity for you and your child to see the room and meet the staff is available at this time. Location: Multipurpose

| | Room I |
|-------|-------------|
| Day: | Wednesday |
| Date: | September 4 |
| Time: | 6:30 pm |

2019-2020 Preschool Program

The Alsip Park District Preschool is designed for children 3 and 4 years of age. **Children must be completely toilet trained.** Our program will introduce your 3 and 4 year old to beginning math, science, and music, art, and language arts concepts. Your child will also experience field trips and holiday programs. A graduation ceremony will be held in May. All age requirements must be met by September 1, 2019

| Registration Information Note: A copy of a birth certificate is required. 4 Year Old Pre-K Program | | | | |
|---|----------------|--------------------|------------------|--|
| Staff: | Mrs. Jessica & | | | |
| Location: | Preschool Roo | oms I and II | | |
| Age: | 4 by Septemb | er 1, 2019 | | |
| Session | Days | Dates | Time | Fee |
| 338101-A | MO-WE-FR | September 4-May 15 | 9:00 am-12:00 pm | Full Year R\$786/NR\$952 |
| 338101-C | MO-WE-FR | September 4-May 15 | 12:30-3:30 pm | Installment Payment: (Due at Registration) |
| | | | - | R\$103/NR\$119 |
| 338101-B | MO-WE-FR | September 4-May 15 | | |
| 338101-D | MO-WE-FR | September 4-May 15 | 12:30-3:30 pm | R\$88/NR\$104 |
| Min/Max: | 25/30 | | - | |
| | | | | |
| Session | Days | Dates | Time | Fee |
| 338102-A | MO-FR | | | Full Year R\$1,316/NR\$1,588 |
| 338102-С | MO-FR | September 3-May 15 | 12:30-3:30 pm | Installment Payment: (Due at Registration) R\$155/NR\$185 |
| | | | | |

September 3-May 15 12:30-3:30 pm

September 3-May 15 9:00 am-12:00 pm Monthly Payment: (September 1-May 1)

R\$140/NR\$168

2019-2020 Preschool Program

15/20

MO-FR

MO-FR

3 Year Old Program

338102-B

338102-D

Min/Max:

| J Ital Olu I | | | | |
|---|---|---|---|---|
| Staff: | Mrs. Sheri | | | |
| Location: | Preschool Room III | | | |
| Age: | 3 by September 1, 2019 | | | |
| Min/Max: | 10/15 | | | |
| Session | Days | Dates | Time | Fee |
| 338103-A | MŎ-WE-FR | September 4-May 15 | 9:00-11:30 am | Full Year R\$712/NR\$863 |
| 338103-C | MO-WE-FR | September 4-May 15 | 12:30-3:00 pm | Installment Payment: (Due at Registration) |
| | | | - | R\$103/NR\$119 |
| 338103-В | MO-WE-FR | September 4-May 15 | $0.00 \ 11.30 \ am$ | Monthly Payment: (September 1-May 1) |
| 330103-D | | | | |
| 338103-D | MO-WE-FR | September 4-May 15 September 4-May 15 | | R\$79/NR\$92 |
| 338103-D | | | | |
| | | | | |
| 338103-D | MO-WE-FR | September 4-May 15 | 12:30-3:00 pm | R\$79/NR\$92 |
| 338103-D Session | MO-WE-FR Days | September 4-May 15 Dates | 12:30-3:00 pm Time | R\$79/NR\$92 Fee |
| 338103-D Session 338104-A | MO-WE-FR Days TU/TH | September 4-May 15 Dates September 3-May 14 | 12:30-3:00 pm Time 9:00-11:30 am | R\$79/NR\$92 Fee Full Year R\$568/NR\$726 |
| 338103-D Session 338104-A | MO-WE-FR Days TU/TH | September 4-May 15 Dates September 3-May 14 | 12:30-3:00 pm Time 9:00-11:30 am | R\$79/NR\$92 Fee Full Year R\$568/NR\$726 Installment Payment: (Due at Registration) R\$77/NR\$107 Monthly Payment:(September 1-May 1) |
| 338103-D Session 338104-A 338104-C | MO-WE-FR Days TU/TH TU/TH | September 4-May 15 Dates September 3-May 14 September 3-May 14 | 12:30-3:00 pm Time 9:00-11:30 am 12:30-3:00 pm 9:00-11:30 am | R\$79/NR\$92 Fee Full Year R\$568/NR\$726 Installment Payment: (Due at Registration) R\$77/NR\$107 |

• Pre-School Credit Card Policy

Note policy for credit cards that are denied when installment payment is posted; You will be notified that the credit card on file was denied which will require you to bring payment to the Main Office before your child's next scheduled class. If payment is not made by this time, a \$25.00 late fee will be assessed and your child may not attend class until payment and the late fee is made. A second time a credit card is denied will result with the full remaining balance to be paid prior to child attending class.



BEFORE & AFTER SCHOOL PROGRAM 2019 - 2020

The Alsip Park District's Before and After School Program is designed for children entering Kindergarten through Sixth grade at School District's #125 & #126. Our program offers a structured nurturing environment filled with indoor and outdoor activities, large and small scale games, homework assistance, arts and crafts, light breakfast, lunch, snacks andmuch more. Our staff looks forward to helping your child create new friendships, build self-esteem, get plenty of physical fitness and most important, have fun! **Note:** If schools are closed, due to weather, we will still be open!

Location: Apollo Recreation Center Age: Kindergarten-6th grade Min/Max: 1/24

Early Dísmíssal Days: \$20 per day til 6:15 pm Lunch & Snacks Included



| Before School: 6:45 am-School Starts | | |
|---|--------|------|
| Session | Day(s) | Fee |
| 501 | 1 | \$14 |
| 502 | 2 | \$23 |
| 503 | 3-4 | \$39 |
| 505 | 5 | \$43 |
| Light Breakfast Included | | |





| After Sci | | |
|----------------|--------------------------|------|
| 2:45-6:1 | 5 pm | |
| Session | Day(s) | Fee |
| 601 | 1 | \$25 |
| 602 | 2 | \$45 |
| 603 | 3-4 | \$71 |
| 605 | 5 | \$76 |
| 606 | After School Activity | \$2 |
| 607 | Late Fee | \$10 |
| Snack Included | | |

School Holidays, Spring & Winter Breaks \$35 per day 6:45 am-6:15 pm Light Breakfast, Lunch & Snacks Included

Summer Camp 2019

Enroll your kids for another summer of safe and exciting fun meeting new friends and participating in new activities. Our goal is to provide campers with the opportunity to try new games and crafts while utilizing their creativity and developing their problem solving skills. We encourage participants to gain new knowledge through various field trips and Camp Visitors that campers enjoy throughout the summer months. Campers' days, at the Apollo Recreation Center and Apollo Park, will be busy with sport activities, arts n' crafts, and preparing for the "Talent Show" that is always a hit ending camp on a high note! Campers will also enjoy the Alsip Park District Sprayfari twice every week.

Groups are determined by age and staffed according to ratios as set by State standards. Staff members will supervise and interact with their group daily. All camp counselors undergo a drug and background check and are required to be CPR/AED, First Aide certified and attend a three day training session. Counselors are directly involved with week-to-week lesson planning, will lead activities and interact with their group. Your child's counselor will be available daily at regular drop-off and pick-up times to communicate with parents who may have questions or concerns. Though our summer staff members are well prepared with the skills necessary to facilitate a successful camp, we ask that parents communicate with their children the same behavioral expectations as if they were in school. Alsip Park District would like to provide a great experience for everyone involved which is only possible with cooperation and communication!



All Summer Camp registration will take place in-person only at the Apollo Recreation Center. Please bring the necessary information to complete a camper emergency form, medical release form, and permission form. Your child will not be registered if you are missing required information such as doctor's name and phone number, emergency contact information, and updated medical information. Please plan on 15 minutes to complete the necessary paperwork. Upon registration completion and payment, you will receive one tshirt for each four week session vour child is enrolled in which is required to be worn on field trip days. If your child does not have their shirt on a field trip day, you will be required to purchase a shirt for a fee of \$10.00 or your child will not be permitted to attend the field trip. No exceptions will be made. Note: That if your child requires a shirt in a size other than what has been ordered for their group, a fee will be charged.

Households with balances due from previous camp registrations must be paid in full before a new camp registration can be made. All payments made after May 27 for the camp programs must be paid in cash or credit card.**The balance must be paid in full by Friday, May 31.**





Summer Camp Orientation

It is highly recommended that all parents attend camp orientation to meet the camp staff, have your questions answered, and receive a camp calendar. We will review important camp policies and procedures to eliminate confusion throughout the summer. Note: It is important to know what days your child swims on as we do go to the pool the first week of camp. Please bring any questions you may have at this time. We will also discuss drop-off, pick-up, pool days, and field trip days. Please read your Parent Summer Camp Manual prior to attending to the orientation.

Day/Date:Wednesday, June 5Location:ARC/Main GymnasiumTime:7:00 pm

A few quick notes:

- 1. Summer Camp is held mainly outdoors. If it starts to rain, or the heat index reaches 93 degrees, camp will be moved inside the Apollo Recreation Center. Campers are brought inside on a regular basis to refill water bottles and use the washroom. Campers are also in shaded areas during the day.
- 2. Field trips are included in the registration fee. If you choose not to send your child on a field trip, there will be no regular camp. You will be charged \$10 for a t-shirt if your child does not have one on the day of a field trip. Field trip transportation can be via school bus or recreational van.
- 3. Campers must be picked up promptly after camp or a late fee will be charged. Please see Parent Handbook for details. Any camper not picked up after 30 minutes will be brought to the Alsip Police Department. Campers should be dropped off no earlier than five minutes before camp begins.
- 4. Campers will swim twice each week. Each camper will be swim tested by the lifeguards the first Pool day to determine the depth in which they may swim. This is for the safety of your child and the decision by the lifeguard is final. The Summer Day Camp staff cannot change this decision. If you feel your child's swim ability has changed you may request a re-test when campers enrolled in the second four weeks of camp are tested. This is the only time a camper will be re-tested.
- 5. There will be no camp held on Thursday, July 4 due to the holiday. There will be no post camp on Friday, August 2 due to the end of camp.
- 6. A \$50 administrative fee will be charged for camp refunds. Refunds are only available one week prior to the start of the camp session you registered for.

The registration deadline is one week prior to the start of each class unless otherwise noted.

Registration Information:

- 1. Choose the activity number according to the grade your child will enter in Fall 2019
- 2. Choose the dates, which are indicated by Session A, B,C.
- 3. Camp will be located at the Apollo Recreation Center.
- The Camp day will begin at 9:00 am and end at 3:00 pm Monday through Friday.

Shooting Stars

"Shooting Stars" First time Summer Day Camp friends. This group is for children who will be entering Kindergarten in the Fall of 2019. They will have a wonderful time learning new age-appropriate games and crafts throughout the summer. **"Shooting Stars"** will attend field trips with the **"Milky Way"** group. New games, activities, and field trips are selected to aid in the intellectual and physical development of these campers. On swim days, counselors will supervise this group in the tot pool and splash pad.

Note: There will be no camp Thursday, July 4.

| | in be no camp marsa | ay, sury 4. |
|-----------|------------------------------------|----------------------------------|
| Activity: | 338122 | Days: Monday-Friday |
| Min/Max: | 12/24 | Time: 9:00 am-3:00 pm |
| Session | Dates | Fees |
| А | June 10-August 2 | R\$440/NR\$535 |
| В | June 10-July 5 | R\$312/NR\$373 |
| С | July 8-August 2 | R\$312/NR\$373 |
| A B | June 10-August 2 June 10-July 5 | R\$440/NR\$535 R\$312/NR\$373 |

Milky Way

"Milky Way" Campers entering First or Second grade in Fall 2019. The "Milky Way" group will engage in games that will build team playing skills and help develop gross motor skills. Creative arts n' craft projects will spark their imagination. Staff will provide fresh and exciting games each day. Field trips for the **"Milky Way"** and **"Shooting Stars"** group will provide age appropriate activities. On swim days, counselors will supervise this group in the tot pool, splash pad, or shallow end of the pool. **Note:** There will be no camp on Thursday, July 4.

| poor 1,0000 1 | | |
|---------------|------------------|-----------------------|
| Activity: | 338123 | Days: Monday-Friday |
| Min/Max: | 16/48 | Time: 9:00 am-3:00 pm |
| Session | Dates | Fees |
| А | June 10-August 2 | R\$440/NR\$535 |
| В | June 10-July 5 | R\$312/NR\$373 |
| С | July 8-August 2 | R\$312/NR\$373 |
| | | |

Rocketships

"Rocketships" Campers entering 3rd and 4th Grade in Fall 2019. The "Rocketships" group will participate in a variety of activities that will include competitive games focusing on good sportsmanship as well as strategy and problem solving activities. Staff will plan arts and craft projects based on suggestions from their campers. **"Rocketships"** and **"Eclipse"** will attend age appropriate field trips together. **Note:** There will be no camp on Thursday, July 4.

| Activity: | 343201 | Days: Monday-Friday |
|-----------|---------------------------------|-----------------------|
| Min/Max: | 16/48 | Time: 9:00 am-3:00 pm |
| Session | Dates | Fees |
| А | Jun <mark>e 10-Augu</mark> st 2 | R\$440/NR\$535 |
| В | June 10-July 5 | R\$312/NR\$373 |
| С | July 8-August 2 | R\$312/NR\$373 |

Eclipse

"Eclipse" Campers entering 5th and 6th Grade in Fall 2019. Along with the "**Rocketship**" the "**Eclipse**" will attend age appropriate field trips together. Staff will plan and participate in activities that will keep the campers motivated and engaged throughout the camp weeks. **Note:** There will be no camp on Thursday, July 4.

| Activity: | 343202 | Days: Monday-Friday |
|-----------|------------------|-----------------------|
| Min/Max: | 16/48 | Time: 9:00 am-3:00 pm |
| Session | Dates | Fees |
| A | June 10-August 2 | R\$440/NR\$535 |
| В | June 10-July 5 | R\$312/NR\$373 |
| С | July 9-August 2 | R\$312/NR\$373 |
| | | |

Kiddie Kamp - Flying Saucers

Specifically designed for 3 & 4 year olds, our Kiddie Kamp offers a Summer Day Camp experience on a smaller scale. Monday, Tuesday and Thursday 9:00 to 12:00 pm, Kiddie Kampers will have fun participating in games, arts'n craft projects, spending time outdoors with sidewalk chalk, bubbles,

playground time and making new friends. "Flying Saucers" will bring a lunch, just like the big kids on these days. On Wednesdays and Fridays, from 9:30 to 10:45 am, they will enjoy time in the Kiddie Pool and Splash pad, all to themselves before the pool opens up to the public. "Flying Saucers" will have a special field trip planned just for them. For children attending Preschool this fall, Kiddie Kamp is a great introduction, as it is held in the Preschool room. All campers must be of age by June 1, 2019, and completely toilet trained. Please dress your child appropriately for the weather, as many activities will take place outdoors. Each child will receive two t-shirts.Note: There will be no camp on Thursday, July 4. Note: No pre or post camp available for this group.

| 0 | |
|-------------|-----------------------|
| Activity: | 338119-A |
| Instructor: | APD Staff |
| Location: | Preschool Room I |
| Day: | Monday-Friday |
| Dates: | June 10-August 2 |
| Times: | Monday, Tuesday & |
| | Thursdays |
| | 9:00am - 12:00pm |
| | Wednesday & |
| | Friday: 9:30-10:45 am |
| | Drop-Off at the |
| | Aquatic Park |
| Age: | 3 & 4 |
| Fee: | R\$250/NR\$350 |
| Min/Max: | 18/25 |
| | |
| | |

Astronauts

"Astronauts" Campers entering 7th, 8th and 9th Grade in Fall 2019. Advanced games, activities, and crafts plus a variety of special field trips and cooking days are planned especially for this group of older campers. Some field trips and activities may be planned with other local teen camps throughout the summer. This Summer Camp group has the opportunity to provide their input on weekly plans and participates in activities different from the other groups. Note: There will be no camp Thursday, July 4.

Activity: Days: Min/Max: Time: Session A B

C

343283 Monday-Friday 16/48 9:00 am-3:00 pm **Dates** June 10-August 2 June 10-July 5 July 8-August 2

Fees R\$535/NR\$627 R\$379/NR\$440 R\$379/NR\$440 ay be : This input m the 4. MMER CAMP PROGRAMS

HAWK

Pre & Post Camp

We are offering extended camp again for working parents! Campers should bring a snack in addition to their lunch and water bottle every day. Games, activities, free-time, and crafts will be planned for before and after regular camp hours. Campers are expected to be dropped off no earlier then 7:00 am and picked up no later then 6:00 pm. An Early/Late fee will be charged for all campers not picked up on time. **Note:** There is no camp on Thursday, July 4. Due to the end of camp, there will be no post camp on

| & | August 2. | | | |
|-----|-----------|------------------|--------------------|---|
| a | Activity: | 343203 | | |
| n | Location: | ARC | | |
| .11 | Day: | Monday through | n Friday | Fee R\$181/NR\$253 R\$142/NR\$214 R\$142/NR\$214 R\$202/NR\$275 R\$158/NR\$229 |
| am | Age: | Campers entering | ng kindergarten th | rough 9th grade |
| am | Min/Max: | 48/60 | | |
| | Session | Date | Time | Fee |
| | А | June 10-August 2 | 7:00-9:00 am | R\$181/NR\$253 |
| | В | June 10-July 5 | 7:00-9:00 am | R\$142/NR\$214 |
| | С | July 8- August 2 | 7:00-9:00 am | R\$142/NR\$214 |
| | D | June 10-August 2 | 3:00-6:00 pm | R\$202/NR\$275 |
| | E | June 10-July 5 | 3:00-6:00 pm | R\$158/NR\$229 |
| | F | July 8- August 2 | 3:00-6:00 pm | R\$158/NR\$229 |
| | | | | |

Looking for a great summer job?

The Alsip Park District is hiring summer camp counselors for the 2019 summer season! This seasonal position includes supervising campers, leading arts n' crafts and group games, communicating with parents, supervisors, and other park district staff, providing a safe play environment for campers, and having fun in a professional manner. Counselors are required to be on time to camp everyday, swim and supervise on pool days, and attend all field trips. Applicants must be 18 or older and display experience, responsibility, leadership, creativity, and good communicative skills. Each staff person is called upon to act as a parent, educator, and friend in order to help campers learn teamwork, cooperation, respect, and how to make new friends from a variety of cultural and ethnic backgrounds. Applications must be completed and returned to the Apollo Recreation Center by April 18. Applicants will be notified and interviewed following application completion. For more information please contact the main office at (708) 389-1003. Mandatory Training will be on June 3, 4, 5 from 9:00 am-3:00 pm. CPR/AED and First Aid training is also Mandatory. Camp is held Monday through Friday, June 10-August 2. Note: There will be no camp on Thursday, July 4. See Summer Camp descriptions for additional information. We look forward to working with you!

Counselor in Training

This program is designed to provide high school students, entering 10th and 11th grade, an opportunity to gain work experience for their resume when applying for employment in future years and the opportunity to enjoy Summer activities, swimming and trips. If you are considering applying for a Counselors' position, when you are eligible, having this experience listed on your application will put you one step closer to being called for an interview. The Counselor in Training Program will consist of a maximum of six staff. Please note the criteria listed! Criteria:

- Applications will be available at the Apollo Recreation Center **beginning April 22.**
- Applications will not be accepted after May 17.
- Counselors in Training will assist the counselors with errands, arts n' crafts, and group games.
- Applicants must be willing to take initiative with leading their group.
- Applicants will interact with campers, display appropriate and mature behavior.
- Applicants must be a positive role model.
- Once accepted, Counselors in Training must attend training dates.
- Counselors In Training will receive camp shirts which are to be worn daily.
- A fee of \$100.00 will be charged to cover the cost of field trips.
- Counselors in Training will be held accountable for fulfillment of their required duties.
- Failure to fulfill the required duties will result in dismissal and the fee will not be refunded.
- The Alsip Park District is looking for mature, responsible, well-mannered, and dedicated teens to fill this position and assist in providing a successful summer camp program.

| Location: | ARC | |
|--------------|---|-----|
| Age: | Entering 10th & 11th Grade in Fall 2019 |) |
| Day/Dates: | Monday through Friday, June 10-Augus | t 2 |
| Times: | Required: 9:00 am-3:00 pm | |
| | Optional: 7:00 am-9:00 am | |
| | Optional: 3:00 pm-6:00 pm | |
| Fee: | \$100.00 | |
| Fee: Max: | 6 | |



| Program & Activity Number: | Ages: | Day: | Time: | Dates | Fee: | Min/Max | No Class |
|--|-----------------------|-------------|--------------|--|--------------------------------------|-----------------|--------------------|
| Parent Tot Gymnastics 474167-A | Walking- 2 yr olds | TU | 4:30-5:15 pm | June 18- July 23 | Resident: \$29 Nonresident: \$49 | 6/12 Couples | |
| Preschool Gymnastics 474177-A | 3-4 years old | TU | 5:20-6:05 pm | June 18- July 23 | Resident: \$35 Nonresident: \$55 | 5/8 | |
| Kinder Gymnastics 474168-A | 5-6 years old | TU | 6:15-7:00 pm | June 18- July 23 | Resident: \$35 Nonresident: \$55 | 5/8 | |
| Girls Gymnastics Level 1(Beginner) 474186-A | 7-12 years old | МО | 5:00-6:00 pm | June 17- July 22 | Resident: \$45 Nonresident: \$65 | 5/10 | |
| Girls Gymnastics Level 2 by placement only 474185-A | 7-12 years old | WE | 5:00-6:00 pm | June 19- July 31 | Resident: \$45 Nonresident: \$65 | 5/10 | July 3 |
| Girls & Boys Tumbling 474246-A | 7-12 years old | TU | 7:05-7:50 pm | June 18- July 23 | Resident: \$35 Nonresident: \$55 | 5/8 | |
| Team by placement only 474216-A | 7 - 18 years | MO,WE TH | 5:45-7:45 pm | June 17- August 1 choose your dates | \$9.00 per practice (18 total) | 3/16 | July 3 & July 4 |

GYMNASTICS PROGRAMS

All Gymnastics Programming is held in the Gymnastics Room at the Apollo Recreation Center. Tot Class participants should wear comfortable clothing, socks or bare feet. No jeans. Participants in Gymnastics or Tumbling Classes should wear comfortable clothing, leotards (no skirts), bare feet. Hair must be pulled back. Jewelry is not permitted! No jeans or clothing with buckles. In the event that class minimums are not met, classes may be combined to provide all participants an opportunity in a class.

Gymnastics Team Car Wash

Please support our gymnastics team and have your vehicle washed at our fundraiser car wash. All money earned will go directly to the team to offset the cost of competition fees, leotards and warm-ups. In the event of rain, please plan to join us on the rain out day.

Apollo Recreation Center Location: Maintenance Garage Day/Date: Saturday, July 13 Rain Out Day: Saturday, July 20 10:00 am-1:00 pm Time: Fee: Minimum donation of \$5 car \$7 SUV or Van



Our program is designed to provide children with proper and safe gymnastics skill training according to the USA Gymnastics guidelines. Gymnasts who show continued progress and interest may be eligible to join our Alsip Stars Optional Team with the endorsement of a Team Coach. Team Members practice 4-6 hours weekly, year round. Competition runs from October through May

We hope to see your child in the Stars Gymnastics Program grow and advance through our many developmental and competitive levels. If you are unsure about which class to register your child for, please leave a message for Michelle Rudman at 708-389-1003 to arrange for a skill evaluation.

Kinder Gymnastics

This 45 minute class is designed for boys and girls ages 5 and 6. Participants will gain experience on the spring board, low and medium balance beams, preschool and low bar, as well as the floor. Gymnasts will also develop body and spatial awareness along with confidence using our many skill shapes and trainers. Participants must wear a leotard or shorts and a t-shirt.



Girls Gymnastics Level 1

Our one hour gymnastics class is for girls 7 to 12 years of age with little or no gymnastics experience. Each one hour class will focus on skills for vault, bars, beam and floor. Girls should wear a leotard or shorts and a t-shirt.

Girls Gymnastics Level 2

Once your daughter has successfully completed Gymnastics Level 1 and has a coach's endorsement, she will be ready for this class. Level 2 is a one hour class designed for 7 to 12 year olds and will provide gymnasts a continuation of skill progression. Gymnasts will continue with all equipment used in the Level 1 Class. Girls who have gymnastics experience may request a skill evaluation to determine if this class is appropriate for their ability level. Girls should wear leotards.

Parent-Tot Gymnastics

This class is for tots walking through 2 years of age and a parent. This 45 minute class will incorporate fun music, gross motor activities, social activities, as well as free time by using our many

tunnels, cubes, balls, parachute and more. Additionally, parents and tots will work gymnastics skills on vault, bars, beam and floor. This semi-structured class requires each tot to have a parent present for the class. Participants should wear comfortable clothing. Please make arrangements for siblings, as only those enrolled may attend the class.

Pre-School Gymnastics

Our pre-school gymnastics class is designed for children ages 3 to 4 years old. Each 45 minute class will focus on beginner skills for vault, bars, beam and floor. Gymnasts will also develop body and spatial awareness, as well as confidence while using the spring board, pre-school and low bar, low and medium balance beam, floor and various skill shapes. Participants must wear a leotard or shorts and a t-shirt.



GYMNASTICS PROGRAMS

Boys/Girls Tumbling

This 45 minute class is for boys and girls ages 7-12 who would like to learn to tumble. Participants will learn a progression of rolls, cartwheels, handstands, round offs, limber skills, walkovers and flip flops. Using a variety of practice drills, tumblers will begin with the basics and individually progress through more advanced skills. Participants must wear a leotard or shorts and a t-shirt. We also offer private tumbling classes for Cheer Teams or groups, please contact Michelle Rudman for more information. **Note:** Gymnastics apparatus will not be used-this is only tumbling.



We Love Our Parents But.....

Parents are encouraged to attend their child's first day of class. Please do not remain in the gym after you have dropped your child off. This is in the best interest of your child. Interruptions tend to affect the participant's attention span and inhibit the establishment of peer relationships. It's also important to arrive on time so participants can participate in a proper warm up and stretching. Please do not use class time to speakto your child's instructor. Instructors are available before and after class if you wish to speak with them. Thank you for your cooperation.

Alsíp Stars Gymnastics Teams All teams are by placement only. Our Optional Team competes in the Illinois Park District Gymnastic Conference. Any fees related to competition (leotards, warm-ups, meet fees, etc) are in addition to the Alsip Park District registration fees. For additional information, please contact Michelle Rudman at (708) 389-1003.





Cooperation

The Alsip Park District wishes to acknowledge the Doubletree/Hilton Hotel, Alsip, Hazelgreen and Oak Lawn School District #126 and Cook County School District #130 for enabling the park district to provide numerous year-round recreational activities. The park district is permitted to use school facilities when not being used by the schools. For this reason there may be occasional changes in the schedule.

Nothing ruins a good program quicker...

than waiting until the last minute to register for it. There is a point where if the minimum number of participants is not met to hold the program, it will be cancelled. Registering on the day of or the day before the program will not save it. Please register five business days before the program/event to avoid disappointment. Classes may be combined and times modified to facilitate better programs. Receipts are mailed to those enrolled.

2019 FUNFEST 119TH PLACE AND KOSTNER, ALSIP SPRAYFARI AQUATIC PARK/PRAIRIE JUNIOR HIGH SCHOOL **JUNE 15**

11 AM-1 PM **TOUCH A TRUCK**

Come out with the family and explore big trucks inside and out. Climb in and out of a Alsip Fire Department fire truck. Take a ride in the Alsip Police Department's trackless train. Jump in a Public Work's truck. You'll be able to Touch the trucks and cars that make your life safe and convenient!!!

11 AM-1 PM SIDEWALK CHALK COMPETITION

Join us for this new event and show off your artistic skills to win great prizes!

11 AM-2 PM **OBSTACLE COURSE CHALLENGE**

Ages 3-16 will participate in a Sports themed obstacle course in the grass area located inside the Sprayfari Aquatic Park. Participants will work their way through standard obstacles, such as hurdles, cones, balance beam, tires and others. Throughout the course there will be several stops where participants will do their best to complete the sports challenge. These challenges will include; a slip-n-slide, 3 hoops at 3 different lengths, shooting a basketball (little hoops), and shooting a soccer ball at 3 different targets.

12-5 PM **OPEN SWIM**

Enjoy an afternoon of free swimming. There will be a DJ spinning tunes, while we offer Largest Splash competitions during safety breaks. Water themed games and activities will also be offered in the grassy portion of the Aquatic Park. Children must be supervised. Entry will be cut off when capacity of the facility is met.

12:00 PM SKATEBOARD COMPETITION

Grab your board and join the party at the Alsip Park District Skate Boarding Competition. The Competition will be held at the Alsip Skate Park located at 119th & Kostner Ave. beginning at Noon. Participants will be judged on overall performance and "Best Trick" in the following divisions; 13 & under, 14-17 and 18 & up. Win prizes! Register at the Alsip Park District located at 12521 S. Kostner Ave. A parent signed waiver is required at time of registration. Personal protective equipment is highly recommended. Free T-shirt to first 20 registered.

2-4:30 PM ALSIP'S GOT TALENT (ADULT, TEEN & YOUTH DIVISIONS)

The Alsip version of "America's Got Talent" can find you performing in front of your friends that never knew you had talent. **Two categories are offered: Adult Division 16 & up, and Youth Division: 15 & under.** The overall winners of each division will take home a cash prize of \$300. Get past our judges to the final round and go home with the cash. **All performers must fill out a form at the Apollo Recreation Center by the deadline of Friday, June 7. Note:** To avoid any technical difficulties, please make sure

4-5 PM PIE EATING COMPETITION

It's back, the Alsip Pie Eating Competition. Sign up for the event will occur the day of the event. Eight years old and up will be able to compete. The task is to eat a portion of a pie the fastest. There will be a maximum number of competitors in each age division so sign up when you get to the FunFest grounds.

4-8 PM CARNIVAL RIDES

Kids to adults can enjoy these FREE carnival rides. We will have a Fire Truck Moon Jump, Berry Go Round, an 80' long Fun Slide, the Windjammer Swings, 24' tall Climbing Wall and a Kiddie Ferris Wheel. In addition, we will also have the Alsip Park District bounce house and sports inflatable.

5:30-9:30 PM LIVE ENTERTAINMENT

We will have two live bands performing, the first band will perform from 5:30-7:00 pm and the second will perform from 7:30-9:30 pm. Arrive early to enjoy an evening of live entertainment and reserve a spot for our Fireworks display.

9:30 PM FIREWORKS

Bring your blanket, chair and join us for our annual Fireworks display. We try to top ourselves each year and we hope you can be a part of the Alsip Show!!! Sparks will fly at dusk following the band. **Note:** We reserve the right to alter the time of fireworks, due to weather conditions.

Illínois Shotokan Karate-Pre-Karate

Illinois Shotokan Karate Club is Chicagoland's premier karate school taught under the instruction of John DiPasquale, a four-time National Champion, US National Coach and President of the US National Karate Federation. In our Pre- Karate Safety classes, young children develop flexibility, strength, and coordination in fun, yet disciplined activities. This program is specifically designed for growing minds and bodies to enhance memory and agility. Watch your child's confidence blossom and their skills improve.

- Uniforms and Belt-Testing are options available through the ISKC instructor.
- Please note that the Youth, Parent/Child and Adult classes may train together.
- Beginner students will not be permitted to register into the current session after the second class has met. Registration for continuers through advanced students will be accepted after the start date, but the full class fee is required.
- Please visit WWW.ISKC.COM for more information or call us at 847-359-0666.
- No class with be held on Friday, July 12

| 110 01000 1 | | <i></i> | - |
|-------------|-------------------|------------|-----------------------------|
| Activity: | 438257 | | |
| Instructor: | Illinois Shotokan | Karate Clu | ıb Staff |
| Location: | ARC/Gymnasium | n II | |
| Day/Dates: | Friday, June 14-A | August 30 | |
| Fee: | R\$116/NR\$126 p | er person | |
| Min/Max: | 4/12 | • | |
| Session | Time | Age | Level |
| А | 4:30-5:15pm | 4-7 | Beginner |
| В | 5:20-6:05pm | 4-7 | Continuer |
| | - | | (White with stripes and up) |
| | | | |

Illinois Shotokan Karate-Youth

Illinois Shotokan Karate Club is Chicagoland's premier karate school taught under the instruction of John DiPasquale, a four time National Champion, US National Coach and President of the US National Karate Federation. ISKC's Youth karate classes will put children in touch with their bodies and offers a good mix of strength training, with cardiovascular and flexibility exercises. Children increase their coordination, agility and poise, as well as learn lasting personal safety skills. They also benefit from the mental stimulation of learning the choreographed moves of the kata and the discipline of conforming to the class rules.

- Uniforms and Belt-Testing are options available through the ISKC instructor.
- Please note that the Youth, Parent/Child and Adult classes may train together.
- Beginner students will not be permitted to register into the current session after the second class has met. Registration for continuers through advanced students will be accepted after the start date, but the full class fee is required.
- Please visit WWW.ISKC.COM for more information or call us at 847-359-0666. No class with be held on July 12

| Activity: | 438257 | • | |
|-------------|-------------------|--------------|--------------------------|
| Instructor: | Illinois Shotokar | h Karate Clu | b Staff |
| Location: | ARC/Gymnasiun | n II | |
| Day/Dates: | Friday, June 14-A | August 30 | |
| Fee: | R\$116/NR\$126 | per person | |
| Min/Max: | 4/15 | | |
| Session | Time | Age | Level |
| С | 6:15-7:10pm | 8-14 | Beginner |
| D | 7:15-8:10pm | 8-14 | Continuer |
| | | | (Red & Up/ Instr. Perm.) |

Píano Lessons

Mozart, Bach and Beethoven move over!! Have you ever wanted to learn piano in a fun and relaxing way? Then come on over! You will learn the basics of note reading and musical theory. Musical pieces will progress with the student's abilities. All first time students must purchase the Alfred's Basic Piano Library Book Level 1A before coming to class. Your time and day of the lesson will be arranged after you register, you choose the most convenient time! Lessons are private and $\frac{1}{2}$ hour in length for twelve or six weeks 443305 Activity: Instructor: Erica Jagust Location: **Board Room** Arranged Day: Time: 30 minute sessions 7-Adult Age:

Fee: (A) (B & C) Min/Max: Session A В C

R\$190/NR\$230 R\$ 95/NR\$115 2/10Dates June 10-August 3 June 10-July 20 July 22- August 30

Drawing & Cartooning

Theme: "DINOSAURS"

Get ready for summer as your child travels back in time to the land of Dinosaurs. Young Rembrandts provides a wonderful opportunity for your child to discover and develop his or her drawing abilities. During the month of June, our students will draw images of dinosaurs. A serious T-Rex, prehistoric scene, and some funny cartoon illustrations of dinosaurs.

| will obten bi | |
|--------------------|--------------------|
| Activity: | 438276-A |
| Location: | Preschool Room III |
| Instructor: | Young Rembrandts |
| Day: | Thursday |
| Dates: | June 6 - June 27 |
| Time: | 3:30-4:30 pm |
| Age: | 5-12 |
| Fee: | \$44 |
| Min/Max: | 5/25 |
| a Patrice and a la | |

Guitar Lessons

Students will be introduced to the basics of guitar playing in these exciting, hands-on classes! Each week we will work on proper posture, guitar holding techniques, as well as parts of the guitar and learning basic cords and istrumming techniques.Instruction will also include understanding time signature, reading tablature and learning basic music theory that expands into musical styles and genres. Lessons are private and 30 minutes in length for 12 weeks. Not sure if guitar is right for you? register for a 6 week mini-session and give it a try!Lessons will be arranged through the instructor after you are registered. Students are required to provide their own student guitar.

| Bradent Suntan. | |
|-----------------|--------------------|
| Activity: | 443306 |
| Instructor: | Max Merlo |
| Location: | Preschool II |
| Day/Date: | Arranged |
| Time: | 30 minute per week |
| Age: | 6 & up |
| Fee: | R\$ 95/NR\$115 |
| Min/Max: | 2/10 |
| Session | Dates |
| А | June 10-July 19 |
| В | July 22- August 30 |
| | |

Drawing & Cartooning

Theme: "PETS"

A Young Rembrandts class gives your child the opportunity to strengthen his or her drawing skills. This July Young Rembrandts is getting up close and personal with everyone's favorite family member, the household pet. A bird, a horse and a detailed image of a cat are just some of the drawings our students will learn to draw

| Activity: | 438280-A |
|-------------|--------------------|
| Location: | Preschool Room III |
| Instructor: | Young Rembrandts |
| Day: | Thursday |
| Dates: | July 11 - August 1 |
| Time: | 3:30-4:30 pm |
| Age: | 5-12 |
| Fee: | \$44 |
| Min/Max: | 5/25 |

Magic Madness

Kids you are guaranteed to have a fantastic time in this hands-on magic workshop! You will learn a collection of awesome and amazing tricks you can perform at home; all supplies needed to repeat the tricks will be handed out in class. You really will go home with a bag of tricks! Children are grouped by age and are taught age-appropriate tricks they can master. Sign up again and again, new tricks are taught each session! 443421-A Activity: Instructor: Gary Kantor Location: Oakview Center,

4625 W. 110th St. Oak Lawn

| Day/Date: | Thursday |
|-----------|--------------|
| Date: | June 27 |
| Time: | 6:45-7:40 pm |
| Age: | 5-12 |
| Fee: | R\$22/NR\$32 |
| Min/Max: | 5/35 |

Cure For Boredom

Did you know that July is National Anti-Boredom Month? Let's show boredom whose boss! Join the fun as we play games, and cook a fun delicious easy recipe. 438388-A Activity: Location: Preschool I Laura Braden Instructor: Day/Date: Tuesday, July 9 Time: 6:30-7:30 pm Age: 6-9 Fee: R\$15/NR\$25 Min/Max: 6/15

The registration deadline is one week prior to the start of each class unless otherwise noted.

South Suburban Soccer Association

The Alsip Park District is proud to be a part of the South Suburban Soccer Association for their third year! All teams will travel to Bridgeview, Burbank, Hickory Hills, Oak Lawn, Summit, and Worth to play their games. All participants will still play an 8 game schedule beginning in September, with weekly practices depending on each coach's individual schedule. This league will stress fun,

sportsmanship, fair play, and teamwork. Teams will be selected on a random basis by an Alsip Park District employee. Each participant will receive an end of the season award, a team uniform package that includes shorts, shirt, socks and a complimentary picture package. Home games will still be played at Commissioner's Park. Register today! Game times are dependent on the location and will be at 11:00 am, 12:30 pm, 2:00 pm or 3:30 pm. Practices will begin the second week in August.

| 0 | | |
|--------------|-----------------|----------------------------|
| Location: | Home Gan | nes at Commissioner's Park |
| Game Day: | Saturdays | |
| Start Date: | September | 7 |
| Time: | 11:00 am-3 | 3:30 pm |
| Fee: | R\$80 NR\$ | 90 |
| Min/Max: | 14/80 per o | livision |
| Registration | Deadline: | August 26 |
| Activity | Division | Ages |
| 174067-A | Pee Wee | 6-7 |
| 174067-B | Midget | 8-9 |
| 174067-C | Junior | 10-11 |
| 174067-D | Senior | 12-13 |

We're sorry but in order to preserver the sanctity of the blind draft system when developing teams we will be unable to honor specific requests for children to play with certain participants or coaches. This action can only be honored for immediate siblings (no cousins) or for those coaching their son or daughter. Also, specific requests for group coaching must be made aware to the park district and will be honored only on a case by case basis.

Interested in coaching?

Interested in coaching? We are always looking for qualified individuals who are interested in coaching our leagues. All coaches are required to submit and successfully pass a State of Illinois Criminal Background Check. Any interested coach should contact the Alsip Park District at (708) 389-1003. Coaches who attend the meeting, or have coached this league in the past, will be given preference.

Chicago Fire Soccer Camps

Kick off your summer by signing up for a Chicago Fire Soccer Summer Camp! Play, learn and train with our passionate, highly qualified Chicago Fire coaches who will help your child develop soccer skills in a week of soccer-filled fun. Programs are suitable for all ages and ability levels. Spaces are limited!

Little Sparks: Introduce your child to learn the fundamentals of soccer with mom and dad. Community: Build on your child's key soccer skills through activities and themed practices. Competitive: Develop your child's performance through tailored game-related activities for a competitive edge.

All players registered will receive an SITC Dri-Fit jersey, ball, individual player evaluation and a ticket to a Chicago Fire game at Toyota Park!

Interested In our **FREE** scholarship program? Host a coach for the week of camp and get in camp for **FREE!** Please ask for further information and details.

| Activity: | 374061 | | | |
|------------------------|--------------|--------------------------|------------------------------|----------------------------------|
| Location: | Sears Park | | | |
| Dates: | July 15-July | / 29 | | |
| Min/Max: | 6-48 per Sea | ssion | | |
| S <mark>ess</mark> ion | Activity | Age | Time | Fee |
| Little Sparks | A | 2-5 years | 4:00-5:00 pm | R\$75/NR\$85 |
| Community | D | () | 5.00 0.00 | R\$115/NR\$125 |
| Community | В | 6-9 years | 5:00-8:00 pm | K\$115/INK\$125 |
| Competitive | C B | 6-9 years 10-16 years | 5:00-8:00 pm 5:00-8:00 pm | R\$115/NR\$125 R\$115/NR\$125 |

YOUTH ATHLETICS

Water Polo/Splash Ball

The Alsip Park District will once again be offering water polo and splash ball (modified water polo introduction for beginner swimmers ages 5-9) for boys and girls as part of the American Water Polo Association. Water Polo will be offered for both high school and 14 & U levels. Splash ball will be offered for ages 5-9. All practices will be held outside at the Alsip Park District's Sprayfari Aquatic Park located at 11930 South Kostner Ave.

The coaching staff will be headed by two Illinois Water Polo Hall of Fame members, Frank Mulcrone and Mike Gruszeczki. Both Frank (Brother Rice) and Mike (Fenwick) have extensive experience coaching water polo at the High School level, winning multiple state championships.

The focus of the program this summer will be on establishing fundamental water polo skills, team play, sportsmanship, and most of all- fun! Our goal is to have all players learn the game, improve their skills and be prepared to advance to each player's appropriate next level of play. Registration with the American Water Polo Association is included with the fee. (Friday, August 2nd 8:15-10:15pm-end of season party)

Splash Ball

| | 015050 |
|---------------|-------------------------|
| Activity: | 317852-A |
| Location: | Sprayfari Aquatic Park |
| Day: | Saturday |
| Dates: | June 22-July 27 |
| Time: | 9:45am-11:45am |
| Age: | 5-9 yr olds |
| Fee: | \$100 (\$85 W/AWP card) |
| Min/Max: | 25/75 |
| Will not meet | |
| | |

Water Polo (14 & under)

| Activity: | 317853-A |
|---------------|---------------------------|
| Location: | Sprayfari Aquatic Park |
| Day: | Mon, Thur, Sat |
| Dates: | June 17-August 2 |
| Time: | Mon, Thur 8:15pm-10:15pm, |
| | Sat 9:45am-11:45am |
| Age: | 10-14 |
| Fee: | \$200 (\$150 W/AWP card) |
| Min/Max: | 35/75 |
| Will not meet | 7/1, 7/4, 7/6 |
| | |

Water Polo (H.S)

317854-A Activity: Location: Sprayfari Aquatic Park Mon, Thur, Sat Day: Dates: June 17-August 2 Mon, Thur 8:15pm-10:15pm, Time: Sat 9:45am-11:45am Age: High School Fee: \$225 (\$175 W/AWP card) Min/Max: 35/75 Will not meet 7/1, 7/4, 7/6

The registration deadline is one week prior to the start of each class unless otherwise noted.

Golf Lesson

Junior Golf Lessons will be taught by The First Tee of Greater Chicago. For further information regarding our private lessons or group clinics, please visit our website at <u>www.alsipparks.org</u> or contact the Fountain Hills Golf Club at (708)388-4653. Note: There are no lessons on July 2 and July 4.

| Age | Day | Dates | Time |
|-----------|-----|--------------------|------------------|
| 7 -9 yrs. | TU | June 11- August 6 | 9:30 - 11:00am |
| 10 & up | TH | June 13 - August 8 | 8 9:30 - 11:00am |



T-Ball Skills Clinic This introductory T-ball program is perfect for a child who wants to have fun, and be introduced to baseball. Participants enjoy learning the skills needed to play baseball including offense and defense, as well as the rules and philosophies of the game. All you need to bring is a glove! 474294 Activity: Location: ARC/Gym 2 Day: Monday 4:15-5:00pm Time: Fee: R\$50/NR\$60 Age: 3-5 years Min/Max: 4/15Session Dates June 3-July 8 A

July 15-August 12

Pee Wee Soccer

В

Let your child's early soccer experience be a great one. The younger player develops their soccer skills and also gains confidence, coordination, motor skills and communication. The program uses age appropriate drills and exercises to teach players kicking, ball control, dribbling, shooting and more. Activity: 474292 Location: ARC/Gym 2 Day: Tuesday Time: 4:15-5:00pm Fee: R\$50/NR\$60 Age: 3-5 years Min/Max: 4/15 Session Dates June 4-July 9 A B July16-August 13

Total Sports

This class features a new sport each week. Some of the sports taught and played include basketball, floor hockey, football, kickball, soccer, and baseball. In addition, participants play many popular running and group games. Children have the opportunity to acquire new skills and develop confidence in games they have played in previous classes.

| Activity: | 474296 | | |
|-----------|-------------------------|----------------------------------|----------------------------|
| Location: | ARC/Gym 2 | | |
| Day: | Wednesday | | |
| Fee: | R\$50/NR\$60 | | |
| Min/Max: | 4/15 | | |
| Session | Age | Dates | Time |
| 000000 | inge | Dutto | |
| A | 5-7 years | June 5-July 10 | 5:00-5:45pm |
| | | | |
| А | 5-7 years | June 5-July 10 | 5:00-5:45pm |
| A B | 5-7 years 7-10 years | June 5-July 10 June 5-July 10 | 5:00-5:45pm 5:45-6:45pm |

Soccer Skills Clinic 101

Players are introduced to the fundamentals of soccer tactics such as passing the ball, offensive moves, defensive moves, keeping/controlling the ball and taking the ball away from the opposing team. Players learn to score and prevent goals. Physical endurance and fitness are emphasized while touching the ball. At this age, the focus starts to change from simple games to organized, tactical, competitive games

| compentive | | |
|------------|-------------------|-----------|
| Activity: | 474297 | Activity: |
| Location: | ARC/Gym 2 | Location: |
| Day: | Tuesday | Day: |
| Time: | 5:00-5:45pm | Time: |
| Fee: | R\$50/NR\$60 | Fee: |
| Age: | 6-9 years | Age: |
| Min/Max: | 4/15 | Min/Max: |
| Session | Dates | Session |
| A | June 4-July 9 | А |
| | July 16-August 13 | В |
| В | JUIV 10-AUSUSE LS | D |

Lil' Dribblers

This basketball program introduces children to the game of basketball in a safe, fun and exciting environment. Our curriculum uses age appropriate activities and games specifically designed to increase balance, body awareness, motor skills, hand eye coordination, listening skills and the ability to follow directions.

| the woning to | rono n enteettono. |
|---------------|--------------------|
| Activity: | 474291 |
| Location: | ARC/Gym 2 |
| Day: | Wednesday |
| Time: | 4:15-5:00pm |
| Fee: | R\$50/NR\$60 |
| Age: | 3-5 years |
| Min/Max: | 4/15 |
| Session | Dates |
| А | June 5-July 10 |
| В | July 17-August 14 |

Card Making and Layout

Whether you are new to card making or a skilled card maker, please join me to learn card making techniques. I will demonstrate techniques with stamping, folding, and so on using Close to My Heart product to create 2 beautiful customized cards at every class. You will just need to bring your adhesive & scissors the rest of the materials will be provided for you at the class. Sign up for one session or all that interest you!

| Activity: | 443417 | |
|-----------------|---------------------------------|--|
| Instructor: | Evelyn Camaril | |
| Day: | Saturday | |
| Time: | 10:00 am-12:00 p | m |
| Age: | Adult | |
| Fee: | R\$5/NR\$6 | |
| Min/Max: | 5/10 | |
| Registration De | eadline: One we | eek prior to beginning of each session |
| Session | Date | Theme |
| А | | |
| Λ | June 22 | General Greeting Cards |
| B | June 22 July 13 | General Greeting Cards Birthday Cards |
| | | e |
| В | July 13 | Birthday Cards |
| B C | July 13 July 27 | Birthday Cards Summer 1 Page Layout |
| B C D | July 13 July 27 August 10 | Birthday Cards Summer 1 Page Layout Back To School |

Illinois Shotokan Karate-Adult/Parent/Child

Illinois Shotokan Karate Club is Chicagoland's premier karate school taught under the instruction of John DiPasquale, a four-time National Champion, US National Coach and President of the US National Karate Federation. Our Adult classes release tension, develop total body fitness and build stamina and overall productivity! In addition to self-defense skills, karate increases flexibility, cardiovascular endurance, and muscle tone, while improving core strength. Parent/Child classes are a great way to spend quality time with your child, while conditioning muscles, developing coordination and improving cardiovascular fitness.

- Uniforms and Belt-Testing are options available through the ISKC instructor.
- Note: The Youth, Parent/Child and Adult classes may train together.
- Beginner students will not be permitted to register into the current session after the second class has met. Registration for continuers through advanced students will be accepted after the start date, but the full class fee is required.
- Please visit WWW.ISKC.COM for more information or call us at 847-359-0666.
- Continuer must have Red Belt & Up/ Instructor Permission
- No class with be held on July 12

| Activity: | 438257 | | | |
|-------------|---------------------------|--------------|--------------|-----------|
| Instructor: | Illinois Shotoka | an Karate Cl | ub Staff | |
| Location: | Gymnasium II | | | |
| Day/Dates: | Friday, June 14-August 30 | | | |
| Fee: | R\$116/NR\$126 per person | | | |
| Min/Max: | 4/15 | | | |
| Session | Time | Age | Category | Level |
| E | 6:15-7:10 pm | 7&Up | Parent/Child | Beginner |
| F | 7:15-8:10pm | 7&Up | Parent/Child | Continuer |
| G | 6:15-7:10pm | 15&Up | Adult | Beginner |
| Н | 7:15-8:10pm | 15&Up | Adult | Continuer |

Summer Bunco Blast

Come join us for an afternoon of bunco fun! This is a great way to get together with your friends or meet some new ones! We will enjoy pizza, pop, coffee and dessert as well. Play for a chance to win one of many gift cards and other nice prizes.

| Activity: | 443569-A |
|-----------------|-----------------|
| Instructor: | Alsip Staff |
| Location: | ARC/Dance Rm |
| Day: | Tuesday |
| Date: | June 18 |
| Time: | 3:00-6:00 pm |
| Age: | Adult/ |
| | Mature Adult |
| Fee: | R\$8/NR\$10 |
| Min/Max: | 16/40 |
| Registration De | adline: June 11 |
| | |

Luau Lunch, Cards & Games

Beat the heat and have some fun with your neighboors and friends. at our Luau Luncheon and games. Dress up in your best Luau atire to go along with the theme for a chance to win a prize. Join us at the Apollo Recreation Center for a buffet luncheon. We will provide, bingo, cards, dice and an array of different board games to enjoy with the group. There will be several raffles and prizes to be won. Price includes buffet lunch, soft drinks, dessert, raffles, prizes and giveaway.

| Activity: | 443569-A | |
|-------------------------------|---------------|--|
| Instructor: | Alsip Staff | |
| Location: | ARC/Dance Rm | |
| Day: | Monday | |
| Dates: | July 15 | |
| Time: | 11:00-2:00 pm | |
| Age: | Adult/ | |
| | Mature Adult | |
| Fee: | R\$8/NR\$10 | |
| Min/Max: | 16/40 | |
| Registration Deadline: July 2 | | |

Black Dog K9 Training

Black Dog K9 is dedicated to keep all dogs in loving homes through education and training of both dogs and their owners. We believe that dogs have a natural place in society and that as our companions have the right to be part of the human pack. Black Dog believes that as people we have an obligation to our animals and that we should preserve and nourish the human/animal bond. This class teaches the basic behaviors dogs need to know to live with us such as Watch, Sitting on command, Lie down, Respond to their name, Settle down, Stay, Come when called, Walk nicely on leash, Leave it and take it, the three D's distance, duration, and distraction and how they affect training. Black Dog will also help with some common problems such as jumping, nipping, need for a soft mouth and others. Registration and payment will be taken on the first night of the class but in order to reserve your space please call Black Dog Canine at 708-305-1322.

| Activity: | 443312 |
|-----------------------|---|
| Instructor: | Black Dog Staff |
| Location: | Dance Room |
| Day: | Wednesdays |
| Fee: | \$125.00 |
| Time: | 5:30-6:30 pm, 6:45-7:45 pm & 8:00-9:00 pm |
| Min/Max: | 5/8 |
| Registration D | eadline: One week before start of session |
| Session | Dates |
| А | June 26-August 7 |
| В | August 28-September 25 |



2019 Summer Brochure Cooperation

The Alsip Park District wishes to acknowledge the Doubletree/Hilton Hotel, Alsip, Hazelgreen and Oak Lawn School District #126 and Cook County School District #130 for enabling the park district to provide numerous year-round recreational activities. The park district is permitted to use school facilities when not being used by the schools. For this reason there may be occasional changes in the schedule.



Christmas in July Shopping

Take advantage of the nice weather and do a little shopping at Orland Mall for Christmas or for your everyday needs. Leave the driving to our fantastic Alsip Park District Staff and forget about the hastles of finding parking and long walks back to your cars. When you are through just meet at the pick-up point and wait on the air

conditioned bus till the rest of the group returns.

| Stoup returns. | |
|----------------|------------------|
| Activity: | 453448-A |
| Instructor: | Alsip Staff |
| Location: | Depart ARC |
| Day: | Wednesday |
| Dates: | July 24 |
| Time: | 10:00am-3:00 pm |
| Age: | Adult |
| Fee: | R\$10/NR\$15 |
| Min/Max: | 8/14 |
| Registration D | eadline: July 17 |

Save Your Sole Foot Spa

Enjoy a relaxing foot spa for those tired over-stress soles. Learn how to maintain that soft silky feeling for your feet all year round. Your feet will thank you! Receive a wonderful foot spa kit to take home. Please bring a towel to class and wear comfortable clothing.

| wear connortable crothing. | | | |
|----------------------------|-------------------|--|--|
| Activity: | 453553-A | | |
| Instructor: | Annmarie Vlastnik | | |
| Location: | Board Room | | |
| Day: | Tuesday | | |
| Dates: | June 11 | | |
| Time: | 7:00-8:00 pm | | |
| Age: | 16+-Adult | | |
| Fee: | R\$25/NR\$35 | | |
| Min/Max: | 3/10 | | |
| Registration D | eadline: June 6 | | |
| - | | | |

MAKEUP 101: BASIC TECHNIQUES A Guide to Personalized Color and Formulation Selection

Makeup is meant to enhance your natural beauty, not make you feel uncomfortable! Selections based on your coloring, personality and lifestyle are essential to achieve that goal.

So why try to guess if a lip color, foundation or eye shadow will work? Choose wisely and easily by knowing your color season. If you're afraid you'll end up looking like Dracula's mother, rest assured we'll evaluate your fashion and makeup personality and make selections to reflect you! Finally, learn basic application techniques so that you can apply your look in only minutes!! Discover your true beauty!

You will receive a color analysis and we'll figure out your fashion and makeup personality as well. This invaluable information can give you a lifetime of smart choices!

Activity: 453550-A Instructor: Annmarie Vlastnik Location: Board Room Day: Tuesday Dates: September 17 6:30-8:30pm Time: Age: Adult Fee: R\$35/NR\$45 Min/Max: 3/10**Registration Deadline:** September 10

Dress for Less

The key to a successful wardrobe is finding the right color, style, print, and texture for you. See how to coordinate a wardrobe with 10 good pieces of clothing. Learn the importance of fashion personality, body type, and color. Find out when the best time to go shopping for designer clothes are, but buy for less.

Activity: 453552-A Instructor: Annmarie Vlastnik Location: Board Room Day: Wednesday Dates: June 19 Time: 7:00-8:00 pm Age: Adult R\$25/NR\$35 Fee: Min/Max: 3/10**Registration Deadline:** June 12



Summer Bunco Blast

Come join us for an afternoon of bunco fun! We will enjoy pizza, pop, coffee and dessert as well. Play for a chance to win one of many gift cards and maybe meet some new friends! Activity: 443569-A Instructor: Alsip Staff Location: ARC/Dance Rm Tuesday Day: June 18 Dates: Time: 3:00-6:00 pm Age: 16+-Adult Fee: R\$8/NR\$10 Min/Max: 16/40Registration Deadline: June 4



Join the Alsip Park District's Senior Club and keep active! Meetings are held on the second and fourth Mondays of the month from Noon - 3:00pm All meetings are held at the Apollo Recreation Center located at 12521 South Kostner Avenue, Alsip.

Newcomers are always welcome! \$5.00 annual membership \$2.00 at the door for coffee & roll. \$.50 per bingo card. No limit.

Prizes donated by the Alsip Park District, will be awarded once per month.

The group sponsors a variety of socials and events.



For more information contact the Apollo Recreation Center Main Office at 708.389.1003

NEW!! Co-Rec Sand Summer Volleyball

The Alsip Park District is excited to announce our NEW Co-Rec Summer Volleyball League. The league is available for men and women 18 years and older. The minimum amount of teams for this league to run is four and a maximum amount is ten teams. All competition is played on Monday evenings at Commissioner's Park, located at 12600 Kedzie Ave, in Alsip. Games will be held at 6:30pm, 7:30pm, or 8:30pm depending on the amount of teams that register. Team rosters are limited to 12 players.

| Activity: | 474014-A |
|------------|--|
| Location: | Commissioner's Park/Sand Volleyball Courts |
| Day/Dates: | Monday, beginning June 10 |
| Time: | 6:30pm – 9:30pm |
| Age: | Adult |
| Fee: | R\$340/NR\$365 |
| Min/Max.: | 4 teams /10 teams |
| | |

Women's and Co-Rec "Fall" Volleyball League Registration Dates

Registration for returning teams will begin on Monday, August 5. Registration for new resident teams will begin on Monday, August 12. Registration for new non-resident teams will begin on Monday, August 19. The deadline for registration is Saturday, August 31.

Women's "Fall" Volleyball

Spike your way to fun by participating in our Women's "Fall" Volleyball League. The league is available for Women 18 and older to participate. The league consists of two divisions. Each division requires a minimum of four and a maximum of ten teams. All competition is played on Monday evenings at the Apollo Recreation Center, located at 12521 S. Kostner, Alsip. Team rosters are limited to 12 players.

| Activity: | 174009-A |
|-------------|--------------------------------|
| Location: | ARC/Gymnasium I |
| Days/Dates: | Mondays, beginning September 9 |
| Time: | 6:30-10:30 pm |
| Age: | Adult |
| Fee: | R\$340/NR\$365 |
| Min/Max: | 4/8 teams per division |
| | |

Co-Rec "Fall" Volleyball

Adults 18 and older are eligible to participate in our Co-Rec "Fall" Volleyball Leagues. Each league consists of a minimum of four and a maximum of eight teams. All competition is held on Thursday evenings at the Apollo Recreation Center. Team rosters are limited to 12 players. **Note:** There will be no games played on Thursday, November 21.

| Thursday, November 21. | | |
|------------------------|-----------------------------------|--|
| Activity: | 174008-A | |
| Location: | ARC/Gymnasium II | |
| Days/Dates: | Thursdays, beginning September 12 | |
| Time: | 7:00-10:30 pm | |
| Age: | Adult | |
| Fee: | R\$340/NR\$365 | |
| Min/Max: | 4/8 teams per division | |
| | | |



Co-Rec 12" Softball

This league is being offered to adults 18 years and older. All competition will be played on Friday or Sunday evenings at Commissioners Park, located at 126th and Kedzie, Alsip. League play shall consist of a 14 game schedule, with the top four teams advancing to the playoffs. The league shall consist of a minimum of four teams with a maximum of eight. Rosters are limited to 20 players. **Note:** There will be no games played on Labor Day weekend.

| Activity | Day | Start Date | Time | Fee | Games |
|----------|-----|------------|-------------|----------------|-------|
| 474040-A | SU | August 18 | 6:00-7:00pm | R\$650/NR\$675 | 14 |
| 474041 | FR | August 23 | 6:30-7:30pm | R\$650/NR\$675 | 14 |



Deposit Guidelines

Teams may pay \$100 deposit to hold spot in league, but must also leave valid credit card number. If full payment is not received by the start of the league, card will be charged balance of league fee. Teams whose credit card is declined will lose spot in league.

Men's 16" Softball

Our 16" leagues are designed for Men 18 years and older. All competition is played at Commissioners Park, located at 126th and Kedzie, Alsip. League play shall consist of a 14 or 7 game season, depending on the league you register for. A minimum of four teams, with a maximum of 8 teams is required for each league. Rosters are limited to 18 players. **Note:** There will be no games played on Labor Day weekend.

| Activity | Day | Start Dates | Time | Fee | Games |
|----------|-----|-------------|------------------|----------------|-------|
| 474021-A | SU | August 18 | 10:00am &11:00am | R\$650/NR\$675 | 14 |
| 474024-A | TU | August 20 | 6:30pm & 7:30pm | R\$650/NR\$675 | 14 |

Fall Softball Registration Information

Priority Registration: Returning team registration begins on Monday, July 15. New Resident team registration begins Monday, July 22. A resident team is defined as a team made up of 50% Alsip Park District residents on the roster. **Teams claiming residency will need to provide proof for all players.** Nonresident teams begin registration on Monday, July 29.

Please be ready at the time of registration, to supply the Park District with the captain's and co-captain's names, addresses, home and work phone and email address. You may pay by Cash, Check, or Credit Card. Checks are to be made payable to the **Alsip Park District**. You will not be guaranteed a spot in the league until full payment is received.

Banned Bat Information

12" Non Approved ASA Bat List: Alsip Park District Men's 12" and Co-Rec leagues will be required to follow the ASA Non Approved Bat List. All bats must bear either the ASA approved 2000 certification mark , the ASA 2004 certification mark or the new certification mark for 2013 and beyond and must not be listed on an ASA non approved list and must be included on a list of approved bat models published by the ASA National Office. The official ASA Approved and Non Approved Bat List can be found on the ASA softball website at www.asasoftball.com If the bat you are using pre dates 2000 or does not have an ASA mark and you need it approve by the Alsip Park District.

Illinois Shotokan Karate Adult/Parent/Child

Illinois Shotokan Karate Club is Chicagoland's premier karate school taught under the instruction of John DiPasquale, a four-time National Champion, US National Coach and President of the US National Karate Federation. Our Adult classes release tension, develop total body fitness and build stamina and overall productivity! In addition to self-defense skills, karate increases flexibility, cardiovascular endurance, and muscle tone, while improving core strength. Parent/Child classes are a great way to spend quality time with your child, while conditioning muscles, developing coordination and improving cardiovascular fitness.

- Uniforms and Belt-Testing are options available through the ISKC instructor.

- Please note that the Youth, Parent/Child and Adult classes may train together.

- Beginner students will not be permitted to register into the current session after the second class has met. Registration for continuers through advanced students will be accepted after the start date, but the full class fee is required.

- Please visit WWW.ISKC.COM for more information or call us at 847-359-0666. -Continuer must have Red Belt & Up/ Instructor Permission

| Activity#: | 438257 |
|-------------|--|
| Instructor: | Illinois Shotokan Karate Club Staff |
| Location: | ARC/Gymnasium II |
| Day/Dates: | Friday, June 14-August 30, No Class 7/12 |
| Fee: | R\$116/NR\$126 per person |
| Min/Max: | 4/15 |

| Session | Time | Age | Category | Level |
|---------|-------------|-------|--------------|-----------|
| E | 6:15-7:10pm | 7&Up | Parent/Child | Beginner |
| F | 7:15-8:10pm | 7&Up | Parent/Child | Continuer |
| G | 6:15-7:10pm | 15&Up | Parent/Child | Beginner |
| Н | 7:15-8:10pm | 15&Up | Parent/Child | Continuer |
| | | | | |



Village Wide Scavenger Hunt

Hurry to the Apollo

Recreation Center pavilion to receive your checklist for a fun morning of hunting for each item on your list! Bring the family or put together a team of up to six people and drive around town checking item after item off your list. You will be expected to collect items, take pictures of items and also take photos of your team doing different activities and hilarious stuff. The top three teams that return to the Apollo Recreation Center Pavilion with the most items on the list in the least amount of time will win the prizes. Some of the prizes include gift certificates for the Alsip Park District and local businesses in town, gift cards to do something fun and other very cool prizes. So join us! For added fun, dress up in costumes, uniforms or just plain crazy, super silly stuff! Activity: 493660-A

| 2 | |
|-----------|---------------|
| Location: | Apollo |
| | Recreation |
| | Center |
| | & Pavilion |
| Day/Date: | Saturday |
| Date: | August 3 |
| Time: | Check-In: |
| | 10:00 am |
| | Deadline: |
| | 1:00 pm |
| Age: | All, under 18 |
| | must be |
| | accompanied |
| | by an adult |
| Fee: | FREE |
| Min/Max: | 25/150 |
| | |

Movies in the Park

Grab the kids and some snacks and join the Alsip Park District for three outdoor movies. What better way to enjoy a summer evening than to spread out a blanket and see an outdoor movie. Bring a snack to share and be prepared to laugh like a kid again as we enjoy these new favorites! Dav Fridays

| Day. | Thuays | | |
|-----------|---|--------------|--|
| Time: | Movies begin at dusk | | |
| Age: | All, Under 18 must be accompanied by an adult | | |
| Fee: | Free | | |
| Rated: | PG | | |
| Date | Location | Movie | |
| June 21 | Sears Park | Mary Poppins | |
| July 26 | Commissioners Park | The Grinch | |
| August 23 | Austin View Park | Lego Movie 2 | |

Ice Cream Social

Free Ice Cream Socials are back by popular demand! Join the Alsip Park District for two good old fashioned ice cream socials. Get out of the house and come and enjoy a frozen treat with us. Ice cream and all those wonderful toppings will be available to make your own ice cream masterpiece! No registration required.

pm

oners

| 1 to regionation | |
|------------------|--------------|
| Day: | Wednesdays |
| Time: | 6:00-8:00 pm |
| Age: | All |
| Fee: | Free |
| Dates | Location |
| June 26 | Apollo Park |
| August 14 | Commissione |
| | Park |

Picnic in the Park

Dav:

Time:

Age:

Fee:

Location:

Join the Alsip Park District as we enjoy an evening outside with neighbors and friends. We will enjoy a variety of games for the kiddies and kids at heart too! Prizes will be awarded throughout the event. We will play some classic games like egg toss and threelegged race to new and creative games to get the whole family involved!

Wednesday, July 31 6:00-8:00 pm Apollo Park Pavilion All Free

Paws in the Park Vendor Fair

Throw a leash on your canine companion after a long winter inside the house and stretch your legs while mingling with local pet orientated vendors. You never know what you will find at our Paws in the Park Vendor Expo. This is a great opportunity for local dog owners to visit with each other and the organizations in our community. Your dog must be on a leash and pet clean-up is required. No registration needed. Activity: 453330-A Location: Prairie Path 119th & Kostner Ave Day/Date: Saturday, August 17 Time: 10:00 am -1:00 pm Age: All

Vendor Information

Free

Fee:

If you are interested in reserving a table at Paws in the Park on Saturday, August 17 from 10:00 am-1:00 pm please call the main office at (708)389-1003. Any pet organization or affiliate is invited to join us and bring promotional items to hand out at their station through-out the event. Vendors must pre-register and pay \$25.00 per table by August 3rd.

SPECIAL EVENTS

Free Concerts on the Green

Yappy Hour

Join us as we welcome our outdoor concert series back to the very elegant Fountain Hills Golf Club. This year we will again enjoy a variety of live music with a perfect view from the driving range green. There is nothing like it! The restaurant and bar are open for business so no outside food or drinks are allowed. Concerts will move inside if needed so join us rain or shine!

| Day: | Fridays | |
|--------------|------------|-----------------------|
| Time: | 6:30-9:30 | pm (Steen) / |
| Location: | Fountain H | Hills Golf Club |
| | 12601 Sou | th Kedzie Avenue |
| Age: | All | |
| Fee: | FREE | |
| Dates | | Band |
| May 10 | | SmileyTillman Band |
| June 14 | | The Leadfoot Band |
| July 12 | | Matt, Zack & Tom Band |
| August 9 | | Generations Band |
| September 13 | | Country Band-TBA |
| | | |

Bring your four legged friend to

this new dog and dog owner social

event! Use this evening to meet

new dog lovers, set up doggie play

dates or just to hang and enjoy

some fresh air. Marty from Black

obedience demo and obstacle

course set up for your pooch to try

out. Information will be on hand

Black Dog Canine and the Alsip

Park District. Our theme for the

night is a Princess or Superhero so

dress up for the fun to win prizes!

All dogs must be on leashes and

their poop picked up and disposed

of properly. This is a free event but

monetary/dog food/supplies can be

Monday

August 26

6:00-8:00 pm

Prairie Ballfields

119th & Kostner

donated to help local shelters.

Day:

Date:

Time:

Age:

Location:

Dog Canine will have a mini

for Summer and Fall Canine

Obedience classes offered by

Worldwide Day of Play & Health Fair

Band

Enjoy a FREE fun filled day with your family! Meet us at Apollo Park at 10:00 am to receive your information packet and course map. The object is to finish each activity station along the walking path while traveling back to the Apollo. You may race to the finish of keep a steady pace. Take this fall day to enjoy the outdoors away from TV and video games! Stretch your legs and have fun with your family and friends. D.J., Health Fair, refreshments, healthy snacks, prizes and crafts will be provided after completion of the challenge! 493601-A

ARC

FREE

25/150

Saturday

September 21 11:00 am-1:00 pm

All, under 18 must be

accompanied by adult

Activity: Location: Day: Date: Time: Age: Fee: Min/Max: Free Kids Fishing Derby

Relax with your friends and family! Have a blast and fish! This yearly event is rewarding for all and free. Prizes will be given out the day of the event for the first fish caught, the largest fish, the smallest fish, and for catching the most fish...See You There! Activity: 474080-A Location: Commissioners Pond 12600 South Kedzie Day: Saturday, June 1 Time: 8:30-10:30 am Fee: Free

Kindness Rock Project

All

5/50

Age:

Min/Max:

Join the Alsip Park District for another installment of spreading kind words while we share our creative and artistic talents as we paint kind words on rocks to be displayed in our Kindness Rock Garden at the Apollo Recreation Center. Residents are encouraged to look at the stones and take one if they find one that is uplifting or inspiring to them. Stop by and design a rock at one of the dates below or make one at home and drop it in our garden!

| 0 | |
|-----------|--------------|
| Activity: | 493593 |
| Location: | ARC/Pavilion |
| Day: | Wednesday |
| Time: | 5:30-7:30 pm |
| Age: | All |
| Fee: | FREE |
| Min/Max: | 15/35 |
| Session | Date |
| А | July 10 |
| В | September 4 |
| | |

Fee: Free /Donations accepted Theme: Princess/Superhero

All

7th Annual Classic Car Show & Vendor Fair

Saturday, September 7

11:00am-3:30pm

123rd & Trumbull

SpectatorsFree Donations accepted Cars \$10.00/Vendors \$25.00 per 10 x 10 space

493763-A

Sears Park

All

Get ready for the Alsip Park District's 2019 car show and vendor fair to benefit St. Jude Children's Research Hospital. Every year our show grows with more classic cars and vendor! Spectators are free but donations are appreciated. There will be many raffles on this day from our generous local businesses. So bring your wallets. Free events include, live music, kid's activities and vendor fair. Food will be available for purchase so come hungry. Trophies will be given in many categories. The first 75 cars registered will receive a dash plaque and goodie bag. For additional information or to sponsor, volunteer, donate or become a vendor please contact Denise Michalski at denise@alsipparks.org or 708-389-1003 ext. 329

Activity: Day/Date: Time: Location: Age: Fee:



Lunch Bunch

Looking for an afternoon filled with new restaurants, food and friends? Then join our lunch bunch, get out of the house and leave the driving to use! Fee includes transportation and parking. Food and drinks are on your own. Try something new today!

| Depart: | ARC/11:00 am |
|----------|--------------|
| Return: | ARC/3:00 pm |
| Age: | Adult |
| Fee: | R\$10/NR\$12 |
| Min/Max: | 8/14 |
| | |

Pal Joey's of Batavia

In 2012 Pal Joey's opened its doors in downtown Batavia. In May 2018 they moved just 5 minutes west, to the corner of Main and Randall Rd. Pal Joey's is a place to grab a great meal, or meet up with friends for a good time and we take great pride in providing Award-Winning Pizza. Their pizza was given 4 stars by Chicago Tribune Food critics and named "One of the best pan pizzas in the Chicago area."

Activity: 483765-A Day/Dates: Friday, July 12 Registration Deadline: July 5

Chinn's Fishery of Lisle

Having looked for several years for a place to start their own business, Stan & Kim Chinn landed in Lisle, a place they were both familiar with. 10 years prior to opening Chinn's Fishery, they both worked at the same location they would later purchase for their business. Chinn's has been fortunate enough to have their General Manager, Robert Blaese, with them since they opened their doors in 1995, and Manager, Greg Griffin, joined the Chinn family shortly thereafter. Chinn's Fishery specializes in Fresh Seafood. Fish, crabs, lobsters, shrimp, scallops and more, flown in fresh daily. The restaurant gets fresh seafood from Alaska, Hawaii, Florida & from the West Coast to the East Coast. We've witnessed first hand early morning boats bringing in the days catch to the ports in Honolulu. Our Hawaiian contact lets us know the best catch for the day, packs it & it's on our tables within 24 hours.

Activity: 483765-B Day/Dates: Friday, August 16 Registration Deadline: August 10

Greek Islands of Lombard

Since 1971, the same owners continue with the founding principles of great food, great service, and value. From Greece they select and ship to their restaurants the highest quality extra virgin olive oil, superior wines the best cheeses, herbs, and seafood.

Activity: 483765-C Day/Dates: Friday, September 13 Registration Deadline: August 31

The registration deadline is one week prior to the start of each class unless otherwise noted.

TRIPS

Prairie Avenue Tour

Head out on another delightful day with Seecago Tours. Prairie Avenue has a rich history from a walking trail in its infancy to the street housing Chicago's elite like Pullman, Armour, Field and more. In the 1890's it was known as Millionaire's Row. Guided tours include Clarke House (the oldest house in Chicago), the Glessner Mansion and a guided tour of 2nd Presbyterian Church where many of the street's residents worshiped. Lunch is included at another Chicago Landmark, Manny's Deli. Travel is by dalura motor acash

| coach. |
|-------------------|
| 483745-A |
| ARC/9:00am |
| ARC/4:00 pm |
| Wednesday |
| June 26 |
| Adult |
| R\$105 |
| 8/14 |
| Deadline: June 19 |
| |

Anderson Japanese Gardens

Three of the essential elements used to create a Japanese garden are stone, which form the structure of the landscape; water, representing life-giving force; and plants, which provide the color and changes throughout the seasons. Secondary elements include pagodas, stone lanterns, water basins, arbors and bridges. Japanese gardens are very carefully designed and patiently pruned according to aesthetic principals to create a work of natural art that inspires calm, renewal, discovery and an invigorated soul. Come along on a guided tour of the gardens. Lunch at the garden, tours and motor coach transportation is included.

Activity:483703-ADepart:ARC/8:00amReturn:ARC/4:30 pmDay:Wed., August 28Age:AdultFee:\$130Min/Max:8/33Registration Deadline: August 21

Day at the Races

The history of Arlington International spans more than 80 years of struggles and successes. Described as "the most beautiful track in America", Arlington began Thoroughbred racing on October 13, 1927, when more than 20,000 fans braved the cold weather to celebrate the event in high style! The track went on to survive the Great Depression and World War II, and later flourished during the Golden Era of Racing. In 1981, Arlington played host to the world's first million dollar race: The Arlington Million. Join us for a gorgeous day of sunshine and relive the excitement and history with premium horse racing. We will also enjoy a delicious boxed lunch of your choice. Menu choices will be available at registration. Price includes admission, program, lunch, parking and transportation. 483737-A Activity: Thursday Day:

Day: Thursday Date September 19 Depart: ARC/10:00 am Return: ARC/8:00 pm Age: Adult Fee: R\$55/NR\$65 Min/Max: 10/14 Registration Deadline: Sept. 13

Studebaker National Museum

The Studebaker National Museum is housed in a state-of-the-art, 55,000-square-foot facility that opened in October 2005. The building has three levels and features fully climate-controlled galleries and storage facilities to ensure the best possible care for the Collection. The Studebaker National Museum was designed by South Bend's own James Childs Architects and features several design elements from Studebaker's factory buildings. We will have a reservation at beautiful Tippecanoe Place nearby but lunch and gratuity is on your own. Price includes transportation, admission and parking. Please bring lunch and shopping money.

| r rease oring n | anon and shopping me |
|-----------------|----------------------|
| Activity: | 483701-A |
| Day/Date: | Saturday, July 27 |
| Depart: | ARC/7:00 am |
| Return: | ARC/6:00 pm |
| Age: | Adult |
| Fee: | R\$35/NR\$55 |
| Min/Max: | 8/14 |
| Registration I | Deadline: July 20 |
| | |

Did you know?

The Alsip Park District is a separate municipal governing agency established for the purpose of providing parks, facilities and recreational programs for the community. If you have any questions regarding any of our programs, parks or facilities, please feel free to contact our Main Office at 708-389-1003.

54 www.alsipparks.org · 708-389-1003

Dinner at the Mansion

Come with us to Geneva, Illinois for a dinner treat to the historic Oscar Swan Country Inn. Once an elegant private estate, now an active bed and breakfast. The inn serves delicious elegant dinners and lunches by special arrangement only served either

buffet or sit down style. All foods are prepared from scratch and served on antique silver and china tableware in the drawing room of the estate. After the meal, feel free to roam around the mansion and its beautiful surrounding grounds. Price includes, main entree with seasonal sides and

| desserts. | |
|--------------|-------------------|
| Activity: | 483785-A |
| Depart: | ARC/2:30pm |
| Return: | ARC/7:30 pm |
| Day: | Friday, Sept. 6 |
| Age: | Adult |
| Fee: | R\$45/NR\$55 |
| Min/Max: | 8/14 |
| Registration | Deadline: Aug. 30 |
| | 111 |

Christmas in July Shopping

Take advantage of the nice weather and do a little shopping at Orland Mall for Christmas or for your everyday needs. Leave the driving to our fantastic Alsip Park District Staff and forget about the hastles of finding parking and long walks back to your cars.When you are through just meet at the pick-up point and wait on the air conditioned bus till the rest of the group returns. Activity: 453448-A Instructor: Park Staff Location: Orland Mall Day: Wednesday Dates: July 24 Time: 10:00am-3:00 pm Age: Adult

Fee:

Starved Rock Canyon Tour, Cruise and Lunch

Enjoy a trolley ride for a scenic, guided walk to one of our majestic canyons. The walk is less than a mile and will take about 45 minutes. The trolley will then take you to the Eagle I for a 1.5 hour boat ride on the picturesque Illinois River. This tour is not recommended for individuals with limited mobility. Price includes transortation, lunch in our dining room, 45 minute guided hike, Eagle I river cruise, Starved Rock string backpack with snack and bottle water, narration on the trolley going to the locations.

| Activity: | 483746-A |
|----------------|-------------------|
| Depart: | ARC/8:30 am |
| Return: | ARC/6:00 pm |
| Day: | Saturday |
| Date: | August 24 |
| Age: | Adult |
| Fee: | R\$75/NR\$95 |
| Min/Max: | 8/25 |
| Registration D | eadline: August 9 |

An Afternoon with the Train Lady

We are in for a treat! We will explore the gardens and grounds of Wandering Tree Estate in North Barrington. Open just a few days a year, we will hear from the owner of the estate on her magnificent model train exhibits and gardens. After the short presentation we will have time to explore the estate ourselves. Included luncheon will follow at Chessie's, located in a converted Ice House with shopping and antiques for sale. Menu selection will be made at time of registration. Travel is by deluxe motor coach. Please dress for the weather. These are my times, we will need to adjust 15 mins or so if you are attending

| or so if you are | attenuing. |
|-----------------------|------------------|
| Activity: | 483779-A |
| Depart: | ARC/7:30 am |
| Return: | ARC/4:00 pm |
| Day: | Wednesday |
| Date: | July 17 |
| Age: | Adult |
| Fee: | \$100 |
| Registration D | eadline: July 12 |
| | |

Minimum/Maximum

When you see the words "Min/Max" under a program it refers to the minimum number of participants needed for the program to run and the maximum number of participants that the program can accommodate.

R\$15/NR\$25



BOARD OF DIRECTORS

Jeannette Huber Tom Wogan Jennifer Fullerton Vacant Dominic Egizio Matt Fairbanks Alsip Park District Blue Island Park District Hickory Hills Park District Village of Merrionette Park Midlothian Park District Palos Heights Recreation Department Posen Park District Worth Park District

TJ Whitcomb Bob O'Shaughnessy

SWSRA ADMINISTRATIVE STAFF

Lori Chesna, CPRPExecutive DirectoDawn KehoeBusiness ManagerSusan Prieboy, CTRSSuperintendent of

Brittany Izzo Paula Marr Audrey Dambek John Bedore Executive Director Business Manager Superintendent of Recreation Recreation Specialist Volunteer/PR Coordinator Office Clerk Vehicle & Facilities Coordinator

Alsip Park District has a cooperative agreement with South West Special Recreation Association (SWSRA) to provide recreation choices for people with disabilities.

WE ARE SPECIAL....

SWSRA is a special recreation cooperative comprised of the following communities: Alsip, Blue Island, Merrionette Park, Midlothian, Palos Heights, Posen, and Worth. SWSRA was formed in 1981 to provide year-round quality recreation programs and services for individuals with disabilities or special needs. SWSRA programs are designed to increase independence and enhance the quality of life for each individual.



Main Office 12521 S. Kostner Ave. • Alsip, IL 60803 Tel. 708-389-9423 • Fax 708-389-6458 Office Hours: Monday-Friday 9:00 am-5:00 pm www.swsra.com



SWSRA provides a wide variety of programs are available for individuals from early childhood through adulthood. The programs are designed to meet the individual recreation needs of any person who is in special education classes, participates in a sheltered workshop, is referred to SWSRA from a local hospital or rehabilitation center, or who's special needs restrict or prohibit their participation in traditional park district setting. This would include individuals who have varying degrees of physical or mental disabilities, learning disabilities, behavior disorders, attention deficit disorders, hearing or visual impairments.

WE OFFER...

SWSRA offers a wide variety of programs, sports (including participation in Special Olympics Illinois), special events, trips and summer camps. Participants of SWSRA not only have fun, but also make friends, increase physical activity, enjoy new experiences and refine their social and life skills.

INCLUSION...

Some people with disabilities prefer to have recreation opportunities in traditional recreation programs with people who do not have disabilities. To meet this need, SWSRA provides training, support staff and assistance to partner park districts and local recreation departments so inclusive recreation can be enjoyed by all! For more information, please contact SWSRA at (708) 389-9423 or visit us on the web at www.swsra.com.



A sensory room is a specifically designed environment for people ages 3 to adult with various ability levels to experience a variety of senses and to assist in developing specific skills. Sensory rooms are used to create a safe atmosphere to relax, and benefit specific sensory processing difficulties.

SWSRA's Sensory Depot offers a wide variety of sensory equipment to accommodate each participant's needs. The room will offer aroma therapy, relaxing sounds and lights, interactive tools to promote skills and tranquility, bubble tubes, fiber optic lights, and much more!

Sensory Depot contains equipment to activate every sense; smell, touch, sound, sight and taste. Sensory sessions are participant led to accommodate individual needs with SWSRA sensory staff supervision at all times.

BENEFITS OF A SENSORY ROOM

Benefits are endless and not limited to the following...

- Participant led, unstructured independent or group sensory exploration
- Immersive exploratory sensory experience
- Calms, de-stresses, reduces anxiety & pain
- De-escalates heightened emotions or behaviors
- Develops self regulating skills
- Teaches cause-and-effect, color recognition, and eye-hand coordination
- Increases concentration
- Focuses attention
- Develops language
- Improves alertness
- Awakens memories
- Improves mobilization, creativity, social relations & communications
- Encourages new ways of learning, motor development, cognitive development, language & social skills.



30 MINUTE SESSION: \$5 PUNCH CARDS: 5 SESSIONS: \$20 - 10 SESSIONS: \$36

- Registration for sensory sessions is required prior to attending.
- Register at SWSRA's Main Office: 12521 S. Kostner Ave., Alsip, IL 60803.
- Payments or registration will NOT be accepted at the Sensory Depot.
 - Sign up for a specific sensory session by calling the SWSRA office at 708-389-9423. Requests for sensory sessions should be submitted at least 48 hours prior or by Fridays no later than 12:00pm for weekend sessions.
- Cancellations without advanced notice will still be charged as a full session.

- ALSO AVAILABLE -GROUP VISITS & FIELD TRIPS CALL 708-389-9423 FOR DETAILS

The registration deadline is one week prior to the start of each class unless otherwise noted.

South West Special Recreation Association



Check out Our NEW Birthday Parties for children ages 3-10!

We have revamped and expanded our birthday parties to include even more excitement and fun! Stop by the Apollo Recreation Center for the all the details! Here is a quick highlight of each party. All parties are 2 hours in length and include cupcakes and ice cream, party favors and prizes for games for 12 children. Additional children are charged a fee of \$15.00 ea. a maximum of 15 children are allowed at the party. No additional food may be brought into the party and we require at least a 2 week notice for parties. You can add on the fun with crafts and balloon centerpieces. We can create a party to fit any theme and we will create a custom package just for you! Stop by the Main Office and complete a Birthday Party request form to begin the process! For additional information, Call Jessica 708-389-1003 ext. 309.

Pirate Party or Pink Pirate Party: R\$220/NR\$240

We will enjoy cake and ice cream as we search for gold on a treasure hunt, X marks the spot! All the kids will receive a treasure chest filled with gifts worthy of a captain. Games such as pirate patch and walk the plank will be played.

Sports Galore (Favorite Sport_____): R\$220/NR\$240

The party favors and decorations will go with the Party goers favorite sport, so be sure to jot it down on the form. The birthday person and his/her guests will compete in skills competitions; have relay races and other sports themed games for prizes. Some activities may be held

outdoors or in our gymnasiums, space permitting.

Dress-Up Birthday Party: R\$220/NR\$240

Dress-Up Theme is:

Police Officer, Princess, Ballerina, Baseball Player? Let us and your guests know, so they can come in costume. All decorations, party favors and activities will coordinate with the dress-up theme.

Rock Star Party: R\$220/NR\$240

Musical themed decorations and party favors will the set the stage for this party. Guests will play games such as musical chairs, freeze dance and how about some karaoke?





Sears Park Picnic Shelter

Picnic/Shelter Rental

The Alsip Park District is eager to inform you that several of our shelters in our parks throughout the community are for rent. Each shelter may only be rented once a weekend, either Saturday or Sunday. No alcoholic beverages, animals, open fires (except in permanent park district grills), DJ's or glass containers are allowed and renter is responsible for all guests, liabilities and damages. Renter and guest must clean and vacate the premise by dusk, failure to do so will result in forfeit of their deposit. Renters must include set up and take down time in the time on the contract. Note: For cancellations the Alsip Park District must be notified two weeks prior to the rental or a forfeit of the renter's deposit will occur. Rental on Saturday and Sunday Only.

- Apollo Park (50 person capacity)
- Barnes Park (25 person capacity)
- Laramie Park (25 person capacity)
- Sears Park (60 person capacity)*

• \$50 Cash Deposit Required (Apollo, Barnes & Laramie)

- \$100 Cash Deposit Required (Sears Park Only)
- Fee
- Residents-\$100 per 5 hour rental
- Non-Residents-\$150 per 5 hour rental
- * \$25 Cash Fee for Bathrooms

ARC-Gymnasium Rental

The small gymnasium, located in the Apollo Recreation Center is for rent on Saturday and Sunday. This gymnasium can be used to play volleyball or basketball; no spectators allowed. A minimum two-hour rental required for gymnasium. All rentals must be completed including clean up with their rental by 5:00 pm. Renters must include set up and take down time in the time on the contract. No alcoholic beverages or D.J.s allowed and renter is responsible for all guests, liabilities and damages. **Note:** For cancellations the Alsip Park District must be notified two weeks prior to the rental or a forfeit of the renter's deposit will occur. Rental on Saturday and Sunday Only

- 25 person capacity
- \$50 Cash Deposit Required
- Fee (minimum of 2 hours)
- Residents-\$50 an hour
- Non-Residents-\$75 an hour



Dance Room Capacity: 60 people

ARC-Dance Room

The Alsip Park District offers a party room for rent in the Apollo Recreation Center. The Dance Room is ideal for a party or family function. This rental includes set-up and take down of tables and chairs. This room is used for all of our special events and has a comfortable feel for your next birthday party, baby or bridal shower or family get together. You will not be disappointed. All rentals must be completed including clean up with their rental by 5:00 pm. Renters must include set up and take down time in the time on the contract. No

alcoholic beverages or D.J.s allowed and renter is responsible for all guests, liabilities and damages. **Note:** For cancellations the Alsip Park District must be notified two weeks prior to the rental or a forfeit of the renter's deposit will occur. Rental on Saturday and Sunday Only

- 60 person capacity
- Dimensions 35 x 40 feet
- \$20 for Coffee Service
- \$1/bag of ice
- \$20 for a special marquee message
- \$20 microwave use
- \$100 Cash Deposit Required
- Fee (minimum of 3 hours)
- Resident-\$35 per hour
- Non-Resident-\$60 per hour

Small Gymnasium

Register Now

1. Online Registration

Visit www.alsipparks.org, select registration, select online registration. For first time users of the system, you will have to set-up an account. This can be done by selecting the "Create Account Tab". Setting up a new account will only take a few minutes and is only required for the first time you use the system. The online registration system provides many handy features that are designed to make registration easier.

2. Mail-In

Complete the registration form in the brochure. The form must be filled out completely in order to be processed Payments may be made by check or credit card. Checks should be made payable to the Alsip Park District. If paying by credit card, include your complete credit card number, card holder name, expiration date and signature. **Note:** Make sure you sign the waiver on the registration form.



Mail to:

Alsip Park District 12521 South Kostner Alsip, Illinois 60803 Attn: Registration

3. **Fax**

Complete the registration form in the brochure. The form must be filled out completely in order to be processed. All faxed registrations must be paid with a credit card. Be sure to include our complete credit card number, card holder name, expiration date and signature. **Note:** Make sure you sign the waiver on the registration form.



Register

Fax to: 708-389-1529

4. Drop-Off

Complete the registration form in the brochure and/or complete a registration form at the Apollo Recreation Center. The form must be filled out completely in order to be processed. Place the completed registration form inside the mailbox located outside the front entrance of the Apollo Recreation Center or drop it off at the Registration Desk during regular business hours. **Note:** Make sure you sign the waiver on the registration form.



Drop-off at: Alsip Park District 12521 South Kostner Alsip, Illinois 60803 Attn: Registration

REGISTRATION PROCESSING BEGINS RESIDENTS: May 20, 2019 NON-RESIDENTS: May 28, 2019

REGISTRATION PROCESS:

- **REGISTRATION WILL BEGIN UPON RECEIPT OF YOUR BROCHURE.** You simply complete a registration form and return it to the Alsip Park District Registration Department and we will mail you a confirmation receipt once your registration has been processed. Program registration will begin to be processed for residents on May 20 and for non residents on May 28.
- Walk-In registration may be taken after the initial lottery registration period.
- All program registration is done on a lottery basis.

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| Phone () Emergency Conta | | Work | Phone | e() | | Emerger | ncy Phone(|) | |
| Emergency Conta | ict | | | | Relatior | ship to Famil | | | |
| Do you have any | special n | eeds or r | equire | any accor | nmodatic | ons? | | | |
| First Name | Gender | Date of Birth | Grade | Activity # | Session # | Program Title | Day/Time | Location | Fee |
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| For Office Use C CashCheck Date Rec'dCheck The Alsip Park District is com | Char k # | | | | IMPOR | TANT INFO | RMATION | Shirt Size | |
| strives to reduce such risks and of minors registering for any p | insists that all | participants fol | low safety | rules and instruct | tions that are des | signed to protect the par | ticipants' safety. How | ever, participants and p | |
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| Recreational activities are inter advice, conditioning and equipu activity, certain risks, dangers defects, inadequate or defectiv Park District to <u>guarantee abso</u> | ment, there is s and injuries ma e equipment, i dute safety. | till a risk of seri ay exists due to nadequate supe | ous injury inclement rvision, in | al, mental and em when participatin weather, slips ar struction or other | otional resource g in any recreati ad falls, poor ski officiating, and | es of each participant. I onal activity. All hazard Il level or conditioning l other risks inherent to | s and dangers cannot b , carelessness, horsep the particular activity | be foreseen. Depending lay, unsportsmanlike c v. In this regard, it is in | g on the particular onduct, premises mpossible for the |
| WAIVE Please read this form carefully all claims for injuries, damages program/activity (including tra I recognize and acknowledge to | R AND 1 and be aware t s or loss which insportation ser | hat in signing u you or your m rvices, when pr | p and parti inor child/v ovided). | cipating in this p ward might sustai | rogram/activity, n as a result of p | participating in any and | ssuming the risk and l all activities connected | egal liability and waiv ed with and associated | ing and releasing with this |
| injuries, damages or loss, regarchild/ward may have (or accru and employees. I further authorize and give my | rdless of sever te to me or my | ity, that my min minor child/wa | nor child/w ard) as a re | ard or I may sust sult of participati | ain as a result on ng in this progr | f said participation. I fr am/activity against the | urther agree to waive a Alsip Park District, in | and relinquish all clair cluding its officials, a | ns I or my minor gents, volunteers |
| the services, programs, and fac I have read and fully unders fax, my on-line or facsimile s | tilities of the A tand the abov | lsip Park Distri e important in | ct, without formation | consideration of , warning of ris | any kind. k, waiver and r | elease of all claims, a | | | |
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REFUND POLICY

Individuals submitting a request for a refund for a program will be eligible to receive a refund provided the request meets one of the criteria below:

- Individual must complete a refund application at the Apollo Recreation Center prior to two classes of the program session.
- No other refunds will be given after two classes of the program session have expired.

For various one day seminars, trips or special events a refund will be given if the following criterion occurs:

- Individual must complete a refund application at the Apollo Recreation Center one week prior to the seminar, trip or special event.
- There is a \$50 non-refundable processing fee for Day Camp and Teen Camp.

A processing fee of \$3.00 is deducted from all refunds with the exception of programs cancelled by the Alsip Park District.

Individuals enrolled in programs, special events or trips that are cancelled by the Alsip Park District will be given a 100% refund and a processing fee will not be assessed. The Alsip Park District accepts Visa, Mastercard American Express and Discover for credit card payments. Sorry, no telephone registrations.

A \$25.00 fee is charged on all NSF checks. All future registrations must be paid by cash, certified check or money order. Payment is due at the time of registration, unless otherwise noted.

PROGRAM CONFIRMATION

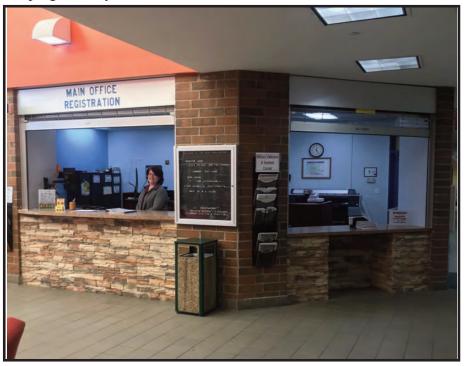
A confirmation/receipt will be sent to you in the mail once your registration has been processed. If it states "ENROLLED" you are enrolled in the program. If it states "W-List", you are on the waiting list for the program. You will be notified of waiting lists status changes. We encourage you to place your name on a waiting list. If the program you desire is full, additional sessions will be opened if possible.

MINIMUM/MAXIMUM

When you see the words "Min./Max." under a program it refers to the minimum number of participants needed for the program to run and the maximum number of participants that the program can accommodate.

REGISTRATION DEADLINE

Our programs need to meet the minimum number of enrollments by the registration deadline in order for the program to become active. It is important that you register by the registration deadline that is listed with each program to ensure that you are enrolled in the program, (if space is still available). After the registration deadline, registration may not be able to be taken. If we do not meet the minimum number of participants the program may be cancelled.



Main Office Registration Desk

Gymnasium

Located inside the Apollo Recreation Center is a gymnasium that is left open for you to use for "open gym". This facility is open for your use at periodic times during the week when park district activities are not in session. Children under the age of 8 must be accompanied by a valid, card carrying member 16 years and older who must provide supervision for the youth(s) inside the gymnasium. Basketballs are available for use with a valid facility pass. Gym shoes must be worn at all times. No dark sole running/jogging shoes allowed! No food or drinks allowed in the gymnasium. Hours are subject to change during days of special events or circumstances.

Americans with Disabilities Act (ADA)

The Americans with Disabilities Act of 1991 (Public Law 101-306) was adopted by congress for the purpose of eliminating discrimination against individuals with disabilities. The Alsip Park District makes every effort necessary to comply with the Americans with Disabilities Act (ADA). We will not discriminate against qualified individuals with a disability for participation in services, programs and services. The Alsip Park District invites any individual with special needs to notify our staff upon registration so that we may better serve you. Additional programs for people with disabilities are offered through the Southwest Special Recreation Association (SWSRA). For additional information, please contact SWSRA at 708-389-9423.



Park Watch

We need your help in keeping our parks safe, clean and FREE of vandalism. If you find broken equipment or have any other safety concerns about our park sites or facilities, please contact our Main Office at 708-389-1003. If you see vandalism occurring in the parks, please contact the Alsip Police Department by calling 708-385-6902. The park district is committed to providing a safe place for recreational activities and prefer to enhance the quality of our parks rather than replace vandalized equipment. Thank You for your support in our efforts to provide the residents of the Alsip Park District with quality park sites and facilities.

The Apollo Recreation Center Gymnasium is available for "open gym". The facility is open for your use at periodic times during the week when park district activities are not in session. Children under the age of 8 must be accompanied by a valid, card carrying member 16 years and older who must provide supervision for the youth(s) inside the gymnasium. Basketballs are available for use with a valid facility pass. **Gym shoes must be worn at all times.**

General Membership Information

- 1. All Facility Pass registrations take place at the Apollo Recreation Center during regular office hours. Proof of residency is required. One must be a picture I.D. and one current Alsip utility bill. Children should have a school I.D. and must be accompanied by a parent or legal guardian, who must show proper identification.
- 2. All facility pass members must have a photo I.D., taken at the Apollo Recreation Center.
- 3. Bring your Facility Pass when registering! Your pass will then be re-validated for the 2019 season.
- 4. Daily Gymnasium Passes may be purchased with a valid ID for a cost of \$5 per visit for residents and \$10 per visit for non-residents at the Main Office or Building Attendants Office.
- 5. Daily Fitness Passes may be purchased with a valid ID for a cost of \$8 per visit for residents and \$12 per visit for non-residents at the Main Office or Building Attendants Office.
- 6. The fee to replace a Facility Pass is \$20 for adults 18 & over, and \$10 for ages 8-17.
- 7. You must present a valid Facility Pass or Daily Pass before entering the Gymnasium/Fitness Center/Women's Circuit Center. No exceptions will be made!!!
- 8. There are no refunds on memberships.

Gymnasium Facility Pass Fees

| Youth (8 years to 17 years)R\$30/NR\$60 |
|--|
| Adult (18 years and older)R\$75/NR\$150 |
| Corporate Rates |
| (Individuals not to exceed 30 employees per corporation) |
| Daily Fee:\$5/NR\$10 |
| |

Nothing ruins a good program quicker...

than waiting until the last minute to register for it. There is a point where if the minimum number of participants is not met to hold the program, it will be cancelled. Registering on the day of or the day before the program will not save it. Please register five business days before the program/event to avoid disappointment. Classes may be combined and times modified to facilitate better programs. Receipts are mailed to those enrolled.

Waiting Lists

Since all our programs have registration limits we cannot guarantee your choice of enrollment in them. The Alsip Park District maintains waiting lists for programs that have reached their maximum registration. Placement on a waiting list is encouraged. Individuals placed on a waiting list will be contacted if any additional program space becomes available.

Oops! - Brochure Typos/Errors

Though we try our best, due to the large amount of information available in the Alsip Park District Program Guide, errors after publication may occur. We apologize for any inconvenience this may cause, and when errors do occur, our staff will advise you of the changes as quickly as possible. We will also attempt to keep information on our website,

www.alsipparks.org as current as possible. Thank you for your patience and understanding.

Special Accommodations

Special Accommodation Services are provided through the inclusion services of the South West Special Recreation Association (SWSRA). Requests for this service should be made a minimum of 2 weeks before the start date of any program during the registration process.

Say Cheese

Our Park District photographers periodically take pictures and/or videos of participants in our classes, during special events and out at our facilities and parks. Please be aware that these photos are for Park District use and may be used in the District's marketing materials. You must give us written permission if you or your family members do not want to be photographed or published.

Residency

Residency of the Alsip Park District is defined by financial contributions through property taxes for the operation of the park district. Boundaries of the Alsip Park District and the Village of Alsip are not exactly the same. If you are uncertain whether you qualify as an Alsip Park District resident, please check your current property tax bill. Proof of residency in the form of a picture I.D. and current tax bill or utility bill may be required during program registration. Alsip Park District residents are given first priority for program registration.

Program Limitations

Each program at the Alsip Park District has an established minimum and maximum number of possible registrants. These numbers are set to guarantee the highest quality program we can offer. The facility, student/teacher ratio and the nature of the program considered when setting program registration minimums and maximums. Programs that do not meet the minimum number of registrants may be cancelled. Please refer to the "*Program Cancellation*" section for additional information. Program instructors are

additional information. Program instructors are not allowed to accept any registrant beyond the established maximum without authorization by their immediate athletic or recreation supervisor.

Important Class Cancellation Information

Program supervisors begin reviewing class enrollment and canceling classes that do not meet minimum enrollment approximately **ONE WEEK (five business days),** prior to the start date. It is extremely important that you try to register for class choices no later than one week before thy begin. All participants registered in cancelled programs will be notified by the Alsip Park District staff and will receive a full refund.

Payment/Pro-rating

Participants will not be registered for programs without payment. Program fees will not be pro-rated for late enrollment.

SPONSOR PARTNERSHIP PROGRAM



THANKS TO OUR 2019 SPRING EVENT SPONSORS

Alsip Swap-o-Rama **Anton Argires** Birk Plumbing C.J. Erickson Eggman

Alsip VFW Arkema **Sprinkler Fitters**



SPONSOR PARTNERSHIP PROGRAM

Become a Partner in Providing Recreational Activities and Creating Lasting Memories

The Alsip Park District has established several partnerships with a variety of organizations and businesses in and outside our community. These partnerships have helped to provide additional financial, in-kind or volunteer resources allowing us to continue to meet the needs of the community. The Alsip Park District prides itself in providing recreation and leisure services for families, adults, youth and senior populations of Alsip and the surrounding communities.

Your company or organization can make a meaningful and lasting impact on the quality of life in the community by partnering with the Alsip Park District as we market our programs and services to the community.

Two Ways to Advertise Your Business:

1. Seasonal Brochure Business Index

The Seasonal Brochure Business Index is a special advertising section for businesses to advertise in the Alsip Park District's Seasonal Brochure. The Alsip Park District quarterly program guide is hand delivered to 7,500 homes in Alsip, with an additional 500 copies available for pick-up throughout park district facilities and the community. It is a great and cost effective way to stretch your advertising and sponsor dollars and get your name out to the residents of Alsip and surrounding communities. These program guides are used as a household reference guide with a shelf-life of up to three months. Take advantage of the opportunity for your company's message to be included in a publication that reaches all Alsip residents four times per year.

2. Special Event/Program Partnership

Each year we look for partnerships through monetary, in-kind and voluntary resources to help support our Special Events and Programs. These partnerships make it possible for the Alsip Park District to provide top-quality special events and family activities. Some of our major Special Events include Fun Fest, All Hallow's Eve Carnival, Trick or Trunk, Santa's Landing, Annual Easter Egg Hunt, Breakfast with the Easter Bunny and many more. Sponsors are named in all promotional and marketing materials surrounding each event/program, including signs, fliers and announcements at the event.



The Alsip Park District reserves the right to refuse ads based on appropriateness and competition with our programs. The Alsip Park District has a variety of opportunities available throughout the year.

GENERAL INFORMATION

Alsip Park District Board of Commissioners

The Park Board is composed of five non-paid individuals selected by you to serve elected terms. The Board is primarily a policy-making body that reflects the needs and interest of all taxpayers. The Board of Commissioners meets on the fourth Monday of each month at the Apollo Recreation Center, 12521 South Kostner at 6:30 pm. The public is welcome to attend.



Meet the Staff

Jeannette Huber, CPRP Greg Hooper, CPRP Cathy Krydynski Daren McLaughlin Dale Durnin James Parrott Mike DeChene, CPSI Rick Radz Jeremy Dryier Richard Gottardo Danielle Peso Companio Brad Burke Denise Michalski, CPP Jessica Tompkins Donna Smith

Director of Parks & Recreation Superintendent of Recreation **Business Manager** Superintendent of Parks Park Foreman Park Laborer Park Laborer Park Laborer Park Laborer Fountain Hills Golf Club Manager Food & Beverage Manager Leslie Guerrera, A.C.E., CPO Aquatic/& Fitness Manager Athletic Supervisor **Recreation Supervisor Recreation Supervisor** Office Manager









Board of Commissioners Pictured left to right, Jerri-Lynn Kleina, Joseph Schmitt, Jackie Becker, and Kathleen Perretta.

Apollo Recreation Center 12521 S. Kostner Avenue Alsip. Illinois 60803 Tel. 708-389-1003 Fax 708-389-1529 Web Address: www.alsipparks.org

Registration Office Hours

| Monday | 8:30 am-8:30 pm |
|----------------|-----------------|
| Tuesday-Friday | · |
| Saturday | |
| Sunday | · |



Plant a Living Tree Memorial

The Alsip Park District is proud to offer this program that will allow Alsip Residents the opportunity to honor and/or memorialize relatives and/or friends with the planting of a tree in one of the Alsip Park District Parks.

To become involved in this tree program, you will make a contribution to cover the cost of purchasing a tree that you choose from a list of authorized trees that the park district has approved. The minimum size of trees shall be two inches in caliper. For purchasing a tree, a donor will have the opportunity to assist the park district in selecting the site where the tree will be planted and you will receive a letter acknowledging the donation.

For more information on our "Plant a Living Tree Nemorial" program, please contact our Main Office at 708-389-1003 or e-mail us at mainoffice@alsipparks.org

Parks and Facilities BASKETBALLCOURT WALKINGIBIKEPA

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|--|--------|---------|---------|--------|----------|------------|----------|------------|-------------|------------------|--------|--------------|------------|---------|--------|------|--|
| VOLLEVBALL | PICMIC | FITNESS | PLAYGNU | CONNOS | BALLDING | BASKETBALL | FOOTBALL | TENNIS CO. | GOLF COURTS | BANQUET FACILITY | THRANT | WALKING/BING | CONCESSION | INFINIT | SKATET | PNAK | |
| Apollo Recreation Center 12521 South Kostner | 3* | + | + | + | | | 2* | | 2 | | | | + | | | | |
| Sprayfari Aquatic Park & Pool 11930 South Kostner | | + | | 1 | + | | | | | | | | | + | | | |
| Austin View Park Route 83 & Austin Ave. | | 1 | | + | + | | | | 2L | | | | + | | | .0 | |
| Barnes Park 117th & Kolin Ave. | | + | 11 | + | + | + | | | | 1.1 | | | | | | | |
| Bicycle/Walking Path 116th Street-127th Street | | | [1] | 1 | 11 | 21 | | | | | | | + | | 1.1 | | |
| Creekside Park 113th & Lamon Avenue | | 11 | | + | 11. | 11 | | | | | | | | | | Ī. | |
| 7 Commissioners Park 12600 Kedzie Avenue | 2 L | + | | ŧ | + | 4 L | | | | | | + | + | + | | Ĩ | |
| Fountain Hills Golf Club 12601 Kedzie Avenue | 1 | | | | | | | | | 30 L | + | EI | | | | 1 | |
| Freedom Park 131st & Cicero | | + | | + | + | | | | | | | | | | | | |
| 0 Ketelaar Tot Lot 124th & Walter Lane | | | | | * | | | | | | | | | | | | |
| 1 Kiwanis Park 122nd & Laramie | | | | | | 121 | | | | | | + | | | 21 | | |
| 2 LaCrosse Tot Lot Engle Rd. & LaCrosse Ave. | | .11 | | | + | 1.11 | 1 | | | | | | 11 | | 12.1 | Γ | |
| 3 Laramie Park 120th & Laramie Avenue | | + | | ÷ | + | 1 | 1 | | | | | | | | | Ĩ | |
| 4 Mary J. Lynch Skate Park 119th Pl. & Kostner Ave. | | + | | 1 | E. | | | | | | | | | | + | ÷ | |
| 5 Pokey Oaks 123rd & Lavergne Ave. | | | | 1 | + | | | | | | | | | | 1.000 | Γ | |
| 6 Prairie Ball Diamonds 11910 S. Kostner Avenue | | | | | | 4 | | | | | - | | | | | Γ | |
| 7 Prairie View Park Termunde Dr. & Tripp Ave. | | | | ÷ | | 121 | | | | | | | | | | Γ | |
| 8 Progress Park 122nd & Springfield | | | | ÷ | IFT(| | | | | | | | | | | | |
| 9 Ronnetree Park 127th Pl. & Kenneth Ave. | | | | + | | | | | | | | | | | | Γ | |
| 0 Sears Park 123rd & Trumbull Ave. | | + | | + | + | 1 | | 1L | | | | 1L | +F | | 1 | | |
| 1 Wilkins Park Blossom Drive | | | | + | + | | 1 | - | | | - | | | | | | |

Note: Parks with lighted fields and/or courts close at 11:00 pm. All other parks close at dusk. All parks open at dawn. No alcohol or open fires allowed on park district property.



Parks & Facilities



Apollo Recreation Center



Aquatic Park





Austin View Park



Barnes Park



Bicycle/Walking Path



Creekside Park



Commissioners Park



Fountain Hills Golf Club



Freedom Park



Ketelaar Park Tot Lot



Kiwanis Park



Prairie View Park



Lacrosse Tot Lot



Progress Park



Laramie Park



Ronnetree Park



Mary J. Lynch Skate Park







Pokey Oaks



Wilkins Park