

ALSIP

PARK DISTRICT

www.alsipparks.org

708-389-1003

SPRING 2018

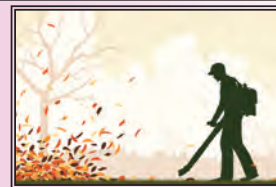
Registration Dates:
Residents: February 19
Nonresidents: February 26

SWWSRA
South West Special Recreation Association
Providing recreation services for individuals
with special needs in YOUR community!
Visit us at www.swwsra.com or call
(708) 389-9423 for more information.
12321 S. Kostner Ave. Alsip, IL 60803

What's Happening at the Alsip Park District



We would like to extend a Congratulations to Ricky Radz on his promotion to Full Time Parks Laborer for the Alsip Park District. Way to go Ricky, we look forward to your tenure at the Alsip Park District.



The Alsip Park District has many dedicated Staff that are here to serve the needs of our residents. In 2017 several of our staff celebrated a big milestone with their years of service to the Alsip Park District.

Congratulations to:

Part Time/Seasonal Staff Members:

Doyle Elliot-5 years
Morgan Weidman-5 years
Rosemary DeChene-retired

Full Time Staff Members:

William Misiewicz-5 years
Jamie Parrott-10 years
Laurie Nissen-20 years
Brian McLaughlin-35 years



Thank you all for your hard work and dedication to the residents of Alsip!

We are excited to announce that a six (6) hole Disc Golf Course is being installed this Spring. The course will be located near the ballfields and north walking path behind the Aquatic Park at 119th and Kostner. We hope you will enjoy this new amenity in our community. If you don't have your own, discs will be available for rent at the Aquatic Park and Apollo Recreation Center during regular business hours.



The redevelopment of Apollo Park is underway and completion is expected in June. We want to thank all the patrons that joined us for input on the playground design as it helped with the final selection of equipment. Your input is invaluable and we hope you will enjoy the updated equipment with the rocket theme. As part of the redevelopment of Apollo Park, a Brick Program has been created where you can purchase a brick to personalize. These bricks will be placed between the electronic marquee and the flagpole in front of the Apollo Recreation Center. Please see our webpage as well as page 3 for additional updates and details.

The Alsip Park District is proud to announce that we are partnering with The First Tee of Greater Chicago. The First Tee is an introductory golf program designed to provide a fun and engaging environment, which exposes young people to the behaviors associated with The First Tee Nine Core Values. Using golf as a platform, participants are exposed to these core value behaviors through games and sports. Programs will be available at the Apollo Recreation Center during the "off season" and at Fountain Hills Golf Club through the Spring and Fall. We look forward to this partnership and hope to see you at the Fountain Hills Golf Club this spring. See page 4 & 5 for additional details.



The Alsip Park District is a proud member of South West Special Recreation Association (SWSRA). SWSRA's main offices are located in the Apollo Recreation Center.

Remember to "Discover Something New" at the Alsip Park District

Welcome to the Alsip Park District



Apollo Recreation Center

12521 S. Kostner
Alsip, Illinois 60803
Tel. 708-389-1003
Fax 708-389-1529

Web Address: www.alsipparks.org

Registration Office Hours

Monday8:30 am-8:30 pm
Tuesday-Friday8:30 am-5:30 pm
Saturday9:00 am-1:00 pm
SundayClosed

Spring Registration Dates

Resident BeginsFebruary 19
Non-Resident Begins..February 26
Programs Begin.....March 12
Unless otherwise stated, the
Registration Deadline is one week
before the start of each session.

The Apollo Recreation Center Holiday hours are listed below:

Holiday/Date	Women's CC	Fitness Ctr	Gymnasium	Main Office
Good Friday, March 30	7 am-2 pm	6 am-3 pm	9 am-3 pm	8:30 am-3 pm
Easter Sunday, April 1	Closed	Closed	Closed	Closed
Memorial Day, May 28	Closed	Closed	Closed	Closed

Gymnasium SPRING Hours of Operation

(Effective March 12, 2018)

Day	Activity	Hours
Monday	Open Gym	9:00 am-5:30 pm
Tuesday	Open Gym	9:00 am-10:00 pm
Wednesday	Open Gym	9:00 am-10:00 pm
Thursday	Open Gym	9:00 am-5:30 pm
Friday	Open Gym	9:00 am-9:00 pm
Saturday	Open Gym	9:00 am-6:00 pm
Sunday	Open Gym	9:00 am-5:00 pm



The registration deadline is one week prior to the start of each class unless otherwise noted.

Program Locations

Apollo Recreation Center (ARC)	12521 S. Kostner Avenue
Aquatic Park	11930 S. Kostner Avenue
Doubletree/Hilton Hotel	5000 W. 127th Street
Co-Rec Fitness Center	12521 S. Kostner Avenue
Fountain Hills Golf Club	12601 S. Kedzie Avenue
Hazelgreen Elementary School	11751 Lawler Avenue
Heritage II Clubhouse	3715 W. 123rd Street
Lane Elementary School	4600 W. 123rd Street
Prairie Junior High School	11910 S. Kostner Avenue
Stony Creek Elementary School	11700 Kolin Avenue
Women's Circuit Center	12521 S. Kostner Avenue

Alsip Park District Mission

Statement

The Mission of the Alsip Park District is to enrich life through quality leisure services at a variety of parks and facilities, while offering programs in the areas of education, social involvement and recreation in a clean, safe environment for individuals of all ages.



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**The Alsip Park
District would like
to thank our
Military, Veterans
and First
Responders for
their service.**

**To show our
appreciation, the Alsip
Park District provides
10% off our lowest
advertised rate for our
annual passes and daily
passes to all Park
District Facilities for
active Military, Veterans
and First Responders.**

**Please present your ID at
each facility to receive your
discount.**



Please make checks payable to the
Alsip Park District.
Return to: Jeannette Huber, CPRP
Director of Parks and Recreation
Alsip Park District
12521 S. Kostner
Alsip, Illinois 60803
jhuber@alsipparks.org

THE ABOVE ICONS TAKE UP 3 SPACES ON 2 LINES

www.alsipparks.org · 708-389-1003 3



The First Tee DRIVE is an introductory golf program designed to provide a fun and engaging environment, which exposes young people to the behaviors associated with The First Tee Nine Core Values. Using golf as a platform, participants are exposed to these core values and behaviors through games and sports that young people may already be familiar with, and they are modified to incorporate the four basic golf shots-putt, chip, pitch and full swing. These activities are facilitated at the Apollo Recreation Center and utilize modified golf equipment. They are designed to offer participants in the 1st-6th grades opportunities to apply core values behaviors and basic golf strokes.

Activity: 374070-A
 Instructor: The First Tee
 Location: Small Gym
 Day/Dates: Thursday, March 1-April 6
 Time: 5:30-6:30 pm
 Age: 1st-6th Grade
 Fee: R\$25/NR\$30
 Min/Max: 7/20
 Registration Deadline: February 22



For additional information, contact our
 Main Office at 708-389-1003

The Alsip Park District is proud to announce that we are partnering with The First Tee of Greater Chicago. The First Tee is an introductory golf program designed to provide a fun and engaging environment. While learning the fundamentals of a golf swing, The First Tee incorporates character and education in a fun, active learning environment. Through The First Tee, young people build confidence, develop respect and appreciate the value of giving back to their community all the while learning the lifelong sport of golf! This class introduces playing the game of golf with emphasis on the Code of Conduct, appreciating the rules and etiquette of the game. Full swing and short game fundamentals and on-course play are taught. Each session includes 12 hours of golf instruction, the First Tee hat and T-shirt. Golf clubs are provided for use during class along with program materials.



THE FIRST TEE of GREATER CHICAGO

Activity: 329970-A
 Instructor: The First Tee
 Location: Fountain Hills Golf Club
 Time: 5:30-7:00 pm
 Fee: \$75
 Min/Max: 7/20

Session	Day	Dates	Age/Grade
A	MO	April 16-June 11	7-9/1st-3rd
B	WE	April 18-June 6	10 & Older/4th & Up



For additional information, contact the Fountain Hills Golf Club at 708-388-4653 or visit our website at www.alsipparks.org.



The registration deadline is one week prior to the start of each class unless otherwise noted.

www.alsipparks.org · 708-389-1003



EASTER EGG HUNT

SATURDAY, MARCH 24

COMMISSIONERS PARK
12600 S. KEDZIE AVENUE

EGG HUNT BEGINS AT 9:00 AM SHARP!
FREE TO ALSIP RESIDENTS

FOR ADDITIONAL INFORMATION CONTACT OUR MAIN OFFICE AT 708-389-1003 OR VISIT WWW.ALSIPPARKS.ORG



Easter Breakfast WITH THE BUNNY

SATURDAY, MARCH 24

9:30-11:00 AM | APOLLO RECREATION CENTER

BUFFET STYLE BREAKFAST

EASTER ACTIVITIES

CRAFTS & GAMES

PICTURE WITH A SPECIAL GUEST

**2 &
UNDER
FREE**

REGISTRATION FEE: RS\$9 / NRS\$13

FOR ADDITIONAL INFORMATION CALL 708-389-1003 OR VISIT WWW.ALSIPPARKS.ORG

The registration deadline is one week prior to the start of each class unless otherwise noted.

www.alsipparks.org · 708-389-1003



Community Kite Fly

FREE
EVENT

Saturday, May 5, 2018

10:00 AM - 12:00 PM

**COMMISSIONERS PARK
12600 S. KEDZIE AVENUE**

**FOR ADDITIONAL INFORMATION, CONTACT
OUR MAIN OFFICE AT 708-389-1003
OR VISIT WWW.ALSIPPARKS.ORG**



12601 S. Kedzie Avenue · Alsip, Illinois 60803

708-388-GOLF (4653)

Fountain Hills Golf Club is owned and operated by the Alsip Park District. Our beautiful nine hole facility has been acclaimed as one of the finest facilities in the Chicagoland area. Designed by noted architect Bob Lohmann, Fountain Hills possesses the following outstanding features:

- Nine (9) hole, par 36 layout, covering 66 beautiful wooded acres.
- Bentgrass tees and greens.
- Two (2) practice area with putting green and chipping green.
- Thirty (30) stations lighted driving range with bumpy target greens, synthetic and grass tees.
- Three (3) lakes and numerous sand traps.
- Full service clubhouse.
- Four (4) tee yardages: Junior-2,025; Green/Red-2,667; White-3,061; Blue-3,233.

2018 Spring Hours of Operation

Wednesday, March 1 thru Monday April 30, 2018

Clubhouse	7:00 am-7:00 pm
Driving Range	7:00 am-DUSK
Restaurant	8:00 am-9:00 pm
Lounge	9:00 am-10:00 pm

2018 Summer Hours of Operation

Monday May 1 thru Monday, September 3, 2018

Clubhouse	6:00 am-10:00 pm
Driving Range	6:00 am-10:00 pm
Restaurant	7:00 am-9:00 pm
Lounge	7:00 am-10:00 pm

Rain Check Policy

Rain checks will be issued due to inclement weather at the pro rated rate. The rate will be based off of the holes a golfer has paid for but has not been able to play.

Private Golf Lesson/Clinics

For further information regarding our private lessons or group clinics, please visit our website at www.alsipparks.org and click on the Fountain Hills Golf Club tab or contact the Fountain Hills Golf Club at (708) 388-4653.

Dress Code

All persons using the Fountain Hills facilities are required to wear proper dress attire at all times. **NOT PERMITTED:** "tank tops, spaghetti strap shirts, sleeveless shirts (men or boys) and cut-off shorts". No metal spikes allowed on the course or in the clubhouse. Soft spikes only please!

The registration deadline is one week prior to the start of each class unless otherwise noted.

2018 Spring Rates

(Effective Saturday, April 1 thru Monday, April 30, 2018) Reservations can be made up to 6 days in advance.

Weekday Weekend/Holiday

(Includes Monday-Friday)

Regular (after 7:30 am)	R\$12/NR\$15	R\$14/NR\$17
Senior	R\$9/NR\$12	R\$11/NR\$14
Mid-Day (after 12:00 pm)	R\$9/NR\$12	R\$11/NR\$14
Senior	R\$7/NR\$10	R\$9/NR\$12
Replay	R\$7/NR\$7	R\$9/NR\$9
Junior	R\$7/NR\$7	R\$9/NR\$9
Twilight (after 4:00 pm)	R\$7/NR\$7	R\$9/NR\$9

2018 Summer Rates

(Effective Monday, May 1 thru Monday, September 3, 2018) Reservations can be made up to 6 days in advance.

Weekday Weekend/Holiday

(Includes Monday-Friday)

Regular (after 7:30 am)	R\$14/NR\$17	R\$16/NR\$19
Senior	R\$11/NR\$14	R\$13/NR\$16
Mid-Day (after 12:00 pm)	R\$11/NR\$14	R\$13/NR\$16
Senior	R\$9/NR\$12	R\$11/NR\$14
Replay	R\$9/NR\$9	R\$11/NR\$11
Junior	R\$9/NR\$9	R\$11/NR\$11
Twilight (after 4:00 pm)	R\$9/NR\$9	R\$11/NR\$11

Rental Golf Carts & Push Carts

Nine Hole (per person)	\$9
Single Rider	\$12
Replay (per person)	\$6
Push Carts	\$3

Range Balls

Warm-Up (20 balls)	\$3.00
Small (35 balls)	\$5.00
Medium (65 balls)	\$8.00
Large (100 balls)	\$10.50

Special Fees

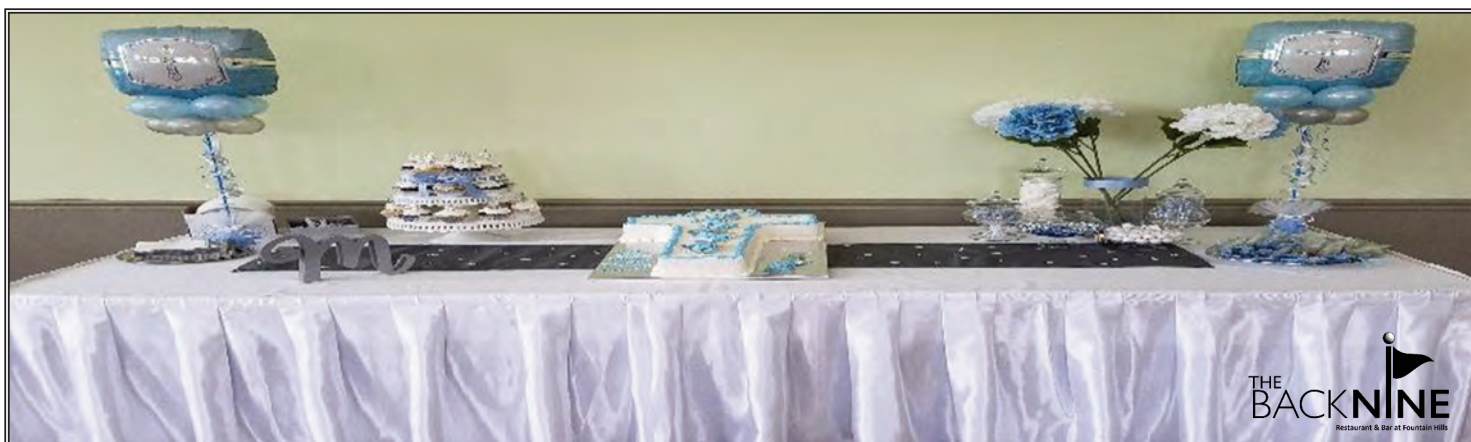
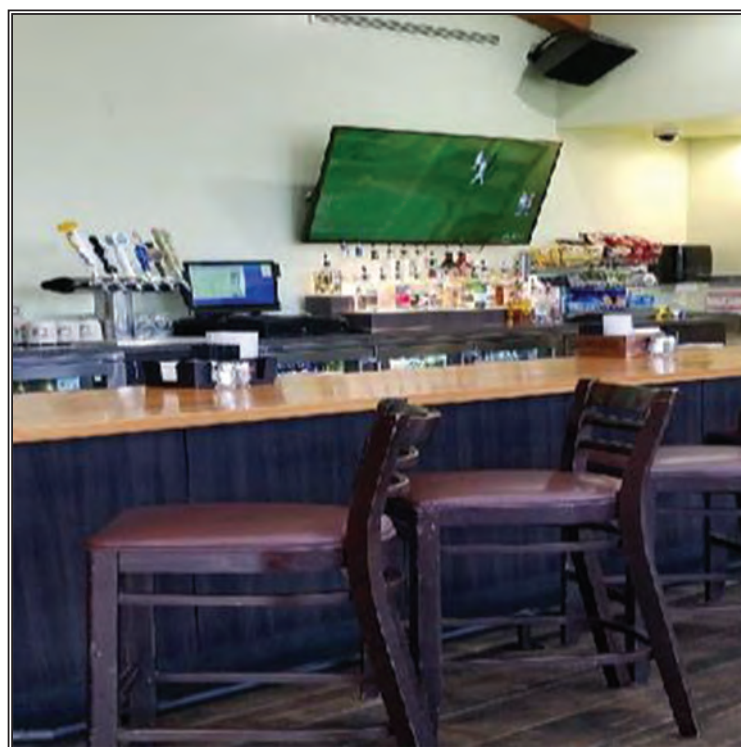
Monday Golf Specials (9 holes with cart) ..	\$15.00
(April - October-excluding holidays or with any other offers or discounts)	
Early Bird Special.....Walking \$8	Riding \$13
(Before 7:30 am-Monday-Friday, excluding holidays-April - October)	

2018 Golf Leagues

Outside Groups (weekdays)	\$13.00
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The **THE BACKNINE** is a full service restaurant and bar at the Fountain Hills Golf Club. This area has recently been renovated and is open daily. Check our website for specials and hours. This facility also boasts a beautiful banquet room for private events.





Check out our schedule of events. Register early to reserve your spot. Also, don't forget to checkout our website and Facebook page for specials or banquet room information at the BACKNINE at Fountain Hills.



Schedule of Events

DIY Project

Wednesday, March 14
6:00-9:00 pm
Call Club For More Information

Easter Buffet

Sunday, April 1
2 Seatings
9:00 am & 11:30 am

Live Entertainment

Friday, April 13
6:30-9:30 pm
FREE

DIY Project

Wednesday, May 9
6:00-9:00 pm
Call Club For More Information

Live Entertainment

Friday, May 11
6:30-9:30 pm
FREE

Mother's Day Buffet

Sunday, May 13
2 Seatings
10:30 am & 1:00 pm

Pampered Chef

Thursday, May 17
6:00-9:00 pm
\$ 15.00 per/person

Concert On The Green

Friday, June 8
6:30-9:30 pm
FREE

For additional information,
contact the
Fountain Hills Golf Club
at (708)388-4653 or
visit our website at
www.alsipparks.org



SPRAYFARI AQUATIC PARK
Stay Cool... at the Pool!
396-1133

Aquatic Park Features

- Heated Z-Shaped Pool
- 6-25 Meter Lanes
- 40' x 40' Diving Well
- 1 Meter Diving Well
- Deck Slide
- Drop Slide
- 40' x 40' Shallow Area
- 32' x 32' Wading Pool with Raindrop Fountain
- Concession Area
- 7000 Square feet of Water Surface
- Suntan Hill
- Picnic Area
- Shaded Gazebos
- Playground

Aquatic Park Membership Privileges

- First choice of dates for **Pool Rentals**
- Morning Adult Swim
- First choice of dates for **Birthday Parties**
- **Discounted** swim lessons
- Alsip Park District "Fun Fest"-Saturday, June 16
- American Red Cross Swim Lessons-begin Saturday, June 2.

So much to do, so little time

"Sprayfari Aquatic Park

2018 Swim Season-Hours of Operation

Saturday, May 26 through Monday, September 3

Opening Day: Saturday May 26

Sunday, May 27, & Monday May 28

Open Swim: 12 noon-8:00 pm

Pool Hours

May 26, 27 and 28

Saturday, Sunday & Monday12:00-8:00 pm

May 29-June 1

Monday-Friday4:00-7:00 pm

June 2 & June 3

Open Swim (Saturday & Sunday)12:00-8:00 pm

June 4-August 12

Morning Adult Swim (Monday-Friday)7:30-9:00 am

Member Residents Only11:00 am-12:00 pm

Open Swim12:00-5:00 pm

Open Swim6:00-8:00 pm

Open Swim (Saturday-Sunday)12:00-8:00 pm

Note: The Pool will be open on July 4.12:00-5:00 pm

August 13-August 24 (School Hours)

Open Swim (Monday-Friday)4:00-7:00 pm

Open Swim (Saturday-Sunday)12:00-8:00 pm

August 25 & August 26

Open Swim (Saturday-Sunday)12:00-8:00 pm

August 27-August 31

POOL CLOSED**POOL CLOSED****POOL CLOSED**

September 1, 2 and 3

Open Swim12:00-5:00 pm

Pre and Post Splash Pad Hours

May 12-May 25

Monday-Friday4:00-6:00 pm

Saturday-Sunday12:00-3:00 pm

August 27-August 31

Monday-Friday4:00-6:00 pm

September 4-16

Monday-Friday4:00-6:00 pm

Saturday-Sunday12:00-3:00 pm



The registration deadline is one week prior to the start of each class unless otherwise noted.

During the 2018 Swim season, it will be mandatory for all patrons utilizing the Aquatic Park on a daily fee basis to prove they are an Alsip resident with a Drivers License or a report card with an address on it. All children coming into the pool without a parent will be required to prove residency with a report card with an Alsip address on it. **Any children 11 years of age and younger must be accompanied by a parent or responsible person 16 years of age or older at all times.**

Note: Everyone entering the facility must pay an admission fee, **NO EXCEPTIONS!**

Splash Pad

The Alsip Aquatic Park's Safari theme splash pad opened in July 2014. The splash pad covers 2,145 square feet of wet play area. This area has many different types of water features including dumping coconuts, a barrel and swaying palm trees along with bubbling geysers and 3 character water cannons and much more. In addition, new shade structures have been added through out the facility and additional lounge chairs have also been added. Extended hours will be available during the month of September (weather permitting) for a daily admission fee to the splash pad area. We have also added two new slides on deck, zero depth entry into the existing wading pool and ADA compliant steps to enter the large swimming pool. You can also relax and enjoy some great food in the spacious concession area on our new picnic tables. What a great place to stay cool this summer with the family.



Resident Membership Fees

Residents

	February 1-April 30	May 1-September 3
Family of 4	\$144	\$210
Family of 2-3	\$108	\$160
Additional Children	\$31	\$41
Caretaker	\$46	\$56
Single Youth (ages 2-17)	\$72	\$97
Single Adult (ages 18-54)	\$82	\$103
Senior Citizens (55+)	\$56	\$70

Children under 2 accompanied by adult member Free!

Family memberships include 2 adults and up to 2 children. Family members must be designated at the time of registration. Family memberships can include a Grandparent and/or babysitter as the adult in the family pass package. **Note:** Resident pool passes are currently being sold. You must purchase a pool pass to qualify for the resident member swim lesson fees.

Non-Resident Membership Fees

A limited number of non-resident family and individual passes will be sold on a first-come, first-served basis. Family memberships can include a Grandparent and/or babysitter as the adult in the family pass package. Registration for non-resident pool passes begins Tuesday, May 1 at 9:00 am at the Apollo Recreation Center, 12521 South Kostner, Alsip.

Non-Resident Fees	May 1-May 26	May 29
Family of 4 or less	\$227	\$237
Additional Children	\$41	\$51
Additional Caretaker	\$57	\$67
Single Youth (ages 2-17)	\$107	\$117
Single Adult (ages 18-54)	\$113	\$124
Senior Citizens (55+)	\$82	\$93

Pool Fees

Daily	Resident	NonResident
(Includes Splash Pad)		
Youth/Adult	\$7	\$12
(ages 2-54)		
Senior		
(ages 55+)	\$4	\$8
Evening Swim	\$4	\$6
(6:00-8:00 pm)		
AM Lap Swim	\$3	\$4

Splash Pad Fees

Daily	Resident	NonResident
(When Pool Is Closed)		
May 12-May 25	\$3	\$5
August 27-August 31	\$3	\$5
September 4-September 16	\$3	\$5
(Individual/Adult 2+)		

The registration deadline is one week prior to the start of each class unless otherwise noted.



Pool Rentals

Pool rentals are available from 8:15-10:15 pm and Saturday's 10:00 am -12:00 pm on a first-come, first-served basis, with pool members receiving priority on date choice. To hold your reservation, payment must be made **IN FULL** at the time of the reservation, and a \$100 refundable cash deposit must be left with your registration form. This will ensure that there is no damage to the property and that there are fewer than 100 people entering the pool. If you wish to bring more than 100 people, there will be a charge of \$50 per 100 extra participants. If your party goes over the 100 person mark, \$50 will automatically be added to your credit card. Anyone entering the Aquatic Park facility will be counted as 1 participant, swimmer or non-swimmer.

Registration will only be taken at the Apollo Recreation Center during regular office hours. Rentals are available Monday-Sunday evenings from June 4-August 12. **No week days after these posted dates only Friday's and Saturday's and NO Sundays are available after these dates.** **ALL** night rental participants must arrive between 8:00-8:15 pm to get instructions and rules and **ALL** morning rentals must arrive between 9:45-10:00 am to get instructions and rules. Member registration for pool rentals will be accepted beginning Saturday, March 31. Non-member registration will be accepted beginning Tuesday, May 1. No DJ's or Live Bands allowed at the pool rentals.

Activity: 317801

Fee: \$250 Member
\$285 Resident Non-member
\$320 Non-resident Non-member

Additional Fee: \$30.00 Wading Pool
\$30.00 Drop Slide

Session	Time
A	10:00 am-12:00 pm (Saturday's ONLY)
B	8:15-10:15 pm

Special Season Membership Fees will also be available for the following communities: Chapel Hills (Alsip), Garden Homes, Merrionette Park, Midlothian, Oak Forest and Worth. **Note:** These fees are only available May 1-May 31. For additional information regarding these rates, please contact our main office at (708) 389-1003

General Membership Information

1. All season pass registrations will take place at Apollo Recreation Center during regular office hours. Proof of residency will be required! Adults 18 years of age and older will need a minimum of 2 pieces of identification (1 must be a picture I.D. with an Alsip address and the other must be a current utility bill). This includes people renewing membership as well.
2. All season pass members must have a photo I.D. card made at the Apollo Recreation Center.
3. Bring your 2017 pool pass or activity card when registering.
4. Family memberships are based on 4 people. Family memberships can include a Grandparent and babysitter as the adult in the family pass package.
5. A family membership will be sold to two adults and any children living in the same household under the age of 22 that are full-time students. Only immediate family members are allowed to be included in the family membership. The student will be required to show a current school I.D.
6. Any adult 18 or older who is not a student living in the household with mother and /or father will need to purchase their own pool membership.
7. It is **MANDATORY** for all children that are not potty-trained to wear Little Swimmers and Rubber Pants. You may purchase these items at the front desk of the pool. If your child is found without these on in the pool, you will be asked either to purchase one from the front desk or to leave the Aquatic Park.
8. ***Any children 11 years of age and younger must be accompanied by a parent or responsible person 16 years of age or older at all times.***
NO EXCEPTIONS!
9. Everyone entering the facility must pay an admission fee, **NO EXCEPTIONS!**



The registration deadline is one week prior to the start of each class unless otherwise noted.



Birthday Parties

The Alsip Park district invites you to celebrate your birthday with us. Fill out a Birthday Party Request Form at Apollo Recreation center when you register and we will be happy to try to accommodate your party. Please make reservations early. Birthday party reservations will be accepted on Saturday, March 1, for members and Monday April 30th , for non-members. Your party will include 1 hour of exclusive water and playtime for the birthday party guest only, after that hour the pool opens to public and that's when we will serve the birthday party children their lunch and sno-cones. You have a choose of the hotdog or pizza package, which includes either a hot dog, chips and a fountain drink or a pie slice of pizza and a fountain drink and a sno-cone per child. You're more than welcome to bring your own birthday cake or cupcakes and additional food or snacks for your birthday party guest. Every child attending the party is allowed one adult chaperones to stay during party time.

Activity: 317802
 Day/Time: Friday 5:00-8:00 pm
 (Starting June 8)
 Sunday 11:00 am-2:00 pm
 Minimum Fee: R\$210/NR\$255 for 15 children
 \$10 each additional child (Max: 25)
 Additional Fee: R\$20/NR\$30 Wading Pool
 R\$20/NR\$30 Drop Slide

Conduct Policy

Behavior: Participants are expected to exhibit appropriate behavior at all times. The following guidelines have been developed to help make Alsip Park District programs safe and enjoyable for all participants. The Park District reserves the right to develop additional rules for particular programs and athletic leagues as deemed necessary by staff and the Park Board of Commissioners.

Participants shall:

- Show respect to all participants and staff.
- Refrain from using foul language.
- Refrain from causing bodily harm to other participants and staff.
- Refrain from damaging equipment, supplies and facilities.

Discipline: The Alsip Park District reserves the right to dismiss a participant for infraction of the code of conduct. Each situation will be evaluated on its own merit.



Note: You must purchase your pool pass to qualify for the resident member swim lesson fee Please remember that people learn at their own pace. Mastering swimming skills takes time, practice, and patience. It is not unusual for students to repeat a level several times in order to master the skills required for a completion certification and advancement to the next level.

The registration deadline is one week prior to the start of each class unless otherwise noted.

Preschool Aquatics

The primary objective of Preschool Aquatics is to promote the developmentally appropriate learning of fundamental water safety and aquatic skills by young children 4 to 5 years of age. All preschool swim lessons are 2 weeks (8 classes) long and are taught according to American Red Cross guidelines. In the event that a class does not fill, participants will be accommodated to a level which best fits their needs. Participants in the swim lessons may be moved to a higher or lower class level to best fit their needs at an instructor's recommendation.

Note: There will be one water safety class held inside of the Aquatic Park facility, if there is poor weather on the day of your scheduled class. If there is a second day of poor weather on your schedule class day that class will be made up on Friday. **Note:** There will be no classes on Wednesday, July 4

Location:	AQP	
Age:	4-5 years old	
Fee:	\$49 Member/Session	
	\$58 R, Non-Member/session	
	\$68 NR, Non-Member/Session	
Min:	3	
Session	Day	Dates
I	M, TU, W, TH	June 11-June 21
II	M, TU, TH, TH	June 25-July 6
III	M, TU, W, TH	July 9-July 19
IV	M, TU, W, TH	July 23-August 2



(This program will teach the most elementary aquatics skills-entry and exit, submerging, floating and swimming on front and back)

Time	Session I	Session II	Session III	Session IV
10:15-10:45 am	317850-A	317850-B	317850-C	317850-D
5:15-5:45 pm	317850-E	317850-F	317850-G	317850-H

Private Swim Lessons

Private swim lessons allow the participant the opportunity to work with the swim instructor on a one-on-one basis. These lessons are ideal for children, adults, or someone with a fear of the water. All sessions are ½ hour and are taught according to American Red Cross guidelines and allow participants to move at their own pace. You have 24 hours to cancel or you will be charged for your lesson. **Note:** If swim lessons are not completed by Saturday, August 12, 2018, your remaining swim lessons will be forfeited. No refunds.

Activity:	317813			
Location:	AQP			
Age:	3 years and up			
Time:	Instructor will contact you to set up your session times during the following time slots.			
	Lessons cannot be conducted during regular pool hours.			
	Monday-Friday	8:00am-10:30 am or 5:15-5:45 pm		
	Saturday	8:30-10:00 am		
	Sunday	8:30-11:00 am		

Fee:	3 sessions	5 sessions	7 sessions	10 sessions
	\$34 Member	\$57 Member	\$72 Member	\$93 Member
	\$39 R, Non-Member	\$62 R, Non-Member	\$77 NR, Non-Member	\$98 R, Non-Member
	\$49 NR, Non-Member	\$72 NR, Non-Member	\$87 NR, Non-Member	\$108 NR, Non-Member

Youth Swim Lessons

All group swim lessons are 2 weeks (8 classes) long and are taught according to American Red Cross guidelines. In the event that a class does not fill, participants will be accommodated to a level which best fits their needs. Participants in the Swim Lessons may be moved to a higher or lower class level to best fit their needs at an instructor's recommendation. Note: There will be one water safety class held inside of the Aquatic park facility, if there is poor weather on the day of your scheduled class. If there is a second day of poor weather on your scheduled class day, that class will be made-up on Friday. **Note:** There will be no classes on Wednesday, July 4.

Location: AQP
Age: 6 years and up
Fee: \$49 Member/Session
\$58 R, Non-Member/Session
\$68 NR, Non-Member/Session

Min: 3

Session	Day	Dates
I	M, TU, W, TH	June 11-June 21
II	M, TU, W, TH	June 25-July 5
III	M, TU, W, TH	July 9-July 19
IV	M, TU, W, TH	July 23-August 2



Level 1-Introduction to Water Skills

(This program offers basic personal water safety information and skills to help participants feel comfortable in the water and to enjoy the water safely)

Time	Session I	Session II	Session III	Session IV
10:15-10:45 am	317825-A	317825-B	317825-C	317825-D

Level 2-Fundamental Aquatic Skills

(This program will expand on the fundamental aquatic locomotion and safety skills. Participants will learn to float without support)

Time	Session I	Session II	Session III	Session IV
10:15-10:45 am	317826-A	317826-B	317826-C	317826-D

Level 3-Stroke Development

(This program will teach participants breaststroke, front crawl, elementary backstroke, and rotary breathing)

Time	Session I	Session II	Session III	Session IV
10:15-10:45 am	317827-A	317827-B	317827-C	317827-D

Level 4-Stroke Improvement

(This program is develop participants' confidence in the strokes learned thus far and to increase their endurance and introduction of butterfly)

Time	Session I	Session II	Session III	Session IV
10:15-10:45 am	317828-A	317828-B	317828-C	317828-D

Level 5-Stroke Refinement

(This program will continue with refinement of strokes previously learned, plus introduce flip turns.)

Time	Session I	Session II	Session III	Session IV
10:15-10:45 am	317829-A	317829-B	317829-C	317829-D

The registration deadline is one week prior to the start of each class unless otherwise noted.

Parent & Tot Swim Lessons

Parents introduce your child to the water and help him/her develop a positive relationship at an early age. With the aid of games and toys, your infant/tot will develop a comfort level in and around the water as well as a readiness for learning to swim. Skills introduced include blowing bubbles, kicking, and jumping in. The adult does not need to know how to swim. **Note:** There will be one water safety class held inside of the Aquatic park facility, if there is poor weather on the day of your scheduled class. If there is a second day of poor weather on your scheduled class day, that class will be made-up on Friday. **Note:** There will be no classes on Wednesday, July 4.

Location: AQP
 Age: 9 months-3 years with parent
 Fee: \$49 Member couple/Session
 \$58 R, Non-Member couple/Session
 \$68 NR, Non-Member couple/Session

Min/Max: 8/10

Session	Day	Dates
I	M, TU, W, TH	June 11-June 21
II	M, TU, W, TH	June 25-July 6
III	M, TU, W, TH	July 9-July 19
IV	M, TU, W, TH	July 23-August 2

Time	Session I	Session II	Session III	Session IV
10:15-10:45 am	317810-A	317810-B	317810-C	317810-D



Saturday Morning Parent & Tot Swim Lessons

Parents introduce your child to the water and help him/her develop a positive relationship at an early age. With the aid of games and toys, your infant/tot will develop a positive comfort level in and around water as well as a readiness for learning to swim. Skills introduced include blowing bubbles, kicking and jumping in. The adult does not need to know how to swim. **Note:** Make-ups will be held on Saturdays at the end of the session.

Activity: 317811-A
 Location: AQP
 Day: Saturday, June 2-July 15
 Time: 9:15-9:45 am
 Age: 9 months-3 years with parent
 Fee: \$45 Member Couple
 \$52 R, Non-Member Couple
 \$62 NR, Non-Member Couple
 Min/Max: 8/26

Saturday Morning Swim Lessons

Saturday morning swim lessons follow the American Red Cross guidelines and are 30 minutes. These lessons are ideal for those individuals with a busy weekly schedule, as well as children, adults and someone with a fear of water. **Note:** There will be one water safety class held inside of the Aquatic park facility, if there is poor weather on the day of your scheduled class. If there is a second day of poor weather on your scheduled class day, that class will be made-up on by adding on an additional Saturday. **Note:** Levels may be combined due to minimum not being met and instructors may vary week to week.

Activity: 317847
 Location: AQP
 Day/Date: Saturday, June 3-July 8
 Time: 10:15-10:45 am
 Age: 4-5 Preschool Aquatics
 6 years and up Levels 1-4
 Fee: \$45 Member/Session
 \$52 R, Non-Member/Session
 \$62 NR, Non-Member/Session

Min:	6
Session I	Level
317847-A	1-Introduction to Water Skills
317847-B	2-Fundamental Aquatic Skills
317847-C	Preschool Aquatics
317847-D	Preschool Aquatics
317847-E	3-Stroke Development
317847-F	4-Stroke Improvement

The registration deadline is one week prior to the start of each class unless otherwise noted.

Evening Swim Lessons

All group swim lessons are taught according to American Red Cross Guidelines. In the event that a class does not fill, participants will be accommodated to a level which best fits their needs. Participants in the Swim Lessons may be moved to a higher or lower class level to best fit their needs at an instructor's recommendation. **Note:** There will be one water safety class held inside of the Aquatic park facility, if there is poor weather on the day of your scheduled class. If there is a second day of poor weather on your scheduled class day, that class will be made-up on Fridays.

Note: There will be no classes on Wednesday, July 4.

Location:	AQP	
Age:	6 years and up Level 1-4	
Fee:	\$49 Member/Session	
	\$58 R, Non-Member/Session	
Min/Max:	6/8	
	\$68 NR, Non-Member/Session	
Session	Day	Dates
I	M, TU, W, TH	June 11-June 21
II	M, TU, W, TH	June 25-July 6
III	M, TU, W, TH	July 9-July 19
IV	M, TU, W, TH	July 23-August 2

Level 1-Introduction to Water Skills

(This program offers basic personal water safety information and skills to help participants feel comfortable in the water and to enjoy the water safely)

Time	Session I	Session II	Session III	Session IV
5:15-5:45 pm	317832-A	317832-B	317832-C	317832-D

Level 2-Fundamental Aquatic Skills

(This program will expand on the fundamental aquatic locomotion and safety skills. Participants will learn to float without support)

Time	Session I	Session II	Session III	Session IV
5:15-5:45 pm	317832-E	317832-F	317832-G	317832-H

Level 3-Stroke Development

(This program will teach participants survival float, front crawl, elementary backstroke, and dolphin and scissors kick for treading)

Time	Session I	Session II	Session III	Session IV
5:15-5:45 pm	317832-I	317832-J	317832-K	317832-L

Level 4-Stroke Improvement

(This program is develop participants' confidence in the strokes learned thus far and to increase their endurance for greater distances)

Time	Session I	Session II	Session III	Session IV
5:15-5:45 pm	317832-M	317832-N	317832-O	317832-P

Guard Start

If you're between 11 and 14 years old and have always wanted to be a lifeguard, now is the time to take the first step. Get a jump start on securing a future job as a lifeguard by completing the Red Cross Guard Start: Lifeguarding Tomorrow programs! Learn what it takes to be a great lifeguard. The experience you gain through Guard start will help you get ready to take Lifeguard Training.

Prerequisites

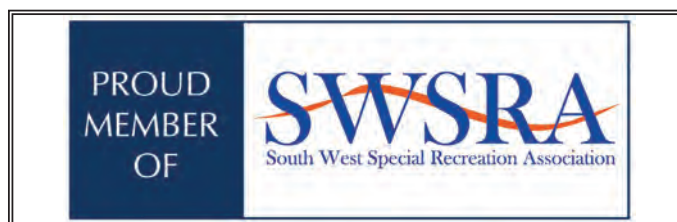
- Swim the front crawl for 25 yards continuously while breathing to the front or side.
- Tread water for 1 minute using arms and legs.
- Submerge and swim a distance of 10 feet underwater.

Location:	AQP	
Age:	11-14	
Time:	10:15-10:45 am	
Fee:	\$50 Member Session	
	\$58 R, Non-Member/Session	
Min/Max:	6/8	
	\$68 NR, Non-Member Session	
Session	Day	Dates
I	M, TU, W, TH	July 9-July 19

Diving Lessons

Have you ever wanted to learn how to dive? Well here is your chance! All diving lessons are taught according to American Red Cross guidelines. You must be able to swim in deep water and swim from the diving board to ladder to enroll in this class. Classes will include an introduction to diving, including techniques, positions, and dives as well as safety portion. **Note:** There will be no classes on Wednesday, July 4. **Note:** There will be a class on Friday, July 6.

Location:	AQP	
Ages:	5 and up	
Time:	10:15-10:45 am	
Fees:	\$50 Member/Session	
	\$58 R, Non-Member/Session	
Min/Max:	6/8	
	\$68 NR, Non-Member/Session	
Session	Day	Dates
A	M, TU, W, TH	June 25-July 6



The registration deadline is one week prior to the start of each class unless otherwise noted.



Sprayfari Week at the Aquatic Park July 16-22

**Every day we will be offering
some type of fun activity or
adventure. Get ready for
some family fun in the sun
and under the stars.**

**For additional information,
contact the Alsip Park
District at (708) 389-1003**



Fitness Center Spring Hours Of Operation

(Effective March 12, 2018)

Day	Hours
Mon-Thur	6:00 am-10:00 pm
Friday	6:00 am-9:00 pm
Saturday	8:00 am-6:00 pm
Sunday	8:00 am-5:00 pm

Co-Ed Circuit Center Spring Hours Of Operation

(included with your membership)

(Effective March 12, 2018)

Day	Hours
Mon-Thur	2:00-10:00 pm
Friday	2:00-9:00 pm
Saturday	12:00-6:00 pm
Sunday	12:00-5:00 pm

Punch Card (Five Time Use)

Not Ready to Commit, purchase a Fitness Circuit center punch card. Each card provides five visits from the date of purchase. Punch card is valid for one year from date of purchase. **Note:** Upon purchase you must schedule an orientation in fitness center

Fee:R\$25/NR\$35

Member Appreciation Days

The Alsip Park District would like to thank all of our Fitness Center & Women's Circuit Center members by having a "Member Appreciation Day" Please mark your calendars for the following dates and come join us for some cool give a-ways. This event will be located by the Fitness Center and the Women's Circuit Center. This is just a little way to say Thank You for keeping us company on the days you visit.

2018 Member Appreciation

Dates:

Spring-Tuesday, April 3
Summer-Monday, July 2
Fall-Friday-October 26
Winter-Wednesday-December 12

During the month of.....

May:

College Student 3 Month Summer Fitness Pass.

Fee:R\$55/NR\$75

The Co-Ed Fitness Center is equipped with Cybex and Bodymaster strength equipment, Apex five station cable crossover strength equipment, free weights, smith machine, X-trainers, treadmills, stair climbers, recumbent and upright bicycles! We know we have the equipment you need for the perfect workout. All fitness members are required to participate in a fitness orientation. Orientations are done on an appointment basis after a facility pass is purchased and proper attire must be worn. You must be 16 years of age to enter the Fitness Center. Thirteen year olds can join the Fitness Center, but they must be supervised by another member 18 years or older. For your convenience, the Fitness Center is staffed during all hours of operation. **Note:** All upgrades from a 3 month membership to a yearly **MUST** be done within two weeks of expiration.



Membership Type	Individual (16 & up)	Additional Family Member	Full-Time Student (18-22) with proof of 12 credit hours	Teens (13-15) with current member 18 years or older with ID	Senior (55 & up)	Senior Add-on (55 & up)	Corporate (Alsip Business Only up to 30 people)
Annual	R\$175 NR\$219	R\$150 NR\$188	R\$150 NR\$188	R\$150 NR\$188	R\$90 NR\$113	R\$90 NR\$113	R\$190 per person
Daily	R\$8 NR\$12	R\$8 NR\$12	R\$8 NR\$12	R\$8 NR\$12	R\$8 NR\$12	R\$8 NR\$12	N/A
Monthly	R\$25 NR\$35	R\$25 NR\$35	R\$25 NR\$35	R\$25 NR\$35	R\$20 NR\$30	R\$20 NR\$30	N/A
3 Month	R\$73 NR\$92	R\$69 NR\$87	R\$69 NR\$87	R\$69 NR\$87	R\$57 NR\$67	R\$57 NR\$67	N/A
Upgrade to an annual with a 3 month purchase	R\$112 NR\$140	R\$93 NR\$117	R\$93 NR\$117	R\$93 NR\$117	R\$46 NR\$58	R\$46 NR\$58	N/A

The registration deadline is one week prior to the start of each class unless otherwise noted.



Our Women's Circuit Center is equipped with women friendly Body Master Strength equipment, Life Fitness Treadmills, Ellipticals, Tetric & Schwinn bicycles, and Stairmasters. There are a total of 18 stations that alternate between strength and cardio. A mandatory orientation is required and must be done by appointment only. You must come dressed in workout attire for your orientation. Don't forget to bring a towel. This is a great way to get in shape or stay in shape. We know you're going to enjoy it.



Ingall's Hospital Free Blood Pressure Screening

Free Blood Pressure Screening will be offered by Ingalls Health Care System on Wednesday's from 8:00-10:00 am. All screening will be held at the Apollo Recreation Center on the following dates:

- March 21
- May 16
- July 18
- September 19
- November 21

For additional information, please contact our Main Office at 708-389-1003

Punch Card (Five Time Use)

Not Ready to Commit, purchase a Fitness Circuit center punch card. Each card provides five visits from the date of purchase. Punch card is valid for one year from date of purchase. **Note:** Upon purchase you must schedule an orientation in fitness center

Fee:R\$25/NR\$35



Circuit Center "Women Only"

Spring Hours of Operation & Fees (Effective March 12, 2018)

Day	Hours
Mon-Fri.	8:00 am-2:00 pm
Saturday	8:00 am-12:00 pm
Sunday	8:00 am-12:00 pm
Fee:	\$10 per month

Member Appreciation Days

The Alsip Park District would like to thank all of our Fitness Center & Women's Circuit Center members by having a "Member Appreciation Day" Please mark your calendars for the following dates and come join us for some cool give a-ways. This event will be located by the Fitness Center and the Women's Circuit Center. This is just a little way to say Thank-You for keeping us company on the days you visit.

2018 Member Appreciation

Dates:

Spring-Tuesday, April 3
 Summer-Monday, July 2
 Fall-Friday-October 26
 Winter-Wednesday-December 12





Free Walking Club

Spring has sprung and so should you. Why don't you try something new and join us for a prize winning walking club. When you join the walking club you will get a punch card that we will keep on file for you for the spring session. Every time you walk with our club members, you will receive a punch on your card. The more days you walk the walk with our club the more your chance of winning a free month membership in our co-ed fitness center or the women's circuit center. This great prize will be presented at the end of the spring session to the walker with the most punches on their card. This walking club is a great way to socialize and exercise all at one time. Children are welcome but please bring a stroller or wagon for them. We will meet every Tuesday and Thursday in the front atrium of Apollo Recreation Center; weather permitting.

Activity: 366406
Instructor: Staff
Location: ARC-Lobby
Age: Any

Session	Day	Date	Time
A	TU	April 3-June 5	9:00-10:00 am
B	TH	April 5-June 7	9:00-10:00 am



Aerobic Multi-Class Discount

Participants who register for two or more aerobic classes will receive a \$2 per fitness class discount. To be eligible for this discount, you must register for multiple classes at the same time. Please be sure to subtract \$2 discount from each of the classes you register for. If you have any questions regarding this discount, please feel free to contact us at the main office (708) 389-1003.



Fitness Crazy Card

Not sure what class best suits you? Try five of our fitness classes to see which one is right for you. A cardholder may attend any of our aerobic classes while discovering how enjoyable getting fit really is! The instructor will validate your card. This is great if you have a changing schedule. This card is not valid for Yoga classes.

Note: This card is not transferable.

Activity: 366504-A
Location: Aerobic & Dance Rooms
Days/Dates: Monday-Saturday
Card expires: 06/9/18
Time: Varies
Age: 14-Adult
Fee: R\$20/NR\$25

Personal Training

The trainer will contact you to set up a meeting and program to fit your needs. You may choose one session or up to any number of sessions with trainers. Please choose the trainer and program that best suits your needs. Training will take place at the Apollo Recreation Center (ARC) Fitness Center, once you have signed up as a member of the Fitness Center or Women's Circuit Center. Please bring your receipt to your first training session. Training sessions are non-transferable. **All training sessions must be used within one year of purchase date or you will be charged for remaining sessions.** **Note:** Your money will not be refunded if you cancel with less than 24 hours notice of your appointment. A message may be left after hours by calling 389-1003 ext. 318 or ext. 315.

Trainer: Christine Kerr, A.C.E Certified
Location: ARC/Fitness Center
Day/Dates: Schedule by appointment
Age: 16-Adult

Sessions	Fee
1	\$30
2	\$55
5	\$130

The registration deadline is one week prior to the start of each class unless otherwise noted.



Deep Water Aqua Aerobics

In this non-impact deep water class you will spend 45 minutes improving muscular endurance and strength; along with cardiovascular fitness. It's a water based workout sure to increase your calorie expenditure, burning up to 480 calories. This class is offered in the deep end of the pool, so you are required to bring your own aqua jogger floatation belt. **Note:** There will be no class on Monday, May 28.

Activity: 366525-A
Instructor: Chris Kerr
Location: Doubletree/Hilton Hotel Pool
5000 W. 127th St.

Day: Monday
Dates: March 12-June 4
Time: 6:00-6:45 pm
Age: Adult
Fee: R\$48/NR\$58

Min/Max: 11/15
Registration Deadline: March 9



Aqua Aerobics

Water Aerobics is a total body workout that helps to increase your range of motion and muscle tone without causing any stress to your body. Limited changing facilities are available, so please come ready to go. Bring a towel and we also recommend aqua shoes for the class. Please enter through door "4", which is on northeast side of the parking lot. **Note:** There will be no class on Monday, May 28.

Activity: 366524
Instructor: Chris Kerr
Location: Doubletree/Hilton Hotel Pool
5000 W. 127th St. Alsip

Age: Adult-Senior
Fee: R\$48/NR\$58

Min/Max: 11/15

Session	Day	Dates	Time
A	MO	March 12-June 4	11:30 am-12:15 pm
B	WE	March 14-May 30	11:30 am-12:15 pm
C	WE	March 14-May 30	6:00-6:45 pm

Rhythm Pilates

A method of body conditioning exercises incorporating Pilate rings that will increase you're stretching and strengthening. The postures improve flexibility and coordination while the controlled breathing unifies the mind, body and spirit. In addition Pilates flattens abdominals, tightens buttocks and arms and thins the thighs. This is the secret of the "Sleek Hollywood Stars." **Note:** There will be no class on Saturday, March 31 or Monday, May 28.

Activity: 366784
Instructor: Carol Kaye
Location: Aerobic Room
Age: Teen-Adult
Fee: R\$48/NR\$58
Min/Max: 9/15

Session	Day	Dates	Time
A	MO	March 12-June 4	6:00-7:00 pm
B	WE	March 14-May 30	6:00-7:00 pm
C	SA	March 17-June 9	8:45-9:45 am

Zumba

Try this HOT Latin dance class that's taking the world by storm. You'll enjoy Latin rhythms with easy to follow moves to create a new way to make fitness an absolute blast! This class will feature interval training sessions where fast and slow rhythm's are combined to tone and sculpt your body while burning fat. Come and join the party!

Activity: 366427-A
Instructor: Rhonda Allan
Location: ARC/Dance Room
Day/Dates: Tuesday, March 13-May 29
Time: 6:40-7:30 pm
Age: Teen-Adult
Fee: R\$50/NR\$60
Min/Max: 7/20
Registration Deadline: March 9



Line Dancing

Come and join in for some fun, good music, exercise and a good time. No previous lessons are required Steve is an experienced line dance instructor and will help you learn all the necessary steps to each dance that he teaches. Some dances will be easy and others challenging. There will be a wide array of music to dance to. No special attire or a partner is necessary to be part of this class.

Activity: 366404-A
Instructor: Steve Steib
Location: Dance Room
Age: Adult
Fee: \$50.00
Min/Max: 9/20



Session	Day	Dates	Time
A	MO	March 12-June 4	6:30-7:30 pm
B	TH	March 15-May 31	10:30-11:30 am

Conduct Policy

Behavior: Participants are expected to exhibit appropriate behavior at all times. The following guidelines have been developed to help make Alsip Park District programs safe and enjoyable for all participants. The Park District reserves the right to develop additional rules for particular programs and athletic leagues as deemed necessary by staff and the Park Board of Commissioners.

Participants shall:

- Show respect to all participants and staff.
- Refrain from using foul language.
- Refrain from causing bodily harm to other participants and staff.
- Refrain from damaging equipment, supplies and facilities.

Discipline: The Alsip Park District reserves the right to dismiss a participant for infraction of the code of conduct. Each situation will be evaluated on its own merit.



Strength & Stretch with Chris

This class will focus on strengthening and stretching the muscles of the body to compliment the activities of daily living. Some of the specific benefits will be core and joint muscle strength and improved posture, balance, range of motion and decrease in back pain.

Activity: 366512
Instructor: Chris Kerr
Location: Dance Room
Day: Tuesday
Time: 10:15-11:00 am
Age: Teen-Adult
Fee: R\$30/NR\$40
Min/Max: 6/10
Session Dates
A March 13-April 17
B April 24-May 29



Cardio Kickboxing

This high energy cardiovascular class utilizes varying intensity to accommodate all fitness levels. You'll begin with a warm-up that includes instruction on proper form (punches, strikes and kicks) that will be used in the class. The work phase of class increases in movement and intensity while maintaining good form and core strength. The class ends with a cool down and stretching. Expect a physical workout. This program is not recommended for individuals with lower back or knee injuries.

Activity: 366523-A
Instructor: Rhonda Allen
Location: Aerobic Room
Day: Tuesday
Dates: March 13-May 29
Time: 7:35-8:35 pm
Age: Teen-Adult
Fee: R\$43/NR\$53
Min/Max: 7/15
Registration Deadline: March 12

The registration deadline is one week prior to the start of each class unless otherwise noted.



Fitness Boot Camp

Are you bored in the gym and looking for a new way to develop a habit of exercise? This could finally be the class to get you headed in the right direction for a **NEW YOU!** Boot Camp training combines interval training and many other exercises using weights and/or body weight to lose body fat, increase cardiovascular efficiency, increase strength, and help you get in a routine of regular exercise. This class is designed to push people a little bit further than they normally push themselves in the gym alone. If your up to a challenge; come and give it your all, were ready are you? **Note:** There will be no class on Saturday, March 31.

Activity: 366499
Instructor: Rhonda Allan
Location: Aerobic Room
Age: Teen-Adult
Fee: R\$43/NR\$53
Min/Max: 7/15

Session	Day	Dates	Time
A	TH	March 15-May 31	5:30-6:30 pm
B	SA	March 17-June 9	10:00-11:00 am



Strong and Fit

In this class while sitting or standing with the assistance of a chair, our instructor will lead you through strength and flexibility exercises. These movements can decrease joint pain and improve overall health and well-being. After your done exercising there will be a group discussion on a variety of subjects that will be very beneficial to you. Studies show it's never too late to start reaping the benefits of an exercise program. You do not have to be a Heritage resident to participate in this class.

Activity: 366505-A
Instructor: Chris Kerr
Location: Heritage II Clubhouse,
3715 W. 123rd Place
Day/Dates: Thursday, March 15-May 31
Time: 10:30-11:30 am
Age: 55+
Fee: R\$50/NR\$60
Min/Max: 8/20
Registration Deadline: March 9



Piyo-Fusion

This class is a combination of Pilates and Yoga. In this class you will sculpt your abdominal muscles while strengthening your back muscles with Pilate moves that also tone legs and glutes. We will also incorporate Yoga poses that will increase flexibility, improve posture and tone your upper body by using your own body weight. This class unites body and mind and creates a more streamlined shape.

Activity: 366547-A
Instructor: Rhonda Allan
Fee: R\$48/NR\$58
Location: Aerobic Room
Day/Dates: Thursday, March 15-May 31
Time: 6:30-7:15 pm
Age: Teen-Adult
Min/Max: 7/15
Registration: March 14

The registration deadline is one week prior to the start of each class unless otherwise noted.

Beginner Rope Wall Yoga

Try this Iyengar class that focuses on correct alignment through **ROPES!** Practicing yoga on a rope wall can guide you to length, strength, ease. Softness and steadiness like nothing else. You will be able to activate muscle groups in a new way, appreciating the subtle nuances that you may not have noticed in the past. Students who use the rope wall frequently report decreased tension in their spines. Come ready to sweat and prepared to leave empowered and feeling strong.

Activity: 336536
 Instructor: Denise Cholewa
 Location: Aerobic Room
 Day: Monday
 Time: 11:15 am-12:00 pm
 Age: 18-Adult
 Fee: R\$50/NR\$60
 Min/Max: 8/10
Session Dates
 A March 12-April 16
 B April 23-June 4



Tabata/Bodyshred

This class will vary from week to week between Tabata and Bodyshred. Tabata is a high-intensity workout protocol that has fitness and weight-loss benefits. It is also a very short workout. Is it like Cross-fit? Is it like circuit training? It is a bit of both. Tabata training is attractive because it saves a lot of time for people. It offers the maximum benefit with the least amount of time used to get those results. BodyShred is high-intensity endurance-based 30 minute workout. You will be doing 3 minutes of strength, 2 minutes of cardio and 1 minute of abs. You will increase your strength, endurance, flexibility and cardiovascular fitness. So come join us for workouts that are never boring, take half the time and change your body for lasting results.

Activity: 366511-A
 Instructor: Mary Casey
 Location: Aerobic Room
 Day: Tuesday
 Dates: March 13-May 29
 Time: 6:30-7:30 pm
 Age: 16-Adult
 Fee: R\$48/NR\$58
 Min/Max: 7/20
 Registration: March 12

20/20/20

Come spend an hour at the park and get all your fitness goals wrapped up in one class. You will do 20 minutes of cardio to burn fat, 20 minutes of weight training to tone and firm those muscles, followed by the final 20 minutes of Yoga/Pilates to increase your flexibility and core strength. What more could you accomplish in one hour of your day?

Activity: 366508-A
 Instructor: Anne Kalch
 Location: Aerobic Room
 Day/Dates: Tuesday, March 13-May 29
 Time: 9:50-10:45am
 Age: Teen-Adult
 Fee: R\$48/NR\$58
 Min/Max: 7/20
 Registration: March 12



The registration deadline is one week prior to the start of each class unless otherwise noted.

Age Limits and Why

In order to provide your child with the best possible recreational experience, all of our programs are designed according to specific age groups. Our instructors are sensitive to the needs of the individual age levels.

Children must be the age listed in the brochure for each program by March 1.

Birth certificates may be requested to verify age.

We Love Parents But...

Please do not remain in the classroom after you have dropped your child off. This is in the best interest of your child, interruptions tend to affect participant's attention span and inhibit the establishment of peer relationships. Instructors are available before and after class if you wish to speak with them. Thank You for your cooperation.

Special Accommodations

Please let the instructor know if your child has any allergies or medical needs in the beginning of class. As we often include different working materials and snacks in our classes. Thank you!



LET'S CELEBRATE ST. PATRICK'S DAY

Wear your green and come have some fun! Our first project will be disguising as leprechauns. Why? to search for the "Pot Gold!" We will even make "Shamrock Shakes" before we are through. **Note:** If your child is not potty-trained, you will need to provide a contact person that can come within 15 minutes as staff cannot change diapers or clothes.

Activity: 338394-A
Location: Preschool Room II
Instructor: Laura Braden
Day: Thursday
Date: March 15
Time: 10:30-11:30 pm
Age: 2 ½-4
Fee: R\$12/NR\$25
Min/Max: 6/15

"Here Comes Peter Cotton Tail"

It is time to get ready for Easter. That means some arts and craft projects to decorate, cards to give a special someone, an Easter Bonnet for our Easter Parade, and some cookies and juice to end the day. **Note:** If your child is not potty-trained, you will need to provide a contact person that can come within 15 minutes as staff cannot change diapers or clothes.

Activity: 338395-A
Location: Multipurpose Room II
Instructor: Laura Braden
Day/Date: Thursday, March 29
Time: 10:30-11:30 pm
Age: 2 ½-4
Fee: R\$12/NR\$25
Min/Max: 6/15

WELCOME SPRING

Come join us to say "Goodbye" to Winter and "Hello" Spring. The children will hear a story, make a "Welcome Spring" Card and talk about gardens and weather changes. Please **Note:** If your child is not potty-trained, you will need to provide a contact person that can come within 15 minutes as staff cannot change diapers or clothes.

Activity: 338392-A
Location: Multipurpose Room II
Instructor: Laura Braden
Day: Thursday
Date: March 22
Time: 10:30-11:30 pm
Age: 2 ½-4
Fee: R\$12/NR\$25
Min/Max: 6/15



Happy "Arbor Day"

It's never too early to learn about our planet. Children will discover why trees are important, learn a song to sing to you, and create a special "Arbor Day" keepsake. If your child is not potty-trained, you will need to provide a contact person that can come within 15 minutes as staff cannot change diapers or clothes.

Activity: 338393-A
 Location: Multipurpose Room II
 Instructor: Laura Braden
 Day: Thursday, April 19
 Time: 10:30-11:30 pm
 Age: 2 ½-4
 Fee: R\$12/NR\$25
 Min/Max: 6/15

"CINCO de MAYO"

Children will learn what "Cinco de Mayo" is how it is celebrated in Mexico, and have their very own homemade celebration with songs, dancing, making decorations and some treats. If your child is not potty-trained, you will need to provide a contact person that can come within 15 minutes as staff cannot change diapers or clothes.

Activity: 338396-A
 Location: Multipurpose Room II
 Instructor: Laura Braden
 Day/Date: Thursday, May 3
 Time: 10:30-11:30 pm
 Age: 2 ½-4
 Fee: R\$15/NR\$28
 Min/Max: 6/15

**TIME TO SPEND TOGETHER NEW**

Are you a stay at home mom with little ones? Are you a grandparent or care giver who takes care of little ones? One more question, would you like to meet others like you and give those young children the opportunity to develop important social skills? Yes, then consider this! We will have a welcoming room with music, books, puzzles, arts and crafts supplies and big balls and tunnels for movement set for you to enjoy. Four, three week sessions, will be offered twice a week.

Activity: 338131
 Location: Multipurpose Room II
 Instructor: Laura Braden
 Time: 10:30-11:30 pm
 Age: Newborn & up with an Adult
 Fee: R\$15/NR\$28 per session
 Min/Max: 6/15

Session	Day	Dates
A	MO	March 12, 19, 26
B	WE	March 14, 21, 28
C	MO	April 2, 9, 16
D	WE	April 4, 11, 18
E	MO	April 23, 30, May 7
F	WE	April 25, May 2, 9
G	MO	May 14, 21, June 4
H	WE	May 16, 23, 30

HAPPY MOTHER'S DAY

For the first hour of this class, we will be preparing a special surprise for mom. All moms are invited to return at 11:00 for this special treat just for you! If your child is not potty-trained, you will need provide a contact person that can come within 15 minutes as staff cannot change diapers or clothes.

Activity: 338397-A
 Location: Multipurpose Room II
 Instructor: Laura Braden
 Day: Thursday
 Date: May 10
 Time: 10:30-11:30 pm
 Age: 2 ½-4
 Fee: R\$15/NR\$28
 Min/Max: 6/15

**Pre-School Open House Information**

Parents, who have enrolled their child/children in Preschool, are encouraged to attend the Open House. There will be two open houses, one for parents only, and one for parents and preschooler only. Important information and the Preschool Handbook will be given at the parent's only open house. This open house will begin at 7:00 pm and the teachers will answer any questions after the presentation. The open house for parents and preschooler is informal and offered to help make the child more comfortable about coming to school. You may come anytime between 6:30-7:30 p.m. If you cannot attend the parent's only open house, please call 708-389-1003 ext. 329 to arrange a meeting time.

Parents Only Open House

4 yr. old Pre-K Classes:	Monday, August 20	7:00 pm
3 yr. old Preschool Classes:	Tuesday, August 21	7:00 pm

Parent and Preschooler Open House

4 yr. Pre-K M-W-F Class:	Monday, August 27	6:30-7:30 pm
4 yr. Pre-K M-F Class:	Tuesday, August 28	6:30-7:30 pm
3 yr. M-W-F Class:	Monday, August 27	6:30-7:30 pm
3 yr. T/TH Class:	Tuesday, August 28	6:30-7:30 pm

The registration deadline is one week prior to the start of each class unless otherwise noted.

2018-2019 Preschool Program

The Alsip Park District Preschool is designed for children 3 and 4 years of age. Children must be completely toilet trained. Our program will introduce your 3 and 4 year old to beginning math, science, and music, art, and language arts concepts. Your child will also experience field trips and holiday programs. A graduation ceremony will be held in May. All age requirements must be met by September 1, 2018

Registration Information

Note: A copy of a birth certificate is required.

4 Year Old Pre-K Program

Staff: Jessica Thompson

Location: Preschool Rooms I and II

Age: 4 by September 1, 2018

Session	Days	Dates	Time
138101-A	MO-WE-FR	September 5-May 17	9:00-12:00 am
138101-C	MO-WE-FR	September 5-May 17	12:30-3:30 pm
138101-B	MO-WE-FR	September 5-May 17	9:00-11:30 pm
138101-D	MO-WE-FR	September 5-May 17	12:30-3:30 pm

Min/Max: 25/30

Session	Days	Dates	Time	Fee
138102-A	MO-FR	September 4-May 17	9:00-12:00 am	Full Year R\$786/NR\$952
138102-C	MO-FR	September 4-May 17	12:30-3:30 pm	Installment Payment: (Due at Registration) R\$103/NR\$119
138102-B	MO-FR	September 4-May 17	9:00-11:30 pm	Monthly Payment (September 1-May 1): R\$88/NR\$104
138102-D	MO-FR	September 4-May 17	12:30-3:30 pm	

Min/Max: 15/20

3 Year Old Program

Staff: Sheri Chase

Location: Preschool Room III

Age: 3 by September 1, 2018

Min./Max: 10/15

Session	Days	Dates	Time
138103-A	MO-WE-FR	September 5-May 17	9:00-11:30 am
138103-C	MO-WE-FR	September 5-May 17	12:30-3:00 pm
138103-B	MO-WE-FR	September 5-May 17	9:00-11:30 pm
138103-D	MO-WE-FR	September 5-May 17	12:30-3:00 pm

Session	Days	Dates	Time	Fee
138104-A	TU/TH	September 4-May 17	9:00-11:30 am	Full Year R\$568/NR\$726
138104-C	TU/TH	September 4-May 17	12:30-3:00 pm	Installment Payment: (Due at Registration) R\$77/NR\$107
138104-B	TU/TH	September 4-May 17	9:00-11:30 pm	Monthly Payment (September 1-May 1): R\$66/NR\$80
138104-D	TU/TH	September 4-May 17	12:30-3:00 pm	



Note: The policy for credit cards that are denied when installment payment is posted; You will be notified that credit card on file was denied which will require you to bring payment to the Main Office before your child's next scheduled class. If payment is not made by this time, a \$25.00 late fee will be assessed and your child may not attend class until payment and late fee is made. A second time a credit card is denied will result with the full remaining balance to be paid prior to child attending class.

Before & After School Program

2018-2019



The Alsip Park District's Before and After School Program is designed for children entering Kindergarten through Sixth grade at School District's #125 & #126. Our program offers a structured nurturing environment filled with indoor and outdoor activities, large and small scale games, homework assistance, arts and crafts, light breakfast, lunch, snacks and much more. Our staff looks forward to helping your child create new friendships, build self-esteem, get plenty of physical fitness and most important, have fun!

Location: Apollo Recreation Center
Age: Kindergarten-6th grade
Min/Max: 1/24



Early Dismissal Days:
\$20 per day til 6:15 pm
Lunch & Snacks Included

Before School:
6:45 am-School Starts

Session	Day(s)	Fee
0501	1	\$13
0502	2	\$22
0503	3-4	\$38
0505	5	\$42

Light Breakfast Included

After School:
2:45-6:15 pm

Session	Day(s)	Fee
601	1	\$24
602	2	\$44
603	3-4	\$70
605	5	\$75
606	After School Activity	\$2
607	Late Fee	\$10

Snack Included



School Holidays, Spring & Winter Breaks
\$35 per day
6:45 am-6:15 pm
Light Breakfast, Lunch & Snacks Included

The Alsip Park District is proud to announce that we are accredited with the American Camping Association! What does this mean to our campers, their parents, and our dedicated staff? ACA-accredited camps provide:

- Healthy, developmentally-appropriate activities and learning experiences
- Discovery through experiential education
- Caring, competent role models
- Service to the community and the environment
- Opportunities for leadership and personal growth

ACA standards (more than 300 of them!) are

recognized by courts of law and government regulators as the standards of the camp community. These standards exceed state licensing requirements and go beyond basic requirements for health, cleanliness, and food service. Specific areas of examination include programming, camp staff training, emergency plans, health care, and management.



Summer Camp 2018

Enroll your kids for another summer of safe and exciting fun meeting new friends and participating in new activities. Our goal is to provide campers with the opportunity to try new games and crafts while utilizing their creativity and developing their problem solving skills. We encourage participants to gain new knowledge through various field trips and Camp Visitors that campers enjoy throughout the summer months. Campers' days, at the Apollo Recreation Center and Apollo Park, will be busy with sport activities, arts n' crafts, and preparing for the "Talent Show" that is always a hit ending camp on a high note! Campers will also enjoy the Alsip Park District Sprayfari twice every week.

Groups are determined by age and staffed according to ratios as set by State standards. Staff members will supervise and interact with their group daily. All camp counselors undergo a drug and background check and are required to be CPR/AED, First Aide certified and attend a three day training session. Counselors are directly involved with week-to-week lesson planning, will lead activities and interact with their group. Your child's counselor will be available daily at regular drop-off and pick-up times to communicate with parents who may have questions or concerns. Though our summer staff members are well prepared with the skills necessary to facilitate a successful camp, we ask that parents communicate with their children the same behavioral expectations as if they were in school. The Alsip Park District would like to provide a great experience for everyone involved which is only possible with cooperation and communication!

Summer Camp Registration

All Summer Camp registration will take place **in-person** only at the Apollo Recreation Center. Please bring the necessary information to complete a camper emergency form, medical release form, and permission form. **Your child will not be registered if you are missing required information** such as doctor's name and phone number, emergency contact information, and updated medical information. Please plan on 15 minutes to complete the necessary paperwork. **Upon registration completion and payment, you will receive one t-shirt for each four week session your child is enrolled in which is required to be worn on field trip days. If your child does not have their shirt on a field trip day, you will be required to purchase a shirt for a fee of \$10.00 or your child will not be permitted to attend the field trip. No exceptions will be made. Note: If your child requires a shirt in a size other than what has been ordered for their group, a fee will be charged.**

A 50% deposit is due at the time of registration. Payment plans may be made with the main office at the time of registration. Households with balances due from previous camp registrations must be paid in full for a new camp registration to be made. All payments made after May 25th for the camp programs must be paid in cash or credit card. **Note: The balance must be paid in full by June 1.**



The registration deadline is one week prior to the start of each class unless otherwise noted.

Registration Dates

1. Returning resident and Returning Non-resident camp registration begins February 12
2. New camper registration for residents begins on February 19
3. New camper registration for non-residents begins on February 26.

Registration Information:

1. Choose the activity number according to the grade your child will enter in Fall 2018. Choose the dates, which are indicated by Session A, B, or C
3. Camp will be located at the Apollo Recreation Center
4. The Camp day will begin at 9:00 am and end at 3:00 pm Monday through Friday



Summer Camp Orientation

It is highly recommended that all parents attend camp orientation to meet the camp staff, have your questions answered, and receive a camp calendar. We will review important camp policies and procedures to eliminate confusion throughout the summer. **Note: It is important to know what days your child swims on as we do go to the pool the first week of camp.** Please bring any questions you may have at this time. We will also discuss drop-off, pick-up, pool days, and field trip days. Please read your Parent Summer Camp Manual prior to attending to the orientation.

Day/Date: Wednesday, June 6
 Location: Main Gymnasium
 Time: 7:00 pm

A few quick notes:

1. **Summer Camp is held mainly outdoors.** If it starts to rain, or the heat index reaches 93 degrees, camp will be moved inside the Apollo Recreation Center. Campers are brought inside on a regular basis to refill water bottles and use the washroom. Campers are also in shaded areas during the day.
2. Field trips are included in the registration fee. If you choose not to send your child on a field trip, there will be no regular camp. **You will be charged \$10 for a t-shirt if your child does not have one on the day of a field trip.** Field trip transportation can be via school bus or recreational van.
3. Campers must be picked up promptly after camp or a late fee will be charged. Please see Parent Handbook for details. Any camper not picked up after 30 minutes will be brought to the Alsip Police Department. Campers should be dropped off no earlier than five minutes before camp begins.
4. Campers will swim twice each week. Each camper will be swim tested by the lifeguards the first pool day to determine the depth in which they may swim. **This is for the safety of your child and the decision by the lifeguard is final.** The Summer Day Camp staff cannot change this decision. If you feel your child's swim ability has changed you may request a re-test when campers enrolled in the second four weeks of camp are tested. **This is the only time a camper will be re-tested.**
5. There will be no camp held on Wednesday, July 4 due to the holiday. There will be no post camp on Friday, August 3 due to the end of camp.
6. A \$50 administrative fee will be charged for camp refunds. Refunds are only available one week prior to the start of a camp session.



The registration deadline is one week prior to the start of each class unless otherwise noted.

"We Make Waves at the Alsip Park District Day Camp"

"Star Fish"

"Star Fish" First time Summer Day Camp friends. This group is for children who will be entering Kindergarten in the Fall of 2018. They will have a wonderful time learning new age-appropriate games and crafts throughout the summer. "Star Fish" will attend field trips with the "Sea Horse" group. New games, activities, and field trips are selected to aid in the intellectual and physical development of these campers. On swim days, counselors will supervise this group in the tot pool and splash pad. **Note:** There will be no camp Wednesday, July 4.

Activity:	338122	Days:	Monday-Friday
Min/Max:	12/24	Time:	9:00 am-3:00 pm
Session	Dates	Fees	
A	June 11-August 3	R\$432/NR\$525	
B	June 11-July 6	R\$306/NR\$366	
C	July 9-August 3	R\$306/NR\$366	



"Sea Horse"

"Sea Horse" Campers entering First or Second grade in Fall 2018. The "Sea Horse" group will engage in games that will build team playing skills and help develop gross motor skills. Creative arts n' craft projects will spark their imagination. Staff will provide fresh and exciting games each day. Field trips for the "Sea Horse" and "Star Fish" group will provide age appropriate activities. On swim days, counselors will supervise this group in the tot pool, splash pad, or shallow end of the pool. **Note:** There will be no camp on Wednesday, July 4.

Activity:	338123	Days:	Monday-Friday
Min/Max:	16/48	Time:	9:00 am-3:00 pm
Session	Dates	Fees	
A	June 11-August 3	R\$432/NR\$525	
B	June 11-July 6	R\$306/NR\$366	
C	July 9-August 3	R\$306/NR\$366	



"Jelly Fish"

"Jelly Fish" Campers entering 3rd and 4th Grade in Fall 2018. The "Jelly Fish" group will participate in a variety of activities that will include competitive games focusing on good sportsmanship as well as strategy and problem solving activities. Staff will plan arts and craft projects based on suggestions from their campers. "Jelly Fish" and "Dolphins" will attend age appropriate field trips together. **Note:** There will be no camp on Wednesday, July 4.

Activity:	343201	Days:	Monday-Friday
Min/Max:	16/48	Time:	9:00 am-3:00 pm
Session	Dates	Fees	
A	June 11-August 3	R\$432/NR\$525	
B	June 11-July 6	R\$306/NR\$366	
C	July 9-August 3	R\$306/NR\$366	



The registration deadline is one week prior to the start of each class unless otherwise noted.

“Dolphins”

“Dolphins” Campers entering 5th and 6th Grade in Fall 2018. Along with the “Jelly Fish” the “Dolphins” will attend age appropriate field trips together. Staff will plan and participate in activities that will keep the campers motivated and engaged throughout the camp weeks. **Note:** There will be no camp on Wednesday, July 4.

Activity:	343202	Days:	Monday-Friday
Min/Max:	16/48	Time:	9:00 am-3:00 pm
Session	Dates	Fees	
A	June 11-August 3	R\$432/NR\$525	
B	June 11-July 6	R\$306/NR\$366	
C	July 9-August 3	R\$306/NR\$366	

“Sharks”

“Sharks” Campers entering 7th, 8th and 9th Grade in Fall 2018. Advanced games, activities, and crafts plus a variety of special field trips and cooking days are planned especially for this group of older campers. Some field trips and activities may be planned with other local teen camps throughout the summer. This Summer Camp group has the opportunity to provide their input on weekly plans and participates in activities different from the other groups. **Note:** There will be no camp Wednesday, July 4.

Activity:	343283		
Location:	ARC		
Day:	Monday-Friday		
Time:	9:00 am-3:00 pm		
Age:	Campers entering 7th, 8th, and 9th grade in the Fall 2018		
Min/Max:	20/48		
Session	Dates	Fee	
A	June 11-August 3	R\$526/NR\$615	
B	June 11-July 6	R\$372/NR\$432	
C	July 9-August 3	R\$372/NR\$432	

Pre & Post Camp

We are offering extended camp again for working parents! Campers should bring a snack in addition to their lunch and water bottle every day. Games, activities, free-time, and crafts will be planned for before and after regular camp hours. Campers are expected to be dropped off no earlier than 7:00 am and picked up no later than 6:00 pm. An Early/Late fee will be charged for all campers not picked up on time. **Note:** There is no camp on Wednesday, July 4. **Note:** Due to the end of camp, there will be no post camp on August 3.

Activity:	343203		
Location:	ARC		
Day:	Monday through Friday		
Age:	Campers entering kindergarten through 9th grade		
Min/Max:	48/60		
Session	Date	Time	Fee
A	June 11-August 3	7:00-9:00 am	R\$178/NR\$248
B	June 11-July 6	7:00-9:00 am	R\$140/NR\$210
C	July 9- August 3	7:00-9:00 am	R\$140/NR\$210
D	June 11-August 3	3:00-6:00 pm	R\$198/NR\$270
E	June 11-July 6	3:00-6:00 pm	R\$155/NR\$225
F	July 9- August 2	3:00-6:00 pm	R\$155/NR\$225



The registration deadline is one week prior to the start of each class unless otherwise noted.

Looking for a great summer job?

The Alsip Park District is hiring summer camp counselors for the 2018 summer season! This seasonal position includes supervising campers, leading arts n' crafts and group games, communicating with parents, supervisors, and other park district staff, providing a safe play environment for campers, and having fun in a professional manner. Counselors are required to be on time to camp everyday, swim and supervise on pool days, and attend all field trips. Applicants must be 18 or older and display experience, responsibility, leadership, creativity, and good communicative skills. Each staff person is called upon to act as a parent, educator, and friend in order to help campers learn teamwork, cooperation, respect, and how to make new friends from a variety of cultural and ethnic backgrounds. Applications must be completed and returned to the Apollo Recreation Center by April 30. Applicants will be notified and interviewed following application completion. For more information please contact the main office at (708) 389-1003. Mandatory Training will be on June 4, 5, 6 from 9:00-3:00 pm. CPR/AED and First Aid training is also Mandatory. Camp is held Monday through Friday, June 11-August 3. **Note:** There will be no camp on Wednesday, July 4. See Summer Camp descriptions for additional information. We look forward to working with you!



Kiddie Kamp 2018-"Sea Turtles"

Specifically designed for 3 & 4 year olds, our Kiddie Kamp offers a Summer Day Camp experience on a smaller scale. Monday through Thursday, 9:00 to 1:00 pm, Kiddie Kampers will have fun participating in games, art's n' craft projects, spending time outdoors with sidewalk chalk, bubbles, playground time and making new friends. **"Sea Turtles"** will bring a lunch, just like the big kids on these days. On Friday, from 10:30 to 12:00 pm, they will enjoy time in the Kiddie Pool and Splash pad, all to themselves before the pool opens up to the public. **"Sea Turtles"** will have a special field trip planned just for them. For children attending Preschool this fall, Kiddie Kamp is a great introduction, as it is held in the Preschool room and the Kiddie Kamp staff are the Preschool Teachers! All campers must be of age by June 1, 2018, and completely toilet trained. Please dress your child appropriately for the weather, as many activities will take place outdoors. Each child will receive two t-shirts. **Note:** There will be no camp on Wednesday, July 4. **Note:** No pre or post camp available for this group.

Activity: 338119-A
 Location: Preschool Room I
 Day/Dates: Monday-Friday, June 11-August 3
 Times: Monday-Thursday 9:00 am-1:00 pm
 Friday:-10:30 am-12:00 pm-Drop-Off at Aquatic Park
 Age: 3 & 4
 Fee: R\$350/NR\$450
 Min/Max: 18/25

Counselor in Training

This program is designed to provide high school students, entering 10th and 11th grade, Fall 2018, an opportunity to gain work experience for their resume when applying for employment in future years and the opportunity to enjoy Summer activities, swimming and trips. If you are considering applying for a Counselors' position, when you are eligible, having this experience listed on your application will put you one step closer to being called for an interview. The Counselor in Training Program will consist of a maximum of six staff. Please note the criteria listed!

Criteria:

- Applications will be available at the Apollo Recreation Center **beginning April 23.**
- Applications **will not be accepted after May 18.**
- Counselors in Training will assist the counselors with errands, arts n' crafts, and group games.
- Applicants must be willing to take initiative with leading their group
- Applicants will interact with campers, display appropriate and mature behavior.
- Applicants must be a positive role model.
- Once accepted, Counselors in Training must attend training dates.
- Counselors In Training will receive camp shirts which are to be worn daily.
- **A fee of \$100.00 will be charged to cover the cost of field trips**
- Counselors in Training will be held accountable for fulfillment of their required duties.
- Failure to fulfill the required duties will result in dismissal and the fee will not be refunded.
- The Alsip Park District is looking for mature, responsible, well-mannered, and dedicated teens to fill this position and assist in providing a successful summer camp program.

Location: ARC
 Age: Entering 10th & 11th Grade in Fall 2018
 Day/Dates: Monday through Friday, June 11-August 3
 Times: Required: 9:00 am-3:00 pm
 Optional: 7:00 am-9:00 pm
 Optional: 3:00 pm-6:00 pm
 Fee: \$100
 Max: 6

The registration deadline is one week prior to the start of each class unless otherwise noted.

Let's Pretend

Let's Pretend is for younger "Actor's" who may not be ready to perform in front of a live audience. This will be an eight week class. Week one the group will brainstorm an idea to develop into a short story. Weeks two through six they will work on the script and props. Week seven will be rehearsal, then the group will perform for Mrs. Laura on week eight.

Activity: 343255-A
Instructor: Laura Braden
Location: Preschool Room II
Day/Dates: Wednesday, March 14-May 2
Time: 6:00-6:45 pm
Age: 6-8
Fee: R\$30/NR\$40
Min/Max: 6/8

Drama Club

This exciting and creative class is perfect for those budding stage stars! The cast will work on creating and presenting a play for family and friends on the last day of class. Participants will create the costumes, props and scenery as they work each week on the final productions. This is a ten week class with the performance the last week. Registered participants must be able to read.

Activity: 343256-A
Instructor: Laura Braden
Location: Preschool Room II
Day/Dates: Wednesday, March 14-May 16
Time: 7:00-8:00 pm
Age: 9-11
Fee: R\$35/NR\$45
Min/Max: 6/8

Illinois Shotokan Karate-Pre-Karate

Illinois Shotokan Karate Club is Chicagoland's premier karate school taught under the instruction of John DiPasquale, a four-time National Champion, US National Coach and President of the US National Karate Federation. In our Pre- Karate Safety classes, young children develop flexibility, strength, and coordination in fun, yet disciplined activities. This program is specifically designed for growing minds and bodies to enhance memory and agility. Watch your child's confidence blossom and their skills improve.

- Uniforms and Belt-Testing are options available through the ISKC instructor.
- Please note that the Youth, Parent/Child and Adult classes may train together.
- Beginner students will not be permitted to register into the current session after the second class has met. Registration for continuers through advanced students will be accepted after the start date, but the full class fee is required.
- Please visit WWW.ISKC.COM for more information or call us at 847-359-0666.

Activity: 338257
Instructor: Illinois Shotokan Karate Club Staff
Location: Gymnasium II
Day/Dates: Wednesday, April 4-June 6
Fee: R\$103/NR\$113 per person
Min/Max: 4/12

Session	Time	Age	Level
A	4:30-5:15 pm	4-7	Beginner
B	5:20-6:05 pm	4-7	Cont. (White w/stripes & Up)

The registration deadline is one week prior to the start of each class unless otherwise noted.

Age Limits and Why

In order to provide your child with the best possible recreational experience, all of our programs are designed according to specific age groups. Our instructors are sensitive to the needs of the individual age levels.

Children must be the age listed in the brochure for each program by March 1. Birth certificates may be requested to verify



4th 5th 6th Grade Lock-In

Here is a Friday night for you and your friends to spend at the Apollo Recreation Center. The evening will begin with Pizza. Activities to choose from will include a Wii competition, volleyball, basketball, board games, and a scavenger hunt. Wind down and enjoy a movie with popcorn. Two supervised rooms will be available if you want to just chill, so bring a sleeping bag.

Activity: 348479
Location: ARC
Instructor: APD Staff
Day/Date: Friday, April 27-Saturday, April 28
Time: 7:00 pm-7:00 am
Fee: R\$35/NR\$45
Min/Max: 20/40





Magic Madness

Kids you are guaranteed to have a fantastic time in this hands-on magic workshop! You will learn a collection of awesome and amazing tricks you can perform at home; all supplies needed to repeat the tricks will be handed out in class. You really will go home with a bag of tricks! Children are grouped by age and are taught age-appropriate tricks they can master. Sign up again and again, new tricks are taught each session!

Activity: 343421
 Location: Oakview Center,
 4625 W. 110th St.
 Oak Lawn
 Instructor: Gary Kantor
 Day/Dates: Tuesday, April 24
 Time: 5:00-5:55 pm
 Age: 5-12
 Fee: R\$22/NR\$32
 Min/Max: 5/35



Piano Lessons

Mozart, Bach and Beethoven move over!! Have you ever wanted to learn piano in a fun and relaxing way? Then come on over! You will learn the basics of note reading and musical theory. Musical pieces will progress with the student's abilities. All first time students must purchase the Alfred's Basic Piano Library Book Level 1A before coming to class. Your time and day of the lesson will be arranged after you register, you choose the most convenient time! Lessons are private and ½ hour in length for twelve weeks. Piano is a great hobby that lasts a lifetime. Not sure if piano is right for you? Register for a six week mini session and give it a try!

Activity: 348305
 Location: Multipurpose Room I
 Instructor: Erica Jagust
 Day: Instructor arranged
 Time: 30 minute sessions
 Age: 7-Adult
 Min/Max: 2/10

Session	Dates	Fee
A	March 12-June 2	R\$190/NR\$220
B	March 12-April 21	R\$95/NR\$115
C	April 23-June 2	R\$95/NR\$115

Illinois Shotokan Karate-Youth

Illinois Shotokan Karate Club is Chicagoland's premier karate school taught under the instruction of John DiPasquale, a four time National Champion, US National Coach and President of the US National Karate Federation. ISKC's Youth karate classes will put children in touch with their bodies and offers a good mix of strength training, with cardiovascular and flexibility exercises. Children increase their coordination, agility and poise, as well as learn lasting personal safety skills. They also benefit from the mental stimulation of learning the choreographed moves of the kata and the discipline of conforming to the class rules.

- Uniforms and Belt-Testing are options available through the ISKC instructor.
- Please note that the Youth, Parent/Child and Adult classes may train together.
- Beginner students will not be permitted to register into the current session after the second class has met. Registration for continuers through advanced students will be accepted after the start date, but the full class fee is required.
- Please visit WWW.ISKC.COM for more information or call us at 847-359-0666.

Activity: 338257
 Instructor: Illinois Shotokan Karate Club Staff
 Location: Gymnasium II
 Day/Dates: Wednesday, April 4-June 6
 Fee: R\$103/NR\$113 per person
 Min/Max: 4/15

Session	Time	Age	Level
C	6:15-7:10pm	8-14	Beginner
D	7:15-8:10pm	8-14	Cont. (Red & up/Instr. Perm.)

The registration deadline is one week prior to the start of each class unless otherwise noted.

Program & Activity #:	Ages:	Day:	Time:	Dates	Fee:	Min/Max	No Class
Parent Tot Gymnastics 374167-A	Walking- 2 yr olds	TU	5:50-6:35 pm	April 10- May 15	Resident: \$28 Nonresident: \$48	6/12 Couples	
Preschool Gymnastics 374177-A	3-4 years old	TU	5:00-5:45 pm	April 10- May 15	Resident: \$34 Nonresident: \$54	5/8	
Preschool Gymnastics 374177-B	3-4 years old	TH	5:15-6:00 pm	April 12- May 17	Resident: \$34 Nonresident: \$54	5/8	
Kinder Gymnastics 374168-A	5-6 years old	TH	6:05-6:50 pm	April 12- May 17	Resident: \$34 Nonresident: \$54	5/8	
Girls Gymnastics Level 1 374186-A	7-12 years old	MO	5:00-6:00 pm	April 9- May 14	Resident: \$44 Nonresident: \$64	6/10	
Girls Gymnastics Level 2 By Placement 374185-B	7-12 years old	WE	5:00-6:00 pm	April 11- May 16	Resident: \$44 Nonresident: \$64	6/10	
Girls & Boys Tumbling 374246-A	7-12 years old	TU	6:40-7:25 pm	April 10- May 15	Resident: \$34 Nonresident: \$54	5/8	
Shooting Stars (by placement only) 374228-A	6 & 12 years old	FR	5:45-7:45 pm	April 6- May 4	Resident: \$45 Nonresident: \$65 (5 Weeks)	5/8	
Team-1 Day (by placement only) 374216-A	6 & up	Pick 1 MO-WE- FR	6:00-8:00 pm	April 4- May 7	\$9 per practice attended	4/12	April 2
Team-2 Days (by placement only) 374216-B	6 & up	Pick 2 MO-WE- FR	6:00-8:00 pm	April 4- May 7	\$90 (10 practices)	4/12	April 2
Team-3 Days (by placement only) 374216-C	6 & up	MO-WE- FR	6:00-8:00 pm	April 4- May 7	\$135 (15 practices)	4/12	April 2

All Gymnastics Programming is held in the Gymnastics Room at the Apollo Recreation Center.

Tot Class participants should wear comfortable clothing, socks or bare feet. No jeans. Participants in Gymnastics or Tumbling Classes should wear comfortable clothing, leotards (no skirts), bare feet. Hair must be pulled back. Jewelry is not permitted! No jeans or clothing with buckles.



The registration deadline is one week prior to the start of each class unless otherwise noted.



Our program is designed to provide children with proper and safe gymnastics skill training according to the USA Gymnastics guidelines. Gymnasts who show continued progress and interest may be eligible to join our Alsip Stars Optional Team with the endorsement of a Team Coach. Team Members practice 4-6 hours weekly, year round. Competition runs from October through May.

We hope to see your child in the Stars Gymnastics Program grow and advance through our many developmental and competitive levels. If you are unsure about which class to register your child for, please leave a message for Michelle Rudman at 708-389-1003 to arrange for a skill evaluation



Parent-Tot Gymnastics

This class is for tots walking through 2 years of age and a parent. This 45 minute class will incorporate fun music, gross motor activities, social activities, as well as free time by using our many tunnels, cubes, balls, parachute and more. Additionally, parents and tots will work gymnastics skills on vault, bars, beam and floor. This semi-structured class requires each tot to have a parent present for the class. Parents will work one on one with their child for part of the class. Free play will take place during class time as well. Participants should wear comfortable clothing. Please make arrangements for siblings, as only those enrolled may attend the class.

Pre-School Gymnastics

Our pre-school gymnastics class is designed for children ages 3 to 4 years old. Each 45 minute class will focus on beginner skills for vault, bars, beam and floor. Gymnasts will also develop body and spatial awareness, as well as confidence while using the spring board, pre-school and low bar, low and medium balance beam, floor and various skill shapes. Participants must wear a leotard or shorts and a t-shirt.

Kinder Gymnastics

This 45 minute class is designed for boys and girls ages 5 and 6. Participants will gain experience on the spring board, low and medium balance beams, preschool and low bar, as well as the floor. Gymnasts will also develop body and spatial awareness along with confidence using our many skill shapes and trainers. Participants must wear a leotard or shorts and a t-shirt.

We Love Our Parents But.....

Parents are encouraged to attend their child's first day of class. Please do not remain in the gym after you have dropped your child off. This is in the best interest of your child. Interruptions tend to affect the participant's attention span and inhibit the establishment of peer relationships. It's also important to arrive on time so participants can participate in a proper warm up and stretching. Please do not use class time to speak you're your child's instructor. Instructors are available before and after class if you wish to speak with them. Thank you for your cooperation.

Girls Gymnastics Level 1

Our one hour gymnastics class is for girls 7 to 12 years of age with little or no gymnastics experience. Each one hour class will focus on skills for vault, bars, beam and floor. Girls should wear a leotard or shorts and a t-shirt.

Girls Gymnastics Level 2

Once your daughter has successfully completed Gymnastics Level 1 and has a coach's endorsement, she will be ready for this class. Level 2 is a one hour class designed for 7 to 12 year olds and will provide gymnasts a continuation of skill progression. Gymnasts will continue with all equipment used in the Level 1 Class. Girls who have gymnastics experience may request a skill evaluation to determine if this class is appropriate for their ability level. Girls should wear leotards.



Boys/Girls Tumbling

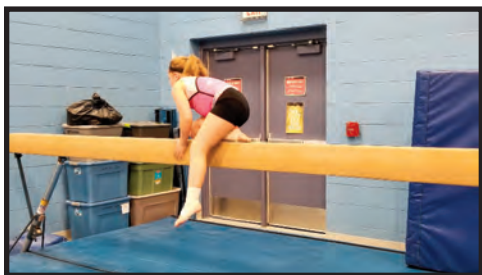
This 45 minute class is for boys and girls ages 7-12 who would like to learn to tumble. Participants will learn a progression of rolls, cartwheels, handstands, round offs, limber skills, walkovers and flip flops. Using a variety of practice drills, tumblers will begin with the basics and individually progress through more advanced skills. Participants must wear a leotard or shorts and a t-shirt. We also offer private tumbling classes for Cheer Teams or groups, please contact Michelle Rudman for more information. **Note:** Gymnastics apparatus will not be used-this is only tumbling.

Shooting Stars

This 2 hour class is by coach-placement only. Gymnasts ages 6 and up who have mastered skills and show strength and confidence will be considered for this class. Participants must also be registered in a recreational class within our program. Classes will focus on intermediate skills on the vault, bars, beam and floor. During this class, gymnasts will train alongside our team gymnasts. Participants must wear a leotard.

Gymnastics Birthday Parties

Have a tumbling good time with a gymnastics themed party. We'll customize your special day to meet your needs. Contact Laurie Nissen at 708-389-1003 for more information.



Alsip Stars Gymnastics Teams

All Teams are by "Placement Only". Our Gymnastic Teams compete in the Illinois Park District Gymnastic Conference. Any fees related to competition (leotards, warm-ups, meet fees, etc) are in addition to the Alsip Park District registration fees. For additional information, please contact Michelle Rudman at (708) 389-1003.

Private Gymnastic Lessons

Your child will receive a thirty minute, on-on-one lesson from one of the Alsip Park District gymnastic staff. Private lessons will be structured to meet the specific needs of each gymnast on an individual basis. Each lesson will consist of a warm up, instructional time and a brief cool down. Pre-registration for private lessons is required. Once registered, the coach you have selected will contact you to set up a day and time which fits your schedule. Private lessons cannot be held during Gymnastic Classes and Team Practices. We can also hold private practices for Cheer Teams, please contact Michelle Rudman for more information.

Picnic Shelter Rentals: Enjoy Your Parks

Choose from a variety of scenic parks for your special event, family reunion, picnic or corporate function. All shelters include picnic tables. Some include nearby toilets, water and recreation opportunities. Alcohol is not permitted on Alsip Park District property. Deposits and reservations must be made at least 10 business days in advance. Permit forms and reservations can be made at the Apollo Recreation Center, 12521 S. Kostner Avenue.



The registration deadline is one week prior to the start of each class unless otherwise noted.

Egg Hunt

Grab your Easter basket and join the Alsip Park District as we search for eggs filled with treats that the Easter Bunny has left for the children of Alsip. The hunt is for children under the age of 10 years old and will be split into appropriate age divisions. Parents may help their children in the "Parent Assist" hunt only. Join us for refreshments, raffles, and a visit from the Easter Bunny after gathering eggs at the hunt. Note: Each child should bring a basket and don't forget your camera.

Location: Commissioner's Park

Day: Saturday

Date: March 24

Time: 9:00 am

SHARP!

Fee: **FREE** to Alsip residents



Breakfast with the Bunny

Pre-register to save your seat at a breakfast with a very important person: the Easter Bunny! Get ready to enjoy a buffet filled with your breakfast favorites and have a few giggles with friends and family. Come hungry and keep your eyes open for our special guest who will hop on by during our Easter celebration. Please bring your camera for pictures and prepare your little ones for fun-filled Easter activities. You must pre-register for this event due to ordering concerns.

Activity: 243758-A

Location: Apollo Recreation Center

Day/Date: Saturday, March 24

Time: 9:30-11:00 am

Age: All, 2 & under free

Fee: R\$7/NR\$9

Min/Max: 30/125

Registration Deadline: March 16



Flashlight Egg Hunt

Grab your flashlight and head to park for an egg hunt for the nocturnal! Search the field for plastic eggs, candy and glow-in-the-dark items in the dark! Each participant will receive a glow in the dark necklace. **Remember a flashlight and basket for your eggs and prizes!** Please register early because space is limited and dress for the weather! **Note:** This event will be outside, rain or shine.

Activity: 243774-A

Location: Sears Park

Day/Date: Friday, March 16

Time: 7:15 pm

Age: 5-10

Fee: R\$7/NR\$12

Min/Max: 25/75

Registration Deadline: March 9



The registration deadline is one week prior to the start of each class unless otherwise noted.

Big Kids Gift Card Egg Hunt

This year the Alsip Park District is hosting a flashlight egg hunt for older kids too! This will give you the opportunity to win a variety of gift cards depending on which prize egg you may find! There will also be prizes thrown throughout the hunt so keep your eyes open! Don't forget a bag or basket for your eggs and a flashlight to help you hunt.

Note: This event will be outside, rain or shine.

Activity: 343774-B
Location: Sears Park
Day/Date: Friday, March 16
Time: 8:15 pm
Age: 11-16
Fee: R\$8/NR\$13
Min/Max: 25/75
Registration Deadline: March 9

Earth Day Workshop

Come celebrate Earth Day with the Alsip Park District! We will do a bunch of fun experiments and crafts together as we learn the importance of being environmentally friendly in our daily lives. You will even plant something special to take home and grow for your very own!

Activity: 343773-A
Day/Dates: Friday, April 20
Time: 6:00-8:00 pm
Age: 5-12 years
Fee: **FREE**



The registration deadline is one week prior to the start of each class unless otherwise noted.



The Kindness Rocks Project-Rock Painting Nights

Join us at the Apollo Recreation Center for Kindness Rock painting. This free monthly event can do anything from making someone's day to helping change the world. You never know what a kind word can do! We will provide the supplies. All you have to do is be kind and creative. The way it works is...we get together and decorate rocks with kind words and beautiful artwork. After all paint has dried they will be sealed with acrylic for a long life. Alsip Park District staff will then drop them for someone who may need a kind word or something to make them smile. That person will then do the same for someone else as they will replace the rock they took with one they made at one of our workshops.

Activity: 343772
Day: Wednesdays
Time: 5:00-7:00pm
Age: All, under 18 must be accompanied by an adult

Fee: **FREE**

Session Dates
A May 9
B June 6

Sidewalk Chalk Art Competition

Are you an artist at heart and would love to show off your talent for the whole community to see? Sign up for the Alsip Park District's first ever Sidewalk Art Contest. Each contestant will reserve a 10 x 10 space in the Apollo Recreation Center parking lot. This event is for all ages and will be judged in the following age groups, 10 years and under, 11-17 years and 18 and over. You will be given 2 hours beginning at 9:00 am to complete your masterpiece. Judging will start at 11:00 am and prizes will be awarded as well as refreshments served from 11:00 am-noon.

Activity: 343771-A
Location: ARC Parking Lot
Day: Saturday
Date: June 9
Time: 9:00 am-12:00 pm
Age: All, under 18 must be accompanied by an adult
Fee: **FREE**

Community Kite Fly

Join the Alsip Park District and community members as we enjoy a fun-filled afternoon of fresh air and kite flying. What better way to celebrate a Spring day than flying a kite? It's more fun than it looks, I assure you! Bring your own kite or use one of ours. While you're with us enjoy refreshments and a craft. Don't forget to fill out your raffle ticket for a chance to win a prize basket.

Activity: 393642-A
Location: Commissioners Park
Day: Saturday
Date: May 5
Time: 10:00 am-12:00 pm
Fee: **FREE**



The Alsip
Park District's
website now

offers the convenience of
online program registration
available at your fingertips 24/7.

Of course, you can still stop in,
drop off or mail in your
registration forms. Learn
more about our registration
procedures on page .



Movies in the Park-Save the Date

Join us throughout the summer
months for a few newly
released flicks for free! We will
be showing three family
friendly movies over the
summer months so grab your
lawn chairs, get the kids
together, and pack a few snacks
for a movie under the stars.
There's not a bad seat in the
park with our large screen! For
more information see the
upcoming Summer Brochure.

Day/Dates: Friday, June 22
Friday, July 27
Friday, August 24

Time: Movie begins at
dusk

Age: All, under 18 must
be accompanied
by an adult

Fee: **FREE**



A Grand Garage Sale

Clean out those drawers, closets and
attics for spring, and make a little
extra money too! Bring your old
toys, clothes, treasures and more to
be sold at this huge garage sale.
Each participant will be given an 8
foot table for display; tables must be
supervised by individuals 12 years
and older. Participants are
responsible for removing unsold
items and disposing of them at
home. You may not throw away
unsold items in the park district
dumpsters or leave items at your
tables. Tables will be set up in the
north end of the Apollo Recreation
Center parking lot, in case of
inclement weather the sale will
move indoors. Table assignments are
on a first come, first served basis.
Please indicate the number of tables
you will need at the time of
registration.

Activity: 393694-A
Location: Apollo Recreation
Center/Parking Lot
Day/Date: Saturday, June 2
Time: Vendor set-up:
7:00-8:00 am
Sale: 8:00 am-2:00 pm
Fee: R\$10/NR\$15
per table
Min/Max: 20/35 tables



Concerts on the Green

Remember to mark your calendar
for an Alsip tradition, Concerts on
the Green. This year's concerts series
will be back at Fountain Hills Golf
Club. Three bands will be featured at
this year's outdoor concert series.

Offering a wide variety of
entertainment, this is the perfect
event for the entire family. Bring
your lawn chair or blanket and enjoy
the evening. The bar and restaurant
will be open for business so please,
no outside food or beverages. Band
names will be listed in our summer
brochure.

Day/Dates: Friday, June 8
Friday, July 13
Friday, August 10
Friday, September 14
Time: 6:30-9:30 pm
Age: All, under 18 must be
accompanied by an
adult
Fee: **FREE**

Pot Luck Club & Card Party

Get out your favorite recipe and join
us at the Apollo Center for this new
monthly gathering of food, fun and
friends! Registration is free but
required for attendance purposes. A
waiver must be signed at time of
registration. Bring a copy of your
recipe so we can have them on hand
at each event. Bring a dish to share
with the group and enjoy trying new
foods as you share your recipes. We
will have bingo, playing cards and a
variety of board games to enjoy as
well.

Activity: 393777
Location: Dance Room
Day: Wednesdays
Time: 12:00-3:00 pm
Fee: **FREE**/Bring a dish
to share
Min/Max: 6/15
Session **Date**
A March 14
B April 18
C May 16
D June 13

The registration deadline is one week prior to
the start of each class unless otherwise noted.

Let's Do Lunch

Join our group as we experience a new take on dining out. These selections were submitted by one of our participants that knew you would enjoy them so come out and see for yourself! Submit your suggestions to the Alsip Park District's main office or at mainoffice@alsipparks.org and watch for them in future brochures.

Time: 11:00-3:00 pm

Age: Adult

Fee: R\$10/NR\$12

Min/Max: 8/10

Baxter's Chop House & Wine Bar

The name says it all. Let's journey out to Bloomingdale for lunch! Baxter's not only has steaks and chops but salads, seafood, burgers and more.

Activity: 383765-A

Day/Date: Friday, April 13

Zenwich of Elmhurst

Zenwich is rated one of the best places in Illinois for lunch. You will never look at a sandwich the same way again after visiting Zenwich!

Activity: 383765-B

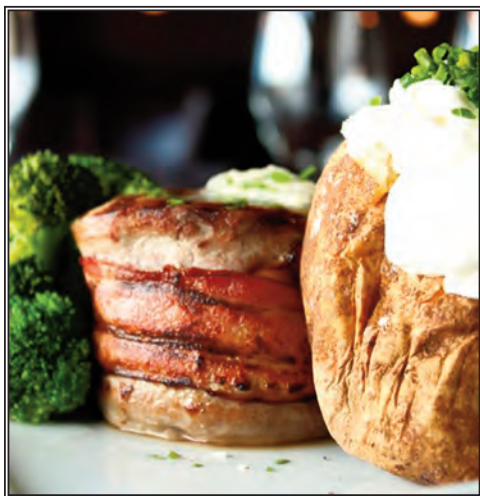
Day/Date: Friday, May 11

Enzo and Lucia Ristorante

We invite you to enjoy a delicious and authentic Southern Italian meal at Enzo and Lucia Ristorante Italiano. They only use fresh ingredients in their classic Italian dishes and cherished family recipes. Homemade Italian gourmet cappellacci stuffed with seasonal ingredients is the specialty at their Long Grove restaurant housed in a former and historic Victorian-style home erected in 1876.

Activity: 383765-C

Day/Date: Friday, June 8



Residents/Nonresidents Defined

The term resident refers to Park District residents who live within the Alsip Park District boundaries and who contribute financial support to the Park District through property taxes. Some residents with an Alsip mailing address may not be residents of the Alsip Park District. Please contact our main office at 708-389-1003 if you need residency information. The nonresident fee structure is in place to ensure fairness to our residents. Residents of the Alsip Park District contribute financial support to the District through property taxes. The Board of Commissioners has elected the nonresident fee structure to make nonresident use of our programs and facilities equitable to our residents. **Note:** "NR" means nonresidents.

The registration deadline is one week prior to the start of each class unless otherwise noted.

A Day at the Races and Lunch at Hawthorne Racecourse

Let's celebrate the last thoroughbred racing day of the season at Hawthorne Race Course and of course pick a few winner and win some dough! We will also enjoy Hawthorne's famous Gold Cup Dining Room Buffet. Price includes transportation, admission, program and lunch. You need to bring your own good luck!

Activity: 385737-A
 Day/Date: Friday, April 27
 Depart: ARC/11:30am
 Return: ARC/6:00 pm
 Age: Adult
 Fee: R\$45/NR\$55
 Min/Max: 8/14
 Registration Deadline: April 20

Rosehill Cemetery Tour & Lunch at the Fireside Pub

The Alsip Park District will host a paranormal and historical tour to the haunted and legendary Rosehill Cemetery in Chicago. At 350 acres, Rosehill is the largest cemetery in the City of Chicago. It is also one of the oldest, established in February of 1859 with the first burial that same month. Join the Alsip Park District for a guided tour of this most historic of cemeteries by local paranormal expert and historian, Bob Trzeciak for an unforgettable day! We will also enjoy a meal at the historic Fireside Pub. Price includes transportation, tour, meal and gratuity.

Activity: 383584-A
 Day/Date: Saturday, May 19
 Depart: ARC/9:00 am
 Return: ARC/5:00 pm
 Age: Adult
 Fee: R\$55/NR\$65
 Min/Max: 8/14
 Registration Deadline: May 11



Shipshewana Flea Market & Antique Auction

Welcome to the home of the Midwest's Largest Flea Market! You can find hundreds of vendors selling everything from fresh fruit to handcrafted furniture at the Shipshewana Flea Market. The small community comes alive with travelers from all over to visit this "do not miss" Hoosier tradition. The atmosphere surrounding the Flea Market is one of a kind. It is not hard to find a friendly face on these streets, nor is it difficult to keep one busy with the numerous activities Shipshewana has to offer. Don't leave the area without experiencing home-style Amish cooking at the "Auction Restaurant" on the Flea Market grounds, or at other fine eateries in the area. Price includes transportation only. Bring money for purchases and lunch.

Activity: 383799-A
 Day/Date: Tuesday, May 22
 Depart: ARC/7:30 a.m.
 Return: ARC/6:00 pm
 Age: Adult
 Fee: R\$30/NR\$35
 Min/Max: 8/14
 Registration Deadline: May 17

South Pacific at Drury Lane Oakbrook

More timely than ever, this Rodgers & Hammerstein landmark musical proves that even the backdrop of a tropical paradise cannot shelter its residents from the prejudices of World War II. South Pacific is the winner of the 1950 Pulitzer Prize for Drama and ten Tony Awards including Best Musical. Join the Alsip Park District for lunch & a wonderful rendition of this classic. Price includes transportation, theater ticket, lunch and gratuity.

Activity: 385695-A
 Day: Thursday
 Date: June 14
 Depart: ARC/10:30 am
 Return: ARC/4:00 pm
 Age: Adult
 Fee: R\$67/NR\$77
 Min/Max: 8/14
 Registration Deadline: June 1



The registration deadline is one week prior to the start of each class unless otherwise noted.

ALSIP PARK DISTRICT PRESENTS

Savannah, Jekyll Island & Charleston, SC



INCREDIBLE PRICE INCLUDES:

- ◆ Motorcoach transportation
- ◆ 6 nights lodging including 4 consecutive nights in the Savannah area
- ◆ 10 meals: 6 breakfasts and 4 dinners
- ◆ GUIDED TROLLEY TOUR OF SAVANNAH, followed by Hop-On/Hop-Off Privileges
- ◆ Visit to Historic CHARLESTON, SC
- ◆ Relaxing HARBOR CRUISE in Charleston, SC
- ◆ GUIDED TOUR OF ST. SIMONS ISLAND
- ◆ GUIDED TRAM TOUR OF JEKYLL ISLAND
- ◆ and much more

\$715 *

7 DAYS 6 NIGHTS

PER PERSON, DOUBLE OCCUPANCY

(Sun - Sat)

June

3 - 9, 2018

Departure: Apollo Recreation Center, 12521 S. Kostner Ave, Alsip, IL @ 8 am

Day 1: Depart in a spacious, video and restroom equipped Motorcoach and set off for beautiful Savannah, GA. This evening you will stay at an en route hotel.

Day 2: Enjoy a Continental Breakfast. Today you will continue your journey, then enjoy a leisurely Dinner and check into a Savannah area hotel for a four night stay.

Day 3: After a Continental Breakfast you will start your journey with a GUIDED TROLLEY TOUR OF SAVANNAH, the "Belle of Georgia." You'll see extraordinary architectural marvels, beautiful oak-lined streets and lovely "town squares." You will then have Hop-On/Hop-Off Privileges on the TROLLEY for the rest of the day. Enjoy free time on historic River Street, featuring unique 18th century "ballast stone" streets and 19th century cotton warehouses that are now home to fine eateries, unusual shops and antique galleries. Tonight, you'll enjoy Dinner with Entertainment before returning to your hotel for the evening.

Day 4: After enjoying a Continental Breakfast, you will depart for a GUIDED TOUR OF ST. SIMONS ISLAND. Take a stroll among moss-draped oaks or shop at the interesting boutiques and specialty shops in the historic area. Later, you'll take a GUIDED TRAM TOUR OF JEKYLL ISLAND. See how the nation's wealthiest citizens like J.P. Morgan and William Rockefeller lived and played - including a stop at what was once the exclusive "Millionaires Club." After Dinner, you'll return to your hotel to rest for the next fun-filled day.

Day 5: Today, after a Continental Breakfast, you will enjoy a visit to historic CHARLESTON, SC - "America's Favorite City." Charleston's history dates as far back as the 1600's. Next, you will take a cruise and enjoy the beauty of the Charleston Harbor. During this scenic and relaxing HARBOR CRUISE, you will see over 75 landmarks and points of interest! Tonight, enjoy Dinner before returning to your hotel for the evening.

Day 6: Enjoy a Continental Breakfast at your hotel before leaving for the South Carolina State Museum in Columbia, SC. This evening, relax at your en route hotel.

Day 7: Today, after enjoying a Continental Breakfast, you will depart for home... a perfect time to chat with your friends about all the fun things you've done, the great sights you've seen, and where your next group trip will take you!

ADD PEACE OF MIND TO YOUR TRIP...

With Diamond Tours Exclusive Travel Confident® Protection Plan if you have to unexpectedly cancel or cut your plans short. See back for details...

\$75 Due Upon Signing. *Price per person, based on double occupancy. Add \$225 for single occupancy.

Final Payment Due: 3/27/2018

FOR INFORMATION & RESERVATIONS CONTACT:

Denise Michalski @ (708) 389-1003

Harry Hollendonner (708) 597-3577

Diamond Tours^{inc.}
Bringing Group Travel to a Higher Standard®

Fla. Seller of Travel Ref No. ST32973.

Form ID: 2300-710106

WM

Tour#: 1376810

The registration deadline is one week prior to the start of each class unless otherwise noted.

www.alsipparks.org · 708-389-1003 47



Savannah - the "Belle of Georgia"



Charleston, SC - "America's Favorite City"



Jekyll Island - Georgia's elite coastal barrier island



You'll feel like you've traveled back in time!

Interested in coaching?

We are always looking for qualified individuals who are interested in coaching our leagues. All coaches are required to submit and successfully pass a State of Illinois Criminal Background Check. Any interested coach should contact the Alsip Park District at (708) 389-1003.

Youth Outdoor Spring Soccer League

All participants will play an 8 game season beginning in May. This league will stress fun, sportsmanship, fair play, and teamwork. Teams will be selected on a random basis by Alsip Park District employees. Each participant will receive an end of season trophy, a team uniform package that includes shorts, shirt and socks, and a \$10 picture package. Register today! **Note:** No games will be played on May 26 or June 16. Each team will play 2 night games during the season on a week night in order to make up these off dates. Game times are dependent on the number of teams per division. The Alsip Park District reserves the right to combine divisions if needed.

Activity: 374066

Location: Commissioner's Park

Game Dates: Saturdays, May 12-June 30

Game Times: 9:00-11:00 am (Session A & C)
11:00 am-2:00 pm (Session B & D)
1:00-4:00 pm (Session E)

Fee: R \$75/NR \$95

Min/Max: 40/80 per division

Registration Deadline: Saturday, April 21

Session	Division	Grade
A	Pee Wee	4-5 years
B	Midget	1st & 2nd Grade
C	Intermediate	3rd & 4th Grade
D	Junior	5th & 6th Grade
E	Senior	7th & 8th Grade

Draft Procedures

We're sorry but in order to preserve the sanctity of the blind draft system when developing teams we will be unable to honor specific requests for children to play with certain participants or coaches. This action can only be honored for immediate siblings (no cousins) or for those coaching their son or daughter. Also, specific requests for group coaching must be made aware to the park district and will be honored only on a case by case basis.



Girl's 12" Fast-Pitch Softball Program

Registration for the Alsip Park District's Girl's 12" Softball Program is currently being accepted at the Apollo Recreation Center. This recreational program is being offered to girls 6-14 years of age. The goal of the program is to develop the fundamental skills of 12" fast-pitch softball, as well as prepare girls to continue playing at the High School level. These skills include fielding, hitting, base running, and pitching. The program is also designed to teach sportsmanship and to have fun! The league will consist of a 16-24 game schedule. Home games will be scheduled at Commissioner's Park on Monday and Thursday nights. Away games will be determined by the Southwest Interleague (SWI) that the program will participate in. Practice times will be during the week, with specific times and locations to be selected by our volunteer coaches. All participants will receive a hat, jersey, shorts, socks, an end of season award, and a free \$10.00 picture package. Participants must register in their appropriate age division. The cut off date for participation in an age division will be determined by January 1, 2018. Opening Day Parade will be held on Saturday April 21.

Activity: 274060

Location: Prairie Jr. High Ball Fields and Commissioner's Park

Day/Dates: Weeknights, April 23-June 29

Game Time: 6:00 pm

Age: 6-14

Fee: R\$75/NR\$95

Min/Max: 48/96

Session	Division	Age
A	Under-8	6, 7, & 8 year olds
B	Under-10	9 & 10 year olds
C	Under-12	11 & 12 year olds
D	Under-14	13 & 14 year olds

The registration deadline is one week prior to the start of each class unless otherwise noted.

Chicago Fire Soccer Camp

Kick off your summer by signing up for a Chicago Fire Soccer Summer Camp! Play, learn and train with our passionate, highly qualified Chicago Fire coaches who will help your child develop soccer skills in a week of soccer-filled fun. Programs are suitable for all ages and ability levels. Spaces are limited!

LITTLE SPARKS: Introduce your child to learn the fundamentals of soccer with mom and dad.

COMMUNITY: Build on your child's key soccer skills through activities and themed practices.

COMPETITIVE: Develop your child's performance through tailored game-related activities for a competitive edge.

All players registered will receive an SITC Dri-Fit jersey, ball, individual player evaluation and a ticket to a Chicago Fire game at Toyota Park! Interested In our **FREE** scholarship program? Host a coach for the week of camp and get on camp for **FREE!** Please ask for further information and details.

Activity: 374061

Location: Sears Park

Day/Dates: Monday-Friday, July 16-July 20

Min/Max 20/40 per session

Session	Title	Age	Time	Fee
A	Little Sparks	3-5	4:00-5:00 pm	\$75
B	Community	6-10	5:00-8:00 pm	\$115
C	Competitive	6-14	5:00-8:00 pm	\$115



The registration deadline is one week prior to the start of each class unless otherwise noted.



Hot Shots Sports

Hot Shots Sports aims to develop young athletes who will grow emotionally, physically, and intellectually in our sports programs. By redirecting the focus away from wins and losses and toward personal growth, we create an environment where winning is the byproduct of and not the means to success. This approach creates critical thinkers who understand the importance of giving their best in practice, games, and other life endeavors. Our Coaches take pride in fostering that drive, and motivating your child to find the champion inside of themselves.

Adult-Tot Sports

Parents are an integral part of helping their tots develop basic sports movement and motor skills. Motor skill activities focus on hand/eye and hand/foot coordination. Sports equipment and instruction are provided to help guide your child through an introduction to organized sports. Parents or caregiver participation is required. **Note:** There will be no class held on May 26 and May 28

Activity: 374290

Instructor: Hot Shot Sports Instructor

Location: Gymnasium II

Age: 2-4 years old
(Adult participation is required)

Fee: R\$63/NR\$73

Min/Max: 4/15

Session	Day	Date	Time
A	MO	April 16-June 4	5:30-6:15 pm
B	SA	April 21-June 9	9:00-9:45 am

Lunch and Play

Children are introduced to a variety of sports including basketball, floor hockey, football, kickball, soccer, t-ball and other sports and group games. The goal is to provide the opportunity for each child to develop motor skills and nurture his/her growth socially through teamwork and good sportsmanship. Children eat lunch with the coaches, then play sports in the gym. Note: Coaches will pick participants up from Alsip Park District Pre-School Program and Walk them to the Small Gym for Class.

Activity:	374289	
Instructor:	Hot Shot Sports Instructor	
Location:	Gymnasium II	
Time:	12:00-1:15 pm	
Age:	3-5 years old	
Fee:	R\$70/NR\$80	
Min/Max:	4/15	
Session	Day	Date
A	WE	April 18-May 30
B	TH	April 19-May 31

Total Sports

This class features a new sport each week. Some of the sports taught and played include basketball, floor hockey, football, kickball, soccer, and baseball. In addition, participants play many popular running and group games. Children have the opportunity to acquire new skills and develop confidence in games they have played in previous classes. **Note:** There will be no class held on May 26 and May 28

Activity:	374296	
Instructor:	Hot Shot Sports Instructor	
Location:	Gymnasium II	
Age:	5-7 years old	
Fee:	R\$63/NR\$73	
Min/Max:	4/15	

Session	Day	Date	Time
A	MO	April 16-June 4	6:15-7:00 pm
B	SA	April 21-June 9	9:45-10:30 am



Lil' Dribblers

The Lil' Dribblers Basketball program introduces children to the game of basketball in a safe, fun and exciting environment. Our curriculum uses age appropriate activities and games specifically designed to increase balance, body awareness, motor skills, hand eye coordination, listening skills and the ability to follow directions.

Activity:	374291	
Instructor:	Hot Shot Sports Instructor	
Location:	Gymnasium II	
Day/Dates:	Tuesday, April 17-June 5	
Fee:	R\$63/NR\$73	
Min/Max:	4/15	

Pro Dribblers

The Pro Dribblers program builds on skills and rules learned in the Rookie Dribblers class and also introduces more fundamental techniques and basic rules.

Session	Age	Time
A	4-5	5:30-6:15pm

All Star Dribblers

The All Star Dribblers basketball program is designed for participants to continue developing early basketball fundamentals and begin having a better understanding of the game. The program prepares players for game play by incorporating the rules and physical skills learned earlier in the program with game situations.

Session	Age	Time
B	6-7	6:15-7:00 pm

The registration deadline is one week prior to the start of each class unless otherwise noted.



TRACK AND FIELD DAY



List of Events

Running: 50 Yard Dash.
100 Yard Dash. Hurdles

Field Events: Long
Jump. Shot Put. Javelin
Throw. High Jump

Team Events: 3 Leg
Race. Sack Race Relay.
400 Yard Relay

The Alsip Park District is proud to announce that we will be hosting our first ever Track and Field Day. This Spring, youngsters ages 10-13 will compete in a variety of events throughout the day including running events, field events as well as a team event. The day will finish with a classic tug-o-war tournament followed by an award ceremony. During the award ceremony the ribbons will be awarded to the top 6 place finishers in each event. All participants must preregister online or at the Apollo Recreation Center. All participants will receive a t-shirt at the day of the event.

Activity: 374065
Location: Sears Park
Day: Saturday
Date: April 28
Time: 10:00 am
Age: 10-13
Fee: R\$/NR\$
Min/Max: 10/25 per age group

Registration Deadline: April 14

Session	Age
A	10 years old
B	11 years old
C	12 years old
D	13 years old

The registration deadline is one week prior to the start of each class unless otherwise noted.

Priority Registration

Resident teams registration begins on Monday, February 19. A resident team is defined as a team made up of 50% Alsip Park District residents on the roster. Teams claiming residency will need to provide proof for all players. Nonresident team registration begins on Monday, February 26. Please be ready at the time of registration, to supply the Park District with the captain's and co-captain's names, addresses, home and work phone and email address. You may pay by Cash, Check, or Credit Card. Checks are to be made payable to the Alsip Park District. You will not be guaranteed a spot in the league until full payment is received.

Deposit Information

Teams may pay \$100 deposit to hold spot in league, but must also leave valid credit card number. If full payment is not received by the start of the league, card will be charged balance of league fee. Teams whose credit card is declined will lose spot in league.

Men's 12" Softball

Twelve-inch Slow- pitch softball is being offered to men 18 years and older. All competition is played at Commissioner's Park, located at 126th and Kedzie, Alsip. All leagues consist of a minimum of four with a maximum of eight teams. Any league that does not reach the minimum of four teams will be canceled. Depending on the league you register for, league play shall consist of a 14 game season plus one week of playoffs.

Rosters are limited to 18 players. Game schedules can be downloaded from www.alsipparks.org.

Activity	Day	Dates	Game Time	Fee	Games
374029	SU	May 13-July 8	4:00 pm & 5:15 pm	R\$625/NR\$650	14

Men's 16" Softball

Our 16" leagues are designed for men 18 years and older. All competition is played at Commissioner's Park, located at 126th and Kedzie, Alsip. All leagues consist of a minimum of four with a maximum of eight teams. Any league that does not reach the minimum of four teams will be canceled. Depending on the league you register for, league play shall consist of a 14 or a 10 game season plus one week of playoffs. Rosters are limited to 18 players. Game schedules can be downloaded from www.alsipparks.org.

Activity	Day	Dates	Game Time	Fee	Games
374021-A	SU	May 13-July 8	10:00 am & 11:15 am	R\$625/NR\$650	14
374024-A	TU	May 15-July 24	6:45 pm	R\$550/NR\$575	10
374024-B	TU	May 15-July 24	8:00 pm	R\$550/NR\$575	10
374023-A	WE	May 16-July 25	8:15 pm	R\$550/NR\$575	10
374044-A	FR	May 18-July 27	6:45 pm	R\$550/NR\$575	10

Co-Rec Softball

This league is being offered to adults 18 years and older. All competition will be played on Sunday afternoons at Commissioner's Park, located at 126th and Kedzie, Alsip. League play shall consist of a 10 game schedule, with the top four teams advancing to the playoffs. Each league shall consist of a minimum of four teams with a maximum of eight. Rosters are limited to 20 players. Leagues may be combined in order to reach appropriate numbers. Game schedules can be downloaded from www.alsipparks.org.

12" Softball

Activity	Day	Dates	Game Time	Fee
374040-A	SU	May 13-July 29	7:00 pm	R\$550/NR\$575

16" Softball

Activity	Day	Dates	Game Time	Fee
374041-A	FR	May 18-July 27	8:00 pm	R\$550/NR\$575



The Power of 5-Youthful Aging

Learn powerful strategies on how to slow the aging process to age gracefully, beautifully and on your own time. Discover a combination that works best with daily skin care tips, ingredient education, procedures that defy gravity and the latest in youthful aging techniques and more. This presentation excites all to know healthy, beautiful skin can be achieved at any age.

Activity: 343539-A
Instructor: Jill Stetson of SkinTrust

Location: Board Room

Day: Wednesday

Date: March 21

Time: 7:00-8:00 pm

Age: Teen to Adult

Fee: R\$5/NR\$7

Min/Max: 10/50

Registration Deadline: March 14

Image Renewal-Imagine the Possibilities

In this inspiring presentation, the audience is empowered with vital information on how to enhance their appearance. Includes style tips, wardrobe must-haves, skin care and youthful-aging techniques, and a little history too! Energizing, informative and unique-a great presentation for of any group to look and feel their best.

Activity: 343540-A
Instructor: Jill Stetson of SkinTrust
Location: Board Room
Day/Date: Wednesday, May 2
Time: 7:00-8:00 pm
Fee: R\$5/NR\$7
Age: Teen to Adult
Min/Max: 10/50



Prom Up-Do Workshop

Join the talented staff of O'Hara & Friends as they will demonstrate a variety of up-do's and make-up techniques to get you ready for spring dances and proms.

Activity: 343317-A
Instructor: O'Hara & Friends Salon Staff
Location: ARC/Board Room
Day/Date: Tuesday, April 17
Time: 4:00-6:00 pm
Age: Teen-Adult
Fee: R\$25/NR\$29
Min/Max: 6/25



Illinois Shotokan Karate-Adult and Parent/Child

Illinois Shotokan Karate Club is Chicagoland's premier karate school taught under the instruction of John DiPasquale, a four-time National Champion, US National Coach and President of the US National Karate Federation. Our Adult classes release tension, develop total body fitness and build stamina and overall productivity! In addition to self-defense skills, karate increases flexibility, cardiovascular endurance, and muscle tone, while improving core strength. Parent/Child classes are a great way to spend quality time with your child, while conditioning muscles, developing coordination and improving cardiovascular fitness.

- Uniforms and Belt-Testing are options available through the ISKC instructor.
- Please note that the Youth, Parent/Child and Adult classes may train together.
- Beginner students will not be permitted to register into the current session after the second class has met.

Registration for continuers through advanced students will be accepted after the start date, but the full class fee is required.

- Continuer Red Belt & up/Instr. Permission
- Please visit WWW.ISKC.COM for more information or call us at 847-359-0666.

Activity: 338257
Instructor: Illinois Shotokan Karate Club Staff
Location: Gymnasium II
Day/Dates: Wednesday, April 4th- June 6th
Fee: R\$103/NR\$113 per person
Min/Max: 4/15

Session	Time	Age	Category	Level
E	6:15-7:10pm	7&Up	Parent/Child	Beginner
F	7:15-8:10pm	7&Up	Parent/Child	Continuer
G	6:15-7:10pm	15&Up	Parent/Child	Beginner
H	7:15-8:10pm	15&Up	Parent/Child	Continuer



The registration deadline is one week prior to the start of each class unless otherwise noted.

Braiding with O'Hara & Friends

Kids or adults with kids are welcome to join us for this one night class where we will learn a variety of braids with instruction from a O'Hara & Friends staff member. Come out and learn something new at the Alsip Park District!

Activity: 343316-A
Instructor: O'Hara & Friends Salon Staff
Location: Board Room
Day/Date: Tuesday, March 20
Time: 4:00-6:00 pm
Fee: R\$23/NR\$27
Age: 8 years to Adult
Min/Max: 6/25

State Farm Workshops

Mike McPartlin, local State Farm Insurance Agent likes to talk about where you are in life. His presentation will provide information regarding insurance needs to protect and manage your risks...auto, home, life and health. His goal is guide you to make smart decisions for your family and their financial future. Join us for one or all three of these informative financial seminars and get your questions answered. Light refreshments will be served. Remember, "Mike's Your Guy"

Registration is required.

Activity: 343554
Instructor: Mike A. McPartlin
Location: Board Room
Day: Thursdays
Time: 6:30-7:30 pm
Fee: Free
Min/Max: 10/30

Session	Dates
A	March 22
B	April 19
C	May 17

Black Dog K9 Training

Black Dog K9 is dedicated to keep all dogs in loving homes through education and training of both dogs and their owners. We believe that dogs have a natural place in society and that as our companions have the right to be part of the human pack. Black Dog believes that as people we have an obligation to our animals and that we should preserve and nourish the human/animal bond. This class teaches the basic behaviors dogs need to know to live with us such as Watch, Sitting on command, Lie down, Respond to their name, Settle down, Stay, Come when called, Walk nicely on leash, Leave it and take it, the three D's distance, duration, and distraction and how they affect training. Black Dog will also help with some common problems such as jumping, nipping, need for a soft mouth and others. Registration and payment will be taken on the first night of the class but in order to reserve your space please call Black Dog Canine at 708.305-1322.

Activity: 343312
Instructor: Black Dog Staff
Location: Dance Room
Day: Wednesdays
Fee: \$125
Min/Max: 5/8
Registration Deadline: One week before session

Session	Dates	Time
A	March 14-April 18	6:00-7:00 pm
B	May 2-June 6	6:00-7:00 pm



Mother & Child Mother's Day Ceramics Workshop

Sign up for this Mother and child Mother's Day Ceramic workshop and make memories with your little as you make a beautiful ceramic piece to take home and enjoy forever! Price includes one baked ceramic piece of your choice, paints and supplies and light refreshments to celebrate Mother's Day early! There will be a variety of different designs to choose from, so come early to get first choice!

Activity: 343569-A
Instructor: We're All Fired Up
Location: Board Room
Day/Date: Wednesday, May 9
Time: 6:00-8:00 pm
Age: Adult/Child Couple
Fee: R\$25/NR\$35
Min/Max: 10/25
Registration Deadline: May 2

Mother & Daughter Day Spa Escape

Relax, rejuvenate, renew, yourself at the spa. Enjoy the experience of this relaxing time, which includes a mini facial, foot treatment, hand and lip facials and de-stressing techniques to relieve tension. Techniques they can learn to do at home. Please wear comfortable clothing and bring a towel, headband and washcloth. A light snack will be served after the spa.

Activity: 343561-A
Instructor: Annmarie Vlasich
Location: Dance Room
Day/Date: Saturday, May 12
Time: 10:00-11:30 am
Age: Daughters 12+ with Mom
Fee: R\$45/NR\$50
Min/Max: 5/10 couples
Registration Deadline: May 4

Alsip Senior Club

*There are so many
benefits to joining the
Alsip Park
District's Senior Bingo
Club!*



Join the Alsip Park District's Senior Bingo Club and keep active!

Meetings are held on the second and fourth Monday's of each month.

All meetings are held from Noon-3:00 pm at the Apollo Recreation Center, located at 12521 S. Kostner Avenue, Alsip.

Newcomers are always welcome to attend!

For additional information, contact the Alsip Park District at 708-389-1003.

\$5 Annual Membership

\$2 at the door for coffee and roll

\$0.50 per card for Bingo
No limit on Cards

Prizes donated by the Alsip Park District, will be awarded one time per month.

The registration deadline is one week prior to the start of each class unless otherwise noted.





BOARD OF DIRECTORS

Jeannette Huber	Alsip Park District
Tom Wogas	Blue Island Park District
Brenda Dziallo	Village of Merrionette Park
Dominic Egizio	Midlothian Park District
Jennifer Fullerton	Hickory Hills Park District
Mike Leonard	Palos Heights Recreation Department
TJ Whitcomb	Posen Park District
Frank Torres	Summit Park District
Bob O'Shaughnessy	Worth Park District

SWSRA ADMINISTRATIVE STAFF

Lori Chesna, CPRP	Executive Director
Dawn Kehoe	Business Manager
Susan Prieboy, CTRS	Superintendent of Recreation
Paula Marr	Office Clerk/Volunteer/ PR Coordinator
Madelyn Hazelip	Office Clerk
John Bedore	Vehicle & Facilities Coordinator

Alsip Park District has a cooperative agreement with South West Special Recreation Association (SWSRA) to provide recreation choices for people with disabilities.

WE ARE SPECIAL....

SWSRA is a special recreation cooperative comprised of the following communities: Alsip, Blue Island, Justice, Merrionette Park, Midlothian, Palos Heights, Posen, Summit and Worth. SWSRA was formed in 1981 to provide year-round quality recreation programs and services for individuals with disabilities or special needs. SWSRA programs are designed to increase independence and enhance the quality of life for each individual.

Main Office

12521 S. Kostner Ave. • Alsip, IL 60803

Tel. 708-389-9423 • Fax 708-389-6458

Office Hours: Monday-Friday 9:00 am-5:00 pm

www.swsra.com

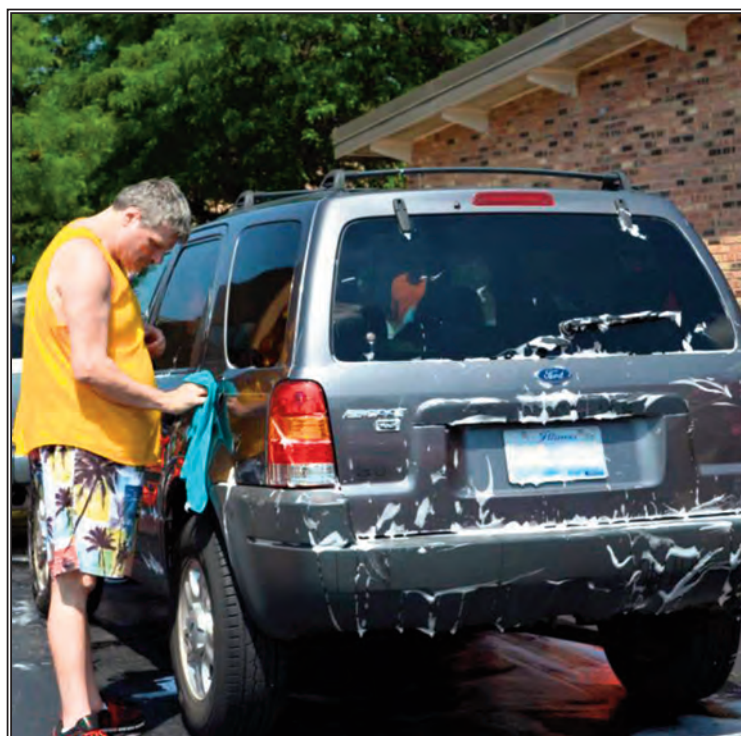
SWSRA provides a wide variety of programs available for individuals from early childhood through adulthood. The programs are designed to meet the individual recreation needs of any person who is in special education classes, participates in a sheltered workshop, is referred to SWSRA from a local hospital or rehabilitation center, or who's special needs restrict or prohibit their participation in traditional park district setting. This would include individuals who have varying degrees of physical or mental disabilities, learning disabilities, behavior disorders, attention deficit disorders, hearing or visual impairments.

WE OFFER...

SWSRA offers a wide variety of programs, sports (including participation in Special Olympics Illinois), special events, trips and summer camps. Participants of SWSRA not only have fun, but also make friends, increase physical activity, enjoy new experiences and refine their social and life skills.

INCLUSION...

Some people with disabilities prefer to have recreation opportunities in traditional recreation programs with people who do not have disabilities. To meet this need, SWSRA provides training, support staff and assistance to partner park districts and local recreation departments so inclusive recreation can be enjoyed by all! For more information, please contact SWSRA at (708) 389-9423 or visit us on the web at www.swsra.com.



The registration deadline is one week prior to the start of each class unless otherwise noted.

SWSRA's Sensory Depot

SWSRA opened a Sensory Room in January 2017 that provides children and adults with disabilities we serve with a multi-sensory environment that promotes neurological activity and encourages relaxation, allowing participants to experience their senses and soothe themselves. Multi-sensory environments promote development, learning, and communication and lead to improved quality of life. Time spent in a multi-sensory environment has been shown to increase concentration; to focus attention; to improve alertness, mobility, creativity, social relations, communications, and general awareness of the surrounding world; and to encourage learning, motor development, cognitive development, language, and social interaction skills. Our Sensory Room will be available to individuals of all ages and all abilities. However, the Sensory Room will be particularly beneficial for individuals with autism spectrum disorders, sensory processing disorders, ADHD, and dementia.



SWSRA's Sensory Room will consist of equipment that provides sensory stimulation opportunities. The following sensory stimulation elements are examples that will be part of our Sensory Room:

- **Bubble Tube:** Bubble tubes allow clients to seek visual stimulation with the coloring changing light and the calming effect of the bubbled water.
- **Side Sparkle Kit:** 78" length tendrils allow participants to play in a safe way with light and explore tactile stimulation with the tendrils in a ground stimulation activity. This item is especially ideal for clients who utilize wheelchairs as the "mat relaxation time" allows muscles to be stretched as stimulus to other body parts are provided by the tendrils and rotating color lights.
- **Activity Play Panel Center:** Panels feature a variety of fine motor options for clients. The Activity Play Panel Center includes velcro, see-thru mesh, transparent vinyl, and art display panels.

The registration deadline is one week prior to the start of each class unless otherwise noted.



- **POD Pillows:** Allows relaxation of the body in a comfortable pillow-seat that has a higher elevation of support for clients with less muscle control.
- **Octagon Rest Zone:** Series of interconnected mats that provide rim support for clients to allow group social relaxation time or support for individuals with limited muscle tone.

Parents, guardians, and staff are welcome to stay in the program room while the participant uses the sensory room supervised by SWSRA staff.

Sessions are 30 minutes each and you may drop in at any time during the allotted reservation time, however the last session must arrive 30 minutes prior to the end time. SWSRA staff close the room at each designated end time without exceptions.

Registration is required through the SWSRA office located at 12521 S. Kostner Ave., Alsip IL.

Payments will not be accepted at the Sensory Depot. The Sensory Depot is located at 10707 S. Oak Park Ave., Worth IL. The doors will remain locked to the building until 5 minutes prior to the session beginning.

Help SWSRA buy new sensory items for the Sensory Depot by visiting and sharing the following link: <https://www.gofundme.com/2c5wm44>



Check out Our NEW Birthday Parties for children ages 3-10!

We have revamped and expanded our birthday parties to include even more excitement and fun! Stop by the Apollo Recreation Center for the all the details! Here is a quick highlight of each party. All parties are 2 hours in length and include cupcakes and ice cream, party favors and prizes for games for 12 children. Additional children are charged a fee of \$15.00 each and a maximum of 15 children are allowed at the party and final counts are due 1 week before the date of the party, No additional food may be brought into the party and we require at least a 2 week notice for parties. You can add on the fun with crafts and balloon centerpieces. We can create a party to fit any theme and we will create a custom package just for you! Stop by the Main Office and complete a Birthday Party request form to begin the process! For additional information, Call Laurie at 708-389-1003 ext. 329.



Pirate Party or Pink Pirate Party:

RS220/NR\$240

We will enjoy cake and ice cream as we search for gold on a treasure hunt, X marks the spot! All the kids will receive a treasure chest filled with gifts worthy of a captain. Games such as pirate patch and walk the plank will be played.

Sports Galore (Favorite Sport: _____):

RS220/NR\$240

The party favors and decorations will go with the Partygoers favorite sport, so be sure to jot it down on the form. The birthday person and his/her guests will compete in skills competitions; have relay races and other sports themed games for prizes. Some activities may be held outdoors or in our gymnasiums, space permitting.

Crafty Birthday Party:

RS220/NR\$240

If your Birthday Child loves arts-n-crafts, this is the party theme to choose! Fill in the items below in order for us to have the appropriate craft project. Craft projects will be done first, allowing for dry time, then on to refreshments, and games if time allows.

Birthday Child Age: ____

Birthday Child is: Boy/Girl



Minimum/Maximum

When you see the words "Min/Max" under a program it refers to the minimum number of participants needed for the program to run and the maximum number of participants that the program can accommodate.

Did you know?

The Alsip Park District is a separate municipal governing agency established for the purpose of providing parks, facilities and recreational programs for the community. If you have any questions regarding any of our programs, parks or facilities, please feel free to contact our Main Office at 708-389-1003.



Sears Park Picnic Shelter

Picnic/Shelter Rental

The Alsip Park District is eager to inform you that several of our shelters in our parks throughout the community are for rent. Each shelter may only be rented once a weekend, either Saturday or Sunday. No alcoholic beverages, animals, open fires (except in permanent park district grills), D.J.s or glass containers are allowed and renter is responsible for all guests, liabilities and damages. Renter and guest must clean and vacate the premise by dusk, failure to do so will result in forfeit of their deposit. Renters must include set up and take down time in the time on the contract. Note: For cancellations the Alsip Park District must be notified two weeks prior to the rental or a forfeit of the renter's deposit will occur.

Rental on Saturday and Sunday Only

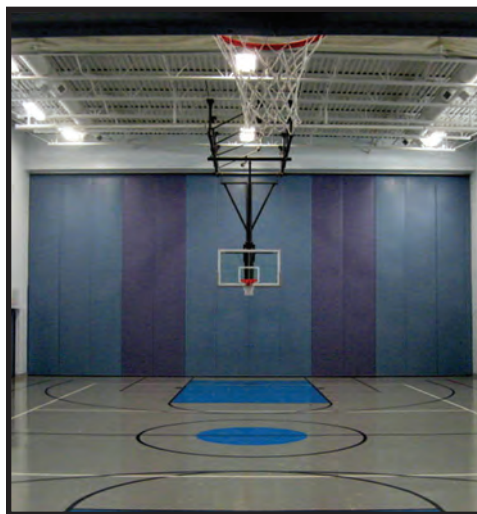
- Apollo Park (50 person capacity)
- Barnes Park (25 person capacity)
- Laramie Park (25 person capacity)
- Sears Park (60 person capacity)*
- \$50 Cash Deposit Required (Apollo, Barnes & Laramie)
- \$100 Cash Deposit Required (Sears only)
- Fee
 - Residents-\$100 per 5 hour rental
 - Non-Residents-\$150 per 5 hour rental

* \$25 Cash Fee for Bathrooms

ARC-Gymnasium Rental

The small gymnasium, located in the Apollo Recreation Center is for rent on Saturday and Sunday. This gymnasium can be used to play volleyball or basketball; no spectators allowed. A minimum two-hour rental required for gymnasium. All rentals must be completed including clean up with their rental by 9:00 pm and 8:00 pm during the summer. Renters must include set up and take down time in the time on the contract. No alcoholic beverages or D.J.s allowed and renter is responsible for all guests, liabilities and damages. **Note:** For cancellations the Alsip Park District must be notified two weeks prior to the rental or a forfeit of the renter's deposit will occur. Rental on Saturday and Sunday Only

- 25 person capacity
- \$50 Cash Deposit Required
- Fee (minimum of 2 hours)
 - Residents-\$50 an hour
 - Non-Residents-\$75 an hour



Small Gymnasium



Dance Room Capacity: 60 people

ARC-Dance Room

The Alsip Park District offers a party room for rent in the Apollo Recreation Center. The Dance Room is ideal for a party or family function. This rental includes set-up and take down of tables and chairs, full use of the kitchen (additional deposit of \$50). This room is used for all of our special events and has a comfortable feel for your next birthday party, baby or bridal shower or family get together. You will not be disappointed. All rentals must be completed including clean up with their rental by 9:00 pm and 8:00 pm during the summer. Renters must include set up and take down time in the time on the contract. No alcoholic beverages or D.J.s allowed and renter is responsible for all guests, liabilities and damages. **Note:** For cancellations the Alsip Park District must be notified two weeks prior to the rental or a forfeit of the renter's deposit will occur. Rental on Saturday and Sunday Only

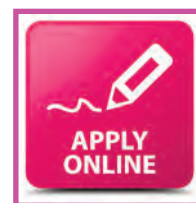
- 60 person capacity
- Dimensions 35 x 40 feet
- \$20 for Coffee Service
- \$50 Cash Deposit Required
- Fee (minimum of 3 hours)
 - Resident-\$25 per hour
 - Non-Resident-\$50 per hour

The registration deadline is one week prior to the start of each class unless otherwise noted.

Register Now

1. Online Registration

Visit www.alsiparks.org, select registration, select online registration. For first time users of the system, you will have to set-up an account. This can be done by selecting the "Create Account Tab". Setting up a new account will only take a few minutes and is only required for the first time you use the system. The online registration system provides many handy features that are designed to make registration easier.



2. Mail-In

Complete the registration form in the brochure. The form must be filled out completely in order to be processed. Payments may be made by check or credit card. Checks should be made payable to the Alsip Park District. If paying by credit card, include your complete credit card number, card holder name, expiration date and signature. **Note:** Make sure you sign the waiver on the registration form.



Mail to: Alsip Park District
12521 South Kostner
Alsip, Illinois 60803
Attn: Registration

3. Fax

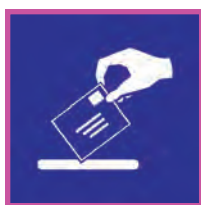
Complete the registration form in the brochure. The form must be filled out completely in order to be processed. All faxed registrations must be paid with a credit card. Be sure to include our complete credit card number, card holder name, expiration date and signature. **Note:** Make sure you sign the waiver on the registration form.



Fax to: 708-389-1529

4. Drop-Off

Complete the registration form in the brochure and/or complete a registration form at the Apollo Recreation Center. The form must be filled out completely in order to be processed. Place the completed registration form inside the mailbox located outside the front entrance of the Apollo Recreation Center or drop it off at the Registration Desk during regular business hours. **Note:** Make sure you sign the waiver on the registration form.



Drop-off at: Alsip Park District
12521 South Kostner
Alsip, Illinois 60803
Attn: Registration

REGISTRATION PROCESSING BEGINS

RESIDENTS: February 19, 2018

NON-RESIDENTS: February 26, 2018

REGISTRATION PROCESS:

- **REGISTRATION WILL BEGIN UPON RECEIPT OF YOUR BROCHURE.** You simply complete a registration form and return it to the Alsip Park District Registration Department and we will mail you a confirmation receipt once your registration has been processed. Program registrations will begin to be processed for residents on February 19 and for non residents on February 26.
- Walk-In registration may be taken after the initial lottery registration period.
- All program registration is done on a lottery basis.

The Alsip Park District accepts Visa, Mastercard American Express and Discover for credit card payments. Sorry, no telephone registrations.

A \$25.00 fee is charged on all NSF checks. All future registrations must be paid by cash, certified check or money order. Payment is due at the time of registration, unless otherwise noted.

PROGRAM CONFIRMATION

A confirmation/receipt will be sent to you in the mail once your registration has been processed. If it states "ENROLLED" you are enrolled in the program. If it states "W-List", you are on the waiting list for the program. You will be notified of waiting lists status changes. We encourage you to place your name on a waiting list. If the program you desire is full, additional sessions will be opened if possible.

MINIMUM/MAXIMUM

When you see the words "Min./Max." under a program it refers to the minimum number of participants needed for the program to run and the maximum number of participants that the program can accommodate.

REGISTRATION DEADLINE

Our programs need to meet the minimum number of enrollments by the registration deadline in order for the program to become active. It is important that you register by the registration deadline that is listed with each program to ensure that you are enrolled in the program, (if space is still available). After the registration deadline, registration may not be able to be taken. If we do not meet the minimum number of participants the program may be cancelled.



Main Office Registration Desk

The registration deadline is one week prior to the start of each class unless otherwise noted.



REFUND POLICY

Individuals submitting a request for a refund for a program will be eligible to receive a refund provided the request meets one of the criteria below:

- Individual must complete a refund application at the Apollo Recreation Center prior to two classes of the program session.
- No other refunds will be given after two classes of the program session have expired.

For various one day seminars, trips or special events a refund will be given if the following criterion occurs:

- Individual must complete a refund application at the Apollo Recreation Center one week prior to the seminar, trip or special event.
- There is a \$50 non-refundable processing fee for Day Camp and Teen Camp.

A processing fee of \$3.00 is deducted from all refunds with the exception of programs cancelled by the Alsip Park District.

Individuals enrolled in programs, special events or trips that are cancelled by the Alsip Park District will be given a 100% refund and a processing fee will not be accessed.

Park Watch

We need your help in keeping our parks safe, clean and FREE of vandalism. If you find broken equipment or have any other safety concerns about our park sites or facilities, please contact our Main Office at 708-389-1003. If you see vandalism occurring in the parks, please contact the Alsip Police Department by calling 708-385-6902. The park district is committed to providing a safe place for recreational activities and prefer to enhance the quality of our parks rather than replace vandalized equipment. Thank You for your support in our efforts to provide the residents of the Alsip Park District with quality park sites and facilities.



The Apollo Recreation Center Gymnasium is available for "open gym". The facility is open for your use at periodic times during the week when park district activities are not in session. Children under the age of 8 must be accompanied by a valid, card carrying member 16 years and older who must provide supervision for the youth(s) inside the gymnasium. Basketballs are available for use with

a valid facility pass. Gym shoes must be worn at all times.

General Membership Information

1. All Facility Pass registrations take place at the Apollo Recreation Center during regular office hours. Proof of residency is required. One must be a picture I.D. and one current Alsip utility bill. Children should have a school I.D. or library card and must be accompanied by a parent or legal guardian, who must show proper identification.
2. All facility pass members must have a photo I.D., taken at the Apollo Recreation Center.
3. Bring your Facility Pass when registering! Your pass will then be re-validated for the 2015 season.
4. Daily Passes may be purchased with a valid ID for a cost of \$5 per visit for residents and \$10 per visit for non-residents. Daily passes must be purchased during regularly scheduled office hours.
5. Building Supervisor Office will not sell guest passes.
6. The fee to replace a Facility Pass is \$20 for adults 18 & over, and \$10 for ages 8-17.
7. You must present a valid Facility Pass or Daily Pass before entering the Gymnasium/Fitness Center/Women's Circuit Center. No exceptions will be made!!!
8. There are no refunds on memberships.

Gymnasium Facility Pass Fees

Youth (8 years to 17 years).....	R\$30/NR\$60
Adult (18 years and older)	R\$75/NR\$150
Corporate Rates	R\$95 per employee
(Individuals not to exceed 30 employees per corporation)	

Gymnasium

Located inside the Apollo Recreation Center is a gymnasium that is left open for you to use for "open gym". This facility is open for your use at periodic times during the week when park district activities are not in session. Children under the age of 8 must be accompanied by a valid, card carrying member 16 years and older who must provide supervision for the youth(s) inside the gymnasium. Basketballs are available for use with a valid facility pass. Gym shoes must be worn at all times. No dark sole running/jogging shoes allowed! No food or drinks allowed in the gymnasium. Hours are subject to change during days of special events or circumstances.

Americans with Disabilities Act (ADA)

The Americans with Disabilities Act of 1991 (Public Law 101-306) was adopted by congress for the purpose of eliminating discrimination against individuals with disabilities. The Alsip Park District makes every effort necessary to comply with the Americans with Disabilities Act (ADA). We will not discriminate against qualified individuals with a disability for participation in services, programs and services. The Alsip Park District invites any individual with special needs to notify our staff upon registration so that we may better serve you. Additional programs for people with disabilities are offered through the Southwest Special Recreation Association (SWSRA). For additional information, please contact SWSRA at 708-389-9423.

Alsip Park District

Family Name _____ Address _____
 City _____ State _____ Zip _____
 Home Phone(____) _____ Work Phone(____) _____ Emergency Phone(____) _____
 Emergency Contact _____ Relationship to Family _____
 Do you have any special needs or require any accommodations? _____

First Name	Gender	Date of Birth	Grade	Activity #	Session #	Program Title	Day/Time	Location	Fee
								Total Paid	\$

FAX TO: 708-389-1529

MAIL TO: Alsip Park District
 12521 S. Kostner
 Alsip, Illinois 60803

Visa _____ Mastercard _____ Discover _____
 Cardholder # _____
 Cardholder Name _____ Exp. Date _____
 Amount Charged _____
 Authorized Signature _____

Are you interested in being a volunteer coach for one of our Youth Sport Programs? Yes ☐ No ☐

For Office Use Only
 _____ Cash _____ Check _____ Charge
 Date Rec'd _____ Check # _____

E-Mail Address _____ Participant Shirt Size _____

IMPORTANT INFORMATION

The Alsip Park District is committed to conducting its recreation programs and activities in a safe manner and holds the safety of the participants in high regard. The Park District continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for any program or activity must recognize that there is an inherent risk of injury when choosing to participate in any recreational activity.

You are solely responsible for determining if you or your minor child/ward are physically fit and/or adequately skilled for the activities contemplated by this agreement. Always advisable, especially if the participant is pregnant, disabled in any way or has suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

WARNING OF RISK

Recreational activities are intended to challenge and engage the physical, mental and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury when participating in any recreational activity. All hazards and dangers cannot be foreseen. Depending on the particular activity, certain risks, dangers and injuries may exist due to inclement weather, slips and falls, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction or other officiating, and other risks inherent to the particular activity. In this regard, it is impossible for the Park District to guarantee absolute safety.

WAIVER AND RELEASE OF ALL CLAIMS AND PHOTO/VIDEO AUTHORIZATION

Please read this form carefully and be aware that in signing up and participating in this program/activity, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this program/activity (including transportation services, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in this program/activity, and I voluntarily agree to assume the full risk of any and all claims for injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my minor child/ward) as a result of participating in this program/activity against the Alsip Park District, including its officials, agents, volunteers and employees.

I further authorize and give my consent to the Alsip Park District to photograph/video my child (or me), and without limitation, to use such photographs/videos in connection with promoting the services, programs, and facilities of the Alsip Park District, without consideration of any kind.

I have read and fully understand the above important information, warning of risk, waiver and release of all claims, and photo/video authorization. If registering on-line or via fax, my on-line or facsimile signature shall substitute for and have the same legal effect as an original form signature.



PLEASE PRINT

Participant's Name _____

Participant's Signature _____

(18 years or older or Parent/Guardian)

Date _____



PARTICIPATION WILL BE DENIED

If the signature of adult or/parent/guardian and date are not on this waiver.

The registration deadline is one week prior to the start of each class unless otherwise noted.

Easter Coloring Contest



Name: _____
Age: _____ Phone: _____

Turn in your completed coloring contest to the main office by Monday, March 26 and enter to win a prize! Prizes will be awarded to the best colored in the following age groups: 2-4 year olds, 5-7 year olds and 8-10 year olds. Happy Easter!

Sponsor Partnership Program



Thanks to our 2017 Santa's Landing Sponsors!

Alsip Chamber of Commerce
 Arkema
 Beggars Pizza
 Checkers of Alsip
 Eggman's Restaurant of Alsip
 El Coyote Restaurant of Alsip
 Fox Coffee,
 Jimmy John's of Alsip
 McDonalds of Alsip
 Nick's BBQ of Alsip
 RAE Products
 Reliable Fire
 Sportsfield
 Sprinklers Fitters Local 281
 The Lombard Company
 White Castle of Alsip



The registration deadline is one week prior to the start of each class unless otherwise noted.

Waiting Lists

Since all our programs have registration limits we cannot guarantee your choice of enrollment in them. The Alsip Park District maintains waiting lists for programs that have reached their maximum registration. Placement on a waiting list is encouraged. Individuals placed on a waiting list will be contacted if any additional program space becomes available.

Oops! - Brochure Typos/Errors

Though we try our best, due to the large amount of information available in the Alsip Park District Program Guide, errors after publication may occur. We apologize for any inconvenience this may cause, and when errors do occur, our staff will advise you of the changes as quickly as possible. We will also attempt to keep information on our website, www.alsipparks.org as current as possible. Thank you for your patience and understanding.

Special Accommodations

Special Accommodation Services are provided through the inclusion services of the South West Special Recreation Association (SWSRA). Requests for this service should be made a minimum of 2 weeks before the start date of any program during the registration process.

Say Cheese

Our Park District photographers periodically take pictures and/or videos of participants in our classes, during special events and out at our facilities and parks. Please be aware that these photos are for Park District use and may be used in the District's marketing materials. You must give us written permission if you or your family members do not want to be photographed or published.



Residency

Residency of the Alsip Park District is defined by financial contributions through property taxes for the operation of the park district. Boundaries of the Alsip Park District and the Village of Alsip are not exactly the same. If you are uncertain whether you qualify as an Alsip Park District resident, please check your current property tax bill. Proof of residency in the form of a picture I.D. and current tax bill or utility bill may be required during program registration. Alsip Park District residents are given first priority for program registration.

Program Limitations

Each program at the Alsip Park District has an established minimum and maximum number of possible registrants. These numbers are set to guarantee the highest quality program we can offer. The facility, student/teacher ratio and the nature of the program considered when setting program registration minimums and maximums. Programs that do not meet the minimum number of registrants may be cancelled. Please refer to the "*Program Cancellation*" section for additional information. Program instructors are not allowed to accept any registrant beyond the established maximum without authorization by their immediate athletic or recreation supervisor.

Important Class Cancellation Information

Program supervisors begin reviewing class enrollment and canceling classes that do not meet minimum enrollment approximately ONE WEEK (five business days), prior to the start date. It is extremely important that you try to register for class choices no later than one week before they begin. All participants registered in cancelled programs will be notified by the Alsip Park District staff and will receive a full refund.

Payment/Pro-rating

Participants will not be registered for programs without payment. Program fees will not be pro-rated for late enrollment.

Nothing ruins a good program quicker...

than waiting until the last minute to register for it. There is a point where if the minimum number of participants is not met to hold the program, it will be cancelled. Registering on the day of or the day before the program will not save it. Please register five business days before the program/event to avoid disappointment. Classes may be combined and times modified to facilitate better programs. Receipts are mailed to those enrolled.

The registration deadline is one week prior to the start of each class unless otherwise noted.

General Information

Alsip Park District Board of Commissioners

The Park Board is composed of five non-paid individuals selected by you to serve elected terms. The Board is primarily a policy-making body that reflects the needs and interest of all taxpayers. The Board of Commissioners meets on the fourth Monday of each month at the Apollo Recreation Center, 12521 South Kostner at 6:30 pm. The public is welcome to attend.



Meet the Staff

Jeannette Huber, CPRP	Director of Parks & Recreation
Greg Hooper, CPRP	Superintendent of Recreation
Cathy Krydinski	Business Manager
Daren McLaughlin	Superintendent of Parks
Dale Durnin	Park Foreman
Mike DeChene, CPSI	Park Laborer
James Parrott	Park Laborer
Rick Radz	Park Laborer
Richard Gottardo	Fountain Hills G. C. Manager
Danielle Peso Companio	Food & Beverage Manager
Leslie Guerrero, A.C.E., CPO	Aquatic/Fitness Manager
Will Misiewicz	Athletic Supervisor
Denise Michalski, CPP	Recreation Supervisor
Laurie Nissen	Recreation Supervisor
Donna Smith	Office Manager
Brian McLaughlin, CPRP, CPP	Public Information Manger



Board of Commissioners

Pictured left to right, Jerri-Lynn Kleina, Joseph Schmitt, Jackie Becker, Kathleen Perretta, and Robert Schneider

Apollo Recreation Center

12521 S. Kostner Avenue

Alsip, Illinois 60803

Tel. 708-389-1003 Fax 708-389-1529

Web Address: www.alsipparks.org

Registration Office Hours

Monday	8:30 am-8:30 pm
Tuesday-Friday	8:30 am-5:30 pm
Saturday	9:00 am-1:00 pm
Sunday.....	Closed



Plant a Living Tree Memorial

The Alsip Park District is proud to offer this program that will allow Alsip Residents the opportunity to honor and/or memorialize relatives and/or friends with the planting of a tree in one of the Alsip Park District Parks.

To become involved in this tree program, you will make a contribution to cover the cost of purchasing a tree that you choose from a list of authorized trees that the park district has approved. The minimum size of trees shall be two inches in caliper. For purchasing a tree, a donor will have the opportunity to assist the park district in selecting the site where the tree will be planted and you will receive a letter acknowledging the donation.

For more information on our "Plant a Living Tree Memorial" program, please contact our Main Office at 708-389-1003 or e-mail us at mainoffice@alsipparks.org

The registration deadline is one week prior to the start of each class unless otherwise noted.

Parks and Facilities



	VOLLEYBALL COURT	PICNIC AREA	FITNESS CENTER	PLAYGROUNDS	TOT LOT	BALL DIAMONDS	BASKETBALL COURT	FOOTBALL FIELD	TENNIS COURTS	GOLF COURSE DRIVING RANGE	BANQUET FACILITY	RESTAURANT	SOCCER	WALKING/BIKE PATH	CONCESSION STAND	INFINITY WEB	SKATE PARK
1 Apollo Recreation Center 12521 South Kostner	3 *	+	+	+				2 *		2				+			
2 Sprayfari Aquatic Park & Pool 11930 South Kostner		+			+										+		
3 Austin View Park Route 83 & Austin Ave.				+	+					2 L				+			
4 Barnes Park 117th & Kolin Ave.		+		+	+	+											
5 Bicycle/Walking Path 116th Street-127th Street														+			
6 Creekside Park 113th & Lamon Avenue				+													
7 Commissioners Park 12600 Kedzie Avenue	2 L	+		+	+	4 L							+	+	+		
8 Fountain Hills Golf Club 12601 Kedzie Avenue										30 L	+						
9 Freedom Park 131st & Cicero		+		+	+												
10 Ketelaar Tot Lot 124th & Walter Lane					+												
11 Kiwanis Park 122nd & Laramie													+				
12 LaCrosse Tot Lot Engle Rd. & LaCrosse Ave.					+		1										
13 Laramie Park 120th & Laramie Avenue		+		+	+	1	1										
14 Mary J. Lynch Skate Park 119th Pl. & Kostner Ave.		+														+	+
15 Pokey Oaks 123rd & Lavergne Ave.					+												
16 Prairie Ball Diamonds 11910 S. Kostner Avenue						4											
17 Prairie View Park Termunde Dr. & Tripp Ave.				+													
18 Progress Park 122nd & Springfield				+													
19 Ronnetree Park 127th Pl. & Kenneth Ave.				+													
20 Sears Park 123rd & Trumbull Ave.		+		+	+	1		1L					1L	+F			
21 Wilkins Park Blossom Drive				+	+		1										

* = indoor

L = lighted

+ = equipment located at park site

F = Outdoor Fitness Stations located at park site

30 L = 9 holes

Note: Parks with lighted fields and/or courts close at 11:00 pm. All other parks close at dusk.
All parks open at dawn. No alcohol or open fires allowed on park district property.

Parks & Facilities



Apollo Recreation
Center



Aquatic Park



Austin View Park



Barnes Park



Bicycle/Walking
Path



Creekside Park



Commissioners
Park



Fountain Hills Golf
Club



Freedom Park



Ketelaar Park Tot
Lot



Kiwanis Park



Lacrosse Tot Lot



Laramie Park



Mary J. Lynch
Skate Park



Pokey Oaks



Prairie View Park



Progress Park



Ronnetree Park



Sears Park



Wilkins Park